

The Fellrunner



October 1992

Martin who?



Martin Jones on his way to winning the individual gold, Men's Short Course, World Cup

Walsh PR's strike **GOLD** in Italy



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Bit at the front *Neil Denby*

Time to open up both barrels

It would seem, from information leaked to the FRA committee, that the likelihood of North West Water continuing to hold off on their "charges" for crossing over "their" land is rapidly receding. Other organisations have also scented the chance of a quick buck, from farmers to the National Parks and are likely to be pressuring organisers into paying some sort of levy. In Wales a 'code of practice' has been agreed between mountain bikers and the authorities which they now feel they could impose on fellrunning. As if we could cause a fraction of the amount of damage a mountain bike could inflict!

Having urged restraint while negotiations were in progress, it now seems the appropriate time to unleash as much protest as possible. The matter has already been raised in Parliament but you can do your bit by writing to object to your MP.

Remember that if an MP receives even half a dozen letters on the same issue it is enough to push it well up his or her agenda. Remind them of the 'freedom of access' promises made at the time of privatization, demand a response by asking them what their view is, approach your local paper too - it's time to give land "owners" both barrels.

FRA finances have finally got to the stage where an increase in subs is necessary. It's a cyclical process; increased subs mean that the Association builds a reserve, prices catch up and the reserve is nibbled away, eventually (as the last couple of years) the FRA is running a deficit budget. The major costs are still the magazine and the fixture calendar but the costs of these are carefully controlled. The cost of the mag has actually gone down in the last two years due to computerization. Please support the increase at the AGM.

Get it on disk!!



The Association has bought some right expensive computer equipment to try to drag us into the 20th century. If you can provide articles etc. on 3+ inch discs of DOS or DFS format (not Unix); preferably in ASCII; then we can handle them easily - the amount of stuff that comes that is obviously a computer print out is growing but still needs to be re-typed if the disc isn't with it. This costs us MONEY! We can handle RISC OS as well if you must. Disks will be returned immediately.

If you have no idea what any of this means, then ignore this space!

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*Centre pull out of over
150 results and reports*

*Cover photos: Juniors Matthew Whitfield,
Nathan Mathews and Craig Watson on their way
to qualifying for the World Cup
Photo: Steve Bateson*

*Inset: England and Scotland short course teams
celebrate their achievement.*

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Colour Rates

Available on request from Francis Uhlman.

The Fellrunner

The Fellrunner will again be producing a 12 month calendar. Featuring some of the best shots that never made it into the magazine with brief information about some of the classic races it will make an excellent Christmas present or race prize as well as being useful and decorative in its own right.

The calendar will be A4 format and costs a mere £2.50

if ordered before November 15th.

Orders and sales after then will be £3.00.

*The calendar is not a fundraiser, but nor do I wish it to make a loss, so please, the number we print depends in large measure on the number of pre orders. Bulk orders to sell on in shops/clubs etc. are welcome and you are free to add your own mark-up. Please send cheque or postal order with order but **no cash**. Your cheque will not be cashed until we can fill your order.*



Order Form

PLEASE SEND ME..... FRA 1993 WALL CALENDARS
at £2.50 each (before November 15th) or £3.00 each including postage and packing.

Name.....

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I ENCLOSE CHEQUE/PO (made payable to The FRA) for£.....

(Copies of this form or orders on paper are welcome.)

Please note, this is NOT the FRA fixture calendar!

Orders to:
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Calendar update and reminder to race organisers

The registration forms for production of the 1993 FRA calendar have been sent out on the last weekend of September, if you have not received your form by 7th October please give Dave Jones a ring.

A reminder that it is not possible for the fixtures secretary to sort out date/venue clashes - if your race is likely to coincide with another in the same area PLEASE communicate with the other organiser before sending in your form.

In order to ensure the publication of the Calendar before Christmas the deadline for return of the race registration forms will once again have to be 31st October - apologies if this causes any problems.

Below are included additional races and alterations to race dates or details. All the information is listed in chronological order according to when the race will NOW take place.

SUN OCTOBER 11th: Tavern Trail; this race will start from last year's venue at Llandymog Village Hall, between Denbigh and Ruthin not as advertised in the calendar.

SAT NOVEMBER 7th: Withins Skyline BM 11.30 a.m. 7.5m, 1000ft from Penistone Hill car park, nr Haworth (GR 025364). £1 on day only, teams free. NS/LK. Over 16. Also junior race, entry free; details on day. Details: D.Woodhead, 166 Hainworth Wood Road, Keighley, West Yorkshire, BD21 5DE Tel 0535 669100.

SUN DECEMBER 20th: Up and Down the Stoop BS 11.30 a.m. 5.5m/800ft from Penistone Hill carpark, as above. £1 on day only, teams free. PM/NS/LK. Over 16. Also junior race: 11.35 a.m.; 2m; entry free; u/16. Records; 29.35 A Whalley 1990; f. 36.38 C Greenwood 1991. Details: D.Woodhead, 166 Hainworth Wood Road, Keighley, West Yorkshire, BD21 5DF. Tel 0535 669100.

SUN DECEMBER 20th: Rowbotham's Round. The address for details and entries for this event has been changed and is now as follows: P.Jepson, 30 Rosedale Road, Aston, Sheffield S31 0DA. Tel: 0709 875125. Other details are as in the Calendar except that there will now be TWO start times; 7.00 a.m. for slower runners and 8.00 p.m. for faster runners (and don't ask- me who's going to decide what category everybody's in!)



Llynfan cancelled.

The Llynfan race, due to be held on October 17th, has had to be cancelled.

The Brecon Beacons National Park Authority (the landowners), who have permitted the race to be held for the past four years, have refused permission for 1992 and instead are allowing an orienteering event to go ahead in the same area the following week. We find their attitude illogical-and inconsistent, as our very low-key event - rarely more than 40 runners - was permitted only after overcoming BBNP objections about alleged erosion and sheep worrying.

From correspondence, it seems that the BBNP are determined to stop any organised competitive events on their land, but how orienteering has gained their approval is not known. Perhaps orienteers are kinder to the sheep!

There is no scope for further negotiation, and the race therefore has to be cancelled.
Martin Lucas

Rumour has it

that the Chairman entertained 28 filthy fellrunners in his en suite bath after the Bens of Jura. No facts have yet emerged as to who scrubbed who's back, or whether, in fact, they took it in turns - and who got the tap end?

News and Views

SECRETARY'S CORNER

Following is a brief summary of the discussions at the two Committee meetings since the last issue, both of which I was unable to attend due to holidays. Thanks are due to Matt Simms and Peter Browning for taking minutes in my absence. A third meeting at Slaidburn occurred after the deadline and a shortened report is appended.

1. Broughton in Furness, 31.5.92.

a) The John Brooks Appeal fund is being generously supported and the target is now in sight. It is not possible to acknowledge every donation and our grateful thanks go to all contributors. Subsequently our insurers quite unexpectedly agreed to pay around 50% of the legal costs incurred, so we now have a surplus. Some £600 has been placed in a special account from which we shall be able to help future hardship cases. Organisers of races will be pleased to hear that the Insurers have also confirmed that legal representation is assured in the future.

b) Funding for the World Cup Team is still unresolved. An application for a grant from the Foundation for the Sports and Arts has been made. The Welsh team will make a similar application.

c) The Association is currently operating at a loss and it is intended to recommend an increase in subscriptions to the 1992 AGM.

d) Problems arose at the Coniston Junior Championships Race because the leading group of 5 runners were disqualified for taking the wrong route. Although some parents thought that the race should be void, it is felt that the course was adequately marked and the Committee endorsed the results. A junior training day was organised by Andy Trigg at Carnegie College, Leeds. The turnout was disappointing and several runners didn't turn up. For those who did it was a very worthwhile day.

e) The FRA case against charging for running over open land will be prepared by Selwyn Wright, Matt Simms, Peter Browning and Dave Richardson. This will be sent to North West Water in time for their Advisory Committee meeting in September. *(The text of this document is on page 7 of this issue).*

f) As from January 1st 1993, clubs affiliated to BAF under the fell running section will be eligible to compete in the FRA relay championships even if they are not affiliated to the FRA.

g) A suggestion for a Vet 60 championship was referred to the BAF Fell and Hill Running Commission for consideration on a British basis.

2. Littleborough, 18.7.92.

a) Norman Berry reported on a meeting between FRA officers and North of England AAA officers to discuss finances. Around 500 clubs are affiliated to NoEAA of which



Well-known faces at the start of the World Cup selection race.
Photo: Steve Bateson

about 100 have paid the fellrunning levy. The FRA is seeking a grant towards administrative costs for 1992-3. No grants are available for the current financial year - it is a mystery why the changeover to BAF should result in frozen funds. Similarly, we shall be seeking financial aid from the Midlands AA and the South of England AA. Richard Day of Mercia AC has been co-opted to the FRA committee so that he can attend MAA meetings on behalf of the FRA. Formal contact with SoEAA will be made shortly.

b) England have been invited to host a possible British Open Junior Team Championships in 1993. Full details have yet to be sorted out, but it is likely there would be two age categories: under 20 and under 16. BAF would fund the event but each country would have to find their own travelling expenses etc. The Committee is keen to encourage juniors, especially girls, and look forward to hearing more about this.

c) The BAF Fell and Hill Running Commission are not too keen on the idea of a British Vet 60 championship as they feel it would be too English dominated. It is suggested that in the first instance the FRA should organise an English Championship and this will be considered at a future meeting when our statistician will produce some figures as to viability.

d) The current subscription of £6 was set in 1985. After a comprehensive discussion on FRA finances, it was agreed to ask the 1992 AGM to approve an annual subscription of £9, juniors £5.

e) After considering a report by Dave Richardson, the Committee approved expenditure of around £400 for medals and perpetual trophies for the English junior / intermediate championships.

f) The draft submission to North West Water putting our case for freedom of access to open land was approved by the Committee.

Further access problems were reported. The Lake District Special Planning Board propose to charge for organised events over their land. They don't own much, but the very idea is disturbing. (It is understood that this proposal has now been dropped - but for how long?) Francis Uhlman reported that the Snowdonia National Park want to introduce a 'Code of Practice' which would, in effect, veto any new races during the bird nesting, lambing and holiday periods. How daft can officialdom get? Members may well share our view that the presence of fellrunners in Snowdonia is insignificant compared with the number of visitors to their National Park.

Charging for Fell Races over open land.

Back in May, Derbyshire County Council agreed to write to North West Water asking it to reverse its decision to charge in order to maintain free access to open land for all people, it is also urging the Sports Council to support the campaign. Copies of the letter will also be sent to other water companies with land holdings in the County, the Forestry Commission and the Peak District National Park. District councils which cover the upland areas are also being asked to back the fellrunners case.

On Monday, 13th July 1992, Andrew Bennett MP for Denton and Reddish addresses the Rt Hon David Mellor MP, Secretary of State for National Heritage as follows.

Mr Bennett: *When the Minister has a word with the Sports Council, will he consider the problems faced by people organising fell racing in the North of England because both North West Water and The Forestry Commission seem to be increasing, or imposing for the first time, charges for the use of their land? That causes considerable concern, particularly as there is a danger that it will push fell racing back on to the public rights of way - where there can be no charges - which will increase the problem of erosion.*

Mr Mellor: *I confess that it is not an issue with which I am familiar, not being much into fell running myself, as will be obvious. However, I appreciate that it is an important sport for a number of people, and if the hon gentleman will be kind enough to write to me about it, I shall look into what he says.*

Mr Bennett has written to Mr Mellor and has also issued a press statement on the subject which ends "Andrew Bennett MP has long been a campaigner on behalf of those who enjoy the countryside and feels that any unnecessary restrictions in regard to access must be challenged".

Our thanks go to the handful of members who have achieved this important support and the associated press coverage. I am also aware of several other approaches to MPs and to shareholder members asking pertinent questions of North West Water.

Arising from NWW proposals, I wrote to 80 race organisers who could be affected, to which only 18 have responded either by letter, telephone or personal discussion. This is simply not good enough. Your Committee can achieve very little without your positive support. Flood Mr David Mellor with your objections. Write to Andrew Bennett expressing your support for his action and interest. Write to your own MP. Their address is The House of Commons, London, SW1A 0AA. Write to The Managing Director, North West Water Ltd., Dawson House, Warrington, WA5 3LW and to the Regional Director, Sports Council, North West Region, Astley House, Quay Street, Manchester, M3 4AE. And if you live in a district where your council covers upland areas, write to them.

The battle is far from over, indeed the disease is tending to spread to other landowners. Once charging is established, it will be virtually impossible to reverse.

-Mike Rose

3.Slaiburn 12.9.92

Discussions took place on the following

(i) Motions for the AGM. A motion which did not receive committee support, that veteran categories should count from January 1st of the year in which veteran status is attained, will be put at the AGM. No other motions were received.

(ii) Pete Bland presented his report on the World Cup and was reappointed as England Team Manager. There is still ICMR/IAAF controversy over the nature of the World Cup which will, next year, be held in Chamonix but not called the 'World Cup'.

(iii) Provisional English and British Championship races for 1993 were announced (see elsewhere in this issue), (iv) Dave Woodhead made a presentation calling for a change in venue for the Annual Dinner to premises in Morecambe where BOFRA hold their dinner; bookings were to be made for 1993 and 1994.

(v) An English vet 60 Championship will be introduced as a 'tester' for a British Championship.

-ND.

Views

BAF

Dear Sir

Contrary to any rumours that may be circulating I would like to point out that BAF has nothing to do with Rugby League, Angling or, for that matter, Barnoldswick Amateur Fellrunners.

You will be aware that fell races are categorised as CS, BM, AL and so forth. To these a fourth category is to be added and this is where the abbreviation BAF comes in. Quite simply, BAF stands for Bloody 'Ard Fellrun. I hope that this clarifies the situation.

Yours faithfully,

Pete Bogg

(Blackpudding and Tripe Clog Dancers of Horwich Fun Run Committee).

Ethics of race support

Dear Sir

At an increasing number of races I have seen 'unofficial' support given to individual competitors. This has ranged from casual drinks held out to friends/spouses by the roadside, to pre arranged mountain-top support being given to members of a particular team.

Does any reader have a view on the ethics of such individual/team support, or indeed, is this covered in any race regulations?

Yours faithfully,

- Rick Graham

Banbury Harriers AC.



'Scoffer' Schofield expresses alarm at the thought of 'Unofficial' help. Turnslack 1992.

Photo: Steve Bateson

Kentmere and Ennerdale

Dear Sir

I noted the comment about the Harveys map advertisement in your June issue. Anthony Kay is quite right: Kentmere figures on The Walker's Map Eastern Lakeland sheet and Ennerdale on the Western sheet.

Thanks for pointing this out. It's hardly surprising, though. You see, the guy in the advert is reading the map upside down!

Yours faithfully,

- Sue Harvey

Harveys Maps

Wot, no Keith?

Dear Sir

Here we go again. The World Cup selection races are over and England chooses not to take the current British fell running Champion nor the current leader of the British Championship table, despite the fact that they are one and the same. Oh well, perhaps it was cheaper to take someone who lives on the continent and didn't go to either of the trials...

Yours faithfully,

- Jamie Smith

Ilkley.

South Downs Way

Dear Sir

I organise a relay race along the South Downs way - Eastbourne to Winchester which has been run for six years now; being a member of the FRA for a similar amount of time, I felt it may be of interest.

The race is by invitation only and attracts great support, it is in 18 stages with each runner running 3 (non consecutive) legs, hence six in a team. I handicap the race by requiring estimated times beforehand and, through generous sponsorship, the race finishes at a large pavilion with a full evenings entertainment and prizes. The profile (Richard provided an extensive profile of the race, which space prevents us from publishing) may be of interest as the company who undertook it (Sterling Surveys Ltd) is willing to profile any kind of race with accuracy depending purely on the accuracy of the maps used.

The race is 91.18 miles in length with 9,902 ft of climb, 108.8 per mile. I write purely for your interest; the South is often run down by features in *The Fellrunner* (often justifiably), perhaps your readers would find it refreshing to read about the flatlands of the south.

I am very conscious of the amount of teams that the Downs can cope with, however, should a 'real' fellrunning team wish to enter, I will gladly consider any request.

Yours faithfully,

- Richard Carter

(1992 winners were 'Sparrow' in 10.29.14; averaging 6:53 minute miles; for the Ladies, 'Crowborough' in 13.23.15, averaging 8:47).

Too old to count?

Dear Sir

When my June issue of *The Fellrunner* arrived I naturally turned to the report of my very first fell race, having joined the FRA this year. I was astonished to realise that my time qualified me for second place among the men over 60, but puzzled that the three published names did not include mine.

I enquired of one of the organisers if this was due to me being 'unattached' or perhaps to a simple error of omission. Neither. It was explained that I was obviously ineligible for the M60s because, at age 66, I was in the M65s, but that the existence of the M65 group was not acknowledged because so few of this age took part in races.

Expressing disappointment at this explanation, since it must be pleasing to most to see their achievements chronicled (specially if completely unexpected and never likely to occur again) I was told that if I wanted to see my name in lights I should go on the stage in Blackpool, and it was also suggested that I transfer to the other code of fellrunning. I was left more breathless than when finishing the Fairfield Horseshoe!

Please can you explain to me the reason for this harsh policy of the exclusion of the super crinklies?

Yours faithfully,
- Colin Hawkes

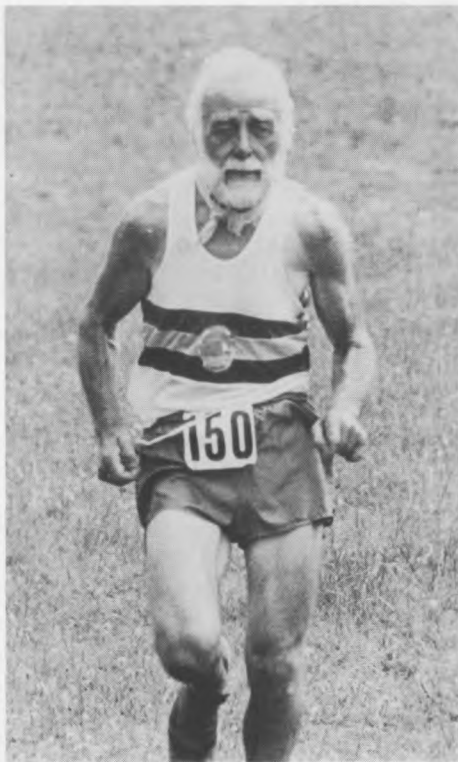
Info, from abroad

Dear Sir

As a tailend fell racer and orienteer, I am not prepared to travel too far to an event, but if I am away for other reasons, it is fun to try events abroad. Orienteering fixture lists are easy to obtain through the IOF contacts, but races can be harder. The last edition of *The Fellrunner* had the CIME list and publicised the 'Czechmate' list. The new American magazine 'Running Wild' gives fixture lists and has been publicised in the UK. However, I have never seen information in the UK on 'Berglauf - Journal' published annually by Wilfried Raatz, Am Gembohe 1, D 6101 Niedemhausen - Fischbachtal, Germany, which gives fixture lists for mountain races in Germany, Austria and Switzerland. It costs 12-80DM plus 2DM postage (in Germany, not sure about to UK).

Is there a comparable source of information for France?

Yours faithfully,
- Alex Miller



Never too old to count! 68-year old supervet Eric Mitchell (DPFR) at the Kinder Trog
Photo: Jarrod Collings

An updated point of view

Dear Sir

In the September 1990 issue of *The Fellrunner* I had a letter published entitled "Digging up the erosion issue" in which I described my impressions from a mid field position of the damage done to the delicate underfoot conditions on the first ascent to Bessyboot in the 1988 Borrowdale Race. I went as far as calling the damage an act of 'rural vandalism'. I fully expected some kind of rebuttal to this rather emotional outburst but there has been none. A casual observer may therefore interpret this as tacit agreement with this point of view. However, after a gap of 4 years I returned to Rosthwaite to do the race again only this time I was up near the front of the field. I therefore feel in a position to offer a slightly different point of view.

The conditions for the 1992 race were almost identical - sodden underfoot and thick cloud (doncha just love the Lakes in the 'summer'?). Once again, the ascent up the gully from the stream was slippery but it was interesting to note from a higher position in the field that there was no scar or 'trod' evident from previous years races. My concern after the 1988 event was that our route was not subject to repair unlike a footpath and therefore the damage would be permanent. This does not appear to be the case. Given the chance, Mother Nature seems well able to repair the once-a-year scuffing from 200 plus pairs of Walshes and it is only routes which are subject to a regular pounding from boots, bikes and horses that open up into permanent and livid scars. It just goes to show that first impressions are often wrong, even from people on 'your side'. I hope this gives encouragement to those of our fraternity

who are fighting hard for our rights in these times of access denial and legislation.

Yours faithfully,
- Simon Blease

Low profile?

Dear Sir

I'm reluctant to continue the correspondence over the FRA's 'low profile or not' debate but feel that the article *Horses for Courses* in the last issue calls for some comment. They suggest opening up events in the 'urbanised uplands' of Lancs and Yorks' to all and sundry, with unlimited entries and the opportunity for "Lord EMAP et al" (their term) to exploit such races.

The plain fact is that most races up here are already oversubscribed and the FRA committee knew what it was doing when it recommended a 400 entry limit, though even this is too high for some races. The FRA must continue its low profile policy in regard to all events if the unique flavour of our sport is to be preserved.

Yours faithfully,
- Bill Smith

P.S. I've just received results from (not very urban) Sedbergh which includes the following note: "255 runners started the race which is just about the maximum limit for us".

British Support; World Cup 1992

Dear Sir

As team manager, on behalf of all the English athletes taking part in this years World Cup in Italy, I would like to take this opportunity to thank all the British supporters who travelled out to Susa for the fantastic support they gave us over the weekend. I am sure the support given with such enthusiasm spurred us on to our best ever result.

I would also like to say a personal thank you to my assistant team manager Malcolm Patterson who's knowledge and experience proved invaluable.

Yours faithfully,
Pete Bland, England Team Manager

Last word...

Dear Sir

It is perhaps relevant that the two letters objecting to my criticism of the Elite and A courses on the 1991 KIMM came from competitors whose experience was of the B and Score courses. Firstly, a brief response to Mr. Walker who found my 'tone' insulting (to whom, I wonder?). My intention was to be realistic and justly critical. I value my time too highly to waste it in penning insults. My criticisms were indeed tempered by a realisation of the goodwill and hard work on the part of the course planners and organisers. I did not send my letter direct to Karrimor as it is my experience - and that of others I know - that Karrimor rarely respond. I thought my views would best be aired in *The Fellrunner*. A copy was sent, by the editor, to Karrimor and, as anticipated, there was no response.

Now to a more factual response to Mr. Colin Powell. This gentleman would have been well advised to have spent more time researching the '91 KIMM results and less on patronising my age and performance. Let me say at once that my personal performance is largely irrelevant to the issue. As far back as 1971 I failed to make the Day 2 cut off time. The challenge of completing the Elite course anywhere within the allotted time is where I have found my pleasure in each event- since the first in 1968. Here are the facts concerning the '91 event: out of 84 starting teams, 29 actually reached camp. However, only 16 of these teams arrived within the published cut off time of 19.30 hours.

In a (laudable) attempt to salvage the event the cut-off was extended to 20.30. Unfortunately, even by this time only a further 6 teams had reached camp. Thus, despite the allowance of that extra hour, only 22 teams were eligible to start Day 2. And you will remember that course planners believed that it was an hour which last minute course changes had added to the day I route.

But let me be as fair as possible. What difference would it have made if that hypothetical hour had been subtracted from the times of those teams who reached control BF? (The last road crossing before the route to camp.) Mr. Powell suggests it would have boosted the number reaching camp to 50.

Firstly, only 45 teams (Elite course) made it to BF so I guess it is unlikely that 50 would get to camp at any calculation. However, we can examine those 45. It is of course necessary to estimate a time allowance from BF to camp. The first ten in the Elite managed 2 hours 30 minutes; the next six 3 hours 12 minutes; the average time for the other 13 who reached camp was 3 hours 48 minutes.

It seems reasonable to assume from these times that it would have taken later teams at least 3 hours 30 minutes from BF to camp. It is a matter of simple arithmetic to plot the arrival times of teams at BF, subtract the hypothetical hour from that time and then add to it the estimated 3.30 needed to reach camp before cut-off.

How many teams would then have reached camp by the 19.30 cut-off? The answer is just *four* more teams. Thus 26 teams might have made camp had the course been an hour shorter on Day 1. Close enough to my original estimate of 25 but far removed from Mr. Powell's estimate of 50 teams.

Having demonstrated such masterly inability to appreciate even the brute statistics of the '91 Elite KIMM it would be unwise to expect Mr. Powell to appreciate the subjective experience from the comfort of the B class. Perhaps, Mr. Powell, you should re visit Arrochar and attempt to repeat the Elite class route. After that your views might have acquired that degree of informed relevance so distinguished by its absence from your letter.

Finally, I shan't be competing with you in the B class in 1992. I hope my 25th and final event will again be in the Elite class. However, as you are kind enough to offer to compete with me, how about a 100 miler over some pleasant hill country? Loser buys the beer and you can have a two hour start.

Yours faithfully,
- Mike Cudahy

- This correspondence is now at an end.
Ed.

FRA Radios

C.B. Radios now available

As reported in the last Fellrunner, the Association has bought 10 c.b. radios which are now available to race organisers. It is hoped that the use of the radios will significantly improve the organiser's ability to monitor competitors progress, particularly in long and medium events.

The sets are each powered by non rechargeable batteries which will not be supplied by the FRA. The scheme will be administered by committee member Pete Browning, and technical advice on the use and maintenance of the sets has kindly been offered by John Fish.

It is hoped that written notes for guidance will be produced and possibly a course may be set up to make some training available for race organisers

Organisers should initially contact Pete Browning on 0254 56681.

Snippets

An era ended recently when, after two generations at St. Helens Road, Norman Walsh Shoes moved to new premises nearby, "I have moved so that I can expand the business," said Norman from his new airy and spacious premises.

Norman's life has centred around the St Helens Road shop. Now aged 61, he was born above the shop and, when his father retired in 1961, he ran the shop developing his skills as a bespoke sports shoe maker. He left school at 14 and worked for 'Old Joe' Foster at the Olympic Works in Bolton before setting out on his own. "For years I did it all myself by hand at a time when a hand stitched shoe represented a top quality shoe."

Old Joe's grandsons went on to form Reebok, while Norman concentrated on the specialist sports market. In 1956 he made the first ripple soled running shoes and then in 1962 developed the reverse ripple; collaborating then with Pete Bland they produced the Descenders in the late 70s and the ever popular PB along with Raids and the exotical ly named Whemside Flyer and Pennine Adder.

Norman's business is not confined to fell shoes, although they represent 90% of his turnover. He supplies Wigan Rugby League club with boots as well as Glasgow Celtic Football Club and shod both former world mile record holder Derek Ibbotson and Australian cricket captain Allan Border. Many former British fell running champions are Walshie - wearers, including Billy Bland and Kenny Stuart, as well as road running guru the late Jack Haslam of Bolton Hamers.

Norman plans to go into semi retirement and let Bob Ford, who joined him over 10 years ago, take on the day to day running of the business in the new premises, part of a converted mill.

Neil Shuttleworth.

APPLICATION FOR MEMBERSHIP TO THE FELL RUNNERS ASSOCIATION

The Fell Runners Association was formed on the 4th April 1970, to look after the interests of fellrunning throughout the British Isles.

MEMBERSHIP BENEFITS

Three magazines per calendar year, containing race results, reports, photographs, articles etc.

A very competitive calendar listing over 200 events.

Membership runs from January 1st to December 31st.

Anyone joining after October 1st will get 15 months membership.

Club affiliation: one nominated member will receive the above information.

Return to Membership Secretary: P. Bland c/o PETE BLAND SPORTS, 34a Kirkland, Kendal, Cumbria LA9 5AD (Tel: 0539 31012)

Please mark envelopes 'F.R.A.' and enclose remittance as follows:

Name.....
Address.....
.....
Post Code.....	Tel.
Club.....
Donation £	Life Membership..... £100.00
Amount Enclosed £	Annual Membership.....£6.00
Signature.....	Junior Membership.....£3.00
Date.....	Affiliated Clubs.....£10.00

As reported in the last issue of *The Fellrunner* the FRA were to make a presentation to North West Water about the proposed charges for access to land. This document is reproduced here.

Free to roam... or expensive?

AIM OF PRESENTATION

NWW's 'Charging Policy for Recreation' envisaged charges being made through fell race organisers for the crossing of NWW land by competitors during events. Our objective in this document is to persuade members of C.A.R.A.C. (Conservation, Access and Recreation Advisory Committee) and the Company itself, that this policy should be changed.

BACKGROUND

The Association first heard of the proposed charges when several race organisers contacted us in March 1992 because they had received letters from NWW informing them of the charges. We then discovered that a lengthy consultation process had been undertaken, but that unfortunately the views of the Association (which represents all amateur fellrunners and is affiliated via the British Athletics Federation to the Sports Council) had not been sought.

We asked for an urgent meeting with the NWW Recreation and Conservation manager, Mr Bill Foster. This meeting took place at Warrington in early May of this year. It was agreed that in view of the lack of consultation no charges would be made in 1992 and that we should make our arguments against charging to the C.A.R.A.C. meeting in September.

It is our intention in this document simply to rehearse the points which we made in our meeting with Mr. Foster and his Area managers in May.

THE FRA CASE AGAINST CHARGING

a) Fellrunning is a traditional sport in the North of England which has taken place for well over a century on many of the upland tracts in the area. Races are organised on a 'break even' basis by enthusiasts who invariably plough back competitors' entry fees into prizes or facilities. No-one makes a profit!

b) Fellrunners have no objection whatsoever to paying for the sole use of land for purposes such as car parking, start and finish facilities etc. Our objection lies with the principle of being charged simply to cross land which is available at no cost to the recreational walker.

c) It was put to us that NWW incurred a charge whenever a race crossed its land. This may well be so but we would dispute how much work is usually necessary in responding to permission letters and consulting English Nature. The question of damage also arose and we pointed out that we have a very comprehensive insurance policy which covers all third party claims.

d) The issue of charging has been deliberately separated from the environmental questions by NWW. We applaud this and are always happy to take environmental matters into account when planning race routes etc. We have a proven track record in this area through our work with the National Trust.



Runners 167 Allan Life (Clayton), 113 Peter Browning (Clayton), 128 Steve Taylor (Preston) avoid water company toll bridge charges at Reeth Hills.

Photo: Steve Bateson

e) We see ourselves as substantially different from the other users listed at para. 10 of the Charging Policy document. They would require either sole use of the land (e.g. shooting, rallying or orienteering) or accompanying facilities on the land (e.g. regattas or canoe marathons). All that we require is to cross the land in the same way as the recreational walker.

f) Clearly the sport with the closest affinity to Fellrunning in this list is orienteering. The British Orienteering Federation has historically paid for its land use because the nature of the sport requires not only the remapping of the land but also the intensive and fairly exclusive use of fairly small areas by much larger numbers than compete in fell races.

g) The principle of free access has been very jealously guarded by fellrunners (as well, of course, as by other users of the countryside). We have not previously paid for access either to the old Water Boards or to other landlords. We are certainly part of a 'range of

countryside pursuits which have traditionally taken place on open land in (y)our ownership' to which your 'Freedom of Public Access' paper makes a continuing commitment. We believe that Fellrunning should remain within the spectrum of activities for which there is no charge and we believe that NWW's own policy documents support our belief.

h) Matters of principle apart, our research shows that the amount of money which would be forthcoming from fell races in any one year would be a maximum of around £2000. It is suggested that any system to administer this income would be highly unlikely to be cost effective. The argument was put to us by Mr. Foster that the rationale for charging is the provision of a return on shareholders' investment. In the context of NWW's pre-tax profits of £230,000,000 any income from fellrunning would be absolutely negligible.

- Selwyn Wright, Chairman, FRA.



...while others top up with the precious liquid before meters are installed on the streams. Duddon Valley 1992.

Photo: Steve Bateson

Jones strikes gold in Italy Brit teams put in best ever performance at Susa.

The British contingent at the World Cup was blessed with rain, rain and more rain for the Junior Men's race, Men's short races and Women's race. English selection policy had been to take the strongest short course team and this paid real dividends with two individual medals - a gold for Martin Jones and a bronze for Robin Bergstrand plus the team gold medal. The English junior men grabbed a silver team medal while Sarah Rowell gained an individual silver in leading the ladies to a team silver. Scotland were also in on the medal haul taking the bronze team medal in the Men's short and in the Junior men's races while Wales took individual bronzes in the Junior men's through Stephen Griffiths and the Junior ladies' through Mari Todd. Northern Ireland also had their best ever World Cup with some exciting new finds performing well, including the youngest male World Cup entrant Neil Jackson, at 15 almost two years junior to his nearest rival. (Austria produces them even younger, with 12 year old Cornelia Heinzle taking 9th in the junior ladies). Below are reports from each country - plus a report on the ICMR meeting which also took place.

England -Pete Bland

We arrived in Bardonecchia early Thursday evening, after a good days travelling. This was the venue for the races that were to take place on Saturday, Senior Ladies, Junior Men, senior Men's Short and also the town where we would be accommodated in a large hotel for the duration of the event. The following afternoon, Friday, we travelled by coach some 20 miles to Susa, the venue for the opening ceremony and the Junior Ladies Race.

The Junior Ladies Race was being held for the first time and we decided to take three athletes. The conditions in Susa were warm and humid with a tough course in prospect, mostly on narrow footpaths through woodland. All three girls coped well with the conditions, two of them competing in only their second fell race. Rachel Ellery took 14th, Helen Berry 19th and Caroline Pimblett 22nd, finishing 6th team.

The following morning back in Bardonecchia we awoke to dark clouds and rain. The first race did not start until 4.00 p.m. and, as the rain continued throughout the day, the British teams were rubbing their hands. We got off to a fantastic start with a relatively inexperienced junior team - with the exception of Will Styan, competing in his 4th World Cup. William had his best run to date, finishing 4th; Craig Watson came in 10th and Matthew Whitefield 11th had splendid runs to bring the team into silver medal position. Nathan Matthews turned in a solid performance to finish 25th.

In the ladies race Sarah Rowell excelled by taking the individual silver medal, her best ever position. Janet Kenyon had a brilliant run in her first World Cup to finish 4th, Clare Crofts gave yet another good performance to finish 15th and secure the runners up medal in the Ladies World Cup. Caroline Hughes improved by 3 places on her last years position, finishing 19th.

Expectations were high as the Men's Short race got under way. Martin Jones ran a brilliant race to lead almost from start to finish and bring us our first gold medal since Kenny Stuart in 1985. Robin

Hawkins in 32nd to give the team 8th place and secure second in the World Cup overall.

Sarah Rowell provided the icing on the cake by winning the Ladies' open race and travelling reserve Rob Jackson took second in the Mens'.

Scotland - Alistair Lorimer

We were all delighted with the performance of our team, this was definitely our best World Cup ever with medals for both the juniors and the men and the ladies and junior ladies both finishing fifth in their competitions. It will give a great boost to



Victorious short course team: Craig Roberts, Mark Croasdale, Robin Bergstrand, Martin Jones.
Photo: Selwyn Wright

Bergstrand ran brilliantly to take bronze. A super run by Mark Croasdale to take 9th gave us the team gold for the first time ever. Craig Roberts improved on last year by 34 places to finish 14th.

A truly wonderful day for the English team and their supporters. We were only 4 points behind the Italians in the overall World Cup score on Saturday evening.

Sunday morning we had to travel to Susa for the Men's Long race. We knew our backs were against the wall to win the World Cup in this final race. All we could hope for was a solid team performance to keep us in silver medal position overall. And we did just that, Ian Holmes being first British and English runner in 25th, closely followed by John Taylor 26th. Gavin Bland came in in 31st and Steve

Rumour has it... that at least two Rochdale travellers (Chip 'n' Dale?) took the celebrations - including several words with God on the big white telephone - so far on Saturday night that they missed out on competing in the Open Race at Susa.

the sport in Scotland as we have risen from almost not putting a team together two years ago to a medal winning position. The support we had from the new Fell and Hill Running Commission far outweighed the lack of enthusiasm which used to greet us from the now defunct Scottish AAA's. The individual quality of hillrunners in Scotland has always been there but we have not always been given the opportunity to show that it was.

The junior ladies race on Friday set the scene for the rest of the weekend with Mari Todd taking the individual bronze. Saturday saw conditions gradually worsen as rain fell throughout the day. These conditions obviously favoured the Brits but let this take nothing away from their individual performances. The Brits can adapt to any conditions and proved capable of adapting to wet and slippery underfoot - this may not have suited the continentals but they made no attempt to adapt to them and the sight of them slipping and sliding in flats was just a joke.

Our Junior men's team raised the spirits of our other runners with an excellent performance to take the bronze medal, John Brooks 8th, closely followed by Phil Mowbray 9th and Hamish Hutchison 17th. Three of the lads still have two to three years as juniors so there is still room for them to do even better. John Brooks eighth place was a great improvement on last year while Steve Cameron's 43rd at 16 years old is where Brooks was just a year ago.

The Men's short race also saw a medal winning combination with Colin Donnelly as the first counter in 4th position, followed by this season's find Neil Wilkinson 7th and Dermot McGonigle in 21st. John Wilkinson was not far behind in 27th. This was enough to secure the Men's short race bronze medal - a fitting end to Scotland's best start to a World Cup competition.

The Men's Long race is the real Blue Riband event of international mountain running and the one which draws the top continentals so we could not really expect to do as well as in the short race. However our team of Andy Kitchin 36th, Richard Jones 39th, Scottish international marathon and half marathon runner Fraser Clyne 43rd and Jack Maitland, 54th put in a solid performance to leave us ahead of some strong hill running nations like the French and the Germans. Definitely our best ever.

Northern Ireland - Brian Eryine

We are a fairly small nation compared with many others in the fell and hill running fraternity, our biggest race is unlikely to attract more than 80 runners so we were pleased to be able to be fully represented in Susa. We missed out on the Junior Ladies but were able to take the fifth man allowed under the Italian rules making a team of 19, 15 seniors and 4 junior runners. The funding is a bit of a sore point; we had hoped that under BAF the Fell and Hill Running Commission would provide some assistance but it seems that all that we can hope for is £20/30 per head from NIAF. It's a great credit to the 19 in the team that they are willing to be so much self funding. BAF has proved to be, to put it mildly, a bit of a letdown.

Our 12th position was the same as last year which, with more and better teams entered, I think shows a relative improvement.

Our best junior shows real potential; to be running this well (29th) at this age shows real promise. Conditions definitely suited us on the Saturday with our top lady, Stephanie Pruzina, being a real discovery for this year. Her first love is climbing and this is her first World Cup but she still led our ladies team home. Ladies races in Northern Ireland seldom attract more than a dozen entrants so to be able to field 5 ladies was a triumph in itself.

Ian Lyle also proved to be a bit of a revelation, he is more of a cross country runner with this being his first season on the fells, but still achieved 32nd position. Richard Rodgers, our top counter in the Snowdon and Knockdhu international races was 36th with Noel McMonagle 45th, our best ever team result in the Men's short with all the men in the top 50.



Tricia Calder, Scotland's first counter in 6th place.
Photo: Francis Uhlman

Unfortunately, by the following day and the Men's long race the sun had come out but we still put in a good all round performance. Robin Bryson was cheered home in 6th position with enthusiasm; although he runs for the south he actually lives in Belfast and is quite a feature of the Northern Ireland scene. First counter for Northern Ireland was Brian Ervine in 50th place finishing just behind the Scots and just ahead of the Welsh with Neil Carty - who in his first full season on the fells lies second in the Championship and was third in the All Ireland - in 63rd place in his first World Cup and Jim Patterson, oldest in the race as a vet 45 in 74th.



Northern Ireland's Neil Carty; pictured at the Annalong Horseshoe.
Photo: H. Ervine

The support from the British contingent was much appreciated, especially at the end of the long race and we were happy with an excellent performance.

Wales - Jonathon Gibbon

Two medals for the Welsh team when no previous Welsh competitor had finished higher than 6th (Angela Carson, Keswick 1988) emphasizes the achievement in Italy. Mari Todd's bronze medal in the Junior ladies' race was not unexpected although many felt that the 4k course would be too short for her, and the Italian and Slovak girls who finished in front of her looked to be track athletes whilst Mari is far more at home on something like the Borrowdale!

In the Junior men's race Stephen Griffiths improved from 25th in 1991 to 3rd this year and his medal was a reward for all the hard work he has put into improving his speed. All the Welsh competitors finished in the first half of the field and bolstered by Stephen's performance the team were to improve from 8th in 1991 to 5th.



Junior mens bronze medallist
Stephen Griffiths, Wales.
Photo: Francis Uhlman

The Senior ladies team improved from 12th in 1991 to 7th led home by a strong run from Angela Brand-Barker in 15th place and Mari Todd competing as a senior in 26th place.

Not so good in the Senior mens races, Hefin Griffiths finished a commendable 25th considering his injury problems earlier in the season. However Paul Wheeler, 13th at Zermatt, sank in the mud to 58th at Susa. In the uphill Steve Hughes (51st) and Fon Williams (62nd), gave their all in a race that was typically dominated by athletes more used to the fast running of typical Alpine uphill courses.

The men were 10th in the World Cup ranking, the same position as 1991, however the success of the juniors bodes well for future years and an improvement in the Welsh position looks a real possibility.

Congratulations!
to Martin Jones and Sarah
Rowell

World short course fell champion and
ladles' silver medallist

And to all the British teams for a
magnificent performance in Italy

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World Cup at the Crossroads

Reporting on the 1991 World Cup Danny Hughes reported "As with any International sporting event, politics lurked just below the surface." This year the politics rose to the surface with a force of a volcano and very nearly destroyed the World Cup in the process.

The cause of the problem had been the alienating effect on all countries taking part of the unilateral changes that the Italian Organisers had made to the event without any consultation with the I.C.M.R. These included holding a Juniors' Ladies Race, thereby increasing the size of teams from 16 to 22, calling the event the "First Individual World Championship", holding the event earlier in the year than usual on a date that was inconvenient to the British and Swiss teams.

Thus when the I.C.M.R. Meeting scheduled for Friday, August 29th began there was already considerable hostility in the air. This was not helped by the Chairman of the I.C.M.R. Angelo Debiasi adopting a differential rather than a democratic argument to the conduct of business. The crisis occurred when the French Delegate announced that the organisers of the 1993 event at St. Gervais were only prepared to hold three races and that one of the senior men's races would have to go. They also said that they would only be prepared to hold the event on one day rather than two. Such a statement of intent clearly went against the published rules but surely the Italians had done that any way: more importantly if there was to be only one senior men's race would it be up and down or uphill only? The French I suspect quite intentionally re-opened the issue of the format for the event.

It was decided that the I.C.M.R. Technical Committee should meet the afternoon and resolve the Uphill-Downhill conflict given that there would only be one senior men's event at St. Gervais. With Danny Hughes in the chair the business was conducted more smoothly than in the morning and the decision was that there should be only three races and the courses would start and finish in the same place. In effect the Technical Committee made up of Italy, Ireland, Wales, France (who were very non-committal throughout the meeting), Netherlands and Austria, had eliminated the Uphill Race. However there was a general feeling that the French had no right to make their ultimatum and really it might be a better thing to cancel the World Cup for

1993 rather than accede to the French demands.

On the Friday evening after the Opening Ceremony there was much muttering of non-participation at next year's events by the Germans and Austrians, and the Swiss were also clearly angry at the proposed demise of the Uphill Race. However, it was quite clear that the general consensus by now was that unless the event was organised within the published rules it should be cancelled. When the I.C.M.R. meeting reconvened on the Saturday the prevailing mood was conveyed to the French delegate who after some rather dubious negotiations with the organisers of the St. Gervais event was able to confirm that in 1993 the event would revert back to the same format as 1991 in Zermatt and there would indeed be four races.

It was worth reporting that one of the reasons for the August date in 1992 was so Primo Nebiolo, the Italian President of the I.A.A.F. could attend. Nebiolo was conspicuous by his absence despite the fact he lives in Turin—half an hour's drive from Susa.

Jonathan Gibbon



Conditions were excellent for Brits hut made photography difficult. A dripping Craig Watson, second counter for England's junior men, flies downhill.

Photo: Francis Uhlman

Rumour has it...

that the addition of a Junior Ladies team at the World Cup was welcomed by the Junior Men, especially on the Saturday after their respective exertions had ended.

Full 'home' results.

Senior Ladies			
1. Gudrun Pflueger	Aut	39.16	
2. Sarah Rowell	Eng	40.37	
3. Sabine Stelzmueller	Aut	40.44	
5. Janet Kenyon	Eng	41.48	
6. Patricia Calder	Sco	42.15	
15. Angela Brand-Barker	Wal	44.00	
16. Clare Crofts	Eng	44.07	
21. Caroline Hughes	Eng	44.30	
25. Christine Menhennet	Sco	45.13	
26. Mari Todd	Wal	45.15	
29. Joyce Salvona	Sco	45.21	
35. Lesley Hope	Sco	45.59	
36. Dawn Kenwright	Wal	46.02	
37. Veronica Spencer	Irl	46.04	
38. Joyce Mitchell	Irl	46.15	
45. Alice Bedwell	Wal	47.38	
48. Majella Diskin	Irl	47.55	
50. Sharon Leon	Irl	48.09	
52. Jane Robertson	Sco	48.30	
57. Stephanie Pruzina	NIr	49.19	
59. Susy Carson	NIr	49.56	
62. Sally Patrick	NIr	51.29	
64. Mary Haveron	NIr	52.23	
Junior Men			
1. Maurizio Gemetto	Ita	35.30	
2. Massimo Galliano	Ita	35.38	
3. Stephen Griffiths	Wal	36.54	
4. William Styant	Eng	37.06	
8. John Brooks	Sco	37.23	
9. Phil Mowbray	Sco	37.41	
10. Craig Watson	Eng	38.07	
11. Matthew Whitfield	Eng	38.12	
17. Hamish Hutchison	Sco	39.33	
22. Justin Everley	Wal	39.54	
24. Ian Pierce	Wal	40.03	
25. Nathan Matthews	Eng	40.13	
26. Richard Thomas	Wal	40.17	
29. Neil Jackson	NIr	40.33	
36. Robert Johnstone	NIr	41.47	
38. Ted Russell	Irl	42.02	
43. Steve Cameron	Sco	42.25	
45. Brendan McAuley	Irl	42.47	
49. Gavan Doherty	Irl	44.11	
56. Christopher Adgey	NIr	47.45	
57. Ian Ban-	NIr	49.35	
Junior Ladies			
1. Rosita Rota	Ita	20.49	
2. Anna Balochova	Tch	21.21	
3. Mari Todd	Wal	22.25	
14. Rachel Ellery	Eng	24.20	
19. Helen Bery	Eng	25.50	
22. Caroline Pimblett	Eng	27.11	
Mens' Short			
1. Martin Jones	Eng	49.05	
2. Renatus Birrer	Sui	49.48	
3. Robin Bergstrand	Eng	50.01	
4. Colin Donnelly	Sco	50.16	
6. John Lenihan	Irl	50.33	
7. Neil Wilkinson	Sco	50.56	
9. Mark Croasdale	Eng	51.17	
12. Eamon MacMahon	Irl	51.47	
14. Craig Roberts	Eng	52.13	
21. Dermot McGonigle	Sco	53.17	
24. Gerry Brady	Irl	53.48	
25. Hefin Griffiths	Wal	54.00	
27. John Wilkinson	Sco	54.13	
32. Ian Lyle	NIr	54.35	
36. Richard Rodgers	NIr	55.04	
41. Graham Patten	Wal	56.01	
43. Tommy Payne	Irl	56.22	
45. Noel MacMonagle	NIr	56.38	
49. Paul Rodgers	NIr	56.56	
58. Paul Wheeler	Wal	59.58	
59. Steve Rhind	Wal	60.14	
Mens' Long			
1. Helmut Schmuck	Aut	71.00	
2. Jean Paul Payet	Fra	71.26	
3. Constantino Bertolla	Ita	71.47	
6. Robin Bryson	Irl	72.40	
26. Ian Holmes	Eng	77.13	
27. John Taylor	Eng	77.19	
32. Gavin Bland	Eng	78.30	
33. Steve Hawkins	Eng	78.36	
36. Andy Kitchin	Sco	79.15	
39. Dickie Jones	Sco	79.27	
43. Fraser Clyne	Sco	80.11	
50. Brian Ervine	NIr	81.02	
51. Steve Hughes	Wal	81.07	
52. Tommy Jordan	Irl	81.20	
54. Jack Maitland	Sco	81.40	
62. Fon Williams	Wal	83.25	
63. Neil Carty	NIr	83.59	
67. Brendan Doyle	Irl	84.46	
70. Emlyn Roberts	Wal	85.32	
71. John O'Connell	Irl	85.38	
74. Jim Patterson	NIr	86.33	
78. William McKay	NIr	87.31	
81. Pat Corcoran	Irl	87.53	
82. Gwynfor Owen	Wal	88.09	
84. Edmund Hawkins	NIr	88.31	

Cup or Championship?

Is there a split?

In the past few years the importance attached to the World Cup Mountain Races and the emphasis placed on the British Championship (and the English Championship to an even greater degree) appear to have been taking diverging paths. This has been highlighted by the recent conflict of interest created for runners who wish to support both competitions.

At present there is minimal communication, if any, between the committee that chooses the Championship dates and the individuals who choose the dates for the World Cup selection races. For example, in 1992, Tumslack was chosen as a British and English Championship Race of medium category on Saturday 18th July and the Arant Haw race was designated as a selection race for English women to be held on Sunday 19th July. When attention was drawn to this fact at an early season committee meeting the enquirer was told that 'it is unlikely that the women who are running for the British Championship will be seeking selection for the team in Italy'. Having been informed that at least one current female international has always supported the Championship races the timetable was revised so that the Arant Haw and not the Tumslack became a medium category British and English Championship race as well as the first selection race for the World Cup team. Unfortunately, based on the rules in the calendar, Arant Haw is unlikely to satisfy

the time criterion (based on male runners) laid down by the FRA for a medium race.

In addition, it is not clear from the selection policy adopted for choosing the England team that results in early and mid season Championship races are unlikely to carry much weight. Apparently only races close to the trial, to indicate current form, will be considered if a contender does not secure one of the two automatic places in the trial. The policy of having two selection races for the women and two for the men also adds to the confusion.

For the women the aggregate score from two races is calculated based on positions obtained in the two races. The two women with the highest aggregate score are automatically selected while two others are chosen at the selectors' discretion. In each race seven points are scored for a first place, five points for a second place and so on down to sixth place. No specific policy exists for separating two or more women who have scored equal aggregate points for the second automatic place. In these circumstances the choice of a particular athlete must be a subjective decision (not automatic) taken by the selectors. This situation actually occurred this year when the aggregate score of the first female athlete was 10 points and three women found themselves with 7 points. Such lack of precision in selection policy may only be important if the selectors decide to choose an athlete who has not

competed in either of the trial races but has shown current form in races abroad.

Selection of a non-participant in either trial did occur after the trials for the men. An aggregate score is not used from these trial races but automatic selection is obtained if the athlete finishes in the first two of either race. However, finishing in the first two of the long trial, for example, does not mean that the athlete will be automatically selected for that race. This year the runner who finished second in the long trial and third in the short trial was picked for the short race in Italy. Because the first and third in the long trial also finished in the first two places in the short trial the selectors, in their wisdom, selected the first four in the short trial for the short race, but the fourth, fifth and sixth runner in the long trial plus a non-participant in either trial for the uphill race. No account was taken of the British Championship standings in coming to these decisions.

If the FRA wish to maintain some semblance of credibility and also encourage their top runners to support the Championship races they must start to consider performance in these competitions in their selection policies. Alternatively, they could be entirely honest and admit openly that there are two entirely different factions in the FRA. The first supports international mountain racing only, while the second embraces British fell running, but the two are not interlinked at all.

- Tony Trowbridge



Even if you're not leading enjoy yourself... 646
Vanessa Hamlet (Rossendale) on her way to 135th
overall at Stoodley Pike with plenty behind her.
Photo: Steve Bateson

Another kind of elitism _____ ?

There are two groups of elite fellrunners - those who are out at the front and get their profiles written in *The Fellrunner* and those who are out on their own in a different sense - at the back.

I am told that life at the top isn't easy - life at the bottom has it's moments too. No moments of glory - not even for me the dubious privilege of actually coming last - only second to last. I am the person who, while never having had to queue for a stile, has had to re-open gates that have been closed when the 'field' has gone through. Perhaps I should mention that not only am I a slow runner, I am a slow female runner; whereas my husband always thinks he's done well if he beats the first woman home, I just try to beat someone, anyone! Front runners have their aims, I have mine too. They might come first, I try not to lose sight of the person in front. They aim to break records, my goal is to avoid being timed out.

The navigational skills of most 'middle of the field' runners are often not seriously tested, but I can never rely on being able

to follow someone else. In fact I have even been definitely worried in a road race, where all the cones, tapes, arrows were removed before I got there and I only completed the course because my husband ran back when he'd finished to make sure I went the right way. At least in fell races I can be sure the marshalls won't go home before I do. Many runners enter races for the thrill of competing, the joy of testing themselves not only against the course and conditions but also against others. I often wonder why I do. Perhaps it is because I am actually going faster than those out walking the fells and anyway they'll know I must be part of the race because I have a number on.

The beauty of fellrunning is that those of us who are struggling to get fit again after giving birth, and are heartily sick of the mention of Liz McColgan (she has a lot to answer for), may never seriously compete with Cheryl Cook but at least we can participate in the same races.

Second to last, maybe - second class, never.

- Chris. Robinson

Junior champions

Congratulations to the junior champions for this season. Will Styan once again took the u/18 title, confirming his World Cup form, with Rossendale's Brendan Taylor in the runner up position. The Intermediate title (u/20) was won by Patrick Boyd of Blackburn with N Wilkinson of Clayton and Paul Singleton of Ambleside in second and third.

There has been some discussion about the format of the championships this year but at least one of its designs has been fulfilled and that is to attract more juniors to take part. All the junior counters have seen large fields, with record attendances at both Bumsall and Coniston and there are qualifiers in all age groups. Winner at u/16 is D Hope of Horwich, second S Robinson of Blackburn and third D Walker of Clayton. The u/14 boys class was won by A Turner, Buxton with Adam Burnett of Leeds and John Hart of Rochdale only 2 points apart in 2nd and 3rd. Only 2 points separated Ambleside's Steven Savage in second place from winner C Livesey of Preston in the u/12, Horwich's J Robertson 3rd.

The four girls classes were dominated by Horwich with 6 of the places out of the 12 on offer. At u/16 all three girls are from Horwich, R Murray 1st, S Ramsdale 2nd and D Stone 3rd while the u/12 girls had the first two, Lindsay Brindle and A Murray in the first two places, Rochdale's E Urmston third. Helen Berry took the senior honours at u/18 with J Edwards of Rossendale as runner up and in the u/14 Victoria Wilkinson of Bingley beat Helen Matthews, again of Horwich, into 2nd place.

Andy Trigg has been co ordinating the Championship and, having got it off the ground, is next year taking a rest. If he has succeeded in reviving the junior championships, then we owe him our thanks.

Certificates for anyone who took part in the Championships are available from Andy at 16 Queen Street, Hatfield via Hyde, Cheshire SK14 8DJ. Junior trophies will be presented at the annual dinner, before the meal so that parents can attend without feeling that they have to stay for the rest of the proceedings.



Brendan Taylor,

U18 runner up pictured at Musherry Heights
Photo: Steve Bateson

Championship round-up.... Championship



Dale Wilkinson, Ray Rawlingson and Simon Thompson at Turnslack

Photo: Steve Bateson

Championship update Decider at Peris

The Peris Horseshoe turned out to be the decider for several championship titles, most notably the British Mens title which, despite his early season showing, did not go to Ambleside's Keith Anderson. The championship rules state that the contenders 3 best races at short, medium and long are to count plus one other. By not running either the Borrowdale or the Peris, Keith has not qualified for this years championship.

This left the way open for several top runners to have a bash at the title. Staffordshire's Dennis Neill led the table at the start of the race but the honours were to fall to Steve Hawkins of Bingley, who's 6th place gave him 25 points and a total of 106 points, 12 points clear of Gavin Bland of Borrowdale, who shares 2nd place with Dennis Neill.

Clare Crofts, in winning the Peris race, confirmed her number one position in the British Championship, with Angela Brand-Barker, second at Peris, in the runner up spot. No change at the top of the 0/40 veterans with Bob Whitfield taking the honours on maximum points, Tony Hesketh in second place while another maximum pointer, Don Ashton, took the British v50 crown to go with his English title. Lady veteran winner is Jackie Smith of Dark Peak, who was first lady vet at Peris. Ambleside took the team honours at Peris and, in so doing, also gained a maximum total of points, with Bingley taking second place. Keswick take the ladies team prize.

The English Championship positions were decided before Peris with the Wrekin race being the last counter. Cumberland Fellrunners Brian Thompson didn't need to score at The Wrekin, however, his 114 points being enough to ensure him the championship. Indeed the race did not affect any of the top three positions, with Gavin Bland beating his uncle Billy and Gary Devine into 4th place. The team championship went clearly to Clayton, with a total of 44 points. Jackie Smith took the Ladies championship and the Lady Veterans while Keswick take the Ladies Team prize.

Borrowdale

A message from the President of Borrowdale Fellrunners: "I've now listened to many stories of routes taken during the '92 Borrowdale; some from runners who have been round the course several times, sometimes also in mist".

It says much for the fitness and determination of the many, who ??- these are just some of the stories: "We knew it was a monumental cock-up off Gable when we sighted Wastwater Hotel." - "Well, we followed the fenceposts of Brandreth, and it was only when we saw a bloody great forest we knew we'd got it wrong somewhere." And someone described to me what could only have been a Black Sail Hut. Too many to mention dropped into Gillercombe, one a member of the local club! Still, it isn't long ago a past Fellrunner of the Year did that.....?

Seriously Ladies and Gentlemen. Some of the errors were enforced, too much haste in spite of being able to navigate at a reasonable standard; and following others, thinking them on the right route. A few short moments to check a pre-planned bearing and you can save a long climb back or a frustrating retirement. There was, at times, considerable anxiety at base, both among organising team of Borrowdale and Keswick members, and among the Rescue team and checkpoint marshalls. On your behalf I record our appreciation for their sustained efforts.

Details for FRA Safety and Navigation Courses can be obtained from Peter Knott, 17 Westbourne Avenue, Wrea Green, Preston, Tel: 0772 683072.

Once again the race was a championship counter and attracted the usual large quality field. Congratulations must go to the local club, Borrowdale Fell Runners for their first three positions. Thank you's are many:- Miles Jessop for superb facilities, evening dance and first prize. Rathbones of Keswick without whom we could not give the number and quality of prizes we traditionally do; Mountain Rescue team for race coverage, first aid and invaluable assistance in tracking down missing runners; the gallant sandwich makers and tea ladies, the checkpoint people and many more too numerous to mention, but without whom the race would not function. But most of all thank you to the runners once again for supporting Borrowdale and we look forward to seeing you in 1993 for the 20th running of the race.

Ken Ledward (president), Pete and Ann Bland

Turnslack

Well, come on then, who took short cuts? 14 runners inside Steve's time of last year. I suppose we can put it down to ideal conditions, very dry underfoot, coolish and above all, shorter finish. Steve knocked 3 min 12 sec off. Well done to all those who turned up, God knows what happened to all those who pre entered and didn't run. I only got half the field I catered for, 212 starters. Congrats to Ambleside winning the team prize 55 pts, 2nd Bingley 62 pts and 3rd Clayton 71 pts. Rochdale won the 0/40 team prize again, come on lads give us some competition.

Kev Shand

Peris Horseshoe

Out of the 270 pre entries, 190 set off in conditions that were reasonably good for running. This is probably one of the largest fields for a fell race in North Wales, attracting many top runners due to its status as a British championship counter. It was warm with visibility pretty good apart from on one or two of the tops. Colin Donnelly stopped at Pen Y Pass in 5th position and took some time to take on plenty of water, guessing that he would need it later. He was right and passed the leaders before Lliwedd, eventually winning by a comfortable minute and a half.

Clare Crofts was a good nine minutes ahead of second placed Angela Brand-Barker with a further 8 minutes back to MDC's Alice Bedwell.



Mercia Fellrunners

- who?

The story so far....

Richard Day describes the history of one of our newest fellrunning clubs.

Mercia? Who? And where are you based? These were the questions that were asked by fellow fell runners in the 80s; hopefully, by now you have all heard of us. Where are we based? Once, we had a member in Elgin in Scotland and another in New Zealand, but generally our members live between Manchester and Bristol - with a few exceptions.

Mercia Fellrunners was formed in 1986 at the instigation of David Smith and Richard Day. We and other friends who had moved on to fell running were increasingly unhappy in having to run under the colours of a variety of athletic clubs at fell races, rather than being able to compete as members of the same club when running together. One October Saturday, the two founder members, whilst on Cannock Chase training for the Karrimor, found that their intended 12 mile run became an 18 mile run as the idea was discussed, developed and a strategy worked out. It was decided to launch the club after the 1986 Chase Trig point event, when several other friends could be contacted and a basis of a Club evolved.

Why Mercia? Well, our historian member reminded us that the kingdom called Mercia stretched from the Wash and Humber-side to the North Wales coastline, down Offa's Dyke - built by the heroic King Offa I, to Bristol and bounded by Wessex in the south, roughly the Midlands, and except for Telford AC, no fell running clubs existed and we hoped to plug that gap. The club was duly formed with 2 aims: to promote fell running for Midland athletes and to allow fellow Midland athletes to compete in the same team in fell races.

An AGM was called after the Chase Trig and 33 people agreed to launch the club. Dave Smith was elected Chairman, with Richard Day, Secretary and Peter Parker, Treasurer. Eddie Harwood became the editor of the newsletter and Sue Bicknall a committee member. By September the club had 53 members. This was far greater than expected. All sorts of people were joining the club, all with the common goal 'a love of the mountains and to run free', we were attracting orienteers and good athletes who had run one or two fell races and were enthusiastic to try more.

The club had become established and chose it's distinctive logo and colours. Eddie Harwood, in his first newsletter,

declared three New Year's Resolutions; write an article for the newsletter, recruit a friend to Mercia and, by running for the club, get the name Mercia known within the fell running establishment.

In the summer of 1986, Richard Day completed the Bob Graham Round, then, a new recruit to the club and an unknown person named Mike Hartley, completed the 95 mile West Highland Way in 18 hrs 47 mins and took the record. The following year, he completed the 212 mile Southern Uplands Way in 55 hrs 55 mins, taking 5.5 hours off the record. In the club magazine he wrote "the first 72 miles were mostly track, road and forest path, so I only took 12 hours." Suddenly, the membership recognised that this was not just an amateur club.



Mercia's Tony Thompson finishing the Langdale Horseshoe.

Photo: Richard Day

By keeping costs to a minimum, it was decided to keep subscriptions as low as possible. The £1 membership fee was held for two years. As the only major cost was the production of a newsletter, which was mainly hand delivered at major Midland races, we were still able to make a profit.

In 1987, another new race came on to the calendar. Mercia already had two races in the calendar with the Chase Trig Point Race in January and Eddie Harwood's already established Titterstone Clee Race in February. Eddie, however, wanted to complement this short race with a longer race the next day. Hence he planned the Long Mynd Valleys Race, a very tough AM over 10 miles of moorland with 4,000 ft of climb. The race was a great success with most of the climb occurring in the last 4 miles of the course. Anyone who has gone off too fast, soon comes to a sticky end with 4 big climbs and approximately 2,500 feet of climb in those last 4 miles. It was decided to present T shirts to the top 20 who had competed in both the Titterstone Clee and Long Mynd Valleys races, with a calculation based

on time, with three times the Titterstone Clee Race added to the time taken on the Long Mynd Valleys. In the inaugural race, Steven Palmer, an international orienteer, won in 1.42.50 from Paul Ratcliffe, then running for Rossendale, and Huw Parry from Eryri. The combined race was won by Paul Ratcliffe from Huw Parry and Richard Day.

By 1987 both John Wootton and Paul Cleary had spread the name of Mercia far and wide, with them both competing in well over 35 races in consecutive years. By May, 1988, the club had a membership of over 72 and, although it peaked in 1991 at 101 members, has remained around this size. We have a thriving trade in club kit - including the famous bobble hats - and manage - through members volunteering time - to produce 6 newsletters a year and still maintain a healthy bank balance. The club has also bought some equipment, including a stopwatch with printer which has proved useful at events.

In 1989 Charlie Levington added a new race to the club's promotions, a time trial from Little Stretton to Stiperstones - an informal run with people starting at 1 minute intervals and having a free choice of route. Also in 1989 Mike Hartley added to his previous achievements by setting a new record for the Pennine Way and consequently winning the Bob Graham Club Achievement of the Year Award.

We have not yet produced an international fellrunner, but have come mighty close and feel that it is only a matter of time before a member of Mercia is sporting an English, Scottish or Welsh vest. Paul Cadman - an international marathon runner - who has competed on the fells since the age of 16, now has several records to his name although his most notable run to date was a 4th place in this year's Fairfield Horseshoe. David Troman has pushed Paul to the limit and although he does not compete as much on the fells as he would like has won Shining Tor this year and Stretton Skyline in blazing sunshine in 1991. Sean Mansbridge almost achieved a Welsh vest this year, missing out due to several elite runners being picked on past merit rather than selection races, he will be back next year and with his incredible descending techniques, it will not be long until he achieves international status.

Colin Brown, a super vet, now holds several records for his age class and regularly picks up an o/50 prize at races. Andrea George has promoted the female side of the club; she is a recent addition to the club and keen to promote the Mercia name at races.

There are many more names that could be mentioned who have helped promote the club, taking it to greater heights than was ever thought of on that October Saturday morning when the club was formed. We achieved our aims fairly quickly but continue to promote our great sport of fell running.

Clayton smash Pennine Way record

In 1985 Clayton-le-Moors Harriers ran the Pennine Way as an 8 stage relay in a total time of 41 hrs 29mins, the maximum number of runners in a team being 12 and the 8 stages varying in length between 29 and 38 miles. Pacing or other assistance is not allowed other than by team members who have already completed a full stage and support/assistance is only permitted at road crossings. The route is that as detailed in Wainwright's Guide. From the safety aspect, runners must carry a whistle and any other safety equipment that the prevailing weather conditions dictate and must run in pairs on any legs during the hours of darkness.

An unsuccessful Calder Valley attempt on a very wet weekend in 1988 left some members of the team feeling that, with the right team and conditions, a large lump could be chopped off Clayton's time.

A Calder Valley team was chosen and with a total time schedule of 40.5 hours Friday June 19th was chosen for the event. After a dry May and early June, underfoot conditions should be good though a strong head wind could cause problems.

At 5.15 a.m. Jeff Winder left Edale with a 5hr 10min schedule for the 34 mile first section. He arrived at the Snake pass road ahead of his backup, waited a few minutes, then carried on leaving his club vest tied to a post to show that he had gone through. After 4hrs 53mins Jeff arrived at the White Horse pub on the A58 to set Steve Houghton off on the second leg. This leg is probably the least inspiring to members of our club, the majority of it being 'in our own back yard' over Stoodley Pike, Widdop and Top Withins. Steve stuck to his task well and after a cup of tea and a jam butty at Pondon he powered on over Ickumshaw Moor and Pinhaw Beacon to arrive at Gargrave in a time of 4.43.30, 16mins 30 inside his schedule.

Gary Webb was next off, the strong headwind hitting him like a wall on the drag over from Malham to Malham Tam. After a rapid passage over Fountains Fell and Pen-y-Ghent he was not relishing the long drag over Dodd Fell on the way from Houghton-in-Ribblesdale to Hawes. However, 4hrs 53mins after setting off he arrived at Hardraw - 17 minutes inside his schedule. By this stage, not only had all three schedules been broken, but three new leg records had been set. Things were looking good.

The stage out of Hardraw would go into darkness so Duncan Thompson and Andrew Wimpenny set off on the 5 mile climb of Great Shunner Fell to try to get as much done as possible before darkness fell. Sleightholme Moor, North of the Tan Hill pub, had been a quagmire 6 weeks earlier when recce'ing but was now bone dry - a real bonus. A slight mistake going into darkness from Pasture End towards Deepdale Beck cost 5 or 6 minutes but another record fell as the pair came into Middleton in Teesdale after 5hrs 16mins.

The 38 mile section from Middleton to Garrigill is probably the hardest on the route. Not only is it run at night, but there is only one support point, at Dufton, which is approximately half way through. At one in the morning Steve Skelton and Paul Cleary left Middleton to arrive 6hrs 19mins later at Garrigill. They were 21 minutes inside their schedule



184 Rod Sutcliffe, 181 Andrew Wimpenny and 74 Steve Houghton amongst the starters at the Duddon Fell Race, just 3 weeks before the Pennine attempt.
Photo: Steve Bateson

and a massive 1 hour 13 minutes inside the old record.

As Greg Houghton left Garrigill the wind had dropped, the sun was already hot and the mosquitos were biting. Ideal weather for those who had run to travel north to watch but not too good for running. To the applause of a coach full of pensioners from Brighton, who were quite enthralled by what we were attempting, Greg came hammering down the last 2 fields to hand over to Jeff Coulson at Peel Road car park on Hadrians Wall.

Jeff had two weeks previously won the 33 mile Ulfkil Stride by over 30 minutes from his nearest rival. Today's 33 mile run was not expected to cause him any problems. He had not been far outside the record when recce'ing it. 3 hours 52 minutes later he arrived at Bymess to hand over to Rod Sutcliffe for the final leg.

Those of you who are acquainted with Rod will know that he thrives on pressure, regularly

arriving late to races in order to give others a chance. Well, now the pressure was really on. Seven legs done - seven legs broken. The overall record was really just a formality now, but he *had* to break the record (his own from a previous attempt) so that we had a full set.

At approximately the half way stage, Windy Gyle, Webb and Thompson were waiting with a bottle of water and some food. Just under 2 hours after setting off Rod was leaving them to continue alone over the Cheviot and down to Burnhead farm and the 2 mile road run to Kirk Yetholm. With 1 mile to go he was joined by Webb, Wimpenny and Thompson with Steve and Greg Houghton in the lead car for the triumphant arrival at the Border Hotel, Kirk Yetholm. He had broken the record by 16 minutes and the full set was complete.

We feel that as footpath improvements are carried out all along the Pennine Way route that this record is attackable providing you are lucky with the weather. So come on, why not give it a go next year?

Stage	Distance	Old Record Schedule		New record
1. Edale A58	34 miles	5.02	5.10	4.53 h J. Winder
2. A58 Gargrave	36 miles	4.47	5.00	4.43 1/2 S. Houghton
3. Gargrave Hardraw-	38 miles	5.04	5.10	4.53 G. Webb
4. Hardraw-Middleton	33 miles	5.23	5.45	5.16 D. Thompson A. Wimpenny
5. Middleton-Carrigill	38 miles	7.32	6.40	6.19 S. Skelton P. Cleary
6. Carrigill-	28 miles	4.17	4.15	4.07v ₂ G. Houghton
7. Peel Road-	33 miles	4.13	4.15	3.52 J. Coulson
8. Peel Road-Kirk Yetholm	29 miles	4.21 4.20 4.05		R. Sutcliffe
TOTAL TIME NEW RECORD = 38 HOURS 09b MINS.				

Sealink-Stena Line Knockdhu international

Bryson pips Anderson in classic encounter

The first team international fell race in Northern Ireland took place at Knockdhu, near Camcastle on Saturday 13th June. It is the second year that the race has been run but the first time that it has featured an international team event, with teams invited from England, Scotland, Wales and the Republic of Ireland. Generous sponsorship from Sealink Stena Line enabled the promoting club, Lame AC, to bring the top fell runners in the British Isles to the slopes of Knockdhu. Teams of four represented each country and with 20 internationals competing it is the best field ever assembled for a fell race in Northern Ireland. The race was also the 4th round of the Anderson Fell Running Championship series and attracted a large entry.

Knockdhu's steep grassy slopes rise to only 1,300 feet above sea level but provided testing terrain for the runners whilst affording excellent vantage points for spectators. The course is classified as a short A, 4.7 miles and 1,470 ft with the course profile showing a couple of sharp climbs. The descents are even steeper - at one point the course plummets 400 feet in a distance of less than 300 yards - and this would provide a real test for the great descenders of the fell running scene, the most notable visiting descender



Ireland's Robin Bryson, just 12 seconds ahead of Anderson.

Photo: Norman Ervine

being current British Champion Keith Anderson.

The clash in prospect was between Anderson and Belfast based Robin Bryson, winner of the Irish title in Wicklow, representing Southern Ireland. The second and third places in that championship were also to compete, but for Northern Ireland, in the persons of Neill Carty and Brian Ervine, current holder of the NIAAF title.

Thus the scene was set, British Champion and great descender Anderson, backed by former champions Shaun Livesey and Andy Peace plus present leading contender Brian Thompson vs All Ireland Champion and great ascender Bryson, backed by Eamonn McMahon, John O'Connell and Pat Corcoran. Though the individual race was set to be between these two, the team race was an open affair, with top runners Hefin Griffiths and Graham Patten leading Wales, Neil Wilkinson, John Wilkinson and veteran distance runner Mark Rigby leading Scotland and Ulster Champion Brian Ervine leading a Northern Irish challenge.

The race lived up to expectations with the first 10 going inside the course record. Anderson set the initial pace and the lead alternated between the British and Irish champions for almost the whole of the course. Bryson finally broke away on the last steep climb to smash the record by almost three minutes, finishing 12 seconds ahead of Anderson. Top Scot Neil Wilkinson won an exciting battle for third place with Brian Thompson and Shaun Livesey coming in 4th and 5th. This was more than enough to give England the team honours ahead of Scotland and the Republic of Ireland.

In the women's race Clare Crofts took the honours ahead of B. McAllister of Duncaim Olympic and Northern Ireland Champion Roma McConville.

The calibre of the field and the race itself will surely mean that this will become a regular international fixture, taking its place alongside the annual Snowdon Race in Wales.

- Ray Swatcher

Results

1. Robin Bryson	(RI)	35.30
2. Keith Anderson	(E)	35.42
3. Neil Wilkinson	(S)	36.44
4. Brian Thompson	(E)	36.47
5. Shaun Livesey	(E)	36.53
6. Andy Peace	(E)	37.00
7. John Wilkinson	(S)	37.34
8. Mark Rigby	(S)	37.53
9. Dermot McGonigle	(Shettleston)	38.30
10. Brian Potts	(S)	38.35
11. Ricard Rodgers	(NI)	38.38
12. Eamon McMahon	(RI)	38.44
13. Hefin Griffiths	(W)	38.51
14. Graham Patten	(W)	39.02
15. Brian Ervine	(NI)	39.13.

history in the making...

A small piece of fellrunning history was made on Saturday 13th June when 66 year old Monica Shone arrived in Wasdale and thus became the first woman to complete the 47 mile Joss Naylor Lakeland Traverse. The challenge run, devised last year by Joss, and strictly for vets over 50, begins at Pooley Bridge and climbs many of the Lakeland peaks including High Street, Fairfield, Bowfell, Esk Pike, Great Gable, Kirkfell, Pillar Steeple, Haycock and Seatallan. The route takes in a total of 16,300 ft of ascent and finishes at Greendale Bridge, a mile or so from Joss's Wasdale home. Monica completed the run in 21 hours and 47 minutes, well under the 24 hour time allowance for her age group - younger vets to 59 are allowed only 12 hours, over 60s 18 hours, and over 65s 24 hours. Joss, at 54, completed the run last year in a speedy 11 hours 30 minutes. The weather was perfect for Monica's attempt, and with plenty of time in hand, she opted for a cooling swim in Lambfoot Dub on Great End. She was paced from start to finish by her Clayton Harrier clubmate, Wendy Dodds, with Linda Lord joining in from Sty Head, whilst husband Colin, and Altrincham AC coach Jack Roberts provided support at roadside and passes.

Monica is a lifelong athlete and outdoor enthusiast, having played ladies cricket and lacrosse at national level, and instructed outdoor activities at centres such as Plas y Brenin and Loch Eil. Last year she transferred her talents to the track and became the record holder at 400 metres in her age category at the National Vets Championships.

Her next objective? When the stiffness has worn off from her Lakeland epic, to have a go at the 200 metres at the Vets' Championships in a months time. So who says there's no life after the pension book!

- Linda Lord

Snippets

Harvey's Award

The Fellrunner's friend, and perennial contributor to the FRA via advertising, has been awarded third place in a national competition for the 'Small Rural Business Award'. Harvey maps, lightweight and waterproof, were established in 1977 in response to a need for professional map-making for orienteering. The emphasis of the business has changed recently, towards the production of a series of waterproof maps for walkers and runners. The company also offers customised map-making ranging from air survey through to colour printing from its base in a rambling stone building in the main street in Doune, Perthshire.

The award of £2,000 was presented at the Royal Show, Stoneleigh in July and was collected by Harveys marketing co ordinator, Catherine Nelson.

Results & Reports from over 150 races

*Phil Clark of Kendal on his way to honours in the Wasdale Race.
Photo: Steve Bateson*



MYNYDD MAEN TRAVERSE

Gwent

BM/7.5m/1700ft 29.2.92

RESULTS

1. C. Hallett	Brist	52.58
2. P. Maggs	Chep	54.42
3. P. Cleary	Cald	55.38
4. L. Williams V	Brych	55.46
5. L. Gwilhm	MDC	55.52
6. D. Booth V	MDC	55.57
7. A. Orange	MDC	56.29
8. S. Skelton	Cald	56.29
9. P. Lewis	MDC	56.40
10. M. Walker	Brist	56.59

VETERANS 0/40

1. L. Williams	Brycg	55.46
2. D. Booth	MDC	55.57
3. W. Waime	Learn	57.02
4. J. Sweeting	MDC	57.03

LADIES

1. L. Gould	MDC	59.22
2. S. Ashton	Chep	70.52
3. A. Fidler	MDC	72.05
4. S. Woods	MDC	72.26

NEW CHEW

Greater Manchester

0/17m 1.3.92

To competitors on the score and twelve mile courses, I must again apologise for the removal of the checkpoint 'G' by persons whom I can only describe as vandals (I can think of more suitable names but they are not fit for print). The incident spoilt the event for me, and I know how it affected you, having experienced similar situations myself. The missing checkpoint, I have no doubt, was the major cause of the high retirement rate on the shorter course, and the over-times on the score. Please rest assured that we go to great pain to ensure that checkpoints are in the correct location and that checkpoint descriptions are as unambiguous as possible.

Thanks are due to: North West Water, Mr Crowther of Upperwood Estates, Robert Fletcher & Son Ltd, St John Ambulance, Oldham Mountain Rescue Team and Saddleworth Runners Club.

Frank Sykes

Results in June Fellrunner

CRIFFEL HILL RACE

Dumfries

AM/7m/1800ft 15.3.92

The only record broken on this years snow covered course was Brian Potts winning margin, but then he was the only one who remembered to bring snow shoes.

The village hall committee put on cheap food and tea which was appreciated by all. Sponsored for the first time by Criffell Micro Computers.

R. Blain

RESULTS

1. B. Potts	Clyde	52.19
2. J. Wilkenson	GALA	55.02
3. I. Wallace	Hunters	55.40
4. A. Curtis	C'mont	55.54
5. S. Conway	L'ston	56.31
6. R. Longmore	Solway	56.50
7. R. Brown	Hunters	56.53
8. A. Beaty	Cald	56.56
9. D. Shield	Cam	57.03
10. R. Boswell V	Loch	57.10

VETERANS 0/40

1. R. Boswell	Loch	57.10
2. J. Shields	Clyde	57.56
3. J. Blair-fish	Cam	58.37
4. D. Milligan	Solway	60.00
5. L. Baird	D'fries	61.07

VETERANS 0/50

1. A. Philipson	G'forth	60.05
2. H. Blenkinsop	Kesw	66.54
3. J. Buchanan	Annan	66.55
4. G. Armstrong	HELP	67.34
5. D. Turnbull	EKAAC	68.36

LADIES

1. J. Salvona	L'ston	65.26
2. C. MenHennet V	Clyde	67.43
3. K. Beaty	Cald	73.39

KAIM HILL RACE

Blistering hot weather was warmly appreciated by the spectators but made for a hard days work for the runners. Under these conditions, it was hardly surprising that no race records were broken this year. The race trophies largely returned to where they came from.....Lochaber took away the race winner and the first junior (Brooks and Bums), Irvine retained the first vet, and Arthur Rodman of Portencross continues to hoard the local prize. Where trophies did change hands they went to runners that had won them before! Thus, Jim Stevenson took back the first Ayrshire trophy, Dairy Thistle (Auchie, Auchie, Welsh & Finnigan) reclaimed the first team. Pat McLaughlan swapped her first Veterans trophy of 1991 for the Lady s' trophy and Kath Melville took this first veterans trophy as she had done way back in 1987.

The low turnout in the senior race (22) was offset by the 45 youngsters in the Fairlie Glen Fun Run which starts before the senior race and covers approximately half the senior course. Fathers and mothers take note, this is one for next years diary!

One final word. We've had a female team trophy for the last five years and its never been won. So if three lady s' would like to get together and give themselves a name, we'll give you a trophy and a moment of glory in 1993!

Thanks to all who came and lets hope we see lots more of our friends next year!

John McKendrick

RESULTS

1. J. Brooks	Loch	29.06
2. J. Stevenson	Irv	30.53
3. S. Bums	Loch	31.15
4. I. Auchie	Dairy	31.21
5. J. Gallagher	Och	32.28
6. G. Tenney	Kilb	33.32
7. S. McKendrick	Unatt	34.08
8. D. Auchie	Dairy	34.16
9. D. Freeman	Arran	34.58
10. H. Finnigan	Dairy	35.59

VETERAN 0/40

1. P. MacKie	Irv	37.11
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LADIES

1. P. McLaughlan	W'lands	46.25
2. K. Melville	Irv	53.19
3. J. Stevenson	Irv	60.40

WARDLE SKYLINE FELL RACE

Lancashire

CM/7m/1000ft 11.4.92

The conditions were sunny and clear, with a light south westerly breeze. Generally dry underfoot - apart from the start.

Our tenth anniversary saw one of the smallest entries, as a result of competition from the Championship event at Pen-Y-Fan, and the new Nab End Flyer. However, a field of about 200 is easier on competitors and organisers - and more important on the environment! In addition we did not lose out on quality. As usual, the leading places for both men and women went to 'class' runners and local clubs were well represented.

Congratulations to Colin Donnelly and Sarah Rowell for setting new records, and to Rossendale for taking the Team prize for the fifth time.

I have to again apologise for difficulties at the start. These were caused by continuing work by North West Water in the Quarry area. The work is nearing completion, and I will be negotiating access through the area which we formerly crossed at the beginning of the race - at no cost of course!

The race made a profit of £115.73 which, as usual, will go to the funds of the 17th Rochdale, 1st Wardle Scout group, who sponsor and organise this event. This year's proceeds will go towards buying a new lightweight tent.

As usual my thanks are due to a number of people, without whom it would not be possible to stage this popular event: the finishing line and results team, most of whom have been with me over the past ten years (twenty five year's in the case of the Results Organiser, but that's another story!); Scouts and parents for marshalling; Oldham Mountain Rescue Team; Greater Manchester Police - represented by inimitable PC Andy O'Sullivan B E M; Guy Goodair Sports; Local farmers, especially John Mitchell of Bent Head Farm who offered his land (is this a record?); And last but not least, to competitors, their families and friends.

I look forward to seeing you all for another ten years!

Allan Buckley

RESULTS

1. C. Donnelly	Eryi	38.57
2. J. Hornby	Spn	39.18
3. B. Hussein	S'port	40.30
4. N. Wilkinson	ManUni	40.34
5. R. Rawlinson V	Ross	41.32
6. M. Lee	Bolt	41.54
7. D. Cartridge	Bolt	42.46
8. B. Ashworth V	Ross	42.58
9. I. Atchison	Roch	42.59
10. M. Corbett	Ross	43.06

VETERANS 0/40

1. R. Rawlinson	Ross	41.32
2. B. Ashworth	Ross	42.58
3. J. Kershaw	Macc	43.11
4. P. Buttery	Holm	45.22
5. D. Beels	Roch	45.24

VETERANS 0/50

1. K. Lodge	H'fax	49.12
2. T. MacDonald	Bing	49.50
3. P. Fleming	Horw	49.56
4. R. Dewhurst	Clay	50.23
5. E. Blamire	Tod	52.17

VETERANS 0/60

1. D. Clutterbuck	Roch	55.48
2. A. Ball	Clay	69.71

LADIES

1. S. Rowell	Lds	43.57
2. C. Greenwood	Cald	46.38
3. J. Kenyon	Horw	48.08
4. G. Cook	Roch	57.01
5. S. Rowson	Macc	53.21
6. B. Carney	Bing	53.41
7. S. Exon	Stret	54.13
8. J. Johnson	Denby	55.29

JUNIORS

1. N. Brougham	Tod	53.38
2. J. Hasit	Roch	55.31
3. B. Edmonson	Ross	55.34

ROSSENDALE FELL RACE

Lancashire

BM/13m/2700ft 19.4.92

A clear sunny day greeted the runners so there were no navigational nightmares this year. The race was very close with a group of about ten runners trying for the lead. Shaun made his break on the final climb up to Cowpe. This proved decisive, winning by over a minute. Thanks to all who helped and to all the runners contributing to make this event a success.

Phil Warner

RESULTS

1. S. Livesey	Ross	96.33
2. C. Donnelly	Eyri	97.57
3. A. Jones	Gloss	98.35
4. A. Schofield	Ross	98.40
5. C. Valentine	Kesw	98.54
6. K. Taylor V	Ross	99.14
7. A. Preedy	Bum	99.24
8. B. Ashworth V	Ross	99.51
9. M. Corbett	Ross	100.02
10. P. Ward	Prest	100.16

VETERANS 0/40

1. K. Taylor	Ross	99.14
2. B. Ashworth	Ross	99.51
3. J. Holt		103.13
4. P. Buttery		106.52
5. S. Breckell		107.08

VETERAN 0/45

1. K. Burgess	Alt	112.55
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VETERAN 0/50

1. D. Ashton	Black	107.313
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LADIES

1. S. Watson	Valley	126.48
2. A. Isdale	Bing	129.37
3. G. Cook	Roch	132.02
4. V. Hamlet	Ross	143.01
5. J. Wood	Ross	145.27
6. J. Peddie	Ross	154.19
7. P. Curtis	Ross	166.16

KINDER DOWNFALL FELL RACE

Derbyshire

AM/10m/2150ft 26.4.92

Another gratifying entry of over 350 for this event, which fittingly rubbed shoulders with the 60th anniversary of the Kinder Mass Tresspass, thankfully with no congestion problems.

A sudden downpour, for the second year running, greeted the start of the race which, together with strong winds on the Kinder plateau, some further rain, hail and 'rite' boggy condition underfoot all helped maintain the traditional atmosphere of this race, and some runners even enjoyed it. Visibility on the tops was reported to be good if you could get your head up out into the wind for a look to see.

No records were broken but the finishing times generally reflect the race having been hotly contested, with Tim Parr coming home first as yet another Glossopdale winner. Axel Eikner of the FANA club in Norway in fourth position added a strong international flavour to the event. We got all the big names here! Jacky Smith of Dark Peak took the ladies title for the second year running, leading home an impressive ladies turnout of over sixty runners.

Orienteering punches were employed at each end of the Kinder Plateau and this system was generally considered OK.

The unique and impressive Kinder 'T'shirts were again presented to 50 runners, each one a hard earned trophy, and I will award them with better consideration to the consistently high female entry next year.

Wayne Harrison

RESULTS

1. T. Parr	Gloss	1.09.19
2. A. Jones	Gloss	1.09.42
3. G. Mant	Nott	1.10.19
4. A. Eikner	FANA	1.10.32
5. R. Seager	Cham	1.10.33
6. M. Foschi	Hels	1.11.22
7. J. Fish	Unatt	1.11.30
8. M. Whyatt	Gloss	1.11.34
9. G. McMagon	Nott	1.11.40
10. G. Webb	Cald	1.11.54

VETERANS 0/40

1. T. Longman	Hunc	1.13.47
2. R. Wood	Hels	1.14.52
3. L. Best	S'port	1.15.41
4. P. Whitehead	Ere	1.16.17
5. G. Band	DkPk	1.17.41

VETERANS 0/45

1. D. Cartwright	P'stone	1.16.24
2. E. Cawthome	Bux	1.19.23
3. M. Hawkins	Ere	1.21.21

VETERANS 0/50

1. K. Bamforth	HolmeV	1.24.08
2. R. Taylor	Bux	1.30.27
3. R. Tunstell	Hels	1.31.44
4. T. Doyle	M/CYMCA	1.31.49
5. D. Nicholson	Hels	1.31.51

VETERANS 0/55

1. B. Thackery	DkPk	1.22.50
2. G. Richardson	Clowne	2.04.32

VETERANS 0/60

1. T. Dance	Rksk club	1.40.41
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LADIES

1. J. Smith V	DkPk	1.24.15
2. C. Banlin	Hels	1.25.18
3. A. George	Merc	1.26.25
4. S. Rawson V	Macc	1.27.55
5. A. Jorgensen	P'stone	1.34.16
6. M. Chippendale V		1.35.41
7. J. Payne	Shepshed	1.36.20
8. A. Linsley V	Mynydd	1.38.10

JUNIORS

1. A. Turner	Bux	30.37
2. J. Rourke	Unatt	31.07
3. T. Hobson	Bux	33.23

TEAMS

1. Glossopdale	3.30.35
2. Calder Valley	3.39.58
3. Nottingham	3.40.26

7. P. Wheeler	3RRW	58.06
8. S. Mansbridge	Mercia	58.34
9. G. Williams	Eryri	58.43
10. T. Taylor	Hereford	59.08
11. L. Gwilym	{TBIMDC	59.30
12. M. Parker	Keyham	59.43
13.1. Howard V	S'ton	59.54
14. K. Turner	Gurkha	60.03
15. P. Maggs	Islwyn	60.37
16. G. Rees	4TA	60.49
17. D. Adlam	3TA	60.54
18. K. Richards	MDC	61.35
19. P. Magar	Gurkha	61.41
20. L. Williams V	Bryc	61.50

VETERANS 0/40

1. M. Parker	Keyham	59.43
2. L. Williams	Brycme	1.01.50
3. P. Norlong	3RRW	1.03.12
4. P. Price	Lliswerry	1.06.45
5. K. Willinson	Sam Don	1.08.21

VETERANS 0/50

1. J. Collins	Swan	1.05.20
2. G. Stevens	Read	1.06.07

LADIES

1. C. Hughes	Read	1.06.46
2. A. Bedwell	MDC	1.08.11
3. D. Kenwright	Sam	1.12.59
4. S. Woods	MDC	1.15.59
5. Bateman	207GA	1.17.43
6. S. Ashton	Chep	1.18.18
7. J. Coker	Croup	1.18.09
8. K. Mitchel	ArmyR	1.23.36

STUC A'CHROIN HILL RACE

**Perthshire
AL/13m/5000ft 2.5.92**

RESULTS

1. D. McGonigle	Shett	2.13.49
2. N. Martin	Fife	2.19.08
3. A. Davenhill	Solway	2.19.21
4. D. Crowe	Shett	2.20.07
5. D. Weir	Perth	2.20.43
6. C. Bain	Loch	2.23.29
7. J. Nixon	AchRat	2.23.47
8. R. Hackett	C'mont	2.24.03
9. J. Gallacher	Ochil	2.24.24
10. D. Runcieman	Loch	2.24.29

VETERANS 0/40

1. C. Bain	Loch	2.23.29
2. J. Nixon	AchRat	2.23.47
3. L. Fortune	Fife	2.29.46
4. D. Milligan	Solway	2.30.39
5. C. Love	Dundee	2.31.25

LADIES

1. C. Menhennet	Clyde	2.51.51
2. C. Whalley	L'ston	3.07.23
3. S. Clarke	H'land Hill	3.21.01
4. M. Small	Clyde	3.23.10
5. P. Blake	Perth	3.26.29
6. P. McLaughlin	W'lands	3.45.01
7. D. MacDonald	L'wade	3.46.38
8. J. Clarke	S'bridge	4.03.08

HILL OF THE FAIRIES RACE

**Perthshire
AS/4.5m/1 500ft 3.5.92**

RESULTS

1. J. Brooks	Loch	38.43
2. P. Bovill	Ochil	39.38
3. D. Crowe	Dundee	39.52
4. D. Shiel	Cam	40.46
5. S. Bums	Loch	41.28
6. J. Gallacher	Ochil	42.21
7. T. McCulloch	Ayr	42.27
8. H. Hutchison	E'burgh	42.46
9. R. McCraw	Ochil	42.52
10. J. Hepburn	Dundee	42.56
11. M. Falconer		43.19
12. F. Kelly	Ochil	44.04
13. T. Ross	Fife	44.20
14. J. Kirkland	Dund	44.44
15. W. Brooks	Loch	45.26
16. A. Wilson	Dund45.29	
17. C. Love	Dund	45.34
18. G. Stevenson		46.10
19. P. Buchanan	Ochil	46.29
20. W. Brooks(Jun)	Loch	47.21

VETERANS 0/40

1. T. McCulloch	Ayr	42.27
2. T. Ross	Fife	44.20
3. B. Brooks	Loch	45.26
4. C. Love	Dundee	45.34
5. G. Brosnan	Unatt	51.18

LADIES

1. D. Campbell	L'ston	54.12
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PENRITH BEACON HILL RACE

**Cumbria
CS/4m/500ft 3.5.92**

This year saw changes in the courses for the races, with the Penrith Lions May Day Festival being split into two days. The Carnival based in the centre of the town on the Monday and the Sports Day on the Sunday being based at the Penrith Football Club. Instead of the traditional start and finish at the Penrith Monument, runners lined up in the Penrith Football Club. Although not quite having the same atmosphere as the centre of the town this proved to be probably a better location with registration and changing rooms being in the same area and quite a lot of activity on the pitch, with not only football matches but also aerobics and model aeroplanes.

The courses had to be changed from previous years. The senior race was extended slightly with initial winding through the town to bring runners on to Fell lane and finishing instead of directly from Carleton via Roper Street - going by Kempley Roundabout and along Bridge lane. The course was approximately five minutes longer than last year and Duncan Frampton of Keswick came in in 27 minutes and 48 seconds after a close race with John Taylor of Holmfirth Harriers.

The Junior Race again was longer than last year taking a route along Castle Hill Road, Wetheriggs Lane and track to Kempley Roundabout and returning via Bridge Lane.

Ron Kenyon

RESULTS

1. D. Frampton	Kesw	27.48
2. J. Taylor	Holm	27.58
3. P. Brannon	Clay	30.00
4. C. Beadle	Holm	30.23
5. T. Baxter	Penrith	30.52
6. G. Gallagher	Darl'ton	32.28
7. S. Hogarth	Carlisle	33.02
8. F. Robinson	Bord	33.07
9. C. Knox	Keskw	33.14
10. J. Fielding	Ross	34.00

LADIES

1. S. Graham	Culgaith	41.25
2. J. Taylor	Clay	42.34

JUNIOR RACE

1. J. Miller	Kesw	9.51
2.1. Fowler	C'mouth	9.59
3. J. McGuffie	Penrith	10.39

SIMONS SEAT FELL RACE

**North Yorkshire
AS/3.5m/1350ft 7.5.92**

A few wet days prior to race day meant parking difficulties with wet misty conditions on the fell top. This did not deter Holmes, Devine and Livesey from setting a furious pace at the head of a 162 strong field. By the summit of Simon's Seat at 1350ft, these three were locked in battle until the final plunge back down to Howgill Farm. Neck to neck they fought until they emerged into sight within yards of each other. Holmes and Devine were shoulder to shoulder with 800 yards to go. Coming out of the tricky wooded section, Devine could not keep upright and holmes took his chance to forge ahead and come home victorious in a fast time, only 25 seconds outside the record set by John Taylor last year. The ladies race title was retained by Ann Buckley and Pudsey got the team prize from the Bingley lads. A sad fact is that the races future is in jeporoy because of people taking dogs onto the fell during the race.

RESULTS

1.1. Holmes	Bing	24.12
2. S. Livesey	Ross	24.18
3. G. Devine	P&B	24.30
4=C. Watson	Clay	24.52
4= J. Parker	Ilk	24.52
6. R. Pallister	P&B	26.07
7. M. Whitfield	Bing	26.11
8. P. Sheard	P&B	26.24
9. J. Maitland	P&B	26.28
10. B. Taylor	Ross	26.36

VETERANS 0/40

1. R. Whitfield	Bing	26.56
2. R. Haigh	Ilk	29.05
3. R. Sutcliffe	Cald	29.43
4. K. Makinson	Clay	30.15
5. P. Bramham	Craven	30.38

LADIES

1. S. Watson V	VlyS	34.39
2. E. Thackray	Fellan	34.45
3. V. Hamlet	Ross	36.04
4. J. Shoter V	Fellan	36.17
5. S. Haines	Ilk	37.25
6. J. Wood	Ross	38.16
7. S. Morley V	Nidd	39.23
8. C. Adlum	Ross	39.28

JUNIOR

1. C. Watson	Clay	24.52
2. M. Whitfield	Bing	26.11
3. R. Jebb	Bing	28.29

CONISTON FELL RACE

**Cumbria
AM/9m/3500ft 2.5.92**

This is the largest Junior entry at Coniston (especially girls). I must apologise and commiserate with those who think they are "hard done by". Compromise is never satisfactory to everybody. I am putting forward for greater standardisation of course marking between Junior and Senior events. Fell running is not like cross country or track. Responsibility for direction finding, local knowledge, navigation skills are part of the sport. See you next year.

N. Matthews

Results in June Fellrunner

THREE FEATHERS FELL RACE

**Glamorgan
N/7m/? 2.5.92**

This event took place in good weather conditions in the Brecon Beacons; administered by HQ company, the 3rd (U) Battalion the Royal Regiment of Wales and sponsored by Crown Buckley Brewery.

The winner, Mark Healy, a Welsh international runner only failed to beat Paul Wheelers course record by three seconds. Paul was running and came in seventh, he is convalescing from a stress fracture in his leg.

This race is also the Territorial Army's Fell Running Championship. We had a team of Gurkha's and Territorial Army teams from North and South Wales, West Country (Soton, Bath, Exeter), as well as Civil entries. It is now felt the British Fell Running Championship could be held on our course, not just by the organisers but competitors as well! Especially as the race is gaining in popularity each year; the length and height climbed does not deter entries. If this should occur, perhaps the "sporting media - picture and written would take more interest.

RESULTS

1. M. Healy	Lliswerry	52.40
2. G. Woods	Bath	54.32
3. G. Patten	Bath	55.05
4. S. Hodgkiss	Bath	56.13
5. M. Cherrington	4RRW	56.48
6. M. Edwards	3RRW	56.59

BEN LOMOND HILL RACE

Central

AM/9m/3092ft 9.5.92

The weather was wet with snow on the summit and sleet at the start, but sun during the race. The tourist trail had to be followed as agreed with the National Trust. The race was organised by Dumbarton AAC, and assisted by Westerlands CCC and Clydesdale Harriers. The sponsor was Polaroid UK.

Jim McInnes

RESULTS

1. B. Potts	Clyde	1.08.54
2. D. McGonigle	Shett	1.09.06
3. M. Rigby	W'lands	1.10.11
4. T. Lofthouse	Bing	1.11.52
5. D. Crowe	Shett	1.12.24
6. P. Hughes	Loch	1.12.59
7. S. Conway	L'ston	1.13.29
8. D. Bell	Hadd	1.13.40
9. A. Davis	Fife	1.14.35
10. I. Wallace	HntrsBogT	1.14.53

VETERANS 0/40

1. J. Shields	Clyde	1.16.41
2. E. Butler	Aber	1.17.12
3. J. Blair-fish	Cam	1.18.31
4. R. McInroy	Clyde	1.21.44
5. E. Rennie	Aber	1.21.55

VETERANS 0/50

1. B. Gauld	Cam	1.24.18
2. B. Kettles	Lass	1.31.44
3. J. Buchanan	Annan&D	1.32.21
4. D. Turnbull	E Kilbride	1.36.34
5. C. Grundy	Bux&D	1.40.57

LADIES

1. T. Calder V	ESPC	1.20.15
2. J. Salvona	L'ston	1.26.16
3. H. Diamantides	Amble	1.27.15
4. E. Scott	W'lands	1.40.27
5. S. Clarke V	H'land Hill	1.45.01
6. F. Findlay V	Loch	1.47.35
7. H. Searle	Loch	1.52.28
8. N. Williams	Cam	1.53.03

BELMONT WINTER HILL RACE

Lancashire

BS/4.5m/1000ft 9.5.92

An excellent turn out saw 186 starters for this annual village fell race. This was particularly impressive as the weather was very poor, wet, cold and with low cloud on Winter Hill.

None the less, the runners set off from the 'Blue Lagoon' and soon turned onto the fell, Wilf Brindle, Bashir Husain, Martin Lee and Graham Schofield pushing the pace. The long opening climb behind them, saw Wilf and Bashir pushing on with Gary Wilkinson and Dave Neill moving through. This stayed the same until the last short sharp climb when Chris Lyon came into contention. The final long descent saw Wilf using his customary speed downhill to get away slightly, only for Bashir to take a wrong line and then stumble and turn an ankle. Dave Neill took up the chase but Wilf had got away by now. As the runners came back through the moor surrounding the 'Lagoon', Wilf, Dave, Martin Lee and Graham Schofield were well spaced out and finished in that order. All looked cold and bedraggled, glad to be finished and a chance to get warm again.

The veterans race was very close with Pete Lyons edging out Dennis Kearns by two seconds! P.Boyd won the junior race in twenty second position overall.

A new name to the Belmont Fell Race won the ladies category, Nicki Wilkinson from last years winner Janet Kenyon.

The only sour note for the organisers was the worry of three non-finishers, this was resolved when other runners said they were O.K, but they failed to notify the marshalls. The implications for the organiser do not need spelling out to other race organisers and the runners concerned have been contacted for an explanation!

Finally thanks are due to Viga Sports and Leisure, Guinness, The Black Dog Pub and the North West Water Authority (for allowing us to run over our land). These companies lend annual support to this event and should be recognised.

Mike Kelly

RESULTS

1. W. Brindle	Horw	33.14
2. D. Neill	Staffs	33.21
3. M. Lee	Bolt	33.53
4. G. Schofield	Black	33.68
5. C. Lyon	Horw	34.27
6. G. Wilkinson	Clay	34.34
7. M. Foschi	Hels	34.35
8. M. Keys	Ross	34.50
9. A. Maloney	Roch	35.00
10. I. Greenwood	Clay	35.12

VETERANS 0/40

1. S. Fumess	Black	36.45
2. B. Grendson	Black	38.42
3. A. Steale	Rad	39.00
4. A. Turner	RedRose	39.08
5. M. Crook	Horw	40.11

VETERANS 0/45

1. P. Lyons	Bury	36.27
2. D. Kearns	Bolt	36.29
3. C. Duckworth	Horw	40.04
4. C. Keogh	Roch	40.25
5. T. Crook	Bolt	41.07

VETERANS 0/50

1. D. Ashton	Black	38.07
2. P. Jepson	Bury	39.21
3. D. Simpson	Prest	41.26
4. E. Murray	Chorley	43.55
5. R. Shaw	EPOC	45.06

LADIES

1. N. Wilkinson	Black	39.56
2. J. Kenyon V	Horw	40.39
3. C. Hughes	Read	42.05
4. C. Banlin	Hels	43.19
5. G. Cook	Roch	44.02
6. A. Smith	Clay	49.03
7. M. Sanderson V	Roch	49.26
8. J. Makinson	Clay	49.50

ELIZABETH CULLUM MEMORIAL CROSS COUNTRY MARATHON

Buckinghamshire

BL/26m/3500ft 10.5.92

Tough conditions were on offer with torrential rain on Friday and Saturday combined with the longest race in the five year series and nearly 4000ft of climbing. Race day was dry overhead, sunny intervals and odd showers. Eighty eight teams started (record entry 96 teams) and this year by consensus for award considerations had to pass each checkpoint and finish together. Individuals can enter, but are paired for team race on performance, some meeting for the first time on the start line. The slowest teams start first at one minute intervals, and fastest second hour at two minute intervals. Previous winners start last. Local athletes Colin Steptoe and John Foster won for the fourth consecutive year, but were very weary with the mud underfoot and stiff climbs at Bradenham, West Wycombe, Radmage, Bledlow Ridge and Lodge Hill. The race has now come of age with participants from North and South Wales and throughout England, including Fell District.

E. Gutteridge

RESULTS

1. C. Steptoe	Ayles	3.20.29
1. J. Foster	WycPhx	3.20.29
2. Q. Harding	HHOC	3.38.10
2. K. Harding	HHOC	3.38.10
3. S. Grundy	Chesh	3.43.08
3. R. Freeman	100kmAsc	3.43.08
4. R. Williams	SMidsOC	3.45.34
4. M. Cole	SMidsOC	3.45.34
5. P. Koenig	Albans	4.02.06
5. S. Hutchinson	Albans	4.02.06
6. G. Dobson	N' market	4.03.11
6. L. Doyle	N' market	4.03.11
7. K. Jones	A&D	4.07.50
7. G. Tompsett	FRA	4.07.50
8. I. Perrow	LancsFire	4.09.10
8. S. Holland	LancsFire	4.09.10
9. V. Gutteridge	FIS AC	4.11.37
9. S. Sharp	FIS AC	4.11.37
10. P. Leak	WycPhx	4.15.43
10. J. Leak	WycPhx	4.15.43

VETERANS 0/40

1. C. Steptoe	Ayles	3.20.29
1. J. Foster	WycPhx	3.20.29
2. P. Koenig	Albans	4.02.06
2. S. Hutchinson	Albans	4.02.06
3. P. Tremain	S' field Strds	4.24.14
3. L. Clark	S' field Strds	4.24.14

LADIES

1. L. Walls	Albans	4.37.50
1. Z. Lowe	Albans	4.37.50
2. L. Skinner	G.C.J	4.50.37
2. S. Harding	G.C.J	4.50.37
3. D. Wixon	WycPhx	6.00.05
3. C. Eves	WycPhx	6.00.05

BUTTERMERE SAIL BECK

HORSESHOE

Cumbria

AM/9.4m/4250ft 10.5.92

Report in June Fellrunner

RESULTS

1. I. Holmes	Bing	1.29.23
2. G. Bland	Borr	1.29.43
3. A. Peace	Bing	1.31.02
4. C. Valentine	Kesw	1.31.51
5. J. Bland	Borr	1.32.20
6. W. Bland V	Borr	1.32.22
7. M. Roberts	Kend	1.32.29
8. D. Lee	CFR	1.32.35
9. A. Smith	CFR	1.33.20
10. A. Schofield	Ross	1.33.21

VETERANS 0/40

1. W. Bland	Borr	1.32.22
2. T. Hesketh	Horw	1.33.25
3. M. Walsh	Kend	1.39.43
4. J. Winder	Cald	1.39.48
5. J. Kershaw	Macc	1.40.07

VETERANS 0/50

1. R. Bell	Amble	1.42.39
2. H. Blenkinsop	Kesw	1.53.10
3. A. Evans	Amble	1.53.34
4. B. Johnson	CFR	2.02.17
5. J. Taylor	Amble	2.02.54

LADIES

1. R. Pickvance	Kend	1.55.28
2. J. Reid	CFR	1.56.02
3. A. Isdale V	Bing	2.03.00
4. K. Beaty	CFR	2.03.39
5. T. Smith	CFR	2.11.05
6. A. Linsley	Unatt	2.14.15
7. A. Crabb	Amble	2.17.56
8. J. Shorter	Fellan	2.18.11

Northern Counties Senior Individual

1. Ian Holmes	Bingley Hamiers
2. Gavin Bland	Borrowdale Fell Runners
3. Andrew Peace	Bingley Hamiers

Northern Counties Junior Individual (15*18 years)

1. Matthew Moorhouse	Salford Harriers
2. Matthew Whitfield	Bingley Harriers
3. Robert Jebb	Bingley Harriers

Northern Counties Team

1. Borrowdale Fell Runners
2. Cumberland Fell Runners
3. Ambleside Fell Runners

Southern Counties Individual

1. K. Leitch	Worthing H.
2. N. Fenwick	Milton Keynes A.C.
3. D. Hall	Kendal A.C.

Lancashire County Individual

1. A. Schofield	Rosendale A.C.
2. T. Hesketh	Horwich R.M.I.
3. J. Hey	Warrington A.C.

Cumbria County Individual

1. G. Bland	Borrowdale F.R.
2. C. Valentine	Keswick A.C.
3. J. Bland	Borrowdale F.R.

Cheshire County Individual

1. M. Weedall	Pennine F.R.
2. S. Hughes	Hebog
3. J. Kershaw	Macclesfield H.



Belmont Winter Hill 1992: Maurice Houghton (Chorley) traversing the summit edge before the final descent.

Photo: Bill Smith

CARADOC CLASSIC FELL RACE
Shropshire
AS/3.5m/880ft 13.5.92

The very warm may weather attracted a record field for Telfords first fell race of the '92 season. Paul Cadman, running fell races in Mercia colours made the race his own with his third consecutive win. Cadman headed the field from start to finish, his time was thirty seconds outside his own record. Mick Ligema also a Caradoc regular finished runner-up. Steve Hughes of Hebog continued his welcome comeback onto the fells after being dogged by injury, finishing third.

The ladies race was dominated by Andrea George giving Mercia a clean sweep of the titles. Georges' time was over three minutes clear of her nearest rival Stephanie Cahill. Third lady and first veteran was J.Taylor of Croft Ambrey.

Simon Daws

RESULTS

1. P. Cadman	Merc	23.04
2. M. Ligema	Croft	23.48
3. S. Hughes	Hebog	23.57
4. D. Jackson	Telf	24.45
5. C. Taylor	Merc	24.53
6. I. Powell	Wrek	25.10
7. I. Morris	Wrek	25.22
8. W. Boss	Unatt	25.25
9. B. Couth	Merc	25.37
10. M. Priestly	Merc	25.47

VETERANS 0/40

1. J. Sweeting	MDC	26.08
2. I. Kevan	Telf	26.22
3. R. Dawson	Telf	26.35
4. J. Bell	Croft	26.57
5. C. Brown	Merc	28.09

VETERANS 0/50

1. B. Morris	Wrek	27.44
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LADIES

1. A. George	Merc	27.46
2. S. Cahill	Shaw	31.25
3. J. Tyler V	Croft	31.49
4. A. Capp	Telf	32.05
5. N. Sanders	Telf	33.49
6. L. Davies	Shrews	34.26
7. A. Bond	Wrex	34.30
8. J. Sayer	Telf	35.36

ANNALONG HORSESHOE
Co.Down
AL/13m/5200ft 16.5.92

Forty five runners lined up at the start of the Annalong Horseshoe, easily a record for the course. The day dawned bright with continuous sunshine.

The rough going on Chimney Rock Mountain (the first climb) and on a few other sections of the course are ideally suited to Brian Irvine's style of running and he did not disappoint. Jim Patterson, his only serious contender and now an over forty five veteran, now feels unable to maintain his best form throughout the season, and did not challenge for the honours. Neil Carty running his first season on the fells showed maturity beyond his years by running away from Jim on the final descent track to take second place. Billy McKay ran a predictable race for fourth, followed by Gordon Murray and Edmund Hawkins who both produced their best performances over this length of course. A total of fourteen runners were inside two and half hours. Roma McConville set a new ladies record of 3.01.37

Ranking

RESULTS

1. B. Irvine	B'drain	2.01.30
2. N. Carty	N.Belf	2.05.30
3. J. Patterson	D'caim	2.06.54
4. B. McKay	A'ville	2.08.46
5. G. Murray	B'drain	2.13.22
6. E. Hawkins	N'castle	2.17.45
7. J. Brown	BARF	2.24.02
8. D. Brannigan	N'castle	2.24.15
9. J. Hayes	B'drain	2.24.48
10. D. Watson	N'castle	2.24.53

VETERANS 0/40

1. B. McKay	A'ville	2.08.46
2. K. Quinn	N'castle	2.29.55

VETERANS 0/45

1. J. Patterson	D'caim	2.08.46
2. J. Hayes	B'drain	2.24.48
3. J. Sloan	N.Down	2.36.20

LADIES

1. R. McConville	N.Down	3.01.37
2. S. Pruzina	BARF	3.07.00
3. J. Flanagan	BARF	3.16.32

GOATFELL HILL RACE
Strathclyde
AM/8m/2866ft 16.5.92

Ahead of the eighty six strong field from the start, Andy Trigg of Glossopdale Harriers won an easy victory in the Isle of Arran Goatfell Race, tipped off that he was on course for a record, the crowd at the finish gave Trigg an enthusiastic welcome that spurred him to beat Andy Sty an's thirteen year old record by just two seconds. In glorious sunshine that was perhaps too warm for many, the race was otherwise slower than last year. Joyce Salvona, however, beat her previous years winning time by eleven seconds to take the ladies trophy, far short though of Janet Darby's 1990 record of 1.28.44. On instructions of the National Trust for Scotland who own the hill, the final kilometre to the summit was again flagged to keep runners away from the erosion. Some runners ignored these instructions and came down the scree - hopefully by accident or mistake, but the fact that Andy Trigg did not, proved that the marked route was no barrier to a good time. The National Trust ranger was snapping away with a camera, will now have to be persuaded to permit the event to continue.

With a very strong team, Glossopdale again won the team trophy with Lochaber, absent in recent years, not far behind. Of the 86 entrants, 22 were from English clubs and there were 10 women. Everyone finished.

RESULTS

1. A. Trigg	Gloss	1.13.11
2. A. Jones	Gloss	1.18.53
3. P. Hughes	Loch	1.19.33
4. D. Crowe	Shett	1.20.37
5. A. Davenhill	Solway	1.21.25
6. S. Bums	Loch	1.22.03
7. J. Stevenson	Irv	1.22.13
8. M. Cuddy	Gloss	1.22.59
9. R. Boswell	Loch	1.23.22
10. J. Gallacher	Ochil	1.23.34

VETERANS 0/40

1. R. Boswell	Loch	1.23.22
2. B. Linsley	Mynydd	1.30.43
3. G. Newman	Clay	1.30.57
4. P. Betney	Amble	1.30.59
5. R. Poole	Gloss	1.32.15

VETERANS 0/45

1. D. Milligan	Solway	1.24.14
2. R. Blamire	Stewart ry	1.28.59
3. W. Buckley	Gloss	1.37.35
4. N. Shuttleworth	Gloss	1.41.35
5. A. Freer	W'lands	1.49.27

VETERANS 0/50

1. D. Turnbull	E.Kilb	1.49.26
2. S. McKenna	Irv	1.51.49
3. J. Docherty	Irv	2.07.04
4. J. Smith	Bury	2.13.49

LADIES

1. J. Salvona	L'ston	1.31.51
2. R. Pickvance	Kend	1.37.39
3. W. Dodds V	Clay	1.38.45
4. A. Linsley V	Mynydd	1.45.22
5. H. Thomson V	Arran	1.48.05
6. S. Roger V	Dundee	1.51.50
7. L. Warin	Skip	1.53.11
8. S. Thomson	Arran	1.58.21



Jim Brown winner of Sperrin Mountains Race 22/18/92.

Seen here at the Annalong Horseshoe.

Photo: Norman Irvine

DARREN JONES CLOUGHA PIKE
FELL RACE
Lancashire
BM/7m/1400ft 16.5.92

A record entry and probably as high as we would want it. Problems were created by the "waterboard gate" (we are not allowed the move the wire across the top) but this at least stretched the field out before the British Gas Pipeline fences which my pupils enjoyed jumping on in the morning. Murphys came and repaired it that evening.

There were two areas of quite heavy through boggy sections near the fell gate and on the descent to the duckboards with obvious use of the fences rather than the stiles near the latter as well.

Robin Bergstrand last ran here as a junior in a short race. He made an error on the loop above Rigg Lane car park while in the lead but got back to the front around the summit and eventually won. I wonder if any of the youths or juniors in the cross-country races will return to win in a few years time, having represented England along the way?

I must also mention Newburgh Nomads who had a team of three ladies (positions 136, 139, 140) and would therefore have taken first ladies team, if we had catered for that category. However we took the first "two teams".

It was really good to see so many youngsters turning up for the under 12 and 12-14 races. I had shortened the courses to make the races suitable for all-comers but perhaps not long enough for the "elite".

The under 12 course had quite a steep climb in it, through the trees and bluebells, and most, by their appearance, must have found the boggy bits. The winner of the 12-14 race, Chris Livesey, was in fact only 11 years old, but having won the Junior Race at Wray Caton Moor Fell Race two weeks earlier, he was looking for a longer race. Routes were very heavily marked to (hopefully) ensure no problems and it seems all went well.

Hope to see you all again next year and don't forget there are other short races for you at lots of other fell races, some of them actually on fell.

The cross-country type course did not attract many 15-17 year olds, but of course some did do the main race which was open to any junior with suitable experience.

Thanks to my co-organiser Jim Slinn, to Harry and Sue Ball who have organised the race for the last ten years and helped on this occasion, and to all friends, club members and school pupils who helped in any way. It was again very nice to see Mr and Mrs Jones, family and friends marshalling part of the course and making a donation to trophies. Thanks to them and Harry Robinson of Lancaster who provided further trophies.

John Gibbison

RESULTS

1. R. Bergstrand	Mand	53.39
2. M. Lee	Bolt	53.45
3. M. Fleming	Amble	53.48
4. P. Lowery	L&M	53.57
5. G. Schofield	Black	54.22
6. I. Greenwood	Clay	54.41
7. P. Pollitt	Bolt	54.58
8. T. Hesketh V	Horw	55.10
9. A. Taylor	Spring	57.31
10. C. Lyon	Horw	57.32

VETERANS 0/40

1. T. Hesketh	Horw	55.10
2. J. Waszkiel	Unatt	61.27
3. P. Bramham	Craven	61.35
4. G. Woolnough	Kend	61.40
5. M. Parry	Kend	61.53

VETERANS 0/50

1. J. Capenerhurst	Bing	66.56
2. D. Brown	Clay	70.28
3. G. Jameson	L&M	70.59
4. M. Houghton	Chorley	74.45
5. C. Rushton	Wesham	76.29

LADIES

1. C. Kenny	AchRat	75.14
2. K. Arnold	C.F.R	76.01
3. J. Taylor	N Nomads	81.16
4. C. Lyon	N Nomads	81.43
5. A. Scott V	N Nomads	82.16

JUNIORS

1. J. Mann	L&M	67.43
2. A. Byrne	L&M	78.26
3. M. Ellison	MHS	86.57

THE FAIRFIELD HORSESHOE
Cumbria
AM/9m/3000ft 17.5.92

Congratulations to the winners, Craig Roberts and Maureen Laney. As to the quality of the times we shall have to wait for future years to see how much extra the longer course has added. We reckon about four minutes considering the slower ground from High Pike down to the final checkpoint. That will add a good ten minutes to the back of the field. Given the hot conditions Craig's time is still quick. Brother Mark continues to make solid progress after a long spell of injury.

My grateful thanks to the helpers on registration, start, finish, car parking, checkpoints and drinks. 420 of you consumed almost 400 litres of squash, not to mention the cheese pies and cups of tea!

The change of route was much appreciated by the farmer and apart from the disgruntled track runners who enjoyed the grassy descent of the old route, the added spice of Sweden Crags seemed to keep people on their toes.

A big thank you to Mike Pearson for the computerised results and the Post Office if they manage to deliver these to you in reasonable time.

RESULTS

1. C. Roberts	Kend	1.18.53
2. M. Roberts	Kend	1.19.49
3. G. Bland	Borr	1.20.17
4. P. Cadman	Merc	1.22.37
5. J. Parker	Ilk	1.22.50
6. R. Whitfield V	Bing	1.23.13
7. G. Wilkinson	Clay	1.23.41
8. R. Seager	Cham	1.23.45
9. J. Fish	Black	1.24.40
10. B. Clough	Amble	1.24.57
U.S. Francis	Watford	1.25.06
12. M. Fleming	Amble	1.25.13
13. S. Mansbridge	Mercia	1.25.37
14. N. Raitt	Mand	1.25.50
15. M. Walsh V	Kend	1.25.54
16. A. Lewsley	Bord	1.25.56
17. J. Bland	Borr	1.26.19
18. I. Holloway V	Roch	1.26.26
19. A. Maloney	Roch	1.26.56
20. D. Moseley	Sale	1.27.13

VE ERANS 0/40

1. R. Whitfield	Bing	1.23.13
2. M. Walsh	Kend	1.25.54
3. I. Holloway	Roch	1.26.26
4. R. Mitchell	Mand	1.28.17
5. M. Noble	Stock	1.30.40

VETERANS 0/50

1. H. Blenkinsop	Kesw	1.41.50
2. G. Charles	Vaux	1.42.52
3. P. Dowker	AchRat	1.43.56
4. R. Jaques	Clay	1.45.17
5. T. Illston	Bowline	1.45.35

LADIES

1. M. Laney V	Clay	1.43.24
2. S. Hodgson	Fellan	1.43.27
3. G. Cook	Roch	1.46.19
4. L. Thompson V	Kesw	1.46.38
5. A. Watmore V	DkPk	1.48.29
6. A. Isdale V	Bing	1.50.43
7. C. McNeill V	Amble	1.50.59
8. K. Beaty	CFR	1.51.55

CWM NANT-Y-GROES RACE

Gwent
BM/7m/1500ft 17 5.92

RESULTS

1. P. Maggs	Islwyn	47.25
2. L. Gwilym	MDC	48.03
3. L. Williams	Brych	48.27
4. A. Orringe	MDC	48.32
5. P. Coker	Croup	49.00
6. G. Burice	MDC	49.09
7. J. Darby	MDC	49.34
8. D. Adlam	MDC	49.37
9. P. Lewis	MDC	50.46
10. L. Foulkes	MDC	51.16

VETERANS 0/40

1. G. Buffet	Blaen	56.54
2. K. Livesy	B.S.O	61.18
3. D. Gilbert	MDC	61.58

VETERANS 0/45

1. L. Williams	Brych	48.27
2. J. Sweeting	MDC	52.32
3. B. Martin	G.W.R	54.27
4. E. Meredith	MDC	55.49
5. D. Gwilym	Gwent Tri	58.09

VETERANS 0/50

1. M. Comfort	Risca	63.43
2. N. Williamson	Blaen	65.35

VETERANS 0/60

1. J. Foden	Holme	69.49
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LADIES

1. L. Gould V	MDC	53.55
2. A. Bedwell	MDC	54.34
3. J. Coker	Croup	58.59
4. J. Waite	Blaen	60.39
5. S. Woods	MDC	61.22
6. M. Morgan	Unatt	65.42

TWO LADS RACE

Lancashire
BS/4m/800ft 19.5.92

Once again nice weather greeted us on the day and gave the organisers their largest turnout of runners. At the start, Wilf Brindle soon took the lead, kept it, and finished with a minute to spare. Local runner, Tony Hesketh, was the first over forty and finished in fourth place. Also to complete the evening for the local club Horwich, Janet Kenyon finished first lady.

Like most fell races it was plagued with a stile which gave an unnecessary bottleneck. We apologise and hope to solve the problem for next year.

Finishing on a brighter note, it's nice to see each year a larger turn out of juniors, perhaps a slap on the back is due to their organisers and parents.

RESULTS

1. W. Brindle	Horw	24.17
2. G. Schofield	Black	25.17
3. P. Pollitt	Bolt	25.36
4. T. Hesketh V	Horw	25.46
5. C. Lyon	Horw	25.55
6. P. Boyd	Black	26.01
7. D. Kearns V	Bolt	26.28
8. J. Hope V	AchRat	26.31
9. B. Brindle	Horw	26.35
10. J. Nixon V	AchRat	26.40

VETERANS 0/40

1. T. Hesketh	Horw	25.46
2. J. Hope	AchRat	26.31
3. J. Nixon	AchRat	26.40
4. D. Lewis	Horw	27.21
5. A. Steele	R'cliffe	27.39

VETERANS 0/45

1. D. Kearns	Bolt	26.28
2. N. Berry	Holm	28.15
3. G. Caplin	Unatt	29.54
4. J. Crook	Horw	30.47
5. F. Bennett	R'cliffe	30.57

VETERANS 0/50

1. J. Simpson	Pre st	30.55
2. T. Cunniffe	Horw	33.13
3. T. Richardson	N'burgh	35.20
4. K. Workman	Lostock	37.03
5. G. Harrison	Horw	37.48

VETERANS 0/55

1. B. Rogers	Horw	33.52
2. H. Johnson	N'burgh	34.29
3. R. Francis	Bury	34.55

VETERANS 0/70

1. J. Niblett	Horw	47.34
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LADIES

1. J. Kenyon	Horw	28.53
2. A. Lee	Clay	33.53
3. D. Gowans	Acc	34.35
4. P. Matthews V	Horw	34.43
5. K. Thompson V	Clay	35.24

INTERMEDIATE MALES U/18

1. N. Matthews	Horw	28.24
2. R. Hope	Horw	28.44
3. D. Hope	Horw	28.56

INTERMEDIATE FEMALE

1. D. Stone	Horw	41.54
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BURBAGE EDGE FELL RACE

Derbyshire
N/5.5m/780ft 20.5.92

Seventy degrees of heat and two hundred and six runners ensured that the first Burbage Fell Race was a success. It may not be the longest, toughest or steepest race but I stake my claim at organising the most picturesque fell race in the calendar.

After a hectic registration, the race got underway at around 7.30pm. To my great relief things seemed to be running smoothly. Certainly an 'in form' Dave Neill was running very smoothly, leaving the rest of the field well and truly in his wake. Dave seems to have hit a winning streak at the moment. Let's hope for his sake it continues. Two other runners 'in form' were ladies and veteran winner. Jacky Smith and G. Berry proved too good for their opposition, particularly Jacky who won the Ladies event by a staggering three minutes.

Yet my most sincere praise must go to the main body of runners who throughout the year turn up at all these races (not only ours) and compete with such enthusiasm and determination, giving their all. It's a pleasure to organise races for these sort of people. All this must surely add up to a good race and a cracking evening in the Peak. I hope you can join us again next year.

A. Ward

RESULTS

1. D. Neill	Staffs	32.53
2. P. Bowler	Staffs	33.55
3. P. Gebbett	Notts	34.17
4. S. Ogelthorpe	Hall	34.44

5. M. Wainwright	LeicUni	35.19
6. M. Innes	Holm	35.33
7. D. King	Hall	35.43
8. J. Chambers	NDRC	35.49
9. S. Frazer	Leeds	35.54
10. K. Davis	P'stone	36.16

VETERANS 0/40

1. P. Jepson	Roth	37.38
2. H. Ramczyk	Unatt	38.16
3. G. Band	DkPk	38.33
4. M. Seddon	Holm	39.13
5. R. Innes	Stkbridge	39.36

VETERANS 0/45

1. G. Berry	DkPk	37.08
2. D. Tait	Unatt	37.47
3. P. Hethershaw	SteelCity	40.14
4. J. Carrier	G.P.T	40.50
5. R. Marsden	DkPk	42.44

VETERANS 0/50

1. B. Sprakes	DkPk	39.52
2. I. Wainwright	Hall	40.16
3. P. Seyd	DkPk	42.23
4. R. Baumeister	DkPk	43.35
5. R. Mason	Totley	44.02

LADIES

1. J. Smith V	DkPk	41.35
2. E. Evans	NDRC	44.04
3. P. Bishop V	Bram	44.51
4. R. Clayton V	PVO	46.00
5. A. Jorgenson V	P'stone	46.53
6. S. Thorpe	Unatt	46.59
7. A. Carrington	Shelt St	47.32
8. Y. Eyres	Penn	49.14



Isle of Jura winner Andy Trigg, here seen with Goat Fell in the background - which he also won in a record time.
Photo: Neil Shuttleworth

THE ISLE OF JURA FELL RACE

Isle of Jura
AL/16m/7500ft 23.5.92

RESULTS

1. A. Trigg	Gloss	3.27.25
2. J. Holt V	Clay	3.32.29
3. A. Styan V	Holm	3.34.24
4. A. Curtis	C'mont	3.36.10
5. P. Lambert	Clay	3.37.56
6. R. Bryson	N'castle	3.40.00
7. N. Martin	Fife	3.41.20
8. A. Jones	Gloss	3.42.51
9. A. Dytych	Clyde	3.44.55
10. W. Nock	H'owen	3.47.20

VETERANS 0/40

1. J. Holt	Clay	3.32.29
2. A. Styan	Holm	3.34.24
3. J. Nuttall	Clay	3.48.14
4. C. Love	D'deeHH	4.00.13
5. B. Linsley	Mynydd	4.04.56

VETERANS 0/50

1. B. Gauld	Cam	3.51.07
2. I. Chrystal	Loch	4.19.28
3. H. Blenkinsop	Kesw	4.26.03
4. D. Brown	Clay	4.45.37
5. C. Cockshott	B'combe	5.08.54

LADIES

1. T. Calder V	E'burgh	3.59.45
2. L. Hope	Loch	4.18.22
3. W. Dodds V	Clay	4.24.29
4. C. Kenny	AchRat	4.58.40
5. M. Gallagher	DkPk	5.04.04
6. V. Dempsey V	Kend	5.21.17
7. M. Small V	Clyde	5.26.37
8. S. Clarke V	Highland	5.32.56

GREAT HAMELDON HILL RACE

Lancashire
BS/6m/1100ft 24.5.92

The finishing order sorted itself out very early in the race. By the time the race reached the end of the first half mile of tarmac, Colin Donnelly was pulling clear with the following group of five maintaining their positions throughout. This group was followed by Matthew Moorhouse of Salford, winner of the Junior race for the last three years, and graduating at the age of sixteen for the senior event. Matthew finally achieved seventeenth, a very commendable position. Also following the former group was Graham Schofield of Blackburn, second last year and in 1988, but this was not to be Graham's race, eventually holding on to seventh.

Ken Taylor and Trophy holder Steve Breckell had a battle for first veteran, eventually Ken took the honours. Amanda Thorpe has been having a superb season on the country and on the track, and showed her form by winning comfortably from Sarah Bibby. The lady's Veteran prize was won comfortably also with a good run from Linda Bostock of Baildon.

In this, Clayton's 70th anniversary year, a prize was introduced for 0/65 (Alton Hodgson), local unattached and 0/70 (Jack Riley of Clayton).

Forty four ladies competed and twenty five girls out of eighty eight juniors.

P.Healey

RESULTS

1. C. Donnelly	Eryri	35.05
2. N. Wilkinson	ManUni	35.31
3. I. Holmes	Bing	36.19
4. M. Lee	Bolt	36.35
5. S. Thompson	Clay	36.48
6. P. Livesey	Ross	36.52
7. G. Schofield	Black	37.07
8. N. Stone	Unatt	37.12
9. P. Sheard	P&B	37.42
10. G. Fay	Clay	38.03

VETERANS 0/40

1. S. Breckell	Clay	39.17
2. R. Taylor	Penn	39.28
3. A. Fielding	Bolt	39.48
4. S. Furness	Black	41.17
5. T. Spizer	Ross	41.39

VETERANS 0/45

1. K. Taylor	Ross	38.55
2. R. Lyons	Bury	39.55
3. K. Burgess	Alt	40.58
4. K. Carr	Clay	42.00
5. N. Berry	Holm	42.49

VETERANS 0/50

1. D. Ashton	Black	42.18
2. J. Jenkinson	AchRat	43.04
3. R. Jepson	Bury	43.25
4. R. Jaques	Unatt	45.54
5. M. Coles	Skyrac	46.48

VETERANS 0/55

1. M. Houghton	Chorley	48.28
2. R. Francis	Bury	51.51
3. J. Betney	Clay	54.17

VETERANS 0/60

1. B. Hargreaves	Tod	52.09
2. B. Leathley	Clay	54.23

VETERAN 0/65

1. A. Hodgson	Unatt	56.56
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VETERAN 0/70

1. J. Riley	Clay	75.00
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LADIES

1. A. Thorpe	Hynd	42.51
2. S. Bibby	Hynd	46.37
3. V. Hamlett	Ross	48.10
4. A. Lee	Clay	48.44
5. L. Bostock V	Clay	49.01
6. D. Gowans	Acc'ton	49.13
7. A. Smith	Clay	52.33
8. J. Wallis	Unatt	52.55

JUNIOR GIRLS

1. J. Smith	Hynd	28.24
2. S. Coffey	Moorhead	29.45
3. L. Brindle	Horw	30.17

JUNIOR BOYS

1. B. Rawlinson	Unatt	23.38
2. C. Fishlock	Hynd	23.47
3. C. Livesey	Prest	24.27

BENTHAM GALA 10 HILL RACE

Lancashire
CM/10m/800ft 25.5.92

RESULTS

1. G. Damiani	Spn	54.39
2. P. Lowery	L&M	55.09
3. J. Parker	Ilk	55.32
4. A. Robertshaw	Otley	55.50
5. T. Hesketh	Horw	57.18

6. J. Logue	Horw	57.55
7. J. Morgan	Watford	59.00
8. A. Carruthers	H'owen	59.20
9. M. Sandamas	S portage	60.25
10. S. Addison	Clay	61.15

VETERANS 0/40

1. T. Hesketh	Horw	57.18
2. P. Jackson	N Nomads	63.26
3. R. Haigh	Ilk	63.32
4. A. Turner	RedRose	63.39
5. N. Hambrey	Kend	63.48

VETERANS 0/50

1. J. Capenerhurst	Bing	66.25
2. W. Wade	Holm	70.25
3. B. Hill	Clay	82.05
4. B. Pierce	Clay	83.17
5. B. Pycroft	Unatt	85.59

LADIES

1. C. Lyon	N Nomads	81.47
2. J. Yule	BICC	82.28
3. B. Coomber	DenbyD	87.18
4. B. Hardy	Lostock	87.54
5. K. Pierce	Clay	96.37

JUNIOR

1. B. Squibb	Cornwall	70.47
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SADDLEWORTH FELL RACE

27.5.92

RESULTS

1. S. Livesey	Ross	20.03
2. J. Hornby	Spn	20.19
3. A. Maloney	Roch	20.50
4. R. Jackson	Horw	21.01
5. S. Brophy	Holm	21.04
6. W. Styan	Holm	21.10
7. G. Wilson	Saif	21.10
8. J. Hey	Warr	21.12
9. W. Ramsbottom	P&B	21.32
10. D. Wilkinson	Roch	21.37

VETERANS 0/40

1. B. Waterhouse	Sadd	22.00
2. A. Styan	Holm	22.29
3. P. Buttery	Holm	22.37
4. D. Beels	Roch	22.55
5. R. Taylor	Penn	23.18

VETERANS 0/50

1. P. Jepson	Bury	25.08
2. W. Cooper	MCR	26.02
3. P. Duffy	Aber	27.18

LADIES

1. A. Buckley	P&B	25.16
2. R. Gee V	Ech	25.24
3. S. Newman	Gloss	26.55
4. M. Sanderson V	Roch	29.41
5. S. Gaunt	Holm	30.10
6. G. Walkington V	Holm	31.15
7. P. Johnson V	Haljem	37.38

JUNIORS

1. S. Brophy	Holm	21.04
2. W. Styan	Holm	21.10
3. M. Sykes	Sadd	24.12

ALWINTON FELL RACES

Northumberland
BM/14m/2500ft 30.5.92

Robin Bergstrand warmed up for his British Championship win at Dollar by running away from the rest of the field in the seventh running of the Alwinton Fell Races. Robin won impressively by six minutes in poor visibility from Les Atkinson from Alnwick who again was the first Northumbrian home. The decrepit state of some of the Tyvek strips that were handed in at the finish probably means that we will be branding runners at certain checkpoints next year. Again there was an excellent race and post race per-



Start of Duddon Race.

Photo: Steve Bateson

formance by Livingston athletes. Indeed it was said that Mr Bergstrand was definitely antisocial in leaving the rest of the field so early. We were very pleased by the numbers taking part in both the short race and in the junior race. A lot of people were asking for T-shirts again this year and we will probably have some next year with the usual innovative design.

Roy Scott, Ian White & Ian Holland

RESULTS

1. R. Bergstrand	Mand	1.27.11
2. L. Atkinson	Ain	1.32.12
3. G. Ackland	L'ston	1.33.44
4. A. Haynes	Eryri	1.34.49
5. D. Henderson	Ain	1.35.22
6. P. Hyman	L'ston	1.35.56
7. P. Conway	L'ston	1.36.18
8. A. Curtis	C'mont	1.37.13
9. N. Dunn	Unatt	1.37.44
10. S. Webb	Blay	1.38.11

VETERANS 0/40

1. J. Watson	L'ston	1.40.21
2. A. Tait	Tyne	1.42.10
3. P. Kelly	S Shields	1.42.10
4. J. Dallinson	C'mont	1.46.31
5. G. Brosnan	Unatt	1.47.00

VETERANS 0/50

1. P. Carmichael	Els	1.51.40
2. J. Peacock	G'head	1.53.38
3. B. Campbell	L'ston	1.56.09
4. M. Hyman	L'ston	1.56.59
5. G. Atkinson	Wallsend	2.03.27

LADIES

1. J. Salvuna	L'ston	1.49.05
2. M. Coleman	L'ston	1.58.26
3. R. Fletcher V	Tyne	2.04.51
4. T. Cooper	C'mont	2.21.36
5. B. White	M'peth	2.30.25
6. K. Cameron	H'gill	2.32.12

MAMORE RIDGE RUN

Argyll
N/12m/3200ft 30.5.92

The old Mamore Hill Race, has been replaced by 'The New Annual Mamore Ridge Race'. To attract more runners to the race I changed the course, by eliminating the section of road. The runners are now taken over the ridges of Ben Wa Caillich and Mam Guillan, and back West Highland Way track.

Fifty runners took part, twice British Fell Runner Champion - Tricia Calder who was first female home, was impressed with the new course. Michael Dixon of the British Biathlete Squad came second. Fiona Russell also British Biathlete Team ran, but had to pull out through injury. Three runners failed to complete the race.

The race was sponsored by Highland Spring and Aqua Libra from Highland Wholefoods.

Maureen Byers

RESULTS

1. D. Rodgers	L.A.C	1.51.00
2. M. Dixon	L.A.C	1.51.24
3. G. Bartlett	Forres	1.55.37
4. D. Bell	H.E.L.P	1.56.51
5. P. Hughes	Unatt	2.01.45
6. G. Brooks	L.A.C	2.02.55
7. T. Calder		2.03.36
8. J. Coyle	Cam	2.04.13
9. B. Brooks	L.A.C	2.04.21
10. P. Clearly	Cald	2.04.24

LADIES

1. T. Calder		2.03.36
2. J. Famingham		2.51.01
3. H. Searle		3.06.17

DUDDON VALLEY FELL RACE

Cumbria

AL/20m/6000ft 30.5.92

A fine win for Gavin Bland who ran away from Ian Holmes in the later stages of the race. The Bland family provided three of the first five finishers to give Borrowdale an easy team victory. Yvette Hague took thirty fifth place overall as first lady and Don Ashton confirmed his supremacy over Roger Bell in gaining his fourth straight English over fifties Championship wins, and so taking the title!

This race has always been organised by the local community and it involves virtually the whole valley. As runners we owe so much to all of the folk who help. It was particularly tragic therefore, that the event was marred by the death of Les Ashcroft on Harter Fell, where he has manned the checkpoint for many years. Les was our friend and we will miss him greatly.

A collection after the race raised £103 which will go, along with a similar donation from the race committee, to the Millom Fell Rescue Team.

Selwyn Wright

RESULTS

1. G. Bland	Borr	2.44.21
2. I. Holmes	Bing	2.52.10
3. D. Lee	CFR	2.52.57
4. J. Bland	Borr	2.54.52
5. B. Bland V-	Borr	2.55.31
6. M. Wallis	Clay	2.55.50
7. A. Schofield	Ross	3.01.39
8. J. Bradley	Prest	3.02.03
9. D. Nuttall	Clay	3.02.29
10. J. Bulman	Borr	3.04.17
11. J. Nixon V	Horw	2.04.52
12. A. Lewsley	Border	2.06.55
13. W. Nock	Hales	2.07.21
14. D. Loan	Kesw	2.07.44
15. M. Hartell	Macc	2.08.24
16. S. Jackson	Horw	2.09.35
17. D. Marshall	PFR	2.09.40
18. H. Jarrett	CFR	2.10.41
19. R. Mitchell V	Mand	2.11.25
20. G. Wilkinson	Clay	2.11.30

VETERANS 0/40

1. B. Bland	Borr	2.55.31
2. J. Nixon	Horw	3.04.52
3. R. Mitchell	Mand	3.11.25
4. J. Winder	Cald	3.12.39
5. P. Buttery	Holm	3.18.34

VETERANS 0/50

1. D. Ashton	Black	3.17.19
2. R. Bell	Amble	3.37.34
3. B. Johnson	CFR	3.51.13
4. W. Cooper	Mcr	4.01.24
5. H. Thompson	Clay	4.19.16

LADIES

1. Y. Hague	P&B	3.19.52
2. J. Reid	CFR	3.49.38
3. J. Smith V	DkPk	3.50.44
4. K. Parker	Macc	3.51.13
5. E. Wright	Amble	3.59.06

PADDY'S POLE FELL RACE

Lancashire

AS/4.5m/1100ft 2.6.92

An evening of perfect weather drew a massive entry of 260 runners and slight concern at the increase of 44 on any previous year. The organisation seemed to cope well and a small, dedicated team of helpers worked very hard to make the race a success.

No records were broken this year but nonetheless, there were some noteworthy performances. Simon Thompson of Clayton led down Parlick Fell by a few metres but was unlucky to slip as he turned sharply into the finish funnel. Steve Hawkins of Bingley jumped over Simon who lay sprawled out in front of him to win the race and improve on last year's second place. He missed Shaun Livsey's 1989 record by only eight seconds. John Hope and John Nuttall like last year were placed first and second respectively in the over forties veterans class. The ladies' race was a bit slower than usual and V.Hamlet won by a minute from Phillipa Walsh. Only one runner (from Garstang) failed to finish, somehow managing to get lost on the contour between the stile and Parlick summit. After an hour he turned up at Chipping, having come off the fell some distance from the finish at Fell Foot. Someone suggested that he might have been attempting the route of Brian Jackson's Fiendsdale Race which crosses the same fells!

The Talbot Hotel in Chipping coped with the numbers amazingly well and thanks to Boddington Pubs, 170 'free' pie 'n peas were handed out. Only about ten people were disappointed when the food ran out - unfortunately these were race helpers. The prize giving in the back garden was the usual chaotic affair and the apparent never ending supply of canned Boddies led one runner to compare it with the 'feeding of the 5000'! Helpers and any runner who could spare the time to stay for the prizes received at least one can.

Without the services of Frances Watkins, who used my computer software to input 260 names and times, the prize-giving would probably have been delayed until midnight! Due to Frances, photocopied results were available in the pub before most runners had finished their first pint.

All this for the princely sum of £1.00. The competition with Dave Woodhead for best value fell race of the year is hotting up! See you all next year.

RESULTS

1. S. Hawkins	Bing	29.27
2. S. Thompson	Clay	29.28
3. G. Wilkinson	Clay	30.17
4. D. Nuttall	Clay	30.34
5. C. Lyon	Horw	30.59
6. G. Schofield	Black	31.06
7. M. Aspinall	Unatt	31.17
8. M. Moorhouse	Saif	31.23
9. P. Boyd	Black	31.29
10. J. Bradley	Prest	31.43

VETERANS 0/40

1. J. Hope	AchRat	32.33
2. J. Nuttall	Clay	33.02
3. G. Newsam	Clay	33.09
4. B. Mitchell	Clay	33.13
5. D. Lewis	Horw	33.26

VETERANS 0/50

1. D. Simpson	Prest	36.30
2. D. Brown	Clay	39.00
3. H. Manning	Clay	40.03
4. W. Atkinson	Black	40.25
5. R. Orr	Clay	40.33

LADIES

1. V. Hamlet	Ross	39.07
2. P. Walsh	Prest	40.17
3. J. Rowlinson V	Clay	40.31
4. D. Gowans	Acc	40.55
5. C. Kenny	AchRat	42.04
6. A. Smith	Clay	42.40
7. J. Wood	Ross	43.13
8. P. White	Prest	43.53

TEAMS

1. Clayton	8 points
2. Blackburn	42 points
3. Rossendale	44 points

BLENCATHRA FELL RACE

Cumbria

AM/8m/2700ft 2.6.92

Another beautiful evening for this opening event of the 'Four Seasons' Summer Madness League producing a record turnout of 117 runners, including some visitors from the USA. Young Gavin strolled it after his previous weedeeds' success at the Duddon, gamely chased by the injury prone record holder Alan (first of the huge turnout of CFR members). Ruth made it three wins in four years. They say the older you get the dafter you get and there were 41 veterans to prove it - has fell running swapped with Bowls as the sport for mature males? Next year Peat and myself will be running or else moving the finish line to the bar. We can't take anymore from those Mungrisdale midges. Nevertheless our thanks again for another memorable night.

John Stout

RESULTS

1. G. Bland	Borr	59.53
2. A. Bowness	CFR	61.00
3. M. Fleming	Amble	62.49
4. D. Lee	CFR	63.02
5. J. Bland	Borr	64.02
6. H. Jarrett	CFR	64.21
7. C. Valentine	Kesw	64.24
8. A. Schofield	Ross	64.30
9. D. Loan	Kesw	65.30
10. P. Clark	Kend	66.29

VETERANS 0/40

1. E. Parker	Amble	67.12
2. C. Webb	CFR	69.07
3. M. Richardson	Amble	70.04
4. M. Litt	CFR	70.58
5. W. Tait	Tyne	71.16

VETERANS 0/50

1. R. Blamire	Stew	69.32
2. M. Carson	Kesw	77.11
3. P. Cram	CFR	79.01
4. A. Calder	CFR	79.20
5. G. Arditto	DkPk	79.35

VETERAN 0/55

1. H. Demoss	TriLakes	108.29
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LADIES

1. R. Pickvance	Kend	78.47
2. E. Wright	Amble	80.01
3. T. Bryden	Amble	81.24
4. K. Beaty	CFR	83.10
5. G. Barnes	Amble	84.48
6. K. Arnold	CFR	85.52
7. P. Demoss	TriLakes	86.44
8. L. Hibbert	CFR	88.57

CLITHEROE FELL RACE

BM/6m/1350ft 4.6.92

Both Amanda Thorpe and Gary Wilkinson have now won this race three times in succession. On a clear night, but cold with a little rain, 142 runners set off on the fast fields section of the course. C.Lyon led to the Scout cairn, only to trap a nerve on the descent in his thigh, but still managed fourth. Gary's usual Kami Kaze descent took him into first place which he held till the end. Amanda was never headed from start to finish, her domination of this race for the last three years is quite amazing, we see her improve each time.

RESULTS

1. G. Wilkinson	Clay	42.39
2. P. Pollitt	Bolt	43.05
3. C. Hirst	Settle	43.16
4. C. Lyon	Horw	43.52
5. M. Keyes	Ross	44.24
6. K. Taylor	Ross	44.46
7. A. Taylor	S'fields	45.08
8. M. Addison	Clay	45.12

VETERAN 0/40

1. K. Taylor	Ross	44.46
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VETERAN 0/50

1. K. Talbot	Ross	51.46
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LADIES

1. A. Thorpe	Hynd	53.05
2. H. Whitehead	Kend	55.11

WELSH 1000m RACE

Gwynedd

AL/19m/8000ft 6.6.92

An increased entry and a fine day provided a fitting backdrop for a record breaking ran in the twenty first event over this classic course from the sea to the summit of Snowdon. Early morning mist over the Cameddau which hampered competitors in the mountaineering classes had cleared as the fell nimmers boiled up the valley from Aber Falls. Colin Donnelly of Eryri coming from behind, extended his lead over the second half to win in a record time, well ahead of first veteran John Nixon, with Phil Clark third. Other notable performances were from first woman, Lydia Gould(20th overall), and from Eric MacDermid, who was the first super veteran. I say notable because Eric was the 'oldest' competitor - a remarkable run at sixty two. Eryri took team prize.

A big thank-you to all competitors whose increased numbers reflect the growing popularity of this unique race.

Andrew Middleton

RESULTS

1. C. Donnelly	Eryri	3.37.56
2. J. Nixon	Horw	3.51.26
3. P. Clark	Kend	3.56.07
4. M. Parker	K'ham	3.58.11
5. T. Jones	Eryri	4.03.34
6. E. MacDermid	Bowline	4.05.47
7. C. Taylor	Mercia	4.17.42
8. J. Darby	MDC	4.17.47
9. R. Seager	Cham	4.20.45
10. D. Moseley	Sale	4.23.48

VETERANS 0/40

1. J. Nixon	Horw	3.51.26
2. M. Daykin	Herefd	4.29.46
3. G. Mills	Bath	4.35.23
4. P. Parker	Bowline	4.58.34
5. A. Sanderson	Unatt	4.59.45

VETERANS 0/50

11 M. Parker	K'ham	3.58.11
2. J. Crummett	CFR	4.35.22
2. M. Walford	Kend	4.35.22
4. C. Latter	Tatten	4.45.11
5. B. Davies	Unatt	5.01.56

VETERANS 0/60

1. E. MacDermid	Bowline	4.05.47
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LADIES

1. L. Gould	MDC	4.41.54
2. A. Hood	H P'point	5.38.35
3. A. Carrivick	Unatt	6.17.50

PEN Y GHENT RACE

North Yorkshire

AM/5.5m/1500ft 6.6.92

After rain all week the weather changed to give beautiful sunny conditions for this years race. Last year's winner Craig Roberts had a great tussle with Shaun Livesey. Craig took the lead in the last quarter of a mile to win and reduce his record for the new route by ten seconds. Matthew Moorhouse had another excellent run to finish in third place and first junior.

Sarah Rowell finished in twenty second place overall and first lady, reducing Carol Greenwood's record by over six minutes. Rosalind Gee was first lady veteran

Tom McDonald who has featured in the veteran prizes many times in this race, turned out again to claim first over fifties prize, with M. Walsh first over forty. There was a good entry with 222 starters and only one retirement. I was very disappointed to find that Matthew Moorhouse was the only representative in the junior/intermediate sections (15-19 years inclusive). Is fell racing turning into an old mans' sport?

Thanks to Raynet, marshalls, officials and all who helped make the race a success.

Harry

RESULTS

1. C. Roberts	Kend	44.03
2. S. Livesey	Ross	44.14
3. M. Moorhouse	Saif	45.43
4. A. Smith	CFR	45.50
5. G. Damiani	Spen	46.21
6. M. Aspinall	Clay	46.27
7. M. Lee	Bolt	47.01
8. A. Wrench	Tod	47.03
9. S. Barlow	Horw	47.11
10. N. Stone	Unatt	47.16

VETERANSO/40

1. M. Walsh	Kend	48.33
2. J. Greenwood	H'fax	49.57
3. T. Hulme	Penn	50.28
4. P. Branham	Craven	51.43
5. K. Carr	Clay	51.51

VETERANS 0/50

1. T. McDonald	Bing	54.19
2. G. Charles	Vaux	55.07
3. F. Gibbs	H'bome	55.32
4. P. Reynard	Leeds	56.57
5. D. Owen	L'wood	57.20

LADIES

1. S. Rowell	Leeds	50.15
2. C. Hughes	Read	55.40
3. C. Cook	Clay	55.50
4. R. Gee V	E Chesw	58.06
5. A. Isdale V	Bing	61.27
6. T. Smith	CFR	62.23
7. S. Ashby	Dews	63.08
8. P. Demoss V	USA	63.34



Mathew Moorhouse, 3rd overall at Pen-y Ghent.

Photo: Steve Bateson

NORTH CAPE DOLLAR HILL RACE

Fife

AS/5m/2000ft 6.6.92

This years North Cape Dollar Hill Race was the 'hottest' race over the course to date! Central Scotland was one of the hottest places in Western Europe on sixth June and it certainly felt like it for our record entry of 227 runners. We had more retirements than usual (ten in all) - no doubt due to the heat, and despite very good conditions underfoot and the top quality field, there was not a new record time set.

Those in the know had tipped Keith Anderson as the likely winner, but in the event he could not match Robin Bergstrand's amazing performance to the summit (only six seconds slower than Malcolm Patterson's record breaking ascent set last year). Bergstrand's lead at the top proved decisive because despite Anderson pulling out all the stops with the fastest descent ever of 1min 24sec, he was still eleven seconds adrift at the finish.

Tricia Calder continued her series of wins at Dollar, with an identical time to her 1989 run over the same course.

RESULTS

1. R. Bergstrand	Mand	38.53
2. K. Anderson	Amble	39.04
3. S. Nicholson	L'ston	39.49
4. N. Wilkinson	McrUni	39.54
5. D. McGonigle	Shett	40.09
6. P. Dymoke	L'ston	40.28
7. D. Neill	Staffs	40.32
8. M. Roberts	Kend	40.54
9. S. Hawkins	Bing	41.05
10. J. Parker	Ilk	41.12
11. J. Atkinson	Amble	41.38
12. J. Wilkinson	Gala	41.43
13. A. Kitchin	L'ston	42.05
14. M. Rigby	W'lands	42.07
15. J. Pyrah	E'burgh	42.11
16. R. Jamieson	Amble	42.23
17. R. Whitfield	Bing	42.29
18. G. Wilkinson	Clay	42.36
19. G. Bland	Borr	42.42
20. N. Martin	Fife	42.45
21. J. Bulman	Borr	42.48
22. P. Bowler	Staffs	42.51
23. M. Wallis	Clay	42.59
24. M. Fleming	Amble	43.13
25. R. Hogarth	C'mont	43.18
26. J. Brooks	Loch	43.26
27. G. Ackland	L'ston	43.34
28. A. Maloney	Roch	43.37
29. T. Hesketh	Horw	43.38
30. I. Ferguson	Bing	43.41

VETERANS 0/40

1. R. Whitfield	Bing	42.29
2. T. Hesketh	Horw	43.38
3. B. Knox	Teviot	45.08
4. R. Boswell	Loch	45.10
5. W. Bland	Borr	45.16

VETERANS 0/50

1. A. Trowbridge	DkPk	50.45
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LADIES

1. T. Calder V	Hunters	46.25
2. C. Crofts	DkPk	48.42
3. Y. Hague	P&B	48.47
4. J. Kenyon	Horw	49.10
5. J. Salvona	L'ston	51.41
6. J. Smith	DkPk	51.52
7. S. McLeish	Giff	53.14
8. L. Thompson	Kesw	53.18

JUNIORS

1. J. Brooks	Loch	43.26
2. P. Mowbran	E'burgh	43.45
3. M. Whitfield	Bing	45.07

CADER IDRIS FELL RACE

Gwynedd

BM/10.5m/2900ft 6.6.92

A lovely day, lovely surroundings and music to boot! The race starting from the square in the historical town of Dongellall, runners making their way along the Cader Idris road for one and a half miles, leaving the road and threading their way along the shores of Lake Eweran. Runners then leave the boggy ground on their long haul up the pony trail. The winner and leading all the way was Emlyn Roberts of Eryri in an excellent time of one hour thirty minutes.

The performance of the day belonged to Alice Bedwell who returned a time of one hour forty three minutes.

Winners of the junior events were B.Lewis of Torfaen (U/16), and Brian Roberts of Dongellall (U/12).

Next years event which will be held on Saturday June 5th should prove even more popular.

RESULTS

1. E. Roberts	Eryri	1.30.39
2. O. Williams	Eryri	1.35.10
3. B. Beachell	H'fax	1.37.05
4. P. Jones	Eryri	1.37.12
5. D. Evans	Rhedwyr	1.39.43
6. P. Marsh	Tarren	1.40.02
7. S. Daws	Telf	1.40.18
8. G. Mawson	OswOlymp	1.42.10
9. D. Barton	Merc	1.43.03
10. D. Knüller	Presell i	1.43.09

VETERANS 0/40

1. P. Jones	Eryri	1.37.12
2. B. Leyton	Beare BJ	1.48.07

VETERANS 0/45

1. D. Evans	Rhedwyr	1.39.43
2. F. Reilly	P'at-in	1.44.18

VETERANS 0/50

1. T. Evans	BroDys	1.54.28
2. J. Thomas	ChesPell	1.57.34

LADIES

1. A. Bedwell	MDC	1.43.29
2. J. Jeffries	OswOlymp	2.04.46
3. A. Capp	Telf	2.08.49

LANGDALE GALA FELL RACE

Cumbria

AS/1.25m/650ft 6.6.92

RESULTS

1. D. Lee	CFR	10.32
2. J. Hey	Warr	10.34
3. B. Nock	Hales	10.41
4. D. Loan	Kesw	10.57
5. K. Johnstone	Ryhope	11.19
6. A. Beattie	CFR	11.26
7. P. Boyd	Black	11.31
8. E. Parker V	Amble	11.38
9. T. Kelly		11.49
10. S. Proud	Kenil	12.19

VETERANS 0/40

1. E. Parker	Amble	11.38
2. M. Richardson	Amble	12.26
3. L. Sands		12.50
4. D. Bridge	Kesw	12.52
5. E. Unsworth	Kend	13.53

VETERANS 0/50

1. H. Thompson	C.L.M	14.17
2. K. Dobson	Hynd	14.32

LADIES

1. N. Wilkinson		13.03
2. K. Arnold	CFR	14.39

JUNIORS U/17

1. D. Hope	Horw	12.38
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MALLERSTANG AND NINE STANDARDS HORSESHOE YOMP

Cumbria

BL/23m/1817ft 7.6.92

The event took place with the weather fine for most of the day with some low cloud and mist on one section of the course early in the morning. The route had been marked out to a higher standard than previous years and nobody lost their way. A total of 489 entries were received and all bar twelve entrants finished the courses, with 304 taking on the full twenty three miles.

Raynet were in attendance with their radio control system and local Kirkby Stephen Fell Rescue Team on standby in case of emergencies. One young lady sprained her ankle on the way down from Sward Fell Pike, but apart from blisters that was the only casualty.

The Rotary Club of Upper Eden intend to organise the event again on 6th June 1993. FRA members are welcome and we look forward to an increase entry next year.

Bill Watkin

RESULTS

1. D. Hall	Kend	3.09
2. A. Tait	Tyne	3.12
3. A. Gillard	Kend	3.14
4. I. Kiyohiko	Unatt	3.18
5. D. Charlton	Tyne	3.19
6. J. Humble	Tyne	3.21
7. J. Stout	Unatt	3.23
8. R. Pickvance	Kend	3.26
9. G. Newsam	Unatt	3.27
10. C. Taylor	Clay	3.31

VETERANS 0/60

1. D. Talbot	Unatt	4.06
2. R. Moulding	Unatt	4.36
3. R. Irwin	Unatt	5.28

LADIES

1. R. Pickvance	Kend	3.26
2. L. Walker	Unatt	3.50
3. K. Pierce	Unatt	4.27
4. S. Billam	Melt	4.33

JUNIORS U/16

1. D. Baines	Unatt	4.59
2. A. Cooper	Bedale	5.10
3. R. Campbell	Unatt	6.09

TEAMS

1. Kendal	9.49
2. Tynedale Harriers	9.52
3. Dills Heroes	12.12

SCOLTY HILL RACE

Grampion

BS/5m/800ft 7.6.92

Fine weather, almost too fine for hill running but mustn't grumble. Highlight was Fraser Clynes eleventh win (not consecutive). Question being asked - is this a record? Not just for Scolty, but for any open race. Can FRA members shed any light or make any counter claims? Metro Aberdeen R.C. packed well (almost perfectly) to become first holders of new Rotary Club Challenge Plaque.

Other noteworthy achievements were new record times for Doug Munro in the over sixties category, and Maureen Lorimar in the over forty five ladies category

This race does appeal to the veterans. The average age of the whole field of 114 was 35 years plus, for the second year running. Junior runners, conspicuous by their scarcity are equally welcome though.

RESULTS

1. F. Clyne	Metro	30.46
2. R. Creswell	Aber	32.38
3. R. Taylor	Metro	33.48
4. J. Buchan	Metro	33.57
5. A. Aitken	Garioch	34.15
6. S. Willox	Metro	34.19
7. A. Neaves	Metro	34.39
8.1. Cumming	Aber	34.47
9. M. Thomas	HtrsBogT	34.53
10. E. Rennie V	Aber	34.57

VETERAN 0/40

1. E. Rennie	Aber	34.57
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VETERAN 0/45

1. C. Love	D'deeHawk	35.21
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VETERAN 0/50

1. G. Angus	D'deeHawk	37.35
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VETERAN 0/55

1.1. Morrison	Aber	43.39
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VETERAN 0/60

1. D. Munro	Aber	41.53
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LADIES

1. J. Robertson	W'lands	41.15
2. S. Taylor V	Garioch	43.21
3. M. Lorimer V	Unatt	45.12

EDENFIELD FELL RACE

Lancashire

BM/7.5m/1600ft 7.6.92

A hot warm day with ideal conditions underfoot, led to a new course record in the ladies race, but not in the mens race. Last years winner Geoff Schofield returned the trophy and at least for the initial part of the race it looked as if he was again going to take the trophy. However, Ray Rawlinson had other thoughts and put in his effort, resulting in a winning margin of just under one minute. The Evergreen fell runner - Mark Aspinall, a further one minute back. The ladies race as dominated by Wickinson, who ran an excellent new course record, being three minutes clear of the second lady.

K.Smith



Gavin Bland, Coledale winner, here pictured at the Ben.

Photo: Steve Bateson

RESULTS

1. R. Rawlinson V	Ross	43.26
2. G. Schofield	Black	44.30
3. M. Aspinall	Clay	45.34
4. M. Corbett	Ross	46.35
5. J. Logue	Horw	46.44
6. M. Keys	Ross	46.50
7. G. Luke	Horw	47.00
8. D. Keams V	Bolt	47.10
9. J. Smithson	Ross	47.21
10. M. Foschi	Hels	47.54

VETERANS 0/40

1. R. Rawlinson	Ross	43.26
2. A. Fielding	Bolt	48.45
3. K. Lewis	Clay	50.22
4. J. Dore	Ross	51.23
5. B. Rawlinson	Ross	52.22

VETERANS 0/45

1. D. Keams	Bolt	47.10
2. P. Lyons	Bury	47.56
3. T. Hulme	Penn	51.07
4. P. Blagbrough	Sadd	51.59
5. G. Fielding	Ross	53.26

VETERANS 0/50

1. P. Jepson	Bury	52.12
2. K. Talbot	Ross	54.18
3. J. Capenerhurst	Bing	55.00
4. T. Conniffe	Horw	56.25
5. T. Richardson	Newbury	64.42

VETERANS 0/60

1. D. Clutterbuck	Roch	60.32
2. J. Bewick	Hels	66.08

LADIES

1. N. Wickinson	Black	53.10
2. G. Cook	Roch	56.14
3. V. Hamlet	Ross	57.53
4. S. Exon V	Traff	58.44
5. D. Flemming V	Ross	58.59
6. A. Lea	Clay	59.47
7. K. Thompson	Clay	60.07
8. L. Bostock V	Clay	61.48

COLEDALE HORSESHOE

Cumbria

AM/8m/3000ft 10.6.92

Thank you for competing in record numbers and in beautiful weather conditions. Congratulations to Gavin, Angela, Billy, Roger, Lynn and Borrowdale team, and many thanks to the many helpers on checkpoints and timekeeping.

The Coledale Inn provided well earned drinks by the gallon - Thank-you, and sadly to report the last of Ley land Bus/Volvo sponsorship. The grand trophies will remain for future years. Sincere thanks to Ken Hargreaves for his enthusiasm and support over the years.

Barry Johnson

RESULTS

1.G. Bland	Bon-	1.08.09
2. J. Bulman	Bon-	1.08.43
3. D. Lee	CFR	1.09.51
4. B. Bland	Borr	1.12.06
5. D. Ramsay	Kesw	1.13.11
6. J. Bland	Borr	1.13.18
7. H. Jarrett	CFR	1.13.26
8. M. Fleming	Amble	1.13.36
9. A. Schofield	Ross	1.14.08
10. K. Johnston	Ryhope	1.14.46

VETERANS 0/40

1.B. Bland	Borr	1.12.06
2. R. Mitchell	Mand	1.15.07
3. M. Richardson	Amble	1.17.26
4. C. Webb	CFR	1.19.06
5. M. Litt	CFR	1.19.46

VETERANS 0/50

1.R. Bell	Amble	1.19.33
2. H. Blenkinsop	Kesw	1.26.04
3. B. Johnson	CFR	1.30.28

LADIES

1. A. Barker	Kesw	1.27.36
2. L. Thompson	Kesw	1.29.31
3. R. Pickvance	Kend	1.29.48
4. K. Beaty	CFR	1.34.58
5. J. Ramsden	Kesw	1.37.04
6. K. Arnold	CFR	1.38.37
7. C. Kenny	AchRat	1.41.44
8. A. Linsley	Unatt	1.42.42

GLEN ROSA HORSESHOE

Isle of Arran

AL/12m/5500ft 13.6.92

The fourth Glen Rosa attracted the biggest field so far with fifty six starters. The weather conditions were good, sunny and clear, with a light breeze. We had a very high quality field, with thirty two runners completing the course in under three hours. Of the ten teams competing, Kendal was the only one from outside Scotland.

Ian Ferguson dominated the race from the beginning and would probably have set a new record if he hadn't have had to wait for Phil Clark to show him where to go.

The most notable achievement was Bill Gaulds new super veteran record, which was twelve minutes inside his old record. Bill is certainly on form at the moment having set a new record at Jura, only the week before.

RESULTS

1. I. Ferguson	Bing	2.16.07
2. P. Clark	Kend	2.17.43
3. I. Murphy	Clyde	2.18.38
4. P. Stott V	Hebog	2.19.01
5. J. Stevenson	Irv	2.19.25
6. N. Martin	Fife	2.22.28
7. S. Hughes	Hebog	2.24.40
8. J. Coyle	Cam	2.25.40
9. A. Haynes	Eryri	2.26.20
10. J. Shields V	Clyde	2.26.35

VETERANS 0/40

1. P. Stott	Hebog	2.19.01
2. J. Shields	Clyde	2.26.35
3. D. Milligan	Solway	2.32.22
4. M. Walford	Kend	2.35.53
5. D. Lord	Unatt	2.51.27

VETERANS 0/50

1. B. Gauld	Cam	2.28.04
2. P. Dowker	AchRat	3.03.08
3. R. Mitchell	Teviot	3.10.17

LADY

1. P. McLaughlin V	W'lands	3.53.37
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RAS CARNEDDAU

Gwynedd

AM/10m/3500ft 13.6.92

Seventy three runners started on a warm sunny day, much better than last years conditions. Gwynfor Owen taking the summit award in 45.35, with three further runners arriving together in 46.00, including eventual winner Gary Devine. From Camedd Dafydd, Will Ramsbottom who was fifth at Camedd Dafydd arrived at Yr Elen with Gary Devine six seconds adrift. From Yr Elen Gary Devine was never headed and finished. Will Ramsbottom dropping off the pace, or could it be the sting in the tail Gym Wigau, that sapped the strength from his legs. Arron Nicholas a name to watch, finished second after a wrong turn from Stev Barlow. Don Williams winning the veterans race after badly spraining his ankle on the descent of Yr Elen. Super Veteran was won by Twm Hildig.

Yvette Hague dominated the ladies race finishing, six seconds outside the ladies course record set last year by Trish Calder.

The organiser would like to thank all those who ran and who they return next year.

C. Williams

RESULTS

1. G. Devine	P&B	1.43.42
2. A. Nicholas	Eryri	1.44.05
3. S. Barlow	Horw	1.44.08
4. G. Owen	Eryri	1.44.42
5. G. Williams	Eryri	1.45.49
6. T. Jones	Eryri	1.46.13
7. E. Evans	Eryri	1.46.31
8. W. Ramsbottom	P&B	1.46.51
9. M. Foschi	Hels	1.49.54
10. D. Williams V	Eryri	1.49.56

VETERANS 0/40

1. D. Williams	Eryri	1.49.56
2. D. Evans	Rhed	1.56.25
3. J. Morris	Penn	2.03.36
4. M. Blake	Eryri	2.06.38
5. T. Hulme	Penn	2.07.20

VETERANS 0/50

1. T. Hildige	Eryri	2.12.07
2. G. Swindon	NGOC	2.12.26
3. P. Jepson	Bury	2.20.53
4. J. Nicholas	Eryri	2.24.37

LADIES

1. Y. Hague	P&B	1.59.25
2. A. George	Merc	2.04.08
3. C. Greasley	Macc	2.17.21
4. T. Williams	Eryri	2.21.43
5. J. Schreiber	P&B	2.26.27
6. S. Bennell	Eryri	2.42.11
7. A. Capp	Telf	2.44.20
8. S. Lloyd	Eryri	3.05.47

INGLEBY INCLINE UPHILL MILE

RACES

North Yorkshire

AS/lm/715ft 16.6.92

New records were set in all categories in the annual races up the Ingleby Incline. The races climb the disused railway formally used for carrying iron ore from Rosedale. The distance is exactly one mile and with 719 feet of climb, must be one of the toughest races in the country.

Claire Garland of opened the evening by winning the ladies race, then in the veterans race Bob Firth was first home. These performances indicated conditions were very favourable and a fast time was to be expected for the men's race.

International fellrunner Robin Bergstrand powered up to knock over half a minute of his 1990 record. He was thirty six seconds clear of the runner up, clubmate Neil Raitt.

Thanks for coming and supporting the race, the weather was kinder this year. Most of you who have run before gained p.b.'s.

Whilst it is pleasing to see so many spectators it is disappointing that so many "runners" were content to just stand and watch. Is the race too tough for you?

Once again Silva donated most of the prizes. This year we have decided to use the race to raise money for the British Orienteering Squad. We have yet to do the final accounting but this is expected to be around £70 and still keeping a little float for next year. See you next year.

Mic and Gilly

RESULTS - SENIOR MENS RACE

1. R. Bergstrand	Mand	7.32
2. N. Raitt	Mand	8.08
3. M. Cara	Mand	8.18
4. A. Davison	Tod	8.21
5. R. Bum	T&S	8.27
6. P. Conner V	Mand	9.02
7. M. Fisher	Mand	9.05
8. J. Blackett	FRA	9.07
9. I. Davison	B.M.H.H	9.15
10. P. Wilkin	T&S	9.21

RESULTS - VETERANS RACE

1. B. Firth	Mand	8.44
2. I. Gilmour	M&C	9.15
3. J. Williams	Mand	9.31
4. C. White	NewAyc	9.48
5. A. Wikeley	T&S	9.56

RESULTS - LADIES/JUNIORS RACE

1. P. Bentley	M&C	9.55
2. C. Garland	Mand	10.39
3. C. Procter	Mand	10.47
4. M. Garratt	Mand	11.17
5. G. Twedde	Mand	12.27
6. R. Royall	Mand	12.52
7. A. O'Rourke	Mand	13.24
8. S. Ennis	T&S	13.55



Andrea George, 2nd at Carneddau.

Photo: Francis Uhi man

BEN SHEAN HILL RACE

Perthshire

AS/2.5m/1400ft 17.6.92

RESULTS

1. B. Potts	Clyde	22.54
2. J. Brooks	Loch	23.00
3. D. McGonigle	Shett	24.10
4. D. Crowe	D'deeHawk	24.13
5. M. Rigby	W'lands	24.18
6. I. Murphy	Clyde	25.33
7. A. Dytch	Clyde	25.52
8. M. Thomas	Loch	26.04
9. A. Keith	HBT	26.09
10. G. Brooks	Loch	26.12

VETERANS 0/40

1. J. Shields	Clyde	26.15
2. C. Shaw	W'lands	27.48
3. J. Watson	L'ston	29.03
4. K. Adams	W'lands	29.12
5. R. Cant	Loch	29.13

LADIES

1. H. Diamantides	Amble	29.55
2. R. Maclachlan	Loch	34.13
3. E. Scott	W'lands	34.49
4. J. Smith	P'cuik	35.07
5. S. Johnston	Unatt	35.30
6. J. Smith	G'ockGlen	38.37

COINERS FELL RACE

West Yorkshire

BM/7.5m/1 100ft 17.6.92

The race route is designed to take in spectacular views of the Cragg Vale and the Calder Valleys. Cragg Vale is Coiners Country - the home of one of the coining gangs of the eighteenth century. These coins were accepted as currency at the time and were often clipped by the coiners.

The route passes near to the old farmhouses of Keelam and Bell House where much of the coining was done. David Hartley, known locally as "King David" and leader of the Cragg Vale Gang, lived and worked in these houses. He was eventually hanged at York and his body lies in the cemetery at Heptonstall Church.

Congratulations to Gary and Glynda, who both broke the previous race records by a considerable margin.

We hope to continue to provide an enjoyable low-key event in future years with coasters, showers, sandwiches, beer and fine weather. Prizes will be kept to a minimum to allow us to provide the coasters.

Many thanks to Lynn and John at the Shoulder of Mutton for accommodating us and providing the sandwiches, and to the Leisure Centre for registration and showers.

RESULTS

1. G. Devine	P&B	51.01
2. A. Wrench	Tod	51.03
3. W. Ramsbottom	P&B	52.31
4. S. Green	P&B	52.36
5. M. Falgate	P&B	53.00
6. M. Egner	Denby	54.07
7. D. Woodhead	Horw	54.12
8. S. Addison	Clay	54.57
9. G. Appleyard	Fellan	54.59
10. S. Anderson	Tod	55.01

VETERANS 0/40

1. B. Schofield	Tod	55.08
2. D. Beels	Roch	55.21
3. M. Crook	Horw	58.06
4. R. Harrison	Bfd&Aire	58.47
5. G. Symes	Cald	60.01

VETERANS 0/45

1. C. Taylor	Clay	60.20
2. J. Talbot	Tod	61.17
3. C. Marsden	Unatt	61.37

VETERANS 0/50

1. I. Noot	EPOC	61.05
2. M. Thomas	Tod	68.51

VETERANS 0/60

1. J. Newby	Tod	73.13
2. B. Hargreaves	Tod	77.58

LADIES

1. G. Cook	Roch	64.38
2. S. Gaunt	Holm	73.06
3. S. Carey	Tod	73.20
4. A. Srvastava	V Strds	76.03
5. G. Egner	Denby	78.27
6. P. Collier	Tod	80.57
7. A. Roche	Holm	85.38
8. P. Dore	Roch	87.51

GRINDLEFORD FELL RACE

Derbyshire

CS/4m/550ft 18.6.92

A fine day and sunny evening, although as the weather put it "a cool N.E breeze kept temperatures down to a cool 14-15 degree".

Grindleford is now attracting international stars, and in fact, the event was won by Andy Wilton in a record time. A very fast race since the first three were within the previous record. Jacky won the ladies, also setting a new course record. Another record broken was that of the numbers, with 311 entrants this was the highest ever.

RESULTS

1. A. Wilton	Tipton	27.43
2. A. Ward	Clowne	27.49
3. D. Neill	Staffs	28.10
4. A. Trigg	Gloss	28.21
5. N. Stone	Unatt	28.36
6. M. Wilson	Hallam	28.40
7. T. Park	Gloss	28.53
8. M. Henderson	Hallam	29.32
9. S. Oglethorpe	Hallam	29.38
10. M. Innes	Holm	30.02

VETERANS 0/40

1. M. Noble	Stock	30.34
2. C. Lindley	N Derby	30.40
3. N. Sercombe	Unatt	31.20
4. G. Berry	DkPk	31.21
5. R. Toogood	DkPk	31.42

LADIES

1. J. Smith	DkPk	34.55
2. P. Bishop	Brampton	36.44
3. S. Bolter	P'stone	37.14
4. W. Sutherland	Unatt	37.16
5. C. Von Anrep	SteelCity	38.17
6. G. Berrow	Unatt	38.27
7. K. Davis	N Derby	38.31
8. M. Jackson	Unatt	38.47

THE CHEVY CHASE

Northumberland

AL/20m/4000ft 20.6.92

It was a day of marvellous weather for the thirty seventh Chevy Chase. Light winds, dry, and the sun was high above the Tropic of Cancer, the heat consequently allowed dehydration problems to prevail, but also made for fast conditions.

Richard Hackett's quality finish, was a record time. Ken Chapman was even by the Cheviot summit in 1 hour 8 minutes, but Richard gained two minutes over the gruelling heat of the route, down Cheviot and steeply up Hedgehope. Ken continued to press, but Richard held out. The first five reached the finished Wooler Youth Hostel within three hours of starting. Fine efforts by John Humble and Ros Mitchell gave them Veteran and Super Veteran category wins respectively. Dr Ruth Fletcher ran well to take the first lady title, twenty eighth position overall.

Although 61 runners started, 82 finished, since 26 competitors in the 'B' run achieved 'A' run status. Only 5 retired.

Team honours went to Salt well Harriers ahead of the ever present threat from the strong Claremont team.

To add some perspective, the walk was won by Ian Ellsmore of Scarborough in 4 hours 15 minutes and 45 seconds - a record he walked every step of the way, equivalent to a sixty firstst place in the main fell run.

Thank you to all competitors for adding to a wonderful day.

Lawrence Heslop

RESULTS

1. R. Hackett	C'mont	2.42.00
2. K. Chapman	Salt	2.44.50
3. A. Curtis	C'mont	2.53.55
4. K. Wood	Salt	2.54.15
5. F. Smith	Salt	2.58.17
6. J. Rea	CFR	3.00.25
7. J. Aitken	H.E.L.P	3.02.20
8. J. Humble V	TVne	3.07.25
9. D. Henderson	Alnwick	3.10.52
10. J. Dallinson V	C'mont	3.11.38

VETERANS 0/40

1. J. Humble	Tyne	3.07.45
2. J. Dallinson	C'mont	3.11.38
3. G. Brosman	Unatt	3.15.20
4. M. Milmoie	Forres	3.38.31
5. R. Scott	Maypeth	3.40.00

VETERANS 0/50

1. R. Mitchell	Teviot	3.36.38
2. H. Ramage	Denntent	3.44.57
3. G. Atkinson	Wall	3.54.44
4. W. Pringle	Teviot	4.12.00
5. W. Wright	Els	4.17.16

LADIES

1. R. Fletcher V	Tyne	3.49.45
2. E. Fryer	Unatt	4.07.52
3. J. Anderson	Duns	4.22.18

YGARN

Gwynedd

AS/3m/1500ft 20.6.92

A combination of the two fell running clubs based in the heart of Snowdonia, Hebog and Eryri, share the responsibilities for this race. A slightly smaller number than usual turned up for this year's event, which was run in good conditions with the cloud lifting off the peak just before the start. A short road section quickly ends, leaving the runners to drop into a lower gear for the sharp ascent directly up to the summit which denotes one end of the Nantlle Ridge. Eryri's Gwynfor Owen pulled the fifty other runners to the summit, but was overhauled on the grassy descent by top mountain biker Dafydd Roberts, making a return to the fell running fold this season. Close on Dafydd's heels all the way was young Richard Thomas, who no doubt will be representing Wales as one of the juniors in their World Cup team in Italy. Last year's winner and who would have been 'favourite' once again was local Hebog runner Hefin Griffiths had to be an onlooker this time due to an ankle injury.

Another junior who at sixteen years showed a lot of potential in his first fell race, finishing seventh overall, was Ian Pierce of Wrexham, he probably would have been at least one position higher had he not tripped on the latter stages of this triangular shaped course. Phil Jones, a night shift worker running his first season as a veteran, was pleased with the watch he received as his category's main prize.

Another consistant run from Andrea George took the ladies prize (a '14th peak' fleece jacket) from Tracey Williams, who enjoys this type of terrain. Geraint Lloyd of Wrexham was a clear winner as he often is in the super veterans category in North Wales fell races (over 10% of the competitors were super veterans).

A free drink to all competitors in the 'Cwellyn Arms', whilst waiting for the prizegiving went down well - a very pleasant Saturday afternoon.

E.Evans



Gwyn Jones at Y Gam
Photo: Francis Uhlman

RESULTS

1. D. Roberts	Hebog	28.46
2. R. Thomas	Hebog	28.50
3. G. Owen	Eryri	28.58
4. T. Jones	Eryri	30.07
5. C. Williams	Hebog	30.18
6. E. Evans	Eryri	30.20
7. E. Pierce	Wrex	30.28
8. P. Jones V	Eryri	30.33
9. S. Barnard	Eryri	30.40
10. A. Williams	Eryri	31.12

VETERANS 0/40

1. P. Jones	Eryri	30.33
2. D. Williams	Eryri	31.56
3. G. Davies	Unatt	33.31
4. J. Bennell	Eryri	34.23
5. P. Rowley	Hebog	36.01

VETERANS 0/50

1. G. Lloyd	Wrex	37.33
2. S. Winstanley	Horw	40.06
3. T. Hayes	Eryri	41.17
4. G. Billington	Wrex	42.09
5. M. Cox	DkPk	42.20

LADIES

1. A. George	Merc	34.47
2. T. Williams	Eryri	36.18
3. J. Phelan	Stoke	37.38
4. A. Capp	Telf	39.56
5. S. Bennell V	Eryri	41.56
6. A. Bond	Wrex	42.53
7. N. Lloyd V	Wrex	43.38
8. S. Lloyd V	Eryri	46.26

ROYAL DOCKRAY FELL RACE

Cumbria

BL/17m/4500ft 20.6.92

Once again the discerning customers at the Royal Dockray Fell Race were blessed with good weather, enhancing the post race activity if not the race itself.

In the long race Gavin Bland led the small but quality field home in a new record time, amongst many other notable achievements. Congratulations to all who ran, and thank you for your support.

Thanks must also go to Jim Johnson the new Landlord for the use of his facilities hopefully he'll welcome us back next year. To Ullswater Outward Bound for their check-point and safety cover. To Lance Ogden from Brew Tec for supplying the beer, along with Whitbread for prizes. Also Four Seasons, Roundthorn Cheese, Ullswater Meat and Pratts for supplying the food, and to Barry Thompson and his loyal team who appear each year.

RESULTS

1. G. Bland	Borr	2.05.45
2. M. Roberts	Kend	2.07.06
3. W. Bland V	Borr	2.10.56
4. J. Bland	Borr	2.12.07
5. J. Nixon	Horw	2.13.49
6. P. Clark	Kend	2.15.43
7. M. Fanning	Borr	2.17.20
8. H. Jarrett	CFR	2.20.31
9. M. Walsh V	Kend	2.20.41
10. D. Keams V	Bolt	2.21.22

VETERANS 0/40

1. B. Bland	Borr	2.10.56
2. J. Nixon	Horw	2.13.49
3. M. Walsh	Kend	2.20.41
4. D. Keams	Bolt	2.21.22
5. M. Perry	Kend	2.36.30

VETERANS 0/50

1. R. Bell	Amble	2.29.37
2. A. Phillipson	Gosf	2.46.14
3. J. Crummett	CFR	2.47.49
4. T. Crook	Bolt	2.48.48
5. L. Pratt	Sund	2.55.44

VETERANS 0/55

1. H. Blenkinsop	Kesw	2.44.45
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LADIES

1. R. Pickvance	Kend	2.52.35
2. S. Lensley V	Kesw	3.06.12
3. C. Kenny	AchRat	3.51.05

JUNIORS

1. M. Pratt		31.43
2. J. Arnold		32.30
3. M. Bell		34.35

SPELGA SKYLINE

N. Ireland

AL/12m/4500ft 20.6.92

With places guaranteed in the Northern Ireland team, for the 'long' World Cup race, a competitive race was ensured. But Brian Ervine of, and newcomer Neil Carty, wasted no time in staking their claims for the first two positions. The race for the third certain place on the international team, on the other hand had reached an interesting stage by the time the runners had crossed the halfway point. Six athletes were within one minute of each other, but with four hard climbs still to conquer and in particular the final ascent of Cock Mountain, some were to fall by the wayside and it was left to the dependable veteran, Jim Patterson to take the third spot and gain his fifth consecutive World Cup vest, an achievement also shared with Brian Ervine.

Jim Hayes

RESULTS

1. B. Ervine	B'drain	1.56.37
2. N. Carty	N.Belf	2.02.58
3. J. Patterson V	D.Oly	2.06.22
4. D. McGuinness	B'drain	2.09.48
5. E. Hawkins	N'castle	2.10.25
6. D. Brannigan	N'castle	2.12.13
7. W. McKay V	A'ville	2.13.35
8. P. Howe	Lame	2.15.02
9. G. Murray	B'drain	2.18.50
10. K. Quinn V	N'castle	2.20.06

VETERANS 0/40

1. W. McKay	A'ville	2.13.35
2. K. Quinn	N'castle	2.20.06
3. F. Hammond	L.V.D.	2.38.30
4. W. Kettle	A.C.K.C	2.49.40

VETERANS 0/45

1. J. Patterson	D.Oly	2.06.22
2. J. Sloan	N.Down	2.30.57
3. J. Gibson	B'drain	2.43.20
4. R. Ferry	M.A.D	2.45.50
5. R. Donaldson	C.I.Y.M.S	3.15.40

JUNIORS

1. C. Adgey	A'ville	1.03.52
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RIBER RUN
Derbyshire
CS/5m/500ft 20.6.92

A small but strong field enjoyed this years Riber Run in warm weather and with dry conditions underfoot.

A fast time was set by the winner, David Neill after a close race with Stuart Oglethorpe who despite being first to the summit, ultimately took second place.

No lady runners this year - come on girls where are you?

Peter Yorke who still holds the course record of 30 minutes 16 seconds from 1989, came in sixth this year!

Thanks to Matlock Air Squadron for competent marshalling and to Chesterfield St.Johns Ambulance. Hope to see you all next year.

Michael Overend

RESULTS

1. D. Neill	Staffs	30.42
2. S. Oglethorpe	Hallam	31.06
3.1. Mant	Notts	31.25
4.1. Heart	Notts	31.38
5. T. Barable	Matlock	31.49
6. P. Yorke	Stock	32.24
7. M. Moorhouse V	Matlock	33.21
8. S. Cudahy	Buxton	33.31
9. H. Rameczyk	Staffs	33.57
10. P. Knight	Nun	34.34

VETERANS 0/40

1. M. Moorhouse	Matlock	33.21
2. J. Barker	E Hull	35.44
3. R. Marlow	DkPk	37.51
4. B. Evans	Ripley	46.03
5.1. Oakden	N'ark	48.27

VETERANS 0/45

1. P. Guerrier	DkPk	41.44
2. R. Tressider	Unatt	42.49

BUCKDEN PIKE FELL RACE
AS/4m/1500ft 20.6.92

This year the weather returned to its traditional state being hot and sunny. Steve Hawkins managed to hold off Craig Roberts in a thrilling finish despite the fact that Craig had been first to the summit.

RESULTS

1. S. Hawkins	Bing	31.32
2. C. Roberts	Kend	31.32
3. S. Livesey	Ross	32.28
4. J. Atkinson	Ambles	32.59
5. G. Devine	P&B	33.03
6. A. Smith	CFR	33.08
7. R. Whitfield V	Bing	33.16
8. A. Peace	Bing	34.35
9. J. Hey	Warr	34.53
10.1. Ferguson	Bing	35.15

VETERANS 0/40

1. R. Whitfield	Bing	33.16
2. A. Judd	Fellan	37.55
3. C. Todd	H'gate	39.30
4. B. Hargreaves	Bing	39.59
5. L. Sands	Unatt	40.24

VETERANS 0/45

1. C. Taylor	Clay	40.59
2. R. Shaw	Bing	42.43
3. D. Mashiter	Acc	45.22
4. R. McIntosh	V Strds	46.44
5. P. Helliwell	Bing	47.42

VETERANS 0/50

1. T. Macdonald	Bing	40.13
2. G. Collinson	Skyrac	43.48
3. J. Watson	Plax	48.52
4. D. Brown	Clay	49.48
5. R. Cutts	L'wood	50.02

VETERAN 0/60

1. B. Thompson	Air'teers	
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LADIES

1. C. Cook	Clay	42.06
2. A. IsdaleV	Bing	44.38
3. L. Warin	Skip	48.12
4. C. Porritt V	Ilk	52.08
5. J. Shotter	Fellan	52.30
6. A. Woodley	Unatt	56.49
7. M. Batley V	Skyrac	62.50

INTERMEDIATES

1. R. Thackeray	Unatt	47.59
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JUNIORS

1. M. Whitfield	Bing	36.24
2. R. Jebb	Bing	38.40
3-C. Garris	Bing	41.53



First girl in the 5 Cloughs Junior Race, Victoria Wilkinson
Photo: Bill Smith

FIVE CLOUGHS FELL RACE
Lancashire
AM/8.75m/2250ft 20.6.92

This was the seventh running of the race held in very warm conditions and dry underfoot throughout. Some one hundred and twenty two would be aspirants entered the seniors' race including five ladies. The mens record was set in 1989 by Sean Livesey and unlikely to be equalled on the day, given the conditions. Only three people in fact have run inside seventy minutes for the course. Leader throughout was Mike Wallis.

The ladies record was broken by Janet Kenyon, other records broken, Don Ashton in seventeenth place and in the over sixties a record was established by C.Rushton of Washam. This is a super hard race, and more should try it.

Forty one juniors ran the Deerstones, three mile course won by Matthew Moorhouse, followed by N.Jones of Mid Cheshire.

RESULTS

1. M. Wallis	Clay	71.35
2.1. Greenwood	Clay	72.49
3. M. Keys	Ross	78.22
4. C. Urnston	Roch	78.42
5. L. Thompson	Clay	78.46
6. S. Breckall V	Clay	78.51
7. J. Holt V	Clay	78.52
8. D. Haughton	Acc	79.22
9. K. Carr V	Clay	79.23
10. P. Lyons V	Bury	79.33

VETERANS 0/40

1. S. Breckell	Clay	78.51
2. J. Holt	Clay	78.52
3. B. Rawlinson	Ross	81.10
4. D. Beels	Roch	81.27
5. J. Hope	AchRat	82.52

VETERANS 0/45

1.K. Carr	Clay	79.23
2. P. Lyons	Bury	79.33
3. P. McWade	Clay	80.54
4. J. Nuttall	Clay	81.07
5. J. Nolan	Clay	93.43

VETERANS 0/50

1. D. Ashton	Black	81.39
2. P. Jepson	Bury	84.19
3. J. Capenerhurst	Bing	93.36
4. H. Thompson	Clay	95.57
5. M. Coles	Skyrac	98.58

VETERANS 0/55

1. P. Beighton	S.R.O.C	121.38
2. B. Hill	Clay	127.54
3. B. Holden	Clay	143.40

VETERANS 0/60

1. C. Rushton	Wesham	101.26
2. D. Talbot	Clay	103.17
3. A. Ball	Clay	143.40

LADIES

1. J. Kenyon	Horw	86.32
2. D. Gowans	Acc	94.11
3. J. Rawlinson V	Clay	97.42
4. K. Goss V	Clay	123.11

JAMES BLAKELEY FELL RACE
20.6.92

The race was run on a hot afternoon and was again dominated by the host club, Holmfirth, who filled the first four places. The early pace was taken by Andy Styan and Matthew Innes, but on the easier going of the old Meltham Race Course, Bob Harbisher pulled through to take the lead and win by six seconds from Innes. Andy Styan was overtaken in the last few yards by son, William, however Styan senior had the consolation of being first veteran. First lady was Jill Town from Denby Dale.

R.Griffiths

RESULTS

1. R. Harbisher	Holm	16.54
2. M. Innes	Holm	17.00
3. W. Styan	Holm	17.07
4. A. Styan V	Holm	17.12
5. D. Wilkinson	Roch	17.34
6. M. Egner	Denby	17.40
7. P. Buttery V	Holm	17.45
8. D. Jones	Meltham	18.30
9. A. Shaw	Holm	18.37
10. R. Lindley	Holm	18.38

VETERANS 0/40

1. A. Styan	Holm	17.12
2. P. Buttery	Holm	17.45
3. M. Seddon	Holm	19.20
4.1. Mitchell	L'wood	19.40
5. P. Bates	S'boro	19.47

VETERANS 0/45

1. R. Bradley	Holm	19.01
2. M. Garry	McrYMCA	24.32

VETERANS 0/50

1. K. Balmforth	HolmeV	20.09
2. A. Lee	Clay	26.25

LADIES

1. J. Town	Denby	22.49
2. P. Adams	Abing	25.19
3. K. Mitchell	Hudd	25.28
4. J. Knight	Meltham	25.40
5. G. Egner	Denby	26.40

PATRICK FETE
Isle of Man

AM/10m/2800ft 20.6.92

Donald Lee sped away from the start at Creggan Moar and by Eary Cushlin had already opened up a comfortable lead over top local Tony Rowley. The ascent from the first checkpoint on the western shoreline up to Cronk Ny Arrey Laa summit is brutally steep, but Lee was climbing superbly, seemingly making light work of it.

Rowley was a lonely second, whilst behind was a closely fought battle between Dave Maddrell, David Young and Rickie Stevenson.

By checkpoint three, just above the Whiskey Run, Lee had extended his lead to some six minutes over Rowley, who in turn had four minutes in hand over the chasing trio.

The long ascent from checkpoint four on South Barrule to the finish at Knockaloe, goes via the Rushen Mines and Bamell Lane. The two leading runners increased their respective leads, whilst behind, laxy's David Young proved to be the stronger of the chasers, leaving his close rivals, Maddrell and Stevenson at the Garey Cate, to finally finish third and first veteran, and in doing so virtually assured himself of this years veteran's league prize.

Head brewer, Mike Cowboume ran well for sixth, whilst just behind him was a race long dice between Foxdale's Ian Collister and headmaster John Wright, with the former just getting the verdict.

The redoubtable Eddie Brew of Ramsey was the last to finish this very tough course, with its 2800ft of ascent, but the smile on his face as he crossed the line showed he had probably enjoyed the race more than anyone.

RESULTS

1. D. Lee	CFR	1.26.49
2. T. Rowley	MFR	1.35.16
3. D. Young	MFR	1.41.29
4. R. Stevenson	MFR	1.43.01
5. D. Maddrell	MFR	1.45.25
6. M. Cowboume	MFR	1.48.53
7.1.Callister	Manx	1.50.19
8. J. Wright	MFR	1.50.50
9. D. Davies	MFR	1.58.21
10. P. Kenney	MFR	2.07.20
11. E. Brew	Northern	2.12.06

KINDER TROG
Derbyshire

BL/18m/3490ft 21.6.92

An excellent race held on a hot day. Not a record time but fast considering the dryness of the ground. Its a pity that we - the organisers - cannot organise water at all the marshalling points but we've not recieved any offers to volunteer to carry twenty five gallons of water up Brown Knoll! We have received various thanks for the quality of the free refreshments and the race is also being featured this issue.

We look forward to seeing all the familiar faces next year.

Pete Jenkinson

RESULTS

1. M. Whyatt	Gloss	1.53.59
2. M. Weedall	Penn	1.56.01
3. M. Foschi	Hels	1.58.16
4. P. Gebbett		1.58.22
5. D. Marshall	Penn	2.00.23
6. M. Noble V		2.03.41
7. V. Wathey	Penn	2.05.03
7. J. Boswell V	EreV	2.05.03
9. M. Cuddy	Gloss	2.06.10
10. S. Brady	Midd	2.06.11

VETERANS 0/40

1. M. Noble	2.03.41	
2. J. Boswell	EreV	2.05.03
3. M. Cunningham		2.07.08
4. G. Band	DkPk	2.08.18
5. A. Hall	Ports'Jog	2.08.57

LADIES

1. J. Smith V	DkPk	2.15.57
2. C. Banlin	Hels	2.16.31
3. S. Newman		2.28.13
4. K. Martin	Alt	2.33.29
5. C. Barnes		2.53.32
6. M. Edgerton		2.59.56
6. G. Goldsmith V		2.59.56
8. J. Bennett V		3.03.43

AIREDALE PIKES FELL RACE

North Yorkshire

N/5.5m/1000ft 23.6.92

The performance of the previous week on the hills across the valley was repeated in the Airedale Pikes Race, but whereas last week's race was an eyeballs out to the finish, Tuesday night's affair was more sedate, with Craig and Stephen making a pact to come in together once they knew they could not break each other. As in the men's race, last year's female champion also retained her title, but a little more comfortably.

The course starts adjacent to the Tam House Hotel and heads towards Flasby along a wide forest track, before the long climb up to Roughaw begins at about three miles. A short steep descent of Roughaw is followed by the final climb onto Sharpshaw summit, from where there is a fast, one and a quarter mile downhill section to the finish.

Under foot conditions vary from a short road section on to forest track, field, tussocks, heather and bracken. Good views are apparent throughout.

This race is intended as a fund-raiser for the local unit of the Air Training Corps from which all the marshalls are recruited. I would like to thank farmers whose land we crossed, management at the Tam House Hotel, local businesses who have donated prizes, and especially the 'Outdoor shop' of Bamoldswick, our main sponsor.

Alan Speak

RESULTS

1. C. Metcalfe	Skip	34.11
1. S. Hawkins	Bing	34.11
3. G. Damiani	Spn	35.57
4. C. Hirst	Settle	36.17
5. B. Evans	Amble	37.14
6. S. Addison	Clay	37.59
7. D. Woodhead	Horw	38.27
8. G. Newsam V	Clay	38.33
9. N. Church	Imperial	38.44
10. D. Young	Skyrac	38.53

VETERANS 0/40

1. G. Newsam	Clay	38.33
2. P. Bramham	Craven	39.49
3. K. Robinson	Bing	40.06
4. A. Green	Bfd&Aire	41.20
5. M. Easby	Settle	41.41

VETERANS 0/45

1. P. Carr	Kly	39.08
2. G. Brooks	Unatt	40.01
3. G. Murray	Clay	41.48
4. C. Taylor	Clay	43.09
5. R. Wilkinson	Clay	44.58

VETERANS 0/50

1. P. Reyard	Lds	41.15
2. J. Capenerhurst	Bing	42.08
3. M. Coles	Skyrac	43.43
4. P. Lambert	V Strds	43.54
5. D. Brown	Clay	47.26

LADIES

1. A. Dennison	Bfd&Aire	45.18
2. J. Nicholson V	R'trees	47.13
3. W. Dodds V	Clay	47.52
4. R. Sladdin	Bfd&Aire	48.23
5. J. Shotter	Fellan	48.56
6. L. Warin	Skip	49.36
7. J. Sanderson V	Bfd&Aire	49.49
8. J. Yule V	Bfd&Aire	51.44

JUNIORS

1. M. Moore	EccHill	41.06
2. J. Edwards	Bum	45.41
3. D. Tattersall	Bum	52.21

WREKIN STREAK

Shropshire

AS/2.75m/810ft 23.6.92

Paul Cadman followed his win in the Caradoc Classic Fell Race in May with a repeat victory in the Wrekin Streak. The two mile race starts at the Forest Glen and follows the main path to the Wrekin summit then returns by the same route. Cadman holds the course record of 17.04 set when winning the event last year, but his winning time this year was outside his record. Cadman had a mere two seconds advantage over his mercia team mate Shaun Mansbridge, with Telford AC man, Dave Jackson third, another two seconds adrift. Jackson continued his amazing record in this event of never having been outside the top five with his time this year being his fastest yet. First veteran home was Telfords Roy Dawson with Andrea George making it a clean sweep for mercia winning the ladies race. George was well clear of her nearest rival Stephanie Cahill, with a previous winner of the event Telfords' Anne Capp returning to form in third place.

Simon Daws

RESULTS

1. P. Cadman	Merc	17.55
2. S. Mansbridge	Merc	17.57
3. D. Jackson	Telf	17.59
4. P. Gardener	Hereford	18.05
5. B. Young	Tip	18.29
6. B. Couth	Merd	18.42
7. L. Cole	C&S	18.46
8. W. Dashper	Telf	18.51
9. M. Priestley	Merc	18.54
10. I. Morris	Wrek	18.58

VETERANS 0/40

1. R. Dawson	Telf	19.32
2. B. Layton	BearB	21.06
3. M. Boulton	ShropShuff	21.11

VETERANS 0/50

1. B. Morris	Wrek	20.05
2. B. Nicholas	Merc	21.44
3. G. Lloyd	Wrex	22.27

LADIES

1. A. George	Merc	20.56
2. S. Cahill	RAF	23.17
3. A. Capp	Telf	24.01
4. J. Kirby	Telf	24.31
5. N. Sanders	Telf	25.04

JUNIORS

1. W. Dashper	Telf	18.51
2. H. Woolley	Wrek	22.06

ROSEBERY TOPPING

AS/1.5m/715ft 23.6.92

Another cracking night was had by all. A swift downpour before the race tended to threaten some slippery conditions. In the end the going was good to firm and it was the competitors who were really slippery!

Robin Bertrand continued his summer of smashing records with a phenomenal nineteen seconds off the record. Watching his ascending technique is of great interest as it appears an effortless flow.

Gilly Hale continues with her excellent record in this event with another win over club colleague Cath Procter, who as usual warmed up with an 'ultra' two days before this event.

Keeping it in the family Mick Garrat had a fabulous descent to take the veterans title, whilst Martin won the junior event. In the female junior, Rebecca Royall continued to gain experience with improvement, by taking the title.

Best foot forward

Dave Parry

RESULTS

1. R. Bergstrand	Mand	10.20
2. M. Cara	Mand	11.02
3. N. Rain	Mand	11.07
4. M. Garratt V	Mand	11.45
5. R. Firth V	Mand	12.06
6. J. Blackett	F.R.A	12.26
7. R. Mitchell V	Mand	12.30
8. D. Leaf	R'trees	12.32
9. J. Williams V	Mand	12.51
10. P. Conner V	Mand	13.06

LADIES

1. G. Hale	Mand	14.23
2. C. Procter	Mand	16.12

JUNIOR RACE

1. M. Garratt	Mand	13.38
2. D. Archer	Mand	14.09
3. A. Bradshaw	Mand	15.48

COITY RACE

Gwent

BS/5m/1000ft 24.6.92

A fine night saw forty four hardy soles including eight ladies venture into the hills. I set off a few minutes ahead of the field to put out the final few markers which proved unnecessary on a lovely clear night, but I discovered how the fix feels as I was hounded down on the second climb. The route down the hill back into Blaenavon caught a few out as always, the direct route being rather wet, it's usually quicker to go round the longer way, so a few positions changed there.

All finished, the overall standard being very high. No records, although, all but one finishing in under the hour. One notable performance was eighth place for Paul Lewis at only fifteen years of age.

The ladies race was very close with Jenny Nelson chasing Alice Bedwell hard all the way, the final gap being thirteen seconds.

In the veterans race, two locals battled it out with Eric Meredith catching Melvyn Woods on the final climb and stretching out to win by one minute.

RESULTS

1. C. Hallett	BOK	36.26
2. P. James	BOK	36.50
3. L. Gwillym	MDC	38.26
4. W. Robbins	BOK	39.33
5. P. Coker	LesCroup	39.42
6. A. Orringe	MDC	39.59
7. T. Evans	Blaen	4.08
8. P. Lewis		40.18
9. M. Saunders	MDC	41.28
10. D. Lewis	Torf	42.15

VETERANS 0/40

1. E. Meredith	Blaen	45.09
2. M. Woods	Blaen	46.09
3. T. Smith	MDC	47.24
4. I. Watson	MDC	49.10
5. P. Russell		49.41

VETERAN 0/50

1. P. Robbins	BOK	52.29
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LADIES

1. A. Bedwell	MDC	42.41
2. J. Nelson	W'bury	42.54
3. L. Gould	MDC	45.03
4. J. Coker	LesCroup	46.25
5. S. Woods	Griff	47.47
6. N. Price	Islwyn	50.35
7. J. Davis		54.27
8. L. Smith	MDC	58.27
9. E. Williams	Islwyn	62.14

JUNIOR

1. P. Lewis		40.18
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TEBAY FELL RACE

Cumbria

AM/8m/3000ft 24.6.92

We had a record entry of 160 entrants, all but one of whom completed the course. The first three runners beat the previous record. The fine, breezy, evening and the dry conditions on the fells contributed to an excellent event.

I apologise for any errors in the results but the pressure on the checkers was more than they had expected and by the time I got the results to put on record it was too late to check with anyone. We just did not anticipate such a huge field.

RESULTS

1. G. Bland	Borr	1.12.33
2. J. Hooson	Amble	1.12.36
3. J. Bulman	Borr	1.12.48
4. B. Bland V	Borr	1.13.29
5. D. Lee	CFR	1.14.12
6. R. Jamieson	Amble	1.14.14
7. C. Valentine	Kesw	1.15.04
8. A. Schofield	Ross	1.15.16
9. M. Walsh V	Kend	1.15.34
10. H. Jarrett	CFR	1.15.50

VETERANS 0/40

1. B. Bland	Borr	1.13.29
2. M. Walsh	Kend	1.15.34
3. M. Richardson	Amble	1.18.41
4. E. Parker	Amble	1.19.54
5. M. Litts	CFR	1.20.09

VETERANS 0/50

1. R. Bell	Amble	1.21.28
2. T. Baxter	CFR	1.24.21
3. D. Sheppard	CFR	1.26.41

LADIES

1. S. Parkin V	Kend	1.26.40
2. R. Pickvance	Kend	1.26.43

HOLCOMBE TOWER RACE

Lancashire

CS/3.5m/850ft 24.6.92

A warm dry day coupled with the recent hot spell meant the course was ready for a fast time. Also well prepared was the previous two year winner Martin Jones.

The field included the two Bury super veterans, Pete Lyons and Pete Jepson, plus Bury's J.Tumbull in the ladies race.

The race of Martin Jones across the field, clearly stated his intentions although Andy Peace and Mark Aspinall were in close attention up the steep climb, although they were never to pass the flying Horwich runner who smashed the existing course record almost one minute ahead of Peace of Bingley, with Mark Aspinall in third place.

First veteran was Peter Lyons, with Radcliffe's A.Steel seventh. The ladies race was won also by almost a clear minute by Bury junior, Jessica Turnbull.

K.Smith

1.M. Jones	Horw	18.48
2. A. Peace	Bing	19.42
3. M. Aspinall	Clay	20.03
4. R. Jackson	Horw	20.15
5. S. Thompson	Clay	20.28
6. M. Keys	Ross	20.32
7. D. Wilkinson	Roch	20.39
8.1. Greenwood	Clay	20.47
9. B. Taylor	Ross	21.35
10. D. Blackhurst	Ross	21.44

VETERANS 0/40

1. A. Steel	Rad	22.16
2. B. Jackson	Horw	22.17
3. K. Shawd	Roch	23.58
4. D. O'Brian	Clay	25.28
5. D. Strawsfield	Unatt	25.37

VETERANS 0/45

1. P. Lyons	Bury	22.07
2. D. Keams	Bolt	22.15
3. S. Ellis	Bolt	22.24
4. G. Fielding	Ross	24.56
5. A. Healey	Bury	26.06

VETERANS 0/50

1. P. Jepson	Bury	23.34
2. K. Talbot	Ross	24.47
3. B. Buckfield	Gloss	25.47
4. M. Wood	Saif	26.36
5. M. Thompson	Clay	27.10

VETERAN 0/55

1. D. Kerley	Midd	28.25
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VETERAN 0/60

1. T. Spate	Rad	34.20
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VETERAN 0/70

1. J. Nibblet	Horw	49.57
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LADIES

1. J.Tumbull	Bury	24.45
2. V. Hamlet	Ross	25.39
3. P. Curtis	Ross	27.15
4. D. Flemming	Ross	27.25
5. B. Caudwell	Ross	27.48
6. J. Wood	Ross	27.50
7. J. Peddie	Ross	28.09
8. B. Hardy	Lostock	28.29

BOAR'S HEAD HILL RACE

BM/8m/1200ft 24.6.92

A very warm, pleasant evening for this year's race and with a slight breeze on the top and the going bone dry all the way round it, looked as though Mike Prady's 1989 record of 47.21 could well be under threat, especially as in the largest field yet of 213 runners there were some quite swift contenders. When Des Gibbon and Steve Ward both swept through the finish it appeared that Mike had indeed been dethroned - however it soon transpired that both of them, despite having excellent runs, had unfortunately omitted to visit the last checkpoint and thus were disqualified, placing Dave Gee most worthily in the winner's slot. Only Rob Taylor in 1991 has managed to get under the 48 minute mark, so it looks as though Mike's record will be a hard one to beat.

A fairly substantial ladies' field was headed home by Cecilia Greasley with a comfortable margin and the McDermott household went home with no fewer than three prizes - one of them being for "first local non-participant supporting lady". Apologies are due to a certain notorious, hirsute, virile, macho Pudsey & Bramley runner who inadvertently appeared on the results board as Janice Smith.

The race raised a total of £280 for the 'Pile of Pennies' for the blind appeal. Hope you all enjoyed yourselves and I look forward to seeing you at next year's race on Wednesday 23rd June.



Holcombe Tower, G. Fecitt of Bury on the descent.

Photo: Steve Bateson

RESULTS

1. D. Gee	Mcr	48.33
2. J. Kershaw V	Macc	48.39
3. N. Stone	Unatt	48.45
4.1. Walker	Oldham	49.06
5. J. Holden	Stock	49.14
6. M. Seddon	Gloss	49.16
7. M. McDermott	Macc	49.18
8. D. Loxam	Stock	49.33
9. M. Hartell	Macc	49.48
10. R. Eagle	Sale	50.29

VETERANS 0/40

1. J. Kershaw	Macc	48.39
2. J. Whalley	Macc	50.38
3. R. Taylor	Stock	50.43
4. M. Noble	Stock	50.50
5. A. Hulme	Penn	51.13

VETERANS 0/45

1.R. Wilde	Mcr	52.22
2. K. Burgess	Alt	52.26
3. A. Barlow	Alt	53.09
4. G. Rowson	Macc	53.22
5. P. Bratby	Congle	54.28

VETERANS 0/50

1. P. Lomas	MDOC	54.25
2. B. Thachery	Unatt	58.08
3. B. Swindells	Stock	58.29

LADIES

1. C. Greasley V	Macc	55.48
2. S. Reason	Stock	58.14
3. D. Copley	Unatt	59.13
4. V. Perry	Stock	60.49
5. S. Rowson V	Macc	61.07
6.M. Chippendale V	Stock	62.05
7. A. DinsmorV	Stock	63.32
8. K. Turner V	Macc	64.49

TOTLEY MOOR FELL RACE

Derbyshire

BS/5m/800ft 25.6.92

In spite of the late change of date to prevent a clash with Grindleford, 162 runners competed in the second Totley Moor Race. Third in the Totley/Tigers race series.

The start, again from 'The Cricket Inn', was perfect with families and spectators all enjoying a drink on a hot sunny evening. Mica Wilson led on the first section, which included a lap of the cricket field followed by a steep road climb past the army rifle range. Andrew Ward then overtook him and led all the way in spite of a firm challenge from John Taylor and Conrad Manning. All three runners finished inside the course record, set last year by Malcolm Patterson.

The final climb at the end back up to the rifle range surprised a few and has been nicknamed 'the sting in the tail'.

Local lady Pam Bishop won the ladies race.

Finally our apologies to anyone who was inconvenienced by the change of date, but we felt we had to find a week that would fit comfortably into the series of races in and around the Hope Valley. Hope to see you all next year.

Don Longley

RESULTS

1. A. Ward	Clowne	32.09
2. J. Taylor	Holm	32.27
3. C. Manning	Clay	32/39
4. M. Wilson	Hall	34.01
5. A. Cartwright	DkPk	34.24
6. S. Ogletorpe	Hall	34.43
7. J. Chambers	N.D.R.R.	35.06
8. P. Grebbett	Notts	35.17
9. M. Innes	Holm	35.26
10. M.Hayman	DkPk	35.26

VETERANS 0/40

1. P. Bussey	Roth	38.22
2. M. Seddon	Holm	38.59
3. P. Hetherton	Stl Cty	39.48
4. L. Teller	Gloss	39.55
5. G. Parkin	Hall	40.05

VETERANS 0/50

1. B. Watson	Hall	38.29
2. J. Clarke	N.Vets	40.47
3. B. Sprakes	DkPk	41.32
4. P. Seyd	DkPk	43.14
5. R. Mason	Tot	44.01

VETERAN 0/60

1. D. Perkyns	Tot	
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LADIES

1. P. Bishop V	Bramp	44.19
2. S. Nixon	Roth	46.25
3. R. Clayton V	Derwent	47.35
4. C. Auriep V	Stl Cty	48.17
5. J. Wilson V	Hall	48.46
6. J. Chadwick	W'stock	49.05
7. G. Donohoe	Tot	50.20
8. J. Evans	SheffTri	50.23

FOX AND HOUNDS CHASE

North Yorkshire

BM/9m/1400ft 25.6.92

England fell runner Robin Bergstrand romped around the course, just failing to break the record by twenty seconds, which if he hadn't gone wrong two miles from the end of the course he most likely would have broken. A record 110 runners took part in the event, a warm dry night saw all but one of the runners home in under the two hours. Sheila Wright of Mandale won the womens race for the third year in succession, beating clubmate Cath Proctor by nearly six minutes. In the over sixties category Ray Stevenson of Mandale broke the record by over six minutes.

Proceeds from the event goes to the Danby Sports Association. The course itself proved hard this year by the fact that the bracken above Danby Head has encroached further along the tracks and it was very hard and woody through the long dry spell. All the runners enjoyed the run with lots of last years faces. It looks like we are going to get an even better event next year.

Bob Lillie

RESULTS

1. R. Bergstrand	Mand	59.24
2. M. Cara	Mand	60.03
3. R. Firth V	Mand	61.46
4. K. Wood	Salt	62.39
5. C. Stead	T&S	62.57
6. R. Mitchell	Mand	63.26
7. F. Smith	Salt	63.36
8. D. Khee	BumRd	63.55
9. S. Backhouse	S&R	63.58
10. P. McHugh	N Aye	63.59

VETERANS 0/40

1.R. Firth	Mand	61.46
2. R. Mitchell	Mand	63.26
3. P. Connor	Mand	64.14
4. J. Williams	Mand	64.14
5. D. Kirk	BuraRd	67.39

VETERANS 0/50

1. R. Stevenson	Mand	72.16
2. B. Harrison	Unatt	73.13
3. R. Puckrin	Loftus	76.14
4. J. Watson	Plax	78.09
5. R. Tribick	S&R	80.44

LADIES

1. S. Wright	Mand	71.33
2. C. Procter	Mand	77.29
3. J. McClintock	Unatt	85.55
4. G. Tweddle	CLOK	86.26
5. T. Wells	Unatt	102.24
6. L. Dupras	CLOK	102.24
7. J. Sexton	Unatt	123.20

OLD COUNTY TOPS RACE

Cumbria

AL/35m/9000ft 27.6.92

Another successful year for this the fifth year of this event. The very hot weather took it's toll on competitors and a number of teams retired. However, thirty six teams completed the course and received our prestigious 'Old County Tops' T-shirts. Our grateful thanks go to all those who helped on check points and Bres Stops. Many of whom were out longer than Billy and Scoffer. Also to Raynet for providing radio cover and compiling split times for each checkpoint. We hope to see you next year and that you all enjoyed the day out on the fells.

RESULTS

1. A. Schofield/B. Bland	Ross	6.49.38
2. J. Fish/D. Ashton	Black	7.11.36
3. J. Winder/J. Coulton	Cald	7.33.00

VETERANS 0/80

1. J. Fish/D. Ashton	Black	7.11.36
2. J. Winder/J. Coulson	Cald	7.33.00
3. P. Frechette/R. Sutcliffe	Cald	8.41.33

VETERANS 0/90

1. J. Slinn/M. Hayler	L&M	8.51.57
2. R. Poole/B. Buckley	Gloss	8.56.26

MIXED TEAM

1. R. Pickvance/A. Gillard	Kend	8.24.22
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ELDWICK GALA FELL RACE

West Yorkshire

CS/3m/700ft 27.6.92

RESULTS

1. J. Homby	Spn	16.57
2. I. Fisher	Otley	17.28
3. S. Damiani	Spn	17.45
4. M. Whitfield	Bing	17.48
5. A. Robertshaw	Otley	18.07
6. T. Lofthouse	Bing	18.24
7. S. Curtis	Binf	18.40
8. T. Parkinson V	Bfd/Aire	18.44
9. P. Crewe	Bing	18.49
10. D. Woodhead	Horw	19.06

VETERANS 0/40

1. T. Parkinson	Bfd/Aire	18.44
2. A. Judd	Fellan	19.19
3. M. Jeffrey	Otley	19.27
4. B. Hilton	LdsCity	19.30
5. P. Bramham	CFR	19.55

VETERANS 0/45

1. P. Sharpe	Bing	21.42
2. T. Targett	Clay	21.53
3. K. Jones	Bing	22.40

VETERANS 0/50

1. F. Wheeler	Bing	20.34
2. J. Capenerhurst	Bing	20.49
3. P. Dean	Otley	24.12

VETERAN 0/60

1. G. Spink	Bing	20.31
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LADIES

1. A. IsdaleV	Bing	22.56
2. J. Cubbon	Otley	23.40
3. A. Green	Bing	24.19
4. K. Robertshaw V	Otley	24.57
5. M. Dunne V	Bing	25.22
6. T. Marshall	Bing	26.16
7. K. Taylor	Baildon	34.40

MELL FELL RACE

AS/2m/800ft 28.6.92

A total of 29 ran the Mell Fell Dash race - on a revised course, this year going more or less straight up and down the fell. The route certainly contains some very steep terrain.

Gavin Bland set a new time, while Billy Bland had been race course advisor!

This race is part of Rooking House Farm Country Fair, and runners got a fair reception back into the show ground, (if they could get through the crowds).

Many thanks and congratulations to all who ran, and thanks for tolerating some confusion at the start/registration, all of which was due to misunderstandings with the Fair organisers.

See you all, and more, next year.

RESULTS

1. G. Bland	Borr	17.14
2. J. Atkinson	Amble	17.27
3. B. Thompson	CFR	18.41
4. M. Roberts	Kend	18.50
5. P. Singleton	Amble	19.09
6. J. Bland	Borr	19.33

7. S. Millis	Amble	20.01
8. A. Taylor	Spring	20.05
9. J. Arnold	CFR	21.01
10. P. Ledimard	Borr	21.09

VETERANS 0/40

1. S. Home	O.B.	24.22
2. N. Longsworth	Unatt	28.45
3. J. Bailey	Kendal	32.04

VETERANS 0/45

1. P. Taylor	Bord	23.48
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LADIES

1. K. Arnold	CFR	25.32
2. W. Knox	Kesw	26.45
3. E. Umsworth	Kend	34.01

BRADDA FELL RACE

Isle of Man

AL/15m/4100ft 28.6.92

There was a disappointing line-up of just thirteen competitors for Bradda Fell Race - one of the oldest events of its kind on the local athletics calendar.

The fifteen mile course winds its way from Bradda Cafe to the summit of South Barrule and back via Lhiattee by Beinne.

On the run to South Barrule Tony Rowley took the lead, followed by veterans Dave Corrin and Dave Young, with Dave Maddrell not far behind.

Great Britain International, Brenda Walker and Richie Stevenson had both moved through the field after slow starts.

Coming off South Barrule, Rowley had a clear lead with Corrin and Young still locked together, looking for the Veterans' trophy.

As the race reached it's later stages, Corrin moved ahead of Young, with the incredible Brenda Walker coming through to split the two veterans for third.

Up front, Rowley was storming through to win by over seven minutes from Dave Corrin, himself a previous winner.

Richie Stevenson ran his usual steady race, moving through the field and picking off individuals as he went.

Special mention should be made of Peter Corlett, who finished in eighth place, having completed sixty two miles of the Parish Walk the previous week. Another Parish Walker, Bob Baxter, finished, despite a badly gashed knee.

Many thanks to organiser Doug Brown, timekeeper Walter Kennaugh and all the helpers on the summits who are essential to the success of a race of this type.

RESULTS

1. T. Rowley	MFR	2.21.22
2. D. Corrin V	MH	2.29.32
3. B. Walker	Western	2.31.11
4. D. Young V	MFR	2.33.53
5. M. Cowboume V	MFR	2.35.52
6. R. Stevenson	MFR	2.37.33
7. D. Maddrell	Unatt	2.39.44
8. P. Corlett V	MH	2.47.12
9. S. Cox V	IoM Vets	2.50.15
10. J. Wright V	MFR	2.58.39
11. D. Davies	MFR	3.03.08
12. E. Brew V	Northern	3.24.48
13. B. Baxter V	MH	3.34.04

HOPES WAKE FELL RACE

Derbyshire

BS/4m/650ft 30.6.92

The break-up of a long spell of hot sunny weather had the local Met Office forecasting the possibility of thunderstorms which, thankfully, did not materialise.

The combination of hard dry ground conditions and a warm but still evening gave the prospect of a fast time, and Andrew Ward clocked the third fastest in the last eleven years (the best being 23.46 by Mike Bishop in 1985), and second placed Phil Bowler, almost a minute behind, was still 24 seconds faster than his winning time of last year.

As is the case in most races nowadays, veterans finished well up the field with C. Lindley taking ninth place and Billy Wilson, first Super-veteran, placed 32nd.

Jacky Smith also had almost a minute in hand in being first lady in a time that was just ten seconds slower than her winning time of 1985.

Perhaps as further proof of our rapidly ageing population, male veterans accounted for almost one third of the field, but the ladies' representation of about ten per cent was disappointing.

Derick Jewell

RESULTS

1. A. Ward	Clowne	24.12
2. P. Bowler	Staffs	25.16
3. D. King	Hallam	25.46
4. P. Gebbet	Notts	26.00
5. S. Oglethorpe	Hallam	26.09
6. P. Murray	Steel	26.22
7. M. Wilson	Hallam	26.34
8. S. Charlesworth	Staffs	26.37
9. C. Lindley V	W Derby	26.39
10. J. Cant	DkPk	26.55

VETERANS 0/40

1. C. Lindley	N Derbys	26.39
2. R. Wallace	Denby	27.52
3. H. Ramezyk	Staffs	28.10

VETERANS 0/50

1. W. Wilson	Hallam	28.57
2. J. Clarke	NortheraV	30.20
3. P. King	Denby	30.48

LADIES

1. J. Smith V	DkPk	30.57
2. S. Boler V	P'stone	31.50
3. P. Bishop V	Bramp	33.15

JUNIORS

1. A. Marshall	Castle	14.04
2. J. Wing	Hope	15.32
3. J. Galloway	Bam	15.33

STOODLEY PIKE FELL RACE

Lancashire

BS/3.5m/700ft 1.7.92

The two hundred and ninety four runners who entered the Stoodley Pike Fell Race welcomed the cooler conditions but could have done without the strong head wind on the tops.

This was the sixteenth running of the annual event and first home was last year's winner Andy Peace of Bingley Harriers, twenty seconds outside the long standing record of 16.49 set by Alan Sladen in 1980.



Andrew Wood on his way to the Pike: Stoodley Pike Race.

Photo: Steve Bateson

This short 'lung burster' event attracted a quality field and all categories were well represented, with an extensive prize sheet. The oldest competitor was sixty six year old Eric Studdard of Todmorden Harriers who has been a club member since its formation.

RESULTS

1. A. Peace	Bing	17.09
2. M. Kinch	Warr	17.29
3. S. Livesey	Ross	17.40
4. G. Devine	P&B	18.04
5. P. Livesey	Ross	18.07
6. C. Watson	Clay	18.19
7. A. Wrench	Tod	18.20
8. A. Maloney	Roch	18.28
9. M. Corbett	Ross	18.31
10. R. Pallister	P&B	18.38

VETERANS 0/40

1. T. Parkinson	Aire	19.15
2. D. Beels	Roch	19.59
3. J. Pore	Roch	20.48
4. B. Horsley	Cald	21.00
5. K. Shand	Roch	21.01

VETERANS 0/45

1. P. Lyons	Bury	19.34
2. D. Keams	Bolt	20.22
3. B. Jackson	Horw	21.18
4. I. Beverley	Clay	21.56
5. C. Keogh	Roch	22.12

VETERANS 0/50

1. P. Couey	P&B	20.59
2. D. Ashton	Black	21.07
3. P. Jepson	Bury	21.17
4. M. Wood	Saif	24.48
5. M. Thomas	Tod	24.21

VETERANS 0/55

1. P. Lambert	V Strds	24.52
2. R. Francis	Bury	25.14
3. G. Arnold	Prest	25.44

VETERANS 0/60

1. B. Hargreaves	Tod	26.26
2. B. Thompson	A'teers	31.07

VETERAN 0/65

1. E. Studdard	Tod	38.16
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LADIES

1. K. Drake	Spn	22.20
2. A. Buckley	P&B	22.46
3. G. Cook	Roch	22.54
4. V. Hamlett	Ross	23.00
5. C. Whittam	Tod	24.29
6. J. Wood	Ross	25.30
7. J. Lawrence V	Unatt	25.35
8. R. Whitehead	Bing	25.41

INTERMEDIATES

1. C. Watson	Clay	18.19
2. B. Taylor	Ross	18.51
3. R. Skelton	Cald	19.51
4. C. Cam's	Bing	20.17
5. R. Jebb	Bing	21.04

JUNIORS

1. C. Fell	Ross	20.47
2. I. Hanson	Bing	21.15
3. J. Hart	Roch	22.30

BEACON TO BEACON BS/3.25m/700ft 4.7.92

Conditions underfoot were very good with a line sunny evening. Robin Bergstrand beat his own record by seconds despite two new kissing gates erected recently on route.

The womens turnout was a bit disappointing with only Gilly Hale and Cath Procter turning out to run. The field overall completed the course a lot faster with all the runners back within thirty three minutes.

M. Power

RESULTS

1. R. Bergstrand	Mand	16.36
2. N. Raitt	Mand	18.04
3. D. Henderson	Salt	18.13
4. D. Churchill	Mand	18.20
5. K. Wood	Salt	18.26
6. P. Conner V	Mand	18.33
7. P. Guy	NewAyc	18.46
8. E. King	Beacon	18.51
9. I. Mulrooney	Mand	19.05
10. C. Wright	Mand	19.17

VETERANS 0/40

1. P. Conner	Mand	18.33
2. K. Wilson	Mand	19.28
3. C. Waitte	NewAyc	22.12
4. J. Smith	Unatt	23.32
5. T. Richardson	Unatt	23.55



3rd time Klets class winner at the Saunders: John Redmayne at Napes Needle.

Photo: Rob Howard

VETERANS 0/45

1. C. Hockney	MarshHo	21.18
2. N. Dyson	Mand	23.09
3. K. Fielden	Mand	23.14
4. S. Rudd	MarshHo	23.40
5. T. Stratton	L.D.W.A	28.33

VETERANS 0/50

1. B. Harrison	Unatt	21.04
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LADIES

1. G. Hale	Mand	21.58
2. C. Proctor	Mand	24.29

ROSTREVOR HILL RACE

Northern Ireland

AM/7m/2600ft 4.7.92

The Rostrevor race is quite similar to some continental races with steep forest tracks, hence its use as a selection race for N.I. World Cup teams. The senior men cover 7 miles 2600 feet in 2 laps and the ladies and junior men one lap - 5 miles 1600feet.

The senior race however was won by Republic of Ireland International Eamon McMahon who lives not far away in Dundalk. Richard Rodgers continued his good form, having been first NI runner at the Knockdhu International the previous month, to take the runner up spot. Ian Lyle, second at the Slieve Muck Novice race in April was a revelation in third place just 5 seconds behind and along with Richard and fourth placed Ned McMonagle gained selection for Italy.

NI Champion Roma McConville took 1 1/2 minutes off the ladies record with Stephanie Prazine and Sally Patrick also under the old mark. All Ireland junior champion Bob Johnson set a new record as he finished well clear of Chris Adgey, with Brendan McConville third, 28 seconds in front of his mother.

Brian Irvine

RESULTS

1. E. McMahon	Dun Dealgan	54.04
2. R. Rodgers	New. AC	55.11
3. I. Lyle	N. Dwn AC	55.16
4. N. McMonagle	Sparta	57.43
5. D. McGuinness	N. Belfast	58.02
6. N. Carty	N. Belfast	58.02
7. G. Maguire	Alberville	58.14
8. J. Patterson	Duncaim Oly	58.32
9. J. Hayes	Ballydrain	58.55
10. B. McKay	Alberville	59.25
11. J. Brown	Barf	59.58
12. G. Murray	Ballydrain	60.51

VETERANS 0/40

1. B. McKay	Alberville	58.25
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VETERANS 0/45

1. J. Patterson	Duncaim Oly	58.32
2. J. Hayes	Ballydrain	58.55

LADIES

1. R. McConville	N. Down AC	49.13 (Rec)
2. S. Pruzina	Barf	49.51
3. S. Patrick	Duncaim Oly	50.17
4. M. Havem	Newry Sham.	55.21
5. J. Farmer	Dub	61.31

JUNIORS

1. B. Johnson	Ballydrain	43.37 (Rec)
2. C. Adgey	Alberville	48.10
3. B. McConville	N. Down AC	48.45

TEAMS

1. Ballydrain	26
2. Newcastle AC	33
3. Alberville	38

SKIDDAW FELL RACE

Cumbria

AM/9m/2700ft 5.7.92

RESULTS

1. G. Bland	Borr	1.05.49
2. J. Atkinson	Amble	1.07.42
3. M. Kinch	Warr	1.07.55
4. J. Hooson	Amble	1.08.46
5. M. Fleming	Amble	1.09.25
6. A. Peace	Bing	1.09.47
7. A. Schofield	Ross	1.10.00
8. M. Fanning	Borr	1.10.20
9. D. Wilkinson	Roch	1.10.43
10. P. Pollitt	Bolt	1.10.52

VETERANS 0/40

1. M. Litt	CFR	1.15.50
2. C. Todd	Harr	1.20.09
3. D. Bridge	Kesw	1.22.04
4. N. Cowley	Alvis	1.22.49
5. T. Logan	L&M	1.25.36

VETERANS 0.45

1. D. Keams	Bolt	1.12.40
2. P. Lyons	Bury	1.14.48
3. R. Hargreaves	Clay	1.16.40
4. C. Taylor	Clay	1.22.45
5. S. Harwood	Kesw	1.23.25

VETERANS 0/50

1. T. Baxter	CFR	1.17.36
2. P. Jepson	Bury	1.21.55
3. H. Blenkinsop	Kesw	1.22.24
4. D. Tilly	Ross	1.26.59
5. B. Evans	P'tatyn	1.31.20

LADIES

1. A. Brand-Barker	Kesw	1.22.53
2. C. Banlin	Hels	1.23.04
3. A. George	Merc	1.24.11
4. C. Thompson V	Kesw	1.24.39
5. A. Isdale	Bing	1.28.50
6. T. Smith	CFR	1.33.39
7. C. Charlton V	Kesw	1.34.39

SAUNDERS LAKELAND

MOUNTAIN MARATHON

Cumbria

2-day 4/5.7.92

The fifteenth Saunders Lakeland Mountain Marathon started in cloud and drizzle after so many weeks of dry, clear weather, however nearly 90% of those who started arrived at the overnight camp. The atmosphere at the camp was buoyant, helped along a little with the sale of beer and milk. The mass start on Day two provided a memorable sight and again there was another good 90% finish rate of those who started Day two. The weather had cleared and finishers and spectators enjoyed watching competitors coming down from the last check-point at the top of Fleetwith Pike.

John Redmayne made it three wins in a row in the Klets Classic class whilst "Wilfs" was a winner with the food. Thanks should go to Martin Stone for an excellent results service and also to the "Backpackers" for their invaluable support. Is there always one gripe from the organisers? Again a handful of competitors failed to notify any official on retirement causing some concern for the organisers at the end of a long, hard but generally successful weekend.

Charlotte Webb

SCAFELL - Elite, approx. 80km.		
1. R. Powell/S. Jones		14.19.24
2. W. Holmes/R. Sanby		14.28.41
3. J. Aitken/T. Calder		14.40.16

BOWFELL - 'A' class, approx. 60km.		
1.1. Powell/P. James		11.04.13
2. N. Lander/J. Boswell		12.23.52
3. D. Parker/K. Parker		12.43.07

FIRST LADY		
1. A. Crabb/R. Pickvance		

KIRKFELL - 'B' class, approx. 50km.		
1. M. Fisher/T. Griffin		08.29.51
2. D. Field/J. Mayo		09.37.52
3. P. Whitehead/G. Tudbury		10.06.20

FIRST LADY		
1. P. McLaughlin/E. Scoth		13.57.07

CARROCK FELL - Slightly shorter than Kirkfell		
1. H. Buchanan/J. Taylor		09.44.03
2. R. Bull/W. Harrison		09.50.29
3. A. Williams/A. Hughes		10.11.36

FIRST LADY		
1. J. Greig/C. Kingston		12.30.00

KLETS CLASSIC - Solo, approx. 75km.		
1. J. Redmayne	B.C.C.	11.07.10
2. M. Hartell		11.52.51
3. I. Jones		12.56.33

FIRST LADY		
1.1. Blunk		20.48.27

WANSFELL - Walkers class		
1. A. Walker/M. Ellis		09.08.51
2. J. Hall/A. Seddon		09.11.20

FIRST LADY		
1. C. Cherry/W. Gammon		21.23.27

BEDA FELL - Walkers class, approx. 40km.		
1. R. Tucker/D. Swainson		10.05.42

FIRST LADY		
1. J. Leslie/N. Tout		11.22.59

HEATHCLIFF AND CATHY CANTER West Yorkshire CS/6.5m/800ft 7.7.92

Not a breath of wind stirred as a record 217 runners emerged from the confines of Penistone Hill Quarry on a very humid Tuesday evening. Their target being first Bronte Bridge, below the waterfall, and then Top Withins Ruin before returning via Scar Hill, the Height and Sladen Beck, so avoiding oncoming runners along the fast tracks and paths. This moor is an urban common to which the public have access for 'air and exercise', which is exactly the competitors purpose. The main talking point seemed to centre on the hordes of flies which feasted on the sweaty bodies as the steep fields out of Sladen Beck took their toll. Spritely over seventy Jack Riley quipped "you'd think these flies would be tired by now, as they've been round the whole course, because I certainly am". Only James Parker and Sarah Rowell seemed oblivious of these flying pests, but then they were both intent on winning their respective races, although it was Gary Devine who towed the field around the famous literary ruin with a sixty yard lead, surprising Parker by his turn of speed.

Incidentally, a plaque on Top Withins denies that this building ever resembled the Eamshaw Home in Emily Bronte's novel, Wuthering Heights. But the situation may have been in her mind when she wrote of the moorland setting of the Heights, none of this seems to detract from the public's imagination and pilgrimage.

Parker, the Ilkley 29 year old accountant chased his rival down, and only on the track into the quarry did he take command.

The ladies honour did fall to Sarah, improving Jill Teague's record by over two minutes, hence her awarding the 'party novelties' at the prize giving. For the fourth year all runners received a memento in the shape of a bag of 'Seabrook crisps', much more appreciated than medals or certificates.

Darby and Joan

RESULTS		
1. J. Parker	Uk	37.35
2. G. Devine	P&B	38.05
3. G. Damiani	Spn	38.38
4. A. Wrench	Tod	38.49
5. M. Keys	Ross	38.56
6. J. Wyczorek	Acc	39.24
7. P. Briscoe	VStdis	39.52
8. M. Whitfield	Bing	39.58
9. M. Aspinall	Clay	40.21
10. C. Smith	Eec	40.37

VETERANS 0/40		
1. J. Holt	Clay	42.56
2. P. Stanforth	KHR	43.28
3. B. Horsley	Cald	43.45
4. R. Haigh	nk	44.12
5. H. Atkinson	Bing	45.34

VETERANS 0/50		
1. R. Jaques	Clay	47.30
2. M. Coles	Skyrac	47.33
3. P. Lambert	V Strds	49.16
4. K. Summersgill	N.Vets	50.22
5. H. Manning	Clay	51.37

LADIES		
1. S. Rowell	P&B	42.15
2. K. Drake	Spn	45.28
3. A. Buckley	P&B	47.27
4. A. Isdale V	Bing	49.33
5. S. Watson V	V Strds	49.45
6. T. Stanforth V	HR	51.59
7. L. Bostock V	Clay	52.23
8. J. Nicholson V	R'trees	52.25

JUNIORS		
1. M. Whitfield	Bing	39.58
2. M. Smyth	Black	44.41
3. C. Cariss	Bing	44.52

BLACKAMoor CHASE South Yorkshire BM/6.5m/1400ft 8.7.92

A brilliant hot sunny evening at the Cricket Inn for the first running of the new Blackamoor Chase. The old race had been run for ten years on a Sunday afternoon in conjunction with the Totley Brook Fete, which has now ceased.

The runners left the field laughing and joking, little knowing what was in store for them. The first hazard was met on Strawberry Lee Lane when two horses started to panic as they were surrounded by the runners. After a few minutes delay (well it seemed like that) we were on our way. At the first summit we could see the race had descended and was climbing up again in the distance. It was beginning to look like a small version of the Sedburgh Hills race.

On reaching Stony Ridge Road, an alteration had to be made to the planned route to avoid a gathering of New Age Travellers, who were blocking the bridleway.

As we descended down the old chase route to the river in the bottom of the valley we were marshalled back up to the top of the Rifle Range. What a climb! but enjoyed by all. The finish outside the pub was just right and in no time at all the beer pumps were smoking.

Conrad Manning, continuing his return to form, finished in front of Andrew Ward.

Pam Bishop won the Ladies Race, ahead of Liz Evans.

Rob Mason

RESULTS		
1. C. Manning	Clay	37.29
2. A. Ward	Clowne	37.47
3. P. Murray	Sil Cty	39.35
4. N. Stone	Unatt	39.39
5. S. Fraser	Lds Cty	40.03
6. S. Oglethorpe	Hall	40.14
7. J. Chambers	N.Derby	40.27
8. A. Poirette	DkPk	40.35
9. T. Haywood	D.L.H.	41.03
9. P. Gebbett	Notts	41.03

VETERANS 0/40		
1. M. Seddon	Holm	44.24
2. D. Tate	Unatt	44.33
3. P. Jones	Hall	45.52
4.1. Bennett	E.Chesh	45.59
5. A. Yates	DkPk	46.08

VETERANS 0/50		
1.B. Wilson	Hall	44.36
2. B. Sprakes	DkPk	47.09
3. R. Mason	Tot	50.27
4. J. Harrison	DkPk	51.12
5. B. Needle	DkPk	51.43

VETERAN 0/60		
1. D. Perkins	Tot	66.00

LADIES		
1. P. Bishop V	Bramp	49.56
1. B. Evans	N.Derby	51.43
3. R. Clayton V	D.V.O	52.57
4. E. Wrigley V	Tot	53.40
5. J. Welbourn V	S'bridge	54.27
6. P. Leach	Hall	55.39
7. L. Evans	Colch	56.21
8. T. Kirklaw	C'field	56.40

RAINOW HILL RACE Cheshire BS/5m/750ft 9.7.92

The fourth running of the Rainow Hill Race saw all records broken. A record number of 170 starters soon stretched out round the course, after the steep climb onto Kerridge Ridge. Spectators have a great view of the runners along the top of the ridge and as they double back along the side. They could clearly pick out Mark Kinch well in front on his way to break the course record by overtwo and a half minutes. The next five runners, including former record holder Malcolm Fowler, were also inside the record.

First lady, Cecilia Greasley, had a tremendous run taking three minutes off her own course record. A final record was the amount of money raised for the local hospital scanner appeal and playgroup. Many thanks to ICI sports club, Running Bear and all who supported the event.

RESULTS		
1. M. Kinch	Warr	31.28
2. N. Jones	Mid Chesh	32.56
3. M. Fowler	Wilms	33.02
4.1. Walker	Boll	33.27
5. M. Noble V	Stock	33.34
6. M. McDermott	Macc	33.36
7. P. McLoughlin	C.T.H.	34.34
8. C. Hulse	Warr	34.44
9. A. Whalley	Macc	34.47
10. J. Kershaw V	Macc	35.05

VETERANS 0/40		
1. M. Noble	Stock	33.34
2. J. Kershaw	Macc	35.05
3. J. Whalley	Macc	35.24
4. J. Humphries	Old	35.49
5. T. Hulme	Penn	36.21

VETERANS 0/50		
1. R. Taylor	Bux	40.45
2. A. Gregory	MDOC	44.44
3. G. Coe	Boll	45.50
4. T. Maden	NVAC	48.30
5. J. Richardson	MerUni	49.33

VETERANS 0/60		
1. R. Reed	Wilms	46.34

LADIES		
1. C. Greasley	Macc	38.52
2. S. Reason	Stock	40.20
3. D. Copley		41.02
4. S. Rawson V	Macc	41.23
5. V. Perry	Stock	42.41
6. K. Martin	Alt	43.54
7. K. Turner V	Macc	45.14
8. A. Dinsmoor V	Stock	46.03

JUNIORS		
1. N. Jones	Mid Chesh	32.56
2. J. Kettle	Mid Chesh	38.24
3. R. Middleton	Macc	41.27

THURLSTONE CHASE South Yorkshire CS/4.25m/800ft 11.7.92

On a day which was a trifle slippery for any records to be broken. Bob Toogood in the over fifties category, stormed through the field to sixth place and a time less than a minute behind that of winner Paul Turner, who led from start to finish. Toogood's time looks set to stand as a category record for some time.

Kath Drake was first lady home for the second year in succession, with Sylvia Boler first lady veteran.

The race seems to be a favourite with older runners - over half the field of 170 were veterans.

Pete McLeod

RESULTS		
1. P. Turner	Bolt	22.44
2. D. Brooksbank	Bolt	23.00
3. M. Farran	Bolt	23.15
4. R. Bretherick	L'wood	23.17
5. A. Wolfender	Spn	23.21
6. B. Toogood V	Hall	23.30
7. P. Buttery V	Holm	23.41
8. K. Miller	Spn	23.49
9. P. Grindey	Unatt	24.05
10. R. Wallage V	Denby	24.08

VETERANS 0/40		
1. P. Buttery	Holm	23.41
2. R. Wallage	Denby	24.08
3. C. Jackson	L'wood	24.12
4. C. Beever	Holm	24.32
5. R. Innes	S'bridge	25.02

VETERANS 0/45		
1. R. Asquith	Holm	25.24
2. D. Cartwright	P'stone	25.26
3. R. Taylor	P'stone	25.29
4. R. Hardcastle	L'wood	25.30
5. B. Lomas	HolmeV	26.54

VETERANS 0/50		
1. B. Toogood	Hall	23.30
2. D. Bamforth	HolmeV	24.57
3.1. Wainwright	Hall	25.47
4. T. Bentley	Doncaster	25.50
5. A. Baiden	Unatt	25.56

VETERAN 0/55		
1. N. Cole	P'stone	34.02

VETERANS 0/60		
1. M. Weston	P'stone	30.40
2. A. Pickup	Unatt	35.20

LADIES

1. K. Drake	Spen	26.43
2. C. Banlin	Hels	27.19
3. S. Boler V	P'stone	28.04
4. J. Town	Denby	28.56
5. A. Jorgensen V	P'stone	29.32
6. K. Whittingham V	Denby	29.55
7. J. Heelby V	Bam	30.56
8. J. Wilson V	Hall	31.18

INTERMEDIATES U/17

1. C. Wolfenden	Spen	18.58
2. J. Washington	Melt	19.20
3. M. Burrett	Imp	19.36
4. S. Brockbank	Spen	19.51

JUNIORS U/15

1. M. Jones	P'stone	11.38
2. A. Washington	Melt	12.12
3. C. Shepherd	Bam	12.15

BOOTLE BLACK COMBE FELL RACE

Cumbria

AS/5.5m/1900ft 12.7.92

RESULTS

1. G. Devine	P&B	40.38
2. D. Lee	CFR	40.45
3. H. Jarrett	CFR	42.16
4. S. Willis	Amble	42.17
5. J. Hope V	AchRat	42.18
6. G. Byers	CFR	42.54
7. S. Parker		43.31
8. S. Addison	Clay	43.41
9. S. Paling V	Kesw	44.35
10. M. Litt	CFR	44.37

VETERANS 0/40

1. J. Hope	AchRat	42.18
2. M. Litt	CFR	44.37
3. C. Webb	CFR	45.42
4. D. Findley	CFR	47.10
5. S. Fielding	Ross	47.33

VETERANS 0/50

1. P. Dowker	AchRat	48.11
2. D. Shepperd	CFR	48.31
3. B. Johnson	CFR	50.03
4. D. Hughes	CFR	50.16
5. B. Hillon	CFR	53.07

CRIB Y DDISGL

Gwynedd

AM/8.25m/4900ft 12.7.92

The standard of runners competing in this long course trial race was of very high quality, not often seen in North Wales. This somewhat unusual event, where the race finishes on top of one of the highest summits in England and Wales (continental style), had 103 entrants. A number of the local runners seemed to be intimidated by the prospect of running in such elite company, either that or they are the type that are only prepared to struggle uphill, for the sake of being able to run downhill.

Last year's winner Mark Croasdale along with runner up Nigel Gates of Brighton and Hove were again present. However Robin Bergstrand was determined to improve on previous performances in this race and show the English selectors what he's capable of (if they don't know already!). Robin took over three minutes off his third place time of last year to set a new record. Cecilia Greasley also set a new record in the ladies race taking a significant chunk of over eleven minutes off the old one. Croasdale also beat his own record time of last year, but Nigel Gates had to pull out not far off the finish.

The first two Welsh and English runners home were automatically chosen to represent their country in Italy. Steve Hughes a photographer from Chester who has represented Wales in the past, but not seen all that often on the fells recently, proved that his lack of appearances has not affected his abilities, as he was best Welsh qualifier in nineteenth position. Not far behind him in twenty third position was Fon Williams of Anglesey who demonstrated to the selectors that his strength lies in running uphill.

The registration point this year was re-located to 'The Heights' Hotel, as was the prize giving. 'The Heights' have much appreciated help in ensuring the success of the race, as did all the marshalls including the stalwarts from South Wales.

Eilir Evans

RESULTS

1. R. Bergstrand	Mand	71.17
2. M. Croasdale	L&M	72.31
3. M. Jones	Horw	73.09
4. S. Hawkins	Bing	74.10
5. G. Bland	Borr	74.31
6. J. Taylor	Holm	74.59
7. C. Roberts	Kend	76.06
8. A. Smith	CFR	76.38
9. R. Jackson	Horw	76.41
10. M. Roberts	Kend	76.51
11. P. Dymoke	L'ston	76.59



Dei Huws (Eryri) at Crib Y Ddisgl

Photo: Francis Uhlman

12. M. Lee	Bolt	77.38
13. A. Peace	Bing	77.58
14. P. Cadwallader	L'pool	78.27
15. S. Livesey	Ross	78.43
16. D. Neill	Staffs	78.50
17. A. Kitchin	L'ston	79.16
18. K. Manning	Clay	79.20
19. S. Hughes	Hebog	80.02
20. G. Wilkinson	Clay	80.56
21. B. Thompson	CFR	81.14
22. T. Hesketh	Horw	81.16
23. F. Williams	Eryri	81.24
24. B. Hussain	Stock	81.35
25. G. Patten	Brych	82.19
26. C. Metcalfe	Skip	82.41
27. G. Owen	Eryri	82.50
28. S. Thompson	Clay	82.53
29. J. Nixon	Horw	83.11
30. S. Mansbridge	Merc	83.16

VETERANS 0/40

1. T. Hesketh	Horw	81.16
2. J. Nixon	Horw	83.11
3. P. Stott	Hebog	91.22
4. T. Hulme	Penn	91.50
5. J. Morris	Penn	93.41

VETERANS 0/50

1. R. Bunn	Hales	99.39
2. C. Brown	Merc	101.24

LADIES

1. C. Greasley	Macc	101.43
2. S. Watson V	V Stdrs	102.35
3. A. George	Merc	105.00

COWPE HILL RACE

Lancashire

AS/5m/1500ft 15.7.92

Over the last few years the route of the Cowpe Hill race has undergone considerable change. This was the eleventh running of the event and the new course for this year, and incidentally for future occasions, was the most radical change from the original fifteen minute dash yet.

The new course climbs steeply up the opposite side of the valley before a loop first drops into the falley of Scout Moor Brook and then climbs to the top of Whittle Pike Before returning back to Cowpe by the reverse of the outward

route. With 1300ft in its four and a half miles it is one of the toughest races in this part of Lancashire, and Rossendales first 'A' category race. The new route met with the approval of the 212 runners on the night. The winner, M.Kinch led the well flagged way from start to finish in a new record time. Ladies winner also with a new record time was Anne Buckley.

RESULTS

1. M. Kinch	Warr	34.52
2. M. Aspinall	Clay	36.28
3. T. Hesketh V	Horw	37.14
4. M. Corbett	Ross	37.24
5. C. Lyon	Horw	37.35
6. J. Logue	Horw	37.43
7. J. Hey	Warr	38.08
8. C. Watson	Clay	38.12
9. R. Owen	Black	38.23
10. M. Keys	Ross	38.44

VETERANS 0/40

1. T. Hesketh	Horw	37.14
2. K. Shand	Roch	39.16
3. B. Ashworth	Ross	39.27
4. D. Ashworth	Clay	41.47
5. D. Wright	Clay	41.53

VETERANS 0/45

1. K. Taylor	Ross	39.29
2. D. Keams	Bolt	40.01
3. J. Norman	Alt	40.54
4. P. Blassrough	Sadd	43.25
5. J. Talbot	Tod	44.59

VETERANS 0/50

1. D. Ashton	Black	42.00
2. P. Jepson	Bury	43.42
3. R. Francis	Bury	51.25
4. G. Navan	Ross	51.55
5. W. Wilkinson	Clay	52.38

LADIES

1. A. Buckley	P&B	44.49
2. V. Hamlet	Ross	47.12
3. A. Lee	Clay	48.18
4. S. Exon V	Traff	48.25
5. D. Fleming V	Ross	48.48
6. J. Wood	Ross	51.42
7. J. Peddie V	Ross	52.10
8. G. Cook	Roch	53.41

MELBREAK TWO TOPS FELL**RACE****Cumbria****AS/4m/1400ft 15.7.92**

Ideal conditions, dry, clear and cool. A large variety of descents from the second summit.

RESULTS

1. G. Bland	Borr	33.42
2. A. Bowness	CFR	34.49
3. J. Bland	Borr	35.01
4. A. Schofield	Ross	35.19
5. D. Loan	Kesw	35.59
6. H. Jarrett	CFR	36.24
7. G. Byers	CFR	36.35
8. H. Lorimer	HtrsBog	36.39
9. A. Beaty	CFR	36.54
10. S. Umpleby	Raccoons	37.38

VETERANS 0/40

1. C. Webb	CFR	38.32
2.1. Charlton	Kesw	39.25
3. S. Sharp	CFR	40.53
4. F. Anderson	CFR	41.08
5. B. Linsley	CFR	41.15

VETERANS 0/50

1. T. Baxter	CFR	39.46
2. P. Dowker	AchRat	41.37
3. B. Johnson	CFR	42.11
4. D. Shepherd	CFR	42.34
5. H. Blenkinsop	Kesw	43.35

BAMFORD CARNIVAL FELL RACE**South Yorkshire****CS/3.75m/600ft 15.7.92**

Two hundred and sixty six runners set off on a warm, bright day. The new registration form was an asset in helping to book in. A slight modification to our results system turned out to be an advantage and we had all the runners back, the results out, and the prizes given by 8.45pm. Our thanks to all who ran.

Donald Johnson

RESULTS

1. P. Bowler	Staffs	21.04
2. N. Morrison V	Verlea	21.31
3. T. Tett	DkPk	21.43
4. S. Oglethorpe	Hall	21.50
5. S. Charles worth	Staffs	21.58
6. J. Kershaw V	Macc	22.08
7. A. Poirrette	DkPk	22.10
8. R. Taylor V	Penn	22.19
9. J. Holden	Stock	22.125
10. R. Eagle	Macc	22.35

VETERANS 0/40

1. N. Morrison	Verlea	21.31
2. J. Kershaw	Macc	22.08
3. R. Taylor	Penn	22.19
4. J. Boswell	Ere	23.51
5. R. Wallace	Denby	23.17

VETERANS 0/50

1. G. Rowson	Macc	23.59
2. J. Clarke	N.Vets	25.30
3. R. Longden	Goyt V	26.40
4. T. Doyle	ManYMCA	27.14
5. J. O'Donnell	GDT	27.29

LADIES

1. S. BolerV	P'stone	26.54
2. S. Rowson V	Macc	27.12
3. A. Jorgenson V	Penn	28.30
4. L. Evans	Sheff	29.43
5. J. Wilson V	Hall	30.08
6. J. Deakin	Hall	30.17
7. H. Chesser		30.54
8. E. Jowset	Fringle	31.04

KINNISIDE FELL RACE**Cumbria****AM/9m/3000ft 18.7.92**

The race was won by Martin Amor, a well known local track and road runner from Copeland AC, in his first fell race, leading the 54 runners from the start, on a very wet day. He was followed by Donald Lee, and a very fit looking J. Bradley, and Harry Jarrett and Garry Byers. No one was attacked by the buzzards on entering the Lowther Forrest section this year, it must have been the heavy rain that kept them away as they were very active earlier in the week, with several runners being attacked on training runs in the area.

A good run also from S. Lewisley to hold off P. DeMoss in the ladies race.

There were no records this year due to the wet conditions. I have not included any times this year as I had a fault with the stop watch, due to the rain.

Bernard Hillon

RESULTS

1. M. Amor	Cope
2. D. Lee	CFR
3. J. Bradley	Prest
4. H. Jarratt	CFR
5. G. Byers	CFR
6. D. Loan	Kesw
7. A. McKee	Cope
8. G. Clucas	CFR
9. R. Lewisley	Bord
10. J. Nixon V	Horw

VETERANS 0/40

1. J. Nixon	Horw
2. M. Litt	CFR
3.1. Charlton	Kesw
4. B. Crewdson	Black
5. F. Anderson	CFR

VETERANS 0/50

1. G. Mallett	Harr
2. P. Duffy	Aber
3. M. McDougall	CFR
4. H. DeMoss	USA

LADIES

1. S. Lewisley	Bord
2. P. DeMoss	USA
3. J. Bonner	Glouc

SLIEVE DONARD**Co. Down****AM/7m/2900ft 18.7.92****RESULTS**

1. D. McNeilly	Willow	1.14.30
2. J. Patterson V	D'caim	1.19.46
3. W. McKay V	A'ville	1.20.04
4. G. Murray	B'drain	1.20.33
5. J. Brown	BARF	1.20.56
6. D. Brannigan	N'castle	1.21.42
7. B. McBumey	N'castle	1.22.59
8. G. Morrison	Willow	1.23.51
9. B. Reid	E.Antrim	1.24.54
10. R. Johnston	B'drain	1.24.56

VETERANS 0/45

1. J. Patterson	D'caim	1.19.46
2. W. McKay	A'ville	1.20.04
3. A. Corish	A'ville	1.31.11

LADIES

1. M. Havem	NewryS	1.57.09
2. J. Boyle	BARF	2.02.52
3. J. Farmer	D.U.B.	2.12.10

MOEL SIABOD FELL RACE**Gwynedd****AM/6.2m/2300ft 18.7.92**

An increased turnout compared with the last two years of 118 senior runners, nineteen under twelve and fourteen under sixteen. The race took place in deteriorating weather conditions and times were relatively slow. Wind speed was approaching fifty k/s (SW) on the summit and although cloud base was above the summit at the start, it lowered to about 1500ft by late afternoon.

Several runners lost direction during descent but corrected once below cloud level, except for one, who emerged at Dolwy ddelan and arrived back, having hitched a lift, just as a major search was being initiated.

Prizes were of a particularly high quality this year, thanks to the generosity of local retailers.

Mike Cousins

RESULTS

1. C. Donnelly	Eryri	51.07
2. E. Roberts	Eryri	51.17
3. K. Hagley	DkPk	53.20
4. R. Thomas	Hebog	53.33
5. J. Hope	AchRat	53.51
6. G. Wilson	Saif	54.10
7. T. Jones	Eryri	54.25
8. A. Haynes	Eryri	54.31
9. G. Owen	Eryri	54.32
10. S. Bibby	Colwyn	54.33

VETERANS 0/40

1. J. Hope	AchRat	53.51
2. D. Williams	Eryri	57.30
3. M. Blake	Eryri	59.33
4. D. Davies	Hebog	59.49
5. J. Morris	Penn	62.25

VETERANS 0/50

1. A. Olah		59.34
2. E. Knight	Merc	67.04
3. G. Gartrell	Wrex	72.32
4. T. Hildridge	Eryri	78.02
5. B. Evans	P'tatyn	78.35

LADIES

1. A. Salisbury V	Eryri	69.51
2. J. Jeffreys	Osw	70.02
3. J. Ratcliffe	Gorph	71.51
4. J. Glass V	Eryri	72.50
5. L. Carder	P Y B	73.05
6. S. Williams V	Colwyn	75.28
7. J. Phelan	Eryri	77.20
8. K. Martin	Alt	77.30

MEALL AN T' SUIDHE HILL RACE**Highland****AS/3.5m/1500ft 18.7.92**

Andy Kitchen ran the second fastest time ever to win by a street, but look out - John Brooks is getting faster every year. In the women's race, Trish Calder broke Ros Coates 1981 record. There was a real scrap for second place between Leslie Hope and Christine Menhennet; Leslie pulled back a deficit of 1 minute 12 seconds at the top to beat Christine by just seven seconds. Road runner Pamela Ricker of Richmond, Massachusetts, was up on her honeymoon and saw the race advertised as 'undulating' in a running magazine. She paid her money and lined up in her road shoes. After she finished, she was asked if she would be running the next day. She replied "Yes, as far away from here as possible". Marriage has it's ups and downs. I only mention this as a cautionary tale to other hill race organisers to follow FRA policy. Don't advertise your races in any road running mags.

Roger Boswell

RESULTS

1. A. Kitchin	L'ston	28.57
2. J. Brooks	Loch	30.20
3. J. Wilkinson	GALA	30.22
4. D. MacGonigle	Shett	31.41
5. P. Hughes	Loch	32.17
6. H. Lorimer	Hunters	32.17
7.1. Murphy	Clyde	32.28
8. J. Coyle	Cam	32.32
9. J. Hepburn	D'dee	32.54
10. R. Boswell	Loch	33.05

VETERANS 0/40

1. R. Boswell	Loch	33.05
2. B. Knox	Teviot	33.32
3. J. Shields	Clyde	35.24

VETERANS 0/50

1. D. Armour	H'land	38.22
2. G. Clark	Arb	40.21
3.1. Chrystal	Loch	40.26

LADIES

1. T. Calder	Hunters	36.35
2. L. Hope	Loch	38.06
3. C. Menhennet	Clyde	38.13

INTERMEDIATE

1. J. Brooks	Loch	30.20
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JUNIOR

1. S. Cameron	Loch	33.17
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INGLEBOROUGH FELL RACE**North Yorkshire****AM/7m/2000ft 18.7.92****RESULTS**

1. M. Croasdale	L&M	44.14
2. T. Byrne	Bnis	46.16
3. C. Hirst	Sett	47.50
4. A. Eyre-Walker	NottsUni	48.13
5. M. Roscoe	LdsCty	48.31
6. C. Norris	Sett	49.00
7. P. Lowery	L&M	49.13
8. S. Bell	Wat	49.54
9. M. Walsh	Kend	50.00
10. N. Raitt	NottsUni	50.01

VETERANS 0/40

1. M. Walsh	Kend	50.00
2. S. Varney	Kend	51.26
3. D. Wright	Clay	52.23
4. J. Greenwood	H'fax	52.30
5. S. Kirkbride	Kend	53.37

VETERANS 0/50

1. M. Coles	Skyrac	58.48
2. R. Jaques	Clay	58.50
3. B. Buckley	Gloss	59.45
4. P. Lambert	V Strds	61.13
5. W. Wade	Holm	61.33

LADIES

1. A. George	Merc	57.36
2. V. Hamlet	Ross	62.34
3. J. Bradshaw	Gloss	66.15
4. J. Knott		68.12
5. J. Taylor	N'burgh	71.29
6. C. Wyngard	Dul	71.47
7. J. Cooper	Raccoons	74.53
8. G. Egner	Denby	76.05

JUNIORS

1. C. Watson	Clay	22.53
2. J. Washington	Melt	25.24
3. J. Macleod	Melt	27.51

HALF NEVIS RACE

Highland AM/6m/2200ft 19.7.92

Lochaber provided five of the seven female runners, including winner Leslie Hope, who ran a great race, just one minute outside Karen Skog's 1988 record. In the other race (the men) Davey 'Dodger' Rodgers made history in equalling the fastest time ever recorded by a local (50 mins 33 secs), a mark set by Ronnie 'Cammie' Campbell when he finished fifth in 1983 (that race was won in 47:39 by Colin Donnelly). UK Biathlon Champion, Mike Dixon OBE proved his Ben Nevis race training programme is going well to take second place. Lochaber AC provided 43% of the entrants, and got ten of the first fifteen places.

Roger Boswell

RESULTS

1. D. Rogers	Loch	0.50.33
2. M. Dixon	Loch	0.51.42
3. I. Murphy	Clydesdale	0.52.54
4. D. MacGonigle	Shett	0.54.53
5. J. Coyle	Cam	0.55.36
6. R. Boswell	Loch	0.56.29
7. J. Kirkland	D'deeH	0.56.50
8. J. Williamson	Loch	0.57.28
9. J. Maitland	Loch	0.57.39
10. S. Bums	Loch	0.58.16

VETERANS 0/40

1. R. Boswell	Loch	0.56.29
2. J. Shields	Clyde	0.59.10
3. N. Bowman	Loch	0.59.25

VETERANS 0/50

1. G. Clark	Arb	1.06.01
2. D. Turnbull	EKil	1.12.41
3. J. Cummins	Fife	1.16.44

LADIES

1. L. Hope	Loch	1.03.00
2. C. Menhennet	Clyde	1.05.39
3. J. Farmer	Loch	1.06.00

INTERMEDIATES

1. I. Adams	Strath	1.13.31
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LAC'S COW HILL RACE

Highland AS/2m/900ft 20.7.92

Lochaber AC provided over 50% of the runners. Forty year old Frenchman and sub 2:20 marathon runner Michel Violet was right on John Brooks shoulder at the summit, but his descent time was only twenty third fastest, so he only managed fifth place. John Coyle finished off a very successful weekend with a great run to come second, and he won the West Coast Challenge for the best performance over the three races. One wee girl of twelve twisted her ankle and was carried off the hill, nothing too serious as it turned out, but no one knew that at the time. Thankyou Robert Nicol (Irvine) for stopping and taking her down to the Mountain Rescue folk, and thankyou Lochaber Mountain Rescue for being on hand. Maybe a thirteen years old minimum age limit is needed for this race.

Roger Boswell

RESULTS

1. J. Brooks	Loch	18.07
2. J. Coyle	Cam	18.56
3. P. Hughes	Loch	19.17
4. M. Thomas	Loch	19.26
5. M. Violet	CAMN	19.27
6. S. Bums	Loch	19.41
7. R. Boswell	Loch	19.47
8. P. Jeffrey	Loch	19.53
9. D. O'Neill	Unatt	20.15
10. J. Maitland	Loch	20.16

VETERANS 0/40

1. M. Violet	CAMN	19.27
2. R. Boswell	Loch	19.47
3. B. Brooks Sr	Loch	20.38

FIRST LADY

1. A. Burleigh	VLAC	22.50
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INTERMEDIATE

1. J. Brooks	Loch	18.07
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JUNIOR

1. P. Jeffrey	Loch	19.53
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CROWN DERBY

Cheshire CS/3.5m/400ft 23.7.92

A good turnout for Bollington. On the night 98 runners took part in the Crown Derby, named after the pub that hosts the start and finish.

Taking in Kerridge End to Rainow, then a right turn to bring you back to White Nancy (a big white monolith), along Kerridge Ridge climbing steadily. Then a sharp descent of about half a mile to fetch you back to the pub.

The winner ventured to say "this is my first go at a fell type race, I'm a road racer normally". When his shoes were examined they were indeed almost slick racers. A good run indeed with the course record broken as well the previous best being 21.35.

RESULTS

1. M. Roberts	21.14	P.M.A.C
2. D. Neil	21.30	Staffs
3. M. Fowler	21.54	Wilm
4. N. Jones	22.06	Mid Ches
5. M. Blake	22.55	
6. J. Ashworth	22.57	
7. K. Murray	23.12	
8. S. Addison	23.17	
9. A. Whalley	23.25	
10. R. Brownson	23.33	

VETERAN 0/40

I.J. Whalley	23.41	Macc
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VETERAN 0/50

I.G. Coe	28.33	Boll
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FIRST LADY

1. E. Dawson	28.38	Boll
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JUNIOR BOY U/16

1. A. Turner	25.15	
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JUNIOR GIRL U/16

1. S. Hartley	32.28	
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GAMES COW HILL

Lochaber AS/2m/900ft 25.7.92

Only twenty two runners, half of them Lochaber AC, but this race is going to become a classic once more folk know about it. It's run over a completely different, a more gruelling (ie, dangerous) route than LAC's Cow Hill race, it even goes round a different leg of the TV mast at the summit. Dodger and John Brooks had a tremendous scrap, Dodger only pulling away on the flat bit at the end. No-one will ever get near Dodger's record time of 17 minutes 37 seconds, as British Rail will soon demolish the strategically placed Distillery level crossing, and it's a hell of a long way running round Fort William Railway Station. The women's race was never in doubt - Sharon MacCruden first and last.

Roger Boswell

RESULTS

1. D. Rodgers	Loch	17.37
2. J. Brooks	Loch	17.55
3. E. Harwood	H'land	20.23
4. B. Brooks	Loch	21.22
5. G. Brooks	Loch	21.12
6. K. MacAllister	Loch	21.34
7. F. MacShane	Caith	22.31
8. B. Brooks Jr	Loch	22.53
9. E. Campbell	Unatt	23.15
10. P. Dennis	Helens	23.24

VETERANS 0/40

1. E. Harwood	H'land	20.23
2. B. Brooks	Loch	21.22

LADY

I.S. MacCruden	Naim	36.10
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INTERMEDIATE

1. J. Brooks	Loch	17.55
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JUNIORS

1. B. Brooks Jr	Loch	22.53
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RAMSEY NORTH BARRULE

Isle of Man AS/3.5m/1750ft 26.7.92

This years race was held in sunny but windy conditions, fortunately missing the severe weather that had been forecast for the afternoon of the race. The 3.5 mile course starts and finishes at the Ramsey Hairpin on the T.T. course and proceeds through Elfin Glen and on up to North Barrule summit, returning the same way to give 1750 ft of ascent.

International walker Steve Partington, who narrowly missed selection to the Great Britain team for the Barcelona Olympics, scored a commanding start to finish victory, his fourth since the race was first held in 1986. Only two managed to threaten the popular Laxey athlete, with current league leader Tony Rowley and visitor Darren Blackhurst of Rosendale still in contention at the summit turn, but they too had to give way as Partington piled on the pressure. Rowley claimed runner up having pulled clear of regular Manx Mountain Marathon competitor Blackhurst on the ultra fast descent.

Top veteran was doctor David Young who ran a calculated race to make sure he beat arch rival Dave Corrin, and in so doing achieved his ambition of winning the over forty league title for the first time.

Only one lady took part, but it was very pleasing to see fifteen year old Erica Hull make her debut to become the fourth member of the Hull family to have raced on the Manx fells.

Richie Stevenson

RESULTS

1. S. Partington	MH	35.25
2. T. Rowley	MFR	36.08
3. D. Blackhurst	Ross	37.26
4. D. Bawden	MFR	38.46
5. R. Stevenson	MFR	38.50
6. D. Young	MFR	39.17
7. K. Callister	MH	40.04
8. D. Corrin	MH	40.47
9. D. Maddrell	MFR	40.51
10. M. Cowboume	MFR	42.00

VETERANS 0/40

1. D. Young	MFR	39.17
2. D. Corrin	MH	40.47
3. M. Cowboume	MFR	42.00
4. P. Corlett	MH	43.57
5. J. Wright	MFR	44.15

VETERAN 0/60

1. B. Baxter	MH	56.54
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LADY

I.E. Hull	MFR	58.03
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REETH HILLS FELL RACE

North Yorkshire AM/12.5m/3300ft 26.7.92

After a rainy start to the day, conditions improved thankfully allowing the two river crossings to be used and avoiding any course change for the first time.

John Taylor had a splendid run, if a somewhat slow start being two minutes or more behind the last runner, but was among the leaders by the third climb over Calver Hill, going on to win.

A record field of 177 runners entered, 174 finished, the average times were well up indicating an ever improving field which has grown steadily every year since 1987.



John Taylor (1st) and Graham Schofield (2nd) in the Reeth Hill Race.

Photo: Steve Bateson

The Ladies Shield was absent from the prize giving, so if Ruth Pickvance or one of Ruth's friends could organise it's return, I would appreciate it. Thanks to all those who made it happen on the day, see you all next year.

Peter Smith

RESULTS

1. J. Taylor	Holm	1.31.54
2. G. Schofield	Black	1.32.09
3. M. Aspinall	Unatt	1.33.28
4. G. Moffat	H'gill	1.34.04
5. R. Hackett	C'mont	1.34.30
6. J. Bradley	Prest	1.35.04
7. M. Cara	Mand	1.36.28
8. M. Giddy	Gloss	1.36.37
9. M. Keys	Ross	1.38.04
10. M. Ligema	Croft	1.38.39

VETERANS 0/40

1. P. Conner	Mand	1.38.50
2. J. Baker	E Hull	1.44.43
3. P. Buttery	Holm	1.45.09
4. T. Richardson	Kend	1.45.09
5. C. Todd	Harr	1.45.33

VETERANS 0/50

1. B. Wilson	DkPk	1.50.12
2. P. Jensen	Bury	1.50.59
3. P. Taylor	Bord	1.51.27
4. G. Booth	L'wood	1.53.39
5. P. Dowker	AchRat	1.55.08

LADIES

1. A. Isdale V	Bing	1.53.38
2. P. DeMoss V	USA	1.58.47
3. C. Schmidt	Sal	2.01.17
4. J. Nicolson	R'tree	2.02.50
5. S. Lewsley	Kesw	2.08.45
6. J. Shotten	Fellan	2.13.29
7. J. Saul	C'mont	2.28.28
8. D. Winder	Horn	2.50.00

BORROWDALE RACE

Cumbria

AL/17m/6500ft 1.8.92

RESULTS

1. O. Bland	Borr	2.43.33
2. J. Bland	Borr	2.48.28
3. M. Fanning	Borr	2.51.31
4. M. Rigby	Amble	2.58.49
5. i. Ferguson	Bing	3.03.12
6. R. Whitfield V	Bing	3.06.26
7. A. Schofield	Ross	3.10.33
8. A. Trigg	Gloss	3.12.43
9. G. Schofield	Black	3.14.25
10. B. Brindle	Horw	3.14.34

VETERANS 0/40

1. R. Whitfield	3.06.26	
2. J. Holt	Clay	3.15.16
3. I. Charlton	Kesw	3.19.10
4. T. Hesketh	Horw	3.24.41
5. J. Talbot	Tod	3.29.46

VETERANS 0/50

1. D. Ashton	Black	3.26.13
2. R. Bell	Amble	3.29.36
3. H. Blenkinsop	3.42.09	
4. M. Coles	Skyrac	4.07.47
5. G. Collinson	Fellan	4.10.43

LADIES

1. I. Diamantides	Amble	3.30.31
2. A. Brand-Brkr	Kesw	3.45.46
3. J. Ramsden	Kesw	3.50.57
4. A. Isdale	Bing	3.58.26
5. G. Cook	Roch	4.10.22
6. C. McNeill V	Amble	4.15.50
7. C. Charlton V	Kesw	4.21.36
8. S. Lewsley V	Kesw	4.24.46

MOEL HEBOG

Gwynedd

AM/5.5m/2560ft 1.8.92

RESULTS

1. M. Pesava	Czech	44.07
2. J. Civmy	Czech	47.35
3. E. Roberts	Eryri	47.55
4. T. Jones	Eryri	50.54
5. G. Patten	Brych	51.10
6. C. Williams	Hebog	51.59
7. E. Evans	Eryri	52.49
8. J. Slabihosek	Czech	52.55
9. A. Williams	Eryri	53.01
10. I. Blakemore	Unatt	53.45

VETERANS 0/40

1. P. Jones	Eryri	54.08
2. M. Blake	Eryri	55.09
3. D. Williams	Eryri	55.23

VETERANS 0/50

1. B. Evans	P'tatyn	64.51
2. G. Lloyd	Wrex	65.48
3. T. Hildige	Eryri	67.06

LADIES

1. K. Patten	Brych	66.01
2. J. Jeffries	Osw	67.06
3. A. Bond	Wrex	77.24



Approaching Rigghead Quarries from Dale Head in the Borrowdale Fell Race.

Photo: Bill Smith

ANGUS MUNROS

Angus

AL/12m/4500ft 2.8.92

The race was run in near perfect conditions with high cloud and a light cool breeze. There was a record entry for a non-championship race of 69, with two juniors, six ladies, seven male super veterans and nineteen veterans. The course was altered from last year owing to a dispute with the Royal Estate (there goes my Knighthood!), to include two new Munros via Mayar and Dreish, and a very steep final descent to the finish of about 2000ft, which several runners found too hard, but which the majority voted to retain. However, the debate would seem to be academic, as I have now fallen foul of the Scottish National Heritage, and seem likely to be clapped into iron for sending runners through an area of rare mosses and bog flowers - an area trampled through by walkers in their droves every weekend in the year. So this looks like the demise of the Angus Munros, yet again, and am now squeezed in from both sides, leaving only Jock's Road. I suppose we could always do Glen Doll to Braemar? Watch this space for further developments.

John Williams

RESULTS

1. J. Coyle	Cam	2.26.50
2. N. Martin	Fife	2.31.12
3. E. Harwood V	H.H.H.	2.34.34
4. J. Gallacher	Ochil	2.35.00
5. B. Worth	Ochil	2.35.40
6. N. Bowman V	Loch	2.38.06
7. D. Weir	Strath	2.38.36
8. C. Bain V	Loch	2.42.06
9. R. Daly	Gramp	2.47.05
10. M. Williams	L'ston	2.48.58

VETERANS 0/40

1. E. Harwood	H.H.H.	2.34.34
2. N. Bowman	Loch	2.38.06
3. C. Bain	Loch	2.42.06
4. J. Holden	Fife	2.51.14
5. R. Collins	H.H.H.	2.59.55

VETERANS 0/50

1. K. Bums	Cam	2.50.15
2. G. Clarkk	Arb	3.03.31
3. J. Littlewood	Scot Vet	3.12.56
4. G. Angus	Hawk	3.20.28
5. B. Campbell	Unatt	3.31.37

LADIES

1. A. Mudge	3.15.11	
2. S. Hay V	HHR	3.19.08
3. T. Wilson V	D'dee	3.36.09
4. F. Findley	Loch	3.37.42
5. P. Blake	Strath	3.49.42

JUNIORS

1. P. Hay	Unatt	2.49.21
2. J. Clarke	Unatt	2.50.00

TEAMS

1. Ochil Hill Runners	81.06.13
2. Camethy	8.18.41
3. Lochaber	8.27.24

CONISTON COUNTRY FAIR

FELL RACE

Cumbria

N/8m/3000ft 2.8.92

A small entry of 48 runners in the senior event found difficulty in navigating this new race in adverse weather conditions, several runners ended up in the Duddon Valley, though some managed to find the Newfield Inn and the odd farmhouse until they were duly collected by friends.

Robin Jamiesons of Ambleside's winning time was comparatively slow because of the weather conditions. Ken Lindley continues to show good form by taking first veterans prize.

J. Cubbon was the first lady home, with A. Ray, a close second.

Only six juniors turned up for the race. J. McPhee winning easily.

In spite of the weather most runners said they enjoyed the race and approved of the course. Hopefully 1993 will provide a bigger entry and better weather. B.N.F.C were once again the generous sponsors.

P. Bateson

RESULTS

1. R. Jamieson	Amble	1.15.24
2. S. Parker	Unatt	1.17.13
3. D. Thompson	Cald	1.22.12
4. P. Dryden	CFR	1.22.49
5. G. Taylor	Darwin	1.23.33
6. P. Markey	Unatt	1.31.07
7. T. Birtwistle	Ross	1.31.21
8. P. Melver	Unatt	1.31.26
9. K. Linkley	BkCoombe	1.31.29
10. P. Chiltern	Nun	1.33.21

VETERANS 0/40

1. K. Lindley	BkCoombe	1.31.29
2. P. Pearson	Kend	1.40.08
3. P. Edge	L&M	1.47.40

VETERANS 0/45

1. D. Mashiter	Acc	1.37.25
2. A. Hodgekiss	Telf	1.38.24
3. P. Pearson	Unatt	1.42.49

VETERANS 0/50

1. M. Adams	Cleve	1.38.12
2. D. Brown	Clay	1.45.03
3. J. Finlay	Camb	2.04.19

VETERANS 0/60

1. C. Rushton	Wesh	1.47.40
2. J. Newby	Tod	1.52.15

LADIES

1. J. Cubbon	Otley	1.56.02
2. A. Ray	P.L.S.	2.00.56

PASSING CLOUDS FELL RACE

Staffordshire N/5m/1320ft 4.8.92

A new race taking in the hills of Ramshaw, The Roaches, and Hen Cloud. Dominated from half-way by Nick Stone.

P.Hitchings

RESULTS

1. N. Stone	Unatt	36.00
2. S. Charles worth	S.M.A.C.	37.18
3. E. Clitheroe	Goyt	38.45
4. H. Ramczyk	S.M.A.C.	38.47
5. P. Stubbington	C.C.C.N.C.	40.12
6. P. Boulton V	S.M.A.C.	40.31
7. B. Dart V	Bux	40.47
8. A. Smallman	Macc	41.01
9. P. Addison	E.M.D.O.C.	41.38
10.1. Bennett V	E.Chesh	41.55

VETERANS 0/50

1. R. Taylor	Bux	44.29
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LADIES

1. T. Levitt	Bux	72.30
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BRADWELL FELL RACE

Derbyshire BS/4.5m/600ft 5.8.92

The race was run in ideal conditions, overcast with a cool breeze. The finish took place on the sports field in front of the new pavilion. One lap on the field added to the excitement of the spectators.

The new signing-in form was used for the first time, and by passing the forms along with pens down to queue of entrants, it shortened the time considerably of booking in.

Sorry I can't give much more information, as I am a competitor running well to the rear of the field, but as an organiser, many thanks to the Association for all the work that is done to get the programmes out.

RESULTS

1. A. Ward	Unatt	26.13
2. P. Murray	Stl Cty	26.29
3. S. Oglethorpe	Hall	26.31
4. S. Frazer	Lds Cty	26.37
5. C. Lindley V	Roth	26.46
6. T. Tett	DkPk	26.53
7. J. Gallagher	Unatt	27.08
8. T. Haywood	D/C Hinc	27.20
9. G. England	Sheff	27.31
10. A. Jenkins	Unatt	27.39

VETERANS 0/40

1. C. Lindley	Roth	26.46
2. D. Bonnington	S.S.S.	28.07
3. T. Hulme	Unatt	28.33
4. P. Whitehead	Ere	28.42
5. M. Moorhouse	M'iock	28.49

LADIES

1.P. Bishop V	Bramp	33.36
2. S. Boler V	P'stone	33.50
3. K. Martin	Alt	34.07
4. A. Jorgensen V	P'stone	35.14
5. P. Leach	Hall	36.33
6. F. Browell V	DkPk	36.49
7. A. Champion V	Ret	37.27
8. R. Denby V	Merc	37.46

SCRABO HILL RACE

Northern Ireland BS/3m/750ft 5.8.92

Robin Bryson used this race as his final warm up event before the Irish World Cup trials, and was a convincing winner, although he was twelve seconds outside his own 1989 record. Second placed Noel McMonigal also has a fine record in this three mile race, being the 1991 winner and must have a liking for the fast course, as he travels seventy odd miles each way to take part.

It was encouraging also that McMonigal brought with him three team mates and they lifted the team prize by four points from Newcastle A.C.

Jim Hayes

RESULTS

1. R. Bryson	N'castle	19.41
2. N. McMonigal	Sparta	20.14
3. A. Maguire	N.Belf	20.21
4. G. Morris	Willow	20.30
5.1. O'Neill	E.Down	20.46
6. B. Ervine	B'drain	21.01
7. P. Rodgers	N'castle	21.05
8. J. Patterson V	DunOly	21.07
9. N. Cardy	N.Belf	21.19
10. W. McKay V	A'ville	21.42

VETERANS 0/40

1. W. McKay	A'ville	21.42
2. A. Corish	A'ville	24.51
3. D. West	B'drain	25.00
*4. F. Boal	B'drain	26.31

VETERANS 0/45

1.J. Patterson	DunOly	21.07
2. J. Sloan	N.Down	24.33
3. B. Magee	Lame	25.11
4. J. Gibson	B'drain	26.14

LADIES

1. N. Murphy	Lisbum	24.35
2. R. McConville	N.Down	26.18
3. S. Patrick	DunOly	26.44
4. S. Carson	DunOly	26.56
5. S. Pruzina	BARF	27.11
6. J. Boyle	BARF	29.04
7. K. Dolan	Dub.R.	30.36
8. M. Oliver	Dub.R.	30.50

JUNIORS

1. R. Johnson	B'drain	22.41
2.1. Barr	Lame	25.06

CAW SUMMIT

Cumbria AM/6m/1800ft 5.8.92

The race fulfilled the organisers expectations: infinite variety of ascent/descent routes with rough pathless terrain providing true Fell Race criteria. Forty one runners tackled it and all enjoyed the run on a good runners evening. The race was won by the longest, but easiest route choice, although now 'local knowledge' is held it may not be the same next year.

The course has given rise to much discussion both before and after the event and will continue to do so for some time to come.

RESULTS

1. M. Fleming	Amble	48.43
2. J. Atkinson	Amble	50.36
3. S. Parker	Unatt	51.29
4. J. Schofield	Amble	52.20
5. P. Wratcliffe	Wrek	52.31
6. T. Richardson	Kend	53.05
7. D. Loan	Kesw	54.24
8. P. Mavin	Penn	55.44
9. P. Orr	Prest	56.26
10. J. Hope V	AchRat	57.02

VETERANS 0/40

1. J. Hope	AchRat	57.02
2. R. Smith	L&M	76.06

VETERANS 0/45

1. T. Richardson	Kend	53.05
2. D. Jones	Penn	58.47
3. K. Lindley	BCR	59.18
4. M. Hobson	Unatt	67.05
5. A. Hodkiss	Telf	70.36

VETERANS 0/50

1. R. Bell	Amble	57.57
2. J. Taylor	Amble	65.07
3. B. Hillon	CFR	70.12
4. A. Daniels	AchRat	72.36
5. N. Hakeman	Dallam	78.35

VETERAN 0/55

1. D. Hughes	CFR	61.51
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Veteran 0/60

1. J. Peel	BCR	76.58
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LADIES

1. C. McNeill V	Amble	70.17
2. A. Crabb	Amble	72.46
3. P. White	Prest	82.52
4. V. Hindmarsh V	BCR	83.18

JUNIOR

1. C. Bewley	CFR	58.40
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TEGGS NOSE FELL RACE

Cheshire BM/6.5m/1100ft 8.8.92

Rain and high winds greeted the runners at Teggs this year. Records were out of the question, even with Sarah Rowell Supporting the event. Numbers were up this year in spite of the Olympics and six other fell races. Local Pennine runner Malcolm Fowler scored a notable victory with Tony Hesketh stealing first veteran from John Kershaw. Sarah Rowell was in a class of her own with twelfth spot not surprising. Hope to see everyone again next year.

Greg Rawson

RESULTS

1. M. Fowler	Penn	50.07
2. P. Briscoe	V Strds	50.43
3. N. Jones	Mid Chesh	50.55
4. T. Hesketh V	Horw	51.09
5. C. Leigh	Traff	52.36
6. J. Kershaw V	Macc	52.56
7. T. Haywood	DeeLux	52.58
8. J. Lindop	Stock	53.00
9. A. Whalley	Macc	53.06
10. P. Hands	LeicCor	53.25

VETERANS 0/40

1.T. Hesketh	Horw	51.09
2. J. Kershaw	Macc	52.56
3. J. Norman	Alt	53.52
4. J. Whalley	Macc	54.18
5. T. Hulme	Penn	54.44

VETERANS 0/50

1. A. Peers	Spec	59.01
2. J. Deaden	Hels	65.14
3. C. Grundy	Bux	65.50
4. D. O'Leary	McrYMCA	66.09
5. A. Wright	Alt	66.18

VETERANS 0/60

1. J. Newby	Tod	69.37
2. E. Mitchell	DkPk	74.43

LADIES

1. S. Rowell	P&B	53.40
2. C. Bolland	L'ston	61.08
3. A. Harris V	Stock	65.05
4. B. Hardy V	Horw	70.29
5. J. Barber V	Mynydd	71.59
6. J. Cave V	Unatt	72.55
7. A. Ray	P.L.S.	77.38
8. T. Barnett	Unatt	78.04

JUNIORS

1. M. Wilsher	Pick	67.28
2. M. Keddie	Macc	69.39

BUTTERMERE HORSESHOE

FELL RACE

Cumbria AL/20m/8000ft 8.8.92

Johnathan Bland won the eleventh Buttermere Horseshoe, eleven years after his father, Stuart, was second in the inaugural Buttermere Horseshoe (to another Bland - Billy!). Johnathan pulled ahead of Adrian Jones after Honister and built up a lead of nearly eighteen minutes. His finishing time was only three minutes outside Donald Lee's course record.

Adrian Jones (a regular at the race) held on to second place from 1985 winner John Nixon, who was also first veteran. Andrew Taylor in fifth place completed his seventh successive Buttermere Horseshoe. The number of runners who keep coming back says something for the course - or is it the cakes?

Roger Bell was first super veteran and first team was Glossopdale in a combined time of 12.36.01, from CFR (13.01.20) and Calder Valley (13.12.30).

First lady was Joan Nicholson of Rowntrees in a time, followed by orienteer Carol McNeill twelve minutes behind.

I must thank everyone who helped on the day. In particular I must thank the Race Sponsor, Mike and Sheila Thompson at the Scale Hill Hotel. Mike and Sheila have supported the race for the last eleven years, including the last two years after the hotel had shut. The Scale Hill Hotel has provided soup, rolls, beer, and Mike has been involved on the day doing a checkpoint and even sweep three years ago. Personally I must thank Mike for his support during the last three years. Now the hotel has shut the Scale Hill Hotel has decided to step down as sponsors and their support will be sorely missed, although Mike has volunteered to do a checkpoint next year.

Also after three years as race organiser I have also decided to step down. Although hard work I have enjoyed organising the race and seeing the enjoyment runners get from the race. I feel the race has a unique atmosphere and I hope it will continue. I am at present looking for someone to organise the race next year. Thank you again to everyone who has helped over the last three years and to everyone who has run in the race during that period.

Pete Skelton

RESULTS

1. J. Bland	Borr	3.33.49
2. A. Jones	Gloss	3.51.31
3. J. Nixon	Horw	3.54.10
4. M. Fleming	Amble	3.59.17
5. A. Taylor	Spring	4.00.51
6. T. Ratcliffe	Sadd	4.01.48
7. H. Nicholson	Clay	4.02.06
8. M. Martell	Macc	4.05.30
9. J. Coulson	Cald	4.05.40
10. D. Marshall	Penn	4.08.28

VETERANS 0/40

1. J. Nixon	Horw	3.54.10
2. J. Coulson	Cald	4.05.40
3. B. Linsley	Ross	4.20.40
4. M. Noble	Stock	4.24.19
5. B. Hughes	CFR	4.36.56

VETERANS 0/50

1. R. Bell	Amble	4.21.25
2. D. Fisher	N'port	5.37.22

LADIES

1. J. Nicholson V	R'trees	4.59.02
2. C. McNeill V	Amble	5.11.17
3. S. Keveal	Sadd	5.16.51
4. P. DeMoss V	USA	5.21.00
5. A. Crabb	Amble	5.43.25

KIELDER BORDERER FELL RACE**Northumberland
B/17m/3000ft 8.8.92**

Runners scared off by the weather forecast might regret their decision. The Kielder Borderer produced its unique brand of cool damp but clear conditions, - ideal in fact for a fast time as Richard Hackett demonstrated in destroying the old record.

On the heathery ascent to the Kielder Stone, runners averting their eyes from the ground might have been able to observe a herd of wild goats. These beasts denizens of this remote moor for centuries, are adept at showing off their contouring skills when disturbed.

Encouraged by last years report, the communal bath was overflowing. Unfortunately before the first lady arrived, the water turned much the same colour as parts of the hill the runners had negotiated earlier.

Refreshed by this turgid water, competitors could consume the free barbecue provided and relax to the sounds of the folk festival.

Mike Sanderson

RESULTS

1. R. Hackett	C'mont	2.35.15
2. A. Furlong	Unatt	2.54.10
3. A. Tait V	Tyne	2.59.23
4. C. Hinde	NewAyc	3.02.56
5. J. Rea	CFR	3.13.19
6. S. Gabhar	C'mont	3.14.16
7. L. Stephenson V	Kend	3.17.50
8. M. Wood	Merc	3.17.55
9. T. Peters V	AVLyc	3.26.39
10. S. Beatty V	TVne	3.32.12

VETERANS 0/40

1. A. Tait	Tyne	2.59.23
2. L. Stephenson	Kend	3.17.50
3. T. Peters	AVLyc	3.26.39
4. S. Beatty	Tyne	3.32.12
5. K. Richardson	Swale	3.33.09

VETERANS 0/50

1. R. Hayes	Morp	3.42.56
2. M. Sanderson	Unatt	3.44.55
3. B. Chambers	Unatt	5.51.42

FIRST LADY

1. G. Mennim	Unatt	4.07.20
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GLEN TROOL FOREST HILL RACE**Galloway
CM/10.5m/1680ft 9.8.92**

The forecast and actual weather for the race was wet and this, coupled with a choice of other events, may have reduced interest. Only thirteen hill racers and three Forest joggers turned up. However, conditions underfoot were reasonable and fast times were achieved. The Forerstry Commission will organise a further race next year, but may have to consider taking this event out of their 'Forest Fun' programme in future if interest lapses further.

James Hamilton

RESULTS

1. I. Murphy	Clyde	1.17.44
2. J. Coyle	Cam	1.23.41
3. R. Longmore	Solway	1.23.55
4. I. Kevan V	Telf	1.24.51
5. D. Brown	D'fries	1.28.33
6. B. Edridge V	Clyde	1.32.32
7. C. Menhennet	Clyde	1.36.31
8. B. Green		1.43.35
9. R. Turnbull V		1.46.57
10. R. McCrae	Gall	1.47.16

LADIES

1. C. Menhennet	Clyde	1.36.31
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GATEGILL FELL RACE**Cumbria
AS/4m/1500ft 9.8.92**

Rain held off until race almost finished, but conditions misty on top and very slippery underfoot due to previous poor weather. Otherwise the race was very enjoyable.

RESULTS

1. R. Jamieson	Amble	27.59
2. C. Valentine	Kesw	28.51
3. D. Loan	Kesw	29.33
4. D. Wilkinson	Roch	30.15
5. A. Maloney	Roch	30.23
6. R. Lawrence	Bing	30.39
7. P. Bland	Borr	30.51
8. J. Taylor	Clay	30.59
9. M. Stone	Clay	31.08
10. D. Gibbons	Gloss	31.13

VETERANS 0/40

1. N. Walker	Amble	34.58
2. J. Barker	Roch	35.00
3. N. Berry	Holm	35.55
4. G. Fielding	Ross	36.10
5. S. Harwood	Kesw	36.13

VETERANS 0/50

1. J. Taylor	Amble	38.12
2. L. Pollard	AchRat	46.11

LADIES

1. K. Beaty	CFR	38.22
2. K. Arnold	CFR	39.59
3. J. Schrieber	P&B	40.23
4. J. Laverick	Amble	40.57
5. C. Charlton	Kesw	42.16

WADSWORTH VILLAGE FELL**RACE
West Yorkshire
BS/4.5m/800ft 9.8.92**

Kenny Stuart and Steve Halliday battled it out at the front with Kenny getting away to win and clip four seconds off Paul Dugdales record which has stood since 198 8. Carol Greenwood won the women's race finishing twenty fifth overall, just behind the first junior A. Turner from Buxton who had an excellent run.

There were the usual large selection of prizes donated by local traders, and Dave Woodhead cajoled and bullied various runners into participating in the local Tug of War.

Next years race will form part of a three race Grand Prix in 'The Hebden Challenge', which also includes the 'Wadsworth Trog' ('The Beast') and the 'Good Shepherd 8' road race (or fell race on tarmac).

A big thanks to you all for turning up to compete, and a very special thanks to all those who helped out on the day, also to Allan and Carol Greenwood for assisting us in getting the results out to you so quickly.

Bernard and Kay Pierce

RESULTS

1. K. Stirrat	H'fax	23.12
2. S. Halliday	B'grave	23.26
3. A. Wrench	Tod	23.53
4. A. Whalley	P&B	24.32
5. A. Rowland	Cald	24.35
6. B. Waterhouse V	Sadd	24.44
7. J. Smith	P&B	25.22
8. M. Egner	Denby	25.25
9. S. Watson	P&B	25.52
10. P. Lyons V	Bury	25.54

VETERANS 0/40

1. B. Waterhouse	Sadd	24.44
2. P. Lyons	Bury	25.54
3. D. Beels	Roch	26.05
4. J. Haffmann	Bfd	26.52
5. J. Dove	Roch	27.05

VETERANS 0/50

1. R. Dewhurst	Clay	30.05
2. P. Watson	P&B	30.25
3. M. Houghton	Chor	30.55
4. K. Dobson	Hynd	32.33
5. J. Firth	StB	32.50

LADIES

1. C. Greenwood	Cald	27.40
2. A. Lee	Clay	30.40
3. J. Town	Denby	32.59
4. J. Makinson	Clay	33.51
5. G. Egner	Denby	36.38
6. P. Dove V	Roch	36.50
7. J. Smith	Unatt	36.56
8. K. Goss V	Clay	37.03

JUNIORS

1. A. Turner	Bux	27.33
2. L. Parry	Cald	28.39
3. T. Skelton	Unatt	37.55

RAS MOEL Y GEST RACE**Gwyndd
AS/3.5m/1200ft 16.8.92**

We would like to thank you all for participating in the Moel y Gest race. Please note that next year the race will be held as part of the Tuesday evening series of races.

RESULTS

1. C. Donnelly	Eryri	27.17
2. J. Hey	Warr	27.55
3. A. Williams	Eryri	28.37
4. T. Garside	Hebog	29.59
5. G. Hughes	Hebog	30.32
6. D. Williams V	Eryri	30.33
7. D. Williams V	Eryri	30.40
8. C. Taylor	Merc	31.47
9. M. Blake V	Eryri	32.02
10. T. Hulme V	Penn	33.02

VETERANS 0/40

1. D. Williams	Eryri	30.33
2. D. Williams	Eryri	30.40
3. M. Blake	Eryri	32.02
4. T. Hulme	Penn	33.02
5. G. Spencer	Merc	36.13

VETERANS 0/50

1. G. Lloyd	Wrex	37.14
2. B. Evans	P'tatyn	40.16
3. E. Steward	DkPk	42.13
4. M. Cox	DkPk	42.27
5. D. Glass	Eryri	51.19

LADIES

1. J. Jeffreys	Osw	36.53
2. J. Glass V	Eryri	42.39
3. A. Bond	Wrex	44.33
4. N. Lloyd	Wrex	44.38
5. A. Donnelly		45.53

WHINLATER "KING OF THE FOREST SERIES" - combination of Lords Seat Race and Grisedale Grind.**1992**

Mike Fanning won the 1992 King of the Forest Series. Making a welcome comeback to fell running this season, Mike was first in the Lords Seat Race and second in the Grisedale Grind. Andy Schofield was second in the Series with two third places, despite going off course in the Lords Seat Race. Gavin Bland proved his fitness for the World Cup by winning the Grisedale Grind. Gavin now holds the record for both Grisedale Grind courses.

Angie Brand-Barker retained the ladies title in the Whinlatter Series winning both races. Angie also holds the course records for both Grisedale Grind courses.

Fifty two people ran both races and with two hundred entries for the two races £100 was raised for the Save the Children Fund. The new Grisedale Grind route received a favourable response and will be retained for the August race.

I would like to thank everyone who helped with the two races - Dene Gibbon, Carolyn Charlton, Val Johnson and Duncan Stuart, Stephen Sharp, Jim Hall, Mike Pearson, Dennis Hayes, Kirstin and Ellen Bailey, and Colin Webb, on the top of Grisedale.

Pete Skelton

RESULTS

1. M. Fanning	Borr	65.18
2. A. Schofield	Ross	66.58
3. B. Evans	Amble	68.33
4. M. Egner	Denby	69.06
5. D. Wilkinson	Borr	72.32
6. M. Litt	CFR	72.34
7. S. Sharp	CFR	74.19
8. W. Ponsobny	Kesw	74.40
9. P. Hall	C'mouth	74.44
10. M. Lee	Unatt	74.50

VETERANS 0/40

1. M. Litt	CFR	72.34
2. S. Sharp	CFR	74.19
3. D. Bridge	Kesw	77.17
4. N. Walker	Amble	78.15
5. G. Lloyd	Kesw	78.26

VETERANS 0/50

1. C. Brown	Merc	81.51
2. M. Weale	Unatt	96.56
3. J. Chippendale	Stock	114.13

LADIES

1. A. Brand-Barker	Kesw	79.04
2. M. Chippendale V	Stock	87.58
3. W. Knox	Kesw	90.41
4. J. Elliot	Unatt	90.57
5. J. Laverick	Amble	92.41
6. G. Egner	Denby	103.41
7. J. Cooper	Raccoons	103.51
8. C. Beroud	C'mouth	113.30

GREEN BELL FELL RACE**Cumbria
BS/6m/1300ft 22.8.92**

Damp humid conditions saw seventy three runners to the top of 'Green Bell' which is on the edge of the Howgill Fells. Hugh Symonds of Kendal ran a well calculated race to finish first, only seconds in front of David Milliken, and past winner Graham Moffat. David who was running his second only fell race was really pleased with his performance - a man to watch out for! Mari Todd led the nine strong ladies race, second was course record holder Ruth Pickvance, and third was Ann Watmore who also took first veterans prize.

Colin Webb took the male veterans prize, while his team (CFR) could only manage a close second to Kendal in the team race, this being Kendals fifth successive victory, going back to the inaugural race in 198 8. Well done to everybody, runners and helpers.

RESULTS

1. H. Symonds	Kend	45.12
2. D. Milliken	Saif	45.15
3. G. Moffat	HowH	45.23
4. H. Jarret	CFR	45.53
5. S. Hicks	Amble	46.03
6. J. Broxap	Kend	46.27
7. B. Roberts	Mand	46.35
8. P. Tuson	Kend	46.38
9. P. Dryden	CFR	46.42
10. M. Egner	Denby	47.10

VETERANS 0/40		
1. C. Webb	CFR	48.33
2. W. Tait	Tyne	48.42
3. J. Baker	E.Hull	50.22
4. R. Cowling	Unatt	50.53
5. L. Stephenson	Kend	52.34

VETERANS 0/45		
1. R. Cowling	Unatt	50.53
2. K. Lindley	BkCoombe	53.14
3. G. Causey	Unatt	55.16
4. B. Cox	Unatt	55.31
5. D. Hugill	ARCC	56.06

VETERANS 0/50		
1. G. Causey	Unatt	55.16
2. J. Garbarino	AchRat	57.08
3. D. Turnbull	D.Kilb	58.00
4. K. Nixon	BkCoombe	59.11
5. R. Bray	B'pool	61.29

VETERANS 0/55		
1. R. Bray	B'pool	61.29

LADIES		
1. M. Todd	Amble	53.11
2. R. Pickvance	Kend	54.49
3. A. Watmore V	DkPk	54.57
4. M. Chippendale V	Stock	57.31
5. D. Bailey V	Kend	62.20
6. G. Egner	Denby	68.09
7. V. Hindmarsh	BkCoombe	69.03
8. E. Unsworth V	Kend	72.34

SPERRIN MOUNTAINS Northern Ireland AL/14m/4300ft 22.8.92

Given the atrocious weather and the fact that several of the Championship contenders stayed away in preparation for the World Cup the following week a field of 20 runners should be considered a good turn out.

The event is the longest in the NI championship covering 14 miles of fairly heavy going and the heavy rain and consequent flooding turned this year's event into an epic. The Sperrins are wet at the best of times and no place to be without navigational skills. The 3 river crossings are usually easily negotiated but on race day had turned into raging torrents causing everyone to lose some time before they decided to either 'jump' or 'swim'.

Race favourite Billy McKay and Martin McNiff of BARF were leading at the half way stage but went astray in the mist. Jim Brown was first to reach the manned checkpoint at County Rock and ran strongly in the later stages to win his first Championship race. Veteran John Sloan, McKay and McNiff arrived at County Rock together but from different directions and Sloan's Tarzan Act' at the final river crossing proved decisive in the race for second place.

Brian Irvine

RESULTS		
1. J. Brown	BARF	3.01.43
2. J. Sloan	N. Down	3.05.08
3. M. McNiff	BARF	3.06.46
4. B. McKay	Albertville	3.08.58
5. M. Barton	ACKC	3.15.47
6. B. McGee	Lame AC	3.18.37
7= B. McBumey	New. AC	
7= K. Quinn	New. AC	3.24.55
9. R. Ferry	Mid Ulster	3.30.50
10. W. Kettle	ACKC	3.32.50
11. J. Gibson	Ballydrain	3.51.45
12= G. Sloan	ACKC	
12= R. Donaldson	CIMYS	3.52.55
14. N. Muiray	Mid Ulster	3.57.04
15. I. Taylor	Albertville	4.02.00

RAS Y CNICHT Gwyndd

AS/4.5m/1850ft 23.8.92

Brought forward a week to accommodate World Cup runners (and the race organiser), heading for Italy. The Cnicht race proved a neat sharpener for Colin Donnelly. The foxy Scot was chased all the way to the summit by Hefin Griffiths who, nursing a troublesome ankle, was unable to hold Donnelly on the descent. Emlyn Roberts stormed in third, demonstrating that his descending fitness (twelve seconds faster than Donnelly) is wrongly ignored by the Welsh selectors, who once again picked him for the World Cup Long' race instead of the short.

Stella Farrar, returning to mountain running only three months after the birth of daughter Madeleine, was thrilled to take the women's prize, with Janet Jeffreys exactly a minute behind on her first visit to Cnicht. Sixty one runners, well down on last year, but a beautiful day and smashing atmosphere.

Frances Uhlman

RESULTS		
1. C. Donnelly	Eryri	32.52
2. H. Griffiths	Hebog	33.27
3. E. Roberts	Eryri	35.05
4. D. Roberts	Hebog	36.01
5. M. O'Doherty	Bath	37.11
6. E. Evans	Eryri	37.24
7. P. Stott V	Hebog	37.31
8. P. Jones V	Eryri	38.09
9. S. Barnard	Eryri	38.09
10. B. Beachell	H'fax	38.22

VETERANS 0/40		
1. P. Stott	Hebog	37.31
2. P. Jones	Eryri	38.04
3. D. Williams	Eryri	38.24
4.1. Mitchell	L'wood	39.32
5. P. Jones	Eryri	40.18

VETERANS 0/50		
1. M. Ward	Osw	44.13
2. T. Hildige	Eryri	46.26
3. B. Evans	P'tatyn	46.40

LADIES		
1. S. Farrar	Eryri	48.06
2. J. Jeffreys	Osw	49.06
3. J. Glass	Eryri	52.52

JUNIORS		
1. T. Garside	Hebog	39.24

LAXEY GLEN HORSESHOE FELL RACE Isle of Man AM/12m/3200ft 23.8.92

The twenty four strong field enjoyed a mixed bag of weather with warm sunshine at the start giving way to heavy rain and gale force winds half way round the eleven mile course.

North Barrule winner Steve Partington, set a fierce pace for eight miles only to 'bonk' on the descent to Glen Ruy, and ironically the Great Britain International walker was reduced to walking pace as he struggled back to finish. Boltions John Quine looked set to take advantage of Partington's misfortune until he made a navigational error coming off Cam-y-Gerjoil, losing over ten minutes and slipping back to 8th.

It was left to Holmfirths Peter Buttery to storm over the final few miles, taking the lead justover a mile from the finish to record his first win on Manx soil.

Richie Stevenson

RESULTS		
1. P. Buttery V	Holm	1.52.36
2. R. Stevenson	MFR	1.53.23
3. D. Young V		1.54.25
4. T. Bolland	S'port	1.59.52
5. S. Partington	MH	2.01.37
6. D. Corrin V	MH	2.02.30
7. P. Costly	Western	2.06.27
8. J. Quine	Bolt	2.07.42
9. A. Bagley	Stock	2.09.43
9. K. Albinson	Stock	2.09.43
9. P. Crowe	MFR	2.09.43
10. P. Corlett V	MH	2.10.33

VETERANS 0/40		
1. P. Buttery	Holm	1.52.36
2. D. Young	MFR	1.54.25
3. D. Corrin	MH	2.02.30
4. P. Corlett	MH	2.10.33
5. J. Wright	MFR	2.21.43

LADIES		
1. K. Rushton	W.A.C.	2.25.21
2. H. Shilling	W.C.H.O.	2.52.30

CROOK PEAK RACE 3m/800ft 26.8.92

The race started from the near sea level Somerset Levels to climb 550 ft in the first mile to Crook Peak's rocky summit. A group of four runners quickly broke away on this first ascent from the cosily sized field of thirty-eight. Negotiating the tricky rock step off Crook Peak reduced the leading group to just two runners Andrew Radwell and Pete James. On the fast closely cropped turf of Wavering Down and Cross Plain, Radwell built up a fifty yard lead on James. However, on the steep descent of broken limestone into the finish James used his advantage of off-road experience to overhaul Radwell, winning by a single yard.

RESULTS		
1. P. James	B.O.K.	19.30
2. A. Radwell	Nail	19.31
3. P. Davies	Weston	20.05
4.1. Mennie	B.O.K.	20.19
5. D. Gilchrist		20.56
6. A. Roper V	Weston	21.03
7. M. Bird	Nail	21.06
8. R. Griffiths	Chedd	21.12
9. T. Lewis V	Durs	21.17
10.1. Stürups		21.32

VETERANS 0/40		
1. A. Roper	Weston	21.03
2. T. Lewis	Durs	21.17
3.1. Stürups		21.32
4. R. Bromley	Durs	22.11
5. R. Betterton	G.W.R.	22.14

VETERANS 0/50		
1. D. Jones	Weston	27.33
2. P. Robbins	B.O.K.	27.38
3. J. Battersby	G.W.R.	27.42

BECA Pembrokeshire BS/5m/1050ft 27.8.92

Many thanks to the 101 runners who turned out for the sixteenth Beca Ras on the Preseli Mountains. Entries were received from as far a field as Keighley (Yorkshire), and Beckenham (Kent). The winner for the fourth consecutive year was Dewi Jones. The course record did not seem to have any effect on the spirit of both competitors or spectators, and Dewi ran the course in exactly a minute more than his last years time.

John Evans

RESULTS		
1. D. Jones	StClrs	34.41
2. M. Jenkins	A'stwyth	35.48
3. M. Adams	Crymych	36.23
4. D. Warren	Card	36.33
5. R. Phillips	N'port	37.01
6. G. Davies	A'stwyth	37.54
7. C. Davies	Llangli	37.52
8. D. Hamer	A'stwyth	37.54
9. F. Jones	A'deron	38.00
10. D. Roberts	A'stwyth	38.13

VETERANS 0/40		
1.S. Gibbs	Llanarth	38.35
2. P. Halliwell	Yorks'	39.52
3. E. Sherwood	N'castle	40.39

VETERANS 0/50		
1. E. Parkinson	StDvds	42.34
2. R. Morgan	L'boidy	47.28
3. K. Collier	Card	56.25

LADIES		
1. A. Abbot	Ciliau	42.37
2. J. Williams	Hauer	50.02
3. A. Clare	A'porth	52.45

LADY VETERANS 0/35		
1. C. McCarthy	Bath	44.09
2. J. Hawking	Crymych	50.06
3. M. Barlow	L'douery	50.32

JUNIOR BOYS U/16		
1. A. Jones	A'aeron	38.46
2. S. Neil	Warwicks'	39.01
3. H. Evans	Moyle	48.54

JUNIOR GIRLS U/16		
1. E. Harrison	N'castle	55.32
2. R. Hawking	Crymych	59.58

DUFTON PIKE FELL RACE Cumbria AS/2m/1578ft 29.8.92

In good fell running conditions John Atkinson won his first race as an amateur, after being reinstated last year, his time was only one second outside Steve Hawkins 1991 record. With ten races on the same day the organisers were quite pleased with thirty seven entrants in the senior race and eight in the under sixteen event. For the third year this race has attracted the top men and could very easily develop into a classic.

D. Cannon

RESULTS		
1. J. Atkinson	Amble	15.56
2. B. Thompson	CFR	16.04
3. M. Roberts	Kend	16.30
4. M. Fanning	Borr	16.34
5. C. Valentine	Kesw	16.39
6. J. Bland	Borr	16.53
7. P. Singleton	Amble	17.30
8. S. Willis	Amble	17.43
9. D. Loan	Kesw	17.58
10. R. Walker	Elter	18.53

JUNIOR RACE		
1. A. Knowles	Hilton	11.42
2. A. Friar	B'bridge	12.49
3. M. Hardman	Bramp	13.15

WEAR FIT FELL RACE

Co. Durham

BS/3m/700ft 29.8.92

Fine weather and an appreciative audience at the Weardale Agricultural Show. St. Johns Chapel helped to make the first running of this race a modest success - considering everything else happening on this bank holiday Saturday. Thirty eight starters climbed their way up to Carr Brow Moor being led by a Durham City Harriers trio of Peter Embleton, John Marshall and Gavin McAdams. On the way back the two principals fought a ding dong battle and the result was decided by a final showfield sprint, with Peter Embleton triumphing to take the Northumbrian Water Ltd trophy. John Marshall was second and Gavin McAdam a distant third, followed by Dave Shaw of Shildon and Jack Verity from Bradford. Durham City Harriers scooped the one team prize on offer.

The ladies event proved a more straight forward affair with Donna James, a clear winner from Jan Young and Katie Vickers.

The race itself was preceded by a 1 1/4 mile fun run with sixteen participants, and it is hoped to programme and develop both events for next year.

K Archer

RESULTS

1. P. Embleton	DurCty	21.40
2. J. Marshall	DurCty	21.42
3. G. McAdam	DurCty	23.15
4. D. Shaw	Shil	24.02
5. J. Verity	Bfd	24.07
6. I. Warhurst		24.24
7. T. Young		24.45
8. D. Bendell		24.53
9. M. Grover		24.55
10. M. Lumb		25.11

LADIES

1. D. James	D.E.S.	29.05
2. J. Young		31.44
3. K. Vickers	32.58	
4. J. Lee		33.18
5. J. Thompson		33.49
6. C. Farnsworth	D.E.S.	37.02
7. J. Whyman		37.45
8. L. Vickers		38.03

DEVILS BEEFTUB RACE

N/2000ft 29.8.92

Despite the FRA fixtures secretary losing the details of this race for the calendar, some Italian jamboree of Alpine running taking place elsewhere, and numerous attempts by long lorries and convoys of Italian motorcaravans to impede progress by the organiser to the event venue, this event still went ahead with nineteen starters. There had been blue skies in Edinburgh, but clag lay round the Beeftub as we drove down and a heavy shower greeted us as we started the race, which made the final descent into a massive bumslide down the steep grass. The route planned by Roger Blamire and myself started at the bottom of the Beeftub, had checkpoints at the Covenanters Memorial by the main road, Annandale Hill and Great Hill, and proved shorter than when viewed from the top of Beeftub on numerous occasions. David Bell had a battle all the way round for first place with Hayden Lorrimer who faded coming into the finishing funnel. Notable performances were produced by the new Camethy super veteran, Brian Waldie in sixth position and by nine year old Glen Shiell. It was good to see Len Prater, organiser of the original Moffat Chase running again.

After the race Hayden Lorrimer and myself each rushed over to Newcastleton for a revived race up the tussocky Moan Fell. That's another story but maybe we'll have a combined prize for the two races next year. The exact date for next year's race has not been decided but we'll firm it up in October and hope more come next year.

I'd like to thank everyone who helped me organise this event and the farmers at Gorehead and Erikstone farm for use of the land.

John Blair-Fish

RESULTS

1. D. Bell	HELP	21.26
2. H. Lorrimer	Hunters	21.39
3. D. Milligan V	Solway	22.34
4. R. Longmore	Solway	23.10
5. J. Blair-Fish V	Cam	23.30
6. B. Waldie V	Cam	23.48
7. R. Austin	ScottsVets	25.40
8. P. Rogerson	Unatt	26.14
9. J. Mair	Cam	26.15
10. J. Buchan	Annan	27.17

VETERANS 0/40

1. D. Milligan	Solway	22.34
2. J. Blair-Fish	Cam	23.30

3. J. Barton	Cam	28.45
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VETERANS 0/50

1. B. Waldie	Cam	23.48
2. J. Buchan	Annan	27.17
3. F. Bias	E.K.A.C.	31.12

FIRST LADY

1. L. Longmore	Solway	32.27
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ST JOHNS FELL RACE

Isle of Man

As the competitors arrived for the annual 'Witches Hill' race up Slieauwhallian, they were surprised to find a deserted field with no sign of the local St. Johns Cricket Club Sports, that the race is run in conjunction with. It transpired later that the sports had been postponed due to some internal strife within the Cricket Club and unfortunately had failed to inform the Manx Mountain Marathon Organisation. Undaunted the officials decided to carry on regardless as there were nineteen runners eagerly awaiting to do battle up the 900ft climb to Slieauwhallian summit and back, a distance of three miles.

The regular field of fell runners were considerably strengthened by the entry of Great Britain International walker Steve Partington, top local middle distance trackie Paul Clarke and preston Harrier Jason Bradley who was making his third visit to the Island.

Current league leader Tony Rowley welcomed the tough competition and it was he who led the afore mentioned trio as they broke away from the rest of the pack on the initial climb through Slieauwhallian plantation. The steepest part of the climb is encountered on the stretch from the Klondike road to the mountain wall which is a back breaking ascent through a field, well known to Eastern Mountain Marathon competitors, although the four leaders made it look deceptively easy as they continuously swapped the lead in their battle for supremacy.

They were still together at the summit turn with postman Clarke leading the charge back down the hill. Former North Barrule winner, Partington, began to drop off the pace, preferring a more sedate return trip, no doubt anxious to avoid injury with a Great Britain International appearance in Italy coming up soon.

At the front Clarke was setting a blistering pace which his two rivals were finding hard to match, Bradley's cause being hindered when he came off second best in an argument with a large Gorse bush. However, by the return leg through the plantation all three were still in contention until on the smoother forest tracks Clarke was able to call on his considerable track speed to open a race winning lead, that slowly grew to thirteen seconds by the finish.

Bradley hung on doggedly to second place with a mere sixteen seconds in hand over London born Rowley. The first three covered by less than half a minute in the hardest fought race so far this season.

Laxey doctor, David Young, took another big step towards his ambition of winning the veterans title with sixth place overall, sixteen seconds better than second placed veteran runner Dave Corrin.

Richie Stevenson

RESULTS

1. P. Clarke	MH	24.01
2. J. Bradley	Prest	24.14
3. T. Rowley	MFR	24.30
4. S. Partington	MH	25.16
5. D. Bowden	MFR	26.12
6. D. Young V	MFR	26.15
7. R. Stevenson	MFR	26.21
8. D. Corrin V	MH	26.31
9. M. Cowbome V	MFR	27.04
10. D. Maddrell	MFR	27.24

VETERANS 0/40

1. D. Young	MFR	26.15
2. D. Corrin	MH	26.31
3. M. Cowbome	MFR	27.04
4. P. Corlett	MH	27.27
5. S. Cox	IoM Vets	28.19

VETERAN 0.50

1. B. Baxter	MH	40.32
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MOURNE HILL AND DALE

LEAGUE 1992

A runners best 5 races from 10 to count
1 point for 1st, 2 points for 2nd, etc.

MEN'S OPEN CATEGORY

1. Robin Bryson	Newcastle AC	7
2. Brian Ervine	Ballydrain	8
3. Neil Carty	North Belfast	13
4. Jim Brown	Barf	19
5. Brian McBumey	Newcastle AC	29
6. Edmund Hawkins	Newcastle AC	31
7. Martin McNiff	Barf	54
8. Bob Johnson	Ballydrain (Junior)	5
9. Peter Hewie	Lame AC	57

10. Dave Watson	Newcastle AC	54
11. Neil Jackson	Ballyrain (Junior)	M
12. Ian Gourley	Barf	71
13. Chris Adgey	Alberville (Junior)	80
14. Damien Brannigan	Newcastle AC	85
15. Brian McGreevy	Rostrevor	102
16. Mike Barton	ACKC	122
17. Martin McMahon	BARF	137
18. Gary Sloan	ACKC	172

VETERANS OVER 40

1. Billy McKay	Alberville	6
2. Kevin Quinn	Newcastle AC	8
3. Phil Holmes	Newcastle AC	19
4. Marty McVeigh	Newcastle AC	22
5. Alan Corish	Alberville	33
6. Ronnie McKee	LVO	36
7. Franice Boal	Ballydrain	36
8. Davy West	Ballydrain	41
9. Wes Kettle	ACKC	44
10. Ian Taylor	Alberville	54

VETERANS ONER 45

1. Billy Magee	Lame AC	7
2. Denis Rankin	Alberville	11
3. Jim Gibson	Ballydrain	24

LADIES

1. Roma McConville	North Down AC	6
2. Stephanie Pruzina	Barf	10
3. Mary Havem	Newry Shamrocks	15
4. Joanne Boyle	Barf "	21
5. Maureen Oliver	DUB	30
6. Judy Farmer	DUB	30

INTERNATIONAL SECTION

29th Tour des Dents du Midi

44km2800m

This race circles the Dents du Midi, the prominent teeth shaped mountains lying between Chamonix and the Rhone valley, and includes three climbs, the first of which from Verosaz at 880 metres to Col du Jorat at 2210m is the biggest but probably the easiest. The descent from the second Col, the Col de Susanfe at 2494m to Bonavu at 1547m gives competitors a chance to show descending skills and has been deemed by the makers of the footpath to be worthy of protective aids in the form of fences, ropes, and chains. I was passed by no less than four suicidal competitors on this descent so I think the Swiss Federation should consult its grassroots membership before making pronouncements on downhill running at ICMR meetings. The last 16kms of the course appear deceptively easy on the map but are definitely there to show who can still run after the last climb up 700m to Lac d'Enteme.

There is also a two day version of the event which descends to Champéry and a one day version from Champéry to Verosaz. Historically the one day super tour is a recent imposition from 1990 and the original two day event nighted at the Cabane de Susanfe.

On the Friday before the race there was heavy rain and snow to low levels which added to the joys of my recognisance. The continued presence of deep snow on Saturday led to a modified out and back course for the first day of the two day event. On the Sunday the start of the Super Tour was delayed from 7am to 8am to allow the snow and ice to melt but conditions were still treacherous in places and there was slippery mud as well.

Pierre-Andre Gobet won the race again from Jorg Hassler as in 1991 but in a slower time as a result. In the ladies Catherine Mabillard was unassailed. The final times suggested that if I'd just dug in a bit harder I'd have got nearer my two rivals, Berchbuehl and John Nixon.

Both John Nixon, who spent 10 days at Champéry, and myself on an extended weekend to the race, enjoyed the trip and the race. Maybe it was difficult to sleep from the noise in the pension the night before the race but we were in better shape than my supermarathon friend Philippe who did special preparation at a wedding till 4am the day before. It worked for him for four hours but not for the full super tour!

We've promised to come back next year with more runners so let me know if you are interested. It might fit in with the World Cup at St Gervais near Chamonix the week before.

Results

1. Pierre-Andre Gobet	4.24.47
2. Jorg Haggler	4.45.39
3. Jacquesrod	4.58.29
8. Berchbuehl	5.26.19 (1st vet)
9. John Nixon	5.28.15 (2nd vet)
11. John Blair-Fish	5.31.16 (3rd vet)
Catherine Mabillard	6.05.25 (1st Lady)

John Blair-Fish

la 6000 D Macot - La Plagne
AL/35m/9800ft 25.7.92

Who says that continental races are uphill only. The Plagne Evenements Organisation are so proud of the fact that this race has both 3000m of ascent and descent that they double it up to give 6000 metres of 'Denivellation' or undulation. The race start/finish is at 660m and the high point on the glacier is 3050m - it's a bit savage to say the least. This was the third 6000 D and it attracted 170 competitors, a fraction of those participating the same weekend in the long distance races at Davos. The organisers had 'persuaded' some quality runners to take part and the likes of World Champion Jairo Correa were on the start line. It's interesting that not a single Swiss took part, such is the lure of Davos. Apart from Columbia, the Czechs entered a formidable team and 5 Brits from the north of England fancied their chances for the team prize.

Everything about the race was wonderful! True, it was very tough - the altitude and high temperatures on the lower slopes in the final miles were unpleasant. But this was amply made up for by views of high mountain peaks, refreshments at checkpoints and support of the crowds as we passed through the many ski complexes at La Plagne both on outward and return journeys. Continental races certainly have a unique atmosphere but a few other things make this race very special. Although mostly on track, the organisers allow you to take any route between the checkpoints. This is most unusual on the Continent and for us Brits it was the signal to go mad on the descents. None of this namby-pamby zig-zagging down a path from the glacier. A straight line down 1000 feet of snow and a saving of 5 minutes to boot. Few of the foreign runners were prepared to join us. From La Plagne the race finished with an intricate, often steep and slippery 4000ft descent through forest and orchards to a park with a large man-made lake where many local people swim and relax, taking in the bizarre spectacle of exhausted runners staggering towards the finish. After all that exertion, a swim and sunbathe were unbelievably therapeutic.

The competitors benefit greatly because the race hasn't yet grown too big, most of the French runners know each other and its a very friendly atmosphere. The evening before the race there's an "eat as much as you want" pasta party (which should suit JBF - our previous editor, if he ever decides to participate). The post race presentation takes place in the cool of the evening when a buffet of free food and drink is laid on. The organisers are delighted to see foreign competitors, especially from Britain and East European countries. If you can cope with the course, its an occasion not to be missed.

There were some fine British performances. Mark McDermott was 6th, only 10 minutes behind Correa after 5 hours! Alison Wright was 3rd lady and well inside the previous record. Phil Clarke was 3rd vet and Mike Walford 5th vet. Our team was also 2nd, close behind the Czechs.

- Martin Stone

RESULTS

1. Jairo Correa	Columbia	4.51.24
2. Petr Novak	Czech	4.53.10
3. Pierre Viorrain	France	4.57.44
6. Mark McDermott	GB	5.01.58
9. Philip Clark	GB	5.11.03
18. Martin Stone	GB	5.35.21
20. Mike Walford	GB	5.36.54
31. Corinne Favre	France	5.59.16
44. Isabelle Olive	France	6.12.29
53 Alison Wright	GB	6.20.56

Extremely late results section

SHINING TOR
25/4/92

A torrential downpour 20 minutes before the start ensured Wilf Brindle's course record remained intact and made for some heavy going on the 2.5 mile long ridge between Cats Tor and Shining Tor at 1800 ft. The National Park keep insisting on paving sections of the route, while the water board put part of the dam out of bounds. What changes next year, if any? Come along and find out.

The race itself saw a good battle between Dave Troman and Paul Cadman, with Dave running out the winner. Ann Watmore won well from Cecilia Greasley in the Ladies Race with John Kershaw first vet. 160 runners finished and most enjoyed their day out in this scenic area.

Tony Hulme

1. D Troman	Mercia	47.08
2. P Cadman	Mercia	47.28
3. P Bowler	S/Moor	48.14
4. M Weedall	Pennine	49.02
5. J Kershaw	Macc	49.06
6. M Seddon	Gloss	50.27
7. D Cartridge	Bolton	50.30
8. R Bloor	Macc	50.42
9. R Murray	Macc	50.48
10. A Carruthers	Hales	50.49

VETERANS o/40

1. J Kershaw	Macc	49.06
2. A Hulme	Pennine	51.18
3. P Lyons	Bury	51.44
4. F Fielding	Gloss	53.31
5. T Thompson	Mercia	55.51

LADIES

1. A Watmore	DkPk	58.00
2. C Greasley	Macc	59.57
3. K Turner	Macc	67.18
4. G Freeman	Altr	68.41
5. Y Eyres	Penn	72.42

Late championship results

TURNSLACK

Lancashire

AM 8m/2000ft

18/7/92

1. S Hawkins	Bing	53.43
2. R Bergstrand	Mand	53.54
3. S Livesey	Ross	54.29
4. A Peace	Bing	54.45
5. D Neill	S/Moor	55.29
6. J Parker	Ilkley	55.33
7. B Thompson	CFR	55.34
8. G Devine	P&B	55.42
9. M Kinch	Wan-	55.48
10. G Schofield	Black	56.42
11. S Thompson	CleM	56.45
12. M Rigby	A mb	56.51
13. J Atkinson	Amb	56.54
14. J Hooson	Amb	57.08
15. R Rawlmsn	Ross	57.11
16. M Fleming	Amb	57.31
17. A Wrench	Tod	57.33
18. T Hesketh	Horw	57.37
19. K Manning	CleM	57.41
G Wilkinson	CleM	57.47

VETERANS o/40

1. R Rawlmsn	Ross	57.11
2. T Hesketh	Horw	57.37
3. R Whitfield	Bing	58.09
4. D Beels	Roch	61.06
5. R Mitchell	Mand	62.48

VETERANS a/45

1. D Kearns	Bolton	62.13
2. T Hulme	Penn	63.44
3. G Rowson	Macc	68.25

VETERANS o/5#

1. R Bell	Amb	62.50
2. D Ashton	Black	65.43
3. A Life	CleM	66.41

LADIES

1. G Cook	Roch	71.45
2. A Lee	CleM	74.29
3. S Rowson	Macc	74.37
4. L Bostock(v35)	CleM	76.51
5. J Town	Denby	79.44

WREKIN

Telford

AS 5.5m/1700ft

22/8/92

1. M Kinch	Warr	37.01
2. G Huddiestone	CleM	37.10
3. K Manning	CleM	37.25
4. A Ward	Clowne	37.43
5. M Lee	Bolton	38.15
6. T Hesketh	Horw	38.19
7. A Wrench	Tod	38.49
8. S Jackson	Horw	39.00
9. G Wilkinson	CleM	39.06
10. D Wilkinson	Roch	39.10

VETERANS o/40

1. T Hesketh	Horw	38.19
2. R Rawlmsn	Ross	40.31
3. R Wood	Helsby	41.12
4. R Taylor	Penn	41.32
5. D Keams	Bolton	41.55

VETERANS o/50

J R Bell	Amb	41.25
2. B Morris	Wrekin	44.44
3. R Hyman	Mercia	46.32

LADIES

1. C Greasley	Macc	44.56
2. J Smith	DkPk	47.53
3. A Isdale	Bing	48.42

PERIS HORSESHOE

- N WALES -

AL/17m/7500ft 26/9/92

RESULTS

1. C Donnelly	Eryri	3.13.30
2. G Bland	Botr	3.14.07
3. A Trigg	Gloss	3.14.38
4. M Rigby	Amb	3.19.27
5. M Wallis	CleM	3.27.58
6. S Hawkins	Bing	3.28.18
7. W Gaunt	P&B	3.29.06
8. S Hughes	Hebog	3.29.23
9. J Hooson	Amb	3.30.24
10. T Jones	Eryri	3.30.34
11. P Stott	Hebog	3.31.54
12. B Whitfield	Bing	3.32.47
13. B Clough	Amb	3.33.31
14. W Ramsbotham	P&B	3.33.06
15. G Webb	CV	3.35.34
16. T Laney	CleM	3.35.34
17. S Jones	Eryri	3.36.43
18. S Houghton	CV	3.44.44
19. M Fleming	Amb	3.46.56
20. D Barnes	Amb	3.46.36

VETERANS o/40

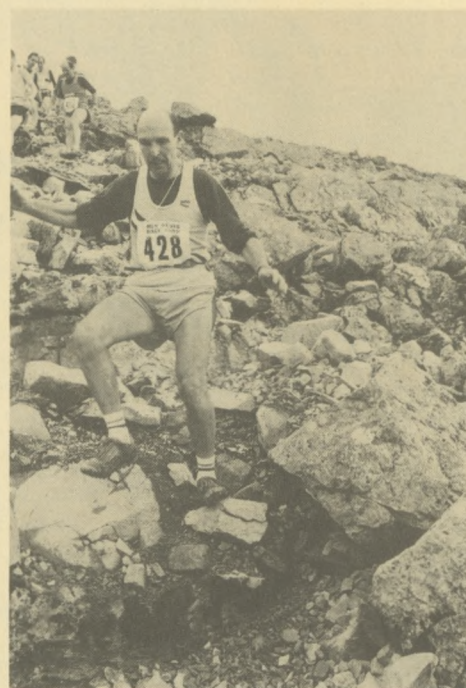
1. P Stott	Hebog	3.31.54
2. B Whitfield	Bing	3.32.47
3. M Parker	Keyham	3.57.44
4. B Rawlinson	Ross	4.04.15
5. Y Tridimas	u/a	4.07.02
6. J Cmmmett	CFR	4.10.53
7. J Talbot	Tod	4.15.52
8. P Jones	Eryri	4.16.35
9. M Dakin	Here	4.27.36
10. F Reilly	Stock	4.27.29

VETERANS o/50

1. J Marsh	Tarren	4.04.02
2. D Quinlan	Bing	4.11.18
3. R Bell	Amb	4.17.02
4. H Blenkinsop	Nes	4.29.39
5. A Trowbridge	DkPk	4.35.46

LADIES

1. C Crofts	DkPk	4.13.03
2. A Brand-Barker	Kes	4.22.40
3. A Bedwell	MDC	4.30.12
4. T Williams	Eryri	4.33.35
5. J Smith(v)	DkPk	4.40.52



Jim Cooper, Rossendale, descends the Ben on his 1st Ben Nevis.

Photo: Steve Bateson



*Carol Greenwood high above the Red Burn
on her way to winning Ben Nevis
Photo: Steve Bateson*



*Wasdale 1992 L. Thompson (50) finished 17th
Photo: Steve Bateson*

Proposed championship races for 1993 are:

British

Criffell
Moel Eilio
Ennerdale
Cowpe Hill
Meall an T'Suidhe
Black Mountains

English

Long Mynd Valley
Pen y Ghent
Ennerdale
Cowpe Hill
Pendleton
Three Shires

Horses, Courses, Safety, Environment and Championships.

Raymond Eagle, in a piece that came to *The Fellrunner* in the form of a letter, offers a personal view on a number of issues discussed in recent issues.

In the same issue that announced forthcoming subs increases two of my former club colleagues ask if we can still afford a lack of regulation in our sport. You also publish a letter which suggests counting farts as a way of grading races. Whilst I may agree in spirit with Geoff Hall I'm afraid that grading races is no idle, academic matter. It is very easy to criticise the existing scheme and sadly Simon and Chris are pointing to dilemmas we now face. Many issues in the sport overlap, so I'll raise a few.

Firstly, remember that a competitor died in an event last year which apart from the catastrophe to herself and family had very unpleasant repercussions for the local fellrunning community. Moreover, the competitor lost her way in terrain which many seasoned fellrunners would find easy, with a goodly supply of paths and (usually) many walkers in the vicinity. This is by way of introduction. What follows is not meant to reflect on that particular tragedy.

Secondly there has been a huge increase in the numbers of off-road events and participation in the last few years which will probably continue into the foreseeable future. Within this there is a wide diversity from unpublicised village fetes to widely broadcast events and a range of competitors from the foolhardy and/or grossly unfit to the highly competent. Numbers vary from less than a dozen to the hundreds. We know this now.

Fell-running, off road running - call it what you like - is not a small-scale, predictable cult where everybody knows each other and can safely make assumptions that all the field are up to the mark. In any case, the species *homo fellrunner* has a reputation for being lousy at navigation - something I've witnessed at first hand on numerous occasions. I've also been involved in search parties where people have descended into the wrong valley.

Thirdly, apart from our own conscience, we are under all sorts of external pressures regarding the environment sharing flack directed at vehicle users, mountain bikers, horse riders and the rest. Not that all the criticism here is justified of course but apart from a more positive defence we shouldn't score own goals.

For certain events we seriously need to consider:

- i) Changes of route, out of bounds areas or more drastic measures e.g. avoiding gullies, ghylls and areas of soft peat.
- ii) Continued reduction in numbers. Fell running is not like the English Cross Country Championships - why people want to run on the fells with hundreds of others is beyond me anyway.
- iii) Providing more information so all competitors have a better idea of what to expect.
- iv) Last, but not least, we need to discourage certain types of individual and do so before they turn up to the start. Offering them a disclaimer form once they arrive at a venue is not the best of solutions.

I hope the committee will encourage race organisers to take such ideas on board in a more explicit manner. Continuing from Simon and Chris's article there is scope for a new grade for certain races - 'E', 'X' or whatever and/or with membership of FRA/BOF as a requirement for entry. Any scheme would require a highlighted explanation in the magazines and fixture lists. Following on from the thumbs down to EMAP shouldn't we also request jogging mags to stop giving free plugs to X-rated events? - unless provisos are added.

Incidentally, I'm reminded of official mountaineering grades where 'difficult' has a different meaning for climbers than the inexperienced. Which brings me to the S,M,L system. This could be combined with any new rating as above but I don't think it's a very good indicator of toughness. For example, several races with winning times of around 45 minutes are in the same category as the (superb) Ras Carneddau where few runners will break two hours and this race (10m/3500ft) is in the same category as the Snowdon (10m/3200ft) yet they are entirely different animals. (Ras Carneddau is excellently organised and checkpointed) Pen y Fan - rising to 3000 ft and often in snow in April - is in the same grade as Thieveley Pike and the winning times of 22.57/30.00 add little useful information. They are chalk and cheese. Ben Nevis is a medium grade!! (Yes, I know they now vet entries but I'm making a point.)

Various changes are possible including new categories at the short or long end with a squeezed medium. Length or duration are not, however, the only issues.

The championship chestnut will not cool down by ignoring it - if numbers continue to increase it will get hotter. My own view starts with the premise that whatever system is adopted we should at least take it seriously, especially since such large amounts of money seem to be involved. Selection to races by pre entry or willingness to pay is crazy for a start. To criticise some suggested schemes as being 'elitist' is also so irrational this view

can be ignored. The regional and national cross-country championships can just about manage large fields but even these are now boycotted by many of the best mainstream runners, who prove their worth to themselves elsewhere and earn more money by not knackerering themselves unnecessarily.

I'm one of those who favours fewer championship events with one of various means of using ability and competitor-category to limit numbers. Many runners, including good ones, cannot commit themselves to all the British events, added National events, World Cup selection events - never mind the many others in the calendar. There is lots of talent all over the UK who are excluded from our honours system, yet love running off road or walking in the hills. There are also several leagues for those so inclined.

It would not be too difficult to envisage a small series of events with high quality fields. It is disingenuous to ask people who currently 'do well' if they like the existing format. Apart from general resistance to change, it wouldn't be at all surprising if they like it. Similarly I fail to see why we don't award the distances separately regardless of whether we use a 'one-off' or 'best-of system. People differ in age, talent, training regimes and aspirations. Ron Hill didn't have to do 800m or Seb Coe the 10k. Some fell runners seem to have the off-road version of the marathon obsession - and the majority of both groups of people usually go pretty slowly. (Even in the short and medium races standards are pretty mediocre after the first few - last October's FRA relay wasn't supported by all clubs yet there was far more class there than any single Championship race.)

We should nurture our young talent and the outsiders who dabble in fell running but won't commit themselves the whole hog. We should recognise class, give them Brownie points, encourage them to do more but put them under no pressure to over-race.

Alternatively we could scale the whole thing down, spend our subs on cakes and ale and stop fretting over sponsorship and so forth - and before some race organisers moan about charges for access, shouldn't they review their entry fees?

Most of us run for the hell of it and to celebrate being alive.

Rumour has it...

that the Welsh AGM was about as well attended as a lecture on morality by Maggie Thatcher. Is there a word in Welsh for 'quorum'?

THE 1992 LUNE VALLEY CHALLENGE

by Bill Smith

The Lune Valley Challenge is a low-key series of four races held around the Lune Valley area near Lancaster each May. They all form part of a village sports or gala, and while much of the terrain covered is really closer to rough cross-country than true fell, racing prevails throughout.

Pete Edge of Wray, member of Lancaster and Morecambe A.C. and organiser of the Wray Caton Moor Fell Race, was the originator of the Challenge and it was he who talked Reebok into sponsoring the first event in 1986. The next two challenges were "unofficial" since they were not sponsored and didn't award prizes, but Reebok renewed their sponsorship for 1989 and '90, while both the 1991 and '92 series were sponsored by Bentley Nurseries of Mawdesley, Lancashire (between Ormskirk and Preston), the firm of long-time Challenge devotee, Chris Lyon (Horwich), who lives in Mawdesley.

The inaugural Challenge was won by Peter Hall (Barrow), a champion fell runner of the 1960's making an all-too-brief come-back as a veteran, while the winner of subsequent events up to last year was local favourite, Mark Croasdale (Lancaster). The first three Challenges, incidentally, also included the Ingleborough Mountain Race in July but it was afterwards decided to exclude this from the series and confine the Challenge to just the four races.

Veteran First to Summit

The Wray Caton Moor Race (B.S.: 6m: 1,000'), on the Northern edge of the Bowland Fells, was this year run on a dry, overcast May Day Bank Holiday afternoon. Mark Fleming (Ambleside) led the field on the initial climb by steep lane and undulating pastureland, continuing in front over the gradual incline of

Whit Moor towards the trig point at 1,185' on Caton Moor. Just before the summit, however, he was overtaken by Horwich's fleet-footed veteran Tony Hesketh, but managed to regain the lead half-way down the return run over Whit Moor, while Hesketh was also later passed by Philip Lowery (Lancaster) on this stoney track beyond, which leads back down to the intakes. Fleming remained in command to win by 16 seconds from Lowery with a time of 39.17, while Hesketh claimed 3rd place a further six seconds in arrears—a fine performance for a 44-year-old. Amanda Thorpe (Hyndburn) was a very clear winner of the ladies' race, finishing nearly four minutes ahead of runner-up Linda Bostock (Clayton), an 0/35 veteran, with a time of 45.53. 174 finished

Asray on Clougha Scar

A fortnight later on Saturday, May 16th, the Darren Jones Clougha Pike Fell Race (B.M.: 7m: 1,400') took place on a warm sunny afternoon at Quemmore Sports, on Bowlands North-Western flank. The race is now named in memory of a young Lancaster



Two Lune Valley organisers, Harry Ball and Ian Rooke on the descent from Clougha Pike.

& Morecambe runner who died four years ago and was inaugurated in 1982 by local athletes Harry and Sue Ball, though John Gibbison this year took over from them as race secretary. The colourful cross-country route forms the opening and concluding halves of this race, though differing from the one used up to 1986, while a wandering path at the foot of the Clougha Scar leads to the final climb onto Clougha's rocky summit ridge, whence a descent by Rowton Brook Fell leads back to the outward cross-country route. A direct route to the top had been ruled out by the local farmer.

Robin Bergstrand (Mandale) headed the charge out to the fell but he then strayed off course below Clough Scar, with Bolton's Martin Lee showing up first on the summit ridge. Bergstrand overhauled him early in the descent, however, and stormed home to a 53.39 victory, six seconds ahead of Lee, with Mark Fleming 3rd, Philip Lowery 4th and Tony Hesketh again the first veteran in 8th position. Clair Kenny (Achille Ratti) led the ladies home in 1.15.14, with K. Arnold (Cumberland FR) 2nd in 1.16.01 159 finished.

Keith Shows His Class

Similar conditions prevailed for the Hutton Roof Craggs Race (BM: 7m: 1,300') on Saturday, May 23rd, north of the Lune among the low fells of southern Westmorland. This race is promoted by villager Ian Rooke, who runs for Kendal AC, and is held in conjunction with the local gala. It has always been blessed with fine weather apart from the inaugural event in 1985. The route crosses the limestone fells of Hutton Roof Craggs and Farleton Knott, using different lines for the outward and homeward journeys, apart from the final descent from the Crag's northeastern top.

A classy field assembled for this year's race, headed by two Ambleside runners with formidable reputations as steep, rough descent specialists, namely Keith Anderson and John Atkinson, also Kendal's road racing star, Craig Roberts, whose flair for "fast" fell courses led him to being included in England's 1992 World Cup squad. The terrain here might have seemed ideally suited to Robert's style but it was reigning British champion Anderson who took on -the role of pacemaker and began to develop what ultimately amounted to a 3 ¼ minute lead, including jogging the whole way up Farleton Knott's steep northern scarp. His time of 43.45 shattered Mark Croasdale's 1990 record by a massive 86 seconds, though the latter's Wray Caton Moor and Clougha Pike records remain intact, but runner-up Craig Roberts was surprisingly well outside it. The recently re-instated John Atkinson of Kirby-in-Fumess, champion guides racer of the last four seasons has not yet come to terms with the longer races, for although lying third at the half-way mark on Farleton Knott, he was eventually pushed into 4th position by Ilkley's up-and-coming James Parker. Tony Hesketh was predictably first veteran in 5th, with the consistent Philip Lowery 6th. Among the ladies Sarah Rowell (leeds) turned in her usual superlative performance to finish 21st overall in a 205-strong field, but was 47 seconds adrift of her own 1989 record of 52.00. 1988 winner Cheryl Cook (Clayton) repeated her 1989 performance by placing 2nd to Sarah, though this time 'way back in 71st position due to a long lay-off through illness.



Wray Caton Moor: Linda Bostock flies down Whit Moor.



John Atkinson climbs Farleton Knott. Hutton Roof 1992. Photo: all Bill Smith



Chris Lyon, Shaun and Mick Addison ascend Wray Caton Moor.

Road Runner leads the Way

The following Monday, Bank Holiday, May 25th, saw the series come to a close with the Bentham Gala Fell Race (CM: 10m: 800') south of Lunsedale on the northeastern side of Bowland. This, too, is a first-rate cross country course, though including some road running on quiet lanes plus a crossing of Bum Moor's northeastern slopes. The inaugural event in 1979 was intended to traverse the moorland crest but the landowner refused permission.

This year's race was run on a warm afternoon, alternately sunny and overcast, and saw Spensborough's Gary Diamini, a more familiar figure in road races than fell races, make an immediate bold move to the front with the obvious intention of outdistancing himself from the opposition. His boldness paid off, too, for he was first to come racing down the Rindding Lane farm track to the meadow alongside the River Wenning which lead back to the Gala field. His time was 54.39, so Jeff Norman's legendary 1980 record of 51.15 is safe for another year, while Philip Lowery was runner-up in 55.09, 23 seconds ahead of 3rd place James Parker, with first veteran Tony Hesketh 5th in 57.18. The ladies race witnessed the first ever victory for Carole Lyon of Newburgh Nomads with a time of 81.41, 412 seconds in front of runner-up Jean Yule (Bradford & Ilkley College), the first 0/35 veteran. There were 90 finishers.

Consistent Lowery

The Lune Valley Challenge offers 20 points for the outright winner of an event and so on down to one for 20th position, and 10 each for veterans, ladies and lady veterans 0/35. Like Peter Hall in 1986, Philip Lowery did not win any races but consistently good performances throughout the Challenge made him this year's champion with 70 points out of a possible 80. Tony Hesketh was 2nd on 63, followed by Mark Fleming on 38, James Parker on 36 and Chris Lyon on 31, Hesketh achieved the maximum number of 40 points in the veteran's category, with Peter Branham (Craven FR) 2nd on 18, and A. Turner (Red Rose Runners) 3rd on 16. Carole Lyon topped the ladies' list with 17 points, two more than runner-up Jean Yule who won the ladies 0/35 category with 26 points.

Hopefully, Carol's success in both the Challenge and Bentham race will inspire her towards greater achievements once she is free of her present injuries to back and ankle. She is the wife of Chris Lyon, winner of several fell races himself and also a triple victor in the "Tough Guy 8" cross-country event at Tattenham Horse Sanctuary, Wolverhampton, which includes an assault course in its latter stages.



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A pair of Shorts

Our occasional series on relays has a look, this issue, at two short relays in very different parts of the British fell running scene. Rostrevor to Newcastle in Northern Ireland has been going over 10 years while the Badger Stone appeared only this year. Gary Devine comments on the Badger Stone, Brian Ervine on the Rostrevor.

Badger Stone Relay

The idea for the relay came about 2 years ago from Gary Devine and Janice Smith. Gary used to live in Ilkley when he was younger and trained over this course both as an individual and on club runs. As there were already two races on Ilkley Moor, and as the relay format is more fun than normal racing, we decided on a relay. It seemed only logical to name the race after the Badger Stone as it goes past it! There are only two checkpoints, the Badger Stone itself and the big cairn looking up from the White House. The route is flagged but choice is optional. Teams consist of 4 men or of 3 women and we expected a winning time of around 70 minutes for the men and 60 for the women.

As the flags didn't follow the best line on the last descent, this caused some confusion. Gary had flagged this and then didn't follow the flags which some people got upset about but it was a genuine mistake!

Prizegiving took place at Ilkley Harriers HQ which they were kind enough to let us have and our starting total of 30 teams - 24 mens teams and 6 womens - hopefully shows that the event will stay popular in the future. Quite a few of these were ad hoc teams like 'Fat Gits and Jez', 'Pickled Beetroot' and 'The Roses' which means that the race was being taken in the right 'fun' spirit. As the winning times show though, the runners were serious when it came to speed on this fast triangular course with the winning team in in 63.36.

Results

1st Team	Leeds Uni AC	63.63
2nd Team	Pudsey & Bramley	64.02
3rd Team	Clayton	64.17

Fastest legs:

1st Tony Byrne, Leeds,	14.34
2nd Gary Devine, P&B,	15.25
3rd Greg Hull (Leeds), Gary Wilkinson (Clayton),	15.44

Women

1st Team	Pudsey & Bramley	57.40
2nd Team	Valley Striders	70.44
3rd Team	Unfit Knackers	71.16
Fastest legs:	(all Pudsey & Bramley)	
1st Ann Buckley	18.24	
2nd Yvette Hague,	18.42	
3rd Jo Schreiber	20.36	

Rostrevor to Newcastle

Teams of 4 tackle this course which crosses the Moume Mountains from Rostrevor in the south west to Newcastle



Winning team member Yvette Hague, pictured at Jenkins Hill.
Photo: Francis Uhlman

in the north east and combines two road stages of 3.25 miles and 5 miles and two mountain stages of 5m/2,200ft and 7m/2,400ft crossing the summits of Eagle Mountain in the Western Moumes and Slieve Donard in the Eastern Moumes. The event is normally the traditional start to the Northern Ireland fell running season and takes place in late March or early April.

In it's early days, in the early 80's the event attracted less than half a dozen teams but it is now well established with an entry well into double figures. The event has been dominated by rival fell running clubs Newcastle A.C. and Ballydrain Harriers over the years, with each club winning on five occasions; their dominance was only broken in 1990 when a team from the now defunct Achilles Club, led by then Northern Ireland fellrunning champion Adrian Philpott broke three of the four stage records to win in 2.42.03. However, Achilles were still 28 seconds outside the overall course record (set by Ballydrain Harriers back in 1983) despite good conditions, illustrating how good the record actually is! The weather has frequently played an important part in the event and it is not unusual to have snow on the tops making times slow. In 1989 Ballydrain started the final leg over Slieve Donard with a seemingly unassailable lead of 9 minutes only to go astray in snow and poor visibility. The slowest,

snow affected, winning time was 3.11.32 by Newcastle AC in 1985.

As the opening event of the Northern Irish fellrunning season, the race has some atmosphere and anticipation about it. This year saw the first ladies team competing with BARF (Belfast Association of Rockclimbers and Fellrunners) recording 4.09.01. Also this year, NI Ladies champion Roma McConville, husband Pat and their two sons competed as a family team, finishing in 4.09.42, a touch behind BARF Ladies.

The relay attracts regular visits from Scottish club Hunter's Bog Trotters but no one has yet come close taking the laurels from a 'home' side. Next year's event does not yet have a confirmed date so keep a look out for details in the FRA Calendar.

Records

Overall, 2.41.35, Ballydrain Harriers 1983.
Ladies 4.09.01, BARF 1992.

Leg 1: 3.5 miles road, 16.48,
John Cunningham 1990;

Leg 2: 5m/2200 ft, 49.36,
Brian Ervine 1992

Leg 3: 5.25 miles road, 22.55,
Dave Lonnen 1990

Leg 4: 7m/2400ft, 62.11,
Adrian Philpott 1991

1992 also saw the first running of another fell relay in Northern Ireland - at Scrabo Hill about 10 miles south of Belfast. This took place on steep wooded hillside with 4 runners covering a distance of 8 miles with 2,700ft of ascent in stages of 1,25m/450ft and 2.5m/900ft. The event proved popular with both fellrunning and cross country clubs and looks set to become an annual fixture - providing a good evenings racing on a small circuit ideal for spectators although it lacks any proper fell terrain.



Brian Ervine at Rostrevor-Newcastle.
Photo: Norman Ervine

Scottish Training Weekend

Under the watchful eye and organising genius of our National Hill running coach (alias Alan Famingham) an assorted group of hopefuls and high flyers aged from 14 to 49 assembled in Edinburgh for our first ever weekend of coaching and mutual encouragement. The Inn on the Hill was the venue for Friday evening's low key gathering and briefing: disappointingly, no-one sped out on to the hills when the meeting finished at dusk!

The serious stuff began on Saturday morning when we earnestly occupied a windowless lecture theatre at Meadowbank for Paula Hawtin's professional advice on stretching and the treatment of injuries. Paula, as always, gave unstintingly from her wide experience: we're all hoping you'll be back on the hills soon, Paula. Ankle strapping was demonstrated on a willing volunteer - Alan must have had his weekly footwash for this - then we went into a practical stretching session, the like of which has never before been seen at a hill race. The gentle, slow motion easing of joints could not be in starker contrast with the frenetic heave-ho and wall-demolition which characterises most warm ups. If you spot balletic

movements of elegance and poise at the next race, be sure you're watching a participant from this weekend!

Out on the track, the perspiration began to flow as the intervals began to take their toll. What's this - Dymoke holding a stopwatch? Must be saving himself for the lunchtime bogtrot race! (He was, and foiled the Trotters' bid to take all the top honours). Over lunch, participants desported themselves variously in Holyrood Park to watch the race, then reassembled for the really serious stuff from Bill Blair, the national Endurance Coach.

Bill's talk was exemplary in its thoroughness, but it has to be recorded that few of his audience could pretend to be as single-minded as he assumed. His highly structured training programme leading to just one or two key race performances contrasted sharply with the race-every-weekend philosophy of the majority, for whom 'endurance' is a mountain marathon with 8000 ft or so, not an 800 metre sprint. We learned the value of his 'Maximal oxygen uptake training' (sounds like the weekly race) done at 100% effort, which 'develops mental strength'. Ah, perhaps that's what I'm short of...

Next Lyn Douglas, dietician to several national sports teams, showed us mouth-

watering overheads of what we should be eating before, during and after races. If your after-race recovery is a bit slow, put it down to the difficulty of packing away the equivalent of 150 wholemeal rolls over two days! Seriously, this was a really valuable talk from which no-one could have failed to learn. And for those of us with insatiable appetites, the news was good: keep at it (but stop two hours before the race).

The programme says 'Group run, easy 8 miles over Arthur's Seat' but where the leading group got to I'll never know. The juniors and I had a delightful doddle on a sunny evening, drinking in the distant views from our urban volcano. The Inn on the Hill provided us with a lovely room for Andy Vince's Sunday morning pep talk. His good humour and encouragement, and assurances that Hill Running had a welcome place in Scottish Athletics, were well received. Then came a gruelling session of hill reps, master-minded by Alan, that left participants speechless at the end of the morning. But a speech in praise of the organisers was in order: Alan, together with Robin Morris, had put together an excellent programme. This was a weekend from which anyone could have benefitted, wether from the practical advice, the camaraderie or, well, a certain breathlessness...

- Colin Pritchard

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Kinder Downfall

I'd do it again ...

It is not often that we come across a piece that gives the picture from the point of view of a race organiser; especially not from someone organising a major race for the first time. Wayne Harrison in an article that first appeared in Pennine Fellrunners magazine describes the experience.

Have you ever found yourself in a situation where you wished you'd never opened your big mouth and got involved? Well, I've done it more than once and one such occasion was in agreeing to organise the 1992 Kinder Downfall.

And yes, Your Honour, I did agree without undue duress and yes, Your Honour, I am incompetent and I apologise for not getting the results out and yes, Your Honour, I enjoyed it so much that I will do it again next year. But back to the beginning and I'll try to tell how it all came about.

New Mills Cubs, Scouts, Brownies, Beavers and whatever else they're called were broke for funds and because the Kinder Downfall Race was more or less without an organiser I took over the role and suggested that the scouts and associated parents help marshal the event and they could have any profits. They agreed and I jumped feet first into what proved to be a peat bog I think I may just get out of. My intention was to avoid asking any of the previous helpers and give the runners a chance to run and the other previous helpers a well earned rest on race day.

Several cocktail evenings (?) followed with the main men and women to discuss the general organisation and event details. This set my alarm bells ringing from the start as I realised that this enthusiastic but totally inexperienced team had a lot of work on their hands both before and on the race day. Pre entry meant that a lot of the normal race day organisation could be handled and sorted out beforehand and this proved essential for our first attempt, giving marshals at registration more time to deal with other registration matters on the day. Mainly there was no delay on the day itself and the race got off on time - actually slightly early due to someone false starting but I couldn't get his number.

This proved to be a moment of great relief and a major stage of the race being reached without any real problems. A moment to relax and quickly run through the overall organisation in my mind; marshals are all on the route, registration eerily quiet - something's going to go wrong...

A quick wander over to the finish to watch the junior race come in, where John Feist of DPFR proved to be my one exception regarding the use of runners to marshal the event. He had arrived on race day and offered his services to one who shall remain nameless but who shares my deep passion for going to bed early!! John thereafter spent the best part of the morning organising and timing the junior event and did a cracking job with no assistance - and my thanks!

I wandered about a bit, worrying about nothing in particular and went to the finish to see the first seniors come in. Walking out on to



the last section of road before the turns through the children's playground I noticed that no marshalls had arrived or even been allocated to this 'obvious' double change in direction. OK for someone who's done the race before but not so good for the others. Fortunately, I had arrived in time to direct the front runners through and was later assisted by 'someone' I knew from Hayfield and one of the registration marshals who thought she had finished for the day. Back to the finish where I tried to retrieve the race numbers which, believe me, had been bought at great expense and were going to be re-used for other Hayfield races. This was not an easy task because runners were exhausted and couldn't undo their number pins and numbers were tear resistant and couldn't be pulled off. Several onlookers helped to unpin these numbers, which on several occasions was not a pleasant task and in the end it was decided that the practicalities with such a large number of runners required far more marshals to help at the finish and we gave up.

I then returned to the registration and results team where things had started to go a little out of control. My biggest fear was of anything going wrong with the results and, lucky me, it did. The results team and even an exhausted Andy Howie (that'll teach him to sit down near them next time) did a grand job

in sorting things out with approximately 300 runners - no easy task, believe me.

Prizegiving was the next shambles and because I wasn't organised or experienced at this task things went on a little bit and the allocation of prizes proved a bit unfair amongst the sexes. Neil Goldsmith helped smooth things out (so much for not using previous race helpers!) No one wanted the team trophy and I almost had to force it onto Mike Whyatt of Glossopdale - if you saw the trophy you'd understand why - it's diabolical and I must get a new one; any suggestions for a new one, framed picture of the Peak District...?

Well, there you have it in a nutshell and yes, I am going to do it again - all the experience gained is useless for anything else. My thoughts on race day were very much 'I'd rather run in any race than be doing this' but not everything was as negative as I've probably made things appear. My wife and I still share ... and the race did raise enough to buy a tent for the Scouts. Everyone who helped did their duty to the race and Akela and will hopefully be back with all the experience gained next year.

Some runners even said, 'Thank you, we've enjoyed it.' What more is there to say.



Runners without numbers can cause organisers problems. Here Mick Fanning's number starts to come adrift at Borrowdale. He finished 3rd.
Photo: Bill Smith

ICL Teams win UK Challenger Competition

The ICL Series 39 (male) and ICL Open VME (mixed) teams have won the overall and the mixed categories in the UK Challenger competition.

The ICL teams were sponsored by ICL Product Operations and team members came from Corporate Systems Division and Mid Range Systems Division.

Based on the concepts of Outward Bound, the Challenger competition was held on 27th to 30th May 1992 at Blair Atholl in Scotland. 75 Teams from UK Companies took part (including Shell, British Gas, NORWEB, Shell and DSS) plus one invited team from Belgium.

Teams of four had to complete 8 sections over the four days around the forests and fells of Blair Atholl. Each section involved a mixture of running, orienteering, navigation, mountain bike riding and general knowledge. One section also involved a death slide and a "Monkey Bridge" (wire) walk across a gorge with a 100 foot drop. Success is based on good planning, team work, persistence and stamina. The last two events require a senior executive from each company to complete an obstacle course on a mountain bike and join in the final navigation stage.

Elapsed race time minus bonus time, gained from visiting optional bonus points and answering general knowledge questions, decide the overall positions. The teams' tactical decisions on how to split up to visit these points and then rendezvous are crucial to succeed.

The ICL 'Series 39' men's team (John Britton, John Eagle, John Kewley and Mark Seddon with their senior executive, Sid Fox), who were the reigning champions, were amongst the leaders from the start, and were ahead by the slender margin of 2 minutes by the end of the 4th stage. The novice ICL 'Open VME' team (Marina Stedman, Andy Bentley, Arthur Sealby and Tom Bedwell) did not start so well, making a navigational error in the first stage and ending the day in 47th position, 40 minutes behind Shell (UK) the leaders in the mixed team event. A mixture of perseverance, a willingness to learn from mistakes and sheer determination moved the team up to 9th place by the start of the final day, but still over 30 minutes behind Shell.

The penultimate event was an estimation stage. In this, teams had to estimate in advance the time they would take to run round a 10K loop and take into account an allowance of spare time depending on how long the executive took on the mountain bike obstacle course. Having nothing to lose, ICL decided to gamble on a very fast run and also on a good cycle by their executive, Graham Yule. Shell (UK)

did the same, but their lady team member was looking very tired. The result of the gamble was that ICL met its target, but that Shell did not and suffered a heavy time penalty. This put ICL just 2.5 minutes in front at the start of the final stage.

This stage involved navigation and running with the use of one mountain bike to help ferry an executive (usually not quite as fit as the rest of the team), round the course. General knowledge questions provided an opportunity for 35 minutes of bonus points. By this time the ICL Series 39 team were well clear of ICI, their nearest rivals and looked certain to win. ICL Open VME, however, could not afford to make any mistakes. At the end of the stage they were about four minutes clear on time but had an agonising five hour wait to see if they had won the overall mixed team title because the bonus points from the questions had to be added.

The end result was 6th place overall and a win for ICL in the mixed category by a margin of only 3 minutes 43 seconds after more than 9.5 hours of competition. It showed that working as a team and not ever giving up can give a successful outcome even when in a seemingly impossible situation.

ICL supplied the official event results service, comprising a mobile van, PC with DBASE application, and staff to collate, verify and input the results. With 76

teams, 135 questions, 7 stages, all sorts of bonuses and penalties, this was a major undertaking, and the ICL service easily outclassed anything provided in the previous years' competitions. As further exploitation, ICL also provided a service for teams to rummage in (a copy of) the official database. This involved several PCs in a mobile display area running a colourful Windows application written in Objectvision. The system was made unbreakable by not having a keyboard (just a mouse) and fixing Windows. Many teams were visibly impressed and made regular visits to the facility.

The Top 20: time difference

1 ICL Series 39 ICI Chemicals & Polymers	0:55:13
3 Midlands Electricity Board	1:33:42
4 National Grid	1:38:31
5 Ordnance Survey ladies	1:49:58
6 ICL Open VME mixed	2:00:51
7 Region Vallone (Belgium)	2:03:24
8 Shell UK mixed	2:04:34
9 Royal Mail	2:05:01
IOBowing	2:15:36
11 Total Oil Marine	2:19:02
12 Midlands Electricity Board (B)	2:52:46
13 Marine Harvest	3:07:04
14 British Ski Federation	3:08:10
15 Electricity Supply Board (Eire)	3:10:06
16 British Aerospace	3:11:57
17 British Oxygen	3:15:13
18 British Gas	3:25:49
19 Land Rover	3:31:17
20 Rover Powertrain	3:43:29

The new Ron Hill Sports catalogue features the Zermatt World Cup on the cover. Ronhill Sports, taken over in July 1991 is looking to widen its interest in sporting and leisure activities. Ron's influence is still very much in evidence, though - see for yourself by getting the catalogue from Ronhill Sports, Peaco Sport, Dawson St, Hyde, Cheshire SK14 1RD or telephone 061 366 5020



Racing on Pendle

*The first part of a major review
by Bill Smith*

Pendle Hill, 1831 ft above sea level, is the most prominent and popular landmark in north east Lancashire. Stan Bradshaw sr., of Clayton le Moors, who lives just south of the hill, once remarked that he wouldn't care to live in an area that didn't afford a view of Pendle. Throughout most of his long athletic career, Stan has trained up there almost daily, as do many other Clayton Harriers.

Pendle rises in splendid isolation above the northeast Lancashire industrial belt to the south and east and the lush meadows and woodlands of the Ribble Valley to the north, with far reaching views in that direction to the fells of Lakeland, Bowland and Craven. Further afield, the hill is most famous for its dark legends of witchcraft, which date back to the late 16th and early 17th centuries.

Downhill Racing

In the early 1900s a local farmer named George Coward, who was also a Lakeland guides racer, accomplished the descent from Pendle's summit to the farmyard at Smithfield, Downham, inside 20 minutes for a bet. Nowadays, Clayton Harriers have their own 'Downhill Race' from the summit to the Wellsprings Hotel on the Nick O'Pendle road which bisects the lower part of the hill to the south west. It takes place on a summer evening and competitors have to forecast their own times but are not allowed to wear watches. On occasion, exact times have been predicted; in 1990 Judy Makinson and Mick Addison were both spot on with 17.33 and 14.40 respectively; the fastest time being Tom Ashworth's 13.16.

Members of Clayton presently organise nine fell races on Pendle's main massif, north east of the Nick, with a 10th to the 1301 ft summit of Weets Hill, which terminates the long, low ridge extending north east from Pendle.

Up and down the Big End

The Pendle fell race has been run annually in early April since 1956, though the official race was cancelled in 1966 when many of the roads in the area were blocked by snow.

Clayton harriers, the promoting club, dominated the inaugural event when 15 of the 17 starters completed the course. This was a 6.5 mile out and back route from the Bay Horse Inn at Roughlee to Pendle's summit, with a lengthy cross country section via White Hough and Barley in between. As in the modern race, the steep 'Big End', below the summit, was used for the descent: something which has become impractical nowadays with the large numbers competing. Tommy Wood led from Malcolm Whiteoak at the trig point, but Albert Walker, the reigning club cross country champion, overtook them both and finally beat Wood by 4 seconds in 46.40. Whiteoak set a record of 45.30 th following year, further reduced in 1958 to 44.22 by

Dave Spencer (Barrow), who also won the next three events. Barrow was a strong fell running club in those days and another of its members, Peter Hall, famed for his 4 consecutive victories at Ben Nevis, triumphed in 1963/4/5, setting a mark of 41.32 in 1964 - a record that has never been beaten on this course, even by Kendal's Dave Cannon, who notched up three victories during the early 70's.

Harry Walker's Record

The present course from Barley via Buttock and Barley Moor (4.5m, 1500ft) was introduced in 1974 and, prior to the race, Harry Walker (Blackburn), a relative of the inaugural winner, was bemoaning the fact that his beloved Pendle Fell Race would never be the same again. However, this didn't prevent him from taking an early lead and storming around the course in grand style to win by 49 seconds from Martin Weeks (Bingley), a future FRA champion, with a time of 30.29, which was



*Harry Walker, Pendle 1975.
Photo: Bill Smith*

to remain the record until 1981 when the new convert to fell running, John Wild (RAF Cosford) achieved a new mark of 29.27 - one of 7 new records he was to establish that year.

In the meantime, 1973 fell champion Harry Walker, who had also won the 1972 Pendle race, triumphed on 5 more occasions to bring his total of wins to 7, a record which still stands. An outstanding feature of Walker's performances was his ability to jog all the way up the Big End. In 1983, the cross-country route to and from Buttock was altered in accordance with the wishes of the local farmer and the marauding Scot, Jack Maitland (Aberdeen/Pudsey), won 5

times in 6 years over the revised course during the 80s, setting the existing record of 29.34 in the 1984 fell race.

A ladies' Pendle fell race over the full course had been introduced in 1977 and one of the outstanding pioneers of women's fell racing under AAAs laws, Jean Lochhead (Airedale), achieved a hat-trick of victories in 1978/9/80, though her record of 38.34 (1979) was eclipsed in 1982 by her clubmate, Sue Parkin, with 36.56. Carol Haigh (Holmfirth) was the next record-setter with 36.46 in 1985, the first of her two wins, and then in 1988, Claire Crofts (Dark Peak) set the current mark of 36.17. Spenborough's Kath Drake has triumphed in the last 3 races, though with times well adrift of the record.

To the Devil's Apronstones

The Pendleton Fell Race was traditionally run in conjunction with the annual village sports, which at one time, earlier this century, alternated between Pendleton and Wiswell as the Hodder Valley Show further north now alternates between Dun-sop Bridge, Newton and Slaidburn. Regular competitors of those days included Tommy Metcalfe from Hawes, a triple winner of the Bumsall Fell Race in 1907/8/9, and his nephews Art and Bill Metcalfe from Appersett, the Yorkshire fell running champions of the early 1920s, while during the late 30s, local athlete Bob Ainsworth of Clitheroe scored a hat trick of victories.

The race was revived under AAA laws by Clayton Harriers in 1956 and up to 1980 was run from the village sports field to the cairn on Apronful Hill and back; 3.5m, 800ft, and was more of a cross-country type of fell race. Legend has it that the cairn, the 'Devil's Apronstones', came about as a result of the devil stepping across from Hameldon Hill to stone Clitheroe Castle and dropping these stones from his apron. Nowadays, Pendleton is a much steeper and sterner course of 5 miles and 1500 ft which also includes the summit of Mearley Moor, with two crossings of Ashenden Clough at different points.

Ron Hill (Clayton) had three consecutive wins in 1958/9/60, prior to achieving international road running fame with Bolton Harriers, while the club's champion long distance fell runner, Alan Heaton, also proved himself a capable short course man by winning the 1964 and 1967 events. There was rain and low cloud for the 1971 race and Harry Walker reached the Devil's Apronstones with a good lead, only to then veer off course in the mist and emerge on to the Nick O'Tendle road at the Wellsprings Hotel. This allowed his closest rivals to get back into contention and his Blackburn clubmate John Calvert outkicked Dave Cannon on the concluding road section to win by 8 seconds in 22.13. Calvert won twice more, 1975 and 76, while Cannon won in 1972 and Walker in 1980. A record of 21.11 set in 1977 by Ricky Wilde (Manchester and District) was never broken over this course.

The 1992 Carnethy/Studmarks trip to Switzerland

Once again this year I rented an apartment for two weeks at Chandolin up to the popular Sierre-Zinal race (1300 runners, 3000 tourists this year). We were blessed with good weather though it was hot and we had good views in most directions from the apartment when we were recuperating between training or sightseeing ventures. Jonathan Muhle and I made a stopover in Geneva on the way over, staying in fellow supermarathon runner, Philippe's, apartment and going for a Philippe-scheduled 2 hour run along the river and up and down the Saleve which took us 3.5 hours. A barely recognisable Bill Gauld joined us at Chandolin after orienteering and training for six weeks in the Dolomites. Jim Barton also joined us fresh from a training run at 13 degrees C in the rain at Flotterston. A sobering thought as we washed buckets of sweat out of our teeshirts!

Event specific training included finding out the exact timing of buses out of Chandolin, the 7.55 morning bus always departing before 7.58, and trying out various strategies of pre-race carbo loading.

1st August

Aigle-Leysin 20km 1600m Climb

1. Christophe Rohn	Berne	1.55.21
2. Marc Egli	Onex	1.56.49
3. Christophe Jacquered	Chemex	1.59.08
4. Gain Gross	Bulle	1.59.45
5. Bill Gauld	Camethy	2.00.32
		(1st Vet II)
6. John Blair-Fish	Camethy	2.02.27
		(1st Vet I)
21. Jonathan Muhle	Camethy	2.11.03
91. Jim Barton	Camethy	2.44.09
		155 finished

With three other mountain races in the immediate vicinity the field for this race did not include many runners to challenge the elite of Camethy. My time of last year should have won the race but it was hot and we'd had a very exhausting day sightseeing the day before including looking for the right bus stop for Sierre near the (underground) Lake Souterrain and having a demonstration from Bill of how to sit at a cafe and not buy anything. "Qu'est-ce que vous voulez?" "Je veux voir le menu. Pas de menu, pas de boire, vous comprenez la francais?"

After a rather slow lap of the old town there were two runners in front of me. As we climbed through the forest masses of them came past, then Bill. But after 5km they all started to fade apart from Bill who kept coming back till he disappeared out of sight after someone said: "Seulment trente metres, puis descent".

But it seemed an undulating descent to begin with. We passed one more on the descent but neither of us quite enough in the legs to be an overall winner and return on a prize mountain bike. So we returned with two pairs of skis. Pierre, the organiser, invited us to go climbing with him next year before the race which will be on a Sunday.

9th August

Sierre-Zinal 31km 1900m climb

1. Jean-Francois	Bulle	2.37.57
	Cuennet	
2. Pierre-Andre	Bulle	2.38.10
	Gobbet	
3. Norbert Moulin	Volleges	2.39.18
4. Franz Naepflin	Emmetten	2.40.19
5. Jan Korevaar	Holland	2.40.22
9. Ian Holmes	Bingley	2.43.53

10. Gary Devine	Pudsey	2.47.39
17. Hans Schnyder	Obereriinsbach	2.53.58
		(1st Vet 1)
287. Philippe Rossier	Carouge	2.57.20
29. Duncan Mason	Pudsey	2.57.39
41. John Blair-Fish	Carnethy	3.03.01
		(7th Vet 1)
46. Didier Fatton	Neuchatel	3.04.48
58. Kevin Lilley	Dark Peak	3.08.23
72. Wemer Schweizer	Gland	3.12.28
		(1st vet II)
95. Bill Gauld	Camethy	3.18.53
		(2nd Vet 11)
170. Martin Wood	Leeds	3.29.54
199. Rod Furtrell	GB	3.34.10
204. Jonathan Muhle	Camethy	3.34.35
559. Jim Barton	Camethy	4.11.45

The race was dominated by the Swiss with the victorious Colombians from 1991 back in the late teens. There was a very poor showing by the Brits with at least two top invited runners who'd run at Snowdon two weeks before and Thyon-Dixence the week before, spectating. This is undoubtedly a reflection on the somewhat disproportionate interest in the World Cup. At the risk of arousing wrath in some quarters I'll reiterate my opinion that international competition is really about just picking a tres joli, sympatha' course avec bon ambiance and turning up.

The night before the race while I tossed and turned and woke up every hour in anticipation of the early bus to the start, I dreamt that the lease on the apartment stipulated we all had to do a certain amount of training and we had not done enough. But when we started to climb I thought maybe we'd done too much. I only spotted one veteran in front of me but I noticed Philippe come past me at Chandolin. I ran with Didier Fatton till he fell over on the descent. I shared an apartment in Zinal with Didier and the American runner Chuck Smead in 1981 after the Chaumont-Chasseral race organised by Didier's father. Didier actually fell over at the same place where Jonathan twisted his ankle on a training run to Zinal three days previously. Note all you who follow...

Changing facilities after the race seemed to be categorised according to difficulty with crowded mixed showering and bathing in the swimming pool which was said to be reserved for male changing.

Wemer Schweizer, who beat me running the Tour de mont Blanc in 1989 and 1990 was well clear of Bill who did not think he could have made up the six minutes to be first vet II. The Bulle supporters almost turned the prize giving into a Nuremberg rally as Jean-Francois and Pierre-Andre went to receive their prizes. I felt we should have later carried Bill onto the stage for his prize chanting "Carnethy". Bill used his prize to buy us ice creams and his train fare home so it was definitely expenses administered by a trustee.

John Blair-Fish

This cutting is taken from the Daily Record, Monday May 25th 1992.

Island was dram close to a drought

A whisky distillery saved an entire island from thirst at the weekend...

But the only drink being given away was water.

For Jura ran dry despite its wettest spring in 10 years.

The reason was the sudden influx of runners for the Bens of Jura fell race, which trebled the population of 200 and drained the water supply.

Three tankers of filtered water were ferried from neighbouring Islay.

But when 153 mud streaked runners came off the hills after the toughest fell race in Britain the water again ran out.

There was nothing for it then but to borrow from the distillery which has its own supply.

As Jura Hotel manageress Fiona Walton said: "There can't be better water than goes into Jura whisky."



SLMM '92

JULY 4/5th

by Rob Howard

This year's SLMM drew 524 starters at Gatesgarth Farm, for what turned out to be one of the best races for some time. The course planning and organisation were free of the problems that have plagued the race in recent years, and the competition was of a high standard. While the KIMM is still the biggest, and perhaps most prestigious, mountain marathon it is often forgotten that the Saunders



Craig Haywood at the start of the Klets.
Photo: Rob Howard

is just as tough and offers a wider range of courses.

Unique to the SLMM is the Klets Classic, a solo elite course, where John Redmayne of the Bowline Climbing Club of Leicester was aiming for a third successive victory, but faced a strong challenge from Mark Hartell, fresh from his record breaking Paddy Buckley round.



Mass start on day 2
Photo: Rob Howard

Unlike previous year's, Klet's runners had to reach the overnight camp, instead of being free to stop at any control, but the tradition of 'special controls' in very exposed sites was maintained by course planner Martin Bagness. Apologising for these more restrictive rules in the programme he added the comment, "There is room in the MM calendar for small Klets-type events with individual competitors, choice of campsites, etc. Any volunteers for organisers?"

From an orienteering style start he set teams off on courses covering the Western Lakes, from Red Pike round to Great Gable and Glaramara, aiming at an overnight stop at Stonethwaite. Despite the limitations of using a familiar area, Bagness succeeded in his aims of technical rather than overlong courses, little use of footpaths, and using the least well-known corners of the competition area. The majority of the runners, especially at the elite end, were delighted by the course.

One of the more spectacular day 1 controls was at Napes Needle (not on top), which proved fine for the Klets runners, of which Redmayne was first through, but more of a challenge to the beginners class. They were scattered all over Gable, literally from top to bottom, in the search for the illusive needle. Fortunately, the weather had improved from a poor start in the morning, otherwise many of them would never have found it.

The majority of runners came down to a comfortable mid-camp after 7/8 hours on the fells and enjoyed the relaxed atmosphere of a summer camp, with beer sold on site. Redmayne had a 24 minute lead over Hartell and in the Scafell Class Alan Gillard and Dave Richardson had a huge lead, but were later disqualified for mispunching (after they had finished and won day 2 as well!)

The restart on day 2 was spectacular, with everyone (over 1,000 runners) set off across the camping field together, and all running for one gate! On a bright, sunny day the longer classes took on Scafell and the shorter ones a more direct return route, with everyone reaching a last control on the summit of Fleetwith Pike. From there is was a superb fast descent to the finish, though for the leg weary and exhausted it was the final torture.

Redmayne certainly had no problems, completing an impressive third win with a 45 minute margin, while in the Scafell class Ross Powell and Stephen Jones finished ahead of Wendy Holmes and Robert Sanby. There were several other good performances from mixed pairs too, with Trish Calder and James Aitken not far behind and Trevor Dibben and Jan Atkins chasing them. In the Bowfell class Dan and Karen Parker were also 3rd.

At the end there was an 81% finishing rate, a fast results service from Martin Stone's Staminade Computing and excellent food from Wilf's Cafe, topped off with a fair selection of prizes donated by the outdoor trade and presented by Bob Saunders on behalf of the sponsors.

Summer Tempest

The fells begin to crawl with deepening thunder;
the brooding's done - now is the time for ferocious hounds to be unleashed.
Darkness, grey hands that stretch with unremitting menace
above the shrinking fells that cower for fear of Olympian displeasure.

A growl, a snarl, a snap, then a deafening intensity.

The snatching fingers, quicker than the illusionists deftness,
flick the summit cairns, play the dreadful melody
on petrified ridges that cannot hide.
Stillness, a tunnel of enveloping heat,
inescapable, a blanket to another life - a prelude
to some dreadful assault - a pagan drum to melt the warriors courage.

And then, like some cosmic orgasm,
the tempest spills itself upon a bareness.
Fury that mingles the pain and pleasure,
the world is captured for one brief moment,
and then released acknowledges infinity.

-Peter Travis

Rumour has it...

that regular correspondent Neil Shuttleworth is trying to steal poet Peter Travis' thunder. This, with apologies to Kipling

If
If you can keep your legs when all about you
Are losing theirs and stumbling all around you
If you run on Pillar and Scafell and Bowfell
Then stride on the Dodds long after dusk
And see the Sun rise when there is nothing in you
except the Will which says to them:
'Hold on'

If neither wind nor rain nor sun can hurt you,
If you like the Lakes below and the Hills beyond;
If you can fill the unforgiving day
With 42 peaks of distance run,
Yours is the Bob Graham Club and everything that's in it
And - which is more - you'll be admired
as an Athlete...



Steven Barlow of Norwich crests Whither Hill.
Photo: Jarrod Collings

Race Review

Pen-y-Ghent, June 6th 1992, 5.5m/1500ft, AS

And a good time was had by all...

It was a great day. The myriad buttercups in the meadows of Upper Ribblesdale gleamed brightly in the sunshine. The whitewashed exterior of the Crown Inn beside the little bridge in Horton was dazzling. It was a great day for Craig Roberts - who took ten seconds off his 1991 course record. It was a great day for Salford harriers junior Matthew Moorhouse who came a sensational third overall - only 90 seconds behind Rossendale's Shaun Livesey. A fine day also for the spectators who revelled in the sun and scenery; for the 222 runners for whom quite a strong north easterly breeze mitigated the effects of the sunshine and for Sarah Rowell who carried the first lady's silver salver home to Leeds with her. It was the Horton - in Ribblesdale annual gala - something for everyone : ice cream, bouncy castles and marching majorettes in shiny blue taffeta.

From the 1400 foot vantage point of Whither Hill, a mile or so to the east of Horton and 700 feet higher, an aerial view was afforded to the handful of spectators who bothered to climb it. At 3.00 p.m. the 200 runners solidly filled the narrow road and surged through the tiny Penine village to disappear into dead ground below the radiant white limestone outcropping of Brackenbottom Scar. By 3.15, the leaders were visible again, climbing towards the southern shoulder of Pen-y-Ghent whose whalebacked mass dominates the eastern side of Ribblesdale. Well before 3.30 the whole field was above Brackenbottom looking, from Whither Hill, like a fine string of pearls snaking its way up towards the sizeable crags of shattered gritstone which cap the limestone mass of the mountain.

That's quite an anomaly. And here's another; how did a hill in an area thick with good old Norse and Saxon place names come to sound like it's in *Wales*? I asked 'er indoors' before I

set out and she, being prone to non-rational explanations, replied that it had probably been in Wales originally and had been transported to Yorkshire by malicious fairies.

But I digress. Moments after 3.30 two minute figures appeared leaving the summit of Pen-y-Ghent to be followed shortly by another pair. Soon the whole distant necklace could be seen leaving the 2,273 foot peak. Five minutes later the leaders were well down the mountainside on a flagged route lying just north of the so-called 'improved' footpath - a great disfiguring scar of white stones which, on a clear day, is visible from about 15 miles away.

Just before 3.40 Craig Roberts and Shaun Livesey crested Whither Hill together then, after a gap, came Matthew Moorhouse neck and neck with Cumria's Alex Smith. Another gap and then a continuous procession of runners began to pour down from Whither Hill in the direction of the shimmering roofs of the hundred or more cars parked in the gala field at Horton.

By 4.30 we were all down among the buttercups again enjoying the presentations. Due to the largesse of the sponsoring Daily Mirror it looked as though the Crown jewels were being distributed to the masses - silver cups, medals and salvers were everywhere; bottles of wine and six packs of Guinness were showered by rain upon the deserving. Prizes were given to the first ten overall, the first junior, the first three ladies, the first lady vet, the first two v40 men and the first two v50. All the first three ladies were well inside Carol Greenwood's previous course record of 56.41.

Harry Atkinson, race organiser for the past seven years, became eligible for veteran status the day after the race. Cheers Harry! Here's to the next 40!

- Mike Brown

Czech comments

The efforts of Czechmate, allied with sponsors NatWest Bank brought a Czech team to the Snowdon International. Despite a horrendous 28 hour journey by boat and bus and an arrival in Bangor with only an hour and a bit to prepare for the race Milan Pesava still managed 5th place - a feat that has already gone down in the folklore of the race. In the middle of a monsoon, 29 hours after leaving home, the Czechs faced their first ever running descent. In their own words;

The runs there are heatiful and "horrible" for their terrain and contours... it rained on the summit, the wind was strong, temperature around zero and visibility wasn't more than 20 metres. On top of these we had no idea what the British "up and down" means. On reaching the summit I was still second but lost three places on the suicidal run down Milan Pesava In consternation I looked at runners emerging from the fog and dashing tremendously somewhere down the slope between boulders where we would proceed most carefully even in the brightest of days Oldrich Cepelka

It is difficult to believe on what kind of terrain it is possible to run down, but the British understanding of sport probably is that man fights the elements. Races are often led through such terrain (rocks, steep slopes, scree, bog) that a lot of our racer would simply refuse to participate. Jiri Slabihoudek and at Moel Hebog...

I was the sixth, Pesava and Civrny successfully risked "melting" the rival by setting a higher speed right from the start. The risk lay in the fact that the optional ways up and down were not clear at all. (It showed they were not the same) In the end they won in this order thanks to their gain down the hill; and the appreciation was tremendous Jiri Slabihoudek

We spent the whole week in the care of runners from the Eryri and Hebog clubs. We combined training in the mountains with visits to the local places of interest. However, on Wednesday we took part in an 8.3 miles race in Aberdaron and finished in the first three places.

So this was my run. It suited me very well. The pity was that the holder of the record of this race, Colin Donnelly, was not there. I would have liked to pay back his beating of me a year ago in Czechoslovakia Jiri Civrný

Jiri Made a good new record (1 minute better).

All of the runners would like to keep up their contacts in Britain. Every fell runner is welcome to North Bohemia. Just write to: Oldrich Cepelka, Gagarinova 769, 460 07Liberec 7, Czechoslovakia.

Donations are still sought for Czech mate; 18 Mentone Terrace, Edinburgh, EH9 2DF.

- Colin Pritchard

KIT REVIEW:

PB FELLOWSUIT

According to the description in Pete Bland's brochure the PB fell suit is much like a dozen or so other weatherproof suits. But even a cursory examination will reveal that unlike so much of the competition this suit was designed by someone who's been places and done things. The attention to detail in design and construction is comprehensive and must be at least up to BSI requirements; if not beyond them.

Normally I have to wear size XL to get long enough sleeves, so I was initially reluctant to take an L, I needn't have worried. Not only are the sleeves long enough I can pull them over my hands in really bad weather. I can also turn my head with the hood up without getting a view of the hood itself; great when navigating. Both the drawcords in the hood and bottom hem have captive ends with self locking toggles so no flagellation by loose ends whipping about. Lengthwise it's perfect, my shorts have a couple of inches or so below the hem so I can take my full stride without hindrance.

I took care to check with Pete for the full "Technical" only a few of which I under-

a single layer of material; the pocket being double skinned.

Sadly all is not sweetness and light, the brilliantly specified jacket is let down by its matching overtrousers. While constructed in the same manner and allowing the wearer excellent mobility they have a serious imperfection. I can't don them with my shoes on! Admittedly, I have big feet (size 12 literally) but you shouldn't have to remove your shoes to don your weatherproofs. I suggest that Pete should fit zips like those in the jacket into the lower legs. This will of course make them more expensive, but I'm willing to pay extra for an item that I can use more effectively.

RECTA: D0350 COMPASS

Priced at £11.20 from stockists of Whitby & Co's knives this compass from Switzerland is much cheaper than its nearest quality competitor. It is a conventional "orienteeing" type model using a clear plastic baseplate approx 4 1/2 x 2*4 inches/11.5 x 6cm. Most of the features are fairly standard 360 degree liquid filled compass capsule with red alignment lines and full luminous marks. A magnifier lens and the usual imperial and metric scales complete the standard spec. This item's "extra" features includes a couple of

orienteeing control stencils cut in the baseplate and a full set of self adhesive scales in all the standard map scales.

In use it has one, fairly minor, failing, it can be difficult to set up on the map as the capsule bezel grip is quite small and it is somewhat stiff. Otherwise it works very well.

I used both the PB suit and the Recta compass on a recent trip from Clapham (The proper one in Yorkshire) to Ingleton via the top of Ingleborough. The weather was somewhat damp with a couple of hail showers and a persistent wind. Ingleborough top was, as usual, shrouded in cloud with about twenty yards visibility. So I had to use the compass to find my way. Regarding the fellsuit I hardly noticed it, it did its job so well I hardly knew I had it on; until I took it off. Unfortunately the rain had been so steady that I'd been unable to ventilate the interior and the condensation had soaked my windshirt and dampened my clothes. Contrast this with my soaking shorts, I would have donned my bottoms and overtrousers if the overtrousers weren't such sods to put on. I felt better keeping moving rather than risk five minutes becoming a permanent stop.

Bill Houlder



Protection is needed in foul weather conditions.
John Smithson Climbs Gable; 1992 Wasdale Race.
Photo: Steve Bateson

stand fully but are included for the benefit of those who do; I only know it works. Material used-2oz high tenacity ripstop nylon proofed on the inside with P.U. coating and fluorocarbon dipped on the outside. Construction uses French seaming on the hood and neck and rolled seams for the arms and sides. In addition the zip backing flap is stiffened to prevent it jamming the zip when donning the garment in a hurry. All the top except the pocket, which forms a carrying pouch/bum bag, is

Low back pain

England physio **Eddie Caldwell** looks at how to avoid and how to treat that aching back.

Most runners come to me for treatment complaining of leg injuries but quite a few have low back problems. These can be quite crippling and prevent runners from racing and training. If not treated appropriately the back condition can linger on for ages, affecting the runners movement and style, and certainly affecting their times.

Two recent cases involved Steve Hawkins of Bingley and Ian Robinson of Clayton-le-Moors. The latter had prevented Ian from running for nearly two years. Steve had been told by one medical practitioner that it was a wonder that he could run at all considering the state that his back was in.

One of the most common back injuries is to the two joints low in the back where the hips and spine meet together. One or other of these joints can be moved by a fall, strenuous work or simply by bad posture, especially when sitting - or rather, slouching.

The effects are that muscles go into spasm, ligaments are stressed, nerves may be affected. This in turn is very painful and movement becomes difficult, especially running. The pain may travel from the back into the buttock and down the leg. This type of injury requires treatment. It will not disappear by itself; it may ease for a while

but tends to reoccur at increasingly frequent intervals. When running it is affected by climbing, hill repetitions and intervals on the track. This condition often makes runners feel as if they are 'crabbing' and have not got full control and co-ordination in their legs.

Prevention is important. Take care how you lift things both at work and at home. Even easy tasks like sweeping can exacerbate the back. Always face the direction in which you are lifting or moving an object and, if your back is stiff or painful, do not try and train hard or do any vigorous exercises. Instead do easy stretching exercises like sidebends, half turns and hip circling. Do them easily and do not grit your teeth until it hurts. If it hurts it will do further damage.

In the event of a severe attack use an ice pack over the painful area for twenty minutes. This fights any inflammation, takes the spasm out of the muscles and stimulates the local blood flow. When the severe pain goes, that is the time to begin easy stretching exercises for two or three weeks. Only after this time, and provided that the pain has gone, should you resume hard training or strengthening exercises.

The important thing is to get a correct diagnosis, that is, to find out exactly what is causing your low back pain. Having got to the root of the problem, make sure you get the appropriate treatment and sound advice on the type of training to do that will enable you to run again without causing further injury to your back.

Race Review

Kinder Trog 21st June 1992

18m/3490ft BL

Sweaty Solstice

Nestling in the Sett Valley below the Western edges of Kinder Scout lies in the picturesque village of Hayfield. A stone-built little place where gnarled old advertising executives and television producers disport themselves in tweed caps, waxed cotton jackets and commute daily to Manchester in their BMWs.

About 15 years ago the local Scout group began to organise an 18 mile 'lads and dads' challenge walk around the Kinder area. Over the last seven years this developed into the Kinder Trog - a fell race with around 3,500 feet of ascent and some fine views of the southern edges of the Kinder plateau.

At 11.00 a.m. on the day of the summer solstice 150 runners left the Hayfield scout hut in a temperature well into the 70s with very little moderating breeze. Three quarters of a mile from the start and just before the 500 foot climb over Lantern Pike the bunch was led by Vincent Wathey of Pennine F.R. who was eventually to finish in 8th position, race winner Mike Whyatt was lying 6th at this stage.

Although everybody had started cautiously because of the heat it was on the climb over Lantern Pike that the leaders got away from the rest of the field and the race began to open up.

By 11.20 the leading group - Martin Cuddy, Glossopdale; Mike Weedall, Pennine; Mike Whyatt, Glossopdale; Paul Gebbett, Notts - were guzzling much needed fluids at the feed station where the route crossed the Glossop/Hayfield road. Peter Jenkinson, race organiser for many years, made a brief appearance on his king-size, shiny Japanese motorbike to oversee the checkpoint before disappearing to attend to other administrative duties. A very small gap separated the first four runners from the eventual third overall -



First V140 Mike Noble.
Photo: Jarrod Collins

Mario Foschi of Helsby A.C. Mike Noble, winning vet, was 7th at this point.

After the road crossing the route leads due east and climbs steadily over Burnt Hill, the head of Hollingworth Clough and on up to the 1,761 ft checkpoint on Mill Hill. The field was by now really strung out as the runners crossed the head of William Clough and climbed on to the western shoulder of Kinder.

Glossopdale's Frank Fielding, who finished in the first thirty, commented: 'I took the shortest route across Kinder, I didn't run round the edges but ran right along the top because conditions were so dry; I've done it on three occasions but this was the driest. It's the best time I've done - 2.13 - it's usually very gluey in places, especially around Brown Knoll but this year there wasn't any water at all. On the down side it was very, very hot.'

Kinder Downfall was totally devoid of water and the often black and soggy peat of Kinder Low was a light brown colour spurting dust at every impact of a Walshie. The cotton grass around Brown Knoll was in full bloom, looking from a distance like improbable powderings of snow in the midsummer sunshine.

The last major climb was from Brown knoll to the 1,750 ft summit of South Head which was crested by eventual winner Mike Whyatt with a quarter of a mile lead over Mike Weedall. After a two minute interval Mario Foschi and Paul Gebbett made a joint appearance but, with only 3 miles of mainly downhill running to go, the result of the mens race was a foregone conclusion. The ladies, however, were still battling it out; in the saddle between South Head and Mount Famine Helsby's Carol Banlin led eventual winner Jackie Smith (Dark Peak) by thirty yards with Glossopdale's Sally Newman a good 10 minutes behind. Jackie grabbed the lead in the last couple of miles to finish less than a minute ahead of her Helsby rival.

Back at the Scout hut the prizes were presented and competitors continued to take on fluid and to pour with sweat even after half an hour's rest. In conditions like these you might expect to lose 6 or 7 pounds of fluid during the race; multiply this by 158 and it works out that somewhere in the region of 1000 pounds of human sweat was deposited on Kinder Scout! Mind boggling, isn't it. Does this contribute to the erosion? Clearly more research is needed.

Organiser Peter Jenkinson hopes that the race will continue for many years to come. 'Don't forget to mention the ladies who made the drinks and sandwiches', he instructed, so I didn't. Thanks ladies.

- Mike Brown

Snippets

KIMM benefits John Muir Trust

The John Muir Trust, a charity that was formed to conserve and protect wilderness while respecting the needs of those living in such areas, is the beneficiary of a £3000.00 donation from the organisers of the Karrimor.

Recognised as the world's toughest test of mountain running and navigational skills, the KIMM is a unique two day event which brings together outdoor enthusiasts and lovers of wild country, introducing serious runners and orienteers to new areas of the British hills. It attracts competitors of an exceptionally high standard from across the world to run, in pairs. In the Elite category runners literally attempt two back-to-back marathons across mountains, following an unmarked course and carrying full survival and camping equipment.

The KIMM donation to the John Muir Trust represents a proportion of the entry fee and is being made in recognition of the excellent work the Trust is doing in Scotland. The KIMM has been staged in Scotland several times including, in 1991, the Arrochar Alps.



201 Paul Gebbett leads a bunch out of Hayfield.
Photo: Jarrod Collins

Prize Crossword

Crossword buffs were rightly confused by the especially hard puzzle set in the last issue; nevertheless they rose to the challenge and, invoking the spirit of Auracaria and Templeton, provided solutions and, in some cases, clues.

Winners are:
**(Jerald Vinestock, Carnforth.
Neil Hanson, S.Wirral.
J. Norman, Stockport.**

Gerald provided a rhyme which should explain the difficulties...

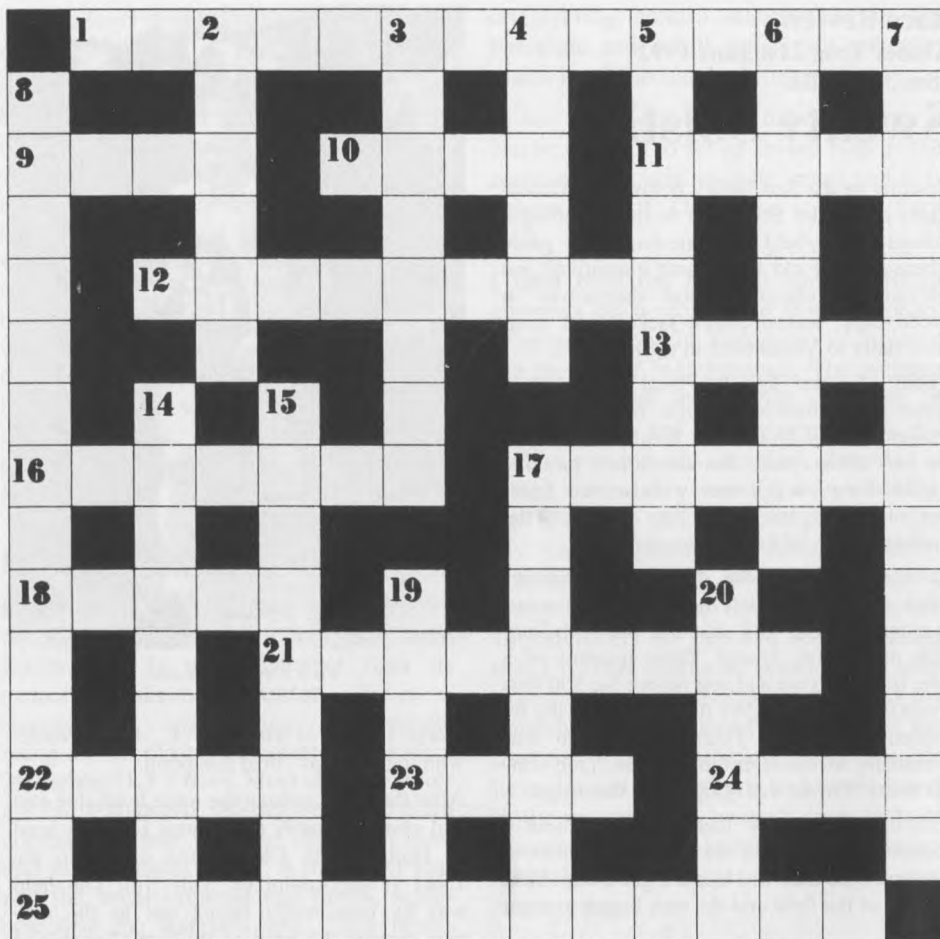
If it doesn't then have a go at this puzzle anyway - our compiler has promised that it is easier than the last one!

As the FRA's partial
To telling a marshal
When leaving a race
When you can't take the pace
I hereby declare
That the crossword's unfair:
I've had to retire,
bogged down in the mire.

The flags sent me wrong,
(The usual song)
But the clue numbered 3
(It does seem to me)
Would do better at 2
(and 2s for 8 too)
While light number 3
Of a clue is quite free
Like Clue 17

(Nowhere to be seen.)
So though I have started,
From the race I have parted.

No chance of a tee-shirt,
Though I know I was *the cert.*,
My reward is in heaven:
See rule number 7!



Clues

Election time: 1, 12, 25 across and 6, 8, 14, 15, 17 down are all officers of a kind who might be found on page 2.

Across

1. Top officials produced 'ome for misted cheat (9,5)
9. Backed sore lover boy (4)
10. Network almost returned dirge (4)
11. Hearing of foreign car around (5)
12. Writes "yrs etc" to create official (9)
13. French step, thanks for the spaghetti (5)
16. Year the new pot was made? (7)
17. Hen noise, fifty missing aged betrayed husband(7)
18. Fashion gallery gains point (5)
21. Endlessly determined shaken to the bad (9)
22. Useless pet in jumble (5)
23. Flaccid uneven walk (4)
24. A type of front follows him a lot (4)

25. "Meet" adds stentorian officer replacing love with point(14)

Down

2. Control raging stream (6)
3. Meet her roughly, with point for wise ones (5,3)
4. Finish here, love, we hear (6)
5. Requirement for hiker, not a light container (5,4)
6. see 20
7. Got you by them! Hal nearly stands your rugby club around (5,3,6)
8. Official, politician and salesman (14)
14. Official, quietly sired ten squabbling (9)
15. Official, he tried to confuse (3,6)
17. Official, bath chap (8)
19. Tell as a name around, nearly starlet (6)
20. Single chap with broken dish to go with TV programme (3,3,3,3,3)

T-Shirts to the first three correct solutions.

Send to: The Editor, 39 Withyside, Denby Dale, W. Yorkshire, HD8 8SF.



Keve in the big time!

Nice to know that Kev White's successful cartoon strip in the Daily Record, Shugie and Duggie, is soon to be out as a book "Shugie & Duggie, Take One". Should be in your local shops soon.

The ideal Christmas present for Fellrunners and armchair adventures.
Personall signed copy of

The Himalayan Shuffle

by Edward Ley-Wilson

an epic tale of 1 mens achievement to run the entire 2000 mile length of the Himalayas cheque of p.o. for in 85 days.

£14.99 plus 31.71 p&p from Mrs L. N. Ley-Wilson,
Kerracher, Kylesku by Lairg,
Sutherland IV27 4HW



Between May 23rd-July 13th Rory and Andrew ran, cycled and swam from Ben More to Ben Hope. Their feat included swimming both ways across Loch Lomond all in order to raise money for the Scottish Cot Death Trust.

Photo: Rob Howard

The Great Munro Challenge.

Inspired by the Crane brothers, encouraged and motivated by Hugh Symonds and Martin Moran, Andrew Johnston and Rory Gibson, former schoolmates at Glenalmond in Perthshire set off 'to do the Munros in 50 days' on 23rd May 1992.

A years careful planning and training had taken them to the Himalayas, Alps and Scottish Hills. They completed the Annapurna and basecamp circuit and 2 treks in the Everest region culminating in the Everest Marathon where Rory finished an astonished fifth. Neither of them had fell running background of any pedigree other than an early introduction to and enthusiasm for the hills.

Andrew Johnstone had been a successful triathlete for several years, his highlight of achievement finishing 2nd member of the Scottish team in the Commonwealth Games in Auckland, New Zealand, behind one Jack Maitland! Rory Gibson had excelled as a skier, often tackling extreme renowned couloirs in the Chamonix area.

Preparation was crucial, Rory had planned the route entirely beforehand, including 12 camp-out nights where bothies were often used. Rarely did they stray from this although it often meant very long days. One of the longest took in Ben Nevis, the Aonachs, Cam Mer Dearg, The Grey Corries and Easains finishing

in Fersit at the head of Loch Treig. The route evolved as a zig - zagging sweep north. From Mull they headed east through to Loch Tay and Glen Lyon and then back west to Glencoe and the Mamores and Nevis Range. East again through the Southern Cairngorms and back west by the Northern Cairngorms and Monadhliath to the Great Glen. From here their progress was more literal, with a brief excursion west to pick up the Cuillins.

In total they covered 1,400 miles and 400,000 feet of ascent. 910 on foot, 600 by road bike and 150 by mountain bike, kindly provided by Dawes.

They were extremely fortunate with the weather with the first 4 weeks almost completely dry, the sun shone and this enabled them to meet their often very ambitious daily targets. The early summer weather of 1991 would, they feel, certainly have lengthened their attempt. They took one rest day on the 16th day after having finished at 3 a.m. after Beinn a'Bheithir and 1 a.m. after the Aonach Eagach ridge on the previous two nights!

Their temperaments, navigation abilities and resolve were severely tested in the last 3 weeks. Knoydart was very wet and wild, and it was there that they lost a day having to turn back at 10.30 p.m. in a gale on Sgurr Thuilm leaving no time to safely tackle Sgurr nan

Ceannaichean. The Cuillins were also enclosed in mist and they were thankful for the guiding of Geoff Charlton of Tomintend. Torridon offered a variety, Beinn Alligin horrendously wet and windy, Beinn Eithe offered fantastic virgin scree and Liathach truly majestic views. They lost each other in the Fisherfield wilderness and were battered on An Teallach, but the worst was saved till last, almost a demonstration of how bad conditions could really have been and how lucky they had been. Eighty mph wind a driving rain made standing difficult on Conival and Ben More Assynt, following Kinbreack the finish ended on Ben Hope at 8.30 p.m. on Monday 13th July after 51 days 9 hours and 52 minutes, in further gale force conditions.

It would have been impossible without the excellent support and back-up from friends - 2 on ground support each week helped with moving bikes, the camper van, the cooking - although most of the days on the hills were unsupported. They are indebted to the sacrifice of their many friends who helped make this challenge a success.

They are still collecting for the Scottish Cot Death Trust - for those interested in making a contribution please forward c/o Grampian TV, Aberdeen.

— Andrew Johnston

Long Distance News Summary

LONG DISTANCE AWARD

I keep a register of Long Distance Individual Fell Records and rely on those who set new records to keep me informed. Each Autumn, the panel examines details of outstanding performances and a suitable recipient of the award is chosen. The 1992 award will be presented on Saturday 7th November during the FRA Dinner at Blackburn. The current holder is Anne Stentiford for her Welsh Classical and Ladies' Bob Graham Round records. Please send a schedule and brief details of any record-breaking run to:

Martin Stone, 12 Moorlands, 103 Garstang Road, PRESTON PR1 INN

BOB GRAHAM CLUB ACHIEVEMENT OF THE YEAR AWARD

The Club present an annual award to a member of the club who has completed the most outstanding long distance mountain running achievement/s. The award year runs from 1st May to 30th April and the 1991/92 presentation will take place on Saturday 7th October at the Biennial Reunion Dinner. The current holder is Robin Price who in 1990 completed a Double Pennine Way (mostly alone) in 10 days.

To be eligible for the award, the member MUST BE NOMINATED by a friend or someone who witnessed the event. In recent years, The Club has not always been made aware of achievements which are worthy of consideration. The nomination should include a description of the challenge, a schedule and reasons why the achievement merits the award. Nominations for the 1992/93 award should be sent by June 1993 to:

Mr Fred Rogerson, Tethers End, Lindeth, Windermere, Cumbria

MARK HARTELL - WELSH CLASSICAL (PADDY BUCKLEY) ROUND RECORD

After a few years of domination by 'The Ladies', another sizeable chunk has been knocked off the record for the Paddy Buckley Round - this time by a man! Macclesfield Harriers (where do they keep finding them) wheeled out Mark Hartell, yet another long distance superstar. Mark is relatively unknown to long distance running but he reduced Anne Stentiford's record of 1991 by 51 minutes. His time was 18hrs 10 mins for the 60 miles/27,000ft ascent and this was completed on 13th June, a roasting hot day. The route is generally reckoned to be an hour longer than the Bob Graham, so maybe there is still an hour or two to carve off over the next few years.

MONICA SHONE & DON TALBOT - NAYLOR'S LAKELAND TRAVERSE

Last year, Joss Naylor completed a new run from Pooley Bridge to Wasdale in 11 hours 30 minutes on a day of heavy rain and strong SW winds. The distance was 47 miles with 16,200ft ascent and the route crossed a number of mountains in three major sections with road points at Kirkstone Pass and Dunmail Raise. Joss was raising money for the charity Age

Concern and following the run it was suggested that this route would make a good challenge for supervets. The target time for over 50s is 12 hours, over 60s 18 hours and over 65s have 24 hours. Rumour has it that Chris Brasher is offering inscribed and signed pewter tankards to the first 20 over-50s who complete the route within the relevant time limit and raise at least £100 for a charity. Send a signed statement from your pacer(s) together with a receipt from the charity to

Joss Naylor MBE, Bowderdale, WASDALE, SEASCALE, Cumbria CA20 1ES

who will forward the details to Chris Brasher. Section 1: Pooley Bridge, Barton Fell. Arthur Pike, Loadpot Hill, Wether Hill, Red Crag, Raven Howe, High raise, Kidsty Pike, Rampsgill Head, High Street, Thomthwiate Beacon, Stony Cove Pike, Pike Howe, Kirkstone Pass

Section 2: Red Screes, Hart Crag, Fairfield, Seat Sandal, Dunmail Raise

Section 3: Steel Fell. High Raise, Rossett Pike, Bowfell, Esk Pike, Great End, Great Gable, Kirkfell, Pillar, Scoat Fell, Steeple, Haycock, Seatallan. Middle Fell, Greendale Bridge (GR 143 056) This year a number of supervets have taken up the challenge and I have been made aware of two notable performances. Monica Shone - A very sprightly and multi-talented 66 year old, completed the first traverse by a woman on 13th June. She was accompanied all the way by Wendy Dodds and in perfect conditions completed the route in a very creditable 21hrs 47mins. Report on page 16

Donald Talbot - At the age of 61 Donald completed the round in approximately 15hrs.

SIMON BLEASE & CHAS RYDER - THE OLD WELSH COUNTY TOPS

We were sent a very amusing article penned by Simon Blease (wheeeze!) which although too long for this issue of the mag. it may well appear at a later date. It appears that while browsing through a dusty copy of the 1955 Guinness Book of Records, Chas Ryder discovered a list of the highest points in each of the 13 'old' shire counties of Wales. You may remember reading Chas' fictional but extremely libellous piss take "5 Minutes on even the nicest Mountain (is an awfully long time)" which was published in the Sept. 89 issue. He decided that a mad 24 hour dash by vehicle between the closest road points followed by a toil to each of the 13 summits appealed to his crazy sense of humour. The team somehow persuaded the Nissan factory to provide Rod, their ex-international rally driver with a 10 minute old Nissan Patrol 7 seater jeep. Castrol UK funded a great deal of fuel and money was also provided to support a charity.

The route took the team from Holyhead Mountain in N. Wales to Foel Cwmcerwyn in Pembrokeshire and within 21hrs 6 mins the team had run 45 miles, climbed 14,000ft and driven 450 miles. It all happened on 20th June in very mixed weather and involved 9hrs 32mins of running and 11hrs 34mins by vehicle. The 13 summits in the order attempted are Holyhead Mountain - Anglesey, Snowdon - Caernarfonshire, Moel Fammau - Flintshire, Moel Sych - Montgomeryshire, Cader Berwyn - Denbighshire, Aran Fawddwy

Small ads

Lineage on snail ads is remarkably cheap at £100 for the first 20 words then 10p per word. Why not take advantage of it to let over 5000 readers - members, friends, family - know of your cottage to sell, car seat to share to races, kit to flog or even just to trade insults with each other!

RUNNING HIGH

Hugh Symonds story of his 2000 mile run over the 303 mountains of Britain and Ireland.

Books for sale direct from

Hugh Symonds, Greenmantle, Underwinder, Marthwaite, Sedbergh, CUMBRIA LA 10 5HT

£14.99 including p & p

Discount for multiple trade orders.

- Merionethshire, Plynlimon - Cardiganshire, Radnor Forest - Radnorshire, Chwarel Y Fan - Monmouthshire, Pen Y Fan - Breconshire, Craig Y Llyn - Glamorgan, Camarthen Fan - Carmarthenshire, Foel Cwmcerwyn - Pembrokeshire. Chris Gildersleve (Toffer) also attempted the runs but was forced to miss out one summit due to lack of food caused by car sickness. Their basic ground rules for the event are:

1. Tops can be visited in any order
2. Ascents and descents do not have to be the same
3. Runs may start from any point of public road access for each top
4. Total time is from first to last mountain summit
5. Runs are timed from vehicle arrival to return from each run
6. Minimum of 2 runners who must remain in close contact at all times

CALDER VALLEY - PENNINE WAY 8 STAGE RELAY RECORD

This relay was set up by Clayton-Le-Moors Harriers in 1985. They completed the Way in 41hrs 29 mins according to a few basic ground rules - maximum team of 12, pacing only by members who had already run a stage, support/refreshments only at road crossings, 2 runners in the hours of darkness, follow the main route as specified in Wainwright's Guide & carry normal fell race safety equipment. Since then Halifax Harriers (1986) and Calder Valley (1988) have repeated the relay but Clayton's record remained intact. On 19 - 20th June, Calder Valley were successful in setting a new record of 38hrs 9mins. The previous best time for each of the eight legs was also beaten in the process. Report on page 15.

Win for Martin and Helene

The Jet 220 5 day mountain marathon - the Dragon's Back - from Conway Castle in the North to Carreg Fennen in the south was won in 38 hours 38 by Martin Stone and Helene Diamantides. The race took place from the 20th to 25th September and British teams took the top three places in an international field. Last years KIMM winners Mark Dermot and Adrian Belton came second with Mike Walford and Phil Clark third, beating all the US, German, Scandinavian etc. teams. Full report in next issue.



Remember a lightweight young lad a few years ago with an ability to fly down hills? Well, he still maintains the ability - in fact it is one of his racing strengths - and is still getting into the junior international ranks, despite the fact that he is not so lightweight any more. Will Styant has, at 18, filled out into a big lad whose strength has yet to be tested on senior courses, but who can still show a clean pair of heels to most others in his age group.

Introduced to fellrunning at the age of 10 when he competed in the Wasdale junior race (coming a lowly 19th out of 22) along with elder brother Thomas (since lost to the sport) and downhill specialist Dad, Andy, Will has maintained an interest in the sport which has seen him as Junior Men's Champion over the last couple of years, achieved with maximum points last year. "I'm not having such a good season this year," says Will, "probably due to the pressures of schoolwork more than anything else". He came second to Matthew Whitfield at the recent Burnsall race and feels that he could have done better "Not only have I been studying, but I've been working as well and this has not left me with a lot of time to train". Will has just left Honley High having achieved 3 A levels with (hopefully) good enough grades for him to take up a course in Sports Science at Birmingham University. "Although I'd quite like a year off," he says, "working in outdoor pursuits or some related field". Fell running is his only serious sport; he's had a dabble at tennis and football, sensibly finds road running 'boring' and enjoys the sort of races that have history and atmosphere - Bumsall being one of his favourites, along with Latrigg and Moel Hebog and, just for something different, the (infamous) Blue Pig Race.

Bumsall was a junior championship event this year and attracted a field of around 60 runners, but Will is not happy with the junior championship set up. "I know that the alterations were meant to attract more juniors to compete, but I think they've gone a bit too far.

Two or three of the top runners may end up with only one scoring race because of the mix-up at Coniston and, because there are fewer races to choose from, they will have no chance to make up for the mistake. I preferred it when it was 5 races out of 8, as you had a better chance of making sure that you got five

good counters - and sometimes, as juniors, we have difficulty travelling to certain venues. 5 from 8 was more flexible." He likes the idea of more age groups but, again, feels that there are now perhaps too many "There aren't enough runners to fill some of the categories; perhaps two groups, under 15 and under 18 might be better, or even under 19, as the intermediate competition could then be incorporated. At times it's difficult to know who you are running against at the moment!" he adds.

He also has some thoughts on selection policy, "I'm glad to be off to the World Cup again, but feel that there is at least one name missing from the team," he says, "perhaps the selection policy is not wide enough - there should be more of a chance than just a couple of selection races." Until this year the World Cup courses have never really suited him, he managed 19th last year but, in rainy conditions in Italy this year, came the closest he's ever come to a medal, finishing 4th to be the first counter in the silver medal winning Junior Men's team. He would like to have a go at trying to get into the British cross

country team next year. "I've competed in the English Schools twice, coming 4th and 6th. and would, eventually, like to think that I could get into the senior team; I might even do better on a senior course at the World Cup, providing there was plenty of downhill."

Although he might have inherited some of his downhill skills from his Dad he feels that most of it is down to technique and training. "Dad has taught me a lot about technique - a few trade secrets" - but one of the secrets is to actually train at working hard downhill in the same way as training hard uphill "if you train at descending then this builds up the braking muscles and means that your descent can be fast but controlled".

His heroes include fell running greats like Billy Bland, Kenny Stuart and Hugh Symonds "I'd like to have a go at emulating some of his achievements sometime" as well as less obvious candidates like Gazza "because he likes his beer, like me". Will has liked the booze too much on odd occasions - "I was daft enough to contract alcohol poisoning by hitting a spirit bottle rather too hard the night before a race, and I always do well at the traditional World Cup underpant races," he says, "where there is a requirement that plenty is sipped."

As for training he offered two schedules "one for what I'm supposed to be doing and one for what I'm actually doing". "What I should be doing includes a 5 mile hill session, a track session, a couple of steady long runs of 7-10 and a longer Sunday run; what I'm actually doing is three or four runs of 6/7 miles, a race and maybe a longer run; not really enough and not really hard enough." And his advice to other aspiring teenagers? "Set yourself realistic, attainable, targets," he says, "it's no use setting yourself a 100 mile training schedule and then being disappointed because you can't make it; you'll lose morale and give up. Don't be pushed into doing races or training you don't want to either; Dad's always maintained an interest but has never pushed or trained me. Above all," he emphasises, "enjoy your running".

— Ray Swatcher



Will is Junior Men's Champion again. Both pictures at World Cup Selection Races.
Photo: Steve Bateson

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