

SLIABH GULLION - CAMLOUGH

Not yet categorised, 8 miles, 2,500'

1.	D McGonigle	Newcastle	1-16.40	7.	B Ervine	Antrim	1-25.12
2.	I Parks	Ballydrum	1-17.00	8.	B Jess	Mourne AC	1-26.30
3.	J Hayes	Ballydrum	1-17.55	9.	W J Browne	Mourne AC	1-26.33
4.	N Douglas	Newcastle	1-19.00	10.	J Savage	Newcastle	1-27.29
5.	S Graham	Newcastle	1-20.33	11.	D Connolly	Armagh AC	1-33.45
6.	D Graham	Mourne AC	1-23.15	12.	M McVeigh	Newcastle	1-43.42

1 April

1.	D McGonigle	Newcastle	1-25.12
2.	I Parks	Ballydrum	1-26.30
3.	J Hayes	Ballydrum	1-26.33
4.	N Douglas	Newcastle	1-27.29
5.	S Graham	Newcastle	1-33.45
6.	D Graham	Mourne AC	1-43.42

SMAEFELL RACE

Category A, 5 miles, 1,900'

1.	K Callister	Manx AC	42.51	7.	T Varley	Boundry H	46.08
2.	P Cain	Boundry H	43.52	8.	R Stevenson	Boundry H	49.10
3.	I Callister	Manx AC	45.09	9.	G Hull	Boundry H	51.19
4.	J Crellin	Unattached	45.16	10.	M Joughin	Boundry H	(Vet) 52.18
5.	M Cowbourne	Boundry H	45.48	11.	P Simpson	Manx AC	55.12
6.	P Brookes	Manx AC	46.05	12.	B Baxter	Manx AC	(Vet) 69.39

7 April

1.	K Callister	Manx AC	46.08
2.	P Cain	Boundry H	49.10
3.	I Callister	Boundry H	51.19
4.	J Crellin	Boundry H	(Vet) 52.18
5.	M Cowbourne	Boundry H	55.12
6.	P Brookes	Manx AC	(Vet) 69.39

CHAPEL GILL HILL RACE

Not yet categorised, 1.7 miles, 1,440'

1.	M Lindsay	Carnethy HR	19.22	6.	R Hope	E.A.C.	23.30
2.	A Spenceley	Carnethy HR	19.26	7.	D Wall	Carnethy HR	24.27
3.	R Morris	Carnethy HR	21.38	8.	B Gauld	Scot.Hill Run.Ass.	25.05
4.	M Burton	Carnethy HR	21.52	9.	M Dickson	Unattached Peebles	29.43
5.	J Blair-fish	Carnethy HR	23.03	10.	S Wood	Livingston & Dis.AC	31.44

7 April

1.	M Lindsay	Carnethy HR	19.22
2.	A Spenceley	Carnethy HR	19.26
3.	R Morris	Carnethy HR	21.38
4.	M Burton	Carnethy HR	21.52
5.	J Blair-fish	Carnethy HR	23.03
6.	R Hope	E.A.C.	23.30
7.	D Wall	Carnethy HR	24.27
8.	B Gauld	Scot.Hill Run.Ass.	25.05
9.	M Dickson	Unattached Peebles	29.43
10.	S Wood	Livingston & Dis.AC	31.44

METLEX DIAMOND JUBILEE RYDAL ROUND. (8 mls approx.)

(Almost the same as the Fairfield Horseshoe)

SPONSORED BY METLEX LIMITED (LONDON)

August 2nd 1984

2.15 pm.

at AMBLESTIDE SPORTS, RYDAL PARK, AMBLESIDE.

INAUGURAL FELL RACE.

PRIZES: 10 Male. Vets over 40 and 50.

2 Teams of 3. 3 Female.

METLEX TROPHY TO THE WINNER.

ENTRIES ON THE DAY.

Enquiries to: Pete Bland Sports, 34a, Kirkland, Kendal.

Fee £1.00 payable to "Ambleside Sports Association"

UNDER F.R.A. RULES.

PENDLE

Category A, 5 miles, 1,500'

7 April

A shorter run up the track by the reservoir this year restored some of the lost fell to the race, on what may now become the established course. Jack Maitland went off hard from the start of the race and this paid dividends as he slowly opened up a gap over the rest of the field led by Sean Livesey. Geoff Gough found himself an equally isolated third before the 'flood' gates started opening for the rest of the 336 finishers. Of these Clayton-le-Moors provided 84, one might ask is this a record for a fell race? Bolton's D. Kay was a clear winner of the veterans race from a more active, this year, Norman Berry who is the F.R.A. Membership Secretary. Fourth veteran home, Gerry Spink, was the first 0/50 by three minutes and returning to his former form now that he has recovered from his operation late last year.

From a field of twenty Angela Carson was the first lady home, holding off Hilary Matthews who is much fitter now than in recent years and mounting a challenge for Angela's crown.

1.	J Maitland	Aberdeen	29.44	11.	H Aspinall	Rosendale	32.29
2.	S Livesey	Ribble Valley	30.25	12.	A Hamer	DPFR	32.36
3.	G Gough	Blackburn	30.42	13.	I Ferguson	Bingley	32.42
4.	M Newby	Rosendale	31.21	14.	D Leaf	Rowntrees	32.48
5.	R Rawlinson	Rosendale	31.46	15.	D Woodhead	Horwich	32.50
6.	P Irwin	Rosendale	31.52	16.	R Pallister	Pudsey	32.52
7.	H Walker	Blackburn	31.54	17.	M Bradshaw	Rosendale	32.54
8.	D Hall	Kendal	31.58	18.	I Robinson	Clayton-le-Moors	32.55
9.	A Hulme	Pennine FR	32.03	19.	B Peace	Bingley	33.25
10.	P McWade	Clayton-le-Moors	32.14	20.	D Kay	Bolton	33.29

Veterans

1.	D Kay	Bolton	33.29	4.	G Spink	Bingley	36.18
2.	N Berry	Holmfirth	35.07	5.	P Longfield	Billingham	36.25
3.	I Guetter	DPFR	36.18	6.	J Capenhurst	Bingley	36.31

Ladies

1.	A Carson	DPFR	39.58	3.	L Lord	Clayton-le-Moors	41.07
2.	H Matthews	Bolton	40.10				

