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JANUARY 1981

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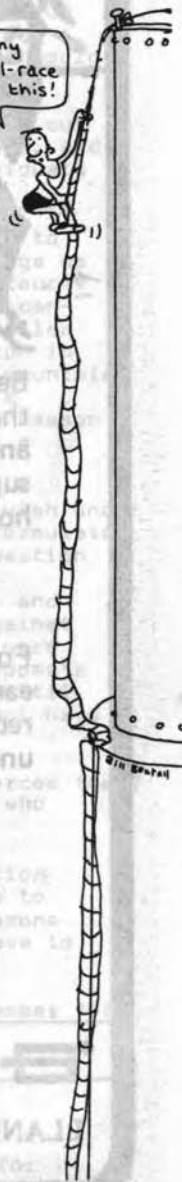
**THE ULTIMATE
EXPERIENCE
IN BACKPACKING**



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Funny
Fell-race
this!



COVER PHOTO:

"The Muncaster Water Jump"

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EDITORIAL

Shortly after the cancellation of the Ben Nevis Race, Peter Brooks of Lochaber was quoted as saying that most runners were prepared to take the risk of dying in bad conditions in a fell race. Put in those bald terms I wonder how many would agree, and yet I feel that, perhaps without realising it, many runners do take that risk. How many of us go out training alone on the hills without telling anyone where we are going? How many of us have gone off-course in a race and wondered what would happen if we broke a limb? How many of us have disregarded organisers' safety regulations? How many of us have been pig-headed and carried on in an event when packing in would have been the most sensible course of action?

So we do take risks - certainly with our limbs and I reckon with our lives too. However, we take risks driving cars, crossing roads, and other events in our daily lives. Surely we are free as individuals to take those risks.

A race organiser, too, is free - to stop us taking those risks, to allow us to take them, and, at times, unfortunately, to encourage us to take them. Looking back at the 1980 season, the Carnethy course was changed (officially!) for safety reasons, the Ben Nevis was cancelled for safety reasons and the Moffat Chase was almost cancelled for safety reasons. On the other hand, the Blisco Dash was run in mist, the day after a flood, with no summit checkpoint and no mountain rescue. (The organiser said "We didn't feel it right to ask a marshal to go up there in those conditions".) Earlier in the season a supposedly safety conscious organiser was heard to say about a runner still unaccounted for "Oh, he'll be O.K."

Obviously, both runners and organisers are free to do as they wish and some take more risks than others. It would be difficult to formulate and to apply universal rules to solve this problem, but the question of responsibility remains. I reckon the organisers have a responsibility to maintain certain minimum safety requirements, and the runners have a responsibility to work with them and not against them. Many of the restrictive rules in the Three Peaks race were brought in because of the organiser's personal agony at Ted Pepper's death, and who can blame him? Len Prater was a worried man, until the last competitor finished the Moffat Chase, and who would not have been? We must understand the organiser's viewpoint.

Who, then, decides minimum safety requirements? And who enforces them? What sanctions can be used against individuals and organisers who flaunt the "rules"?

I don't know, but I do know that if the Fell Runners' Association becomes the governing body of fell running it is going to have to face these issues. I feel that it is almost certain that someone else will die in a fell race in the coming years, but do we have to wait for that to see significant action?

Andy Styan

December 1980

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Advertising copy for
the next issue MUST
reach us by 30 May 1981

JUNECHEVY CHASERESULTSCategory A, 17 miles, 4000'1 June

1. H Jarrett	CFRA	2.09.33	11. D Jewell(V)	DPFR	2.27.08
2. D Overton	Kendal	2.10.37	12. C C Ramsay	Lochaber	2.28.12
3. J McGee	CFRA	2.10.49	13. P Carmicheal(V)	Morpeth	2.28.35
4. H Blenkinsop(V)		2.15.41	14. A Stapley		2.29.53
5. K Robinson	Kendal	2.17.37	15. S Williams	Mandale	2.31.23
6. J D Williams	Mandale	2.19.07	16. W J Green	Wallsend	2.32.40
7. P R Haines	Mandale	2.19.08	17. A Jenkins	Morpeth	2.33.11
8. H Forrest	Gosforth	2.25.00	18. B Corrigan	Saltwell	2.33.41
9. P Jebb	Blaydon	2.25.22	19. P Brooks(V)	Lochaber	2.35.00
10. D Clark	Verlea	2.26.00	20. W Lundrigan		2.36.36

Teams

1. Mandale AC	7.09.38	2. Bingley Harriers	7.45.12	84 Ran.
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KINDER DOWNFALL

by I G Bennett

Not yet categorised, 10 miles, 2,150'22 June

The first Kinder Downfall Race attracted a field of 129 men and women, and 42 boys and girls in the junior events. The senior course follows a route well known to ramblers - it was along these paths that the 'Mass Trespass' of 1932 took place, where five men were jailed for their part in trying to obtain access to all moorlands, a right we all now enjoy.

Initially the route follows an obvious path by the side of the reservoir before climbing steeply up Williams Clough and onto the Kinder Plateau. Contouring along the edge via the Downfall is fairly obvious in clear conditions, apart from the last section to Edale Cross where the marshal reported that runners were arriving from many different directions. The descent to the finish is fast, well flagged and involves a short road section. Several of my friends and I use this course as a training run and we consider that the race can be won or lost (for those in contention) by picking the best route from a wide band of paths and sheep tracks that run along the edge of the plateau.

The race this year followed the unusually dry spring with the Kinder moorlands being closed for several weeks in May. These conditions led to some very fast times, with Andy Darby leading through all the checkpoints and winning in a time of 63.35.

Unfortunately several runners had to drop out through injury with the Kinder Mountain Rescue Team doing a superb job in getting one runner with a broken kneecap off the mountain.

1. A Darby	Sale	63.35	6. R Aucott	DPFR	69.35
2. R Wilde	Manchester	64.11	7. T Farnell	DPFR	69.52
3. J Norman	Altrincham	68.40	8. R Pearson	DPFR	70.03
4. K West	Wolverh'ton	68.50	9. G Gough	Blackburn	70.17
5. H Kelly	E. Cheshire	69.29	10. W Cooper	Manchester	70.28

Ladies

1. G Pile	Manchester	92.04	2. S L Allcroft	Buxton	115.30
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Veterans 1. H Kelly (5th) 2. R Aucott (6th)

Team Dark Peak Fell Runners

SKIPTON FELL RACE

by Bill Smith

Not yet categorised, 4 1/2 miles

22 June

This inaugural event was organised by Skipton and District AC as part of Skipton's Charity Gala, and is to become an annual event. The race begins near the Horse Close Hotel and after a short stretch of road begins to climb on tracks and footpaths to White Stone Peck, the summit of Skipton Moor (also visited in the Rombalds Moor Race), whence a circuit is made of the moor top to shortly rejoin the outward route. This is a different course to the professional race, which was run a few days previously. Harry Walker triumphed in the amateur race with a time of 22.20, 20 seconds ahead of Wayne of Bingley, while local athlete Derrick Lawson was the first veteran, home in 11th position out of 76 starters. There was also a ladies race, won by Jayne Dransfield of Spenborough in 30.24. G Metcalfe (Skipton) won the youth's event in 25.13 and D Ridings (Sale) the intermediate ladies' in 13.45. There were also six other junior races, and the fine weather made it a grand day out, with the prize giving taking place in the Horse Close pub, where the ale flowed freely.

1. H Walker Blackburn	22.20	6. B McKenna Clayton	23.20
2. R Wayne Bingley	22.40	7. G Edwards Bingley	23.22
3. S Shaw Middlesboro'	22.41	8. G Gough Blackburn	23.50
4. J Reade Clayton	22.52	9. N Weaver Clayton	24.10
5. E Irving Bingley	23.19	10. M Hawkins Grassington	24.25

DARWEN TOWER FELL RACE

by Bill Smith

Category C, 6 miles, 770'

28 June

Yet another race taking in Darwen Tower, making at least five events currently visiting that monument. This one was run from the St Aquinas School Gala on a sunny afternoon and provided similar running to the Tockholes Race but with a little more road at the start and finish. It was supposed to be around five miles but was probably closer to six due to everyone making an apparently unscheduled circuit of Earnsdale Reservoir on the outward route after someone had mischievously turned a marker in the opposite direction. No complaints though, as it made the course more interesting.

1. D Cartridge Bolton	36.44	6. C Beever Clayton	39.14
2. A Sunter Horwich	38.56	7. R Mitchell Clayton	39.22
3. K Turner Blackburn	39.02	8. D Vickers Horwich	39.27
4. R Peters Springfields	39.06	9. M Connor Blackburn	40.51
5. S Connelly Springfields	39.08	10. R Livesey Darwen	41.00

CAIRNGORM RACE

by Mel Edwards

Category B, 10 miles, 3000'

28 June

Conditions were excellent for this year's race, with a following wind on the five mile ascent, and with a strong field assembled it was felt that Bobby Shields year-old record of 72.15 might be threatened. Ballahouston's Sandy Daly started very fast and at one point had over 200 metres lead on the initial two mile road climb. He continued to go well on the hill section to the summit but was caught half way up by Mel Edwards who reached the summit in 45.45 followed at 70 metres by Shields and his clubmate Ron

Campbell. These three, who had fought out the finish of the 1979 race (7 seconds covering them at the end) interchanged positions on the descent, but with 2½ miles to go Lochaber's Roger Boswell dashed into the lead, and only Campbell could respond. However, the Welshman gallantly held off the challenge to take his first Cairngorm title, with Campbell second and Shields dipping lower at the tape to take third place from Edwards. Sandy Daly was a fine fifth at the first attempt at the race and Walter Ryder was first veteran in eighth place. Lochaber with 1, 2 and 3 narrowly took the team race!

1. R Boswell	Lochaber	73.27	6. A Adams	Dumbarton	74.51
2. R Campbell	Lochaber	73.43	7. I Mitchell	Inverness	76.31
3. R Shields	Lochaber	73.58	8. W Ryder	Morpeth	77.02
4. M Edwards	Aberdeen	73.58	9. B Carlin	Clydesdale	77.15
5. A Daly	Bellahouston	74.38	10. B Kirkwood	Lochaber	77.40

BRADDA FELL RACE

by A C Jones

Category B, 15 miles, 4200'

29 June

On a fine, breezy, but cold afternoon, there were 21 starters, including four from England. Steve Kelly, last year's winner, went into an early lead and maintained this to the finish. His closest pursuers were Bob Cowley and young Christopher Quire who finished second and third respectively. There were 19 finishers. The remarkable performance was that of the winner Steve Kelly who broke his 1979 record for the 15-mile course by one second(2.17.40)!

The visiting runners spoke highly of the course, which is completely on mountain tracks and paths and which they said was well worthy of a category "A" classification. Prizes and certificates to all finishers were distributed by world champion super veteran runner Bryan Doughty, now in his 74th year.

THE CAPRICORN TWO-DAY

by Peter Knott

28-29 June

This first annual event staged by Gerry Charnley and Pendle Forest Orienteers was held on the Northern Shap Fells including, for the elite and class A runners, a complete circuit of Haweswater.

Day one leader Tony Richardson led the elite class, but despite a good second day could not hold off the excellent performance of Rossendale Harrier Derek Ratcliffe.

Elite

1. D Ratcliffe (PFO)	3.37.52+1.52.50	6. P Jagan (EBOR)	3.52.56+2.13.13
2. A Richardson (LOC)	3.15.52+2.15.44	7. A Phillipson (LO)	3.49.28+2.17.02
3. D Kingham (CVOC)	3.25.10+2.09.36	8. K Lomas (NVOC)	3.45.44+2.23.12
4. P Haines (Man)	3.37.48+2.09.16	9. H Forrest (LO)	3.35.33+2.33.52
5. D Rosen (VLOC)	3.47.20+2.18.42	10. C Donnelly (EBOR)	3.49.44+2.22.21

A Class

1. J Baston (DEE)	2.55.26+1.57.38
2. K Harding (CVOC)	3.04.15+1.48.57
3. Sue Parkin (WOC)	3.01.27+1.52.00

B Class

1. R Bloor (AIRE)	1.56.34+1.31.34
2. J Brown (EBOR)	2.07.15+1.28.58
3. E Harwood (BL)	2.13.48+1.25.43

MAMORE HILL

by Roger Boswell

Category C, 16 miles, 1500'

5 July

Colin Donnelly was nearly always in control, and won comfortably enough with a time 3½ minutes outside the record set back in 1975 by Phil Dolan (Clydesdale). Of the 38 starters, only Walter Ryder complained about early slow pace (he's English). Donnelly soon took the lead, but on reaching Wade's old military road, he suddenly stopped dead, and doubled up. Then he did it again. Was he ill? Would he drop out? No, just doing up his shoes (better not say they were Nikes). This let Allan Adams into the lead, but Donnelly finally got into top gear on the climb up to the 1500' saddle at about half way and increased his lead all the way along the 7 miles of road to the finish at Kinlochleven.

Robert Anderson (Cambuslang) is a regular Mamore competitor, and usually gives everyone else a good laugh by blowing up, and finishing in a shambles. True to form, Anderson fell back from 2nd place for much of the race to crawl home 13th, 15 minutes behind the winner.

- | | | | |
|--------------------------|---------|-------------------------|---------|
| 1. C Donnelly Cambuslang | 1.42.07 | 6. R Shields Lochaber | 1.47.51 |
| 2. R Boswell Lochaber | 1.45.08 | 7. J Shields Clydesdale | 1.49.26 |
| 3. A Adams Dumbarton | 1.46.03 | 8. G Carlin Clydesdale | 1.50.47 |
| 4. W Ryder (V) Morpeth | 1.46.43 | 9. T Stapley Fife | 1.53.59 |
| 5. R Campbell Lochaber | 1.47.28 | 10. W Cairns Dumbarton | 1.54.16 |

Team Lochaber. 37th J Jardine (high on penicillin) well over 3 hrs.

SKIDDAW

RESULTS

Category A, 9 miles, 2700'

9 July

- | | | | |
|--------------------------|---------|------------------------------|---------|
| 1. J Norman Altrincham | 1.03.45 | 11. C Richardson Nth.Sh.Poly | 1.08.20 |
| 2. W Bland Keswick | 1.05.02 | 12. G Gough Blackburn | 1.08.48 |
| 3. H Walker Blackburn | 1.05.55 | 13. W Cooper(V) Manchester | 1.08.58 |
| 4. M McGann E.Cheshire | 1.06.13 | 14. J McGee CFRA | 1.09.08 |
| 5. R Aucott(V) DPFRR | 1.06.56 | 15. A Darby Sale | 1.09.16 |
| 6. R Ashworth Rossendale | 1.07.02 | 16. B McKenna Clayton | 1.09.24 |
| 7. D Cartridge Bolton | 1.07.10 | 17. J Etchells Barrow | 1.10.01 |
| 8. J Broxhup Keswick | 1.07.18 | 18. I Holloway Rochdale | 1.10.09 |
| 9. J Reade Clayton | 1.07.31 | 19. M Garrett Mandale | 1.10.18 |
| 10. K West Wolverh'ton | 1.08.01 | 20. S Beardsell Holmfirth | 1.10.35 |

Team 1. Keswick 2. Blackburn 3. Clayton-le-Moors

Ladies

Youths

- | | | | |
|--------------------------|---------|------------------------|-------|
| 1. P. Haworth Keswick | 1.20.08 | 1. N Horn Holmfirth | 19.35 |
| 2. S Parkin ASVAC | 1.20.52 | 2. J Robinson Bingley | 21.06 |
| 3. G Pile Manchester | 1.28.16 | 3. D Bulman Unattached | 21.52 |
| 4. L Lord Clayton | 1.31.17 | 4. M Birley Fleetwood | 23.02 |
| 5. B Hogge Eryri | 1.32.36 | 5. P Wilson Unattached | 23.33 |
| 6. A Pendlebury Bolton | 1.33.40 | 6. J Bulman Unattached | 25.41 |
| 7. C Brittain Unattached | 1.37.41 | | |
| 8. M Rosen Barnet Ladies | 1.42.07 | | |
| 9. M Pennell Keswick | 1.48.05 | | |

KNOCK HILL

by Mel Edwards

Category C, 3½ miles, 500'

7 July

On a fine warm evening a large crowd gathered in the square at Crieff to watch the field of 120 or so set off on their dash up Knock Hill. The course is basically very fast with a mixture of road and gravel paths. After 800 metres Shettleston Harrier Jim Evans drew away from Aberdeen's Mel Edwards, and gradually increased his lead to 150 metres by the finish, with Roger Boswell showing a fine turn of speed in 3rd place.

1. J Evans	Shettleston	17.07	6. J Rowley	Dumbarton	18.40
2. M Edwards	Aberdeen	17.37	7. R Shields	Lochaber	18.48
3. R Boswell	Lochaber	17.55	8. P Shave	HMS Caledonia	18.56
4. M Curtis	Fife	18.00	9. S Doig	Kinghorn	21.10
5. R Boyle	Dalmhor	18.38	10. D Glen	Dalmore	21.55

LYKE WAKE

RESULTS

Category C, 40 miles, 5000'

12 July

1. M Garrett	Mandale	5.09	6. S Cliff		5.39
2. K Fozard	Harrogate	5.10	7. S O'Callaghan	Bingley	5.50
3. N Heaton	Mandale	5.28	8. P Simpson		5.51
4. B Harney	DPFR	5.32	9. P Whewell	Blaydon	5.53
5. G Stevenson	Mandale	5.38	10. R Marlow		6.02

Ladies

1. L Lord 7.04 (new record) 2. A Collinson 7.59 3. P Calder 8.03

WASDALE

by Al Soran

Category A, 21 miles, 9000'

12 July

We reported last year that Billy Bland was arranging a snack bar at Esk Hause to keep him on his legs for the last few miles. (What we didn't report was that he later offered to pay the passer-by whose Mars bars saved his life - pay for the cost of the Mars bars that is).

Well, this year, Billy had his own private snack bar at Sty Head, and he certainly needed it.

He and Andy Styan had got away from the pack off Whin Rigg and across to Greendale, but whereas Billy didn't slow any going up Seatallan, Andy did and was caught by Bob Whitfield and Colin Donnelly (running his first Wasdale). Billy forged into the mist round Scoat Fell and came straight through to Pillar. The following three went into the same mist, went onto the top of Scoat Fell, nearly to Steeple, and ended up, more by luck than judgement, on the path to Pillar. A pleasant detour, but from being ninety seconds behind Billy, they arrived at Pillar eight minutes behind. Here Colin's reconnoitring of the course the previous two days began to pay dividends - not for him, but for Bob and Andy - Colin was knackered. Andy, fired with anger at getting lost in the mist yet again, charged away from Bob and after Billy. The gap at Great Gable was 6 minutes, at Sty Head 4 minutes, at Esk Hause 3½ minutes, at Scafell Pike 2½ minutes, but the snack bar stop was keeping Billy's legs alive this year and he

finished 77 seconds ahead, 7 minutes outside the record. Andy Styan is negotiating with the organisers for an extra mile to be added to the course.

Ray Aucott continued his fine season to take the first veteran's award in eighth place, and first supervet Alan Heaton did well to finish only two minutes behind superwoman Pauline Haworth.

1. W Bland	Keswick	3.37.51	11. M Short	Horwich	4.01.35
2. A Styan	Holmfirth	3.39.08	12. H Blenkinsop	Keswick(V)	4.06.02
3. R Whitfield	Kendal	3.47.59	13. A Shaw	Rochdale(V)	4.12.28
4. C Donnelly	Holmfirth	3.56.07	14. J Broxap	Keswick	4.16.10
5. J Blair-Fish	DPFR	3.57.15	15. G Wright	Rosendale	4.17.32
6. D Ratcliffe	Rosendale	3.57.40	16. P Haworth	Keswick	4.18.56
7. A Richardson	Kendal	3.57.57	17. J Naylor	CFRA (V)	4.19.54
8. R Aucott	DPFR (V)	3.58.00	18. T Cresswell	Keswick	4.19.56
9. P Chapman	Kendal	3.59.22	19. I Holloway	Rochdale	4.22.06
10. M Hudson	DPFR	4.01.00	20. R Futrell	Holmfirth	4.28.38

Teams

1. Kendal	11.45.18	2. Dark Peak FR	11.56.15	3. Holmfirth	12.03.53
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Ladies

1. P Haworth	Keswick(56th)	4.51.20	2. J Sutcliffe	CFRA (97th)	6.03.54
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KINNISIDE

by John Jackson

Category A, 9 miles, 3000'

19 July

It poured continuously and the mist was below 1000' all day. Harry Jarrett and Billy Bland led to Blakely Raise Summit, Checkpoint 3, but then things went wrong in the heavy mist. By checkpoint 4, Latterbarrow, Duncan Overton was leading followed by Donald Lee. However, on Dent, the final checkpoint, Lee overtook Overton in the mist and continued to the finish for his first major fell race victory. As Donald said afterwards, "Others got lost in the mist but I knew the route and just kept on running".

Of the 47 starters the elements defeated 12 who had to retire after becoming lost. The first six finishers and the first two veterans received prizes. The team prize went to Cumberland Fell Runners.

1. D Lee	CFRA	1.12.58	6. W J Simmons	Barrow	1.19.24
2. D Overton	Kendal	1.13.34	7. W Bland	Keswick	1.21.08
3. J Ritson	Derwent	1.13.59	8. J Jackson	CFRA	1.21.37
4. P Chapman	Kendal	1.15.03	9. H Jarrett	CFRA	1.23.56
5. M Hudson	DPFR	1.15.53	10. J McGee	CFRA	1.24.00

Veterans

1. H Blenkinsop(13th)	1.25.37	2. J Naylor (19th)	1.27.48
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Ladies

1. C McNeill	Unatt.	1.48.28	3. M Pennell	Keswick	2.28.02
2. J Sutcliffe	CFRA	2.05.33			

INGLEBOROUGH

RESULTS

Category A, 8 miles, 2000'

19 July

1. D Cartridge Bolton	48.33	11. S Gamble	Billington	51.14
2. R Wayte Bingley	48.45	12. H Kelly(V)	E. Chesh.	51.22
3. J Reade Clayton	50.18	13. G Brooks	Bingley	51.50
4. G Denham Holmfirth	50.38	14. R Aucott(V)	DPFR	52.03
5. A Styan Holmfirth	50.38	15. K Turner	Blackburn	52.14
6. B McKenna Clayton	50.38	16. D Smith	Halifax	52.18
7. S Livesey Clayton	50.39	17. S Breckell	Blackburn	52.20
8. G Gough Blackburn	51.04	18. R Pearson	DPFR	52.20
9. A Sunter Horwich	51.12	19. T Ramsden	Holmfirth	52.29
10. R Mitchell Clayton	51.13	20. P Irwin	Rossendale	52.35

Juniors

1. N Horn Holmfirth	25.25	3. J Schindler Thorpe	27.07
2. S Murgatroyd Clayton	26.11	4. K Bateman Carnforth	28.12

Ladies

1. J Lochhead ASVAC	61.17	3. S A Hales Wirral	69.36
2. L Lord Clayton	69.20	4. S Thompson	77.42
		5. S Styan Holmfirth	Timekeeper went home!

162 Ran.

SNOWDON - RAS YR WYDDFA

by Peter Knott

Category A, 10 miles, 3200'

19 July

A significant continental challenge in the form of a crack Italian team added spice to the 5th annual Snowdon race. The weather did not play ball however, and the visitors and other first time Snowdon ascenders were denied the splendid summit view. From Cloggy station to the summit and back it was a case of gritting teeth against the biting wind and rain and get the hell out of it as quick as possible.

The day belonged to P Pezzoli, who, having established himself a commanding lead at the summit, wasted no time getting down to arrive at the carnival field finish nearly two minutes ahead of Sale Harrier Andy Darby, with another Italian, A Guipponi third.

Italians filled 7th, 12th, 13th, 15th and 44th places, with Swiss runners 16th and 68th, Canadian road runner Brian Stewart 83rd and a Frenchman 136th. The winning time was relatively slow (weather?) and left Ricky Wilde's 1978 record of 1.04.28 intact for another year.

The veterans were well up, as we have now come to expect with T Davies (Aldershot and Wales) in 18th place, followed by P Watson in 28th(77.08) and Wade Cooper 31st(77.24). Eight ladies braved the elements and again the previous fastest time was broken, together with local runner Joan Glass's domination of the race, by Pauline Haworth of Keswick in a time(85.18) which placed her 70th amongst the men. Locals Joan and Bridget Hogge had to be content with 2nd(90.48) and third(93.05) with Gillian Pile of Manchester in 4th place(94.18).

Judging from the number of entries and the performances, the local club Eryri Harriers are thriving. — Apart from the ladies, the

juniors dominated their race, and the club managed one runner in the first 20 in the men's race and 16 finishers.

An interesting feature of the race was the start. After enduring a tedious but persistent starter/referee's instructions with the usual impatience of runners and comments like 'get on with it' and others less printable, whilst the rain peed down, the referee shut up and the band started to play leaving us to guess how many verses were to be endured before the magic gun was fired.

That race organiser Ken Jones and his enthusiastic helpers and many sponsors had put a lot of effort into the event was plain to see. In addition to the free Mars bars, Victoria Hotel hospitality (reduced accomodation rate for runners and families), they topped it all by producing a full printed result sheet and photos by 10 p.m. that evening (5 hours after the finish).

There were 179 finishers in the men's race, not a big field by today's standards, but quite enough, and a tribute to the sport which can now happily stand three such events on the same day.

1. P Pezzoli	Italy	66.53	11. S Harrison	Farnham	71.45
2. A Darby	Sale	68.43	12. A Malfa	Italy	72.24
3. A Guipponi	Italy	69.07	13. A Greco	Italy	73.03
4. A Sladen	Salford	69.34	14. M Short	Horwich	73.03
5. J Norman	Atrincham	70.14	15. M Aiola	Italy	73.44
6. H Walker	Blackburn	70.15	16. L Meile	Swiss	73.54
7. D Rodigari	Italy	70.19	17. M Walker	Bristol	74.00
8. A Adams	Staffs.	70.55	18. T Davies	Aldershot	74.21
9. R Wilde	Manchester	71.18	19. R Campbell	Lochaber	74.34
10. R Morris	Altrincham	71.22	20. P Jones	Eryri	74.53

SLIEVE DONARD

RESULTS

Category A, 7 miles, 2900'

26 July

1. C Donnelly	Cambuslang	1.07.15	11. A Gray	Ballydrain	1.22.21
2. M Short	Horwich	1.08.59	12. T McEntee	Blackburn	1.23.31
3. J Hayes	Ballydrain	1.08.59	13. T Eakin	9th Old Boys	1.24.57
4. J Patterson	Lagan V.O.	1.09.30	14. J Grimshaw		1.25.24
5. M Hudson	DPFR	1.13.44	15. D McNeilly	Willowfield	1.27.26
6. A Faircett	Wigan	1.15.22	16. E Toner	St Malchy's	1.27.52
7. W McKay	Albertville	1.19.18	17. G Geddis	Ballydrain	1.28.30
8. P Rodgers	Newry	1.19.55	18. R Rea	Albertville	1.29.19
9. M McNulty	Telford	1.20.45	19. K Russell		1.30.12
10. P O'Neill	Newry	1.20.58	20. H Cadman	Wigan	1.30.29

TURNSLACK

by Bill Smith

Category B, 8 miles, 1300'

26 July

Ricky Wilde set a new record of 51.08 for this undulating course over the moors to the northwest of Calderbrook, near Littleborough, and in fact the next half dozen finishers were all inside Andy Styan's 53.37 (1979) record too. The afternoon was overcast but clear, and the going surprisingly good after heavy rain.

The race takes its name, by the way, from a small tarn nestling in a lonely moorland hollow, which is visited on both the outward and return

journeys, and the course takes in Shore Moor, Inchfield Moor and Hades Hill, with one sharp descent of note to cross the head of Ramsden Clough. The early and latter stages consist of fast running on good paths and tracks, while the middle section, forming a loop north of Rough Hill is more demanding. 136 finished.

1. R Wilde	Manchester	51.08	11. B McKenna	Clayton	55.33
2. A McGee	Bolton	51.21	12. S Breckell	Blackburn	55.52
3. A Sladen	Salford	51.24	13. D Brown	Salford	56.05
4. J Norman	Altrincham	53.08	14. R Mitchell	Clayton	56.12
5. R Holdsworth	Halifax	53.12	15. I Robinson	Clayton	56.13
6. A Spence	Bingley	53.20	16. S Torrence	Sale	57.05
7. J Reade	Clayton	53.32	17. P Haines	E. Cheshire.	57.12
8. D Cartridge	Bolton	54.23	18. I Holloway	Rochdale	57.20
9. H Walker	Blackburn	54.50	19. W Farmery	Gosforth	57.39
10. H Kelly	E. Cheshire	55.18	20. M Winstanley	L & M	57.59

Teams 1. Clayton 2. Salford 3. Blackburn

Veterans

1. H Kelly	E. Cheshire	10th	3. P Fleming	Horwich	36th
3. D Jewell	DPFR	32nd			

Ladies

1. G Pile	Manchester	68.04
2. J Lochhead	ASVAC	79.14
3. S Hales	Wirral	72.48

Youths (shorter course)

1. N Horn	Holmfirth	21.23
2. D Crooke	E. Cheshire	21.53
3. D O'Connor	E. Cheshire	21.56

THE LOCHABER THREE

by Roger Boswell

Fort William

26/27/28 July

Billy Bland staked a firm claim to the 1980 Fell Runner of the Year championship by winning both the Melantee and the Half Nevis by wide margins. In Bland's absence, Harry Jarrett disposed of some useful opposition to win the Cow Hill.

The Melantee is filed at the tough end of Category "A", and so after some early pace making from Messrs. Mike Bishop, Andrew Darby, and Dic Evans (Speed Men), it was not surprising to see Billy Bland, a pure fell runner if ever there was one, take the lead. Bland went on to win by over a minute, but was still a long way off Alan McGee's 1978 record of 29.43; but boy, was it a hot day. Jarrett was not troubled in finishing second. Despite moving up from 9th to 3rd on the descent (thanks to 16 off 50mm spikes in his footwear), Boswell couldn't stop Darby going through in the mire at the bottom of the hill to take third.

10th in a foul mood (he had a rubbish descent), came Ronnie 'Cammie' Campbell. Cammie is famed for his elbows. Seemingly no-one told Dic Evans about them, and sure enough, as the pack surged through the park gates at the start of the race, one of them caught poor ole Evans. Evans unwisely mentioned the incident to Cammie as they headed for the hill. Cammie, not in the greatest of humours, re-raised the matter after the finish, suggesting some barbaric method of settling the matter. Evans decided to forget about it, muttering something like "Is this sport?".

Everybody was back next day for another dose. Jimmy Saville was there to ensure good weather - but he left the last few hundred feet in the

clouds to add a bit of interest. Bland got off to his usual leisurely start, before putting the boot in just past the first zig-zag. He soon dropped all his pursuers and finished just outside his own record (50.23, 1979). He might have broken it had the half way turn point been in the right place; but unfortunately, the marshal, not knowing himself where the exact location of the turn is, had decided to wait and see where the leader turned off, and then stand there. Bland a basically honest bloke, didn't want to turn until he'd found the marshal. Catch 22. The result - the whole field ran an extra 50 to 100 yards. (Except John Blair-Fish, he compensated for the extra distance on the hill by running 5 yards inside the track at the finish.)

Jarrett was good enough to hang on to 2nd. Cammie looked a good bet for 3rd; at the turn he was 4th, and went past Broxap going down the grassy slope. But Broxap was running a cool race, and latched on behind. Just before the top stile at Achintee, Boswell caught them both, and all three hit the car park together. It was a question of who had the best road legs. Broxap; he just exploded down the road for 3rd place.

No records broken yet; but on Monday, due perhaps to a spectacular fire that razed the top of Cow Hill a few months before, no fewer than six runners finished inside the existing record. More likely it was a soft record - Andy Styan, 19.06, set it in 1978.

Dic Evans and Mike Bishop set the early pace, then Jarrett took over to finish well clear with a classy run. What a scrap there was for second. John McGee, Evans and Bishop hurtled down the Town Hall Brae as one man, and became embroiled in an almighty sprint-out down the High Street, which was surprisingly won by McGee. The smallest feller in the race, Scot MacMillan (Lochaber) ran inspired to finish 13th (1st junior) in 20.52. Peter Brooks was 1st vet, 14th in 21.02; at last showing signs of recovery since suffering plenty in the cold, wet Duchy of Cornwall marathon.

There are youngsters races on all three days, so this year, don't just bring the fancy piece; bring the kids as well. On Saturday there is a full programme of track races at the Lochaber Highland Games, while on Sunday and Monday there are short hill races for boys and girls.

Talking of fancy pieces, Bridget Hogge was a clear winner of the ladies' Melantee, while Ros Coates walked off with the Half Nevis, with Caroline Brittan 2nd and Bridget Hogge 3rd. Bridget said she wasn't feeling any after effects from the Melantee - who's she trying to kid? Ros stuck around to clean up in the Cow Hill.



Ned Paul, editor of "CompassSport", wrote to ask for an editorial 'plug' in this magazine. Sorry, Ned, but we can't give 'free' plugs to our competitors like that!

MELANTEE

RESULTS

Category A, 3 1/2 miles, 1500'

26 July

1. W Bland	Keswick	31.17	11. J Broxap	Keswick	35.21
2. H Jarrett	CFRA	32.14	12. P Lambert	Unatt.	35.33
3. A Darby	Sale	33.31	13. S Livesey(J)	Clayton	35.45
4. R Boswell	Lochaber	33.43	14. J Blair-Fish	Edin.Sth.	36.03
5. G Gough	Blackburn	33.50	15. J Shields	Clydesdale	36.23
6. P Chapman	Kendal	33.56	16. H Blenkinsop(V)	Keswick	36.37
7. J McGee	CFRA	34.05	17. D Overton	Kendal	36.48
8. D Lee	CFRA	34.15	18. C Valentine(J)	Keswick	36.58
9. M Bishop	Staffs.M	34.19	19. M Edwards	Aberdeen	37.21
10. R Campbell	Lochaber	35.07	20. G MacConnachie	Lochaber	37.25

Teams. 1. CFRA 17pts. 2. Keswick 30 pts. 3. Lochaber 34 pts.

HALF NEVIS

RESULTS

Category A, 6 miles, 2200'

27 July

1. W Bland	Keswick	51.21	11. M Bishop	Staffs.M	56.58
2. H Jarrett	CFRA	53.23	12. W Cairns	Dumbarton	57.14
3. J Broxap	Keswick	53.55	13. R Rawlinson	Rossendale	57.42
4. R Boswell	Lochaber	54.07	14. D Evans	Aberystwyth	57.56
5. J McGee	CFRA	54.13	15. J Shields	Clydesdale	58.05
6. R Campbell	Lochaber	54.21	16. P Lambert	Unatt.	58.17
7. D Overton	Kendal	55.37	17. D Lee	CFRA	58.24
8. G Gough	Blackburn	55.50	18. S Livesey(J)	Clayton	58.47
9. P Chapman	Kendal	56.41	19. B Kirkwood	Lochaber	59.29
10. A Darby	Sale	56.49	20. D Easton	St.Andrews	59.36

Teams. 1. CFRA 24 pts. 2. Lochaber 29 pts. 3. Keswick 31 pts.

Veterans. 1.

1. W Ryder(23rd)	Morpeth	60.18	2. P Brooks (28th)	Lochaber	62.46
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COW HILL

RESULTS

Category B, 2 1/2 miles, 900'

28 July

1. H Jarrett	CFRA	18.05	6. R Campbell	Lochaber	18.51
2. J McGee	CFRA	18.31	7. R Rawlinson	Rossendale	20.02
3. D Evans	Aberystwyth	18.37	8. A Hulme	Altrincham	20.10
4. M Bishop	Staffs.M.	18.39	9. J Jackson	CFRA	20.11
5. R Boswell	Lochaber	18.50	10. A Stapley	Fife	20.13

Teams. 1. CFRA 12 pts. 2. Lochaber 23 pts.

Veterans.

1. P Brooks(14th)	Lochaber	21.02	2. D McKirby(31st)	E.Kilbride	24.50
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Back Numbers. Neil Shuttleworth would love to get hold of a copy of the Autumn 1976 issue of 'The Fell Runner' (the one with Pete Walkington on the front). If you can help, please contact Neil at 38 Bolton Street, Workington, Cumbria.

AUGUST

CREAG DUBH

by Roger Boswell

Category A, 4 miles, 1500'

2 August

The race was run under clear blue skies in the fabulous setting of the Newtonmore Highland Games. The race is unique in using 10 pedigree white horses to mark the route up the treacherous bracken-ridden slopes.

Harry Jarrett (CFRA) soon took the lead, with Colin Donnelly, really keen to win this one, hanging on not far behind. At the summit, the leaders were evenly separated at about 20 second intervals - Jarrett, Donnelly, John McGee (CFRA), Roger Boswell (Lochaber), Neil Bowman (RNAC), Ronnie ('Cammie') Campbell (Lochaber), and Bobby Shields (Lochaber). The descent sorted them out, however. Donnelly took one chance too many and cracked his knee on a well camouflaged rock and had to be content with 2nd place, 12 seconds behind Jarrett, who won in 27.26, a good way off Alan McGee's 1978 record of 26.13. John McGee closed a bit coming down to come 3rd. Boswell succeeded in leading Cammie down the wrong way, which not only cost them both a minute or so, but almost cost Boswell a lot more, as anyone who knows Cammie will appreciate.

Caroline Brittain, Lochaber's latest wild hill flower, won the ladies race in 41.42.

1. H Jarrett	CFRA	27.26	11. P Brooks (V)	Lochaber	31.53
2. C Donnelly	Cambuslang	27.38	12. N Bowman	RNAC	32.07
3. J McGee	CFRA	27.59	13. G McConnachie	Lochaber	32.29
4. R Shields	Lochaber	30.55	14. R Anderson	Cambuslang	32.32
5. R Boswell	Lochaber	31.05	15. W Ryder (V)	Morpeth	32.34
6. R Campbell	Lochaber	31.13	16. G R Lord		32.38
7. J Jardine	Lochaber	31.18	17. T Stapley	Fire	32.40
8. R Rawlinson	Rossendale	31.26	18. B McKenzie	RAF Moray	32.48
9. B Kirkwood	Lochaber	31.29	19. I McWatt	Dumbarton	33.10
10. J Jackson	CFRA	31.34	20. M Davies (V)	Reading	35.02

Team 1. Cumberland Fell Runners 14 pts. 2. Lochaber 15 pts.

BORROWDALE

RESULTS

Category A, 17 miles, 2200'

2 August

1. W Bland	Keswick	2.41.34	11. A Darby	Sale	3.09.24
2. M Short	Horwich	2.53.22	12. F Loftus	Horwich	3.11.04
3. R Whitfield	Kendal	2.55.45	13. M Garratt	Mandale	3.11.28
4. H Walker	Blackburn	2.59.54	14. I Holloway	Rochdale	3.11.48
5. S Bland	Keswick	3.01.55	15. C Wilkinson	Unattached	3.13.05
6. A Bland	Keswick	3.03.58	16. P Bland	Kendal	3.13.27
7. P Chapman	Kendal	3.04.25	17. I Charlton	Keswick	3.14.19
8. J Broxap	Keswick	3.06.14	18. S Breckell	Blackburn	3.14.20
9. P Dixon	Kendal	3.06.25	19. I Robinson	Clayton	3.14.24
10. D Ratcliffe	Rossendale	3.07.51	20. M Hayes	DPFR	3.15.07

Team 1. Keswick 8.47.27 2. Kendal 9.06.35 3. Horwich 9.33.56

Veterans 0/40

Veterans 0/50

1. M Hayes	DPFR(20th)	3.15.07	1. A Heaton Clayton(58th)	3.41.05
2. D Jewell	DPFR(24th)	3.24.07	2. L Mitchell DPFR(107th)	4.06.16
3. A Evans	Kendal(30th)	3.27.07		

Ladies

Ladies Dale Head Race

1. P Haworth	Keswick(79th)	3.50.45	1. R Coates	Lochaber	63.45
2. C McNeill	Edin.Sth.(131st)	4.24.30	2. B Hogge	Eryri	68.40
3. J Sutcliffe	CFRA(135th)	4.28.19	3. A Bland	Kendal	75.25
4. B Handscombe	CFRA(151st)	4.46.50	4. A Crabb		80.14
5. J Simpson	(152nd)	4.47.40	5. M Pennell	Keswick	81.50
6. L Lord	Clayton(164th)	4.57.00	6. A Wood		98.12

LATRIGG

by Ross Brewster

Category A, 3 miles, 950'

3 August

Entries were exactly the same as in 1979, so the revival in the fortunes of Latrigg has been maintained. Congratulations to Ros Coates for carving a huge slice off the ladies' race record - well over a minute in fact. Nice to see Alan McGee on the fells again. He was a convincing winner of the men's race, although the slippery descent after a morning's drizzle meant that Brian Robinson's Jubilee course record remained intact. Thanks to all concerned. We hope to see you all again on Sunday, August 2nd, 1981.

1. A McGee	Bolton	17.23	11. V Duff(V)	Blackburn	19.06
2. W Bland	Keswick	17.57	12. G Gough	Blackburn	19.13
3. R Aucott(V)	DPFR	18.07	13. J Ritson	Derwent	19.14
4. J Reade	Clayton	18.11	14. K Robinson	Kendal	19.15
5. J Broxap	Keswick	18.25	15. G Edwards	Bingley	19.15
6. J McGee	CFRA	18.29	16. I Donaldson	CFRA(Junior)	19.24
7. K West	Wolverh'ton	18.32	17. P Weatherhead	Wirral	19.34
8. D Overton	Kendal	18.43	18. M Winstanley	Lancs.&More.	19.45
9. A Darby	Sale	18.47	19. D Ratcliffe	Rossendale	19.47
10. H Kelly(V)	E. Cheshire	18.52	20. S Livesey	Clayton(Junior)	19.48

Team Keswick

Ladies

1. R Coates	Lochaber	21.52	3. B Hogge	Eryri	23.42
2. P Haworth	Keswick	23.22	4. A Pendlebury	Bolton	23.46

IAN ROBERTS MEMORIAL RACE

by Bill Smith

4 x 4 mile Fell and Road Relay

9 August

This event was staged by Holmfirth Harriers in tribute to Ian Roberts who had been killed by lightning in the Dolomites a year previously. Ian was not only a top class fell runner, but also a formidable competitor in road races, and it was therefore decided to include both fell and road running in this race, the first and third laps consisting of about four miles of road and the second and fourth laps consisting of around four miles of country and fell. However, any road runners who turned up expecting an ordinary flat course must have got a shock, for, as my Clayton clubmate, fell runner Bob Mitchell, who ran the road section, remarked the uphill was just like a fell race ascent, though the downhill part was very fast indeed.

From Marsden Cricket Club, the aptly named Mount Road was followed up onto the moors near Standedge, whence the A62 road led back down to the Colne valley - to be followed by a gruelling uphill slog back to

the cricket club. The same venue was used for the fell race, which initially followed the southern edge of the adjacent golf course to eventually cross Mount Road and climb to the summit of Pule Hill (1,179'), whence a circuit of the moor brought competitors back to the road crossing to retrace the outward route around the golf course.

It was perhaps fitting that the race should be won by the host club. The fastest road legs were run by G Ellis (Holmfirth) 20.30, Richard May (ASVAC) 20.33, and M Irvine (Leeds University) 20.57, while John Wilde (RAF Cosford) 20.58, Jeff Norman 22.14 and Harry Walker 22.24 recorded the best times on the fell section. 31 teams finished, plus two incomplete teams, and conditions were overcast, but clear after a light rain earlier in the afternoon.

1. Holmfirth "A"	Hollingworth, Marsh, Ellis, Turner	89.47
2. RAF Cosford	Bryam, Wilde, Flint, Bigham	89.56
3. ASVAC "A"	Atkin, Temperton, May, Firth	90.18
4. Bingley "A"	Penrose, Edwards, Verity, Weeks	91.00
5. Altrincham "A"	Rydout, Hulme, Blinston, Norman	91.18
6. Blackburn "A"	Breckell, Gough, Blackburn, Walker	91.22
7. Longwood "A"	Harbisher, Bell, Wright, McGuire	91.50
8. Aberdeen	Milne, Edwards, Mitchell, Cline	92.10
9. E. Cheshire "A"	Burgess, McGann, Hazell, Kelly	92.45
10. Bingley "B"	Waterhouse, Crowley, Slater, Jebb	93.55
11. Holmfirth "B"	Cunliffe, Ramsden, Buckley, Styan	94.16
12. DPFR "A"	Lewis, Pearson, Allen, Berry	95.11
13. Clayton	Weaver, Robinson, Mitchell, Livesey	95.37
14. Holmfirth "C"	Fretwell, Henshaw, Beardsell, Futrell	98.22
15. Pudsey & Bramley	Geldard, Waterhouse, Wickens, Watson	99.00
16. Leeds University	Irvine, Martin, Stones, Calvert	99.32
17. Bingley "C"	Loneragan, Crewe, Weatherhead, Dover	99.49
18. Leeds City "A"	Hilton, Kilner, Lunn, Katsina	99.51
19. Longwood "B"	Crowther, Almond, Scarramuzza, Swift	99.51
20. Altrincham "B"	Walton, Mills, Attwell, Brownson	100.33

STOODLEY PIKE

RESULTS

Category B, 3½ miles, 800'

12 August

1. A Sladen	Salford	16.49	11. G Edwards	Bingley	18.16
2. R Wilde	Manchester	16.53	12. C Robinson(V)	Rochdale	18.21
3. P Raval	Horwich	17.21	13. R Ashworth	Rossendale	18.24
4. J Norman	Altrincham	17.30	14. B McKenna	Clayton	18.30
5. H Walker	Blackburn	17.34	15. D Ratcliffe	Rossendale	18.31
6. A Spence	Bingley	17.48	16. S Livesey	Clayton	18.33
7. D Cartridge	Bolton	17.57	17. M Roberts	Kendal	18.48
8. J Leah	Oldham	18.08	18. S Haywood	Leeds	18.51
9. S Torrance	Sale	18.09	19. R Mitchell	Clayton	18.53
10. K Barrett	Rochdale	18.13	20. R Hill(V)	Clayton	18.54

Ladies

Teams

1. P Haworth	Keswick	22.21	1. Clayton-le-Moors
2. J Lochhead	ASVAC	23.05	2. Bingley
3. G Pile	Manchester	24.22	3. Rochdale

215 Ran.

WANTED. To buy or borrow pre-1974 magazines/newsletters. If anyone can oblige, please contact Andy Styan, magazine editor.

BARNOLDSWICK WEETS

by Peter Knott

Category C, 6 miles, 800'

17 August

Once again Clayton-le-Moors showed us why they have so many runners - involvement with the local community. This involvement not only produces active participants but also prize list the envy of many a race organiser.

Apart from the very large local entry and prizes to match, the event never fails to attract a strong entry of cross country, road and fell runners. After heavy rain during the previous week the summit of Weets Hill was its usual wet sponge but the going was otherwise good. This year the runners were treated to the unusual experience of a dark, but not too thick mist enveloping much of the hill.

At the prize presentation it was indicated that organiser Harry Smith felt it time someone else took over in future. I am sure that all the runners appreciate Harry's work in building up this fine race and will be hoping that someone will step into his shoes.

- | | | | | |
|-------------|------------|----------------|-----------|-----------------|
| 1. R Bailey | Sheffield | 6. C Robinson | Rochdale | 1st Vet over 40 |
| 2. P Raval | Horwich | 7. J Temperton | ASVAC | |
| 3. J Norman | Altrincham | 8. M Deegan | Oldham | |
| 4. A Sladen | Salford | 9. H Kelly | E. Chesh. | 2nd Vet over 40 |
| 5. J Clark | Grimsby | 10. P Campbell | Bolton | |

Vet. Over 45 D Lawson Vet Over 50 B Crook Vet Over 55 J Riley

Ladies. 1. J King Blackburn 2. P Haworth Keswick 3. B Robinson Bury

LARGO LAW

RESULTS

Not yet categorised, 5 miles, 1000'

16 August

- | | | | | | |
|----------------|--------------|-------|---------------|------------|-------|
| 1. C Donnelly | Cambuslang | 30.57 | 6. M Edwards | Aberdeen | 33.04 |
| 2. A Lightfoot | Fife | 32.04 | 7. R Anderson | Cambuslang | 33.16 |
| 3. A Daly | Bellahouston | 32.25 | 8. W Cairns | Dumbarton | 33.22 |
| 4. B Kirkwood | Lochaber | 32.45 | 9. F Gillies | Banbury | 33.34 |
| 5. C Joss | Bellahouston | 32.47 | 10. J Rowley | Dumbarton | 33.43 |

SEDBERGH HILLS

RESULTS

Category A, 14 miles, 6000'

17 August

- | | | | | | |
|-----------------|-----------|---------|-----------------|---------|---------|
| 1. J McGee | CFRA | 2.14.05 | 11. D Cartridge | Bolton | 2.22.20 |
| 2. R Whitfield | Kendal | 2.14.33 | 12. M Hudson | DPFR | 2.23.44 |
| 3. H Walker | Blackburn | 2.14.40 | 13. I Charlton | Keswick | 2.23.56 |
| 4. R Campbell | Lochaber | 2.14.47 | 14. P Murray | Horwich | 2.24.51 |
| 5. P Chapman | Kendal | 2.15.04 | 15. D Rosen | Shafts. | 2.25.06 |
| 6. D Overton | Kendal | 2.15.48 | 16. P Lambert | Unatt. | 2.25.14 |
| 7. R Pearson | DPFR | 2.17.25 | 17. P Simpson | DPFR | 2.25.21 |
| 8. P Bland | Kendal | 2.17.47 | 18. C Hurst | Ebor | 2.26.01 |
| 9. A Richardson | Kendal | 2.19.42 | 19. A Evans(V) | Kendal | 2.27.13 |
| 10. P Haines | Mandale | 2.20.12 | 20. I Beverley | Clayton | 2.28.43 |

Ladies

171 Ran.

- | | | | | | |
|-------------|----------|---------|------------|--------|---------|
| 1. R Coates | Lochaber | 3.02.22 | 2. A Bland | Kendal | 3.07.44 |
|-------------|----------|---------|------------|--------|---------|

12 Ladies ran

BURNSALL

by Peter Knott

Category A, 1½ miles, 900'

23 August

Again the Dales were blessed with fine sunny weather for the 40th running of the amateur event, going back to 1932 (1903 was the first recorded professional race). It seems the weather is always fine for the race, at least in recent years, but the programme shows that this was not always the case. The 1954 record reads "no race (green flooded)".

After the cyclists, road runners and junior fell runners had had their turns, the classic race was underway promptly at 5 p.m. with the warmth of the afternoon sun just starting to decline and only the hang gliders for competing attention.

One man dominated the race - Mike Short. He led the 140 strong field to the summit and held off all challenges in the downhill dash back to the green. Behind him positions changed dramatically as Harry Walker, second at the summit, slipped to 5th place, and Billy Bland gave everyone a demonstration of descent fell running to come from behind to pass all but Mike. Harry told me after the race that he had put everything he had into the ascent and had nothing left to stave off the downhill attack.

For Mike this was his third victory in the race which gives him the best record in recent times. One has to go back to the late '60s to find the amazing series of victories by Pete Watson to find a better record of performances. Mike's time (13.35) is the slowest winning time since Watson's days, which taken together with Brian Robinson's time of 13.14 last year and Ricky Wilde's record of 12.50 in 1977, indicates that the new course (first run in 1979) is longer/slower.

The new course, which takes a different route on the ascent and descent thereby avoiding interference, is, I feel, a definite improvement, although it makes the final ascent less rugged and steep.

Regrettably there is no ladies' race. Perhaps this is the way the event should develop? A good entry (40+) in the boys race (12 to 15 years), who run to the Fell Gate and back, should ensure the continuation of this popular event. Dominated by Yorkshire lads (where were you Cumbria and Lancashire?), the race was won by Nick Horn from Holmfirth in 6.59.

1. M Short	Horwich	13.35	11. K West	Wolverhampton	14.27
2. W Bland	Keswick	13.39	12. P Chapman	Kendal	14.30
3. A Taylor	Kendal	13.39	13. J Reade	Clayton	14.31
4. R Whitfield	Kendal	13.39	14. B Peace	Bingley	14.35
5. H Walker	Blackburn	13.43	15. P Haines	Mandale	14.37
6. H Jarrett	CFRA	14.07	16. D Cartwright	Barnsley	14.43
7. A Adams	Staffs.	14.12	17. J McGee	CFRA	14.48
8. G Edwards	Bingley	14.13	18. G Gough	Blackburn	14.52
9. R Wayte	Bingley	14.15	19. S Livesey	Clayton	14.53
10. G Brooks	Bingley	14.24	20. C Roberts	Kendal	14.58

Teams. 1. Kendal 2. Bingley 3. Clayton

Veterans. 1. R Aucott DPFR 22nd 2. P Watson Pudsey 27th

Boys.

- 1. N Horn Holmfirth 6.59
- 3. G Boyd Halifax
- 2. G Devine Bingley

ROSSENDALERESULTSCategory B, 9 miles, 2200'

24 August

1. J Norman	Altrincham	60.12	11. D Ratcliffe	Rossendale	64.29
2. D Cartridge	Bolton	61.35	12. P Standing	Bolton	64.31
3. H Walker	Blackburn	61.55	13. R Ashworth	Rossendale	64.40
4. D Singleton	Bolton	63.07	14. M Short	Horwich	65.09
5. H Kelly(V)	E. Cheshire	63.27	15. P Haines	Mandale	65.13
6. G Gough	Blackburn	63.33	16. I Robinson	Clayton	65.14
7. J Temperton	ASVAC	63.54	17. P Livesey	Blackburn	65.27
8. J Reade	Clayton	63.59	18. I Crilly	Bolton	65.38
9. R McAndrew	Wigan	64.20	19. D Livesey	Clayton	66.13
10. B McKenna	Clayton	64.26	20. M Winstanley	L. & M.	66.26

Teams. 1. Bolton 18 pts. 2. Blackburn 26 pts. 3. Clayton 34 pts.

Veterans.

1. H Kelly(5)	E. Cheshire	63.27	3. K Brooks(55)	Horwich	70.00
2. A Evans(40)	Kendal	68.58	4. J Heaton(67)	Unattached	71.38

Ladies.

1. R Toth(131)	ASVAC	77.05	3. G Pile(215)	Manchester	83.11
2. J Pearson(145)	Sheffield	78.16	4. A Bland(216)	Kendal	83.17

320 Ran.

MACHEN WELFARE MOUNTAIN RACERESULTSCategory B, 5½ miles, 1000'

24 August

1. M Cowman	Westbury	32.18	6. J Smith	Westbury	34.20
2. D Francis	Westbury	32.25	7. L Williams	Mynddwy	35.00
3. M Lane	Newport	33.00	8. B Griffiths	Unattached	35.00
4. G Blackburn	Westbury(V)	33.20	9. J Bartley	Unattached	35.10
5. R Nash	Westbury	34.00	10. H Parry	Mynddwy	36.00

Note: A ladies race may be staged in 1981, if enough interest is shown.

ACHMONYRESULTSCategory B, 4 miles, 800'

30 August

1. T Davies(V)	Aldershot	21.46	4. B Kirkwood	Lochaber	23.05
2. M Edwards	Aberdeen	22.37	5. D Smith	Forres	23.25
3. R Campbell	Lochaber	22.42	6. N Martin	Forres	23.35

LAXEY GLEN HORSESHOERESULTSCategory B, 12½ miles, 3250'

31 August

1. S Kelly	Manx AC	1.43.24	5. P Brooks	Manx AC	1.59.24
2. M Hudson	DPFR	1.45.42	7. D Fisher(V)	Newport	2.01.45
3. T Varley	Boundary	1.54.30	8. D Hollinrake	Barrow	2.03.25
4. C Quine	Manx AC	1.57.07	9. M Joughin	Boundary	2.03.37
5. J Comaish	Manx AC	1.59.24	10. P Cain	Boundary	2.05.09

BEN NEVIS

by Roger Boswell*

Category A, 12 miles, 4400'

6 September

It was extremely wet and very windy in Fort William on Saturday 6th September. Mr McLaren was getting agitated and a little worried. He was supposed to be at the top of Ben Nevis as he was the Summit Judge for the 1980 Ben Nevis race, but here he was, still far from the top, struggling up the windswept path with the race due to start any moment.

Meanwhile, down below in the town park, the organisers were getting similarly agitated. The anticipated radio message confirming McLaren's presence at the summit failed to materialise. In fact no radio calls were heard from the summit. The two RAYNET men (RAYNET is an organisation which provides emergency radio communications, made up of amateur radio enthusiasts) who had volunteered for summit duty had radio'd in to say they were at half way and were going no further. It transpired that the summit party, including Mr McLaren and radio equipped mountain rescue members, never made it to the top either. Their Sno-Trac had broken down, and they had insufficient time to get up.

Poor Alistair McIntyre. As chairman of the Ben Nevis Race Association, who organise the race, he was in the unenviable position at 2.00 p.m. with 400 runners lined up on the start line and still no word from the summit. He announced that the race was postponed for at least 10 minutes. Then at about 2.05 p.m. he extended this to half an hour. Finally at about 2.30 p.m. he made the following announcement, "The police and medical authorities, taking note of conditions on the hill as reported by the mountain rescue, advise us that anyone getting into difficulties would be dead within 25 minutes. Gentlemen, we cannot take that chance with your lives. The 1980 Ben Nevis race is cancelled."

A shorter substitute race was not considered. Requests for a postponement till Sunday was refused on the grounds that the BNRA could not organise the necessary rescue and medical parties at such short notice.



Peter Brooks, veteran fell runner and member of the Fell Runners' Association executive committee, was interviewed by a reporter for BBC's Radio Highland station, minutes after the cancellation announcement. He said that the decision must rest with those on the hill, but he doubted whether they were aware of the sort of weather conditions fell runners were used to running in. In

reply to a question about the survival time of only 25 minutes, he said that was a risk most fell runners were prepared to take. He also said that it was unfortunate that the BNRA had accepted entries from so many non fell runners; he considered two-thirds of the total entry to be inexperienced hill runners.

*This report has already appeared in "CompassSport" magazine.

Many runners ran half way as a training run (the mountain rescue counted 138), and 9 went to the top, including - inevitably - Fort William's Eddie Campbell, going for his 30th Ben race, and Peter Brooks. Brooks said that conditions from half way to the top got no worse than at half way, and most runners said they did not consider conditions they encountered at half way bad enough to warrant cancellation of the race.

EDITOR'S COMMENTS

There are plenty of rumours about the real reason for cancelling the race, and I suppose everyone will have their own pet theory. What if the Sno-Trac had not broken down and the officials had reached the summit - would it have been run then? We will never know, of course, but it is a pity that the issue is not more clear-cut.

It was certainly a great and expensive disappointment to the 400 frustrated competitors. A fortnight afterwards I asked some of those who had travelled up for the event for their comments:

John Blair-Fish (Edinburgh Southern)

"There is no option but to call it off if the mountain rescue say they cannot rescue. But should they be in a position to say that? If the runners had to carry proper equipment it would perhaps be different."

Colin Donnelly (Cambuslang)

"They were quite right to call it off. A lot of inexperienced people do the race and it was so slippery I'm sure there would have been broken limbs."

Ian Holloway (Rochdale)

"It was a wise decision, particularly from the casual fell runner's point of view. Obviously I was very disappointed."

Ken Taylor (Rossendals)

"Naturally, I was extremely disappointed, but it was a wise decision. I went up to the Red Burn and it was desperate. But why couldn't they have run to half way or used the next day?"

Geoff Gough (Blackburn)

"I'd been really building up for it. They were right to cancel, but they should have put on another race - half way up or on the valley road - just something to get over the disappointment."

Harry Jarrett (Cumberland Fell Runners' Association)

"I went half way up and I reckon they should definitely have run the Half-Nevis. It wasn't good enough to do the full Ben, but there was no thought for the runners and their disappointment. I spent over £150 with nothing to show."

Billy Bland (Keswick) (who did 'the diet' for the event - see interview)

"I reckon I could have got up O.K., and the other top runners would have been O.K. They should have advised us of the

situation and left it to us. I just can't see why the mountain rescue couldn't get up."

Cost is something the runners mentioned a lot. Most people reckon it cost them at least £50 to make the weekend - some reckon to have shelled out £150 all told. A refund of the entry fee was an issue which came up too. There seems to be some confusion about refunds. The local paper reported that runners had been offered their entry fee back and also that most did not want to accept a refund. We have not met or heard of anyone who has been offered a refund - let alone turned one down! - but the organisers are apparently going to inform people about it with next year's entry forms.

FOULRIDGE

by Bill Smith

Category C, 5 miles, 400'

6 September

This is a fine cross-country course from Foulridge C.E. School, near Colne, to the summit of Great Edge, via Noyna Rocks, returning the same way. Three previous races had been won by Harry Walker, who was up at Fort William on this occasion, and his best time had been 26.31 (1978). Jeff Norman won this year's race in 28.22 with John Temperton 2nd and Alan Spence 3rd. Ron Hill was the first vet. in 7th position, while Anne Pendlebury was the first lady. 131 finished.

1. J Norman	Altrincham	28.22	6. D Cartridge	Bolton	29.14
2. J Temperton	ASVAC	28.27	7. R Hill	Clayton	29.17
3. A Spence	Bingley	28.48	8. B McKenna	Clayton	29.23
4. R Wayte	Bingley	29.01	9. S Torrance	Sale	29.25
5. J Reade	Clayton	29.05	10. D Anderson	Bingley	29.32

3RD HODDER VALLEY RACE

by Peter Knott

No category, 5 miles, 1200'

13 September

Harry Walker made it a hat-trick on the third running of the event, run in conjunction with the Hodder Valley Show which moves around the three villages of Dunsop Bridge, Slaiddburn and Newton each year. So too does the fell race which on this occasion was from Newton to the summit of Easington Pike and back, covering a distance of about five miles with inevitably a rather high proportion of cross-country to fell running. Despite the early heavy rain up to the start and the strong winds on the fell top, the fell part of the course and the return to the show ground was excellent in its variety, and demands on the runner. The route out to the fell was not quite in the same class.

Many thanks to Alistair Patten and his Clayton club mates for putting on the event. Presumably the 4th event in 1981 will return to Dunsop Bridge for the second running of the 1978 course?

1. H Walker	Blackburn	29.39	6. G Gough	Blackburn	31.12
2. A Spence	Bingley	30.01	7. I Robinson	Clayton	31.30
3. R Whitfield	Kendal	30.03	8. P Brierley	Clayton	31.33
4. D Cartridge	Bolton	30.42	9. N Weaver	Clayton	31.41
5. J Reade	Clayton	30.50	10. S Livesey	Clayton	31.37

<u>Ladies</u>			<u>Veterans 0/40</u>	
1. A Pendlebury	Bolton	39.44	1. D Anderson	Bingley(11th) 31.52
2. W Dodds	ASVAC	42.16	2. P Dawson	Blackburn(25th) 33.19
3. M Barlow	Clayton	43.10	3. P Duffy	Aberdeen(38th) 34.17
<u>Juniors</u>			<u>Veterans 0/50</u>	
1. R Corken	Burnley	15.08	1. W Fielding	Leeds(43rd) 35.20
2. G Hargreaves	Burnley	15.25	2. R Gamble	Billington(67th)36.38

An interesting addition to the results sheet for this race was a Balance Sheet showing where the money went, as follows:

<u>Income</u>		<u>Expenditure</u>	
Entries	80.40	Duplicating	6.34
Results envelopes	5.70	Numbers and Pins	6.89
		Envelopes	1.20
		Prizes	56.07
		Postage	6.90
	<hr/>		<hr/>
	86.10		77.40

Surplus of £8.70 donated to Hodder Valley Show.

I wonder if there is anything at all to stop other organisers doing the same thing? Ed.

VAUX MOUNTAIN TRIAL

by Don Talbot

0-type, Category A, 15-20 miles, 5000'-10000'

14 September

The programme for this year's mountain trial suggested that if we had a wet September there may be difficulty in parking. On Saturday 13 September it poured down all day, so it wasn't surprising to see waterlogged fields on our journey north on the Sunday morning. The Rothay had burst its banks at Rydal and I have never seen so many flooded fields at Grange in Borrowdale. So what was in store for us at Stonethwaite? As it turned out, apart from a little flood water on the approach track, the parking field was amazingly dry.

The weather was true to forecast and remained dry and rather warm in sheltered places. With clear views all round, it was a good day for being in the hills. Unfortunately, it did start raining towards the end of the afternoon for some of the late finishers and for the marshals who had to pack up.

It was obvious from the start that the course was going to be rather a tough one, as the winning times will show. I have been assured that the men's course was "only" 18.9 miles as the crow flies, with 8300' of climbing, unless you were like me and put in the extra distance round Sty Head and Sprinkling Tarn to avoid that climb onto Glaramara. The course was planned to be tough, with perhaps as high as 25% drop out rate by the time of checkpoint 3. In the event, however, only 21% dropped out and not all because of being timed out on Glaramara, perhaps the good weather conditions affected this calculation. It was obviously designed for the "hard men" but with such a high completion rate, there must be a lot of hard men about!

There was a very creditable performance by the ladies. Their course was again quite tough and interesting with good geographical features

and with accent on route choice. It was planned at 11.4 miles as the crow flies, with 6,750' of climbing. One young lady I spoke to put in extra distance and completed 16 miles, but allowing for taking the optimum line, I suppose an extra 4½ miles is quite acceptable.

Thanks to the LDMTA for an interesting and taxing event and especially to the Secretary's husband for labouring round the course on Saturday in torrential rain to ensure that the checkpoints were adequately marked and presumably to check that no one had made off with Haystacks, Glaramara or Base Brown!

If you would like to peruse the course on the map appended are the checkpoints. The start was from Longthwaite Youth Hostel, with the finish at Stonethwaite farm. There were 3 common controls at Glaramara, Blea Tarn and the Bridge. Competitors arriving at checkpoint 3 after 1500 hrs were to be timed out.

Men's Course

1. Littledale Reservoir(inlet) 214177
2. Haystacks summit 194132
3. Glaramara summit 247105
4. Codale tarn(inlet) 297089
5. Blea Tarn(inlet) 293139
6. The Bridge 272127

Ladies' Course

1. Dale Head Tarn(outlet) 230152
2. Base Brown summit 225114
3. Glaramara summit 247105
4. Sargeants Crag summit 274113
5. Blea Tarn(inlet) 293139
6. The Bridge 272127

Results

- | | | |
|------------------|------------|---------|
| 1. W Bland | Keswick | 4.57.40 |
| 2. P Haines | Mandale | 4.58.35 |
| 3. J Naylor | CFRA | 5.21.20 |
| 4. M Hudson | DPFR | 5.21.42 |
| 5. A Richardson | Kendal | 5.23.23 |
| 6. J Broxap | Borrowdale | 5.26.36 |
| 7. P Murray | Horwich | 5.30.36 |
| 8. P Barron | Borrowdale | 5.36.39 |
| 9. A Phillipson | Gosforth | 5.40.24 |
| 10. J S Bland | Keswick | 5.45.51 |
| 11. J Blair-Fish | DPFR | 5.47.22 |
| 12. M Garrett | Mandale | 5.52.59 |
| 13. D Rosen | Thames H&H | 5.53.22 |
| 14. T Woolridge | | 5.55.59 |
| 15. A M Pickles | DPFR | 5.56.41 |
| 16. M J Gilbert | Preston | 5.58.00 |
| 17. J Gibbison | Lancs&M | 6.01.12 |
| 18. F J Loftus | Horwich | 6.03.02 |
| 19. I Charlton | Keswick | 6.06.12 |
| 20. D Lamond | Keswick | 6.07.38 |

- | | | |
|-----------------|-----------|---------|
| 1. R Coates | Lochaber | 4.12.02 |
| 2. B Hogge | Eryri | 4.58.38 |
| 3. P Haworth | Keswick | 5.07.08 |
| 4. W Dodds | ASVAC | 5.07.26 |
| 5. A Salisbury | SthRibble | 5.09.15 |
| 6. M Rosen | LondonOK | 5.14.50 |
| 7. A Cockroft | | 5.25.44 |
| 8. S Harvey | Lochaber | 5.29.06 |
| 9. B Handscombe | CFRA | 6.07.54 |
| 10. G Mather | Fell&Rock | 6.11.14 |

Of 21 starters only one lady failed to finish.

Veterans 40-44

- | | | |
|---------------|-----------|---------|
| 1. J Naylor | CFRA | 5.21.20 |
| 2. M Hayes | DPFR | 6.16.07 |
| 3. I McMillan | Holmfirth | 6.22.52 |

Veterans Over 45

- | | | |
|--------------|---------|---------|
| 1. A Heaton | Clayton | 6.19.12 |
| 2. K Brooks | Horwich | 6.26.47 |
| 3. P Parkins | Keswick | 6.48.20 |

- Teams
- | | |
|------------|----------|
| 1. Keswick | 16.49.43 |
| 2. DPFR | 17.05.45 |
| 3. Mandale | 17.09.48 |

171 started, 37 retired.

As part of a longer letter on the Fell Runner of the Year Championship Mick Garrett writes of the Vaux(which is not counted):
 "Fell running is about the successful crossing of mountainous terrain at speed which must involve navigation to some degree or other. A champion fell runner must be adept at all the skills required, not just athletic ability. I would be the first to admit however that such competitions must be made fair. Two possible improvements would be to keep the venue secret until the 11th hour and to have seeded runners going off first and at longer intervals(5 minutes)! It would not matter so much if competitors unlikely to finish in the first thirty went off more closely and in groups afterwards (ten a minute)!"

1980 VAUX - a personal view

by Neil Shuttleworth

I woke before 7, breakfasted and motored on A66 at 90 km.p.h.
 I parked on a muddy field as directed.
 I had my kit checked and got my number bib; must return it.
 I organised my equipment - mostly food - into my cag.
 I proceeded towards Longthwaite between puddles.
 I lost my map: Jack Bloor found it.
 I was glad my map was transpasealed.
 I did not expect any other way than up Dale Head Tarn.
 I was chuffed at No. 1 being Littledale Reservoir.
 I had no route choice to make: auto-pilot to 1.
 I moved with purpose up to Dale Head Tarn.
 I heard heavy breathing: John Broxap passed me.
 I ran nicely through 1, over col and down to Gatesgarth.
 I climbed up to Scarth Gap directissima, and remet Ned Paul
 (Tourist path).
 I saw some Dark Peak lads picnicing on Haystacks.
 I made a mid-course correction and ran a la Ennerdale to
 Green Gable.
 I was encouraged by keeping pace with M Gilbert, J Blair-Fish, etc.
 I was further encouraged by passing a walking Walkington + dog
 in Wasdale.
 I contoured Green Gable to Sty Head and recall running up here.
 I had been going three hours and walked up to Sprinkling Tarn.
 I had no food left and had not reached Glaramara yet.
 I had just fresh air and water to survive on: could I do it?
 I let Ken Ledward pass me, got a twinge of cramp and made Glaramara
 summit.
 I spastically descended to Langstrath: was Mike Walford retiring?
 I climbed slowly up to High Raise mass with an engineer, director,
 and ex-GB international (all one man).
 I ran/walked to Codale Tarn: checkers cheerful, I felt grim.
 I received Dextrosol at Ash Crag off another ex-GB international
 and was grateful.
 I contoured Ullscarf to arrive at Blea Tarn relieved.
 I rested and chatted with Boyd Millen: nearly home now.
 I did not mention today's race and just assumed Billy Bland had won.
 I struggled on to Stonethwaite, raising a gallop at dusk.
 I finished the Vaux Mountain Trial in 109th place.

LANGDALE

by Al Soran

Category A, 16 miles, 4000'

20 September

They say the way to race well is to ignore the opposition and concentrate on your own running. It's hard to do otherwise when you spend long periods alone in the mist, occasionally seeing groups in front that you'd passed minutes before, and finding that you'd pulled up fifteen places without seeing anyone. Langdale this year was like a Harold Lloyd movie, with people popping up all over the place.

There is a move to publish detailed route finding guides for the long Lake's fell races, but think what fun would be spoiled if people knew how to negotiate the deceitful little nooks and crannies round the Langdale course. Strange occurrences were in good supply - Stuart Bland going down to Cockley Beck, Peter Haines (navigator par excellence) following Andy Styan instead of his compass, and going wrong! (A word of warning - NEVER follow Andy Styan: he went off

Blisco towards Three Shire Stone for the fifth time this year.)

The fun and games aside, Billy Bland (who?) dawdled round to win again, but not until he'd had a run for his money from Bob Whitfield. With Harry Jarrett having been nicknamed "The Third Man", Bob must surely now be called "The Second Man". Talking of Harry, he was upset that some people did not go to the checkpoint marshal at Esk Hause in this race (why can't we have a Langdale without controversy?). The problem came after Dave Meek, the organiser had said that the checkpoint should have been at the shelter, refused to disqualify the "offenders", and said that the control will definitely be at the shelter next year.

1. W Bland	Keswick	2.05.24
2. R Whitfield	Kendal	2.07.11
3. A Styan	Holmfirth	2.21.25
4. J McGee	CFRA	2.21.31
5. D Overton	Kendal	2.21.37
6. P Barron	Keswick	2.21.40
7. R Aucott(V)	DPFR	2.21.42
8. J Gibbison	Lancs&M.	2.21.45
9. D Lee	CFRA	2.21.51

These results are those obtained by the editor on the day. Despite requests by telephone and letter we have been unable to obtain 'official' results.

Teams. 1. Keswick 6.49.19 2. Kendal 6.52.24

Ladies.

1. P Haworth	Keswick	2.55.19	3. B Hogge	Eryri	3.07.51
2. R Coates	Lochaber	2.59.31			

THIEVELY PIKE

by Andy Styan

Category A, New Course

27 September

Rumour was rife the week before this race. Had we heard that the course was changed and had been diverted in a way which made it a very doubtful category "A"? Should the FRA committee give it a "new" race category, like all new courses? What on earth can you do at such short notice? The committee did nothing, and it was just as well, because the rumour was right about the new course and wrong about the doubtful "A". After the race everyone I spoke to felt it was a better course and certainly worthy of category "A" status.

It's still a course that suits the fast man (how else could Alan Spence finish 7th?). Andrew Taylor of Kendal won easily, with guess who 2nd again. The roar of the crowd told those of us still on our way down that something exciting was going on and it turned out that the noise was over the battle for 3rd place between Mike Short and Harry Walker, surely the closest finish ever in a fell race. They crossed the line together - Mike thought he'd inched in front - Harry thought he had. We had to wait for the presentation and the organiser's decision, and in the meantime Mike was heard to say "If there's any doubt, let's have a re-run!".

1. A Taylor	Kendal	25.21	11. G Gough	Blackburn	26.43
2. R Whitfield	Kendal	25.33	12. R Aucott(V)	DPFR	26.45
3. H Walker	Blackburn	25.42	13. S Livesey	Clayton	26.46
4. M Short	Horwich	25.42	14. P Chapman	Kendal	26.47
5. J Norman	Altrincham	25.44	15. D Overton	Kendal	26.59
6. D Cartridge	Bolton	26.13	16. F Pidgeon	Southampton	27.02
7. A Spence	Bingley	26.19	17. A Pickles	DPFR	27.03
8. G Patten	Clayton	26.30	18. K Taylor	Rossendale	27.10
9. J Broxap	Keswick	26.38	19. S Davies	Horwich	27.12
10. S Breckell	Blackburn	26.41	20. G Berry	DPFR	27.16



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NOKIA BOGTROTTERS

Mid calf length boot for mappers, officials and wayfarers can be used for walking the dog in the park, fishing, hill walking or when fitted with tungsten tipped spikes, for standing up on snow and ice, Green PVC upper with strong studs.

Size: 34 - 39 at **£14.50**. Weight 610 gms.

Size: 40 - 46 at **£16.50**. Weight 610 gms.

NIKE ORIENTEERING/FELL SHOE

The first shoe of its type to have a lining, it has the best heel wedge to date, having a thickness of 9 mm. The black gristle rubber sole consists mainly of square shaped studs, plus two bars across the ball part of the foot.

A good feature of the studs is that they are small enough to give when running over harder ground.

The sole is also stitched to the upper, all around the forefoot. The upper is also supported all the way round by a suede-like material. Green PVC upper with silver swoosh.

Size: 6 - 12 at **£16.95**. Weight 310 gms.

NEW BALANCE XC15

This new training shoe, with the big gripper sole, black hard wearing with wider gaps to stop clogging, suitable for road and country, 3 widths (O Med), (2E Broad) (4E Extrabroad).

Size: 6 - 12 at **£25.95.**

NEW BALANCE 375

A new shoe specifically developed for the British market. Superb cushioning, flexibility, comfort and lightness, saddle lacing, width fittings and added to all this a hard-wearing "waffle" sole. Uppers are of blue nylon with suede reinforcement and Yellow trim.

Sizes: 5½ - 6 at **£17.35**

Sizes: 6½ - 13 at **£19.95**

CLOTHING

LIFA THERMAL WEAR

A must for all Fell runners, the super idea is to transport the humidity away from the skin. Super does not absorb water. Heat from the body passes the perspiration out along the fibre to the outer clothing.

Long sleeved - Navy, Red, or White at **£5.95.**

Short sleeved, Navy, Red or White at **5.95.**

Long Johns - Navy Red or White at **£5.95.**

YNGRE 'O' SUITS

These suits we think, have got to be simply the best. Just look around to see the number of orienteers wearing them. They are well made, tear resistant, cuffs on sleeves and pouch pocket. Colours - Navy, Green and Royal.

Adult. Top - **£7.50.** Bottom - **£6.95.** Full Suit - **£13.95.**

Child. Top - **£5.95.** Bottom - **£5.50.** Full Suit - **£10.95.**

SWEAT SHOP SPECIAL 'O' SUITS

A cheaper version of the above, but still highly recommended and can't be beaten for value. Green or Navy.

Adult. Top - **£5.25.** Bottom - **£4.95.** Full Suit - **£9.95.**

Child. Top - **£4.50.** Bottom - **£4.50.** Full Suit - **£8.95.**

TRIMTEX 'O' SUITS

These are the new style, as worn by most team's, including the British, in the world championships. These are very light and give complete freedom of movement. The tops have no collar to flap around and the bottom's are cut just below the knee.

Navy/Sky. Size 1 at **£9.95.** Size: 2 - 7 at **£11.95.**

Brown/Green. Size 1 at **£10.95.** Size 2 - 7 at **£12.95.**

BRAMBLE BASHER (This indispensable little item) stocking or stirrup's in Green, Navy or Yellow. Sizes 9-10-11.

Stockings at **£2.35.** Stirrups at **£2.25.**

MOFFAT CHASE

by Roger Boswell

Category A, 20 miles, 5000'

5 October

The weather was not kind for this year's Moffat - mist, rain and high winds. Ideal, one felt for Lochaber's Ros Coates; but she didn't run this time, to the relief of the ten or so ladies that did. However, Fiona Hinde, making her fell running debut, ensured that Lochaber finished well up the results sheet. Fiona led for much of the way before Wendy 'Distance' Dodds went through to win. Fiona just got the better of Ann Marie Grindley to take second place.

In the men's race, Lochaber's Ronnie 'Cammie' Campbell must have been the only runner not to carry a gagoule (he hasn't got one); he only wore a vest because his mother said she'd stop his pocket money if he didn't. But that apart, Cammie made no mistakes. For guys who don't know what a compass is (e.g. anyone named Campbell), success in misty conditions can only be achieved by picking out a proven orienteer and hanging on to him at all costs. This is one department where Cammie knows his onions; in this instance Peter Haines. Cammie stayed with Haines all the way round until the very last checkpoint, where he said 'goodbye' and went tearing off to victory - in theory. In practice, he said 'goodbye' and went tearing off in the wrong direction. So justice was done in the end - Pete Haines ran out a worthy winner, with Ray Aucott 2nd and Cammie 3rd.

There are seven checkpoints in the race, pre-race favourites Billy Bland and Colin Donnelly reached the fifth checkpoint with an incredible 20 minute lead over the 3rd man (partly due to the original chasing bunch of John McGee, John Gough and Ken Taylor, having already gone off course in the mist). But the leading duo's titanic battle for supremacy petered out in the wind and rain as they failed completely to locate the sixth checkpoint - Bland dropped out (well after all, what was he running for - he was already winner of the Fell Runners' championship) and Donnelly finished 30th.

At checkpoint 4, runners had to ford a fast flowing burn. Peter Brooks tried the 'Walking on Water' method. Boldly he stepped where no runner had gone before, and disappeared into about seven feet of icy water, clutching a piece of Kendal Mint Cake he had aquired only seconds earlier. He clambered out again some five yards downstream, minus the cake and swearing profusely. The race marshals, who had not had much to laugh about in the miserable conditions, were vastly amused.

1. P Haines	Mandale	2.59.30	11. K Robinson	Kendal	3.05.31
2. R Aucott(V)	DPFR	2.59.43	12. J McGee	CFRA	3.05.32
3. R Campbell	Lochaber	3.00.31	13. A Richardson	Kendal	3.05.33
4. J Broxap	Keswick	3.00.34	14. P Tuson	Unatt.	3.06.45
5. M Hudson	DPFR	3.00.48	15. E McEvoy	Lochaber	3.10.00
6. R Boswell	Lochaber	3.03.30	16. S Bradshaw	Clayton	3.11.30
7. J Blair-fish	DPFR	3.04.00	17. K Taylor	Rosendale	3.13.25
8. J S Bland	Keswick	3.04.50	18. P Brooks(V)	Lochaber	3.14.25
9. J Shields	Clydesdale	3.05.00	19. P Nelson	CFRA	3.15.35
10. M Foschi	Altrincham	3.05.30	20. N Matthews(V)	Horwich	3.17.55

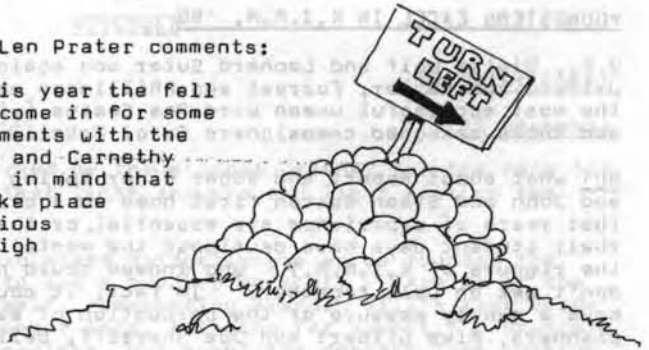
Teams. 1. DPFR 9.00.21 2. Lochaber 9.13.03 3. Keswick 9.23.48

Ladies

1. W Dodds	ASVAC	4.08.45	3. A M Grindley	Clayton	4.22.55
2. F Hinde	Lochaber	4.22.30	4. B Hogge	Eryri	4.43.00

Moffat Chase organiser, Len Prater comments:

"During the course of this year the fell running fraternity have come in for some criticism and disappointments with the cancellations of the Ben and Carnethy races. It is with this in mind that I allowed the race to take place even although it was obvious that conditions on the high ground would be rough. I would like to extend my congratulations to all the runners for the way they conducted themselves on the Hills and the common sense applied which resulted in all returning safe and sound.



I think a special mention for the ladies. One lass stated at the start that she was only going to checkpoint 1, the rest completed the course successfully and I was told afterwards that quite a few men had to rely on the lasses to guide them round the course. The overall impression is that a lot of fell runners have no idea how to find their way in bad conditions."

WORCESTERSHIRE BEACON

by Brian Holden

Category C, 6 1/2 miles, 800'

11 October

The Worcestershire Beacon Race, organised by Worcester AC started in ideal conditions outside the Malvern Winter Gardens. The route goes south on tarmac about a mile, then another mile on grass and back to tarmac to climb the steep Old Whyche Road. Still on metalled surface the route turns north at the Whyche cutting and climbs another mile to the Worcestershire Beacon, the highest point of the Malvern Hills, 1395'. Refreshments are available at the Summit Cafe! Another mile of fast descent is made on grass and track to the north west and on to West Malvern Road which is followed round the northern tip of the Malverns and back in to the town to finish where the race started.

The Malvern Hills, though not very high, are a lovely range, a full ten miles long (north to south) of immense historical interest and great natural beauty. The race has rather a lot of road considering the potential, but is very good for all that. It would be nice to have a race covering more of the fell - there's some very good running to be had.

1. M Lane	Newport	34.14	4. R Cooper(V)	Worcester	35.17
2. P Haywood	Worcester	34.23	5. I Atkins	Worcester	35.36
3. P Bowler	Staffs.M.	35.09	6. M Ridout	Worcester	36.00

162 Ran

BUTTER CRAG

Not yet categorised, 1 1/2 miles, 900'

12 October

O.K., Dieter Wolf and Leonard Suter won again, experienced pairs Walford and Naylor, Forrest and Phillipson were highly placed, and the most successful women were Ros Coates (with David Rosen) in elite and those seasoned campaigners Carol McNeill and Wendy Dodds in A class.

BUT what about Robert and Roger Bloor taking the elite runners up spot and John and Simon Baston first home in A class? Who could now argue that years of experience are essential, or that only those well beyond their student days have developed the mental toughness to cope with the rigours of K.I.M.M.? Who indeed could now argue that brothers don't get on well together? In fact, it could well be that brothers have a goodly measure of the perception of each other that this year's planners, Mike Gilbert and Joe Sherriff, believe so important.

It had been hinted by Mike and Joe that K.I.M.M.'80 would be no push-over. In respect of atmospheric conditions the Isle of Arran was kind indeed, for it rained on Friday, Saturday and Sunday nights, but not a drop fell during the day on either day, although on Day Two the cloud base was down to about 1000'. The same could not be said about conditions under-foot. The wet conditions generally, combined with the peat bogs, tufted grass and heather made for little runnable terrain and much tiring and frustrating going.

The elite course was laid out on the rugged mountainous northern half of the island with overnight camp near Lochranza and both days demanding careful route choice to minimise the climbing. A course was over much the same terrain, whilst B and C were routed south on the less rugged, but in many respects (peat bogs in particular) more difficult and frustrating terrain.

At the end of the two days there was no disputing who were masters of the event. The organisers, planners, the weather and Arran may have combined to break the spirit of many, but the Swiss pair of Wolf and Suter seemingly revelled in the conditions, to accumulate nearly an hour or about 9% clear of the runners-up, the Bloor brothers.

Elite

1. D Wolf	
L Suter	11.40.28
2. R Bloor	
R Bloor	12.37.54
3. H Forrest	
A Phillipson	12.39.55
4. M Walford	
J Naylor	12.40.04
5. J Broxap	
P Barron	12.46.50
6. A Lewsley	
P Dixon	12.58.01

Mixed

R Coates	
D Rosen	13.35.49

A Class

1. J Baston	
S Baston	11.00.36
2. C Murley	
K Boal	11.38.43
3. A Beveridge	
R Seager	11.39.25

Ladies

W Dodds	
C McNeill	12.39.16

B Class

J Maitland	
A Thornton	8.40.01

C Class

P Frost	
S Hale	8.14.02

NOVEMBER

BLISCO DASH

by Peter Knott

Category A, 5 miles, 2000'

15 November

This year's event was marked by the mildest weather for the race for some years with intermittent light showers and light mist on the summit.

"There's no-one here!" exclaimed Bridget Hogge as we rounded the summit cairn, expecting to see a huddled marshal. "Are we at the right place?" I asked myself, remembering Brendan Hill's last words before the start. "Remember lads, it's the far summit." Needless to say I didn't stop to explore, but spent the descent time working out excuses like, "Bridget led me astray" or "it was a nicer place anyway".

Without Brendan stepping into the breach to organise the race, it might not have been held this year. The early season doubts may have been responsible for a slightly smaller field than usual, nevertheless 80 men and 6 ladies completed the course and can feel reasonably confident that there will be a race next year.

Billy Bland, this year's Fell Runner of the Year, made no mistake with this one, but not without a strong challenge from one of the most under-rated fell runners, Bob Whitfield, who finished a mere 15 seconds down. No sport can truly thrive without new names to catch the eye, and so it was most pleasing to say "Who?" when the 3rd placed runner was identified as Ian Ferguson of Bingley, and the first lady as a young Scot, Fiona Hinde, who managed to hold off the challenge of Pauline Haworth. Another exceptional performance was produced that day, but by no stranger to the scene; Danny Hughes in 21st place to take the veteran's prize.

1. W Bland	Keswick	39.12	11. M Hudson	DPFR	42.58
2. R Whitfield	Kendal	39.27	12. I Holloway	Rochdale	43.05
3. I Ferguson*	Bingley	40.32	13. D Tosh	Rochdale	43.27
4. J Broxap	Keswick	42.03	14. A Sunter	Horwich	43.41
5. K Taylor	Rosendale	42.09	15. C Valentine	Keswick	43.43
6. P Chapman	Kendal	42.16	16. A Peacock	Clayton	44.05
7. P Haines	Mandale	42.40	17. I Robinson	Clayton	44.17
8. P Loftus	Unattached	42.43	18. P Haworth	Keswick	44.27
9. K West	Wolverh'ton	42.48	19. P Tuson	Unattached	44.58
10. S Bland	Keswick	42.55	20. E Harwood		45.05

Ladies

1. F Hinde	Unattached	50.24	4. S Thompson		59.59
2. P Haworth	Keswick	50.38	5. W Dodds	ASVAC	60.18
3. B Hogge	Eryri	54.19	6. M Pennell	Keswick	76.12

* I was under the impression that the 3rd placed runner was R Wayte of Bingley, but since we have been unable to get 'official' results I have no way of verifying this. Ed.

COPELAND CHASE

by Peter Knott

'O-type', 12 miles, 4000'

16 November

This year's annual event was run on the fells to the south of Ennerdale water and to the west of the 2000' Iron Crag, on another new 1:25000

black and white map from that prolific lakeland mapper, Pete Nelson. The start involved a steep climb from the lakeside onto the high fells and into light mist. Thereafter the gradients were modest until the steep drop back to the finish at the Scout Camp. The seven control point course took competitors over or round Lank Rigg, down to the head of Worm Gill, up Long Grain towards Iron Crag to pick up the 5th control (3rd on the short course), then back via the forest by the summit of Grike. The long course was reckoned to be 10 miles as the crow flies and 3200' of climbing and took the winner, Peter Haines, 1.53.09.

The longest out, at the back of the 66 finishers, were out around 4 hours and more than ready for the hot soup, tea, bread and cakes, served up by the ladies of Cumberland Fell Runners.

Danny Hughes planned the course and achieved plenty of route choice and the leaders came from those who combine the best navigational and fell running ability. Last year's winner Billy Bland, Jos Naylor and Mike Walford had to be content with 20th, 11th(1st veteran) and 12th places respectively this year, as Peter Haines was followed by Roger Bloor and Tony Richardson.

Ladies Vicky Mason (34th) and Bridget Hogge (54th) who like many of the men was feeling the effects of the Blisco Dash the day before, or the Cumberland Fell Runners' Association Dinner the previous evening (or both!), put up a creditable performance. Cumberland Fell Runner I Donaldson won the shorter course in 1.42.42.

1. P Haines	Mandale	1.53.09	11. J Naylor	CFRA	2.08.08
2. R Bloor	Liverpool	1.57.26	12. M Walford	Kendal	2.09.25
3. A Richardson	Kendal	2.00.04	13. J Broxap	Keswick	2.10.34
4. K Taylor	Rosendale	2.00.11	14. P Murray	Horwich	2.10.53
5. E Harwood	Borderliners	2.02.09	15. P Tuson	Unatt.	2.11.17
6. M Hudson	DPFR	2.04.18	16. M Evans	Horwich	2.12.54
7. M Gilbert	Preston	2.06.09	17. P Bland	Kendal	2.13.16
8. P Mason	Manchester	2.06.27	18. I Holloway	Roch.	2.15.20
9. A Phillipson	Gosforth	2.06.46	19. D Ratcliffe	Rossen.	2.17.21
10. J Loxham	Clayton	2.07.20	20. W Bland	Keswick	2.18.23

Short Course

1. I Donaldson	CFRA	1.42.42	4. C Brasher(V)	Sth.Nav.	1.57.19
2. N Shuttleworth	CFRA	1.46.45	5. J Coope	Horwich	1.57.36
3. P Cheshire	Borderliners	1.48.27	6. F Hinde(Lady)		1.59.39

THE FELL RUNNERS' ASSOCIATION

ANNUAL GENERAL MEETING

Saturday 4 April 1981, (after Pendle Race)

Whitehough Camp School, Barley.

Items for inclusion on the agenda to reach General Secretary before 28 February 1981.

Members are particularly asked to attend this meeting to keep abreast of all that is going on in the sport and to make their individual views and opinions known.



**AS A COMPANY WE WILL BE SPONSORING THE
FOLLOWING TEAMS AND EVENTS DURING 1981**

DIARY 1981

- | | |
|-----------------|---|
| JAN | Cross-Country Ski weekends |
| FEB | at Dufton |
| 29 MARCH | Waterside Staff team London Marathon |
| 12 APRIL | 7th Kentmere Horseshoe Fell race
1st Kentmere Horseshoe Cross-Country Ski race |
| MAY | Chris Bonnington Expedition to China to climb
25,325' Mt. Kongur using Walsh shoes for the walk in. |
| 21 JUNE | Butter Crag fell races Grasmere |
| JULY | Waterside Team Saunders Marathon |
| SEPT | Kent Valley Cycle Club hill climb Waterside Staff
team 3 peaks Cyclo-Cross.
Kendal A.C. Round the Town road race |
| OCT | 2nd Kendal Mountaineering Film Festival |
| NOV | Lake District Cross-Country Ski Club A.G.M.
Talk/Film |
| DEC | Cross-Country Ski Equipment Evening |
| 9 DEC | Hamish Brown Lecture 'One Mans Scotland'. |

**Our Mobile Shop will be at most of the major fell races. All the
very best and we look forward to seeing you.**