

The Fellrunner

February 1999



*with Results, Reports, Championship
and Regional Championship details.*



Main picture - The steep descent at the start of Black Lane Ends (photo Peter Hartley)

Fellrunners walk on water - Jon Duncan and Huw Symonds at the British Relays (Peter Hartley & Steve Bateson); Dave Woodhead at the Charlotte Slater Memorial Race (Peter Hartley)



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Cheshire SK9 7JT 01625 582130

Bit at the Front - Neil Denby

The access argument rumbles on. We all saw the government's stiff resolve to introduce a 'Freedom to Roam' Act and to outlaw country pursuits such as fox and deer hunting crumble in the face of a single march in London. (Pity it doesn't work the same for student fees, or nurses pay....) Government agencies (including the MoD and the queen) still hold huge tracts of land where access is forbidden yet do not seem to face the same pressures as private landowners.

There are a number of imponderables - land needs to be managed (grouse moors wouldn't exist without the grouse shoot) yet should not be

closed off; a wilderness soon stops becoming a wilderness if access is made too easy; people who live in the country (as many of us do) are entitled to their privacy.

But how do you frame the legislation? A single runner, or even a small group, crossing a skyline or ascending a fell, should cause no damage and be no problem. Should this access, however, lead to popularising an area then, inevitably, overcrowding, erosion and - as in the case of much of the PW - a paved path, is the result.

Some interesting thoughts about open access in this issue - the juxtaposition against a heavily emphasised request not to train on the Noonstone course only serves to illustrate the problem.

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STOP PRESS:

The re-arranged trial
for the Black Forest
Teenager Games
is now on
Sunday 13th June

COMPUTERS

Please provide copy on floppy, wherever possible. ASCII., WORD, WRITE, RTF, MAC OS, even RISC OS will do. Even if it's a weird format, send the disc with the printout anyway, It may save us TIME and FRA MONEY !!!

News & Views...

THE JOSS NAYLOR LAKELAND CHALLENGE

In the beginning, there were just 20 tankards to tempt super-vets who were still into long distance fell running. It took a while, but in June 1998 the last of the original tankards donated by Chris Brasher was claimed. Now we have a second batch, again generously donated by Chris and the first five of these will be claimed at this year's Presentation Dinner on March 20th at Santon Bridge.

The original 20 were:

- | | |
|----------------------|-----------------------|
| 1. Don Talbot | 2. Monica Shone |
| 3. Colin Henson | 4. Don Ashton |
| 5. John Stout | 6. John Lagoe |
| 7. John Peel | 8. Don Barton |
| 9. Ken Lindley | 10. Arthur Clarke |
| 11. Ralph Stephenson | 12. David Sleath |
| 13. John Coope | 14. Neville Griffiths |
| 15. Sue Walsh | 16. Brian Leathley |
| 17. Dougie Milligan | 18. Paul Murray |
| 19. John Payne | 20. Les Swindin |

IN MARCH, TANKARDS WILL GO TO

- | | |
|--------------------|-------------|
| 20. Les Swindin | M60 June 13 |
| 21. Walt Wilkinson | M60 June 20 |
| 22. Geoff Bell | M60 June 26 |
| 23. Edwin Coope | M60 July 11 |
| 24. John Crummett | M50 Aug. 15 |
| 25. Stuart Thomson | M50 Sept. 5 |

An innovation this year is that the Dinner has been opened to the 5 known runners who, despite being timed out on their runs, confirmed donations of their charity collections to their chosen causes in the name of the Joss Naylor Challenge. Raising at least £100 for charity has always been a condition of the run and these runners have raised a total of £2,226 towards an overall total of £8,212 so far.

A final call to the ladies; there are only two of us so far and this is your last chance this century. Let's be having you!

Information, SAE please:

Monica Shone, 21 Woburn Drive, Hale, Altrincham, Cheshire WA15 8LZ.

Secretary's Corner

For many years the Annual General Meeting has followed the Langdale Horseshoe Fell Race in mid-November. To save postage our members are advised of the Agenda and Motions in the October magazine. In practise this is not entirely satisfactory as the notice given may only be a few days.

The 1998 AGM was held before the Annual Dinner/Presentation at Skipton on 21 November.

Because the AGM was a month later, the first Committee Meeting, usually held early December, will take place on Saturday 16 January at Kendal, too late to report in this issue.

ANNUAL GENERAL MEETING, SKIPTON, 21 NOVEMBER 1999

- 38 members attended. The Chairman and Secretary reported on the year's activities and the Treasurer presented accounts for year ending 31 July 1998.
- Officers and Committee for 1998-1999 were elected as listed on page 2. Other appointments to Athletics UK Regional Committees and the World Mountain Running Association (formerly the International Committee for Mountain Running) are also listed.
- Thanks to retiring Officers: Dave Richardson (Junior Co-ordinator for 7 years), Richard Lecky-Thompson (Statistician 4 years) and Committee Members Bob Berzins and Sarah Rowell. There was considerable interest in the post of Statistician; it is good for the future of the FRA that the very important Officer vacancies were readily filled, and volunteers for the Committee came forward (without any coercion) at the meeting.
- An open discussion followed the formal business, topics included: kit and safety requirements, eligibility for national championships, Calendar hot-line, FHRC selection policy for British teams, recruitment of junior members to FRA, separate Junior Calendar, and more questionnaires to test members views on burning issues. These matters will be raised in Committee in due course.

FELL AND HILL RUNNING COMMISSION

Proposals for Athletics UK were approved by UK Clubs towards the end of last year. As reported in the October 1998 magazine, the FHRC will disappear and its function will be included in a Fell/Hill Running UK Policy and Support Team headed by a 'Competition Manager'. Until this new body is in place, the present

members of the FHRC will continue with Selwyn Wright as Chairman, acting as a Steering Group to:

- Define job descriptions for the post of Competition Manager, and Co-ordinators for Planning, Rules and Standards, Fixtures, Education and Training, Publicity and Marketing.
- Seek personnel qualified and willing to serve on this new body and make recommendations to Athletics UK.
- Continue to handle business previously dealt with by FHRC.

It is expected that applications for the Policy and Support Team posts will be advertised in athletic circles, but in the meantime, members willing to take on any of the roles indicated should express their interest to the FRA Chairman or Secretary.

Mike Rose,
General Secretary



*Long Days on the hills- Beverley McWade and Vanessa Peacock descending Thornhow End
Photo: Peter Hartley*

Wynn Cliff

Wynn Cliff was recently awarded associate membership of the Bob Graham 24 Hour Club. For the benefit of those who do not know Wynn I would like to explain the reason why she was honoured in this way: Over a period of many years she has helped a large number of men and women in their attempts on long distance challenges with a high degree of success. Wynn is a marvellous organiser and coordinator and always offers to help people, often with considerable personal sacrifice. She cooks great food and administers first aid when necessary (amputations and brain surgery optional). "Wynn's team" is already booked to support over half a dozen Bob Grahams. Paddy Buckleys, Joss Naylors and one Meirionnydd next year.

Yiannis Tridimas

CALENDAR UPDATE

First of all my, heartfelt apologies for not getting the Calendar out before Christmas. In my defence I have to say that circumstances rendered it a virtual impossibility and it wasn't due to idleness or lack of organisation on my part but, nevertheless, members and organisers have become used to receiving it in the middle of December and, to judge by the number of phone calls both Pete Bland and I received, a lot of you feel distraught without it.

I would like to give a particular apology to those organisers whose races fall early in January (or in Dave Woodhead's case, December 31st.) and have come to rely on the pre-Christmas Calendar for their publicity - as a practical compensation any race before the third weekend in January 2000 can have a free entry.

Another spin off of the frantic rush to achieve publication is that the proof-reading this year was EXTREMELY sketchy to put it mildly; hence I would appreciate it if any organiser who finds something, incorrect, however minor, in his/her race entry would give me a ring so I can put it right in good time for "THE MILLENIUM CALENDAR", which, hopefully, will appear when it should!!

I have had a desperate appeal for a clarification from Tony Hulme, generous soul that he is, who has already distributed innumerable pairs of his excellent "Bearfoot" socks to people who have phoned him with the answer to the question about the Calendar front cover. I omitted to mention that the prize was only applicable to the FIRST person with the correct answer - congratulations to Xavier Camembert of Milton Keynes Mountain Runners (I think I've got that right !) who was the first person with the right answer.

And now to the various additions/corrections, not all, I'm glad to say, down to me; they appear in chronological order after the first two, which are information corrections.

CALENDAR PAGE 74. The third category down in the "Teams" section should read "Men's Vets O50, not O60.

CALENDAR PAGES 72 & 74. In both the British and the English Championships the Ladies' Awards are

to the first THREE and not, as stated, to the first six.

SUN. 7 MARCH. BENSON KNOTT. This date and NOT 14th. March is the date for this race.

SUN. 7th. MARCH. NOON STONE. This entry is to reinforce the statement in the Calendar from the organiser that there should be NO TRAINING, other than on the public footpaths marked on the O.S. map, on this course and especially not on the sections over Heeley Hill and up to Coldwell Hill. If people ignore this request then the future of the race could be put in jeopardy.

SAT. 20 MARCH. WUTHERING HIKE. BL. 8.00 A.M. 33M/4400' FROM Haworth Community Centre (GR 033372). £16 per team of two. Limit of 400 teams. ER/NS/PM. Over 18 (16-18 years permitted if competing in a team with the other partner over 18). Records: 4.09 L. Thompson & G. Wilkinson 1997; f. 4.43 A. Mudge & M. Creber 1998; Mix. 4.34 A. Davies & H. Diamantides 1998. Details: Judith Benjamin, 27 Millholme Rise, Embsay, BD23 6NU. Tel: 01756 795344.

SUN. 28 MARCH. WREKIN. The organiser's phone number, which I have got wrong for two years running, is 01952 403926.

TUE. 20 APRIL. BUNNY RUN FOUR. To be held on this date, NOT Aug. 27th.

TUE. 27 APRIL. BUNNY RUN RELAY RACE. 7.30 p.m. 3x2.5m/250' from the Guide Inn, 1.5 miles south-east of Keighley at GR 065386 on OS Sheet 104. £4.50 per . team of three on night only. Junior teams welcome. Records: 40.03 Pudsey & Bramley 1997; f. 46.10 Pudsey & Bramley 1997. Individual fastest times: 13.07 G. Devine 1997; f. 14.43 A. Buckley 1997. Free butties at prizegiving after race. Details: Dave Woodhead, 166 Hainworth Wood Road, Keighley, W. Yorkshire, BD21 5DF. Tel: 01535 669100.

SAT. 15 MAY. SHINING TOR FELL RACE. For those of you who don't read the small print, I have been asked to emphasise that this race is the 1999 INTER-COUNTIES FELL RACE CHAMPIONSHIP EVENT; so now you definitely know !!

THU. 15 JULY. BULL HILL FELL RACE. BS. 7.15 p.m. 5.5m/830' from

Boardman's Farm (GR 759166); registration at the Wagon & Horses pub, ten minutes from the start. £2 on night only. Teams free. LK/PM. Over 17. Parking limited; please do not park on Hawkshaw Lane. Details: Alan Sumner, Lower Grainings, Hawkshaw Lane, Hawkshaw, Bolton, BL8 4LD. Tel: 01204 884799.

SAT. 17 JULY. MEAL AN-T SUIDHE AS 2.00 p.m.. 3.5m/1500' from Claggan Park, Fort William. £4 on day only. PM. Over 16. Records 27.48 A. Peace 1993; f. 35.56 A. Brand Barker 1993. Details: John Maitland, St. Monance, North Corran, Ardgour, near Fort William, PH33 7AA. Tel: 01855 841267.

SAT. 14 AUGUST. DWYGYFYLCHI. To be held on this date, NOT August 7th.

SAT. 21st AUGUST. BURNSALL CLASSIC. AS. 5.00 p.m. 1.5m/900' from Burnsall, Skipton, N. Yorkshire. £3 to organiser by 11th August. Teams free. PM. Over 18. Also junior race 12-18 years; from 4.15 p.m.; 1m/600'; £1.50. Records 12.48 J. Wild 1983; f. 16.34 C. Greenwood 1983. Village sports. 10 mile road race. Details JD Maxfield, Kings farm, Hartlington, Skipton, N. Yorks. BD23 5EE Tel: 01756 752866

SUN. 3 OCT. GREAT BUTSER HILL CHALLENGE. BS. 1.00 p.m. 4.5m/880' from Butser Hill, Queen Elizabeth Country Park, near Petersfield (GR SU718186). £4.50 (£5.50 u/a) to Race Secretary. Teams free. Over 15. Also junior race; 11-15 years, 1.5m., 12.15 p.m. Records: 27.45 T. Buckner; f. 34.04 M. Bradley. Details: Race Secretary, 85 Green Lane, Clanfield, Hants., PO8 0LG.

SAT/SUN. 30/31 OCT. KARRIMOR INTERNATIONAL MOUNTAIN MARATHON. This date and NOT the 23/24 October is the date for this event. The organiser's details are as follows - Jen Longbottom, KIMM, 17 Woodside, Haslingden, Rossendale, Lancashire, BB4 QQ. Tel: 01706 216612. Fax: 01706 230781. Mobile: 04104 13771. Email: jlongbo941@aol.com

SAT. 20 NOV. KIRKBYMOOR FELL RACE. This race is on the Saturday and not, as stupidly stated by me in the Calendar, on the Sunday. The distance has been revised from the eight miles given in the Calendar and the seven miles given on the registration form to a final, definite, unalterable SIX AND A HALF MILES.

News & Views...

Millennium Beer?

Dear Sir,

Through your magazine could we ask the membership for help regarding a matter close to their heart, beer drinking.

As you know the Auld Lang Syne fell race, on New Year's Eve has established itself for an enjoyable race route on Haworth Moor in the heart of Bronte land, free bottle of beer at the finish, great hospitality at the Old Sun Inn and a sensational prize giving. This year, the event becomes unique as it will be the last FELL RACE THIS CENTURY, and to mark this Briscoe Brewery is producing an exclusive one pint bottle of real ale for all finishers.

So a competition is on to find a name for the beer, and possibly a motif, logo or design for the label.

It can be witty, bizarre or serious, it's up to you. Other brewery productions have been Puddles & Barmy, Shanes Shamrock and the 1998 Auld Lang Syne saw 24 bottles of Woodies Willy Warmer handed out to category winners.

A superb prize is on offer to the winner, the design chosen will be printed and put into production along with the creator's name, even better he or she will receive 12 bottles of the unnamed beer at present.

Send your entries to Dave & Eileen Woodhead, 166 Hainworth Wood Road, Keighley BD21 5DF, West Yorkshire.

Closing date is the last day of July, and the only judge is brewery owner Paul Briscoe, an accomplished fell runner and brewer, his decision is final.

Dave & Eileen Woodhead

FANCY BEING IN THE 'FELL RUNNING 2000' BOOK?

The author Peter Yates needs information from all types of keen fell runners who would like to be considered for inclusion in his new book, 'Fell running 2000'.

Ideally he would like a type of runners cv.

Name, date, place of birth, when and where you started running, favourite races, career highs and lows, leisure interests and profession, personal notes - and "all sorts of stuff like that".

Don't be shy this is your chance to have your bit of fame, he's not just after the super stars, because fell running is a sport for all not just nobles, besides a book about the elite would be so BORING!

Send your information to Peter Yates, 26 All Saints View, Leeds LS26 8N6. Tel: 0113 2825290.

The Ron Hill Birthday Mile Rochdale - 25 Sept

Ron Hill, the marathon runner from Hyde, Cheshire, celebrated his 60th birthday by running his 2,000th race, a one mile road race last autumn in 5m 55s. Several contemporaries (from Manchester University) were present including John Whetton, a sub-four minute miler and the 1969 European 1500 metre champion, and Dick Batt.

For the man who became the first track and field athlete to create a brand name, this was another landmark in a long illustrious career combining textiles and sport.

A triply Olympian, Hill began at school in Accrington, Lancs in 1956, has run 115 marathons, 135,000 miles, travelled the World racing in 60 countries, and competed for Great Britain from 1962 to 1974. Hill graduated from 'the Tech' (now UMIST) with a first degree in Textile Chemistry in 1960 and was awarded a Doctorate in the summer of 1964. In 1970 at the peak of his athletic career he established Ron Hill Sports.

Honours bestowed on Hill include being the current President of the XXI Club (Manlin), Life Membership of Manchester University Cross country Club

LOCH ARKAIG

Near to the glens of Spean and Dessary I viewed the shores of Loch Arkaig and wondered at the silent passing of time.

I had thoughts to run high hills that day, to gain serrated ridge, and stand above myself, but I felt that I was not alone - here the silence of the glens gave cathedral sanctity, a powerful solemnity.

A sadness pervaded which I could not perceive; the march of time had left its mark. Two hundred years - and fifty more, ago had seen the desultory claim to English throne torn apart, and here rejection was the taste of bitterness.

I sat and watched the rippled surface release the breeze above the glen and circle grey summits forever there, witness to past glories, and to past defeats; unmoved they have claimed the past and perceptive minds may have a fleeting glimpse and feel that they are not alone.

Peter Travis

(and three other athletic clubs, Bolton U. & AC (1960-76), Steel City Striders and Keswick A.C.) and an Honorary Fellow of UMIST and the Bolton Institute.

Even today nearly three decades on he is still the ninth fastest British marathon runner, and the fastest over 40. He still travels widely for business and his sport having notched up races in 60 countries. He said, "I want to be the world's most travelled athlete. I will never stop running".

N. Shuttleworth



The start of the Ron Hill Mile Photo: Neil Shuttleworth

A Cracking Junior Fell Presentation

Dear Sir,

As a parent of two Horwich Harriers, who were fortunate enough to do well in this year's (1998) English Fell Championships, I would like to convey our thanks for the splendid presentation held in Skipton on November 1st. The whole event was extremely well organised and thoroughly enjoyed by all three of our children and the whole Horwich contingent. A lot of time and effort had obviously been put into the whole awards afternoon. The prizes presented were excellent, including the superb trophies which, I believe, were new this year. The idea of giving t-shirts to all the top ten in each age category was a really nice touch and what made the whole presentation more meaningful was to have Fell Running Celebrities take part in the awards. I know our daughter Laura had her t-shirt signed by Victoria Wilkinson, Sarah Rowell, Ian Holmes and Matthew Whitfield and it's such a treasured possession that it's got pride of place in her bedroom and she's wearing her brother's!

All in all the whole event and atmosphere was great. A lot of credit must go to Eileen and Dave Woodhead who must have put a lot of effort into making the presentation the huge success it was. Also thanks to anyone else who made it all possible and to the FRA for providing such special awards to be treasured by so many up and coming fell runners. Thanks to all concerned, it's great to see the future of the sport is being recognised and rewarded with such thought, time and effort.

Gareth Hughes (Horwich)

Thanks!

Dear Sir,

A line to express my utmost thanks to Eileen and Dave Woodhead for an excellent and well organised Junior presentation, action and fun for the kids from start to finish.

One thing that springs to mind that complimented the cups and medals presented, was the presentation of the "EXCLUSIVE T-SHIRT" commemorating the event, going as it did to the first 10 in each age category. This must be a treasured possession for all recipients, especially as in my son Luke's case he had the T-shirt signed by the presenting champions:- Victoria Wilkinson, Sarah Rowell, Ian Holmes and Matthew Whitfield.

Long may this generous "extra gift" continue.

Yours faithfully,

Bob Paget



U/14 boys champion James Peerless with Mark Buckingham and Chris Jone with celebrity guests at the junior 'do' Photo: Dave Woodhead

And Again!

Dear Sir,

In my capacity as Junior Captain of Horwich RMI Harriers and AC, I would like to pass on my thanks to all involved at the FRA for another excellent presentation afternoon in Skipton last year, and some fantastic trophies, medals and T-shirts. The new trophies are excellent and are a just reward for a year's work for the winners. The replacement of certificates, for the individuals in each age category, by T-shirts, made this also a deserving reward, and as one Horwich junior who finished 11th was heard to say as tenth place went for his T-shirt, "one more point and that would have been me, just wait till next year." Also the medals for the members of the winning teams was very well appreciated by the winners and parents were very impressed with these too. I hope this will long continue.

The junior section of the club has supported the English Fell Championship for a number of years now, but their rewards this year was second to none. I hope that your rewards for such a varied and extensive prize list will be an increase in the number of juniors competing in the Championship over the season. I will once again be trying to ensure a good Horwich turn out.

May I also take this opportunity to thank Dave Richardson for all his work in his role as English Junior Fell Championship Co-Ordinator, he will be missed. I'm sure he'll be out over the Summer watching the juniors and I'm sure all the readership wish him well.

Yours in sport,

Peter Ramsdale

Northern Ireland Fell Runners Association

1999 British Championship Medium Race

on 22 May

based in Newcastle, over the Donard - Commedagh Route (as used in 1997).

Route information:

Length: 11km (6.8 miles)

Height: 1015m (3300 feet)

Records:

Men: 64' 23" Ian Holmes

Women: 76' 41" Angela Mudge

Travel:

By fast ferry, on four routes from Holyhead or Stranraer to Dun Laoghaire, Belfast, Larne. On most routes there are special offers for 2, 3 or 5 day returns. By air, to Belfast City or international airports.

Accommodation:

A list will be available from March onwards.

Entry forms and further information from mid-March onwards:

Ian Taylor, 52 Bladon Drive, Belfast BT9 6JN.

Tel: 01232-280790 (h)

Email: IR.Taylor@ulst.ac.uk

Fell found on Hyde Park (Exclusive)

The select group of readers who do most of their midweek training on Hyde Park may be interested to know that there exists a small patch of tussocky fell-like terrain amongst the otherwise beautifully cropped grass of the park. A leaky water main (we hope) provides year-round water to an area approximately 100m square, soaking the ground and barring the groundsmen from proceeding with their mechanical maintenance. The result is an area of perpetually marshy ground and tussocks similar to those more usually encountered on the Lowe Alpine MM. The patch also sits on an area of moderate gradient for Hyde Park (about 2-4 degrees), so allowing any particularly dedicated mid-week fellrunner the possibility of short "hill reps", complete with wet feet. You will also impress your office mates with how you manage to get so muddy at lunchtime, even on dry days.

The until now closely-guarded secret location of this fell is as follows: 400m from Marble Arch on a bearing of 240° (runners taking this approach are recommended to look both ways before stepping out and to correct for the magnetic pull of the line of open-topped double-deckers at Speakers' Corner), 5-90m south of North Ride, just south of the "R" of "The Ring" on the London A-Z. It is hoped publication of this scoop does not unleash the floodgates on this limited resource. I propose naming this area Atkinspoon Fell after its illustrious discoverer.

Yours faithfully,
John Smallwood

15 Minutes of Fame?

Dear Sir,

A short documentary on the Long Mynd Valleys fell race 1998 was being shown at the FRA 'do' in November. I reviewed Dave Woodhead's copy and contacted London Television Service who made it (they make documentaries on UK life to send to TV companies abroad, apparently).

If anyone is interested in acquiring a copy for themselves, LTVS are offering two 'deal' prices, which are significantly below their normal charge. A one-off copy for someone who was part of the event would be £25.80, but an order of ten or more would bring the unit price down to £14. These prices include VAT and postage.

I don't want to oversell the video - here are the bald facts about it...

- the video contains 4 mini documentaries, on the following subjects: Lewis Carrol (8 mins), Greyhound racing (7 mins), Heathrow high speed rail link (5 mins) and Long Mynd race (7 mins)
- The documentary contains interviews with Mark Kinch, Jo Prowse, Lou Myers and Ian Holmes
- There are plenty of shots of the runners registering, at the start and running at various points of the course

Would anyone interested in buying a copy contact me. Depending on the numbers, I would either pass on the order details, or place a bulk order.
Chris Tomes, 01535 632856
(Email: chris.tomes@bbbs-group.co.uk).

Yours faithfully
Chris Tomes

FRA Relay

Dear Sir

I feel it's only right that credit should be given to Barry Johnson and all his helpers and sponsors for this year's FRA replay.

Everyone at Preston Harriers enjoyed their legs, and the way everything was laid out and how helpful C.F.R. were. We thought the race pack was very descriptive and the speed at which we received a set of results amazing.

It's clear a lot of time and hard work went into the event!

Yours faithfully

*Steven Bamber
Preston Harriers*

Freedom to Run!

Dear Sir,

We read the Secretary's Corner report on the Trespass Fell Run that we helped to organise with some incredulity. Supposedly "masterminded by two individuals who appear to have their own personal agenda (... neither are members of athletics clubs)" it sounded like some awful conspiracy masterminded (shades of evil genius) by outsiders (Reds under the Beds) who had some secret agenda (destruction of fell-racing as we know it today). The reality is much less interesting. The Trespass Fell Race was organised by a group of people who live openly in Sheffield, who fell-run regularly, who have all been members of Clubs for years and who even take part in and value many of the races that take place in the area every year.

Far from having our own agenda we have the same agenda as the Ramblers Association, the British Mountaineering Council, the Government and probably most fell-runners. It is that we should have the right to run and walk freely across uncultivated land where it isn't environmentally damaging. We were extremely clear about this in the leaflets we produced and in correspondence with Chris Knox of the FRA. It's a shame that the FRA don't feel able to subscribe to this policy - it rather leaves them out on a limb.

The route we chose was over an estate which prevents people running (or walking) over the Moors. It's centre-piece was Pike Lowe, a hill with an ancient burial ground (already excavated) at its Peak. It is a beautiful Moor with stunning views over the other 64 square miles from which we are banned. There is no good reason why we shouldn't run on this land



Will it be tags or tolls to be collected in the future? Photo: Dave Woodhead

(except we don't own a gun and don't want to pay £1000 a day).

Dark Peak and Penistone clubs are reported to have "distanced themselves" from the event. So we are particularly pleased to be able to congratulate Dark Peak runners for their success in gaining the first three places in the race.

The argument of the FRA is that an activity like this will harm the efforts of race organisers who have difficulty negotiating with landowners over races. We too would be very concerned if that was the effect. However there is no evidence at all that protest activities like this lead to less access or less amenable landowners. On the contrary, because they have a completely indefensible position, landowners tend to keep very quiet so as to avoid adverse publicity. The situation at the moment is that the Government is committed to legislating for the Freedom to Road but is naturally under very great pressure from the landowners to go back on this promise. The job of the FRA ought to be, alongside the Ramblers Association and the British Mountaineering Council, to ensure that pressure is maintained on the government from the other side.

Yours sincerely,

*Jon Cowley
Dick Williams*

FRA Secretary replies:

I simply put a few brief notes together to give our members the gist of a Committee discussion. The idea that I was suggesting a conspiracy is quite imaginative.

The constitutional role of the FRA is to look after the interests of fell running. While recognising that there are far too many no go areas in the UK, we must be careful not to jeopardise existing races. We think that in this case, the protest is about access generally rather than fell running in particular. Our members are free to take part in whatever campaigns they wish and I was just telling them that the FRA does not support this protest race.

On receipt of information, the FRA will do its best to resolve any difficulties facing fell runners. A few years ago we successfully challenged a North West Water proposal to charge 50p per head for racing over 'their' land. But I have to say that we have no reports from members, race organisers or clubs of any problems in the areas concerned. Incidentally, even over access land and rights of way, it is arguable whether there is a legal right to hold an actual race without the agreement of the landowner.

I have over the years joined in many access campaigns as a member of the Ramblers Association and a BMC affiliated climbing club. I guess this can be said of lots of our members.

Mike Rose

A New Look at The Championship: Simple Truth

Those with a more personal interest in the Championships than me may comment but whilst Mark Rigby's "A New Look at The Championship" made interesting reading (The Fellrunner: October 1998) it seems to me that the approach outlined remains flawed because one brilliant (or even lucky) performance could provide the winner of one race with a points advantage that would distort the whole race series.

Of course a time/performance system has merit and Skyrac AC use such an approach (calculated to the second) for its "Best 5 from 10 Races" Annual Handicap Championship, with the resulting problem that runners do not know how they are doing during each race, or even after it, until all the results are in and the calculators are out.

Fellrunning is not the Decathlon and a position/points system that approximates to "the runner in front is beating me" has the great merit of simplicity which is, as Shakespeare wrote, "simple truth".

Yours faithfully,

Graham Breeze

A Question of Status?

Dear Sir

If you watched the Sports Personality of the Year back in December you will have seen Michael Owen win the competition. On behalf of the Mens and Womens English Champions I wrote to the BBC asking if Ian and Angela could be invited to the Awards Ceremony. A copy of the BBC'S response follows.

I feel that part of this was due to the fact that in 1998 we had both the Commonwealth and European Games. I can confirm that I will try again this year and I would urge all members to vote for our English Champions. This will give them credibility and recognition. I hope to provide you with further information in the October magazine.

Richard Day, Chairman

Dear Mr Day,

Thank you for your recent letter about Ian Holmes and Angela Brand Barker and please pass on our congratulations to them.

I appreciate your wish that their achievements are included in the BBC Sports Review of the Year and that they receive invitations to the programme. However, I hope that you can appreciate that we have many claims for the limited air-time available and on places in the studio audience. It has, as always, been a very busy sporting year and it will even be difficult to do justice to the sports which have made a significant impact on the sporting life of the nation. The whole programme is a massive exercise in précis and inevitably we have to draw the line somewhere. Therefore I regret that we will not have the space to feature Fell Running or have the champions present on the night.

I am sorry to disappoint you.

Best wishes

*Dave Gordon
Executive Editor,
Sports Review of the Year '98*

Mountain Trial Secure

Dear Sir,

I write on behalf of the Lake District Mountain Trial Association concerning sponsorship of the Mountain Trial. The success of this year's trial owes a lot to the hospitality and very generous financial help from The Wasdale Head Inn (they provided all the food free); and to the support of Ken Ledward Equipment Testing Services (for the maps) and of Silva UK for most of the prizes. Our sincere thanks to all these sponsors and also to Chris Brasher who provided prizes for the new Open Trial.

We are now pleased to let all fellrunners know that for the next three years the principal sponsor of the Mountain Trial will be The Climbers' Shop, Ambleside. KLETS with Harvey Map Services have agreed to provide the maps, and Silva UK to finance prizes as before.

We are going to run an Open Trial again in 1999, and Chris Brasher has agreed to provide the prizes for this.

It's good to know that the Mountain Trial has a secure future up to its 50th anniversary in 2001.

Yours faithfully,

*John Lagoe
Chairman, Lake District Mountain Trial Association*

Vote with your Feet

Dear Sir,

In "Bit at the Front" in *The Fellrunner* for October 1998 you raised the issue (previously tested in the June 1997 issue) of publishing extensive race results, particularly of the "not-quite-a-fell-race" variety.

From discussion in the Skyrac clubhouse I conclude that "Results " Reports" (News & Views and "Secretary's Corner") remain the heart of the journal, are looked at by every FRA member and so should continue to be published as at present.

Since results follow events, your questioning the "purity" of what constitutes a fell race prompts an examination of The Calendar and of the 409 events listed in the 1998 edition about 80% of the results appeared in *The Fellrunner*.

The increasing bulk of The Calendar was raised by Dave Jones in the 1998 edition and his view was that the provision of choice was a good thing. After all, events are not compulsory and inclusion is just a form of advertising.

I believe that the marginal races listed in The Calendar can be useful learning events for ex-road runners moving on to the fells and also "fun" events for those who have already mastered the Ennerdale, etc.

However, if there are too many races I suggest that the "virtuous circle" (FRA members read The Calendar - Choose which races to compete in - Read reports in *The Fellrunner* - Seek out/Avoid that event in the next Calendar) will ultimately determine a natural level and where, as happened on 29th August 1998, twelve races are mounted then fellrunners will choose which to support and those with less appeal, for whatever reason, will fade away.

Surely choice, ie fellrunners voting with their feet, is preferable to strict criteria, quotas, elitism ... none of which are compatible with the joie de vivre of fellrunning?

Yours sincerely
Graham Breeze

Mugs or Pots?

Dear Sir,

Recently I entered a well known fell race where it had been the custom and practice for a memento to be given to all runners - great and small. These mementos are treasured and sometimes never used e.g. mugs, t-shirts etc. Unfortunately, the race committee had this year made the decision to award the winners with "proper" prizes and these were distributed with the customary aplomb.

My question to fellow readers and 'also rans' like myself who never feature in the prizes is should fell running be supporting the growing trend for professionalism and pot hunters or should our tradition of sharing success amongst the field be heralded as one of our 'core' values?

This is not to detract from the superb achievement of anyone who wins a race, or is in the top ranking positions, but to recall that without the support of the 'also rans' who dedicate their time and pain to compete in the event - there would be no race at all!

I would welcome other people's views upon the subject.

In support of sport

Rick Robson

Belated Congratulations

Dear Sir,

May I offer belated congratulations to Borrowdale Fellrunners, to Keswick A.C. and to Miles Jessop of The Scafell Hotel, Rosthwaite on 25 glorious years of The Borrowdale Fell Race; consistently one of the best events in every respect.

Yours faithfully,

Edwin Coope
(*Horwich RMI Harriers*)

Skiddaw Fell Race

Dear Sir,

FRA members may have noted from the 1999 Handbook and Fixtures Calendar that, for the first time, the event is to be organised by Keswick A.C.

The race, as we know it, was first organised by the Lake District Mountain Trial Association in 1974 under the direction of Des Oliver of Otanah, Thirlmere who continued in this role, supported by Mike Pearson of Keswick as Race Secretary from 1980, until 1994 when Mike became overall organiser. At the same time Keswick A.C. offered to take joint responsibility for promoting the event and this has led to the current situation whereby Keswick A.C. have taken over total responsibility.

May I place on record the thanks of the LDMTA, particularly to Des Oliver and to Mike Pearson, and latterly to Keswick A.C., and to all those who have supported the event over the years.

May I also wish Keswick A.C. continued success and remind runners that Kenny Stuart's record of 62.18 has stood since 1984 and that Sarah Rowell's record of 73.29 has stood since 1989. The magical hour remains to be broken!

Yours faithfully,

Edwin Coope
(*General Secretary LDMTA*)

Noonstone Verboten!

Dear Sir,

We have heard a lot in recent years about problems with access to the fells, but I know that all over the country there are excellent examples of co-operation and goodwill between runners and land owners. Here in Todmorden the existence of races such as the Shepherd's Skyline, the Noonstone (English Championship Race 1999), the Stoodley Pike Race and the Flower Scar depends very much upon just this sort of co-operation.

In the case of the Noonstone the greater part of the route is not run on public footpaths, and so we think it is reasonable to say to runners: PLEASE DO NOT TRAIN OVER THE NOONSTONE COURSE.

Yours faithfully
Derek Donohue,
Secretary, Todmorden Harriers



Todmorden's Jon Wright on the 'wall' at the Boulsworth finish
Photo: Peter Hartley

INTERNATIONAL TEENAGER GAMES 1998

Black Forest, Germany

On behalf of the lads (who can't be bothered to write) and us (the girls) we would like to thank the lottery for funding the trip this year.

Unlike last year we were able to fly to Germany. This made the trip a lot pleasanter and exciting as we were able to go to the opening ceremony and travel in comfort as well as having much better accommodation than last year, including a swimming pool. One highlight of the trip was having our own private spice boys to accompany us. Let us introduce them: Pansy (Adam Sutton, known for his slick, gel, back combed hair), Goldie (Stephen Savage, do we need to say why?) and Posh (Andrew Symmonds, just listen to him speak). At first glance we saw three innocent people but after going back to our apartments on the last night like three drowned rats (due to being subject to several buckets of water thrown over someone's balcony, we wonder whose!) our opinions soon changed.



British champions at Tweedsmuir. L-R Kate Bailey, Sarah Gatford, Laura Hughes, Victoria Rusius

photo Norman Matthews

The race proved to be a success with Kate winning the race and Sarah, her age group. With chatterboxes help we managed to bring the winning trophy home. The Spice Boys, who came second, with Adam second overall and excellent support from Stephen and Andrew, could not cope with being one down on the girls. So on the Sunday they made it even as they won the relay race and we fought strongly to finish just behind the Moldavian team.

Sarah's accurate shot almost caused Goldie to be "savaged" by a dog.

On a final note we would like to thank Pete, Ann and Norman who made the trip a success and an experience to remember. They also created an excellent team spirit that enabled us all to become good friends, even though the boys did decide that a water fight would be a good idea on the last night! We would also like to thank anyone who helped to fund the trip including Pete who supplied the England track suit.

- Kate, Sarah, Victoria



Other Juniors in Action

Top : The Charlotte Slater Memorial Kellbrook Fell Race attracts a large field - this is just the junior start. Photo - Peter Hartley.

Bottom : Adam Crosland finishes second in the World Trophy. Photo - Wendy Dodds Below: Winter woolies the order of the day for juniors at The Stoop (Peter Hartley) while (right) a young Horwich runner found sunshine at the Three Shires. Photo - Steve Bateson



Junior-Round-up

By the time you read this Dave Richardson will have hung up his Junior Co-ordinators blazer and returning to the relaxing life of a non-member of the FRA committee. Readers of the last issue will know that Dave has after 10 years dedicated work for the Junior section of our sport has many other things on his plate and asked if there was anyone out there to take over.

Having volunteered to take over the role I also get the job of writing this column. For those of you that don't know me I live in the Dales and run around them quite a bit. I have been involved in coaching young athletes on the fells and over the country for nine years now and probably my greatest success (racing or coaching) was to introduce Charlotte Sanderson to the sport. I used to race on the fells in the dim and distant past but the less said about that the better. If you see me pull on a vest to race these days it is usually an act of recklessness.

Dave presided over the Juniors during a successful period in terms of increased structure to the life of a Junior Fell runner including Junior squad sessions and training weekends, the introduction of the Junior Do, and international successes not least a Junior World Champion in the shape of Victoria Wilkinson. I am sure that when you see him around you will want to say thanks to him for all of his hard work.

This years Junior and Intermediate Championship qualifiers will be held at the following races:

- Wrekin
- West Nab
(also Yorkshire Championships)
- Dodd Fell
- Settle Hills
- Latrigg
- Sedbergh Hills

The keener of you will have spotted the clash between the trial for the Black Forest Teenager Games (Latrigg) on the same day as Dodd Fell. The trial has been moved and will now be held over the same course on Sunday 13th June.

As in previous years the final score will be calculated from the best 4 results from the six races series. The U18 girls can breathe a sigh of relief as their race at the Wrekin will not be over the senior

course as last year but a modified and shorter route. For the first time the Intermediate Championship races will also take place at all of the same venues. These will be held in conjunction with the senior races where the distances are suitable but at the Sedbergh Hills round it will be over the U18 course.

As this magazine only goes to members of the FRA the chance of many of the junior fell running fraternity actually reading this in their own copy of the magazine is quite small. Last year there were only 46 junior and intermediate members of the FRA and I really would like to increase membership this year - the more of you there are in the membership, then the louder I can shout on your behalf. For future years I hope there will be a different structure to the subscription system so that it is more favourable towards juniors. There should be a membership stall at all of the junior championship races so that you can join on the day (mum & dad can sign up, too).

There was an excellent turnout for the Junior 'Do' at the Hanover International Hotel in Skipton and on behalf of everyone there can I say enormous thank you to Dave and Eileen Woodhead who are energetic beyond belief in their organisation. Prizes were awarded by Sarah Rowell, Ian Holmes, and a couple of (more) recent Juniors who have gone on to represent the country at senior level this year, Matt Whitfield and Victoria Wilkinson. There was a full set of sparkling medals and trophies for all of the age groups (many thanks to the FRA committee for the money spent on these) and thanks to Dave for organising the introduction of special t-shirts for everyone who placed in the first ten in each of the age groups. There will be more of these next year so keep training. Loads of photographs from the previous season's races were on display and available to take away at the end of the afternoon. Lots of food, massive sounds from the stereo, some bizarre balloons that defy description and videos from previous years' international races. All in all an impressive afternoon.

As a follow up to last years junior elite squad day at Sedbergh, Norman

Matthews has attracted some very generous funding from the Three Peaks Race Association to hold another. This will be on the 20th and 21st of March and is normally reserved for the leading contenders in the English Championships and especially hopefuls for the World Trophy which will be held in Malaysia. This years race will be of the 'up and down' variety so it should give those of you who are better descenders a chance this time around. Well known to some of our senior runners, it will be another exotic location for the U20 representatives to travel to.

For the high-fliers amongst you there is a much greater opportunity to win an English vest this year. The Knockdhu Classic, held in County Antrim will have a separate junior women's race this year so that the better juniors will not have to compete alongside the senior women for a place in the team.

The British Junior Home Internationals will have new age groups this year. The event at Cavehill, Belfast on October 10th will have races for U18 and U16 teams for both boys and girls, so there should be lots of new internationals on the scene by the end of the year. It should be an exciting year for junior fell running so please get along to as many of the races in the calendar as you can, it could be you in an international vest at the end of the year.

Please introduce yourselves to me at any of the races. If you have any ideas I am always willing to listen, especially to good ones!



Mark Bridge, Hyndburn at The Stoop
Photo: Dave Woodhead

Calculating Championship Performances - Howard J. Grubb

Mark Rigby's article in the October issue of *the Fellrunner* magazine was most interesting and highlighted some important issues in scoring championship performances. Firstly, I would like to support his suggestion for a system which better reflects actual performances, instead of just race rankings, and is less susceptible to variation in the field of runners. Also, I would like to add some (technical) thoughts on the proposed system which I hope may make it easier to use, as well as more robust.

Essentially what we need is a summary of the races which is consistent between races - if the races were over exactly the same course (hardly a good model for a championship, but it illustrates the problem), then a simple summary would be the runner's times from each race and hence the winner overall might have the smallest total time. Using rankings from each race is in some ways equivalent, although less sensitive, since winning margins are ignored and one-off-racers (to use Mark's terminology) can push contenders down unfairly.

While ranks account for different length races, times do not and would clearly be biased towards the longer races. What we want to do then, is to normalise the times, so that they are more comparable between races - i.e. we seek a measure of each race which is consistent. For races on the road, we might use the distance, although this has its problems, since longer races are necessarily slower. For races on the fells, we might use some measure derived from the distance and the ascent, although this doesn't take account of all of the conditions in the race (as an aside these do give quite a good prediction of course records for Scottish hill races).

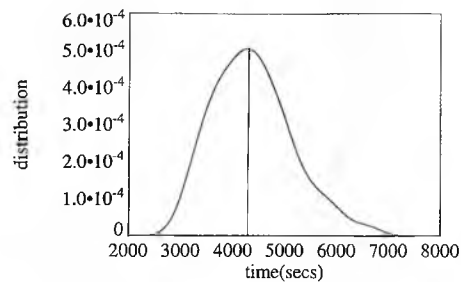
A better measure is derived from the actual results on the day. One benchmark might be the winning time, which seems sensible, although it does assume that the winners of each race are equally good - as does the use of ranks of course. Mark's suggestion of using the mean finishing time is a sound idea, since this only relies upon the field in general being comparable between races, which is more reasonable.

The median (the middle time) would be a better summary and is simpler to calculate - in a race of 99 runners, it is the time of the 50th finisher, in a race of 100 runners, it is the average of the 50th

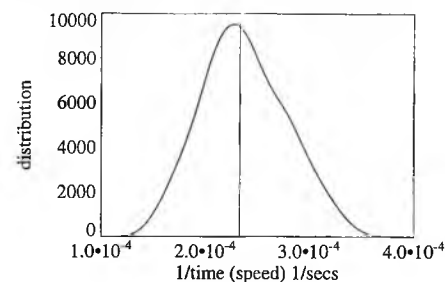
and 51st times - and is less affected by very slow or very fast performances (though of course the very fast will receive a score which reflects their achievement). Mark's calculation of the championship results changes slightly with medians, which are in general lower than the mean times - for Buttermere the median time is 7221s against a mean of 7322s.

Can we look at this a little more to check that it is sensible? I have looked at the distribution of times in the Carnethy race in the Pentlands in 1998 (since these results were available electronically). Figure (a) shows the distribution of times in this race - high values show that more people were finishing in these times. This shows that most people took about 4300 seconds, while the winner (John Brooks) took 2901 seconds.

(a) Carnethy 1998, time



(b) Carnethy 1998, 1/time



Looking a little more closely, we see that the 'tail' of this distribution is quite long on the right - i.e. slow people take considerably longer, which agrees with what we all know - it is harder to make up time when you are already running fast, than when you are running slowly. This is the key to making sense of these numbers - instead of time we look at 1/time - a slightly odd measure, but it is simply proportional to speed, without the distance in the formula. Figure (b) shows that this is much more symmetric - i.e. differences in speed are equally

hard at the front (right) and the back (left) of the race, although of course these differences have a bigger effect on the time at the back. This says that the distribution of speeds in a race follows approximately a Normal distribution, indicating that there is a good spread of different abilities, with more people running close to the average speed. This is as we might expect, whereas the times suggest that the field is biased towards fast runners (low times in Figure (a)), which seems unlikely.

My suggestion then is to use the median(1/time) as the measure of average speed of a race - i.e. each runner's(1/time) is divided by this, or more simply, the median(time) is divided by the runner's(time) (since median(1/time)=1/median(time), which is not quite true for the average) - i.e. for this race, the winner ran at 4300/2901=148% of the median speed. The winning lady (Angela Mudge) ran at 4300/3456=124% of the median speed (note that there are too few women to get a reliable estimate of their distribution of speeds, but nevertheless we can compare their performances using the whole field, as that is simply a measure of the difficulty of the race).

To summarise then, a robust and simple way of calculating championship performances in races of different distances, is to divide the median (middle of the field) time by the time for any given athlete.

Assuming that similar quality fields (on average) are running each race (reasonable for championship races), this gives a sound measure, which can be compared between races and added up to calculate championship placings (bigger is better). It is not influenced by the distance of races, or by lots of one-off-racers, unless there are enough to influence the median, and it rewards large winning margins (but not simply winning, as the current rankings do, except that the winner of course has the highest score). Doing the calculation this way (in terms of speed) also uses a better distribution (this result holds in several large road races, cross-country and other fell races) of which the median is a good summary. The median(time) is also a simple measure which allows all runners to measure their performances between races - median (time)/my(time) - regardless of whether they are near the 150% mark.

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FRA FELLRUNNING & NAVIGATION COURSE

25 - 27 SEPTEMBER 1998: ELTERWATER

The 'phone was ringing when I arrived home at 9.30pm, Sunday 27 September following a successful fellrunning course which I helped organise. As usual my arms were laden with bags, paperwork, maps and sweaty festering runners things that had heaped in the foot well of the car having accumulated throughout this wet spring and summer. Everything dropped to the floor in a haste to beat the answerphone.

It was Nigel from Dumfriesshire who had been on the course. Could he book two places for next year's course and there may be a third person. Would we accept bookings for juniors? Three bookings for next year's event already.

Despite forecasts of bad weather Elterwater was bathed in sunshine over the weekend of 25 - 27 September when 30 people came together from the length and breadth of Britain to pick the brains of 8 excellent and well-known fellrunners and orienteers who had volunteered their time to take people out onto the fells to oversee their progress on aspects of fellrunning, map reading and compass work.

After a disastrous Saunders where I was left blind to my 1:40,000 map of Borrowdale after my glasses were blown off then trodden on by an over keen fellrunner early on in the event I felt the need of reassurance that declining sight did not mean an end to life, the universe and mountain marathons. Perhaps the talk on equipment might give details about easily carried magnifying glasses. I couldn't be the only person with this problem.

John Gibbison, the course Director, said that Derek Radcliffe had volunteered time on the Saturday to assist the event. I had seen this dream on legs in action 1 June when he won the Duddon Valley Long Fell Race. (That was the HOT day of this spring and summer). Also Peter Knott, previous organiser of the Karrimor MM, had agreed to instruct this year. He provided valuable advice on hypothermia and hyperthermia, how to recognise symptoms and treat. Most important was advice on how to prevent these conditions occurring.

At the eleventh hour Richard Lamb was coerced by John to come for the weekend. Richard is extremely kind and patient. During a pre breakfast run he ran partway

with me uphill and gave valuable advice on breathing for uphill running. I have since put his advice into practice. Although I have been training hard to improve my race times his advice certainly helped in my latest 26 mile race when I shaved 13 minutes off my PB time for that distance over a tough course. Steve Batley had also agreed to give his time despite having organised and run his own navigation course for the FRA at Kettlewell earlier this year.

Wendy Dodds arrived early Saturday morning to take a group out onto the fells. She not only provided proven advice on lightweight effective equipment and clothing for mountain marathons but was able to give a practical demonstration on how to remove a tick properly, using as a model one tick lodged deeply into the pubic hairs of a nameless male participant - (who found himself surrounded by 15 women with Wendy flourishing her tick remover.) Tick removers can be obtained from your local Vet.

What I enjoy most about organising this course is putting faces to the people I have spoken and/or written to over the year. Stephen Goulding had travelled from Wiltshire and had spent the previous week on holiday in the Lake District with his wife. He had run the Three Shires Fell Race on 19 September where he was positioned 12th. What motivated him to attend the course was when earlier this year he found himself in mist on a fell race and he realised from the slope of the ground that his position was precarious. At the time he sensed that he was in extreme danger. When, for a moment the mist cleared, he was horrified to find himself on the edge of a cliff.

Lynda, Irene, Elaine, Annie, Brenda, Freda, Christine, David and Brian, a group from Blackburn Road Runners provided inspiration and motivation for me with their determination and enthusiasm to enter relay fell races. I hope they fare well in the Ian Hodgson. Most of the group had already attended the Kettlewell Experience at Easter but wanted to also see what Elterwater could offer in view of their impending race in the Lake District. They all remarked on the difference between the stone walled moorland Dales hills of Yorkshire and, as Lynda put it, "Death by knolls", in the Lake District.

On the Friday evening John Gibbison explained map-reading, use of a compass,

bearings etc with the other helpers. Most of Saturday was spent on the fells where theory discussed on the Friday evening was put into practice before returning to the hostel to prepare for the night exercise, finding certain checkpoints in the dark.

Night was black, star-studded and moonless. On such a night as that everyone had to trust and use the compass. The next morning everyone returned to see where the night event had been, and given the opportunity to see where they had fought and struggled with ferns, bogs and knolls and compare the lie of the land against the mapped area. 3 errors were found on the map.

The final event, the Silver Howe Chase, was designed as a mini Karrimor. This event brought together everything discussed, practised and learned over the weekend. It was non-competitive, a taster of MM conditions. Everyone was given the opportunity to race and find checkpoints on their own, but help was there only when needed. I checked people out and saw them in - and by their faces everyone felt the excitement of the chase.

Nick Owen, Warden of Elterwater Youth Hostel where the course was held, allowed us to use the facilities of the Hostel for the whole period leaving it open for us until we left on Sunday evening. Elterwater Youth Hostel is a beautiful old building, like an old farmhouse with a large kitchen for those who prefer to cater for themselves.

For those who didn't want to cater for themselves the food the Hostel prepared was good, especially after a day out on the fells, brain heavy with valuable and needed information and a night event to look forward to.

The weekend is filled with enthusiasm from people such as Norman Copeland and the other Lostock Harriers who came this year, Blackburn Road Runners and all those other runners who want to run in fell races and feel confident that should the mists come down, darkness fall or be unfortunate enough to get lost they would be in a position to know what to do.

Anyone wanting details about 1999 courses please write to me at 99 Harewood Road, Harrogate, HG3 2TJ. A SAE would be greatly appreciated.

Lyn Eden

Access - The freedom to run

There's a national debate about access that's passing us by. Where we are allowed to run and race is an issue that affects us every time we pull on our running shoes. Access in some parts of the country is good, but there remain huge areas of mountain and moorland that are closed to us. Organisations like the Ramblers Association have been active for some time in campaigning for improved access, but there has been strong opposition to this from some landowners. There's talk of legislation to improve access but nothing will happen unless the government has support from the public. In this debate fell runners should be an interested party, yet we've been strangely silent. I hope reading this article will spur you on to discuss this issue, and more importantly to do something about it.

I've written briefly about the Right To Roam and also asked runners in other parts of the country to say what they think. There has been some news recently (November 1998), of progress towards Right To Roam legislation. I still urge you to support this campaign until a law has actually been passed. Proposed legislation has a habit of being watered down and I for one, want to make sure we do end up with significantly improved access.

Bob Berzins
Sheffield.
ph 0114 2668415

The Right To Roam

You may have seen some publicity about "the right to roam" and wondered what's this got to do with fell running?

If you read on, I'll try to explain why this an important issue that affects all runners, an issue that's worth a bit of your attention. All the land in this country is owned by someone and we can only have access via a public footpath, or with the landowners permission, usually through an access agreement. There is no special status for the hills we run over, and many landowners refuse their permission. The access situation is much better in some parts of the country than others but even in the Lake District for example there have been some worries. Remember the privatisation of the Water Companies, everyone throughout the country wondered if the newly privatised companies would withdraw their access agreements, with the possibility of races like Ennerdale being cancelled.

There are over 60 square miles of high moorland in the Sheffield area alone where we're not allowed to be there at all, never mind run a race. The principle of



Don't lie down on the job....

following a footpath through farmland, getting to the fell gate and being able to choose your own route to the top of a hill just doesn't apply around here. Step off the footpath and you risk the wrath of a gun toting gamekeeper. And there's very few public footpaths anyway.

So what is the "right to roam"? Well this is where it gets political. Many Labour MP's believe there should be a statutory right of access to mountains and moorland, which would give everyone the right to walk or run over the upland areas

of our country. A new law would need to be passed to give people this right. So what's happened so far? Some landowners have always had very strong objections to public access on their land, but more recently, landowners and other country folk joined together to object to these and other government proposals (you may remember the march in London). The government backed down from introducing legislation straight away and instead introduced a two year consultation period, where landowners were invited to come up with voluntary access agreements.

The Countryside Landowners Association (CLA) was given £70,000 to make this happen and 15 months later the only increased access was 20 acres in Norfolk. Many groups who have taken an interest in access are sceptical of ever seeing any significant improvements from the landowners and believe the only way to see any lasting benefits is to ensure that we do have a "right to roam" law.

Although a group of MP's want to see "right to roam" legislation, the law will only be changed if there is public demand. The Ramblers have been actively involved in campaigning for a "right to roam" and I think we've got them to thank for this still being a live issue and one which receives regular publicity.

So what do you think? Would you like to see a statutory right of access to the hills and if so are you happy to leave it to someone else to make it happen. There is a very real danger that if we don't make our voices heard this legislation will not occur. →



*...leap into action! Mike Rose marshallling (3 Shires),
Chris Robinson leaping (Jan Hodgson Relays)
Photos: Steve Bateson*

What about Races?

Many runners I've talked to are worried that even discussing the right to roam will upset landowners who will withdraw permission for races. If you are worried about this, you can still support the right to roam as an individual, remember this is a national campaign. I know some race organisers have spent years building up relationships with landowners and we all enjoy these races, but a landowner can withdraw permission at any time he likes, he doesn't even have to give us a reason. Where we do have an established race, just because we've entered a debate on improved access in general, this doesn't turn us into irresponsible land users. The right to roam doesn't mean kicking down walls and fences and I'm sure any reasonable landowner would appreciate this.

What can you do?

We need to let our MP's know what we think.

- The best thing to do is to write in your own words or ask for a meeting with your local MP. Otherwise you can sign the form below and send it to your MP. Your local library can tell you the name of your MP and the address of his local constituency office, or you can send it to the MP c/o The House of Commons (address below).
- Discuss the issue in your club and ask your club committee to approach your local MP with your support
- Ask the FRA to develop a policy and get involved in the campaign

To:
 (MP's name)
 Westminster Office, House of
 Commons, London, SW1A 0AA.
 Member of Parliament for

THE RIGHT TO ROAM

I believe the Government should introduce a statutory right of access to mountains and moorland.

Please raise this issue with the Secretary of State for the Environment.

Signed

Name

Address

.....

.....

.....

ACCESS IN BOWLAND

At the very outset of this article I must confess to possessing double standards on the subject. On the one hand it would be a great sense of 'relief' to think that from any point on an open moorland road I could 'trot off' into the vast wilderness that is Bowland, safe in the knowledge that nobody had any legitimate grounds on which they could challenge my presence. On the other hand, comforting myself with the fact that my actions are not criminal, (I am informed that trespass is a civil matter) and having spent many years ascertaining those points of access, to the fells, which are not easily detected, I gain great satisfaction from being able to spend a 12 hour day on the Bowland tops without seeing any trace (other than the work of wall and fence builders) of another human being. No litter, no cairns, no eroded footpaths, no 'repaired' footpaths. Just 'virgin' moorland, gritstone outcrops and 16 trig. columns above 1000' altitude.

It would be totally erroneous to suggest that the public is denied access to all the fells of Bowland. There are some public footpaths, some 'access areas', an 'access strip' and an increasing number of 'concessionary footpaths', notably on the North West Water property, which forms the southern flank of the watershed. Are these concessionary paths a result of 'caving in' to those who are prepared to trespass, or should the trespassers feel guilty of their actions in the light of such concessions??

Analysing the access situation at each of the 16 x 1000+' O.S. trig. columns will give a reasonable, but nonetheless incomplete, overview of the situation. Starting in the N.W and working counter clockwise in a logical 'round':-

1. Clougha Pike (1,355'), was historically served by the only public footpath on this area of the fells. Now at the 'hub' of the Clougha Pike Access Area which covers the northern flank of the fell down to the headwaters of the River Conder, the western flank down to the enclosed land at the foot of Birk Bank (large car park), the southern flank to the Trough of Bowland road and the east 'ridge' up to the summit of Grit Fell (1,500') with a large car park at Jubilee Tower where the Grit Fell fence abuts the Trough road. Large car park to the north (Baines Crag) with footpaths linking to the access area. Access is often revoked during the grouse shooting season, and during dry spells when there is risk of fire. This does not affect the public F.P. from Quernmore via Rowten

Brook. Western flanks are traversed by the Darrens Jones Memorial Clougha Pike Fell Race. (Grosvenor Estates - Duke of Westminster).

A quick anecdote:- The fell access was revoked from the end of April during the exceptionally dry Spring of 1984. At Quernmore Sports Field (3rd Saturday in May), Harry Ball, then Clougha Pike Fell Race organiser, was instilling in those assembled on the start line that a special concession had been granted for the running of the race. One wag on the start line queried, "Does that mean I can't have a fag on the climb?"

- 2.& 3. Ward's Stone, 2 trigs (1,837' & 1,841'), gained by 12 metre wide, eroded access strip from Grit Fell. Strip continues east along a curving ridge, then swings south to follow the headwaters of an infant River Wyre before meeting the roadhead at Tarnbrook hamlet, very limited parking. (Grosvenor Estates)
4. Wolfhole Crag (1,729'). Where the access strip leaves the ridge/fence a concessionary F.P. continues along the ridge over a crossfence to this trig. This same path continues down the N.E. flank to abut Hornby Road, a fell track with B.O.A.T. (Byeway Open to All Traffic) status. Returning down the west flank of the Crag to the crossfence, another concessionary F.P. follows this fence down over Brennand Great Hill to Miller's House, where a stile crosses the wall and the path heads west to abut the high point of the public F.P. from Wyresdale Tower Lodge to Tarnbrook. (NWW & Grosvenor Estates)
5. Whins Brow (1,562'). No public access. A public F.P. (Trough Barn to Brennand Farm) crosses a col on the east ridge. (NWW). Private signs on the western flank. (Grosvenor Estates)
6. Hawthornthwaite Fell Top (1,568'). No public access. The northern flank is protected by a veritable legion of 'PRIVATE' signs which stand virtually shoulder to shoulder along the Trough to Scorton road. (Grosvenor Estates).
7. Hazelhurst Fell (1,407'). Remote from any direct road access, although adjacent to (north west of) the footpath over Fiendsdale Head stile (as used by Bowland Fiendsdale racers). Part of the Bleasedale Estate which makes its desire for privacy known at all opportunities.

cont'd →

8. Fairsnape Fell (1,673'). At the hub of the Parlick Pike / Fairsnape Fell / Wolf Fell access area (will be familiar to Fiendsdale and Paddy's Pole racers). Restricted car parking @ Fell Foot..
9. Totridge Fell (1,627'). From checkpoint 2 on the Fiendsdale race route, a concessionary F.P. now follows the fence / ridge E. then N.E. to Totridge and continues down to about the public F.P. from Hareden to Chipping at its high point on the col. Used by the Hodder Valley fell-race when run from Dunsop Bridge (NWW?)
10. Spire Hill (Longridge Fell) (1,148'). Detached to the south of the main Bowland massif. Well served by a network of public and concessionary F.P.s, some of which are very peaty and eroded, others have undergone hurried and obvious 'repair'.
11. Waddington Fell (1,296'). Again detached from the main of Bowland, N.E. of Longridge Fell. No public access to the top of the fell. This pretty little 'top' is in danger of being 'hauled away' by the 8 wheeled tippers of Waddington Fell Sand Quarry. Walloper Well (of the 'Whizz') close to the quarry entrance.
12. Burn Fell (1,414'). No public access, although no evidence of 'private' signs. A public F.P. crosses a col (Dunsop Head) on the northern ridge. (NWW).
13. White Hill (1,785') No public access. Obvious approaches are from the high point of the Slaidburn to Bentham road (Cross of Greet) or the Hornby Road track. Some 'private' signs in evidence along the road to the north of the Cross of Greet.
14. Bowland Knotts (1,411'). No public access. Adjacent to (west of) the high point of the Bolton by Bowland to Clapham road. 'Private' 'Keep Out' etc. scrawled in white paint on roadside boulders!!
15. Burn Moor (1,319'). No public access. Some 'private' signs in evidence. The Bentham Gala 10 contours low on the northern flank.
16. Caton Moor (1,184'). No public access, although no evidence of 'private' signs. A public footpath skirts low on the eastern flank from Winder Farm to Thornbush Farm. Wray Caton Moor fell-race uses the N.E. flank. Western flank is now a wind farm.

Bob Berzins asks why fell runners are not as active as say the Ramblers Association in campaigning for 'right to roam' or similar access agreements. It is not that fell runners are apathetic on the issue. I

believe the answer lies in the following rationale.

Any game keeper / estate manager worth his salt and with some 'fell miles' in his legs should be capable of catching and confronting a group of rambles / back-packers, who usually walk in relatively large or family groups of varying ability at the pace of the slowest group member.

Fell runners only congregate in large numbers at races, for which prior permission has been sought from the land-owners. I can't recall ever going out on a fell training run with more than two others. As fell runners travel at say two to three times the speed of the fittest fell walkers, then a fell runner only spends between one third and one half of the time that a walker would, on a given route. Thus a small group travelling fast is less detectable than a large group travelling slowly. If detected the fell runner still has speed on his side. The gamekeeper has the option of, trying to match the runner's speed, or guessing the runner's intended route and setting an ambush. Alas! these tactics cannot be relied upon on easier terrain due to that despicable invention, THE QUAD! However, the noise of the infernal combustion engine is on the runners' side.

This introduces yet another argument. The public is kept at bay to avoid disturbing the game. Yet the land-owners and their representatives bull-doze gravel tracks across the fells (with no requirement for planning permission, it is classed as agricultural development), along which they drive 4x4s. Where tracks do not exist they travel on quads! Just who is guilty of causing the most disturbance?

If we were to campaign for 'the right to roam', then we should remember that every right implies a responsibility.

Because we participate in a sport that is physically and psychologically demanding it does not absolve us from respecting and observing those standards of behaviour which would be expected of the public at large. The odd second that is required to stuff an empty wrapper/sachet back into the bum bag and the negligible weight of the empty wrapper/sachet is nothing like as detrimental to one's performance as the effort of carrying the wrapper/sachet full of food/drink up the fell and the minutes that are wasted extracting the feed from the bum bag and consuming it. As I have written in previous articles, in fell-running the philosophies of the true mountain man come into sharp conflict with the philosophies of the elitist athlete.

It is totally unacceptable that any wild place or fell-race route should even begin to take on the appearance of a marathon feeding station.



*The things people do to get away from gamekeepers!
K. Rogan, Wharfedale at Thieveley Pike
Photo: Steve Bateson*

In closing this article, I will illustrate the above point with a second anecdote:-

A friend of ours who is a club-runner of respectable performance, usually well within the top half of the field at most fell-races, this year ran at Fairfield. Descending off Fairfield over Hart Crag and Dove Crag he was in the company of another, unidentified, 'athlete' of similar ability. On one of the descents, some ascending walkers were encountered. Our friend was horrified on hearing his 'companion' yell,

"Get off the f***** path. Get out of MY f***** way."

The same 'athlete' later drew an aluminium foil sachet of Lucozade Sport drink from his bum bag, consumed the contents, then pushed the empty sachet between the stones of a cairn. It should still be there, glinting in the sunlight at the next millennium! Remember, this was not right up at the sharp end of the race, but down towards mid-field. Not that any position in a fell race would constitute an excuse for such behaviour.

I was extremely disappointed that our friend did not identify this character to the race organiser, and instigate some form of disciplinary procedure. Banishment to south of Birmingham, for life, would be quite fitting.

If the walkers involved are active members of the Ramblers Association, and this incident has been fed back; is it likely that the R.A. will be interested in forming an alliance with the F.R.A., in future access negotiations?

*Ian Roberts, Lancaster
&
Andy Walmsley, Chorley.*

Results & Reports from over 100 races



*especially at
Whinberry Naze
where Roadrunner
and Daffy Duck
along with clowns
and a dragon joining in the
festive fun. Roadrunner: Matt Whitfield,
Daffy: Rob Jebb,
Clown: Pauline Dore,
Dragon: Todmorden*

(all photos: Peter Hartley)



J. Ingram of Saddleworth, featured in prizes at Hades Hill Photo: Steve Bateson

HADES HILL RACE Lancashire BS/5m/1200ft 3.9.98

One hundred and twenty nine ran on a fine evening. During the prize presentation at Whitworth Workmen's Club, Glynda Cook collected £62.60 from runners and friends to take her total sponsorship above £800. to send a former pupil, now disabled, for a week's intensive physiotherapy. She thanks everyone. D. Clutterbuck

1. M. Keys	Ross	30.17
2. A. Wrench	Tod	30.24
3. M. Hutchinson	Traff	30.57
4. S. Willis	Tod	31.13
5. D. Keeling	Traff	32.16
6. A. Maloney	Roch	32.22
7. J. Ingram	Saddle	32.29
8. A. Griffiths	Bowland	32.59
9. B. Bolland	Newburgh	33.07
10. P. Brannigan	Tod	33.09

VETERANS O/40		
1. C. Davies	Saddle	34.53
2. I. Aitchison	Roch	35.06
3. D. Collins	Tod	35.37
4. M. Catherall	Roch	36.11
5. J. Wood	Roch	36.20

VETERANS O/45		
1. D. Beels	Roch	34.39
2. A. Steele	Rad	34.47
3. B. Waterhouse	Saddle	34.57
4. I. Holloway	Roch	35.58
5. E. Taylor	Roch	36.46

VETERANS O/50		
1. B. Breckell	Clay	37.25
2. J. Crummett	CaldV	40.04
3. J. Windle	Clay	40.47
4. B. Barlow	Unatt	41.37
5. D. Frain	Roch	42.48

VETERANS O/55		
1. M. Coles	Skyrac	38.07
2. R. Blakely	Tod	40.56
3. G. Royle	Saddle	41.45

VETERANS O/60		
1. P. Duffy	Aberd	43.14
2. G. Arnold	Prest	45.05
3. J. Betney	Clay	47.52

LADIES		
1. C. Greenwood	Bing	33.35
2. G. Cok	Roch	37.14
3. L. Lacon	Holm	38.04
4. S. Beconsall	Tod	40.49
5. D. Vallely	Bolt	43.10
6. K. Taylor O/40		43.25
7. J. Robertson	Spectrum	44.09
8. S. Middleton	Clay	45.14

JUNIORS		
1. I. Harvey	Tod	40.18
2. M. Corbishley	Ross	42.41

TOTLEY TERMINATOR Derbyshire BL/18.5m/3000ft 6.9.98

After the midweek weather forecast of hurricane winds and heavy rain did not materialise, apart from thick mist over Hoondkirk Moor, where a number of runners went "walk about", including some who should have known better, the race passed off without any incidents.

Numbers were down this year due to a clash of fixtures, both fell and road races. 138 runners left the field in what is the last race in the Totley/Tigers Race Series. Karl Webster was the eventual winner in both this race and the series, with last year's series winner, Steve Bell, coming third in the race and second in the series.

I would like to thank all the helpers from Totley AC who have been there throughout the year. Also, this year, the Edale Mountain Rescue Team who thankfully were not required. See you all next year!

Rob Mason

1. K. Webster	Matlock	2.22.40
2. M. Hayman	DkPk	2.23.26
3. S. Bell	DkPk	2.27.42
4. D. Hurton	DenbyD	2.28.49
5. W. Sullivan	DkPk	2.34.21
6. S. Boulby	DenbyD	2.34.46
7. M. Wynne	DkpK	2.35.06
8. P. Elliot	DkPk	2.36.22
9. J. Gilchrist	Totley	2.40.08
10. J. Blackett	Mand	2.40.21

VETERANS O/40		
1. M. Wynne	DkPk	2.35.06
2. P. Elliot	DkPk	2.36.22
3. D. Lindop	P'stone	2.48.31
4. R. Hakes	DkPk	2.57.03
5. D. Markham	DkPk	3.16.13

VETERANS O/45		
1. N. Clayton	Skyrac	2.50.46
2. K. Jones	DkPk	2.54.29
3. A. Ashforth	Hharr	2.55.11
4. M. Bale	P'stone	2.55.47
5. J. Dallinson	Nthn	2.58.13

VETERANS O/50		
1. M. Cockrane	DkPk	2.55.21
2. A. Jeyes	Ivanhoe	2.55.39
3. C. Ellis	Totley	2.55.52
4. D. Tait	DkPk	2.56.21
5. D. Longley	Totley	2.58.23

VETERANS O/55		
1. M. Coles	Skyrac	2.50.07
2. R. Mason	Totley	3.27.54
3. D. McDowell	Cobby	3.38.28

VETERANS O/60		
1. B. Thackery	DkPk	3.18.08
2. T. Platts	Clowne	4.18.35

LADIES		
1. R. Clayton	FordH'wood	3.04.38
2. E. Rees	Totley	3.15.25
3. D. Hearne O/40	VallH	3.15.57
4. H. Musson	Totley	3.17.02
5. J. Bednall	SheffTri	3.26.49
6. P. Straw	Totley	3.35.41

BARREL INN FELL RACE Derbyshire BS/5.5m/900ft 6.9.98

1. P. Deaville		41.41
2. B. Charlton		41.50
3. D. Gledhill		43.17
4. G. Morson		44.30
5. R. Hutton		44.42

VETERANS O/40		
1. K. Holmes		45.45
2. D. Beech		47.11
3. P. West		48.22

VETERANS O/45		
G. Morson		44.30
2. M. Cortvriend		49.07

VETERANS O/50		
1. R. Marlowe		45.57
2. D. Lockwood		48.45

VETERANS O/60		
1. C. Grundy		55.56
2. F. Makin		56.41

LADIES		
1. J. Phizacklea		50.03
2. J. Kitchen		61.06
3. S. Stead		61.38

PEN-Y-GWELY ROUND THE RESERVOIR FELL RUN Shropshire BM/6m/833ft 12.9.98

1. W. Levett	Vaux	34.57
2. A. Walling	Bangor	37.41
3. P. Aird	Deestridders	37.48
4. S. Bellis	Wrex	38.06
5. T. Craddock	B'hamRow	38.11
6. H. Jones	Welshp	38.13
7. R. Wilson	MidwalesO	38.14
8. R. Edwards	Bangor	38.25
9. A. Walkerdine	Unatt	38.30
10. S. Evans	OswestO	38.41

VETERANS O/40		
1. S. Bellis	Wrex	38.06
2. J. Mees	Unatt	39.14
3. N. Blake	OswestO	41.46
4. M. Leather	Unatt	42.59

VETERANS O/45		
1. T. Craddock	B'hamRow	38.11
2. R. Wilson	MidwalesO	38.14
3. J. Rowlands	OswestO	40.21
4. G. Spencer	Mercia	40.59
5. M. Cortvriend	Buxton	41.38
6. J. Robertson	Prestatyn	41.41

VETERANS O/50		
1. D. Ormerod	MidwalesO	44.02
2. R. Jardine	Eryri	46.08
3. C. Hawkins	ShropSh	46.15
4. M. Harrington	OswestO	46.53
5. B. Tooze	ShropSh	47.30

VETERANS O/55		
1. K. Matthews	Shrews	48.09

LADIES		
1. J. Witterick O/50	ShropSh	45.38
2. R. Matthews O/35	ShrewsSh	46.58
3. G. Roberts O/40	Mercia	49.17
4. J. Eayrs	Unatt	50.49
5. K. Preston O/50	ShropSh	52.25

GREEBA FELL RACE Isle of Man AM/9m/2500ft 12.9.98

The final round of this season's Managrakem sponsored fell running league, the nine mile Greeba Race, resulted in victory for Foxdale farmer, Keith Callister.

The race itself, which starts and finishes at the Hawthorne Inn on the TT course, takes in the steep climb of Greeba, and the long drag over to the Creg. The athletes then pick up part of the route used in the Mountain Marathon before the fast descent back to the finish. A leading group of four, including pre-race favourite Chris Quine, broke clear on Greeba and for the whole of the race stayed together.

The outcome was finally settled in Callister's favour from Quine who, in turn, held off Super Veteran, David Young, while Phil Cain claimed the Over 40 class, with Rose Hooton managing a rare welcomed ladies' victory.

Phil Cain

1. K. Callister	ManxH	1.18.51
2. C. Quine	ManxH	1.19.16
3. D. Young	MFR	1.19.23
4. I. Ronan	MFR	1.19.53
5. P. Cain	Nthn	1.21.43
6. N. Jewell	MFR	1.27.21
7. B. Osborne	MFR	1.28.53
8. J. Crellin	ManxH	1.29.38
9. R. Moughtin	Western	1.31.23
10. I. Callister	MFR	1.32.06

VETERANS O/40		
1. P. Cain	Nthn	1.21.43
2. J. Crellin	ManxH	1.29.38
3. R. Moughtin	Western	1.31.23
4. I. Callister	MFR	1.32.06
5. R. Stevenson	MFR	1.32.54

VETERANS O/50		
1. D. Young	ManxFR	1.19.23
2. R. Callister	MFR	1.38.51
3. S. Moynihan	MFR	1.41.31
4. I. Chrystal	Loch	1.52.33
5. T. Coleman	Nthn	2.02.56

LADIES		
1. R. Hooton	Nthn	1.41.31

PERIS HORSESHOE MOUNTAIN RACE

Gwynedd
AL/17.5m/8500ft 12.9.98

The 17½ mile Peris Horseshoe Mountain Race took place with over seventy runners braving the elements - mist, driving rain and hailstones with winds up to 30 m.p.h.

With local knowledge being an advantage on the misty tops, Trefor Jones was in the lead for 15 miles until a fall allowed those running with him to open up a gap. Mark Kinch raced home ahead of Tom Hobbs with Joe Blackett third and Trefor finishing fourth.

Polly Gibbs took the lead from Jayne Lloyd at thirteen miles and came in to win. Jayne finished second and Tina Dewsnap finishing third.

G. Clegg

1. M. Kinch	Bing	3.20.20
2. T. Hobbs	Clay	3.20.33
3. J. Blackett	MDC	3.21.09
4. T. Jones	Eryri	3.24.45
5. M. Wallis	Clay	3.37.31
6. M. Hartell	Macc	3.39.15
7. J. Hey	Warr	3.43.59
8. L. Thompson	Clay	3.50.38
9. G. Pettengell	Macc	3.53.10
10. T. Houston	Bowland	3.57.23

VETERANS O/40

1. M. Wallis	Clay	3.37.31
2. G. Pettengell	Macc	3.53.10
3. T. Houston	Bowland	3.57.23
4. D. Wade	Unatt	4.05.11
5. R. Calder	Macc	4.14.50

VETERANS O/50

1. G. Houghton	CaldV	4.10.10
2. C. Latter	Tatten	4.26.10
3. A. Oliver	Eryri	4.48.10
4. D. Sinclair	Eryri	4.54.15

LADIES

1. P. Gibb	4.15.29	
2. J. Lloyd	Eryri	4.18.00
3. T. Dewsnap	Syeri	4.24.26
4. S. Wagg	Unatt	4.47.38
5. M. Edgerton	Unatt	4.59.10

PADFIELD PLUM FAIR TORSIDE SCAMPER High Peak BM/6.5m/1050ft 13.9.98

As with last year, I am again overwhelmed by all the friendly help and advice given by everyone I approached.

The race was a great success this year with a much larger field than last. The only blot on the landscape was the six runners who took a short cut, thereby missing the only checkpoint on the whole course, which meant disqualification for them.

Thanks to North west Water and Up & Running for their generous sponsorship and help.

Ted Woodhouse

1. S. Entwistle	Gloss	51.45
2. C. Meriaty	Penn	52.36
3. N. Boler	DkPk	53.07
4. A. Jenkins	DkPk	53.28
5. F. Fielding	Gloss	53.31
6. P. Tilley	Unatt	53.39
7. M. Fryer	Hfx	54.41
8. C. Barber	DkPk	55.03
9. T. Bedwell	Unatt	55.42
10. A. Wilkins	Gloss	56.24

VETERANS O/40

1. S. Entwistle	Gloss	51.45
2. N. Boler	DkPk	53.07
3. F. Fielding	Gloss	53.31
4. P. Tilley	Unatt	53.39
5. C. Barber	DkPk	55.03

VETERANS O/50

1. R. Leah	Unatt	56.38
2. N. McGraw	Gloss	62.17
3. T. Woodhouse	DkPk	68.12
4. P. Powell	Stock	78.30

VETERANS O/60

1. P. Duffy	Aberd	62.28
2. B. Thackery	DkPk	64.40

LADIES

1. R. Pleeth	Macc	60.24
2. J. Bradwell O/35	Unatt	64.14
3. L. Walker O/35	Wake	68.37
4. L. Hawthorne	Gloss	71.31
5. C. Williams	DkPk	71.40
6. L. Cheetham O/50	BelleV	72.00
7. K. Clewes O/35	Unatt	89.47

HOLLINSCLOUGH FELL RACE

Cheshire
BS/4m.650ft 13.9.98

Dave Neill won the second running of this race in record time. Liz Batt failed to break her own record but managed to keep well ahead of team mate, Joanne Phizacklea. The number of runners grew to 58, exactly twice last year's total and was swelled by a large contingent from Ivanhoe Runners of Leicestershire, who nominated Hollinsclough as their club fell race.

Prizes were interesting, including local cheeses. Simon Fairmainer won a box of groceries! One runner claimed his own prizes, sprinting to the finish with a giant puffball mushroom in each hand gathered from the top of Chrome Hill!

Martin Cortvriend

1. D. Neill	Mercia	28.24
2. M. Fowler	Salf	29.09
3. S. Fairmainer	Traff	31.18
4. G. Cresswell	Penn	31.32
5. M. Salkild	HolmeP	31.42
6. C. Fray	Penn	31.59
7. P. Fooks	HolmeP	32.45
8. P. Mann	Ivanhoe	33.28
9. A. Howie	Penn	33.56
10. P. Bratby	Congle	34.11

VETERANS O/40

1. D. Neill	Mercia	28.24
2. G. Cresswell	Penn	31.32
3. C. Fray	Penn	31.59
4. A. Howie	Penn	33.56
5. D. Mann	Ivanhoe	36.07

VETERANS O/50

1. P. Bratby	Congle	34.11
2. R. Marlow	DkPk	34.16
3. C. Holland	Mich	37.23
4. A. Caston	Eden	38.26
5. D. Dale	Congle	38.35

VETERANS O/60

1. P. Grundy	Buxton	41.45
2. T. Shepherd	Ivanhoe	47.29

LADIES

1. E. Batt	Buxton	35.09
2. J. Phizacklea	Buxton	35.51
3. C. Fordham	Ivanhoe	43.05
4. J. Morson O/40	Buxton	45.56
5. D. Nustedt O/40	Mans	49.49
6. E. Adams O/40	Ivanhoe	54.17

JUNIORS - BOYS

1. A. Wilks	StaffsM	34.58
2. W. Orritt	Buxton	44.33
3. A. Godwin	Ross	47.18

JUNIORS - GIRLS

1. N. Squires	Buxton	45.45
2. K. Mellor	Unatt	48.53

THE LAKE DISTRICT MOUNTAIN TRIAL

Cumbria

Cold sweats, uncontrollable muscle twitching and shuddering wracked some competitors on seeing this year's venue - Wasdale Head, as they recalled the last race held here in 1989. This wasn't so epic a day as that, but still proved to be well up to standard. Conditions were almost ideal though cold on the top and only the planners lamented the lack of cloud.

The absence of a main sponsor for this year's trial didn't affect its quality or apparent success. This was due to the generosity of a number of co-sponsors who came forward as the event was being arranged.

An innovation this year was the provision of a third course open to men and women but shorter than the traditional races. Calculated over possible routes, the men's course measured about nineteen and a half miles with about seven thousand five hundred feet of ascent; the women's course about fourteen miles and four thousand feet of ascent; and the open course about ten and a half miles with three thousand seven hundred feet of ascent, with all three courses using the first three controls.

Comments after the race were generally favourable. Every leg offered a choice of routes and most pleasing to the planners, a variety of routes were used.

Bill Hunter, Dick Courchee and Tony Richardson

MEN'S COURSE

1. M. Rigby	Amble	4.05.56
2. G. Bland	Borr	4.13.59
3. J. Davies	Borr	4.27.56
4. P. Clarke O/40	Kend	4.37.55
5. A. Schofield	Borr	4.40.53
6. J. Hunt	Mersey	4.52.10
7. S. Burkinshaw	WCOC	4.56.53
8. J. Rye O/40	Thames	4.58.01
9. M. Seddon	Gloss	5.04.47
10. T. Laney	Clay	5.04.53

VETERANS O/50

1. M. Walford	Kend	5.29.03
2. Y. Tridimas	Mersey	5.36.29
3. J. Nixon	AchRatt	5.51.51

VETERANS O/60

1. G. Swindin	NGOC	6.15.07
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LADIES COURSE

1. N. Lavery	Amble	3.57.14
2. L. Cowell	Kesw	4.14.00
3. S. Hodgson	Amble	4.14.51
4. C. McNeill O/50	Amble	4.19.59
5. J. Rae	West	4.25.51
6. J. Ligema	LOC	4.30.40
7. W. Dodds O/40	Clay	4.31.23
8. I. Blunk O/40	Rucsac	4.45.17

OPEN COURSE

1. A. Bell	DkPk	2.57.59
2. P. Ward	Unatt	3.12.28
3. P. Dowker	Kend	3.16.08
4. D. Amour	INVOC	3.20.41
5. A. Farr	Congle	3.33.35
6. A. Martin	Unatt	3.42.07



Start of the Three Shires Photo: Steve Bateson

MERRICK HILL RACE Dumfries and Galloway AM/8m/2710ft 19.9.98

The Merrick Hill Race yet again enjoyed excellent weather conditions with the cloud base at 2,000feet. The start is straight onto a steep ascent of the fell of Eschoocan, which soon spread the field out. At the top, E. McKay had the lead from Colin Brash. However, by the finish, Adam Adamson managed to pull back the forty three seconds he was behind at the top and win by one minute twenty two seconds. The ladies' title was taken by last year's winner, Jo McClintock. The Junior race was won by Silas G oldsworthly. The Team prize went to Westerlands.

Thanks to Girvan Breakers for the radio support and marshalling.

Next year, there is a date change to Saturday 2 October; the Junior race will start at 11 00 a.m. and the Senior race will be at noon on a new course. The revised route will take competitors to the summit the same way but on the descent will bring them down the Rig of Gloom and up onto the Buchan Ridge before dropping back to Bruce's Stone. Hopefully, you will find this route more challenging even though it makes it a bit longer and has a little more ascent. Hope to see you at the start next year.

Paul McClintock

1. A. Adamson	Solway	80.50
2. E. McKay	Ochil	82.12
3. C. Brash	Girvan	82.46
4. G. Reid	W'lands	84.36
5. R. Irving	Annan	85.55
6. M. Gorman	W'lands	86.51
7. D. Brown	Solway	89.16
8. G. Baum	Unatt	89.30
9. B. Bonnyman	W'lands	91.52
10. T. McCulloch	Ayr	93.00

VETERANS O/40

1. T. McCulloch	Ayr	93.00
2. J. Goldsworthy	Wigtown	93.13
3. M. McLeod	W'lands	95.42

VETERANS O/50

1. A. Adamson	Solway	103.40
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LADIES

1. J. McClintock	Galloway	103.04
2. M. McIntosh	Ochil	103.21

JUNIORS

1. S. Goldsworthy	Wigtown	21.26
2. R. Goldsworthy	Wigtown	21.52
3. T. Burns	Wigtown	26.50

THREE SHIRES RACE Cumbria AL/12m/4000ft 19.9.98

Another glorious day, a brilliant course, you can't go wrong at The Three Shires except that a lot clearly had a hard time of it the sunshine and, although there were again very few retirements, times were on average ten minutes or so slower than usual. Paul Sheard's winning time was thirteen minutes down on Gavin's record from last year.

But then we're none of us getting any younger, are we? Speaking of which there seemed to be so many veterans that I did a quick trawl of the results and found the following startling facts; there were only 76 men under forty in a field of 240! There were nearly twice as many men over forty as under! Additionally, 25% of the ladies field went home with a prize while only 11% of the men benefited. Our prize list next year will reflect these facts.

Many thanks to everyone who helped, whether it be on a checkpoint or on the field. The weeks leading up to the race, as any organiser will tell you, are stressful - you just don't know if you'll have enough people. The sharp eyed amongst you will have noticed two checkpoints staffed by a single official. It's not enough to take numbers and operate a radio! Please, please, volunteer to help at one race a year. If we all did that, there would be no problem and race organisers wouldn't look so tight-lipped and ashen faced!

To single out a couple of people, it was great to get a call from Jean Lochhead, former champion fell and cross country runner, offering help. She made my day! I think Chris Callan had helped us with results and registration at every race since 1983 and Gwen Clayton is only one behind her! They are a wonderful pair and will no doubt be in action again at the Langdale.

One guy packed in and went home without telling us. He knows who he is and so do we!

There, I think I've got everything off my chest.....looking forward to next year already.....it's a championship free zone again! Third Saturday in September.....glorious sunshine.....brilliant course.....see you there!

Selwyn Wright



Rossendale's Keith Masser - Three Shires Photo: Steve Bateson

1. Paul Sheard	P&B	1.58.28
2. S. Livesey	Clay	1.58.39
3. M. Horrocks	Clay	1.59.04
4. N. Sharp	Kesw	1.59.42
5. J. Bland	Borr	2.01.45
6. Phil Sheard	P&B	2.03.09
7. G. Schofield	Horw	2.03.36
8. S. Shuttleworth	Amble	2.04.03
9. D. Nuttall	Clay	2.04.41
10. J. Wright	Tod	2.05.10

VETERANS O/40

1. G. Schofield	Horw	2.03.36
2. R. Crossland	Bfd/Aire	2.07.12
3. N. Kirkbright	Skyrac	2.16.14
4. K. Masser	Ross	2.16.19
5. N. Pearce	Ilk	2.17.43

VETERANS O/50

1. C. Wilkinson	Bing	2.13.51
2. R. Baker	CFR	2.20.56
3. G. Howard	Ilk	2.26.46
4. P. McWade	Clay	2.28.13
5. R. Bell	Amble	2.31.08

VETERANS O/60

1. R. Jaques	Clay	2.43.14
2. D. Brown	Clay	2.56.49
3. B. Hood	Mand	2.57.31

LADIES

1. Y. Hague	P&B	2.12.05
2. V. Peacock O/40	Clay	2.24.31
3. J. King	CFR	2.30.48
4. T. Ambler	Ilk	2.32.42
5. B. McWade	Clay	2.33.47
6. E. Moody	N'land	2.36.38
7. C. Kenny	Kend	2.42.20
8. S. Hodgson	Amble	2.42.53

COTTERDALE FELL RACE Cumbria AM/6.5m/2200ft 19.9.98

1. S. Oldfield	BfdA	34.44
2. G. Moffat	Howgill	36.22
3. M. Walsh	Kend	37.00
4. A. Carruthers	Crawley	37.21
5. P. Whiting	Kend	38.21
6. C. Valentine	Kesw	38.39
7. C. Seddan	Horw	39.21
8. F. Livesey	Howgill	39.56
9. P. Leighton	Horw	40.46
10. S. Moffat	Howgill	41.11

VETERANS O/40

1. S. Oldfield	BfdA	34.44
2. G. Moffat	Howgill	36.22
3. M. Walsh	Kend	37.00
4. P. Whiting	Kend	38.21
5. S. Moffat	Howgill	41.11

VETERANS O/50

1. J. Hoffman	BfdA	42.48
2. G. Unsworth	Kend	43.30

VETERANS O/60

1. M. Seward	Unatt	52.19
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LADIES

1. S. Jones	Macc	43.02
2. R. Pleeth	Macc	48.48
3. E. Unsworth	Knd	63.24

LANTERN PIKE FELL RACE High Peak BS/5m/1050ft 19.9.98

1. T. Werrett	Mercia	33.00
2. P. Deaville	Stock	33.02
3. M. Weedall	Penn	33.16
4. D. Gartley	Stock	33.55
5. G. Cudahy	Stock	34.04
6. L. Taggart	Buxton	34.20
7. S. Fairman	Traff	35.07
8. A. Griffiths	Bowland	35.25
9. A. Whittingham	Buxton	35.39
10. V. Booth	Traff	35.41

VETERANS O/40

1. M. Weedall	Penn	33.16
2. C. Fray	Penn	36.51
3. B. Gregory	Stock	36.54
4. S. Bellis	Wrex	36.56
	Manch	37.22

VETERANS O/45

1. G. Morson	Buxton	36.16
2. R. Britton	StaffsM	37.36
3. L. Best	Stock	38.14
4. B. Robinson	Gloss	38.43
5. F. Fielding	Unatt	39.46

VETERANS O/50

1. P. Lyons	Ross	36.28
2. R. Marlow	DkPk	39.30
3. J. Armistead	DkPk	40.45
4. J. Morris	Penn	40.54
5. M. Radford	Spenn	42.30

VETERANS O/55

1. P. Jepson	Ross	38.52
2. M. Morrison	Gloss	47.23
3. M. Edwards	Burton	47.41

VETERANS O/60

1. P. Duffy	Aberd	45.44
2. B. Thackery	DkPk	46.23
3. A. Campbell	RoadR	51.41

LADIES

1. K. Drake O/35	Spenn	39.12
2. S. Newman	Gloss	39.56
3. J. Phizacklea	Buxton	41.01
4. J. Hartley	DenbyD	42.27
5. W. Barnes	Barns	42.56
6. V. Musgrove O/40	Eryri	44.10
7. K. Harvey O/40	Altr	44.49
8. M. Edgerton	Unatt	45.16

JUNIORS - BOYS

1. J. Carter	Spenn	14.10
2. T. Wild	Unatt	15.35
3. J. Crook	Local	15.48

JUNIORS - GIRLS

1. L. Lohman	Buxton	17.49
2. L. Orritt	Buxton	17.58
3. R. Broadhurst	Wirral	18.25



Three Shires victor, Paul Sheard Photo: Steve Bateson

SIMONSIDE FELL RACE

Northumberland

BM/6.75m/1200ft 19.9.9

What a great day we had for the show and once more the runners were the main attraction. In spite of the sunshine, the going was very boggy which guaranteed that no one was going to do their best time. It was still a very competitive race. Simonside is the most northerly hill in the Pennines, only fourteen miles from the Scottish border. A very varied race in a wonderful location.

Mark Brown stormed out of the forest in the lead, just below the summit crags, and was first to reach the summit. Andy Green was hard on his heels as both runners threw themselves down the heathery drop. By Little Church, Andy was in the lead which he slowly increased to the end.

Paul Taylor was a creditable third at the top and first veteran but although the first ten to finish had been determined, the race was now really on. Ken Maynard was tenth at the summit but he relentlessly worked through the field and although still fifth as he left the road, he came in a very close third to Mark's second. Fred Smith, who was first veteran and fourth, was fifth at the top but by Little Church he was third leading a string of the first five veterans. By Great Tosson, he was second but Mark pulled back his position on the haugh. Paul Gaines was just behind him at the end, another runner who ran a carefully measured race coming from ninth for most of the race until he reached Great Tosson.

Alison Raw was undisputed winner of the ladies' race, first at the summit and six minutes ahead at the end. What an excellent tussle; Dawn Elliott and Morag McDonnell were two and three at the top but Ruth Fletcher took Morag by Little Church and had overtaken Dawn by Great Tosson to finish first veteran and second overall. Linda Bray and Eileen Armstrong had their own private race with Linda in front most of the way. Eileen made a determined challenge by leading down the road but Linda finished nine seconds ahead.

It was good to have a strong field of juniors and Duncan Scott was a very worthy winner and thirteenth overall.

A good race and nice beer tent as well!

Ian Webb

1. A Green	Tyne	46.10
2. M. Brown	Mand	48.02
3. K. Maynard	Quak	48.03
4. F. Smith	Salt	48.11
5. P. Gaines	Tyne	48.12
6. J. Dickinson	Tyne	48.13
7. P. Kelly	Darl	48.24
8. P. Taylor	Sunder	48.26
9. J. Larkin	Salt	48.37
10. R. Firth	Mand	48.43

VETERANS O/40

1. F. Smith	Salt	48.11
2. J. Dickinson	Tyne	48.13
3. P. Kelly	Darl	48.24
4. P. Taylor	Sund	48.26
5. R. Firth	Mand	48.43

VETERANS O/50

1. G. Brosnan	Unatt	51.53
2. R. Hayes	N'land	57.47
3. W. Campbell	N'land	58.01
4. E. Harvey	Carn	58.12
5. G. Atkinson	Wallsend	61.13

VETERANS O/60

1. D. Wright	Tyne	78.23
2. N. Dodd	Unatt	83.04

LADIES

1. A. Raw	Darl	54.12
2. R. Fletcher O/40	Tyne	60.32
3. D. Elliott	Sund	60.52
4. M. McDonnell	Salt	61.23
5. J. Saul	N'land	62.58
6. L. Bray	Morpeth	67.00
7. E. Armstrong O/50	Blaydon	67.09
8. K. Bennett	Salt	70.15

JUNIORS

1. D. Scott	Tyne	50.41
2. A. Ledger	Unatt	56.14
3. P. Carnody	Silcoates	59.39

DALEHEAD RACE

Cumbria

AS/4.5m/2210ft 20.9.98

A wonderful day again weatherwise with an excellent turnout of both senior and junior runners helping to make another super show.

Many thanks to all the helpers. Hope to see you next year.

Billy and Ann Bland

1. G. Bland	Borr	44.42
2. S. Booth	Borr	45.42
3. J. Bland	Borr	47.15
4. N. Sharp	Kesw	47.49
5. A. Schofield	Borr	50.06
6. D. Gartley	Stock	51.25
7. S. Jackson	Horw	51.43
8. C. Valentine	Kesw	52.04
9. S. Bottomley	Eccles	53.05
10. A. Beaty	CFR	53.20

VETERANS O/40

1. S. Jackson	Horw	51.43
2. A. Beaty	CFR	53.20
3. A. Beck	Kend	54.05
4. C. Speight	Kend	54.12
5. I. Robinson	Clay	55.43

VETERANS O/50

1. M. Litt	CFR	56.29
2. P. Dowker	Kend	62.47
3. D. Ablitt	Amble	68.31
4. S. Harwood	Kesw	69.24

LADIES

1. J. King	CFR	56.19
2. L. Osborn	Kesw	58.26
3. L. Lacon	Holm	61.18
4. L. Thompson O/40	Kesw	64.23
5. L. Hayles O/40	Hfx	73.15



Thieveley Pike junior winner Jonathan Parker (Owls)
Photo: Peter Hartley

THIEVELEY PIKE FELL RACE

Lancashire

AS/4m/900ft 26.9.98

You could tell from the look in his eye as he led the race round the lap of the start field that Gary Devine was determined to win this one, and so it proved as he won his second Thieveley Pike Fell Race, ten years on from his previous triumph in 1988. The much improved Mark Horrocks pushed him all the way though but could not quite find enough to win. Carol Greenwood, who just seems to get better and better, took the ladies' title by almost four minutes.

With the juniors using this as their selection race for the England team for the Junior Home International, competition among the younger end was fierce and many excellent performances were seen. None more so than Under 16 winner, J. Parker, who won what some said was his first ever fell race. Either he's a complete natural or some secret training has been going on! Good luck to all those who won their England vests on the day and to those who just missed out - don't give up - it could be you next year!

This was my thirteenth and final race as organiser and I'd like to thank all those who helped on the day and, indeed, all those who have helped out down the years. Finally, my best wishes to my successor as organiser, Peter Booth, and I hope he gets as much pleasure and satisfaction as I've had organising this splendid little race.

Peter Browning

1. G. Devine	P&B	29.31
2. M. Horrocks	Clay	29.33
3. A. Wrench	Tod	29.47
4. N. Barrable	Liv	29.53
5. J. Hornby	Spem	30.03
6. R. Hope	Horw	30.31
7. C. Heyes	Prest	30.52
8. A. Norman	Altr	30.56
9. S. Savage	Amble	30.57
10. A. Leck	Lanc	31.41

VETERANS O/40

1. W. Proctor	Kend	32.26
2. B. Horrocks	Clay	32.28
3. S. Clarke	Clay	33.14
4. D. Woodhead	Horw	33.21
5. I. Robinson	Clay	34.15

VETERANS O/50

1. P. Lyons	Ross	33.48
2. A. Styan	Holm	34.22
3. K. Carr	Clay	34.48
4. P. Jepson	Ross	35.42
5. J. Windle	Clay	38.52

VETERANS O/60

1. R. Jaques	Clay	39.07
2. R. Moulding	B'burn	42.52
3. G. Arnold	Prest	44.35

LADIES

1. C. Greenwood	Bing	33.26
2. G. Cook	Roch	37.11
3. B. McWade	Clay	37.35
4. K. Mather	Saddle	39.53
5. C. Life	Clay	41.26
6. J. Smith O/40	Bing	41.45
7. L. Richardson	B'burn	43.11
8. K. Thompson O/40	Clay	43.38

INTERMEDIATES

1. C. Heyes	Prest	30.52
2. A. Norman	Altr	30.56
3. S. Savage	Amble	30.57
4. M. Cayton	Hor	31.51
5. L. Broadley	Bing	33.32

JUNIORS - SHORT COURSE

1. J. Parker	Owls	16.09
2. L. Siemaszko	Kend	17.12
3. J. Symonds	Kend	17.13



Senior start, Thieveley Pike Photo: Peter Hartley

PIKE LOWE TRESPASS FELL RACE

South Yorkshire
5m/750ft 26.9.98

Not even the dense low mist that enveloped the moor for most of the race could dampen the enthusiasm and spirit of the supporters and the thirty nine runners who lined up to take part in Britain's first organised Trespass Fell Race.

The race was won by Alan Clowson in "a new course record". He had held the lead after taking Andy Harmer and Bob Berzins on the climb up to North America. Liz Thompson was first lady in 1.02.14.

The traverse of Midhope was sensational and all agreed it was classic fell with a continuous pull up to the summit of Pike Lowe. The descent down Sugden Clough and into Thickwood Brook was spectacular with some astonishing descent times being recorded. Well done to all runners, supports and marshals - it was a great event.

We hope this is a significant contribution to the campaign to secure a greater freedom to run the forbidden hills of England. If not, we'll be back!

Dick Williams

1. P. Clowson	43.00
2. A. Harmer	44.17
3. B. Berzins	45.15
4. R. Lewis	47.06
5. M. Robinson	47.08
6. T. O'Neal	47.18
7. M. Flanders	47.49
8. P. Elliot	49.37
9. M. Hudson	49.57
10. A. Buck	50.18

LADIES

1. L. Thompson	1.02.14
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BLACK MOUNTAINS

Gwent
AL/17m/5200ft 26.9.98

Thanks for turning up on a bad weather day. Fifty six runners set off on time but due to rain and hill fog, many lost time. Many apologies also to runner number five, who I managed to lead too far north off checkpoint two - most embarrassing!! No such problem to second placed Julian Bass, who probably knows the route better than anyone and kindly led eventual winner, Colin Donnelly, all the way to checkpoint five. Local knowledge also enabled first lady, Alice Bedwell, to just beat second lady, Polly Gibb.

First over fifty, Yiannis Tridimas, warmed up at the start by kindly marking the last mile of the route, so gained a free entry!

Thanks to all helpers, especially the hardy checkpoint marshals, Kay and Martin, Derek G. Bryn, John B. Derek T. Doc, Buffet and Sue Ashton, who helped at the last minute, so enabling me to run in the race.

W.J. Darby (Out of Steam, Puffing Billy!!)

1. C. Donnelly	Eryri	2.36.46
2. J. Bass	MDC	2.37.51
3. P. Maggs	MDC	2.52.46
4. R. Ansell	DkPk	2.56.22
5. C. Lancaster	Telf	3.01.52
6. J. Darby	MDC	3.09.57
7. C. Kelsey	Wells	3.10.48
8. M. Saunders	MDC	3.13.42
9. I. Cowie	Mercia	3.14.01
10. A. Bedwell	MDC	3.14.37

VETERANS O/40

1. J. Darby	MDC	3.09.57
2. C. Kelsey	Wells	3.10.48
3. I. Cowie	Mercia	3.14.01
4. R. Robson	Mercia	3.23.55
5. H. Richards	MDC	3.27.30

VETERANS O/50

1. Y. Tridimas	Mersey	3.17.22
2. D. Finch	MDC	3.33.59
3. M. Blake	Eryri	3.39.02
4. G. Cheshire	MDC	4.07.20
5. J. Jameson	Cirenc	4.08.53

VETERANS O/60

1. P. Norman	Wrex	4.07.15
2. J. Carson	Eryri	4.08.17

LADIES

1. A. Bedwell	MDC	3.14.37
2. P. Gibb	P&B	3.21.31
3. V. Musgrove O/40	Eryri	3.39.02

SCAFELL PIKE FELL RACE

Cumbria
AS/4.5m/3000ft 26.9.98

The race was run in calm, mild and humid conditions. The field of seventy one was up by 50% on last year. Ian Holmes' 1993 record still stands but Jonny Bland won convincingly, almost a minute ahead of fellow Borrowdale club's, Mark Roberts. Mark led at the summit but Jonny's fifteen minute descent (matching Gavin's last year) was too much for Mark. Only forty seconds down on Mark, came Veteran Over 40, Willie Bell. First Over 55 was David McDonald, only four places before first Veteran Over 65, Harry Catlow, who led home the Veteran Over 60 winner, Les Ward.

This year's outstanding performance goes to ladies' winner, Janet King, coming tenth overall and shattering Jule Harold's nine year old record by just under four minutes. Second lady and first Veteran Over 40 was Joanne Prowse, seven seconds in front of third lady and second Veteran Over 40, Lyn Thompson. Doreen Madden won the Veteran Over 55 prize.

Thanks to helpers, one and all, to the Wasdale Head campsite, Wasdale Head Hall Farm and to my wife, children and other committee members from Cumberland Fell Runners. See you again next year - Scafell is an English Championship race with limited entry - so don't delay!

R. Eastman

1. J. Bland	Borr	55.56
2. M. Roberts	Borr	56.51
3. W. Bell	CFR	57.31
4. D. Gartley	Stock	60.50
5. D. Duxbury	Amble	61.18
6. C. Valentine	Kesw	62.28
7. B. Taylor	CFR	63.05
8. A. Beaty	CFR	63.39
9. R. Mossop	CFR	63.54
10. J. King	CFR	64.17

VETERANS O/40

1. W. Bell	CFR	57.31
2. A. Beaty	CFR	63.39
3. I. Block	CFR	65.07
4. M. Wood	CFR	71.32
5. M. Robinson	Notts	74.16

VETERANS O/45

1. N. Pearce	Ilk	64.45
2. R. James	CFR	67.25
3. J. Winn	CFR	68.33
4. P. Bettney	Amble	69.30
5. J. Rea	CFR	73.36

VETERANS O/50

1. R. Baker	CFR	65.57
2. M. Litt	CFR	66.17
3. R. Davis	CFR	78.22
4. D. Ablitt	Amble	85.33
5. R. Breakwell	Unatt	91.13

VETERANS O/55

1. P. Dowker	Kend	76.16
2. D. McDonald	FRA	85.05

VETERANS O/60

1. L. Ward	Wesham	105.18
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VETERANS O/65

1. H. Catlow	Dallam	88.12
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LADIES

1. J. King	CFR	64.17
2. J. Prowse O/40	Kghly	72.39
3. L. Thompson O/40	Kesw	72.46
4. K. Beaty	CFR	73.31
5. K. Harvey O/40	Altr	82.04
6. N. Bedwell	Eryri	84.09
7. L. Buck	CFR	91.53
8. D. Madden O/55	Gloss	94.19

LYON EQUIPMENT WHERNSIDE

FELL RACE
North Yorkshire
AM/11.6m/3000ft 27.9.98

A misty morning at Dent made route-finding difficult and resulted in several runners going astray, unfortunately including the leaders at the High Pike checkpoint, Matthew Whitfield and Gary Oldfield, a previous winner.

Paul Sheard was first home, followed by John Brown, the course record holder, and Steve Oldfield, last year's winner.

The ladies' record holder, Carol Greenwood, was first lady home and the team event was won by Kendal.

Colin Gardner

1. P. Sheard	P&B	1.33.41
2. J. Brown	Salf	1.34.50
3. S. Oldfield	BfdA	1.35.05
4. M. Fleming	Amble	1.35.48
5. B. Whitfield	Bing	1.35.56
6. M. Walsh	Kend	1.36.01
7. G. Moffat	Howgill	1.36.07
8. J. Hemsley	Ilk	1.36.29
9. S. Webb	VallStr	1.38.07
10. N. Ashcroft	Spectrum	1.40.10

VETERANS O/40

1. S. Oldfield	BfdA	1.35.05
2. G. Moffat	Howgill	1.36.07
3. P. Whiting	Kend	1.42.50
4. R. Jamieson	Amble	1.43.20
5. P. Tuson	Kend	1.43.33

VETERANS O/45

1. B. Whitfield	Bing	1.35.56
2. M. Walsh	Kend	1.36.01
3. S. Kirkbride	Kend	1.45.35
4. R. Hawksby	Otley	1.49.39
5. G. Newsam	Clay	1.52.29

VETERANS O/50

1. G. Howard	Ilk	1.46.08
2. J. Hoffman	BfdA	1.49.04
3. G. Breeze	Skyrac	1.52.45
4. G. Houghton	CaldV	1.53.18
5. A. Turner	Clay	1.53.35

LADIES

1. C. Greenwood	Bing	1.46.15
2. H. Johnson	Ilk	1.55.48
3. A. Brand-Barker	Kesw	1.58.11
4. L. Bland	DkPk	2.22.04
5. M. Hubley	Felland	2.28.43
6. L. Ball O/40	VallStr	2.28.54
7. J. Hornsby	BlCombe	2.38.28
8. S. Jollie	Eccles	2.40.59

SANDSTONE TRAIL RACE

Cheshire
27.9.98

Once again the day stayed dry despite dire warnings from the met. office and once again records were broken. Mike Weedall must have had a lonely time at the front of the A race as he was already three minutes clear by Beeston and gradually extended his lead all the way to the finish line. His final time of 1.45.34 was a new record by over a minute for the Veterans Over 40 category and this was achieved despite Mike being first over the freshly ploughed field just after Beeston (you would be surprised how much I had to pay the farmer to arrange that!!)

Veterans dominated the day really in the A race as third overall, Geoff Rawlinson, is a Veteran Over 40 and the fastest lady overall, Sandra Owen, is also a Veteran Over 40. As for the team prize, entries from Helsby were well down this year and Mersey Fellrunners again dominated with second, third and sixth places.

In the Veterans Over 50 category, it was nice to see local man, Francis McHale, home first. Francis was leading this part of the race most of the time in 1997 but was overhauled near the finish.

In the B race, overall times were much slower than recent years and nobody broke the hour. M Robbins ran clear from the early stages of the race but special mention needs to be made of Paul Lambert, only 17, who ran a fine race to finish second overall and led Deeside OC to the team prize - a talent to watch for the future.

Not far behind and in fourth place overall was the first lady, J Spark, who produced a new record time of 65.39, again more than a minute faster than the previous mark.

As many of you noticed, times posted on the day were twenty seconds too long and this has been corrected for these results. Otherwise, the day seemed to go fine from my point of view. As organiser, I actually ran the race this year for the first time in four years. This served to remind me just how fast and how tough the race can be.

The fact that I could run was thanks to the dedicated help of many, many other people, manning road crossings, taking split times, ferrying all the clothes around, processing entries, providing refreshments, liaising with local police and land-owners, etc etc. The list if fairly long and many of those who give up their time for the race have been doing so for many years.

We are also very grateful to several people outside the club such as Mr Ryder, who kindly provides the B race start and turns off the electric fences for the day!! Also to Mr Bennett who provides the car parking facilities at Beeston and Dave Morris who got up very early on Sunday to remove the gates on Bickerton Hill.

There are other besides, including three Police forces, Raynet, St John's and Forest Enterprise but without attempting to identify everyone, I would just like to say a big 'thank you' to all the helpers. As for the runners, I hope you enjoyed the day - if you have any ideas or suggestions, feel free to write or call - we hope the Sand Trail Races will be here for many years to come.

Mark Hartell

'A' RACE

1. M. Weedall	ValeR	1.45.34
2. J. Hunt	MerseyFR	1.50.54
3. G. Rawlinson	MerseyFR	1.51.25
4. P. Pickwell	Altr	1.55.41
5. A. Clague	WChesh	1.55.52
6. A. Duncan	MerseyFR	1.56.12
7. M. Hartell	Macc	1.58.32
8. B. Gregory	Stock	1.59.36
9. G. Farmer	ChaseH	1.59.54
10. P. Carter	N'castle	2.01.25

VETERANS O/40

1. M. Weedall	ValeR	1.45.34
2. G. Rawlinson	MerseyFR	1.51.25
3. P. Pickwell	Altr	1.55.41
4. A. Duncan	MerseyFR	1.56.12
5. B. Gregory	Stock	1.59.36

VETERANS O/50

1. F. McHale	Tatten	2.07.51
2. W. Whiteside	Helsby	2.08.37
3. C. Latter	Tatten	2.11.35
4. D. Hill	Nwales	2.11.57
5. R. Tomkinson	Birken	2.16.25

LADIES

1. S. Owen O/40	Tatten	2.25.00
2. H. Woodley	Tatten	2.25.53
3. J. Bennett O/40	FordH	2.31.34
4. R. Quick O/40	FordH	2.32.01
5. J. Robertson	Spectrum	2.33.09

RESULTS 'B' RACE

1. M. Robbins	RAF	1.02.47
2. P. Lambert	Deeside	1.04.32
3. J. Edwards	Warrior	1.05.08
4. J. Spark	Altr	1.05.39
5. R. Hulse	Deeside	1.06.08
6. A. Garnett	Spectrum	1.06.18
7. R. Stradling	Helsby	1.06.50
8. S. Roberts	Unatt	1.06.57
9. M. Liptrot	Unatt	1.09.47
10. M. Smithard	Deeside	1.10.02

VETERANS O/40

1. A. Garnett	Spectrum	1.06.18
2. R. Stradling	Helsby	1.06.50
3. M. Smithard	Deeside	1.10.02
4. I. Thomson	Unatt	1.13.39
5. E. Thomas	Deeside	1.14.28

VETERANS O/50

1. R. Spark	Altr	1.11.46
2. A. Bewley	FordH	1.12.26
3. G. Large	NthnV	1.12.40
4. G. Taylor	SalfMet	1.14.14
5. L. Woodle	Tatten	1.16.55

LADIES

1. J. Spark	Altr	1.05.39
2. S. Hammond	Tatten	1.10.57
3. S. Wood	ValeR	1.12.56
4. B. Eyke	Altr	1.15.23
5. R. Isaacs	Pensby	1.16.01

PASSING CLOUDS FELL RACE**Staffordshire****BM/9m/1800ft 27.9.98**

Despite the misty conditions, the entry was up on last year to seventy one. The men's race was tied with Barry Charlton and Andrew Norman crossing the finishing line together. There was a record in the ladies' race by Joanne Phizacklea.

Unfortunately, a number of runners went off course and race organisers have listened to their comments and hope to get it right next year!

N. Heath

1. B. Charlton	Mercia	1.16.11
2. A. Norman	Altr	1.16.11
3. P. Bowler	Mercia	1.16.28
4. N. Bassett	StaffsM	1.16.33
5. N. Leigh	Altr	1.18.06
6. R. Britton	StaffsM	1.18.15
7. B. Carr	Unatt	1.18.51
8. P. Bratby	Congle	1.20.16
9. A. Jenkins	DkPk	1.21.13
10. A. Clough	RedR	1.21.19

VETERANS O/40

1. P. Bowler	Mercia	1.6.28
2. R. Britton	StaffsM	1.18.15
3. N. Boler	DkPk	1.21.30

VETERANS O/50

1. P. Bratby	Congle	1.20.16
2. R. Marlow	DkPk	1.21.38
3. R. Baines	Unatt	1.26.29

LADIES

1. J. Phizacklea	Buxton	1.28.52
2. L. Quigley	WiganPh	1.29.52
3. S. Hales	Macc	1.31.26
4. A. Calvert	Macc	1.36.14
5. R. Hilton	Macc	1.38.41
6. K. Ruffel	Leices	1.42.40

LADIES VETERANS

1. S. Taylor O/40	Cheadle	1.54.12
2. M. Trickey O/50		2.03.07



Borrowdale in the lead at the Ian Hodgson - Steve Hicks, Gavin Bland, Mark Roberts and Billy Bland at the Kirkstone Pass change-over Photo: Peter Hartley

IAN HODGSON MOUNTAIN RELAY**Cumbria****25m/8500ft (4.10.98**

This year, the Lakeland mist affected only the first leg, thereafter the course was clear and as far as we know, there were no major navigational errors. After a few light showers in the morning, the day was dry but cool and running conditions on the fells were relatively good, though the slippery rock caused a few scrapes and bruises.

Despite missing two of their best runners and having another broken wrist, Borrowdale gained their fourth successive win. Jon Bland and Andrew Davies gave them a narrow lead of eight seconds on the first leg which was increased to nearly four minutes at Hartsop by Andrew Schofield and Ben Bardsley. Bingley seemed to be the main threat to them at that stage but unfortunately one of their third leg pair suffered severe breathing problems and they slipped back to twelfth by Kirkstone. The Borrowdale lead extended to six minutes at Kirkstone but forty seconds covered the next three teams, Ambleside, Pudsey & Bramley and Dark Peak. The Dark Peak charge was in full flow and fastest leg times on the third and fourth legs moved them up to third place by the finish. Solid runs on all legs enabled Pudsey & Bramley to finish second as last year. The Kendal Veterans' team broke their own record by almost three minutes to finish in fifth place whilst Keswick, anchored by Angela Brand-Barker and Louise Osborne with eighth fastest time on Leg 4, reduced their mixed team record by over nine minutes when finishing tenth.

The key to Pudsey & Bramley's win in the ladies' category was the third leg run by Jane Clark and Helen Purdy who cut back a Clayton lead of over four minutes at Hartsop to hand over ten minutes in front. They held on to gain adequate revenge for last year's defeat.

Kit checks were satisfactory but some second leg runners had peculiar ideas of punching at controls. One pair asked the marshal what to do when they arrived at the control! On being told to punch, they proceeded to examine the map to find Angle Tarn and attempting to punch the Tarn! The next pair to arrive asked the same question and then punched the kite before turning to run off!!

Dave, Shirley, Michael, Neil, Chris and Sara Hodgson

1. Borrowdale	3.35.58
2. Pudsey & Bramley	3.41.40
3. Dark Peak	3.41.52
4. Ambleside	3.42.16
5. Kendal Veterans	3.50.40
6. Livingstone & District	3.57.04
7. Camethy Hill	3.57.53
8. Bingley	3.59.16
9. Kendal	4.01.07
10. Keswick	4.01.56

VETERANS

1. Kendal	3.50.40
2. Keswick	4.03.09
3. Clayton-le-Moors	4.07.28
4. Cumberland FR	4.10.45
	4.19.13

LADIES

1. Pudsey & Bramley	5.03.25
2. Clayton-le-Moors	5.11.01
3. Kendal	5.28.00

MIXED

1. Keswick	4.01.56
2. Ilkley	4.29.43
3. Ambleside	4.43.36
4. Denby Dale Travellers	5.02.04
5. Bingley	5.03.19



Keswick ladies Louise Osborne and Angela Brand-Barker at Kirkstone Pass Photo: Peter Hartley



Langdale Horseshoe winner Jonny Bland approaching Blake Rigg from Pike O'Blisco Photo: Bill Smith

OPEN COUNTRY MOUNTAIN MARATHON Derbyshire "O" 4.10.98

This year's event took place in the North East Peak District starting from Low Bradfield. The day of the event had to be changed at short notice from Sunday to Saturday because of grouse shooting in the area. The day started off beautifully with clear blue skies but with some rain later.

The event is a five hour score event for teams of two with many using the event as KIMM training. The terrain covered was a mixture of footpaths/bridleways and rough open moorland in the Upper Derwent Valley. The course seemed well received by most teams and gave many route choices. This year's winners were John Hunt and John Smallwood, the second consecutive win for John H.

Mark Seddon

1. J. Smallwood/J. Hunt	206pts
2. S. Bourne/D. Nuttall	200pts
3. L. Thompson/M. Wallis	190pts
4. M. Hawker/E. Winslow	190pts
5= D. Parker/K. Parker	188pts
5= R. Ansell/A. Dickenson	188pts
5= J. Emberton/J. Hyde	188pts
8= D. Sleath/M. Sleath	180pts
8= T. Hobbs/H. Nicolson	180pts
10. A. Harmer/B. Berzins	176pts

VETERANS O/40

1. A. Harmer/B. Berzins	176pts
2. M. Wynne/R. Hopkinson	148pts
3. J. Ashton/N. Jones	144pts
4. M. Browell/J. Myers	140pts

VETERANS O/50

1. D. Sleath/M. Sleath	180pts
2. Y. Tridimas/D. Lucas	144pts
3. A. Wright/D. Darker	130pts
4. T. Sowood/G. Crawshaw	130pts

LADIES

1. A. Bedwell/K. Buckley	150pts
2. A. Crank/M. Kenworthy	128pts
3. J. Cave/L. Bland O/35	124pts
4. J. Jones/E. Dunnington O/35	116pts
5. J. Buckley/S. Russell O/35	100pts

MIXED

1. D. Parker/K. Parker	188pts
2. J. Spencer/C. Biourge	114pts
3. A. Moir/C. Thomas	110pts

LANGDALE HORSESHOE FELL RACE Cumbria AL/14m/4000ft 10.10.98

Congratulations to Jonny Bland, Emma Moody, Richard Crossland, Dave Spedding, Ross Jaques and Borrowdale on their victories.

Thanks to Raynet, Achille Ratti, all marshals and helpers, Geoff Clayton for advice, St John's Ambulance, Old Dungeon Ghyll and the Langdale farmers.

No thanks to the runners, who turned up expecting an entry on the day, were denied this, but then ran anyway. This caused confusion for checkpoint marshals and anxious moments are race control when we thought we had "lost" three runners. Don't come again!! Well done to all 286 finishers. See you all next year on Saturday 9 October.

Jonathan Fish

1. J. Bland	Borr	2.02.30
2. R. Jebb	Bing	2.02.42
3. J. Davies	Borr	2.04.13
4. M. Rigby	Amble	2.04.23
5. M. Horrocks	Clay	2.04.29
6. J. McQueen	Eryri	2.06.15
	ForDean	2.12.29
8. S. Shuttleworth	Amble	2.12.45
9. P. Thompson	Unatt	2.13.24
10. J. Blackett	Mand	2.14.11

VETERANS O/40

1. R. Crossland	BfdA	2.20.06
2. L. Warburton	Bowland	2.21.17
3. R. Owen	Eryri	2.23.40
4. M. Wynne	DkPk	2.24.47
	Bowland	2.25.03

VETERANS O/50

1. D. Spedding	Kesw	2.21.14
2. K. Carr	Clay	2.27.07
3. C. Wilkinson	Bing	2.29.42
4. D. Tait	DkPk	2.38.11
5. J. Nuttall	Clay	2.39.00

VETERANS O/50

1. R. Jaques	Clay	
2. D. Brown	Clay	
3. H. Catlow	Dallam	

LADIES

1. E. Moody	NFR	2.54.02
2. J. Rae	W'lands	2.54.19
3. J. Smith O/40	Bing	
4. S. Hodgson	Amble	
5. W. Dodds O/40	Clay	
6. S. Hammond	Tatten	
7. K. Thompson O/40	Clay	
8. M. Chippendale O/50	Penn	

HIGH BROWN KNOLL FELL RACE West Yorkshire BM/6.5m/1050ft 10.10.98

Pudsey & Bramley's latest recruit, Gary Oldfield, made good use of his local knowledge as he triumphed in the inaugural race from Mytholmroyd to High Brown Knoll and back, leading home a field of one hundred and one runners. The route was flagged to checkpoint one at Sheepstones Edge from the canal bridge start and finish, thanks to Gary's uncle and aunt, Steve and Pauline Oldfield. Then it was up to competitors to find their own way to High Brown Knoll (of the Wadsworth Trog fame) and back to the finish.

Steve and Pauline got a thorough soaking for their troubles on Friday evening but the poor conditions meant that the markers went in at very regular intervals. As it happened, the weather on race day was superb, just the wrong kind of day for a navigation exercise but this didn't deter the runners from scattering in all sorts of directions from checkpoint two.

Gary, the "Flying Postman" led former Yorkshire twenty mile road racing champion, Jeff Hornby, at the Trig, with Phil Sheard and 1995 British Fell champion, Jack Maitland, in hot pursuit. Irish International, Shane Green, was next to turn, with Carol a few strides behind. It would appear from the results that Shane had been playing "Follow the Lady" until thenread on.....!

At this point, things began to change. Jack shot off in one direction seemingly on a direct bearing to the finish, while the two leaders went along a longer - though possibly with faster underfoot conditions - bridlepath route. (Well, you don't expect me to give the exact names and locations do you?! Get your maps out.....now dear reader, which way would you have chosen? I bet I know a quicker way!)

As it happened, Jack reached a point where his chosen line was about to meet the descent route flags and his heart must have raced. As he told me afterwards "I thought, right, I've got it sewn up here, but just at the exact moment I saw those two fly down the lane and away towards the finish in front of me.....!"

Jack clearly hasn't lost his talent to descend that earned him the nickname "Falling Stone" during his most successful years on the fell circuit in the late 1980s as he shot down over Hill House Farm and over Wadsworth Bank fields to overhaul Hornby by five seconds, taking runner-up spot.

Oldfield clocked 44.51 to set the inaugural record figures, while Carol clocked 51.06 for eighth ahead of in-form Lisa Lacon and Ruth Dorrington. With Sheard in fourth place, Pudsey & Bramley took the team prize easily ahead of Lancashire rivals, Clayton le Moors.

But wait, whatever happened to Shane Green? Top elite runner, Irish International, five times Manx Mountain Marathon runner-up, ace navigator, ace swifter and all-round top man? He came jogging along the canal bank after taking a slight detour to take the award for most (32) places lost from checkpoint two.



Gary Oldfield, Pudsey & Bramley, winner at High Brown Knoll
Photo: Steve Bateson

The idea of having a bit of navigation seemed to go down well with most of the competitors. It certainly made for a good conversation point in the Dusty Miller afterwards, as everyone compared notes on the descent route choice - well, I bet Gary wasn't giving any secrets away!

Thanks as ever to all those who helped make this race a success - Steve and Pauline Oldfield, Bernard and Kay Pierce on registration and finish recording, Peter Horne at the road crossing and Allan Jones and Brian Horsley who did a grand job of checking everyone through at the summit, enabling me to put intermediate positions in the results (just like a proper race!)

Please note that next year's race will be on a Sunday (10 October 1999) as there will be a shooting party on the moor the day before. The race will form part of the new South Pennines Grand Prix (best eight from twelve races). See you then.

Allan and Carol Greenwood

1. G. Oldfield	P&B	44.51
2. J. Maitland	P&B	45.08
3. J. Hornby	Spem	45.13
4. P. Sheard	P&B	47.59
5. D. Gartley	Stock	48.58
6. J. Ingram	Saddle	49.24
7. B. Goodison	Abbey	50.39
8. C. Greenwood	Bing	51.06
9. F. Reilly	Stock	51.08
10. P. Davis	P&B	51.12

VETERANS O/40

1. B. Goodison	Abbey	50.39
2. I. Robinson	Clay	52.58
3. D. Collins	Tod	55.10
4. D. Asquith	Skyrac	55.15
5. G. Newsham	Clay	55.25

VETERANS O/50

1. F. Reilly	Stock	51.08
2. R. Baker	CFR	54.30
3. G. Breeze	Skyrac	55.43
4. M. Dorrington	Horw	56.07
5. R. Marlow	DkPk	56.17

VETERANS O/60

1. P. Duffy	Aberd	64.23
2. G. Arnold	Prest	68.23
3. A. Campbell	RRC	74.30

LADIES

1. C. Greenwood	Bing	51.06
2. L. Lacon	Holm	56.45
3. R. Dorrington	Abbey	59.51
4. E. Ball	VallStr	60.50
5. L. Hayles	Hfx	67.18
6. H. Wilkinson		



Linda Hannah of Rossendale, High Brown Knoll
Photo: Steve Bateson

MANOR WATER HILL RACE

Borders

BM/10m/2300ft 10.10.98

The Manor Water Hill Race was, this year, held for the seventh year. It is held in conjunction with the Manor Water Sheepdog Trials, one of the major events of the year in the Manor Valley, and under the auspices of the Tweeddale Athletic Club.

The race starts at Haswellsykes Farm and follows the ridge between the Manor Valley and Dawyck as far as the hill known as The Scrape, at 2,348 feet, returning by the same route. The race is on the calendars of both the Scottish Hill Runners Association and the Fell Runners Association but is still a young event and relatively little known. There is a shorter race for juniors. This year, there were fifty six competitors, the largest field so far; however, there were no juniors. Fortunately, the weather was dry on the day, although underfoot conditions were wetter than usual after the frequent rains of the summer.

The race takes place with the kind permission of The Wemyss Estates, Robert Balfour of Dawyck, The Forestry Commission Forest Enterprise, Mr Jim Currie of Haswellsykes and Mr Robert Barr of Woodhouse. Thanks to all the sponsors and those who donated prizes.

D. G Pyatt

1. C. Donnelly	Eryri	76.53
2. K. Whiteford	Shettle	80.47
3. R. Gallagher	W'lands	81.16
4. B. Connor	Carn	82.04
5. J. Thin	Carn	82.13
6. G. Ackland	Liv	83.02
7. A. Anderson	Solway	83.40
8. G. Reid	W'lands	83.47
9. S. Taylor	Clay	84.19
10. D. Brown	Solway	84.54

VETERANS O/40

1. S. Taylor	Clay	84.19
2. K. Adams	W'lands	91.19
3. M. MacLeod	W'lands	92.27
4. C. Christison	Gala	93.25
5. S. Knowles	Fife	94.14

VETERANS O/50

1. B. Waldie	Carn	86.03
2. B. Kettles	Lasswade	97.51
3. C. Pritchard	Carn	106.27
4. A. Anderson	Solway	109.43
5. C. Hall	Roxburgh	114.46

LADIES

1. A. Donnelly	Eryri	106.22
2. J. Ackland	Liv	107.53
3. P. McLaughlin O/40	W'lands	115.03
4. J. Fletcher	Unatt	116.02
5. A. West O/40	FMCCam	117.13

SALTERGATE GALLOWS

Cleveland

BM/8m/1100ft 18.10.98

A fine day in "Heartbeat" country, which saw the inaugural race on this course. What a change from the day before when the rain and winds howled so that the whole course was floating and many of the streams had broken their banks.

Over the first four miles, it was Peter Buckby leading from the Burn brothers and Steve Bottomley. Pete managed to miss the turn at CP3 (where you plunge down a ravine at Hudson's Cross to go down the Griff). Caution was exercised here due to the slippery wooden steps that allow you to descend part of the upper section. As they ducked under the rail arch where the "Dame Vera Lynn" had just steamed through, the front four had regrouped. The one kilometre ascent facing the leading group was now tackled and despite heavy mud over the first three hundred metres, there was little change. Karen Slater was chasing well in seventeenth position overall, with Alison Raw only thirty seconds behind. It was on the ascent after the station that the gap opened between these two leading ladies.

As the men reached the descent just beyond Needle Point, there was still a very close contest between the leading four. It was at the bottom of the descent that Pete made a second mistake, running past the rail crossing which, to the uninitiated, is naturally hidden below the level of the main track. This allowed the two Burn brothers, Rob and Merv, the opportunity to open up a gap putting in a major effort up the second ravine. At this point, the Highland Cattle looked on with a mild disinterest! I was particularly pleased with this section as it is a natural marsh and the rain the day before it required wading against the widened stream. On the day, passage was much easier. By the time the leading ladies reached this section, the race was virtually over. Karen had established a four minute lead over Alison, the current "Winter and Summer Series" Champion.

A total of seventy six runners finished this new event, the first of nine in the "New Balance/Northern Runner Winter Series", with the six best scores to count at the end of the series. Don't forget the next event is the North Eastern Championship for both men and ladies.

Dave Parry

1. R. Burn	ThirskS	61.25
2. M. Burn	ThirskS	61.25
3. P. Buckby	NMarske	62.14
4. S. Bottomley	Eccles	62.23
5. P. Figg	Swale	63.55
6. D. Collett	Mand	64.04
7. P. Kelly	Darl	64.27
8. N. Cotton	ThirskS	64.36
9. R. Hall	ThirskS	64.44
10. S. Mechie	ThirskS	65.02

VETERANS O/40

1. R. Burn	ThirskS	61.25
2. P. Buckby	NMarske	62.14
3. D. Collett	Mand	64.04
4. P. Kelly	Darl	64.27
5. R. Pollard	Mand	66.17

VETERANS O/50

1. M. Hetherton	Nestle	72.12
2. R. Baines	Ind	72.33
3. G. Dixon	Mand	74.03
4. B. McDonald	74.15	
5. R. Sherwood	NMarske	75.03

LADIES

1. K. Slater	Kghly	68.23
2. A. Raw	Darl	72.55
3. A. Hayward	ThirskS	80.29

TENTH BRITISH FELL AND HILL

RUNNING RELAY

Cumbria

4 x fell 18.10.98

It seems appropriate on this occasion to start this race report with thanks to all those who contributed to the organisation of the day, as most had given many hours of their time for months beforehand to make a logistically difficult event work as smoothly as possible. All our hard work looked, on the Friday and Saturday, as if it would be ruined by the weather, so it was with great relief that we saw the sky clear and the stars come out on the Saturday night, and Sunday was as good as we could have expected in October, though cold for the marshals on the fell. There were literally dozens of helpers, mainly from Cumberland Fell Runners, but a number from other clubs, or simply friends or family, who did the innumerable tasks required to see the event go well. Sincere thanks to you all. Jennings, of Castle Brewery, Cockermouth were our generous and very welcome sponsors.

Running standards were high. A record number of teams entered, some travelling long distances to take part in the event. Congratulations to all the winners. A particular thank you also to all the teams who come and take part, knowing that they are unlikely to beat the elite teams! Borrowdale started as favourites, running on home ground, but were narrowly beaten by an extremely strong Bingley team. Pudsey & Bramley were a creditable third in the open event and first in the ladies' relay with an exceptional team. Kendal were winners of the Veterans event by a narrow margin from Keswick.

Cumberland Fell Runners worked hard to make the event a success and tried to anticipate as many problems as possible. We didn't get everything right but in an enterprise of this size, we hardly expected to. We hope that you all enjoyed the day.

Barry



British Fell and Hill Running Relay, Braithwaite, Ambleside leg 2 runners Jonathan Fish and Stuart Shuttleworth climbing Barrow Photo: Peter Hartley



BFHR (FRA) Relay - Gavin Bland (Borrowdale), Carl Saint (Leeds) on leg 1
Photo: Steve Bateson



BFHR (FRA) Relay, Bingley pair Rob Jebb and Andy Peace on leg 2 Photo: Steve Bateson

BREIDEN HILLS RACE Shropshire AM/7m/2300ft 18.10.98

For the second year in a row, the morning of the race dawned frosty with light winds and a blue sky but soft underfoot after the previous days' torrential rain. The male and female records still stand although Andrew Davies (just turned senior) has already equalled Colin Donnelly's four race wins, impressive domination!! Dare I say it, in fear of a thumping, also well done to our oldest regular, Albert Penfold, who produced his best time in five years, an outstanding example to us all.

Next year the race is on Sunday 17 October 1999, its fifteenth year. Thank you once again to all runners, marshals and landowners for the continued support of the race and the charities. Race proceeds were split between the Emma Allen Fund and the Air Ambulance.

Stuart Cathcart

1. A. Davies	Mercia	52.29
2. A. Carruthers	Hales	54.27
3. C. Lancaster	Telf	55.41
4. R. Barry	Northbrook	56.13
5. M. Cuddy	Gloss	56.13
6. B. Gregory	Stock	56.30
7. G. Cresswell	Pennine	56.44
8. M. Clewes	Newport	58.36
9. S. Entwistle	Gloss	58.38
10. H. Jones	Newtown	59.25

VETERANS O/40

1. B. Gregory	Stock	56.30
2. G. Cresswell	Pennine	56.44
3. S. Entwistle	Gloss	58.38
4. R. Wilson	MWalesO	59.28
5. P. Chadwick	Wells	60.41
6. J. Coombes	Mercia	61.43

LADIES

1. Rhianna Matthews	Shrews	67.18
2. Rachel Matthews	Shrews	71.57
3. G. Evans	Shep	72.30
4. L. Delrio	Mercia	73.51
5. G. Roberts O/35		74.10
6. A. Goodall O/35	Mercia	75.01

JUNIORS

1. S. Marlow	Unatt	66.39
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1. Bingley 'A'	3.53.50
2. Borrowdale 'A'	3.55.14
3. Pudsey & Bramley 'A'	3.57.38
4. Clayton le Moors 'A'	4.05.01
5. Dark Peak 'A'	4.08.30
6. Cosmic Hill Bashers 'A'	4.12.25
7. Horwich 'A'	4.16.03
8. Ambleside 'A'	4.16.42
9. Todmorden 'A'	4.17.04
10. Altrincham 'A'	4.18.03
11. Rossendale 'A'	4.18.45
12. Cumberland FR 'A'	4.19.46
13. Kendal Veterans	4.20.14
14. Keswick Veterans	4.20.22
15. Camethy	4.22.30
16. Pudsey & Bramley 'B'	4.23.48
17. Borrowdale 'B'	4.25.34
18. Keswick 'A'	4.26.06
19. Horwich Veterans	4.26.34
20. Clayton-le-Moors 'B'	4.28.21
21. Dark Peak 'B'	4.28.37
22. Mandale 'A'	4.30.51
23. Mercia Veterans	4.31.23
24. Kendal Veterans 'B'	4.33.31
25. Cumberland FR 'B'	4.33.36
26. Mersey 'A'	4.34.08
27. Cumberland FR Veterans	4.36.03
28. Kendal 'A'	4.39.09
29. Mercia 'A'	4.40.10
30. Keighley & Craven 'A'	4.40.35

LADIES

1. Pudsey & Bramley	5.04.58
2. Camethy	5.12.42
3. Keswick	5.20.42
4. Macclesfield	5.22.25
5. Cosmic Hill Bashers	5.23.00
6. Altrincham	5.29.42
7. Cumberland FR	5.35.03
8. Clayton le Moors	5.45.59
9. Ilkley	5.46.09
10. Pennine	5.53.24



BFHR (FRA) Relay, 112 teams set off from Braithwaite Photo: Peter Hartley

SEVENTH WITHINS SKYLINE

West Yorkshire

BM/7m/1000ft 24.10.98

MUD, FLOOD, WIND AND HAIL. Hostile weather caused a route change to the seventh Withins Skyline senior race, the reason, it was deemed that the mile long stretch along the actual Skyline from Oxenhope Stoop to Top Withins ruin was too inhospitable.

So the main route taken was the main tourist path via Bronte Bridge to the Top Withins ruin, and straight back the same way to Penistone Hill, approximately six miles and eight hundred feet. Even this route meant that the one hundred and forty runners had to contend with appalling weather, thick mud and deep standing water along much of the route, with several runners literally being blown off their feet! "I'm glad we didn't run the proper Skyline race, it was a very wise decision. Although if we had, certainly my winning margin would have been more. It was lucky for Ian Holmes that he's away racing in Italy at the moment" said a relieved and mischievous race winner, Robert Jebb.

This was only Robert's second win, the other being way back in May at Coniston. In between, he has been concentrating on the British and English Championships where he finished sixth and third respectively, along with other high profile events. The British Telecom Engineer will be a major contender in 1999, "I'm only 23 and I've a long way to go and, hopefully, a lot of improvement left".

Carol Greenwood, the now twice winner, floundered in the heavy conditions, her slight frame preventing her from ploughing through the quagmire and enabling the strong winds to whip her feet away. The ever improving Lisa Lacon always fares well on the Haworth Moor Woodhead race routes, although she always seems to be thwarted at her attempts to win one of the eventsyour day will come, Lisa.

The juniors in the quarry races which were competed in the worst of the weather - gale force winds and horizontal rain, failed to put the fourteen competitors off their stride. We only had one under sixteen runner, so Anna Jagan opted to run the first lap with the under fourteens and the second lap solo to win the under sixteens' prize. James Greenhalgh was an easy winner in five and a half minutes, with David Hassell second and James Dunn third, these finished Under 14, Under12, and Under 9 respectively. In the girls' race, Freya Jagan and Nicola Walker won the Under 12 and Under 14. All juniors welcomed the free hot coffee and biscuits more than their goody bags of can of pop, crisps, chocolate bar, bag of sweets and tongue painter lolly. Not to be seen to favour the young ones, the senior finishers received a Cadbury's chocolate bar and unique flavoured bag of Seabrooks crisps, SWEETCORN flavour(!), yes, you read right, SWEETCORN, hmmm.

Darby and Joan

1. R. Jebb	Bing	37.58
2. J. Hornby	Spenn	38.35
3. S. Oldfield	BfdA	38.54
4. A. Wrench	Tod	39.04
5. R. Ward	DkPk	39.35
6. A. Whalley	P&B	39.54
7. J. Hemsley	Ilk	40.09
8. S. Bottomley	Eccles	41.23
9. P. Dobson	Leeds	41.23
10. C. Valentine	Kesw	41.29

VETERANS O/40

1. S. Oldfield	BfdA	38.54
2. B. Goodison	Abbey	41.39
3. C. Speight	Kend	41.43
4. D. Woodhead	Horw	41.55
5. R. Hamilton	Ilk	43.03

VETERANS O/50

1. G. Breeze	Skyrac	46.06
2. G. Howard	Ilk	46.27
3. S. Sanderson	BfdA	47.35
4. T. Thornley	Ilk	48.03
5. G. Fielding	Ross	49.15

VETERANS O/60

1. R. Jaques	Clay	51.03
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LADIES

1. C. Gfeenwood	Bing	43.45
2. L. Lacon	Holm	47.10
3. L. Nyberg	JMooreUn	48.02
4. R. Dorrington	Abbey	49.53
5. K. Mather O/35	Saddle	51.45
6. J. Smith O/40	Bing	52.40

JUNIORS UNDER 18

1. L. Broadley	Bing	41.35
2. G. Pearce	Ilk	44.47
3. S. Troth	Kghly	45.42

JUNIORS UNDER 16

1. A. Jagan	EPOC	16.44
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JUNIORS UNDER 14 - 1 MILE

1. J. Greenhalgh	Settle	5.35
2. D. Hassell	Settle	7.09
3. J. Dunn	Bing	7.20
4. M. Addison	Unatt	7.27
5. D. Cutts	Leeds	7.44
6. O. Heaton	Bowland	7.50

Championship Details (1998)

*British and English Championship details;
Welsh Championship positions*

Regional Championship details now available

British and English
lady veteran champion
Jo Prowse (Photo: Woodhead)



Guests of Honour and former champions Sarah Rowell and Colin Donnelly accept gifts from 1998 British champions Ian Holmes and Angela Mudge (Photo: Woodhead)

English Ladies Champions Keswick A.C. with Guests of Honour (Photo: Woodhead)

BRITISH CHAMPIONSHIP AWARDS 1998

MALE OPEN

				PENDLE SHORT	SAILBECK MEDIUM	CULTER LONG	SIABOD MEDIUM	TOTAL POINTS
GOLD	IAN	HOLMES	BINGLEY	3	2	4	4	144
SILVER	MARK	ROBERTS	BORROWDALE	5	7	5	3	140
SILVER	SIMON	BOOTH	BORROWDALE	15	1	1	9	140
BRONZE	GAVIN	BLAND	BORROWDALE	6	14	3	6	138
BRONZE	JIM	DAVIES	BORROWDALE	11	5	2	12	135
BRONZE	ROBERT	JEBB	BINGLEY	8	6	6	7	133

MALE VET 40

GOLD	MALCOLM	PATTERSON	SHETTLESTON	1	2	1	*	93
SILVER	DAVID	NEILL	MERCIA	3	1	2	1	89
BRONZE	DAVID	HOULSWORTH	KENDAL	4	4	3	3	83

MALE VET 50

GOLD	JAMES	PATTERSON	ALBERTVILLE	2	1	1	3	33
SILVER	PETER	McWADE	CLAYTON	1	2	2	2	30
BRONZE	DAVID	TAIT	DARK PEAK	5	3	3	*	22

LADIES OPEN

GOLD	ANGELA	MUDGE	CARNETHY	1	1	1	1	66
SILVER	ANGELA	BRAND-BARKER	KESWICK	3	2	2	3	56
BRONZE	JOANNE	PROWSE	KEIGHLEY	4	3	6	5	50

LADY VET 40

GOLD	JOANNE	PROWSE	KEIGHLEY	1	1	2	1	33
SILVER	LYNN	THOMPSON	KESWICK	3	2	1	*	29
BRONZE	VICTORIA	MUSGROVE	ERYRI	7	4	4	3	19

TEAMS

MEN OPEN

FIRST	BORROWDALE	33	SIMON BOOTH, JONATHON BLAND, JIM DAVIES, MARK ROBERTS, GAVIN BLAND & ANDREW SCHOFIELD
SECOND	BINGLEY	31	MATTHEW WHITFIELD, IAN HOLMES, ADRIAN RUSHWORTH, BOB WHITFIELD, DAVE HORSFALL, MARK KINCH, ROB JEBB, STEVE HAWKINS & PAUL MITCHELL
THIRD	KENDAL	22	DAVID HOULSWORTH, MIKE WALSH, HUGH SYMONDS, CRAIG ROBERTS, PHIL CLARK, MIKE WALFORD, NICHOLAS SPENCE & WILLIAM PROCTOR

VETERAN MEN

FIRST	KENDAL	33	DAVID HOULSWORTH, MIKE WALFORD, PHIL CLARKE, WILLIAM PROCTOR, HUGH SYMONDS, MIKE WALSH & JOHN REEVE
SECOND	CLAYTON - LE - MOORS	28	MIKE WALLIS, GEOFF GOUGH, PETER McWADE & JACK HOLT
THIRD	HORWICH RMI	27	GRAHAM SCHOFIELD, DAVID WOODHEAD, STEVE JACKSON & TONY HESKETH

LADIES OPEN

FIRST	CARNETHY	33	ANGELA MUDGE, KAREN POWELL, MAGGIE CREBER, KATE JENKINS & JACQUI HIGGINBOTTOM
SECOND	KESWICK	31	JANE JONES, LOUISE OSBORN, ANGELA BRAND-BARKER, LYNN THOMPSON & LIZ COWELL
THIRD	ERYRI	19	ALISON DONNELLY, JANE LLOYD, NATASHA FELLOWES, VICTORIA MUSGROVE, LISA GARTRELL, JENNY HEMING & TINA DEWSNAP

KEY: PENDLE - 4TH APRIL
 CULTER - 30TH MAY

 SAILBECK - 10TH MAY
 MOEL SIABOD - 18TH JULY

RANKING IS CALCULATED ON SCORES IN UP TO THREE RACES. IF THREE RACE SCORES ARE USED THEN THEY MUST INCLUDE ONE RACE AT EACH DISTANCE.

ENGLISH AWARDS: INTERMEDIATE CHAMPIONSHIP

MEN

				PEN	BEL	D	B-P	STL	LAN	PTS
GOLD	ANDREW	DAVIS	MERCIA	*	10	10	*	10	8	38
SILVER	HARRY	MATTHEWS	SHREWSBURY	8	8	8	10	6	*	34
BRONZE	DAVID	NORMAN	ALTRINCHAM	*	6	7	7	7	*	27

LADIES

GOLD	CHARLOTTE	SANDERSON	SKIPTON	10	8	*	*	10	8	36
SILVER	SHARON	TAYLOR	BINGLEY	5	6	8	8	8	10	34
BRONZE	EMMA	MIDDLETON	CHARNWOOD	8	7	*	*	7	7	29

KEY; PEN = PENDLE - 4TH APRIL
 D = DODD - 24TH MAY
 STL = STEEL FELL - 19TH JULY

 BEL = BELMONT VILLAGE WINTER HILL - 9TH MAY
 B-P = BUCKDEN PIKE - 20TH JUNE
 LAN = LANGDALE COUNTRY FAIR - 16TH AUGUST

BEST FOUR POSITIONS FROM THE SIX COUNTING RACES

ENGLISH CHAMPIONSHIP AWARDS 1998

MALE OPEN

				L-M	PEN	S	B-P	R-D	SED	
				M	S	M	S	L	L	PTS
GOLD	IAN	HOLMES	BINGLEY	1	3	2	1	*	3	121
SILVER	SIMON	BOOTH	BORROWDALE	3	14	1	7	1	1	120
BRONZE	ROBERT	JEBB	BINGLEY	4	8	6	3	4	4	109
BRONZE	DAVID	NEILL	MERCIA	7	22	8	4	2	7	104
BRONZE	JIM	DAVIES	BORROWDALE	6	11	5	9	3	5	102
BRONZE	GAVIN	BLAND	BORROWDALE	5	6	13	11	*	2	100

MALE VET 40

GOLD	DAVE	NEILL	MERCIA	1	2	1	1	1	1	88
SILVER	DAVID	HOULSWORTH	KENDAL	7	3	3	3	*	3	72
BRONZE	WILLIE	BELL	CFR	4	15	13	4	2	4	70

MALE VET 50

GOLD	PETER	McWADE	CLAYTON	*	1	1	1	*	2	45
SILVER	DAVID	TAIT	DARK PEAK	3	3	2	*	2	*	34
BRONZE	BRIAN	SCHOFIELD	TODMORDEN	*	5	4	*	1	5	31

MALE VET 60

GOLD	PETER	NORMAN	WREXHAM	1	1	*	1	1	*	38
SILVER	ROSS	JAQUES	CLAYTON	*	2	1	2	*	1	30
BRONZE	JOHN	DEARDEN	HELSEBY	2	3	*	5	*	*	23

(ONLY MEDIUM & SHORT APPLICABLE)

LADIES OPEN

				L-M	PEN	S	B-P	R-D	SED	
GOLD	ANGELA	BRAND-BARKER	KESWICK	*	2	1	*	1	6	78
SILVER	JOANNE	PROWSE	KEIGHLEY	8	3	2	5	*	2	72
BRONZE	LYNN	THOMPSON	KESWICK	9	5	5	4	3	*	67

LADY VETERAN

GOLD	JOANNE	PROWSE	KEIGHLEY	3	1	1	2	*	2	42
SILVER	KAREN	SLATER	KEIGHLEY	1	4	*	3	1	3	40
BRONZE	LYNN	THOMPSON	KESWICK	4	3	2	1	2	*	38

TEAMS

MEN OPEN

GOLD	BINGLEY	45	MATTHEW WHITFIELD, IAN HOLMES, ROBERT JEBB, STEVE HAWKINS, MARK KINCH, ROBIN LAWRENCE, COLIN MOSES & DAVE HORSFALL
GOLD	BORROWDALE	45	MARK ROBERTS, GAVIN BLAND, JIM DAVIES, SIMON BOOTH, JONNY BLAND, ANDREW DAVIES, MARTIN HOLROYD & ANDREW SCHOFIELD
BRONZE	AMBLESIDE	34	MARK RIGBY, NICK FISH, JOHN ATKINSON, ROGER BELL, MARK FLEMING, SIMON STAINER, CHRIS RHODES, STUART SHUTTLEWORTH, BEN EVANS, DAN DUXBURY & STEVEN SAVAGE

VETERAN MEN

GOLD	KENDAL	45	PHIL CLARK, BILLY PROCTOR, ANDREW BECK, DAVID HOULSWORTH, JOHN REEVE, HUGH SYMONDS, MIKE WALSH, DUNCAN OVERTON, PAUL TUSON, ALAN MILLER & PHILIP WHITING
SILVER	HORWICH RMI	38	GRAHAM SCHOFIELD, STEVE JACKSON, STEVE MORAN, BRIAN WALTON, BRENT BRINDLE, ALAN SWEATMAN, JEFF HOLLOWAY, TONY HESKETH & DAVE WOODHEAD
BRONZE	CUMBERLAND FELL RUNNERS	36	WILLIE BELL, ANDY BEATTY, HARRY JARRETT, ROB JAMES, RICHARD UNWIN, RICHARD BAKER & STEVE HOLLIDAY

LADIES OPEN

GOLD	KESWICK	45	ANGELA BRAND-BARKER, LYNN THOMPSON, LIZ COWELL, LOUISE OSBORN, JANE JONES & DEBBIE THOMPSON
SILVER	KEIGHLEY & CRAVEN	39	FREDA TATE, ELIZABETH TOMES, KAREN SLATER & JOANNE PROWSE
BRONZE	CLAYTON	37	VANESSA PEACOCK, WENDY DODDS, KATY THOMPSON, KATH WALLIS, ALISON SMITH & BEV McWADE

KEY: L-M = LONG MYND 15TH FEB PEN = PENDLE 4TH APRIL
 S = SAILBECK 10TH MAY B-P = BUCKDEN PIKE 20TH JUNE
 R-D = ROYAL DOCKRAY 27TH JUNE SED = SEDBURGH HILLS 16TH AUGUST

RANKING IS CALCULATED ON SCORES IN UP TO FOUR RACES. IF FOUR RACE SCORES ARE USED THEN THEY MUST INCLUDE ONE RACE AT EACH DISTANCE.

**PENCAMPWRIAETH RHEDEG MYNYDD CYMRU 1998
WELSH MOUNTAIN RUNNING CHAMPIONSHIP 1998
SAFLEOEDD TERFYNNOL : FINAL POSITIONS**

Senior Men

1. Colin Donnelly	Eryri	86
2. Peter Maggs	MDC	68
3. James McQueen	Eryri	64*
4. Hefin Richards(V)	MDC	57
5. Adrian Woods	Eryri	52
6. Steve Robst	Eryri	50
7. D. Whiteside-Thomas(SV)	Eryri	47
8. Julian Baker	Eryri	35
9. Pete Norman(SSV)	Wrexham AC	32
10= Trefor Jones	Eryri	29
10= Stephen P. Jones(V)	Eryri	29

Ladies

1. Victoria Musgrove(V)	Eryri	86
2. Eluned Dunnington	Eryri	40*
3= Ann Nixon (V)	MDC	22*
3= Dawn Kenwright (V)	SHORC	22*
3= Jayne Lloyd	Eryri	22*
6. Alison Donnelly	Eryri	20*
7= Sharon Woods	Eryri	18*
7= Sheila Bennell	Eryri	18*
7= Fran Williams	Cardiff AAC	18*
10. Sheila Lloyd(SV)	Eryri	17*

Male Veterans O/60

1. Pete Norman	Wrexham AC	88
2. John Carson	Eryri	80
3. Cledwyn Jones	MDC	40*
4. Ron Morgan	Trots	20*
5. Allen Watts	Sarn Helen	18*
6. Stan Winstanley	Eryri	17*

Veterans O/40 Teams ('A' teams only)

1. Clwb Rhedwyr Eryri	106
2. Mynyddwyr De Cymru	101
3. Amman Valley Harriers	22
4. Wrexham AC	20
5. Sarn Helen O&RC	18
6. Chepstow Harriers	16

Male Veterans O/40

1. Hefin Richards	MDC	83
2. D. Whiteside-Thomas (SV)	Eryri	73
3. John Morris (SV)	Pennine	61
4. Dick Finch (SV)	MDC	58
5. Pete Norman (SSV)	Wrexham AC	56
6. Steve Brown	MDC	49
7. Mike Blake(SV)	Eryri	46
8. Stephen P. Jones	Eryri	40*
9= Steve Barnard	Eryri	36*
9= Graham Cheshire (SV)	MDC	36

Male Veterans O/50

1. John Morris	Pennine	82
2. D. Whiteside-Thomas	Eryri	81
3. Dick Finch	MDC	74
4. Pete Norman (SSV)	Wrexham AC	72
5. Graham Cheshire	MDC	59
6. John Carson (SSV)	Eryri	53
7. Martin Williams	Eryri	49
8. Eric Meredith	MDC	43
9= Brian Evans	Eryri	40*
9= Mike Blake	Eryri	40*

Open Teams ('A' teams only)

1. Clwb Rhedwyr Eryri	126
2. Mynyddwyr De Cymru	92
3. Amman Valley Harriers	20
4. Wrexham AC	18
5= Sarn Helen O&RC	17
5= Wrexham Triathletes	17
7. Chepstow Harriers	13

Ladies Teams

1. Clwb Rhedwyr Eryri	44
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(only one team scored points)

* Athletes indicated are ineligible for medals as they did not complete one race at each distance.

Martin Lucas Hon. Statistician Nov.98

**ISLE OF MAN FELL
RUNNING LEAGUE 1998**

Best six results out of ten

1. T. Rowley	8pts
2. D. Young	11pts
3. P. Kaneen	12pts
4. I. Ronan	15pts
5. P. Cain	21pts
6. B. Walker	27pts
7. R. Stevenson	34pts
8. D. Corrin	36pts
9. R. Callister	46pts
10. R. Moughtin	52pts

VETERANS O/40

1. D. Young	6pts
2. P. Cain	10pts
3. R. Stevenson	18pts
4. D. Corrin	19pts
5. R. Moughtin	27pts
6. R. Callister	28pts

VETERANS O/50

1. D. Young	6pts
2. D. Corrin	10pts
3. R. Callister	13pts
4. S. Moynihan	19pts
5. I. Chrystal	26pts
6. J. Wright	29pts

LADIES

1. B. Walker	6pts
2. R. Hooton	11pts

SEAA CHAMPIONSHIP

S.E.A.A. Fell Race Championship 1998 was incorporated in the Breidden Hills Fell Race (October 1998).

This race is a little toughie, now firmly entrenched in the October calendar. Although the early part of the weekend was wet and windy, race organiser, Stuart Cathcart, had arranged a fine, crisp, sunny morning - ideal for fell running. Many thanks to Stuart for allowing the South to use his race.

Result: The S.E.A.A. Fell Race Championship
This year the ladies did not contest - see you all in 1999.

Senior Men:

1. Andrew Carruthers	Crawley A.C.
2. Colin Lancaster	U.A.
3. Paul Chadwick	Wells City Harriers

Vet O/40

1. Paul Chadwick	Wells City Harriers
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Vet O/50

1. Sam Kirkpatrick	M.K.A.C.
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Team

1. Dave Findel-Hawkins	Milton Keynes A.C.
2. Jim Watson	Milton Keynes A.C.
3. John Underwood	Milton Keynes A.C.

Note for 1999
For the first time in recent history this championship will be held in the south. There will also be a new format.

The Isle of Wight Fell Race Series have kindly allowed us to incorporate the S.E.A.A. Championship in their three races. See F.R.A. Calendar.

Sam D. Kirkpatrick

**ISLE OF WIGHT FELL RUNNING
CHAMPIONSHIP SERIES**

Isle of Wight 17/18.10.98

Although entries were slightly down this year, the 4th Annual Isle of Wight Fell Running Series, held at Ventnor over the weekend, were blessed with fine weather and the interest and sponsorship of Southern Water.

Organised by Ryde Harriers, the series is spread over two days and is run in conjunction with the Rex Valley Sports Centre Project. Three races are involved - a three mile event on the Saturday morning to the top of St Boniface and back from Ventnor Esplanade with 775ft of ascent; the Ventnor Horseshoe over seven miles involving 1500ft of ascent on the Saturday afternoon; the Wroxhall Round over thirteen miles on Sunday morning involving a further 1500ft of ascent.

It turned out to be a particularly good weekend for Ryde Harriers as not only did one of their star runners, Geoff Doughty, win all three races to take the Victor Ludorum Trophy, the Brenda Lawson Shield but the club also fielded the overall first team incorporating all three races.

The ladies' race saw Mary Mills again taking honours and giving her the Victrix Ludorum Trophy and the John Farrant Shield.

No fewer than four records were broken over the three events, all the veteran 60 records were smashed by Terence Layburn and the veterans' 50 class record for the thirteen mile event, by Alan Cass.

The thanks of the organisers goes to a great number of people who marshalled and helped on the day, particularly the police and St John's Ambulance. Also thanks to other numerous helpers, particularly Ventnor Rugby Club.

ST BONIFACE FELL RACE

1. G. Doughty	Ryde	18.32
2. J. Lowden O/40	Worthing	18.43
3. H. Grubb	Reading	19.04
4. P. Fooks	HolmeP	19.06
5. A. Brown O/40	Worthing	19.14
6. S. Cooper	Ryde	19.15
7. D. Tibbals	EGrinstT	19.26
8. D. Keam O/40	Compton	19.29

VETERANS O/50

1. A. Cass	Ryde	20.01
2. C. Burnett	MKeynes	23.10
3. G. Burrow	Worthing	23.37

VETERANS O/60

1. T. Layburn	MKeynes	22.57
2. M. Callow	MKeynes	26.57

VETERANS O/70

1. D. Gammage	IWAC	36.19
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LADIES

1. M. Mills O/35	HolmeP	22.16
2. C. Daniells O/45	MKeynes	26.48
3. S. Pegg O/35	EGrinstT	26.58

VENTOR HORSESHOE

1. G. Doughty	Ryde	56.22
2. J. Lowden O/40	Worthing	56.58
3. A. Brown O/40	Worthing	57.14
4. D. Tibbals	EGrinstT	57.39
5. P. Aked	Reading	58.06
6. H. Grubb	Reading	58.27
7. D. Keam O/40	Compton	58.29
8. P. Fooks	HolmeP	58.41

VETERANS O/50

1. A. Cass	Ryde	60.14
2. G. Burrow	Worthing	67.20
3. C. Burnett	MKeynes	71.27

VETERANS O/60

1. T. Layburn	MKeynes	68.55
2. M. Callow	MKeynes	82.04

LADIES

1. M. Mills O/35	HolmeP	69.29
2. C. Jackson	Ryde	77.52
3. C. Daniells O/45	MKeynes	80.26
4. S. Pegg O/35	EGrinstT	80.56

WROXHALL ROUND

1. G. Doughty	Ryde	1.35.50
2. P. Aked	Reading	1.37.25
3. A. Brown O/40	Worthing	1.38.11
4. J. Lowden O/40	Worthing	1.40.14
5. D. Tibbals	EGrinstT	1.41.12
6. D. Keam O/40	Compton	1.41.15
7. P. Fooks	HolmeP	1.43.16
8. A. Cass O/50	Ryde	1.44.25

VETERANS O/50

1. A. Cass	Ryde	1.44.25
2. N. Geeson	Ryde	1.52.25
3. G. Burrow	Worthing	1.59.06

VETERANS O/60

1. T. Layburn	MKeynes	2.07.07
2. M. Callow	MKeynes	2.30.49

LADIES

1. M. Mills O/35	HolmeP	2.01.56
2. C. Jackson	Ryde	2.14.55
3. C. Daniells O/45	MKeynes	2.22.18
4. B. Cole O/35	Croydon	2.33.29
5. J. Child O/45	Worthing	2.38.16

OVERALL RESULTS

VICTOR LUDORUM G. Doughty	Ryde
VICTRIX LUDORUM M. Mills	HolmeP

THE 32ND GALE FELL RACE

Lancashire

CS/4.5m/800ft 25.10.98

The 32nd edition of the Gale fell race was run appropriately enough in very windy conditions. I dropped Carol off at the White House Inn on Blackstone Edge, kitted out with full thermals, windproofs and a bag of flags. By the time she got to the Gale Inn, where I had set up registration and organised the car parking, she was visibly shaking with cold as she made a bee-line for the warm car and flask of hot coffee.

Jamie Dore set off with his yard brush and did a great job, cleaning the wet leaves and dirt from those notoriously slippery steps, as well as scything a load of nettles from the track and lifting about half a hundredweight of wooden pallets which someone had dumped in the factory yard. Thanks Jamie.

Seven times winner and former record holder, Colin Robinson, sent the seventy runners on their way, then stood out in the drizzle, which was accompanied by occasional spells of bright sunshine in order to record numbers with his wife Brenda - eight times a winner at the event - and Rochdale's 'man of the year', Joe Salt with his trusty stopwatch.

Mark McGlinchy was first to touch the wall of the Whitehouse, the day after answering a late call to anchor Bingley Harriers in the National six stage road relays at Sutton Park, Birmingham. However, his hopes of glory were dashed as Steve Culshaw powered down over the fast descent to win by ten seconds in twenty six minutes and sixteen seconds and lead his club to victory in the team race.

Carol soon got warmed up after her route marking session, turning at the top in fourth place overall, but as usual, the men who trailed in her wake were priming themselves up for the increasingly difficult exercise of avoiding a good scalping!

Only eleven men managed this feat, the latter, Chris Speight obviously having felt the benefit of an extra hour's warm up after forgetting to turn his clock back, while everyone else made use of an extra hour in bed!

Jo Prowse took second place in the women's race ahead of Lucy Whitaker. Performance of the day to my mind came from Pete Lyons. Though competing as a Veteran over fifty, Pete thrashed all the other veterans with his obscene seventh place overall, as Dave Woodhead took the first over forty prize in tenth, after organising (and running) his own 're-routed' Withens race the day before - a decision with which I agreed totally, Dave. The weather was appalling and we runners were grateful to even have a race at all.

Thanks to everyone who helped make the 32nd Gale race a success; Colin, Brenda, Joe and Jamie, Landlord, Jim Grounds, who has hosted the race for twenty five years, Sue and Jess Palmer who as always did a great job with registration and results compilation and Eileen Woodhead who took charge of handing out refreshments and chocolates/jelly babies to all finishers.

Three special awards were made before the prizegiving. Engraved glass tankards were presented to Jim at the Gale for long service to the event, Sue and Jess for all their help with my race series throughout the year, and Carol who was the only person to complete the six race "South Pennines series".

As a result of the event, I was able to make a donation to Candlelighters, a charitable organisation who is fighting the war against children's cancer.

In 1999 my races will form part of a year-long, twelve race South Pennines Grand Prix - see advert in fell calendar - with a points league and quality memento to all who complete any eight qualifying events.

Hope to see you somewhere soon.

Allan Greenwood



Lucy Whitaker, Saddleworth, at the race with the oldest record in the books, Gale Fell Photo: Steve Bateson



Karen Slater, Keighley and Craven, winner at Scout Scar Photo: Allan Greenwood

1. S. Culshaw	Horw	26.16
2. M. McGlinchy	Bing	26.26
3. R. Jackson	Salf	26.58
4. N. Leigh	Altr	27.31
5. C. Seddon	Horw	27.37
6. M. Salkild	HolmeP	27.58
7. P. Lyons	Ross	28.14
8. K. Gaskell	Horw	28.17
9. S. Bottomley	Eccles	28.25
10. D. Woodhead	Horw	28.29

VETERANS O/40

1. D. Woodhead	Horw	28.29
2. C. Speight	Kend	28.45
3. G. Read	Roch	30.17
4. I. Holloway	Roch	30.33
5. N. Hindle	Altr	31.12

VETERANS O/50

1. P. Lyons	Ross	28.14
2. P. Jepson	Ross	30.28
3. G. Breeze	Skyrac	31.07
4. P. Blagborough	Saddle	35.08
5. J. Fox	Roch	35.19

VETERANS O/60

1. M. Seward	Unatt	37.23
2. B. Hargreaves	Tod	42.21
3. J. Newby	Tod	51.02

LADIES

1. C. Greenwood	Bing	29.00
2. J. Prowse O/40	Kghly	32.03
3. L. Whitaker	Saddle	34.36
4. C. Lorimer O/40	Cosmic	35.33
5. J. Smith O/40	Bing	35.46
6. S. Clift	Tod	37.14

SCREES FELL RACE

Cumbria

AS.5m/1560ft 31.10.98

One hundred and thirteen runners entered, which was a record turnout. No records were broken with the going on the soft side to good; the weather was fine. So too was the Beer Festival and Band which followed in the evening!!

Edward Simpson

1. M. Amor	CFR	42.34
2. S. Stainer	Amble	43.45
3. B. Taylor	CFR	43.49
4. B. Thompson	CFR	44.44
5. C. Valentine	Kesw	44.51
6. P. Davis	B'burn	45.14
7. D. Byers	Traff	45.21
8. A. Beatty	CFR	45.47
9. A. Duxbury	Amble	46.12
10. A. Meanwell	Borr	46.30

VETERANS O/40

1. A. Beatty	CFR	45.47
2. J. Hope	AchRatt	47.18
3. R. James	CFR	47.37
4. S. Clarke	Clay	47.08

VETERANS O/50

1. J. King	CFR	53.39
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VETERANS O/60

1. H. Catlow	Dallam	60.52
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LADIES

1. J. King	CFR	48.18
2. A. Brand-Barker	Kesw	50.20
3. K. Beattie	CFR	52.09
4. H. Johnson	Ilk	52.45
5. K. Rogan	Wharfe	58.25

JUNIORS

1. G. Crayston	CFR	46.45
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HARRIERS V CYCLISTS

West Yorkshire

CM/6m/650ft 31.10.98

1. M. Horrocks (H)	Clay	36.57
2. I. Taylor (Cyc)	EBurgess	37.43
3. R. Jebb (Cyc)	Hopetech	37.50
4. P. Thompson (H)	Unatt	38.48
5. M. Salkild (H)	HolmeP	39.45
6. S. Bottomley (H)	Eccles	39.53
7. F. Reilly (H)	Stock	40.24
8. I. Hansen (H)	Bing	40.42
9. C. Greenwood (H)	Bing	40.44
10. D. Asquith (H)	Skyrac	41.12
11. I. Walker	Wake	41.29
12. S. Macina	Eccles	41.51

VETERANS O/40

1. D. Asquith	Skyrac	41.12
2. D. Thompson	CaldV	42.01
3. D. Collins	Tod	42.12
4. P. Isaacs	Wake	43.15
5. H. Suddall	Bing	44.55

VETERANS O/50

1. F. Reilly	Stock	40.24
2. G. Breeze	Skyrac	44.09
3. M. Coles	Skyrac	45.39
4. T. McDonald	Bing	46.27
5. J. Collinson	Bing	47.56

VETERANS O/60

1. P. Brennan	Salf	52.49
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LADIES

1. C. Greenwood	Bing	40.44
2. R. Whitehead	Bing	46.05
3. L. Bland	DkPk	49.57
4. S. Taylor U/20	Bing	50.17
5. P. Childs O/50	Leeds	55.44
6. G. Troth	Kghly	61.42
7. C. Porritt O/50	Ilk	62.55

JUNIORS UNDER 20

1. S. Troth	Kghly	43.36
2. J. Carter	Spem	48.15
3. S. Taylor	Bing	50.17

SCOUT SCAR

Cumbria

CM/7m/700ft 1.11.98

Ideal conditions for the race with blue sky and little wind as the entry of fifty seven set off on the one mile, measured, laid, horse-racing circuit, before heading for the the "Scar". The first seven runners broke the existing record. Steve Oldfield, Nick Spence and Nick Sharpe were to the fore resulting in a new record by Steve Oldfield by almost five minutes.

Karen Slater was first lady, again in a record time taking 11.18 off the previous record.

An added bonus for Steve and Karen was the Veterans Over 40 award. Harry Gott, a local runner, was fastest in the Veterans Over 55 category and with a time faster than the Veteran Over 50!

J. Morgan

1. S. Oldfield	BfdA	39.53
2. N. Spence	Kend	40.07
3. N. Sharpe	Kesw	40.16
4. N. Percival	Settle	42.48
5. M. Addison	Kend	43.20
6. N. Drinkall	LancM	44.37
7. A. Taylor	Clay	44.47
8. R. Crossland	BfdA	44.52
9. A. Miller	Kend	44.56
10. D. Ellis	Kend	45.14

VETERANS O/40

1. S. Oldfield	BfdA	39.53
2. A. Taylor	Clay	44.47
3. R. Crossland	BfdA	44.52
4. A. Miller	Kend	44.56
5. J. Ratrum	Kend	47.57

VETERANS O/45

1. P. Clark	Kend	45.35
2. K. Dacre	Kend	45.57
3. D. Holt	Horw	53.11
4. S. Filmore	LOC	60.05
5. D. Cottach	Otley	60.06

VETERANS O/50

1. A. Turner	Clay	47.24
2. L. Stevenson	Kend	50.50
3. G. Jones	BfdA	51.10
4. A. Stafford	Kend	51.48
5. P. Geldard	Garton	56.38

VETERANS O/55

1. H. Gott	NthnV	46.46
2. P. Heneghan	BISheep	57.50
3. W. Murphy	FordH	54.37

VETERANS O/60

1. H. Catlow	Dallam	59.11
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LADIES

1. K. Slater O/40	Kghly	47.41
2. L. Osborne	Kes	48.48
	Kend	54.11
4. S. Clark O/45	Kend	56.37
5. N. Westworth O/40	Kend	60.07
6. E. Unsworth O/45	Kend	60.08



Former Black Lane Ends organiser, Harry Walker, taking part in the final running of this event
Photo: Allan Greenwood

BLACK LANE ENDS Lancashire CS/5m/1000ft 1.11.98

1. M. Horrocks	Clay	32.12
2. S. Livesey	Clay	32.52
3. A. Waterworth	Clay	33.27
4. I. Greenwood	Clay	33.56
5. R. Jackson	Salf	34.08
6. P. Stevenson	P&B	34.20
7. C. Seddon	Horw	34.32
8. A. Glendenning	CannSt	35.47
9. C. Greenwood	Bing	35.49
10. C. Miller	Hgte	35.57

VETERANS O/40

1. B. Horrocks	Clay	36.02
2. R. Hamilton	Ilk	36.42
3. D. Beels	Roch	36.47
4. S. Breckell	Clay	36.53
5. K. Delaney	BiSheep	37.48

VETERANS O/50

1. D. Longthorn	Unatt	38.01
2. G. Breeze	Skyrac	38.21
3. M. Cole	Skyrac	40.32
4. D. Ackroyd	Ilk	43.39
5. K. Smith	RedR	43.46

VETERANS O/60

1. J. Barker	Clay	45.28
2. P. Watson	P&B	46.19

LADIES

1. C. Greenwood	Bing	35.49
2. L. Lacon	Holm	38.54
3. S. Corbin	P&B	42.03
4. A. Martin	Clay	43.31
5. K. Rogan U/18	Wharfe	45.39
6. V. Rogan U/18	Wharfe	46.26
7. L. Hayles O/40	Hfx	47.17
8. M. Jagan O/40	EPOC	48.06

JUNIORS U/18

1. A. Glendenning	CannS	35.47
2. C. Miller	Hgte	35.57
3. R. Wadsworth	Wharfe	37.11

JUNIOR RACE U/16

1. J. Peerless	Wirral	11.08
2. I. Glendenning	CannS	11.18
3. P. Harrison	Horw	11.40
4. M. Smith	Horw	12.33
5. S. Hounslow	Kghly	13.27

JUNIOR RACE U/14

1. M. Buckingham	Holm	5.40
2. S. Glendenning	CannS	5.55
3. M. Hounslow	Kghly	6.07
4. M. Smith	Horw	6.12
5. R. Whitaker	Unatt	6.15

JUNIOR RACE U/12

1. L. Banks	Unatt	6.31
2. D. Shepherd	Settle	6.41
3. M. Addison	Unatt	6.51
4. R. Anderson	Unatt	7.10
5. J. Wilkin	Helm	7.21

JUNIOR RACE U/9

1. A. Rutherford	Unatt	8.45
2. B. Page	Holm	9.00
3. K. Biddle	Hynd	9.27

FFORDD Y BRYNIAU

West Glamorgan BM/9m/2000ft 1.11.98

Last year's Welsh Champion, Julian Bass, made local knowledge count as he held off Allan Whalley in a sprint finish.

Bass led Whalley through all three checkpoints with the Pudsey & Bramley runner looking composed on his shoulder. Before the final climb, Bass opened up a slight lead which Whalley quickly covered on the incline before having to give best to his rival on the run in to the finish.

Claire Knox produced a fine performance to win the ladies' race and hacking a minute off Jane Cocker's six year old record of 67.28.

Algy Morgan

1. J. Bass	MDC	57.25
2. A. Whalley	P&B	57.33
3. I. Jones	CardiffT	61.26
4. M. Tabor	SanDom	61.43
5. P. Holder	CardiffH	62.30
6. C. Perkins	Heref	63.25
7. S. Blease	Brycheiniog	64.14
8. C. Knox	CardiffT	66.28
9. R. Ruddle	MDC	66.45
10. G. Parsons	Chepstow	66.52

VETERANS O/40

1. M. Tabor	SanDom	61.43
2. G. Parsons	Chepstow	66.52
3. S. Jones	MDC	67.33
4. M. Lucas	MDC	67.51
5. J. Griffiths	CardiffH	70.18

VETERANS O/50

1. F. Parry	MDC	78.13
2. P. Williams	Otley	78.54
3. T. Jones	Bridgend	80.27
4. R. Jones	LesCroup	92.51

VETERANS O/60

1. C. Horsfield	MDC	98.48
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LADIES

1. C. Knox	CardiffT	66.28
2. V. Turnbull	Beddau	84.33

SHEPHERDS SKYLINE FELL RACE

Lancashire

BM/6m/1150ft 7.11.98

Saturday 7 November. 2.00pm start. Weather dry and bright.

It was all going so smoothly until..... One runner bust his ankle coming off the Pike. Thanks to ALL those people - both the marshals and runners who acted as good samaritans and gave up their race to help out in what could have been a nasty situation.

Last year we asked all runners to carry a windproof top because the weather was so foul. Twenty one decided not to and were excluded from the results (you could say they were disqualified). So, with such balmy (for November) conditions prevailing I thought it wise to not invoke any kit carrying requirements for fear of getting lynched. With 20/20 hindsight I would have taken the opposite view. The conditions on the tops for anyone in shock after rupturing ankle ligaments and the half dozen near naked sw eating runners who attended to him for up to an hour were cold enough indeed. We managed to cadge clothes for the injured runners but the rest were left to shiver. The logic of the situation demands that in future I WILL insist on all runners carrying at least a windproof top. If its very bad it will be the full monty. Anyone who wants to dispute this talk to one of the people who rescued the injured runner, they then will be fully convinced.

Well, about the race. A super entry of two hundred and nineteen runners had quality throughout, and only the wet conditions underfoot prevented records from tumbling. A thrilling finish saw Mark Horrocks winning in front of last year's winner Ian Holmes. Some witnesses reckoned it was the most exciting finish they had ever seen in a fell race. Carol Greenwood retained her vice-like grip on the famous Jack Riley Womens Trophy.

Congratulations to the winning teams: Pudsey & Bramley (men) and Rossendale (women). Full results can be viewed at Tod Harriers website.

1. M. Horrocks	Clay	40.35
2. I. Holmes	Bing	40.38
3. A. Wrench	Tod	41.21
4. R. Jebb	Bing	41.37
5. S. Oldfield V	Brad/Aire	41.57
6. G. Devine	P&B	42.24
7. G. Oldfield	P&B	42.34
8. S. Willis	Tod	43.08
9. S. Green	P&B	43.32
10. A. Whalley	P&B	44.27

VETERANS O/40

1. S. Oldfield	Brad/Aire	41.57
2. P. Taylor	Ross	45.27
3. D. Woodhead	Horw	46.44
4. R. Crossland	Brad/Aire	47.36
5. N. Kirkbright	Skyrac	48.26



Judith Wood, Rossendale at Shepherds Skyline
Photo: Steve Bateson

VETERANS O/45

1. P. Harlowe	Kesw	45.36
2. D. Beels	Roch	48.12
3. N. Pearce	Bing	48.27
4. L. Best	Stock	49.45
5. R. Sutcliffe	CVFR	51.21

VETERANS O/50

1. B. Schofield	Tod	45.59
2. A. Styan	Holm	47.42
3. K. Carr	Clay	48.18
4. G. Breeze	Skyrac	51.14
5. R. Baines	Unatt	52.12

VETERANS O/55

1. D. Gibson	Sadd	56.08
2. G. Royle	Sadd	57.56
3. J. Devlin	FRA	61.29

VETERANS O/60

1. P. Duffy	Aber	62.38
2. G. Arnold	Preston	63.21
3. M. Seward	Unatt	64.31

JUNIORS

1. I. Harvey	Tod	58.33
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LADIES

1. C. Greenwood	Bing	48.06
2. L. Lacon	Holm	52.32
3. C. Young O/35	Lds	53.37
4. K. Mather O/35	Sadd	56.11
5. A. Dennison O/35	Brad/Aire	57.00
6. C. Lorimer O/40	Cosmic	58.40
7. A. Smivastava	P&B	59.17
8. S. Becconsall O/35	Tod	60.01

DUNNERDALE FELL RACE

Cumbria

AS/5m/1800ft 7.11.98

1. B. Bardsley	Borr	37.49
2. R. Hope	Horw	39.23
3. N. Sharp	Kesw	39.30
4. M. Amor	CFR	40.43
5. D. Houlsworth V	Kend	40.53
6. P. Lowe	Mand	41.18
7. S. Stainer	Amble	41.33
8. J. Hey	Warr	41.45
9. M. Walsh V	Kend	41.51
10. C. Valentine	Kesw	42.30

VETERANS O/40

1. D. Houlsworth	Kend	40.53
2. M. Walsh	Kend	41.51
3. A. Beaty	CFR	43.15
4. D. Jones	Kesw	43.17
5. J. Hope	AchRat	43.58

VETERANS O/50

1. M. Litt	CFR	46.07
2. S. Sharpe	CFR	47.10
3. R. Bell	Amble	48.22

VETERANS O/60

1. D. Brown	Clay	53.47
2. H. Catlow	Unatt	56.17
3. B. Pycroft	FRA	60.16

JUNIORS

1. G. Crayston	CFR	45.55
2. C. Grieve	Unatt	53.54

LADIES

1. N. Davies	Borr	47.03
2. L. Osborn	Kesw	48.06
3. K. Beaty	CFR	49.38
4. C. Kenny	Kend	51.33
5. L. Thompson O/40	Kesw	51.38
6. D. Thompson O/40	Kesw	56.30



Kelbrook race winner Paul Sheard
Photo: Allan Greenwood

THE CHARLOTTE SLATER MEMORIAL KELBROOK FELL RACE Lancashire BS/3.5m/710ft 8.11.98

After one of the wettest Octobers on record, the field car park proved nearly as tricky as the course, nevertheless all but the Giggleswick School Bus managed to park ok. One hundred and eighty three seniors and ninety six juniors turned up on a spring like morning to make the first staging of this race a resounding success. The proceedings were set in motion by a two minute silence led by Skipton's Roger Ingham, which over four hundred runners and spectators observed respectfully.

The Junior races saw good performances by James Mason of Bingley setting the new under seventeen record and Victoria Rusius of Pendle doing the same for the girls. James Greenhalgh (U/14) of Catteral Hall had things well in control as he glided through the mud to win impressively. Barry and Karen's youngest daughter, Sheryl, showed signs of returning to top form by winning the Girls race from Hynburn's Naomi Biddle and Cheyenne Park of Skipton.

Under twelves saw Settle's David Shepherd and a wayward Dicken Morris eventually have a good tussle after going slightly astray in the beck bottoms. The girls had no such problems and Catterals' Tessa Turczak led home a successful Catteral team. Under nineteens saw Shaun Addison's daughter, Penny, storming down the finish to win by an impressive forty six seconds from the relatively experienced Samantha Bogg of Keighley and Craven, whilst in the boys', a long journey down from Braithwaite proved rewarding for Jonathan Walker (CFR), who managed to hold off Hellifield in the final yards to win well.

For the Senior Race, Steve Oldfield led the race out of the village closely followed by English School's Cross Country Champion, Lee McCash, of Pendle A.C. Mike Addison, Sheard and Wallis.

The first half mile saw Sheard and Oldfield draw clear with McCash and Wallis in close order behind, Carol Greenwood once again showing her brilliant climbing abilities nestled in just behind the leading men.

The rest of the leading ladies, Osborne, Peacock, Prowse and Johnson all descended into Cloughs beck bottom together and began the tiresome battle against the mud before beginning the final ascent across to Roger Moor.

The men meanwhile had negotiated the mud and reached the heather with Sheard pulling out a one hundred yard lead over the veteran Oldfield, with young McCash next in line being challenged and passed before the summit by Mike Wallis.

Kevin (Roger) Rogan the summit marshal, received enough Bond jokes and comments to last the rest of the year, and would appreciate more original ones next year. There was obviously no similarity to the real thing as the girls all past by without so much as a glance at his Golden Gun.

The ladies order at the top was the same as the finish with Carol a good three minutes clear of Louise Osborne with Helen Johnson of Ilkley trailing by thirty seconds. Behind these came the veterans Peacock and Prowse, battling through the heather to begin the fast descent back to the mud in Cloughs beck bottom, which saw Vanessa get the better of Jo Prowse, this years British and English Veteran Champion, finishing twenty two seconds ahead.

Paul Sheard extended his lead to almost one minute by the finish over the 'in-form' veteran Steve Oldfield, with McCash winning his battle with Wallis for third spot. Peter Lyons had an excellent run to claim the over fifty prize finishing in twelfth place overall from his team mate Ken Taylor (twenty third).

England veteran Roger Brewster of Clayton sadly missed the start, on what is a rare visit to the fell (one which showed the spirit of the day, bringing runners together to support this race raising funds for Candlelighters). He then joined at the back of the field two hundred yards into the race scything his way through the one hundred eighty four strong field to finish in a creditable eighteenth place, which considering the procession through the mud was quite a feat.

The presentation had a few hiccups but these will be sorted next year, and results envelopes will be there. Carol and Paul should sleep better after both winning single beds, their only problem on the day was how to get them home? This was solved by, who else! Roger Moor, Rogan and his van (Bondmobile) who delivered as usual.

Barry, Karen and helpers would like to thank all that came to make a brilliant fell running day. Ninety six juniors, one hundred and eighty three seniors, pie and peas, super raffle, tea, coffee served all day, the mud and the bottom-line!.....we raised two thousand and five hundred pounds on the day Well done to all the runners, sponsored or not, we couldn't have done it without you.

Barry & Karen Slater

1. P. Sheard	P&B	23.03
2. S. Oldfield O/40	Brad/Aire	24.00
3. L. McCash	Pendle	24.15
4. M. Wallis O/40	Clay	24.19
5. R. Jackson	Salf	25.13
6. N. Percival	Settle	25.10
7. A. Black	Clay	25.18
8. D. Woodhead O/40	Horw	25.21
9. A. Smith	K&C	25.26
10. A. Waterworth	Clay	25.31

VETERANS O/45

1. C. Thistlewaite	Unatt	27.28
2. D. Hird	Wharf	28.00
3. T. Robertshaw	K&C	29.15
4. P. Morris	K&C	29.29
5. B. Scholes	Helm	29.43

VETERANS O/50

1. P. Lyons	Ross	25.36
2. K. Taylor	Ross	26.58
3. G. Breeze	Skyrac	28.51
4. B. Rawlinson	Ross	29.07
5. A. Healy	Bury	29.53

VETERANS O/55

1. P. Jepson	Ross	28.06
2. T. Minikin	K&C	30.47
3. J. Tiffay	Skip	45.29

FIRST VETERAN O/60

1. J. Amos	Clay	38.27
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LADIES

1. C. Greenwood	Bing	26.41
2. L. Osbourne	Kesw	28.35
3. H. Johnson	Ilkley	29.18
4. V. Peacock O/45	Clay	29.26
5. J. Prowse O/40	K&C	29.48

LORDSTONES/WAINSTONES Cleveland AM/11m/3000ft 12.11.98

We had the usual weather for this event, cold and misty, but no snow until the following day when I was clearing up! The mist certainly challenged navigational skills and the severity of the new route challenged stamina. This must now be the toughest medium length fell race in Yorkshire and particularly North Yorks. Another record turn out meant a highly competitive event with the old stagers showing the younger competitors a thing or two. Robin Bergstrand led the mens race throughout apart from the first four hundred metres, and the penultimate checkpoint when Dave Gamble overtook him briefly. Adrian Davies and Brian Roberts were certainly closing in the later stages, whilst Charles Stead managed an early challenge but suffered later in the event having to hold off Bob Firth in a sprint finish.

In the women's section it was an excellent race between Alison Raw and Karen Slater. After a hectic start Karen was at about fortieth position at the top of the first climb with Alison

being in about fiftieth position, some twenty seconds adrift. Karen improved this position and gap by Scugdale hall (CP4) to thirtieth and ninety seconds advantage with both athletes moving through the men. Over the next two moorland crossing where paths are difficult to locate, (if they exist at all!). Alison managed to outrun or outnavigate Karen who slipped to forty fifth position, some two minutes, at Wainstones. After this Alison extended her lead to reverse the result at Saltergate the previous month. The new venue appeared to be excellent and I hope to hear people's comments on any problems that may have arisen.

Dave Parry

1. R. Bergstrand	Mand	92.09
2. D. Gamble	Mand	92.31
3. A. Davies	Carn	94.50
4. B. Roberts V	Mand	95.34
5. M. Fleming	Amble	96.59
6. R. Firth V	Mand	98.05
7. C. Stead	Salt	98.05
8. K. Maynard	Quakers	100.21
9. N. Cotton	T&S	100.31
10. G. Burnip	Mand	100.40
11. P. Figg	Swale	101.06
12. A. Harland	Mand	101.24
13. K. Carter V	Mand	102.05
14. M.J. Dickson V	Tyne	102.11
15. R. Pollard V	Mand	102.25
16. I. Ellmore	Scarb	102.26
17. I. Hodgson	Mand	102.43
18. D. Knee	H'pool	104.54
19. Pattison	Unatt	105.32
20. J. Sage	Hull	105.35
21. R. Hall	T&S	105.53
22. P. Kelly	Darl	106.30
23. D. Rose	Quakers	107.05
24. N. Pike	Unatt	107.36
25. S. Watson	Quakers	109.9
26. R. Bailey	Mand	110.30
27. R. Maynard	Quakers	110.32
28. A. Scaife	Elvet	110.39
29. J. Able	Hull	110.46
30. G. Barnes	Mand	111.17

VETERANS O/50

1. G. Howard	Ilkley	111.37
2. R. Bell	Amble	116.46
3. M. Hetherton	Nestle	117.30
4. G. Dixon	Mand	117.57
5. P. Garton	Mand	118.27

FIRST VETERAN O/60

1. R. Bainbridge	Mand	126.28
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LADIES

1. A. Raw	Darl	113.48
2. K. Slater	Kly	117.05
3. A. Hayward	T&S	128.11
4. L. Ball	ValleyS	132.46
5. R. Fletcher	Tyne	134.24
6. H. Young	Quakers	136.38
7. S. Pike	T&S	138.24
8. M. Gibbs	T&S	140.14



Sarah Dugdale (Skipton) at Kelbrook
Photo: Peter Hartley



Start of the Tour of Pendle from Barley Photo: Peter Hartley

TOUR OF PENDLE Lancashire AL/17m/4250ft 14.11.98

Rob Jebb and Mark Horrocks had been discussing the record and decided to have ago at it together and try for one of them to beat it. They had a good clear day just missing it by one minute and twenty four seconds. Robs winning time being the third fastest over the course, the other two times both attributed to Dave Cartridge, his record was set in 1988. Congratulations to both runners.

Congratulations to Vanessa, the second time she has won.

Thanks to all marshalls and helpers and Rossendale Search and Rescue.

I have a good record of the results for this race but am missing three sets: 1982, 1983 and 1984, if you have a copy of any of them, any chance of loaning them to me, so I can copy them, I will cover postage and return as soon as I have printed them.

Kieran Carr

1. R. Jebb	Bing	2:15.26
2. M. Horrocks	Clay	2:16.55
3. P. Thompson	Unatt	2:19.08
4. M. Palmer	FofDean	2:20.15
5. J. Logue	Horw	2:24.54
6. M. Wallis V	Clay	2:25.35
7. M. Procter	Clay	2:26.54
8. B. Whalley	Pudsey	2:28.18
9. J. Howard	Ross	2:28.41
10. B. Bolland	N'burgh	2:29.31

VETERANS O/40

1. M. Wallis	Clay	2:25.35
2. S. Jackson	Horw	2:30.36
3. L. Warburton	Bow	2:32.57
4. D. Thompson	CalderV	2:35.24
5. B. Horrocks	Clay	2:36.05

VETERANS O/45

1. J. Holloway	Horw	2:50.05
2. D. Fielding	Acc	2:52.14
3. J. Dore	Roch	2:52.34
4. R. Hawksby	Otley	2:53.22
5. G. Newsam	Clay	2:55.45

VETERANS O/50

1. T. Hesketh	Horw	2:32.07
2. J. Holt	Clay	2:33.35
3. K. Carr	Clay	2:40.37
4. D. Tait	DkPk	2:44.48
5. P. Helliwell	Bing	2:58.18

VETERANS O/55

1. J. Marsh	TarHen	2:53.40
2. T. Peacock	Clay	3:07.36
3. D. Scott	Clay	3:10.42

VETERANS O/60

1. R. Jaques	Clay	3:04.10
2. B. Leathley	Clay	3:37.03
3. H. Catlow	FRA	3:50.58

LADIES

1. V. Peacock O/45	Clay	2:54.09
2. K. Thompson O/45	Clay	3:20.25
3. C. Life	Clay	3:24.20
4. J. Grundy	Acc	3:32.23
5. J. Wood	Ross	3:33.45
6. J. Smith O/45	Bing	3:34.08
7. A. Smith	Clay	3:35.07
8. L. Lord O/50	Clay	3:48.57

COP HILL FELL RACE West Yorkshire BM/7m/900ft 15.11.98

Steve Oldfield won the Cop Hill Race for the second successive year, on a superb day for running. Steve won by a margin of one minute over Ian Greenwood who passed Melthams Andy Whitworth on the second lap of the Cop.

Carol Greenwood, again took the Ladies title. Carol held a margin of four minutes over Kath Drake. Some excellent performances were passed in the veteran categories. Phil Grimes won a competitive over forties category.

Special mention must go to the winners of the male over forty fives, fifty fives and sixties, who posted excellent times, only two weeks after running the New York City Marathon.

Martin S

1. S. Oldfield	BfdA	44.43
2. I. Greenwood	Clay	45.58
3. A. Whitworth	Melt	46.21
4. P. Grimes O/40	Hudds	46.37
5. S. Eldridge O/40	Roth	46.46
6. C. Seddon O/40	Horw	46.55
7. D. Gartley	Stock	46.55
8. C. Greenwood	Bing	48.07
9. R. Harbisher O/40	Holm	48.53
10. D. Asquith O/40	Skyrac	49.02

VETERANS O/45

1. R. McArthur	Melt	50.27
2. I. Mitchell	L'wood	50.51
3. S. Brand	Barracuda	51.08
4. M. Radford	Spn	52.41
5. K. Whittaker	Sadd	56.14

VETERANS O/50

1. R. Frotrell	Holm	50.55
2. G. Breeze	Skyrac	51.45
3. S. Sanderson	BfdA	53.06
4. C. Drake	Spn	55.57
5. J. Turner	Ely	57.03

VETERANS O/55

1. T. Cock	Holm	56.24
2. M. McDonald	FRA	62.33
3. J. Wilson	Sale	66.37

VETERANS O/60

1. J. Taylor	Melt	55.23
2. K. Bamforth	HolmeV	59.26
3. D. Bamforth	HolmeV	63.49

FIRST INTERMEDIATE

1. G. Johns	Holm	25.51
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JUNIORS

1. H. Yates	Holm	12.08
2. K. Knight	Melt	12.57
3. Z. Storr	Holm	13.04

LADIES

1. C. Greenwood	Bing	48.07
2. K. Drake	Spn	52.33
3. L. Lacon	Holm	53.05
4. A. Dennison	BfdA	54.41
5. L. Whittaker	Sadd	55.53
6. W. Barnes	Barns	56.42
7. S. Sanderson	BfdA	61.09
8. J. Wallis	Melt	64.50

COPELAND CHASE Cumbria O/10m/3000ft 15.11.98

A remarkable run from Steve Birkinshaw gave him a huge margin of victory on the long course. It's a pity that previous winners Phil Clark and Derek Radcliffe weren't there to give him a bit more competition. A strong run by Angela was good enough to beat the rest of the men, although Emma Moody, running the race for the first time, wasn't very far behind.

The short course was more closely contested, with a fine win for Carol McNeill, proving that there is not substitute for navigational expertise. We were again blessed with a beautiful day, even if this did make some of the navigation a bit too easy and crocodile formation inevitable.

Colin Webb

LONG COURSE

1. S. Birkinshaw	WCOC	1:56.12
2. A. Brand-Barker F	Kesw	2:22.31
3. C. Rhodes	Amble	2:23.11
4. R. Ansell	DkPk	2:29.00
5. M. Walford O/50	Kend	2:29.15
6. E. Moody F	WCOC	2:31.04
7. Y. Tridimas F	Mersey	2:32.04
8. C. Pollitt	WCOC	2:36.56
9. R. Jerram	Kend	2:37.51
10. A. Miller O/40	Kend	2:46.40

SHORT COURSE

1. T. Brand-Barker O/40	WCOC	1:39.29
1. C. McNeill F	Loc	1:40.58
2. J. Brockbank O/40	Kend	1:46.43
3. R. Jackson O/40	WCOC	1:50.13
4. S. Steele	WCOC	1:50.29
5. N. Moore O/40	WCOC	1:56.16
6. S. Owen F	Amble	1:57.07
7. J. King O/40	CFR	1:57.13
8. K. Jones F	Loc	2:20.48
9. U. Wood F	BlkCmb	2:20.59
10. A. Jones F	Kend	2:23.29

GIGGLESWICK SCAR North Yorkshire BM/6m/800ft 21.11.98

This race was at first put on as an event to tie in with the FRA 'do' the same evening. The Settle Scramble should also have been held on the same day but had to be cancelled. By the time the Scramble was cancelled the Giggleswick Scar route had already been formed as we did not want to run two races on the same side of the valley. Unfortunately there is much more true fell to be had on the North Eastern side, therefore it was decided to 'bill' the Gigg. Scar Races as suitable for runners wanting to try fell racing for the first time. This worked well with runners turning up from as far away as London - total entry was one hundred and fifteen, which we were pleased with as a first running.

The route has a slight downhill start through fields followed immediately by a stiff four hundred and fifty foot climb to the top of Gigg Quarry. The course then undulates across the Limestone that is Giggleswick Scar towards the eventual turning point at Feizor Thwaite. Runners were robbed of the usual fine views of the Three Peaks which were obscured by mist all day. From the turning point its fast flat running leading back to the side of the Quarry to the final descent to finish in the Settle Middle S school Ground.

As usual many thanks to all who helped and runners for turning up. Three hundred and fifty pounds was raised for school. Castlebery Sports of Settle were trophy sponsors.

Andy Hassell

1. R. Hope	Horw	30.23
2. A. Black	Clay	30.46
3. S. Blakelock	Ross	31.09
4. A. Waterworth	Clay	31.17
5. N. Leigh	Alt	31.26
6. A. Lemoncello	Fyfe	31.30
7. N. Percival	Settle	31.58
8. S. Bottomley	E'hill	32.01
9. M. Proctor	Clay	32.03
10. P. Aird	BSDS	32.05

LADIES

1. V. Musgrove	Eryri	39.34
2. D. Flemming	Ross	40.44
3. C. Preston	K&C	42.55
4. D. Walker	Kend	43.47
5. D. Bailey	Kend	44.03
6. K. Robertshaw	Otley	44.44
7. M. Hecun Park	Unatt	44.57
8. L. Marsella	Unatt	46.54

KIRKBYMOOR FELL RACE

Cumbria

BM/8m/1600ft 22.11.98

1. J. Atkinson	Amble	51.10
2. C. Donnelly	Eryri	51.15
3. T. Werrett	Mercia	51.23
4. S. Oldfield O/40	Brad/Aire	52.16
5. M. Walsh O/40	Kend	57.03
6. A. Life	Clay	57.04
7. R. Crossland O/40	Brad/Aire	57.26
8. G. Thorpe	Amble	58.27
9. P. Tuson O/40	Kend	58.34
10. R. Sewell O/40	Kend	59.55

VETERANS O/50

1. A. Turner	Clay	63.55
2. R. Bell	Amble	64.35
3. J. Laycock	Amble	64.56

VETERANS O/60

1. T. Smith	Unatt	71.05
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LADIES

1. D. Thompson O/40	Kesw	71.28
2. A. Plant O/40	Unatt	75.06
3. M. Smith O/40	Kend	83.16
4. L. Lyness O/40	Unatt	83.53
5. E. Pears	Amble	84.12

RIVOCK EDGE HILL RACE

West Yorkshire

BM/10m/1500ft 29.11.98

Thanks to all runners who participated in the race, around £2,500 was raised for charity - chiefly children's one - in the seven years of the Rivoock race. This year's profit will go to local Scouts who do a grand job marshalling every year and who, again, had a busy day helping casualty, Jo Prowse, off the hill. Jo suffered a sprained ankle, cuts and gashes and needed a trip to hospital. "She was back home in the evening with her feet up and with a glass of wine in her hand" says husband, Lawrie.

Thanks again to all competitors and to all helpers, especially Joanne Hastings and Sue Weeden. Remember - without this unsung army, there would be no race.

Kevin Hopkinson

1. M. Horrocks	Clay	65.14
2. S. Green	P&B	65.31
3. G. Oldfield	P&B	65.39
4. G. Devine	P&B	66.09
5. P. Dobson	Leeds	66.24
6. R. Lawrence	Bing	66.47
7. G. Schofield	Horw	68.08
8. A. Whalley	P&B	69.27
9. J. Helmsley	Ilk	70.25
10. C. Valentine	Kesw	71.20

VETERANS O/40

1. G. Schofield	Horw	68.08
2. P. Whiting	Kend	72.32
3. R. Hamilton	Ilk	73.39
4. P. Butterworth	Clay	73.55
5. B. Kerr	Ilk	74.05

VETERANS O/45

1. N. Pearce	Ilk	73.03
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VETERANS O/50

1. P. Lyons	Ross	72.47
2. S. Moss	Spn	75.06
3. G. Howard	Ilk	77.47
4. G. Breeze	Skyrac	79.29

LADIES

1. H. Johnson	Ilk	80.10
2. V. Peacock O/40	Clay	81.45
3. L. Whittaker	Saddle	85.32
4. L. Ball O/40	VallStr	86.07
5. A. Liuba	Ilk	91.19
6. R. Gooch O/40	Ilk	93.49

HEXAMSHIRE HOBBLE

Northumberland

CM/10.5m/1220ft 6.12.98

A glorious sunny morning greeted the record field of seventy one competitors participating in the sixth Hexamshire Hobble, run from Allendale Town in the south west corner of Northumberland.

Hard frost and a covering of snow resulted in slippery conditions underfoot, with the added hazard of bogs under the thin layer of frozen ground. Despite the conditions Northumberland's flying policeman, Shaun Scott, produced yet another record breaking run. Shaun's victory capping a magnificent year's running, including eight outright fell race victories, a successful Bob Graham Round and fourth Briton in the New York Marathon.

Saltwell Harriers Charles Stead gave Shaun a good run, finishing only twenty four seconds behind, also inside the previous record.

Keswick's Liz Cowell ran strongly to win the ladies race from Jane Saul of Northumberland Fell Runners. Northumberland Fell Runners won yet another team prize with local rivals Tynedale Harriers in second place.

Stewart Beaty

1. S. Scott	NFR	1.05.40
2. C. Stead	Saltwell	1.06.04
3. J. McReady	NewAyc	1.08.45
4. S. Birkinshaw	NewAyc	1.09.25
5. J. Dickinson V	Tyne	1.09.40
6. T. Wylie	Unatt	1.09.54
7. M. Salkild	HolmePP	1.10.34
8. M. Broadhurst V	Tyne	1.11.13
9. D. Hall	Salt	1.11.44
10. D. Armstrong	NFR	1.12.02

VETERANS O/40

1. J. Dickinson	Tyne	1.09.40
2. M. Broadhurst	Tyne	1.11.13
3. R. Sewell	NFR	1.14.39
4. N. Cassidy	Tyne	1.15.06
5. A. Curtis	NFR	1.17.20

VETERANS O/45

1. J. Dallinson	NFR	1.18.34
2. B. Stonehouse	Tyne	1.18.54
3. P. Graham	Tyne	1.20.14
4. J. Humble	NFR	1.22.44
5. A. Tait	NFR	1.22.44

VETERANS O/50

1. R. Dawson	NFR	1.20.54
2. D. Gordon	Swale	1.29.14
3. T. Went	NSP	1.31.02
4. E. Watson	Heaton	1.31.39
5. J. Wilkinson	NFR	2.07.30

VETERANS O/55

1. R. Hayes	NFR	1.30.18
2. L. Thompson	NSP	1.31.49
3. P. Latham	NFR	1.45.39

VETERAN O/60

1. D. Wright	Tyne	2.07.30
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LADIES

1. L. Cowell	Kesw	1.31.55
2. J. Saul	NFR	1.36.29
3. B. Broadhurst	Tyne	1.47.00
4. J. Robson O/40	Tyne	1.49.54
5. L. Brosnam O/45	Unatt	1.53.30
6. R. Fletcher O/45	Tyne	1.59.08
7. L. Hall	Heaton	1.59.08
8. H. Buist O/45	NSP	2.02.20



Giggleswick Scar - winning lady Victoria Musgrove (Eryri)
Photo: Peter Hartley

BOLTON BY BOWLAND

Lancashire

CM/8m/800ft 6.12.98

A very heavy course was transformed by a hard overnight frost to give much firmer but still tough conditions, for the one hundred and fifty five runners for this annual Bowland outing.

Mark Horrocks in good recent form led for the first couple of miles but was then caught by course record holder Shaun Livesey and newcomer from over the border Paul Dobson. These two were to break away in the second half of the course and thereafter a ding dong battle ensued, with Paul just getting ahead of Shaun down the hill to the finish.

Carol Greenwood had her usual win, but for once didn't break the record.

A profit of three hundred and fifty four pounds was presented toward the funds of the village hall. Thanks to all who helped either in the field of the kitchen, and all the farmers who allowed us to run over their land.

Roger Dewhurst

1. P. Dobson	LdsCty	46.23
2. S. Livesey	Clay	46.25
3. M. Horrocks	Clay	46.55
4. G. Schofield V	Horw	47.26
5. J. Logue	Horw	47.37
6. B. Cole	R.M.	47.41
7. S. Sweeney	Bowl	47.50
8. S. Culshaw	Horw	48.39
9. C. Seddon	Horw	48.44
10. C. Valentine	Kesw	49.16

VETERANS O/40

1. G. Schofield	Horw	47.26
2. G. Cunliffe	Clay	49.52
3. C. Shuttleworth	Preston	50.53
4. P. Brannon	Clay	51.13
5. P. Butterworth	Clay	51.18

VETERANS O/45

1. P. Bramham	Kly	53.44
2. G. Newsam	Clay	53.47
3. K. Thompson	Clay	54.09
4. R. Hawksby	Orley	54.36
5. M. Radford	Spn	55.03

VETERANS O/50

1. G. Breeze	Skyrac	53.12
2. B. Rawlinson	Ross	53.21
3. G. Howard	Ilk	55.20
4. J. Nuttal	Clay	55.36
5. G. Fielding	Ross	57.11

VETERANS O/60

1. R. Jaques	Clay	57.49
2. J. Barker	Clay	60.43
3. D. Brown	Clay	62.13

LADIES

1. C. Greenwood	Bing	52.16
2. L. Hayles O/40	H'fax	63.49
3. C. Life	Clay	63.50
4. C. Wright O/40	Horw	64.24
5. J. Rawlinson O/40	Ross	66.17
6. L. Bostock O/40	Clay	66.37
7. J. Hindle O/40	Clay	66.37
8. J. Smith O/40	Bing	68.49



Giggleswick Scar, Peter Shields (Ilkley) and Dave Shinn (Kendal) on the first climb Photo: Peter Hartley

CALDERDALE WAY RELAY

West Yorkshire
50m/6000ft 13.12.98

Entry for Halifax Harriers' immensely popular 50-mile Calderdale Way Relay was once again over-subscribed, with 109 teams applying for entry, of which the last seven regrettably had to be refused. Of the 102 teams accepted, 96 started out in this the 15th annual running of the event, which was supported by Pete Bland Sports.

By the time dawn broke on a clear Sunday morning, the 192 runners who started the first leg were well into their stride and heading up through Copley woods towards Norland Moor and the Calderdale Way proper. The weather was mild for the second year running, much to the relief of the dozens of marshals and timekeepers who were stationed at regular intervals on the South Pennine Moors around Calderdale. However, the conditions underfoot were very wet and there was never any likelihood of records being broken.

In the event, the day belonged to Clayton-le-Moors, who won the main event and the veteran's race as well as having the second ladies' team home. They are one of an elite band of only four clubs who have ever won the senior race (the others being Bingley, Pudsey & Bramley and Rossendale) and this year took the title for the second time by the narrow margin of two minutes twenty seconds. Things could have been different, however, if Pudsey & Bramley, who held the lead on legs four and five, had not lost their three minute advantage when Mick Hill and Jamie Noon, both new to the last leg, went off course. Dark Peak were less than four minutes behind in third.

Bingley Harriers suffered some late withdrawals but when you can turn to runners of the class of former Yorkshire Cross-country champion Colin Moore, drafted in to leg two at the last minute, you can still field a strong team and so it proved. Despite an indifferent first leg, they had pulled up to second by leg two, a position they were still holding at the end of leg five. However, disaster then struck, when Robin Lawrence felt unwell after the first mile and struggled from then on to come home with Martin Peace twentyeighth on the leg, giving them Bingley's worst leg position on record. Even so they still managed to come home in fourth overall.

There was a new name on the ladies' trophy for the second year running, Pudsey & Bramley comfortably beating course record holders and seven-times winners, Clayton-le-Moors. Last year's winners Dark Peak put up another good performance to finish only fourteen seconds behind in third place.

Clayton-le-Moors Veteran's team first competed in 1987 and had seven wins on the trot. In the four years that followed they won only once but, this year, they put up a sterling performance holding fifth place in the race proper until the last leg when last year's winners, Kendal, made a strong effort to get on terms and pulled back nearly two minutes. However, Clayton's fine team effort saw them home some two and a half minutes in front of Kendal. Rossendale were half an hour behind in third.

An innovation in the last couple of years has been the advent of mixed teams, in which a minimum of six athletes must be female. Unfortunately last year's winners, Leeds City, didn't submit their entry in time and so were unable to defend their title. Whether they would have won again is debatable given a very strong showing by Nottingham-based Holme Pierrepont, who led a field of eight mixed teams to finish over ten minutes clear of Valley Striders.

The Organising Committee felt that the new starting location at Copley was a great success and there was a much better atmosphere at the end where supporters have practically a grandstand view of the finishing tunnel. Runners clearly agreed with this and returned to the clubhouse in greater numbers than ever for the prize-giving.

Once again, the day was a great success and tribute is due to the seventy or so marshals who filled 110 different roles around the course and without whose contribution the race could never be staged, Old Risworthians RUF/C for their warm hospitality, Calderdale Raynet for their excellent safety coverage and Pete Bland Sports for their kind support.

Preliminary steps towards the organisation of the 1999 event are already underway and the race will be held as usual on Sunday 12 December - get your entries in early!

Pete White

1. Clayton 'A'	5.58.18
2. Pudsey & Bramley 'A'	6.00.38
3. Dark Peak 'A'	6.04.14
4. Bingley 'A'	6.08.48
5. Keighley & CA	6.19.27

VETERAN TEAMS

1. Clayton 'A'	6.22.14
2. Kendal Vets 'A'	6.24.48
3. Rossen Vets	6.54.47

LADIES

1. Pudsey & Bramley	7.38.00
2. Clayton Ladies	7.46.09
3. Dark Peak	7.46.23

FIRST MIXED TEAM

1. Holme PP	7.22.20
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Calderdale Way Relay - Leg 6 mass start Photo: Peter Hartley

DAVID STAFF MEMORIAL FELL RACE Lancashire BS/5m/900ft 13.12.98

The fourth running of the David Staff Race saw one hundred and forty five entries which was less than previous years, but with the support of local firm Crown Paints, approximately two hundred pounds was made.

The money will be donated to the heart charity C.R.Y in Davids memory. All entrants received T-shirts.

G. Taylor

1. P. Dobson	Leeds	33.30
2. S. Oldfield O/40	BfdA	33.57
3. P. Thompson	Unatt	34.42
4. M. Lee	Bury	35.02
5. D. Gartley	Stock	35.02
6. P. Deaville	Kinda	35.38
7. R. Crossland O/40	BfdA	35.55
8. D. Woodhead O/40	Horw	36.04
9. S. Bottomley	Eccles	36.24
10. D. Cummins	Shett	36.30

VETERANS O/45

1. J. Hope	AchRat	37.21
2. A. Brockine	Penn	40.01
3. R. Ashcroft	Darwen	42.32
4. D. Hammer	Acc	43.14
5. R. Russell	Clay	43.15

VETERANS O/50

1. G. James	B'pool	42.50
2. G. Large	N.Vets	44.13
3. D. Wood	N.Flyde	45.24
4. I. Rancliffe	Wesh	49.01
5. F. Wood	Horw	49.52

VETERANS O/55

1. J. Devlin	FRA	46.16
2. J. Mitchinson	RonHill	46.20
3. M. McDonald	FRA	46.48

VETERANS O/60

1. J. Barker	Clay	45.34
2. R. Moulding	B'burn	48.17
3. G. Arnold	Preston	49.12

LADIES

1. C. Greenwood	Bing	37.06
2. C. Jones	Lostock	46.09
3. H. Sandelands	N'burgh	47.55
4. J. Derbyshire	Horw	48.2
5. J. Haslam	Darwen	50.02
6. S. Gudgeon O/40	Darwen	51.11
7. S. Holding O/45	Darwen	53.08
8. C. Kay O/45	B'burn	53.46

INTERMEDIATES

1. M. Huxley	B'burn	37.35
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SIMONSIDE CAIRNS FELL RACE Northumberland BM/11m/1400ft 13.12.98

Conditions on the fell were a bit heavy, but times were still good on a changed and slightly tougher course.

First fell race and a win for student Matt Townend plus the team prize shared with his mates fifth and tenth.

Food for all at an excellent venue (my mates pub). Thank you all.

Ray Hayes

1. M. Townend	NewcUni	1.21.11
2. T. Wylie	Unatt	1.22.02
3. J. Dickinson O/40	Tyne	1.22.11
4. C. Valentine	Kesw	1.23.19
5. W. Hensman	NewcUni	1.24.16
6. B. Jacobson	Tyne	1.24.26
7. R. Hall O/45	Blyth	1.24.30
8. M. Broadhurst O/40	Tyne	1.24.41
9. C. Nichol	Teviot	1.24.49
10. B. Harrison	NewcUni	1.25.17

VETERANS O/50

1. R. Dawson	NFR	1.39.59
2. L. Stephenson	Kend	1.40.43
3. K. Turnbull	Blyth	1.42.58

VETERANS O/55

1. R. Hayes	NFR	1.44.38
2. P. Winter	Morp	1.54.29

VETERANS O/60

1. R. Mitchell	Teviot	2.02.54
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LADIES

1. R. Fletcher O/40	Tyne	1.45.53
2. J. Saul	NFR	1.53.56
3. A. Best O/40	Blyth	1.59.40
4. E. Armstrong O/60	Blay	2.02.44
5. J. Duggan	Morp	2.07.49
6. M. Burton	Unatt	2.11.11
7. P. Cooper O/40	NFR	2.13.13
8. L. Brosnan O/40	Unatt	2.25.51
9. B. Ingham O/40	N.Shlds	2.28.04

LLYN ELSI RACE Gwynedd BS/5m/750ft 19.12.98

Reasonable weather and a good turnout especially by the veteran classes ensured that this year's Llyn Elsi Race was a success. Despite working a night shift and forgetting his fell shoes, Colin Donelley held off his challengers and built up a lead that enabled him to negotiate the tricky final descent comfortably.

Angela Brand-Barker won the Ladies event and other creditable performances were provided by Don Williams apparently untroubled by his car accident injury earlier in the year. John Pope 'the Father of Welsh running' completing the course at seventy years old.

I have registered a date for the 1999 event but will be handing over the organisation of the race to any interested club or individual before then - volunteers please!

Del Davis

1. C. Donnelly	27.43
2. J. McQueen	27.52
3. G. Williams	28.33
4. E. Roberts	31.11
5. G. Owen O/40	31.12
6. J. Bennet	31.13
7. P. Evans	31.14
8. A. Hayes O/40	31.23
9. H. Mathews Int	31.37
10. D. Williams O/50	31.57

VETERANS O/60

1. A. Jones	45.13
2. J. Carson	45.29

LADIES

1. A. Brand-Barker O/35	33.22
2. J. Lloyd	34.49
3. E. Dunnington O/35	38.14
4. R. Metcalfe	38.29
5. V. Musgrove O/40	38.38
6. A. Donnelly	40.08
7. S. Ellis	40.09
8. J. Jones O/35	40.31

STOOP RACE - THE 8TH WONDER West Yorkshire AS/5m/800ft 20.12.98

There are supposedly Seven Wonders of the World, but British and English champion, Ian Holmes, could well be the eighth wonder after sweeping to victory in the 9th Stoop Fell Race. His domination of the event is likely to be unsurpassed, and the only blot on the annual trophy is the name of Allan Whalley, who skilfully beat Holmes in the inaugural race in 1990.

The 33 year old actually recorded the third fastest time ever, and within half a mile of the start had left the two hundred and eight strong field to fight out the minor positions. "The conditions were good, with the ground mostly frozen, but by my return it was broken up by the ascending runners, which caused a few headlong falls" Holmes commented before dashing off to the Bingley Harriers annual bash in Harrogate. Hence his booty of prizes, selection box, biscuits, Christmas cake, jar of "celebrations" and more importantly a case of Stella Artois were kept safe for his collection just before the festive season...not a bad Christmas haul.

In second and third were new dads, Mark Horrocks welcomed Sam on twentyfirst November, whilst Andrew Wrench became the proud dad of a baby girl Lizzie on first December. The myth of the woman improving athletic wise with the birth of a child seems to have reversed roles with these two, a few more turns at nursing through the night may put paid to their current form.

Meanwhile mother of three (it can't be a myth), Tracey Ambler, recorded a sensational win in the ladies race. The Stoop was actually Tracey's first ever race in 1996, so to come back and win the event only two years later is an achievement of note. She certainly didn't amble around the course, because she also eclipsed the previous record of thirty five minutes and twenty one seconds for an over thirty five runner, despite being covered from head to studs in mud, due to some spectacular falls. Tracey was overjoyed by her Christmas prize haul, (the same as Holmsey): the Ambler clan was even more ecstatic when son, four year old Bradley won a raffle prize of 2kg bar of chocolate. To add to the occasion Tracey led Ilkley Harriers to team victory with Emma Barclay, fifth and Joanne Kerr in tenth to beat Barnsley Harriers.

In second place was Lisa Lacon...again... keep chipping away at it Lisa, you're bound to get there eventually!

The over 50s saw Ken Taylor twentyfifth overall and also improving the three year old record of Don Ashtons which was thirty three minutes and five seconds. Muriel Leeming improved the over 50s by two minutes, in only her second ever fell race, and winning her first ever prize of a luxury tin of biscuits.

Mark Smith and Christine Boardman won the under 16 races, whilst Martin Hounslow and Naomi Biddle won the under 14s. The under 12s race winners came in the form of Robert Anderson and Katherine Doherty, but race of the day was by Penny Addison in the under 9s who showed what girl-power was all about by beating all the boys as well to finish 17th out of 28.

The after race raffle was in aid of the Airedale Cancer Support group and raised fifty six pounds, thanks to all who supported the cause.

Apologies, there was no Cadburys chocolate puds, but we hope the Rowntrees Rudolph chocolate jelly noses were a scrumptious substitute.

Santas Little Helpers



Clayton's Trevor Rutherford at The Stoop Photo: Peter Hartley

1. I. Holmes	Bing	27.43
2. M. Horrocks	Clay	28.52
3. A. Wrench	Tod	28.56
4. S. Oldfield O/40	BradAire	29.20
5. S. Livesey	Clay	29.36
6. A. Black	Clay	29.55
7. M. Cayton	Horw	30.02
8. J. Wright	Tod	30.12
9. G. Schofield O/40	Horw	30.18
10. I. Greenwood	Clay	30.31

VETERANS O/40

1. S. Oldfield	BradAire	29.20
2. G. Schofield	Horw	30.18
3. J. Butler	Kly	30.39
4. J. Peake	MDC	32.34
5. C. Shuttleworth	Preston	32.47

VETERANS O/50

1. K. Taylor	Ross	32.17
2. B. Rawlinson	Ross	33.16
3. R. Baker	CFR	34.46
4. G. Breeze	Skyrac	34.59
5. T. Knowles	Kly	35.00

VETERAN O/60

1. M. Mahoney	St. Bedes	40.37
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LADIES

1. T. Ambler O/35	Ilkley	35.19
2. L. Lacon	Holm	35.43
3. W. Barnes	Barns	37.36
4. R. Dorrington	Abbey	38.05
5. E. Barclay	Ilk	38.11
6. J. Hodgkinson O/35	Preston	38.53
7. A. Wilson	Fellan	40.00
8. M. Hobley	Fellan	41.02

INTERMEDIATES

1. G. Pearce	Ilk	34.05
2. N. Fryer	H'fax	38.12

JUNIOR U/16 BOYS - TWO MILE RACE

1. M. Smith	Horw	5.28
2. S. Hounslow	Kly	5.47

JUNIOR U/16 GIRLS - TWO MILE RACE

1. C. Boardman	Horw	6.47
2. A. Jagan	EPOC	7.23
3. N. Gorski	Radc	7.33
4. N. Walker	Wake	8.26

JUNIOR U/14 BOYS - ONE MILE RACE

1. M. Hounslow	Kly	5.43
2. B. Weeden	Kly	5.49
3. M. Smith	Horw	5.53

JUNIOR U/14 GIRLS - ONE MILE RACE

1. N. Biddle	Hynd	6.43
2. F. Jagan	EPOC	7.32
3. K. Doherty	H'fax	7.40

FELLDANCER WHINBERRY NAZE DASH Lancashire BS/4.5m/800ft 26.12.98

This race has seen several route changes over the years, this year we were back to the original route first used in 1979.

Mike Short won the first two events held, his times being over a minute and a half faster than this years race.

The fancy dress is what makes this race unique, once again the outfits were exceptional. Lots of time and effort being put into some of the costumes, many thanks from the organisers to everyone who made an effort.

Special thanks to Dave Edmundson of Felldancer for his help and support, all of the prizes were supplied by Felldancer which enabled us to have such a comprehensive prize list. Finally, thanks to everyone who ran.

Graham Wright

1. C. Haslam	R.N.	23.06
2. R. Hope	Horw	23.09
3. S. Oldfield O/40	Brad/Aire	23.08
4. B. Cole	R.N.	23.21
5. M. Whitfield	Bing	23.51
6. R. Jebb	Bing	23.53
7. A. McVey	Cornwall	23.54
8. S. Willis	Tod	24.03
9. G. Schofield V	Horw	24.08
10. A. Gartside	Cornwall	24.20

VETERANS O/40

1. S. Oldfield	Brad/Aire	23.18
2. G. Schofield	Horw	24.08
3. S. Jackson	Horw	25.29
4. D. Woodhead	Horw	25.32
5. C. Speight	Kend	26.22

VETERANS O/45

1. J. Hope	AchRat	26.34
2. B. Walton	Horw	26.45
3. P. Weatherhead	Wirral	27.48
4. J. Dore	Unatt	28.49
5. J. Holloway	Horw	29.25



Whinberry Naze winner Craig Haslam (Royal Navy) eschewing fancy dress for victory!
Photo: Peter Hartley

VETERANS O/50

1. T. Hesketh	Horw	25.22
2. P. Lyons	Ross	25.31
3. K. Taylor	Ross	26.03
4. J. Crook	Horw	29.41
5. D. Edmundson	Ross	32.22

THE 4TH AULD LANG SYNE West Yorkshire BM/6m/900ft 31.12.98

Holmes is no stick-in-the-mud. Despite very heavy muddy conditions underfoot, which was testimony to everybody's legs at the finish and brought about a new use for the cricket hut water collecting butts. The recognised 'King of Haworth Moor' Ian Holmes won yet again for the sixth time, including the Ghost race, when three foot of snow brought about a morning cancellation; but still seventy runners turned up. His tally of victories over the Bronte Moorland is twenty one, and is fast becoming a legend around the area. His only defaults are at the 1990 Stoop beaten by Allan Whalley and 1995 Withins Skyline when Graham Patten out sprinted him.

Given the fact he knows the terrain like the back of his hand, he mischievously led the record two hundred and seventy seven runners along the right hand side of the wall from Oxenhope Stoop to Top of Stairs, which negotiates the far boggy terrain. Shaun Winstanley, visiting his parents in Haworth used his better road speed to overcome Mark Horrocks for second, while over forty Steve Oldfield certainly shows no sign of age.

Holmes' New Years resolution is to win the British title for a record fourth time. Colin Donnelly and Kenny Stuart share with Holmes the distinction of having won the championship three times, and despite what will undoubtedly be a fiercely competitive season, a unique achievement is more than a possibility.

Carol Greenwood won the race for the fourth time, with the only other name on the mini Bulmers cider barrel being that of Sarah Rowell twice. Thirty six year old Sarah this year added the womens over thirty five course record to her overall mark of 40-05, as she sliced forty one seconds off Sylvia Watson's 1996 time. The only other record was by over fifty Christine Porritt, who improved the new time to one hour, eight minutes and forty five seconds, not bad for someone that only two years ago was fighting leukaemia. Barnsley Harriers may not be a team that springs to mind when thinking of team winners in fell running, but Wendy Barnes, Sonia Hewitt and Joanne Hadfield showed the other ladies team spirit and camaraderie.

Being run on New Years Eve, hence the title of the race, appropriately all prizes are of the alcoholic beverage variety, with the winner, first lady and first veteran all receiving a case of beer of their choice, a party celebration cake, a bottle nuts, a chocolate game of twister and what else but a large box of

wine gums to make the nights festivities swing. The tables in the 'Old Sun' creaked under the weight of the prize list, with at least the first forty men, all twenty two ladies plus numerous veterans, juniors and team runners collecting booze to party with. To the officials among you, regarding juniors, they were allowed to pick off the table, but were accompanied by a responsible adult or parent. All two hundred and seventy seven runners received their free bottle of beer as they crossed the line, where bottle openers were duly available, and well used.

1999 is a special year, in that the Auld Lang Syne will be the last fell race of the century, and to commemorate this, Otley based Briscoe's Brewery are producing a pint bottle of strong ale to all finishers.

A competition is now on until the end of July, to find an appropriate name and possible logo or design for this Millennium beers label. The lucky winner will not only have their label produced with their own name on, they will also be able to sample twelve bottles of yet un-named beer. Briscoe's Brewery have already produced such delights as Puddled & Barmy, Shanes Shamrock and Woodies Willy Warmer which was awarded to twenty four lucky 1998 Auld Lang Syne runners. Entries for the competition should be sent to: Dave & Eileen Woodhead, 166 Hainworth Wood Road, Keighley BD21 5DF, West Yorkshire, there is no limit to the number of entries you send. Once third in the 1995 Three Peaks Race, fell runner now brewer, Paul Briscoe is the one and only judge, and his decision is final, good luck in the competition, and see you in the 1999 Auld Lang Syne.

Arfur Guinness

1. I. Holmes	Bing	36.29
2. S. Winstanley	Leeds	38.12
3. M. Horrocks	Clay	38.33
	BfdA	39.22
5. G. Oldfield	P&B	39.35
6. M. Brown	Clay	39.50
7. J. Wright	Tod	39.55
8. J. Howard	Ross	40.00
9. B. Westermeier	Leeds	40.09
10. M. Lee	Bury	40.23

VETERANS O/40

1. S. Oldfield	BfdA	39.22
2. C. Shuttleworth	Prest	41.57
3. B. Whitfield	Bing	42.01
4. I. Clinch	Prest	43.04
5. N. Pearce	Ilk	43.22

VETERANS O/50

1. P. McWade	Clay	42.00
2. K. Taylor	Ross	42.04
3. K. Carr	Clay	44.03
4. B. Rawlinson	Ross	45.02
5. A. Knowles	Kghly	45.41

VETERANS O/60

1. M. Mahoney	St Bedes	51.10
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LADIES

1. S Rowell O/35	P&B	45.54
2. L. Lacon	Holm	47.58
3. W. Barnes	Barns	50.35
4. J. Hodgkinson O/35	Prest	50.50
5. C. Young O/35	Leeds	51.22
6. S. Taylor	Bing	53.11
7. S. Becksonsall O/35	Tod	54.26
8. V. Musgrove O/40	Eryri	54.37

JUNIORS UNDER 18

1. G. Pearce	Ilk	45.31
2. M. Carter	Spen	47.08
3. M. Smith	Holm	49.52

GUISBOROUGH WOODS HILL RACE

Cleveland

BS/5.75m/1000ft 27.12.98

A very wet day with extremely boggy conditions saw a record field set off. The race for senior men was over in the first lap with Charles Stead establishing a fifty yard lead over Ian Cook. The first six runners in fact remained as they were over the remaining distance.

In the ladies' field, things were somewhat different with Karen Slater establishing a sixty yard lead over Alison Raw and Alice Bedwell. At the top of the Quarry, Karen had to retire with an injury, leaving Alison leading. A late surge from Alice Bedwell on the final section gave her the race.

Well done to all junior competitors in thoroughly wet and cold conditions - so much so that they were lucky to get any results at all due to sodden results sheets!! *David Parry*

1. C. Stead	Saltwell	38.45
2. I. Cook	H'pool	39.06
3. M. Burn	ThirskS	39.41
4. P. Stephenson	H'pool	40.04
5. J. McCready	Naycliffe	40.14
6. P. Lowe	Mand	40.41
7. R. Firth	Mand	40.55
8. P. Buckley	NMarske	41.07
9. A. Harland	Mand	41.19
10. K. Maynard	Quak	41.20

VETERANS O/40

1. R. Firth	Mand	40.55
2. P. Buckley	NMarske	41.07
3. K. Carter	Mand	41.59
4. R. Pollard	Mand	44.00
5. T. Young	ElvetP	44.16

VETERANS O/50

1. M. Hetherton	Nestle	47.50
2. G. Dixon	Mand	48.00
3. R. Sherwood	NMarske	50.27
4. R. Clarke	Mand	50.35
5. B. McDonald	Mand	50.40

VETERANS O/60

1. M. Harper	NMarske	58.48
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LADIES

1. A. Bedwell	MDC	48.24
2. A. Raw	Darl	49.50
3. S. Jackson	M&C	50.18
4. A. Hayward	ThirskS	50.50
5. S. Burton	Roth	51.07
6. N. Booth	Ind	51.42
7. J. Young O/45	Elvet	55.27
8. K. Roger	Ind	57.25

JUNIORS UNDER 16 - BOYS

1. M. Turnbull	Shildon	14.28
2. C. Maynard	Ind	17.51

JUNIORS UNDER 13 - BOYS

1. A. Bedwell	Ind	20.22
2. B. Libby	Mand	21.09

JUNIORS UNDER 13 - GIRLS

1. S. Slater	Skip	18.11
2. J. Hatfield	Ind	21.42

NINE STANDARDS FELL RACE

Cumbria

BM/8m/1500ft 1.1.99

1. G. Bland	Borr	57.00
2. M. Rigby	Amble	57.05
3. A. Schofield	Borr	57.56
4. G. Schofield O/40	Horw	58.31
5. M. Walsh O/45	Kend	1.01.04
6. D. Byers	Traff	1.02.19
7. P. Whiting O/40	Kend	1.03.03
8. A. Taylor O/40	Clay	1.03.07
9. P. Clark O/45	Kend	1.03.09
10. S. Taylor O/40	Clay	1.04.17

VETERANS O/50

1. G. James	B&F	1.12.31
2. T. Cock	Holm	1.14.55
3. P. Dowker	Kend	1.16.34
4. T. Faulkner	Wilms	1.18.31
5. I. Mackintosh	Notts	1.19.59

VETERANS O/60

1. H. Catlow	Dallam	1.29.10
2. H. Blenkinsop	Kesw	1.47.18

LADIES

1. J. Rae	Amble	1.07.46
2. J. Mellor	Penn	1.16.52
3. W. Dods O/45	Clay	1.19.06
4. R. Fletcher O/45	Tyne	1.32.12
5. T. Douglas O/40	Eden	1.25.58
6. S. Dyer O/40	AireCen	1.29.25
7. R. Blackburn O/50	Ilkley	1.48.47

CAPTAIN COOK'S HILL RACES

North Yorkshire

BS/5.5mM/750ft/ 1.1.99

1. P. Lowe	Mand	31.35
2. C. Stead	Saltwell	31.45
3. S. O'Grady	NMarske	32.20
4. A. Normandale	Nestle	32.46
5. M. Burn	ThirskS	32.52
6. R. Burn	ThirskS	33.22
7. P. Wragg	ThirskS	33.27
8. A. Harland	Mand	33.34
9. P. Buckley	NMarske	33.38
10. R. Hall	ThirskS	33.57

VETERANS O/40

1. A. Normandale	Nestle	32.46
2. R. Burn	ThirskS	33.22
3. P. Buckley	NMarske	33.38
4. K. Carter	Mand	34.07
5. T. Young	Elvet	35.03

VETERANS O/50

1. M. Hetherton	Nestle	38.41
2. R. Howard	Loftus	38.45
3. B. Goodall	Unatt	39.00
4. G. Dixon	Mand	40.04
5. R. Sherwood	NMarske	41.12

LADIES

1. K. Slater O/40	Kghly	37.20
2. D. Rutherford	Ind	39.12
3. E. Nutter	Ripon	39.35
4. C. Hare	Loftus	40.44
5. A. Raw	Darl	40.47

6. A. Hayward	ThirskS	41.39
7. C. Garland	Mand	43.21
8. S. Gayer	NMarske	43.41
9. C. Potts O/45		44.00

JUNIORS

1. A. Harman	Mand	18.55
2. J. Rafferty	Mand	18.56
3. K. Shaw	Unatt	20.15
4. A. Rafferty U/13	Unatt	21.03
5. N. Michie	Unatt	22.36

TOR-OVENDEN FELL RACE

West Yorkshire

BM/8m/1200ft 2.1.99

Records tumbled at Ovenden as our largest ever entry of 101 runners braved the bitterly cold winds on the moors above Ogden Reservoir, in what would be for many, their first run of the new year.

It should go on record that this was despite the calendar not having been distributed, so our leaflets/word-of-mouth/Internet, people assuming it was on going by last season's calendar and excellent local press coverage, meant that our race - for one - was not adversely affected.

Talented Robert Jebb, who earned his England vest at Snowdon last July was a class apart over this tough eight miler, breaking Pii Sheard's 12 month old mark of 58.55 by exactly three and a half minutes. Steve Oldfield, who trains locally and had receded the course, hung on to second place despite missing a flag and taking a wrong turning at around half way, also dipping inside the old record.

Carol made light work of it as usual, finishing 15th overall and hacking over three minutes off her own record, with Lisa Lacon second and Beverley McWade third. Beverley's dad, Peter, had another storming run, finishing eighth to take the over fifty prize, second veteran overall, with next veteran, another over 50, Ken Taylor, less than a minute behind in eleventh.

Special thanks to our sponsors, 'Tor', the Outdoor Specialists of Batley, who donated a micro-cagoule and trousers to the first man and first woman (84 worth) and windproof bottoms worth 40 to the runners' up.

Thanks to our hosts, Eddie and Lisa at the Whole Hog, who put on a great welcome with good ales and fine food, at such short notice having just taken over the place a few weeks before Christmas, and to the small army of willing helpers who make the event go smoothly, many of who just turned up to help on the day, whether finish recording, marshalling, gathering flags or giving out the free beer and chocolate to the weary finishers !!

Now, I want some feedback on this one...next year's race could be the first of the new millennium, on Saturday 1 January 2000...but will anyone be in any fit state to run after the celebrations of the night before ???

Should we put a shorter/milder race on, or go 'the whole hog' and make it a knobs and bells affair with special commemorative mementos...?? It's your race, what do you think? P.S. Lost property: one football team "bob hat" ring me to claim ('phone number in fell calendar) - also still unclaimed, one pair fell shoes left at the Dusty Miller, Mytholmroyd after the High Brown Knoll race in October.

Allan Greenwood

1. R. Jebb	Bing	55.25
2. S. Oldfield V/40	BfdAir	58.16
3. M. Lee		59.31
4. J. Helmsley	Ilkley	59.40
5. S. Bottomley	Eccles	59.52
6. C. Seddon	Horw	59.54
7. J. Feeney	Bing	60.08
8. P. McWade V/50	Clay	60.37
9. A. Martin	Unatt	60.59
10. I. Hansen	Bing	61.02

VETERANS O/40

1. S. Oldfield	BfdAir	58.16
2. N. Pierce	Ilkley	62.33
3. R. Hamilton	Ilkley	63.04
4. P. Bramham	K&C	66.20
5. F. Lynch	RedRose	66.50
6. K. Masser	Ross	66.54

VETERANS O/50

1. P. McWade	Clay	60.37
2. K. Taylor	Ross	61.22
3. D. Rhodes	BfdAir	66.01
4. G. Breeze	Skyrac	67.47
5. R. Marlow	DkPk	69.06
6. R. Baker	CFR	70.07

VETERANS O/60

1. P. Duffy	Aberdeen	85.29
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LADIES

1. C. Greenwood	Bing	62.14
2. L. Lacon	Holm	68.08
3. B. McWade	Clay	70.10
4. R. Dorrington	Bing	71.06
5. S. Taylor	Bing	75.32
6. L. Hayles V/40	Hfx	78.11
7. L. Bostock V/40	Clay	80.29
8. J. Greenwood V/35	Baidon	81.01
9. A. Bakes	Unatt	91.41

VERY LATE RESULTS

The results which follow, range from the very to the ludicrously late - we print them in our capacity as a journal of record but would ask organisers to contact results co-ordinator Dave Weatherhead a little before 6 months after the race!!!

FLAGSTAFF TO CARLINGFORD

Northern Ireland
AL/11m/3000ft 21.6.98

While there were no records at the annual Flagstaff to Carlingford Mountain Race, there was plenty of excitement generated by the influx of new participants from the Irish Mountain Running Association. Brian Ervine's winning time was, in fact, his second best time and the third best ever, while Anne Sandford's time was the second fastest by a lady. Additionally, many runners had personal best times.

Brian Ervine led the men's race setting a blistering pace right from the start so that by the third checkpoint at Clermont Cairn, he had already built up a lead of over three minutes with a time of 28.49 to second placed Irish International, Colm Rothery on 32.40. Damian Brannigan was third with the same time. Brian Finnegan was a surprise seventh at this point. The leading lady at Clermont Cairn was Anne Sandford in twenty first position with a time of 41.16. Dessie Connolly, running in the Veterans Over 50 category, was twenty ninth at Clermont in a time of 42.10.

Brian Ervine continued to lead through Checkpoint four at Carnamaddy with Colm Rothery in second, but Steven Linton had replaced Damian Brannigan for third. Billy McKay and Steve Begley remained at fifth and sixth separated by seconds. Brian Finnegan had lost one place and was now lying eighth, still having a superb race. Dessie Connolly on the other hand had moved up one place to twenty eighth.

The Flagstaff race is one of constantly changing terrain with a wide variety of running challenges. The first checkpoint at Anglessey Mountain is reached after a hard unrelenting climb through heather and whins, followed by a short descent and climb again through heather and bog to Clermont Mountain. Checkpoint three at Clermont Cairn is reached after a steep descent to the mountain road which then climbs towards the easily visible TV mast beside the cairn. The next section is very fast runnable terrain involving a series of undulating hills across the ridge of the Cooly Mountains.

After the cairn at Carnamaddy, the terrain changes once again and there is bog and rock, followed by a steep descent to the road at the Long Woman's Grave. At this point, Brian Ervine had increased his lead to almost five minutes with a time of 48.19. Colm Rothery was still second in a time of 53.08, Steven Linton was third in 53.40 and Damian Brannigan was fourth in 54.10. Billy McKay and Steve Begley were still fifth and sixth at 58.50 and 59.30 respectively.

Anne Sandford, leading the ladies' race, was twenty first in a time of 68.00. Brian Finnegan had lost another place to ninth in a time of 63.00, with Dessie Connolly holding on to twenty eighth in a time of 72.10. Second placed lady, Roisin McDonnell, retired at this point in thirtieth place overall, leaving Michelle McGovern in second with a time of 79.20 and thirty second overall.

From Checkpoint five to six on the summit of Slieve Foye, the going really gets tough and in terms of effort versus distance, it is something like 50% effort for about 35% of the overall distance. There is the initial short brutal climb from the road, followed by fairly complex navigation around various features, such as the Ravens Crag and the Foxes Rock, before the final slog through rock, bog and various undergrowth to the checkpoint at the summit of Slieve Foye.

Brian Ervine reached the summit in a time of roughly 1.20.08 clear of Colm Rothery, but in the descent to Carlingford where Brian has no equal for all caution-to-the-winds downhill running, he added a further four minutes to his lead. However, Damian Brannigan must have come close to Brian in the downhill stakes as he improved from joint third at the summit to finish second at the finish, just under eleven minutes down on Brian Ervine. The finishing times gave roughly the same time difference at the summit of roughly eleven minutes. Anne Sandford lost one place overall on the descent finishing nineteenth.

Brian Finnegan suffered on the final two stages going from ninth at the Long Woman's Grave to twenty first at the summit, but gained one place on the descent. Dessie Connolly improved to finish twenty sixth.

Brian Vallely

1. B. Ervine	Ballyd	1.31.01
2. D. Brannigan	N'castle	1.41.59
3. C. Rothery	Ajax	1.42.43
4. S. Linton	NWOC	1.42.50
5. B. McKay	Albert	1.54.34
6. S. Begley	Albert	1.56.36
7. J. Hayes	Ballyd	1.58.38
8. E. Casey	IMRA	2.00.23
9. M. Barton	ACKC	2.00.39
10. J. McBride	BARF	2.00.59

VETERANS O/40		
1. J. McBride	BARF	2.00.59
2. B. Dickey	ACKC	2.10.56
3. B. Bell	IMRA	2.29.26

VETERANS O/45		
1. B. McKay	Albert	1.54.34
2. M. Barton	ACKC	2.00.39
3. J. Lalor	IMRA	2.18.12

VETERANS O/50		
1. J. Hayes	Ballyd	1.58.38
2. R. Donaldson	ACKC	2.04.57
3. B. Magee	Larne	2.10.47

LADIES		
1. A. Sandford	Ballyd	2.12.21
2. M. McGovern	Mountp	2.56.45
3. A. Holden	Unatt	3.20.09

SALTWELL HARRIERS FELL RACE

County Durham
BS/5.5m/950ft 7.7.98

Fifty runners enjoyed another delightful evening on the fells above Stanhope, supported very ably by a dirty dozen of grave diggers masquerading as archaeology students. When the race got under way, it was the leader of this dirty dozen, Bob Johnson, who led the field up to the first climb, Collier Law. With renewed enthusiasm for doing a bit of training, Bob was showing that his recent form was no flash in the pan. Shaun Scott was leading the chasing pack of Everett, Thompson, Smith and Green, which managed to change positions through the control conveniently situated in the middle of the bum to the foot of the last ascent to the finish.

The last ascent of 500ft over 600 metres has tested the will to win of runners in the past. This year was no exception. Even with the vocal support of his grave diggers, Bob Johnson succumbed to the pressure of the in form Scott with 400 metres to go.

F Smith and J Dickinson battled out for the veteran's prize, with Smith winning his first veteran's victory by four seconds. The host club, Saltwell, had another reason for celebration with Kath Bennett not only winning her first race, but this was also the first occasion that a Saltwell lady had won a race!

The team prize was claimed by Northumberland Fell Runners for the second year running. The exhaustive prize list was given out in the Moorcock pub afterwards, where the "apres-fell race" continues to be very popular.

Thanks to all who supported this year's race - the runners, officials, sponsors and the grave diggers.

Keith Wood

1. S. Scott	NFR	41.18
2. B. Johnson	Saltwell	41.36
3. S. Everett	Durham	42.06
4. M. Thompson	HBT	42.10
5. F. Smith	Saltwell	42.26
6. J. Dickinson	Tynedale	42.30
7. A. Green	Tynedale	42.37
8. D. Scott	Tynedale	43.12
9. D. Armstrong	NFR	43.29
10. G. Owens	NFR	43.40

VETERANS O/40		
1. F. Smith	Saltwell	42.26
2. J. Dickinson	Tynedale	42.30
3. D. Armstrong	NFR	43.29
4. G. Owens	NFR	43.30
5. A. Curtis	Claremont	47.19

VETERANS O/45		
1. J. Humble	NFR	46.37
2. D. Dallinson	NFR	46.43
3. P. Scott	NFR	48.00
4. W. Tait	NFR	48.13
5. R. Dawson	NFR	50.00

VETERANS O/50		
1. D. Cockburn	Morpeth	49.35
2. W. Campbell	NFR	51.08
3. J. Scott	Norham	56.44
4. D. Croasdale	Derwent	57.54
5. S. Beath	Unatt	58.05

VETERANS O/60		
1. J. Garberino	AchRatt	55.15

LADIES		
1. K. Bennett	Saltwell	58.11
2. B. Broadhurst	Tynedale	63.03

JUNIORS		
1. D. Scott	Tynedale	43.12
2. J. Philmore	Tynedale	45.19

SHELDON FELL RACE

Derbyshire
BS/4m/632ft 23.7.98

One hundred and four runners lined up, seven down on last year, on an evening of good conditions. The field, led by Andy Wilton, set off on the downhill section to the River Wye. Andy soon broke away from leading pack to finish in a record time to take away the SPAR perpetual shield. Daniel Yates, last year's junior winner, was runner up. The ladies winner was Elizabeth Batt.

Thanks to our sponsors, local farmers, Ralph Lord and his team of course markers and marshals. A special thanks to Andy Farmer of the Peak National Park Ranger Service, for making last year's problem stile much safer.

Ralph Lord

1. A. Wilton	StaffsM	22.45
2. D. Yates	Matlock	24.54
3. D. Hayes	NDerby	25.30
4. M. Ediker	NDerby	26.04
5. B. Edwards	DkPk	26.09
6. A. Whittingham	Buxton	26.14
7. S. Brister	Matlock	26.46
8. G. Adams	DkPk	27.14
9. A. Howie	Penn	27.23
10. L. Taggart	Buxton	27.30

VETERANS O/40		
1. S. Brister	Matlock	26.46
2. A. Howie	Penn	27.23
3. W. Alves	Totley	27.41
	CityStoke	27.55
5. K. Holmes	Unatt	28.00

VETERANS O/50

1. R. Marlow	DkPk	27.35
2. D. Lockwood	DkPk	29.31
3. J. Armistead	DkPk	29.51
4. G. Revell	Bradwell	30.57
5. B. Hampton	NDerby	31.13

VETERANS O/60

1. C. Henson	DkPk	33.56
2. C. Grundy	Buxton	34.54
3. R. Campbell	Matlock	47.22

LADIES

1. E. Batt	Buxton	29.15
2. J. Phizacklea	Buxton	31.00
3. J. Bednall	Sheff	32.23
4. K. O'Brien	Buxton	32.58
5. R. Cole	Buxton	33.33
6. L. Hancock	NDerby	33.45
7. S. Hulbert	Unatt	34.18
8. H. Musson	Totley	34.39

JUNIORS

1. W. Orritt	Buxton	36.18
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BEETHAM SPORTS FELL RACE

Cumbria
BS/5.75m/927ft 1.8.98

This was the third annual Beetham Sports Fell Race since we reintroduced it to the Sports in 1996. The number of runners was well up on the previous year with a total of sixty seven entries.

The race is run over the undulating Deer Park of Dallam Tower, then on wooded limestone tracks opening onto Beetham Fell, with the final ascent to "Fairy Steps" - a series of steps through a narrow gap in the limestone outcrop which was the old coffin route from Arnside to Beetham Church. Then there is a descent by rough wooded tracks and fields to the Sports Field.

The winner, Paul Muller, broke the previous course record of 37.06.

Chris Mercer

1. P. Muller	Bl'pool	36.59
2. D. Houldsworth	Kend	38.33
3. G. Taylor	DarwenD	40.21
4. M. Green	FDean	40.24
5. P. Whiting	Kend	41.17
6. A. Taylor	Clay	41.22
7. P. Harlowe	Kesw	41.30
8. M. McKenna	Dallam	41.53
9. B. Davey	SouthpW	42.03
10. I. Carrick	Unatt	42.22

VETERANS O/40

1. P. Muller	Bl'pool	36.59
2. D. Houldsworth	Kend	38.33
3. M. Green	FDean	40.24
4. P. Whiting	Kend	41.17
5. A. Taylor	Clay	41.22

VETERANS O/50

1. D. Huggill	ARCC	49.25
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VETERANS O/55

1. P. Taylor	Border	46.40
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VETERANS O/60

1. D. Brown	Clay	49.40
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LADIES

1. H. Coburn	Newtown	50.13
2. H. Parsons	Unatt	51.50
3. M. Dempsey	Unatt	51.58
4. K. Robertshaw O/35	Otley	52.35
5. D. Walker O/35	Kend	55.45

SLIEVE DONARD RACE

County Down
AM/7m/2800ft 1.8.98

The 54th Annual Slieve Donard Race with, ironically, 54 starters, produced an enthralling struggle between the three leading runners. The race started on the Main Street in Newcastle Centre but for the first time since 1950, the runners were free to choose whatever route they liked to the summit and back to sea level in Donard Park.

From the start, favourite and winner for the last three years, Deon McNeilly, opened up a lead on the rest, with the exception of Dave McKibbin, who followed him step for step. In less than eleven minutes, McNeilly led through the stile at the top of the forest now isolated in front. McNeilly and McKibbin stayed in the Glen and headed for the Saddle and the Mourne Wall. Behind, Dermot McGonigle, Brian Ervine and Neil Carty headed for the Black Stairs and the more direct, steeper climb to the summit. Most runners went by the Black Stairs with about ten choosing the more circular Glen route. However, there was one further alternative, mountain man Kevin Quinn left the field at the second bridge and headed for the Quarry in glorious isolation. He aimed to take a route past the eastern end of Thomas Mountain and then on to the summit.

Thirty six minutes and sixteen seconds after the start, McNeilly reached the summit marshals only to discover McGonigle arriving from the other direction and rounding the flag a mere four seconds down. A further thirty seconds down was Ervine. It was cloudy with visibility only about thirty yards and McNeilly struck out in a northerly direction for home. As he dropped out of the cloud, he realised that the Eagle Rocks were looming and he quickly turned sharp right correcting his error. Meanwhile, McGonigle who had dropped about fifteen seconds behind, took a little longer to pick up his mistake but was soon heading for the Black Stairs again. Ervine, famed for his knowledge of Mourne race routes, did not

realise his mistake in time. Charging hard, he found himself in a gully close to the Eagle Rocks and was committed to drop into the Glen. Meanwhile, McNeilly kept to his pre-race plan and was now on a direct line for the Quarry, preferring to drop into it rather than taking the Black Stairs route.

At forty nine minutes, McNeilly was through the Quarry gate and into the forest heading for Donard Park. McGonigle was approaching the stile with only the swift drop of the Glen River ahead, while Ervine was a minute behind up the Glen. McNeilly's superior flat speed showed as he sped to the finish line to set a new record of 55.09, with McGonigle only 21 seconds behind. It was a close run thing given that the two runners had chosen different routes for both the climb and descent over the roughest of ground with a lot of route choice.

Damien Brannigan produced the fastest descent of the day to finish fifth in 59.34, posting an incredible 16.38 from the top of Slieve Donard to Donard Park via the Black Stairs (including 11.23 to the stile as the top of the forest) and without a parachute!!

Anne Sandford won the ladies' race in 83.11. It was disappointing to see only two ladies participating.

First Veteran over 50 was past winner, Jim Patterson, in sixth place overall. First Veteran over 40 was Peter Howie. First Veteran over 55 was George Geddis, whilst first Veteran over 60 was John Dear-ton.

The team race was won by Newcastle AC for the eighth year in a row.

Fourteen runners were inside Jim Rooney's race record of 68.00 which dates back to 1950 when the race was last run in this format.

Spare a thought for Daniel Hughes, the sixteen year old, who turned up later and started sixteen minutes after the rest and ran most of the race in isolation (and he had never been up Donard before!) and recorded an unofficial time of 65.40, which would have given him twelfth place overall.

Paul Rodgers

1. D. McNeilly	N'castle	55.09
2. D. McGonigle	N'castle	55.30
3. B. Ervine	Ballyd	56.16
4. N. Carty	Nbelf	57.38
5. D. Brannigan	N'castle	59.34
6. J. Patterson	Albert	60.25
7. G. Went	NDown	62.10
8. D. McKibbin	N'castle	63.39
9. P. Howie	Larne	63.44
10. S. Linton	NOW	64.43

VETERANS O/40		
1. P. Howie	Larne	63.44
2. B. Dickie	Nbelf	75.17
3. B. Bibby	BARF	75.23

VETERANS O/45		
1. K. Quinn	N'castle	65.34
2. B. McKay	Albert	68.27
3. M. Barton	ACKC	70.41
4. W. Kytelle	ACKC	71.27

VETERANS O/50		
1. J. Patterson	Albert	60.25
2. J. Sloan	ACKC	68.20
3. J. Hayes	Ballyd	69.19
4. R. Donaldson	ACKC	74.21

LADIES		
1. A. Sandford	Ballyd	83.11
2. P. O'Hara	BARF	115.02

CROOK PEAK RACE Somerset AS/3m/800FT 26.8.98

1. A. Bickerstaffe	GWR	19.10
2. M. Duxbury	Horw	19.27
3. P. Gebbett	Notts	19.45
4. C. Hallett	Bristol	19.59
5. O. Johnson	DkPk	20.22

VETERANS O/40		
1. C. Kelsey	Wells	21.45
2. R. Hart	Weston	22.11
3. C. Ashworth	Dursley	22.34

VETERANS O/50		
1. R. Hart	Weston	22.11
2. T. Lewis	Dursley	22.46
3. P. Snelling	Weston	23.27

LADIES		
1. D. Hodgester O/40	Wells	25.14
2. A. Hurford	Bristol	25.52
3. J. Hallett O/40	Bristol	28.03

Y MYNYDD Gwynedd 26..8.98

A very good turnout for this year's race. The day started with rain but turned out a good night when the sun came out and dried the ground up a bit.

Judith Fraser-Williams

1. G. Williams	Unatt	27.10
2. D. Shepherd	Eryri	29.12
3. P. Pilbeau	Unatt	29.21
4. D. Whiteside	Eryri	29.24
5. D. Jones	Eryri	29.27
6. P. Evans	Unatt	29.58

VETERANS O/40

1. S. Jones	Eryri
2. D. Jones	Eryri
3. J. Bunton	Eryri

VETERANS O/50

1. D. Whiteside	Eryri
2. E. Davies	Eryri
3. M. Blake	Eryri

VETERANS O/60

1. D. Roberts	Eryri
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LADIES

1. J. Lloyd	Eryri
2. A. Donnolly	Eryri
3. S. Farrar	Eryri

BRECON BEACONS FELL RACE Gwent AL/19m/4500ft 29.8.98

Superb weather welcomed forty four competitors (and organiser!) for this classic fell race. Graham Patten set the early pace and was never headed. He built up a seven minute lead by Pen-y-fan and ended up winning by over twelve minutes.

Run of the day was by George Swindon, Veteran Over 60, who finished seventh overall. This was possibly a Veteran Over 60 record but still to be confirmed. First lady was Polly Gibb in eighth place with another good run.

Many runners suffered in the heat and ignored the organiser's advice of carrying water. Limited water was available at check-points but surely being self-sufficient whilst crossing miles of mountainous terrain, is what this sport is about - not a glorified road race on uneven ground with drinks stations every couple of yards!! I, for one, would be interested to hear to opinion of other organisers on this subject. If the weather is hot next year, then carrying water will be compulsory in this event. You have been warned!!

Tom Gibbs

1. G. Patten	P&B	2.49.15
2. P. Maggs	MDC	3.01.48
3. P. Cadman	Mercia	3.06.35
4. D. Lambert	WyeV	3.06.52
5. J. Darby	MDC	3.08.59
6. J. Bass	MDC	3.15.47
7. G. Swindon	FOD	3.21.00
8. P. Gibb	P&B	3.21.05
9. J. Amies	Macc	3.21.16
10. C. Perkins	Heref	3.22.41

VETERANS O/40

1. D. Lambert	WyeV	3.06.52
2. J. Darby	MDC	3.08.59
3. C. Kelsey	Wells	3.24.56
4. W. Marsh	Tarm	3.25.32

VETERANS O/50

1. J. Amies	Macc	3.21.16
2. D. Finch	MDC	3.41.59
3. B. Price	Cal'dV	3.50.10
4. R. Hopkinson	DkPk	3.51.35

VETERANS O/60

1. G. Swindon	FOD	3.21.00
2. P. Norman	Wrex	3.41.27
3. C. Jones	MDC	4.18.40
4. T. Breakwell	Borr	4.26.37

LADIES

1. P. Gibb	P&B	3.21.05
2. A. Bedwell O/35	MDC	3.24.05

CROSS KEYS ROAD AND FELL RELAY Lancashire 2 x 3m Road/2 x 2.5m Fell 29.8.98

A field of thirty eight teams of four runners took part in the sixteenth Cross Keys Road and Fell Relay. The event has four legs, alternating between a hilly 3 mile road leg and a scenic 2.5 mile fell leg.

The conditions were ideal for the event - overcast but pleasantly warm. As usual, a large crowd turned up to offer vocal support to a wide selection of attending clubs.

Rotherham Harriers had an excellent day, taking both the overall and male veteran prizes. Saddleworth Runners took the ladies' team prize and Middleton Harriers the ladies' veteran prize. The Holmfirth junior team had a top twenty overall finish and beat off the challenge of the East Cheshire team. The Navigation Inn, Dobercross, were triumphant in the pub team challenge.

At the presentation ceremony, the landlord of the Cross Keys, Phil Kay, made an emotional speech - he is moving to another pub after over twenty years at the helm. Phil thanked all runners for the support they have given the event over the years. Phil will be sadly missed, but rest assured - there will be a 17th event in 1999!!

Dominic Franklin

1. Rotherham Harriers	1.11.49
2. Holmfirth Harriers	1.12.02
3. East Cheshire Harriers	1.15.50
4. Pudsey & Bramley	1.17.09

VETERANS

1. Rotherham Harriers	1.17.52
2. East Cheshire Harriers	1.28.40

LADIES

1. Saddleworth Runners	1.38.55
2. Manchester YMCA	1.51.51

LADIES VETERANS

1. Middleton Harriers	1.49.20
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JUNIORS

1. Holmfirth Harriers	1.29.44
2. East Cheshire Harriers	1.35.08

BOUNDARY STONE BLAST Cheshire BM/6m/850ft 30.8.98

Malcolm Fowler won the second running of the Boundary Stone Blast. Held at Kettleshulme, conditions were warm and sunny although the course was very boggy in places after all the rain we have had. I think the runners welcomed the river crossings on the course.

There were no new records this year as the course had to be altered slightly from last year.

Alan Boothby

1. M. Fowler	Salf	43.12
2. D. Gartley	Stock	43.16
3. N. Bassett	Staffs	43.36
4. L. Taggart	Buxton	44.03
5. L. Footitt	Buxton	45.13
6. T. Hargreaves	Stock	45.15
7. P. Sheard	P&B	45.46
8. S. Chisnall	GM/Police	46.01
9. C. Greenwood	Bing	46.15

VETERANS O/40

1. T. Hargreaves	Stock	45.15
2. A. Howie	Penn	48.54
3. A. Wilkins	Gloss	49.05
4. S. King	Unatt	49.56
5. P. Stubbington	Unatt	50.34

VETERANS O/45

1. C. Hack	Ports	50.17
2. P. Spivey	Buxton	50.45
3. G. Corless	M/CYMCA	52.07
4. P. Tapping	HopeV	55.27
5. W. Harrison	Penn	57.40

VETERANS O/50

1. R. Marlow	DkPk	47.08
2. P. Nolan	Macc	48.30
3. C. Holland	Michelin	50.07
4. M. Williams	Eryri	52.31
5. G. Revell	Bradwell	55.03

VETERANS O/60

1. P. Duffy	Aberd	54.41
2. B. Thackery	DkPk	56.13
3. C. Grundy	Buxton	57.57

LADIES

1. C. Greenwood	Bing	46.15
2. J. Phizacklea	Buxton	52.26
3. K. O'Brien	Buxton	55.52
4. C. Fordham	Ivanhoe	61.05
5. K. Speak	MDOC	64.07
6. J. Morson	Buxton	64.42

LAXEY HORSESHOE FELL RACE Isle of Man AM/11.75m/3200ft 30.8.98

Island track star, Paul Clarke, made a rare but successful outing over the hills to win the annual Laxey Glen Horseshoe Fell Race, his only other venture on the hills being the "Knock-Dhu Classic" in Ireland back in April.

Included in the line-up was defending champion, Gary Sumner, the Rossendale man making a most welcome return to our shores. Aiming for back to back victories, the course itself is based around the Laxey hills, including the climb of Snaefell, crossing the "TT" course at Windy Corner, eventually returning back to the Laxey seafront.

It was on the slog of Snaefell that the race split with Clarke, Keith Callister and current fell champion, Tony Rowley, opening up what turned out to be the race winning move. The race finish went right down to the wire with postman Clarke taking the honours by just two seconds from Callister, with two-times winner, Rowley, settling for third place. Local doctor, David Young, claimed fifth overall, setting a new Over 50s' record, while the ever-consistent Brenda Walker secured the ladies' title.

Phil Cain

1. P. Clarke	ManxH	1.45.11
2. K. Callister	ManxH	1.45.13
3. T. Rowley	MFR	1.45.23
4. P. Kaneen	ManxH	1.52.58
5. D. Young	MFR	1.53.00
6. G. Sumner	Ross	1.53.34
7. P. Cain	Nthn	1.54.58
8. P. Buttery	Holm	1.55.03
9. N. Jewell	MFR	1.57.20
10. B. Walker	MFR	2.00.37

VETERANS O/40

1. P. Cain	Nthn	1.54.58
2. P. Buttery	Holm	1.55.03
3. J. Quine	Kend	2.02.20
4. R. Stevenson	MFR	2.09.11
5. R. Moughtin	Western	2.09.44

VETERANS O/50

1. D. Young	MFR	1.53.00
2. D. Corrin	ManxH	2.03.25
3. R. Callister	MFR	2.12.33
4. S. Moynihan	MFR	2.19.34
5. I. Chrystal	Lochaber	2.27.22

LADIES

1. B. Walker	MFR	2.00.37
2. R. Hooton	Nthn	2.15.13
3. A. Goodall	Unatt	2.39.25

ON TOP OF THE WORLD BRITISH VETERANS

AT THE ANNUAL 'DO'



*CHAMPION MALCOLM PATTERSON
FLANKED BY DAVE NEILL AND DAVE HOULSWORTH*

1999 'DO': SATURDAY 30th OCTOBER
VENUE: SHAPWELLS HOTEL, KENDAL
4 COURSE MEAL

DETAILS:

**Dave and Eileen Woodhead, 166 Hainworth Wood Road,
Keighley, West Yorkshire BD21 5DF
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CONGRATULATIONS HORWICH RMI



***WILL THEY BE TOP JUNIOR BOYS & GIRLS TEAMS IN 1999?
FIND OUT AT THE JUNIOR 'DO' ON 14th NOVEMBER
AT SKIPTON***

DON'T FORGET EXCLUSIVE FRA T-SHIRTS TO FIRST 10 BOYS & GIRLS IN EACH AGE CATEGORY

The View from the Back

Fell runners spend a good deal of time focussing on going forwards into adversity as fast as possible in the hope that it will stop sooner. So naturally fell runners concentrate their attention on those who manage to stop earlier than the rest. I have never understood why this should be. What is it that makes someone who spends less time on any one fell run more interesting than those of us who take longer? I think its time for us to turn our attention more to view from the back of the pack.

We slower runners have more time to savour the experience than our quicker colleagues do. We have more time to appreciate the good things in fell running. You meet a better class of person, they hold gates open instead of rushing through giving no thought to the runner behind, they chat, usually extremely briefly, they find time to smile. Shared adversity does that.

On the other hand runners with unendurable characteristics are stuck with you for longer. Have you ever been quick enough to have the misfortune to be followed by a heavy breather? What is it about their bronchioles that needs to imitate an orgasmic donkey when half way up Ingleborough? Perhaps the technique helps work up a fitting climax of speed by the end of the race? Sometimes I meet the same person in the pub after the race and they seem quite agreeable, but I can't help thinking that I know what their significant other (donkey?) has to

put up with on Friday nights. Perhaps the neighbours do too.

Fell running is an admirable sport in many ways, not least in the even-handed manner it treats the sexes. There appears to be very little discrimination against women, same course (usually) same challenge, same rules. Admirable. Most women are slightly slower at the game than most men. It follows, therefore, that at the back of the field, there are slightly more women than men. So I often find myself surrounded by members of the fairer sex. Now I don't know whether you chaps at the front of the pack busy working your Walshes to the last are aware of this, but the ambience at the back of the pack can sometimes be very pleasant. By that I mean the smell at the back is often not as, shall we say, industrial as it can be at the front. Grunting my way up Pen y Ghent recently I noticed an agreeably female perfume pass me by. More by luck than effort I overtook and was rewarded by a similar fragrance. Nearer the top and nearer to a bad attack of rigour mortis, (or so it seemed at the time) the same scent. Too tired to look up, I knew who it was anyway.

However it does not do to assume the same of all my fellow competitors. In a similar state of near terminal exhaustion, a similar waft of pleasant perfume proved to be a snare and delusion on Hutton Roof. Looking up this time revealed a person of indeterminate gender with an arm action resembling Dame Edna's and a

rolling gait that looked as if it had just walked off one of Her Majesty's war canoes. Now that time I did run faster.

One of the disadvantages of consistently poor performance in fell running is that your mates are likely to be better runners than you. This leads to entirely foreseeable consequences.

"How many runners were there in today's race?" asks some innocent tourist in the pub afterwards. "Ask him" says my mate indicating me. "Ask him where he came, that'll tell you how many ran today." Which is why I never look at the results board.

There are, of course, ways of fixing mates who lower themselves to that level of post-race banter. Here's how. First, you need a bit of luck, next a small, almost intimate fell race: like the Langstrath in Borrowdale for example. The key thing is that not too many people should be seen to be warming up. "What time does it start?" asks my mate. "7.15" you lie. "Right then, time to warm up." Now because he's a big roughly-toughy and believes in all this sport science stuff, pre-race stretching, bending, lactate thresholds, raising cardiovascular rates, VO2 max. and all that, he's off down the track "to get focussed." With just a bit of luck, he's at least out of sight and ear-shot when at two minutes to seven we are called together for the start of the race. He still came fifth. So far it's worked only once. He's got his own copy of the Fell Runner's fixture list now.

*Slowcoach
Ian Simpson*

SUPERVET NEWCOMER

At last the moment of truth had arrived. I had just registered for the 1998 Pace Three Peaks Race as a 'supervet newcomer'. Less than an hour was left before the start after many anxious weeks spent trying to avoid the big 'Is' - illness and injury. I checked the contents of my bum bag for the umpteenth time, though I had decided weeks ago what these were to be.

Some of my training had been in the company of friends who had run the race at least twice. They assured me that my training schedule - based on those for London Marathons - would stand me in good stead. My only speedwork was avoiding people with the common cold. Unfortunately, one is not spoilt for choice of hills in Lincoln. However, I had completed a few fell races this year - the Soreen Stanbury Splash, the Noon Stone and the Half Tour of Pendle.

Foremost in my thoughts as I waited for the race to start was the fact that a friend had sustained such a severe ankle injury only 3 miles from the finish in his last Three Peaks Race, he was unable to continue. My main aim, therefore, was to get round in one piece. The time factor was secondary, although I secretly hoped for a sub 4.15 run and to finish in the first half of the field.

As I wandered across to the start I sensed my wife was more concerned than me. I was relieved to see the happy smiling faces of a group of supporters who had travelled up from Lincoln. I handed over one of my

water-bottles, asking for its return at Chapel-le-Dale.

"Remember", I was advised, "the race really starts at Ribblesdale."

10.00am. The race was underway at last. I managed to get out of Horton-in-Ribblesdale Playing Fields still on my feet. First hurdle over.

Pen-y-Ghent came and went without any mishap. I arrived at Ribblesdale where my spirits were uplifted by many shouts of encouragement - I wondered how I would feel the next time they saw me.

Having been advised to eat during the race, I decided to consume some Kendal mint cake on the lower slopes of Whernside. I avoided choking but many morsels were violently ejected.

The ascent of Whernside was cruel ... and dark clouds encircling the summit looked ominous. I handed in another tag at the summit checkpoint. Two down, one to go!

On the descent the heavens opened, with driving rain turning to hailstones. I soon became soaked to the skin. Once again my spirits were raised by cheers and shouts from familiar faces, whose owners looked as bedraggled as I felt. As I collected my water-bottle, a banana was thrust into my hands with the words: "How are you feeling?"

"I'm absolutely knackered."

"You're doing all right. Keep going." A pat on the back sent me on my way. I turned off the road and started the long slog up Ingleborough. The pontoon crossing was stamina-sapping. I could not move fast enough to keep warm so I put a top on.

The welcome sight of the summit check-point gradually appeared out of the mist. A female marshal called out, "Look at those shorts!" Then came shouts of "Follow those shorts!" I suppose the 'simulated flames' in red, yellow and black did brighten up the proceedings somewhat. Minutes later I almost parted company with the said shorts when they became impaled on a bolt-head at the top of a stile. This necessitated my reversing up the stile to retrieve them. Another mishap on the descent was due to a lack of communication between brain and legs. I came out of the resulting forward roll unscathed.

It was with great relief that I passed under the Settle-Carlisle Railway again, knowing I was virtually home ... but not dry! A quick glance at my stopwatch told me I was going to achieve my target-time so long as I stayed on my feet.

No sooner had I crossed the finish line, in 4.14, than my hand was shaken several times and my back patted again. I was soon to discover I had even finished in the first half of the field. My feeling of euphoria was not diminished by uncontrollable shivering as I saw in the car under a mountain of clothing, I had completed the Three Peaks Race. Now I could relax ... until next year!

Richard Titchmarsh

Grand Raid Spectacular! - Rob Howard

The Isle of Reunion has some of the most spectacular mountain scenery I have ever seen and there is a race which traverses the island taking in all the best bits called La Grand Raid. It is one of the best organised events of its kind, with a thousand volunteers offering food and drink, massage and medical aid, and bags of encouragement every few kilometres along the whole spectacular course.

All of which makes reports from the recent world cup of poor organisation and a disappointing setting very baffling. It sounds like the island did itself no favours when staging the event and worse, that the teams were on the edge of some stunning terrain, and never got to see it. So, lets set the record straight about Reunion, forget about the World Cup and look at the Grand Raid.

The island is just South of Mauritius in the Indian Ocean, is about 40 miles across, extremely mountainous, volcanic and rises to just over 10,000 feet. It is a French department so almost all the visitors and most of the population of 600,000 are French and the island is virtually unknown in the UK. (The French have been keeping it to themselves and I don't blame them.) The down side is that the outer rim of the island is heavily populated, built up, and prone to huge traffic jams, which is not what you expect from a tropical island. However, the interior is magnificent and the Grand Raid takes full advantage of this.

The course crosses the island from Cap Mechant in the South East to the capital St. Denis in the North, starting with the Volcano Piton de la Fournaise (2632m) and then passing through 3 huge cirques called Cilaos, Mafate and Salazie. The distance is 126km and the climb 8000m, but even those figures give no real idea how tough it is. The winners usually take 16 hours (an average of around 12 minutes/mile) and the time limit is 60 hours as many of the 1500 competitors walk the course, spending 2 nights sleeping at aid stations where beds are provided.

The start is at 4am but it is anything but sleepy. Entertainment from bands and dancers helps build the atmosphere in a floodlit sports field and the runners pass through kit checks to be given a number with their photograph and name on. (A nice touch this, as all along the course spectators and marshals call out your name.) As the tension builds wild mask dancers, stilt walkers and fire eaters entertain the crowd and flaming torches line the palm fringed road along which the runners set off to begin the 26km ascent of the Volcano.

The path is a gully which climbs at an unremitting gradient, passing through unremittingly sparse forest to emerge in the dawn light on the rim of the volcano which was erupting for most of last year (though it posed no great danger and you could walk safely up to the edge of the new lava flow). It is on an immense scale, approaching that of the Hawaiian volcanoes, and the track runs along the rim for several kilometres before crossing plains of jagged volcanic rock and sand. It may be early in the morning but the intense heat is soon bouncing back from the rock and at this early stage some runners are already in trouble from setting off too fast and dehydration.

A long descent and a crossing of the Plaines des Caffres follows and ahead looms the jagged profile of the islands main mountain group, topped by Pitons des Neiges at 3070m. There are long sections of forest to come, a narrow ridge above a ravine a thousand metres deep, short ladders on steep sections, and then it gets exciting with the crossing of the first of the 3 cirques. At the Kerveguen checkpoint (which like several others is placed and stocked by helicopter) all seems well, but it is on the edge of an awesome drop into Cilaos. In the next 4kms the switchback path drops 1000m and if the afternoon cloud has not filled the cirque an equally punishing climb up the other side is in sight.

This leads up to the Col du Taibit, a notch among a series of rock towers which leads straight into the Cirque Mafate, which is the only one of the three not accessible by

road. It is mercifully at a higher altitude than the others so that the drop into it is not so quad destroying but there is no let up in the roughness of the path. Most of the route is on the GR R2 footpath, but it is continuously broken underfoot throughout its entirety.

Next is the Col des Boeufs then it is back on the roller coaster to descend into the Cirque Salazie, the last of the three, where there is a major aid station at the village of Grand Ilet (where Trefor Jones retired). This is one of several places where hot food and beds are available, and these stations are manned continuously over two days by enthusiastic volunteers.

There is a good reason to take a rest here, too, as the climb to Roche Ecrive, which comes at the 100km mark has an average gradient of 32% over 5k and there are hand rails much of the way. For those able to lift their heads the view back over the lush vegetation and shattered rock formations of the cirque, framed by the walls of Piton des Neiges, is spectacular. This is the last major climb as the tracks now lead down to the finish in the stadium at St. Denis.

This years winner was Cleo Libelle in 17 hours 45 minutes, a slower time than expected, partly as the leaders were misdirected, and also because the course was even more difficult than those in recent years. Half of the crowd seemed to run round the track to the winning line with him, and he was greeted by a mass of press and TV cameras as the volume of the bands and wild gyrations of the



On the rim of the volcano

dancers reached fever pitch. The party would carry on through the night and through most of the next two days until the last official finishers hobbled in just before the 60 hour limit. They were received with as much excitement and as many cameras as the winners, a fitting end to one of the worlds great mountain races.

I hope to organise a small group of British runners to this years Grand raid - if anyone is interested contact me at 27a The Oval, Stoney Stanton, Leicester LE9 4JS.

Spectacular backdrops in the forest



MOUNT KINABALU or KARAOKE?

Consider first the pleasure of hot sprints and cold beers, snorkelling or scuba, jungle treks and friendly folk. Then mix in a little pain in the form of a serious mountain race, covering 13 miles and close on 7000ft of climb and descent and you have the best of Borneo. Alternatively there's always the karaoke bars of Kota Kinabalu.

The race up and down Mount Kinabalu has been billed as "The toughest mountain race in the world." This could be argued, Wasdale, Peris and Jura springing to mind and of course Latrigg, but this only qualifies if a) Borrowdale has been raced the day before and b) every effort has been made to get to the start in Fitz Park with a suitable hangover! However, Kinabalu is without doubt a very tough and unique race.



Starting at 6000ft in tropical jungle the race ascends rapidly up 1000's of steps of varying heights and widths, up a number of wooden ladders and finally on to massive granite slabs at 13500 ft. Turning around at the summit, as opposed to continuing and plummeting 1.5km into Low Gully seems a good idea, but the descent back down the steps is rough, technical, unrelenting and potentially lethal, which makes it a highly suitable race for British Fell runners. (NB the women's race follows the same course but unfortunately does not summit, turning instead at 11500ft).

The shocking part of all this, particularly for British runners, is that not only is it a good tough race but there is considerable money to be had, particularly if you can make it into the top three, even if you don't a placing in the top ten will see you right in Walshes for a year or two.

Now we may struggle to make much of an impact on the World Mountain Trophy, but give a British fell runner a real mountain race and it's a different story. Last year's British team in the men's race took the top three places with Angela Mudge claiming third in the women's race. This year a returning British team discovered a more competitive international field including Italian Bruno Brunod (Skyrunning World Champion), Frenchman Roux Regis (11th at Reunion), in form three times winner Saligan, a posse of Gurkhas and a host of others from around the world. The result saw Ian Holmes pushed all the way to the finish to take winning honours (vast amounts of cash, tribal head gear!, fame, etc.) in a new record time of 2hrs 42.07 sec, while Simon Booth, Jim Davies and Mark Rigby tumbled back from the summit to finish 4th, 5th and 7th respectively, with Bruno Brunod in 2nd and Saligan in 3rd.



Next year sees the World Mountain Trophy move to Borneo to be run around a hilly (but not very) jungle course. Three laps at speed will prove a tough test and with so many fast folk about it is hoped that the Mount Kinabalu race a week later will have an even larger and more competitive international field. However two more different races would be hard to find and it will be interesting to see how many of the World Trophy runners line up at the start the following weekend.

For those considering experiencing some of the pleasure and pain that Borneo has to offer under their own steam (watch out for possible flight deals) there is on offer the chance to race the World Cup course in the open category one weekend (just a training run) while keeping a wiley eye on the summit heights of Borneo's real mountain race for the following weekend.

If you go – good luck.

Jim Davies

Relaxing in the spa afterwards - clockwise from top left - Simon, Jim, Mark, Ian



Up and Down in the Mountains

Lest any reader might be gaining the impression that long competitive days and weekends in the Lakes all have successful endings, resulting in knackered yet satisfied customers zooming back down the M6 with proud tales to tell, it might be pertinent here to redress the balance, by referring to days when this was clearly not the case. Only a fool would take the mountains lightly, even in days of fair summer weather. When the elements prove inclement and/or when you are quite clearly not up to the task for a host of reasons (fitness, illness, injury, inexperience etc), then is the time to withdraw gracefully. The fells deserve the highest respect and are quite capable of humbling even the fittest and most capable of our fraternity.

This message was first pressed home to me when, attempting to walk up to the Glyders on a Welsh 3,000s recce in wet conditions, I fell on the slippery rocks hurting my back in the process, and was forced to beat a hasty retreat by getting son Duncan to drive me home. In my first Lakeland Classic - the Ennerdale - I lost concentration thinking I had cracked the hardest part by reaching the summit of Pillar and then proceeded to get lost. I have since been back to put that right with three successful completions and the Wainwright drawing of Scarth Gap signed by the legendary Joss sits proudly on my wall! I passed my baptism in Mountain Marathons on the Range of the Awful Hand and The Devil's Bowling Green in the 1986 Galloway KIMM, but then hit trouble in the 1989 KIMM in the Howgills. Partnering JB, I broke an ankle but still unwittingly and stupidly carried on to the end of the first day. Ending up in plaster was a salutary lesson but I still retain some fond memories in the rosy glow of retrospect. You must have a sense of macabre humour in these events and mine was tested to the full in my first SLMM when partner Brian Howbrook went AWOL for over an hour on Day 1 (I feel better now I know that things like this happen to Cameron McNeish no less!). In the 1992 Saunders, I talked Frank into needlessly going up to the summit of Scafell Pike forgetting to go to an earlier checkpoint! At least these latter two tales had happy eventual endings! Eventually, the SLMM proved to be my favourite event. Call me a softy if you will, but long summer days in the Lakes in July with milk and beer at the overnight camp and sometimes a pub nearby eventually proved to be more popular with me than pitching a tent in the teeth of a storm at night in a bog at the back end of October.

However, even the Lakes in summer can be testing.....

In 1990, flushed from my first SLMM success the previous year and fighting fit after recovering from my broken ankle, I cajoled Carl into doing the Kirkfell class with me after Trevor had to pull out. Starting from Langdale, it soon became apparent that the rain and poor visibility would be more than a match for all but the most seasoned of campaigners (about 20% of the starters?). After wandering all over the Crinkles, Esk Pike and Bowfell for half a day like headless chickens, we reached Esk Hause and decided to call it a day. I was both embarrassed and disappointed as we slunk back down Mickleden to Stool End with our tails firmly between our legs. On the positive side, I had the pleasure of meeting Jon and Sue Hurrell for the first time and was later to support on their respective BG attempts while they kindly reciprocated on my 15 Dark Peak Trigs. I also took the decision to improve my bad weather compass work by entering events like the New Chew 'O', Tanky's Trog and some LDWA events with my walking mates. Adversity can prove to be a helpful tutor at times.

After a successful Wansfell with Paul (91), Bowfells (Frank 92, Shutt 94) and Scafells (Pete 95 - we seemed to have a faultless Day 2 - and 96) everything was very upbeat. I will always remember long, tiring, never-to-be forgotten weekends in the fells I love, with special, like-minded friends who each contributed much to the different partnerships. Each successful completion was always hard fought for with many gut-busting climbs and heart-stopping descents. There is little doubt that the standards set at the sharp competitive end of mountain marathons have improved dramatically in recent years with the growth in lightweight equipment, dietary expertise, incredible fitness and technical know-how. What this means for your veteran bog-standard punter like me is the knock-on effect as course-setters try to set testing days for elite competitors like fellow Glossopdale clubmates Mark Seddon and John Kewley et al. Not once did I ever feel that any of my successful weekends with a range of partners came easy. If I ever had done so, the SLMMs of 97 and 98 would serve as a reminder to 'He who dares' to quote Dell Boy. The mountains have to win some too!

In early 1997 I upped my training and lasted well in the Wuthering Hike and the London Marathon and was on course to attempt the Fellsman event as a prelude to an exciting summer in the mountains,

only to be plagued by stomach problems which forced me to withdraw. However with good mileage in my legs over winter and spring, I recovered sufficiently enough to declare myself fit for the Scafell class of the Saunders and then the Tour of Tameside. However, after two long days out on testing courses contouring seemingly vast distances on difficult terrain up, down and across the Dollywaggon-Clough Head ridge from Grasmere, my lack of fitness finally caught up with me late on the second day. Climbing back out of a wickedly steep, loose gully on the western flank of Helvellyn, I reluctantly had to accept the fact that I was moving too slowly to be inside the time set for the course. Pete was very good about it.

A year later he was still remarkably cheerful when I decided to jack it in midway through Day 1, after the effect of two long climbs convinced me that I was not fit enough to complete two testing days in the Scafell class. This was the first time I discovered what it was like to seriously 'bonk' during an event. I had always been proud of my stamina and determination if nothing else, but here I was, nauseous, dizzy and almost incapable of walking up the slightest incline. After a leisurely brew, we decided to head direct to the overnight camp which was still about 8 miles and 3 passes away. Pete is an excellent partner; tolerant, experienced and philosophical. He too has had his fair share of ups and downs to put such withdrawals into context. Like me, to be in the mountains is usually enough in itself and maybe his two years in Saudi have made him even more appreciative of this. As he says: "The mountains are going nowhere, they'll still be here next year." What we have to do is to ensure that we are also!

So there you have it then. The chapter I wasn't going to write has now been written and clearly puts in better context my stories of other epic Boys' Own adventures which had more satisfactory conclusions. It has always been easy to produce accounts of days which ended successfully but surprisingly not as traumatic as I thought to write about the 'downs'. One thing is for sure:- if you succeeded ever time you stepped out on the hill, the days would become too commonplace to recall. Occasional humility is good for us all and also serves to heighten the euphoria felt at the end of days when all goes well. What was it that Kipling wrote about those twin imposters?

Nev McGraw

FRA Safety and Navigation Courses at Elterwater

a special "THANK YOU" to KEN LEDWARD

These courses are now well established at Elterwater (September) and Kettlewell (April) and have gone through one or two name changes. However, the content has remained very much the same over the many years (perhaps 14 years) since Peter Knott and Ken Ledward ran the first course based at Elterwater on behalf of the FRA.

Peter passed the course over to me a couple of years ago. It was nice to see him back this last September as an instructor. Thanks for accepting the invitation and might you be tempted back next September?

Ken hung on, always threatening to give it up but never quite managing to do so. I have it from him that he definitely will not re-appear next September to instruct. A combination of age (is he really that old?), business commitments at that time, a feeling that younger people should be taking his place (where are they?) and a wealth of other fell running interests are worthy reasons which have been simmering for some time. Your vitality, wit, enthusiasm, knowledge and navigational skill will be sorely missed. He knows that I say that most sincerely! Thanks for all the effort put in over many years.

John M. Gibbison

P.S. If you feel inspired to follow in Ken's footsteps and help out on one of the courses, contact me on **01524 417694**.



LONG DAYS IN LAKELAND - BY RONALD TURNBULL

- A Review

And so it's Christmas. Not much training can be done. Everyone is sitting round - eating too much. Just going out for a few miles is frowned on. No Gyms open even to do a bit of cross training - just sit down and look at your presents - the new OS Lake District Yellow maps - only not much space to open them out. Into the flatness of our misery (I was in the South as well) arrived Ronald Turnbull's Long Days in Lakeland.

And immediately life opened up. I could sit still and take my mind a run over well known fells on unknown routes. Mr Turnbull writes with adventurous walkers in mind but loses little time in giving the game away " One of the worst things in hillwalking is walking up hills." This Turnbull chap is not your run of the mill guide book writer. And that is only the second paragraph. After that we are away into a series of routes suitable for adventure loving back packers - or as Mr T is himself - a bivvy bag kipping fell runner. Routes are broken down into walking days - but the narrative makes it plain that he did it lots of Day Units linked together with a snooze on some pine needles at the end.

So first you should buy this book because it opens up new perspectives on the Lakes - which you probably thought you knew quite a bit of. There is a walk across the Lakes from the Howgills to Ennerdale; a long route around the Lakes of the Lake District; a brilliant run and scramble around the area, linking all the best scrambles; some great evocations of Lakeland runs and events; a route round Ten Tarns that is on my Easter break list plus day walks and reflections on things like Eskdale and England's Eiger (Scafell) and Borrowdale rain. (Actually you should

buy it first because a good fell runner wrote it - if you want any more fell running books then you should buy the ones that are around !!) (And help fellow members of the FRA and SHRA.)

You should buy it next because Mr T's spirit is infectious - by the New Year I was combing Birmingham mountain shops for a good bivvy bag to emulate our hero's exploits. (My New New Year's Resolution - to spend more time asleep on pine needles.) His spirit of just going for it will delight, reassure and motivate all fell runners. Here he is on the B- which I've always seen as only suitable for the Heroes of the FRA. Not so for Mr T. For him it is just (!)" the correct challenge for the ordinary hillrunner." I admit the BG chapter was the first thing I turned to - indulge your obsessions - feed the rat ! But after that I roamed freely leaping from chapter to Day walk to occasional article, inwardly yahooing as I went.

Sitting in Waterstones it looks like a coffee table Lakes book - this is presumably so it will presumably pull in the punters but tame it ain't. It's a real box of delights. And enough challenges to fuel the New Year. I'd hung on to it all Christmas day and it got me through the day and well into Boxing Day. The thinking fell runners literary Crumpe.

You should then buy it because it challenges you to apply your mind to create similar delights - just as his Across Scotland on Foot (Another book to acquire, devour and inwardly digest) contains 108 routes - 8 ways outlined and the other 100 are left to you.

Just get out there and buy it.

Then Just get out there.

Mike Fry

"A navigation course? which way"
"Over there"
"Where?"
"Kettlewell and Elterwater"
"When?"
"Look"

Kettlewell 16th, 17th, 18th April

Mrs Margaret Batley
10 Greenfield Avenue
Guiseley
Leeds
LS20 8HG

**Elterwater 24th, 25th, 26th
September**

Lyn Eden
99 Harewood Road
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They FELL In Love

A bleary wintry day was the setting for the bride of the fells to marry author and cartoonist extraordinaire. Bowland's very own fell dancer met the creator of Mr. Burrows, the Fell Running Mole, and various other feats of artistic endeavour. They were wed on their very own doorstep in a simple yet windy ceremony.

The invites were distributed far and wide to club members with specific dress code instructions to wear the traditional orange and green, regardless of the time of year and the weather forecast.

On April 11 we abandoned children and set off to the Nick of Pendle. Meeting with several over Molelanders and Bowland Wives we set about the task of persuading the non hilly types that Apronful Hill, in the distance and cloud was not too far away and in fact a very reasonable place to be wed. Several moans later we arrived windswept and wet to join a small party at the summit of the hill for a ceremony to 'outshine' all others. We eagerly awaited the arrival of the bride and groom ascending the summit in fell running gear from opposing sides. Once we'd worked out who was who, and who were innocent passers-by (the victims of numerous lenses) we clapped the ascending couple onto the summit and into a warm embrace, Simon in bog black and Sarah in snow wedding white.

Simon's father conducted the service which comprised of speeches, a blessing and an exchange of rings, followed by numerous photos and videoing around the summit cairn. A dozen or so Bowlanders wore their loud cheerful club vests, once again appearing en-masse in odd places as they do all season. This time it was not a club championship race but there was a good turnout as usual.

The club runners and a few others set off in running gear to run across the fell, over stiles, streams, bogs etc. to the reception at the Pendleton Village Hall. Keeping the bride out of the streams and mud was a difficult task and as later revealed was carried out with only limited success; the elegant ivory wedding dress hiding suspiciously muddy ankles.

The day proceeded with excellent fayre from Simon's sister and her team, plus speeches, presents, drinks and more drinks etc. Family and friends attended and the whole day was indeed a memorable occasion in the history of Bowland fellrunning.

Chris Reade



Hilltop wedding party

Forget the running - it's the food we're here for!

We've talked a lot about the ageing population of fell runners it seems to me that when you're younger you'll think nothing of downing 14 pints, having a curry, going to bed at 4am and getting up again at 7am for a race! Well, perhaps not....

I'm sure that we've all found that you can't do these things when you get older (unless you happen to be aged under 25!). You start to become more of a connoisseur - this might be only where you buy your chips from - but it can all get too much when you're sniffing wine like Jilly 'n' Oz.

Well I've noticed that the same applies to races, and why some are more popular than others. Because fell runners have become connoisseurs, not for, er, the race itself - but for the food at the end!

For the past few years I've run in the series of races Dave Woodhead promotes from Haworth; even though it's always a joy to (eventually!) finish a race. Dave has always organised some goodie to the competitor when he flings himself/herself over the 5 bar gate at the end! This year we've had beer, a Sorreen malt loaf, chocolate etc. This is appreciated by me (and the family!) as I stagger back to the car in hurricane winds or hail! He's going one step better for the final race of the century this coming year - a special beer brewed just for the race!

Entries for Dave's races seem to grow every time.

In the autumn I was at the "sold out" Ian Hodgson Mountain Relay in the Lakes. This must be the only event in the UK where every runner for *every* team had turned out. Surely it was not for the race itself ... no, again it was for the catering! The smell of bacon was in the air when we arrived, tables groaned with chocolate cake - not a wrapper, corporate logo, or tamper proof device in sight. All homemade, everything under 50p. Everything gone at the end. The catering must have taken more money than the race entries!

All this goodwill to runner's bodily health is extending to the prizes too. Now I know we all have heart attacks when seeing the cost of an entry to a 10k (about £5) and with fields of up to 800 runners and sponsors on board, someone must be making a healthy profit. But don't you feel cheated in being given another medal, mug or t-shirt (if very lucky!).

Take the scenario on a £2/£3 fell race. I've done a few this year - and it's getting round which ones to enter, just for the wide prize distribution at the end. The clubs up the Calder Valley must vie with one another. The prizes on this year's Stoodley Pike race included 9 packs of toilet rolls, much beer and I'm sure I saw a flute! It makes for a really good atmosphere in the pub at the end.

It's not as though this is just limited for the fastest in each category, I have become a recipient for nearly coming last - a huge boost to all those tail enders. The trouble is that we now vie with one another to be nearest the back!

At the moment I am in discussion with Club members to draw up a list of races that must fulfil the following criteria; a: it must be affordable; b: it's got to be an interesting course; c: the likelihood of coming last; d: is there any food at the end, and is it any good? e: is there a freebie at the end - can I eat or drink it?; f: is the prize list extensive and entertaining?

Someone tells me that the race at Hutton Roof has the best catering in the country - see you there!

PS. Race organisers: just spread the word around about your catering and extensive prize list, stand back and watch runners flock in!

M. Saville

Editor's Note: Wound here, it's the Wound Wither Wood Welay Wace wot's famed for wassail, ale, snap and a good crack! (Ad!!!)



A beginning for Lawrence and Wendy Dodds

A TORRIDON ROUND

- *Lawrence Sullivan*

2.00am at the Coire Mhic Nobuil car park. 30 secs to the off. Dark, damp, cold - I feel terrible, no sleep, ate too much last night, no enthusiasm for the task ahead, just negative thoughts draining all energy. 10 secs to go, adjust the head torch, 4, 3, 2, 1 "Get moving" said Wendy and we trotted off into an uncertain inky blackness with Beinn Alligin somewhere ahead.

The area between Loch Torridon and Loch Maree has always fascinated me with its mixture of wild mountains and rough lonely country. That moment when approaching from Kinlochewe where the road bends round above Loch Clair and Liathach suddenly towers into view, cliff upon cliff, seemingly impregnable. With Beinn Eighe high above the road for miles I wonder what on earth I'm thinking of in trying to do a long circuit of such hills. Yet again the journey down Glen Torridon leaves me completely psyched out!

The idea of doing a circuit had slowly developed over a few years until three years ago the final plan was in place. During a visit in '97 the weather forbade an attempt but now at the end of May '98 the omens were good. The circuit visits eight distinct hills (I shall stick to the Scottish custom and call these imposing mountains "hills"), which do not form part of a large massif or tops on a long ridge i.e. they stand alone and you have to descend right to the base before tackling the next one. Access presents no difficulty as most of it is in the Scottish National Trust and we were well outside the deer-stalking season for the rest. My one worry, the nature reserve on Meall a Ghiubhais, was dispelled after visiting the Reserve Centre at Kinlochewe the year

before and being assured by the resident warden that my planned route would be in order.

My support consisted of Wendy Dodds who offered to accompany me on the hills, carry supplies and even miss out some hills if the pace was too fast (it wasn't), Jane, my wife, who would meet us at various places with food and hot drinks, and my younger daughter Audrey, husband Alastair and baby Jenna.

A very small support team for such a trip but with the great advantage of flexibility implicit in a "low key" attempt. The weather forecast 24 hours earlier dictated the decision to go for Wednesday May 27th.

Making good time we started up the steep upper slopes of Beinn Alligin and into the dark misty gloom of morning. Driving mist and drizzle kept us company along the summit ridge until eventually we started on the descent to the traverse path below the Horns of Alligin then down rock steps to where Jane was waiting. A very welcome cup of tea, but not much sympathy, dragging her out at this time of the morning etc., etc., etc. Anyway she took our torches, Wendy collected the drinks bottle and we were off up Beinn Dearg, an unrelentingly steep slope where we threaded our way between dripping crags and I tried not to think about how bad I felt especially as we had only just started. However we got to the top a few minutes up on schedule, and in thick mist and rain set off for the Tower, a series of cliffs blocking the ridge. Jane and Wendy had recc'd this route two days previously and it really paid off. From the top Wendy led the way down the cliffs via a series of rock chimneys, exposed but not difficult. Once clear I ran off in a fit of exuberance,

but in spite of "You're going too far east" I went too far east and missed the descent gully. We struggled down rock outcrops and deep heather, got back on route, waded the river and found Jane in Coire Mhic Nobuil at the lochan as planned. Meanwhile the rain had stopped and amazingly the top of Liathach came clear above the mist; a magnificent sight, all sharp peaks and cliffs, but worryingly a hint of snow on the highest point. Jane and Wendy enjoyed themselves at my expense as they told me off about missing the descent gully, after all it was I who had shown them which one it was only three days ago etc., etc., etc. 6.0am, cold, still feeling bad and nagged by two women! At least we were still on schedule and set off up Liathach fortified by more food.

The steep upper slopes seemed to go on and on forever, the mist and rain had returned but, much to my surprise, we topped Mullach an Rathain bang on schedule in just one hour after leaving Jane. The wind had risen and being a north easterly was depositing specks of snow but we ran easily, down to the Fasarinen Pinnacles and the start of the traverse path. There is much controversy over this route; is it easier over the Pinnacles or along the path? Both very exposed, both requiring extreme care but the path was sheltered from the north east wind and I had been along it before without difficulty. Parts of it are undercut and beginning to break away, not a happy thought, with the next stop being Glen Torridon a long way below. Eventually we completed the traverse and came out from the protection of Am Fasarinen to be met by an icy blast and driving snow.

The highest point on Liathach is Spidean a Choire Leith an elegant peak of sharp quartzite boulders which by now had a covering of snow, no joke in fell shoes. Progress was very slow, and for the first time we fell behind schedule. But now for the descent to Coire Dubh Mor. I picked my way very gingerly back the way we had come, making use of our previous footprints. It was not the descent route I had intended but until we got below the snow it was just too dangerous to launch off onto the direct route over some small cliffs. Eventually we were below the snow, ignored a tempting strip of gravel leading downwards into the mist and cliffs of Coire na Caime and opted instead to traverse a boulder field and get back to the crest of the north west ridge. Negotiating this tottering collection of coffee table sized boulders seemed to take forever but at last we were clear and on our way down. The north west ridge looks delightful from a long way off but close to it is mostly loose scree and sandstone cliffs and I was much relieved when we

got down to the Coire Mhic Fhearchair track without mishap.

We were now 30 minutes behind schedule and somewhat drained by the difficulties since starting up Spidean a Choire Leith. However we picked up the path into Coire Mhic Fearchair and got started on the ascent of Ruadh Stac Mor, the first and highest of the tops on the Beinn Eighe ridge. Thick mist on top yet again but at last we were running, the sky started to brighten, the mist lifted at times and we moved more easily along a rocky ridge which became a wonderland of great cliffs plunging down to sunlit lochans and rivers below, and a view of distant hills, some snow covered. More exposed rock, more scrambling but what a spectacular place.

Descending from Creag Dhubh, the last top on the ridge, is easier to the right as it avoids hidden cliffs below and there is even grass at times between the scree runs. It was here that I had our only accident of the day. Moving off the crest of the ridge I slipped, hit a boulder and rolled over with very painful messages coming from my right thigh. It was bruised beneath a long graze and I felt sick. Groggily attempting to run on I was told in no uncertain terms to sit down and wait a few moments. However the heartening sight of Alastair signalling below soon got me going and we arrived at the col below Meall a Ghiubhais to a warm welcome. Audrey and Alastair had carried supplies and Jenna all the way up to the col and found a tiny shelter. At last a sit down rest. Soup and rice pud have never tasted better and to add to the good cheer Jenna smiled and gurgled happily in the corner. The white-faced wreck who had entered the shelter emerged 20 minutes later feeling and, I was told, looking back on form. Wendy took on the remaining supplies and we started to climb with the worst of the terrain behind us. 11 hours gone, 9 to go, if we were to finish inside the 20 hours I hoped for.

The round is 40 miles long with 20,000 feet of ascent. As you may have gathered there is also 20,000 feet of descent! Anyway 20, 40, 20 has a nice ring to it, not at all fast by fell running standards but a wonderful day out for an old chap and a very adventurous rubber duck. (Let me explain. I suggested carrying some sort of token after the manner of ladies favours at medieval jousts when a lady would give the knight of her choice a ribbon to carry. This romantic suggestion brought forth Jenna's rubber duck, small and light enough to carry. It gave a cheerful squeak every time I went into my bumbag.)

Meall a Ghiubhais was soon behind us, then the long descent into Glen Grudie and the river to cross. The river crossings were a major worry as Glen Grudie in

particular is uncrossable after heavy rain even with rope support. I have seen it in spate, a great roaring mass of white water but today a gentler sight as we waded easily across. Steeply up Beinn a Chearcaill, picking up time all the way, superb views in the ever-improving weather, then after all that detailed planning my one big mistake. There is a narrow gully just to the north of the top which leads down through the usual collection of Torridon cliffs until easier ground and the crossing of the river in Strath Lungard. Jane was supposed to meet us there with more food and drinks. No sign of her. Shouts and hollers. Still no sign. We went to the top of various moraines, no use. This is remote, rough country; what could have happened to her? Ever more ingenious and lurid ideas were forthcoming but nothing plausible.

Wendy and I pooled our remaining supplies and felt we could just about manage. Not a patch on tea and rice pud but not much choice in the circumstances. Let me say right away that it was all my fault. In the frenzy of organisation yesterday Jane asked me to point out where she should wait in Strath Lungard and I jabbed at the map with one hand while sorting out piles of food with the other. "No, mark it with this pencil" she said and not taking enough care I drew a circle 1/2 a mile downstream from where I had intended. I will draw a veil over the discussions the ladies had about me on this subject the following day.

So we set off up Beinn an Eoin, our last but one hill. One of my major concerns was my fitness as I had missed 6 weeks at the start of the year due to an injury and then with just two weeks to go had gone down with a sore throat and cough. Consequently the steep 2000ft ascent of Beinn an Eoin was one I had been dreading. To my amazed delight it was my best climb of the day and came easily, well up on schedule. I'll never understand this game! We were even honoured by a visit from two golden eagles which circled above us, appropriately enough as Beinn an Eoin translates as "Hill of the Birds".

A comfortable grassy descent led us to the track along Loch Na H-Oidche and a good view of our final hill, Baosbheinn, with its two subsidiary tops which I assured Wendy would be turned on the south side by runnable grass traverses. We shared the last honey butty and set about the ascent, the only easy angled slope of the round. "Must be getting serious" I suggested as there had been no talking for the last 1/2 hour. However I felt it was in the bag as we reached the top and admired the surrounding hills picked out by the evening sunshine. "Have we really been round that lot since this morning?" I asked, my sense of respect and admiration

for these hills not one jot diminished by the day's effort.

But it wasn't 'in the bag' as I thought. The descent was much rougher than I had remembered but worse still the tops could not be bypassed, so cursing my lousy memory it was yet more steep, rough climbing, more working round small cliffs until at last we made for the pass between Beinn Dearg and Beinn Alligin. The extra effort affected me more than it affected Wendy and the loss of time was worrying but with four miles to go, all easy downhill, I realised it really was in the bag at last. "I have dreamed of this" I said "bounding and running joyfully down to the finish". "I think we had better just walk joyfully down," said Wendy. Lower down we met the track, I paid a quick visit behind a boulder and emerged to see Wendy going like a rocket towards the bridge. I set off at full bore, caught her up but couldn't keep the pace going "Are you in a big hurry for some particular reason?" I asked. This had the desired effect and we ran down together to a wonderful welcome and much relief to see that Jane was there. Even the midges came out in their thousands to show their affection in the usual way.

It must be obvious from this account that I could never have got round without such wonderful and cheerful support, particularly Wendy's, and looking back at the hills felt a wave of gratitude for all the help from everyone including the good wishes of various people who couldn't be there. Wendy handed me the time card; it showed 19 hours 16 minutes. And the duck was still able to squeak.



The last few strides

The 'Wainwrights' in seven days - the 'easy' way

Allan Miller

I was given the full set of Wainwright's Lakeland Guides for my thirteenth Christmas, and assiduously set about ticking them all off on frequent escapes from the flat surroundings of Liverpool. It was my equivalent of trainspotting, and I've been a sad 'ticker' ever since. But as I left the summit of Slight Side one snowy February evening in 1984, my final summit under my belt, I felt mixed emotions, as I'd achieved my goal, but then - what next? Later that same year, I successfully completed a Bob Graham round, which gave me a taste for longer trips in the hills.

I read with interest of Chris Bland's and Joss Naylor's attempts at all the Wainwrights in a week. I could never aspire to the dizzy heights of commitment and stamina - and luck - needed for such a feat, but I felt that a more modest approach, to do each book separately in a day, should be within my grasp. I intended to travel alone, in general, to avoid the organisational problems involved in arranging support - I like to just go! I wasn't averse to company, however, and only actually did four of the books completely solo.

Because I was travelling alone, I had to devise circular routes, although I did use a bike at the start or finish on a couple of occasions to minimise road-walking, and was grateful for help with transport on a couple of others.

The Northern Fells - 13,000ft 44 miles 12.5 hours

An 'easy' one to begin with, or so it seemed from a cursory glance at the map. Appearances can be deceptive, though, as obscure little outliers can add miles to the journey.

I parked below Dodd at about 8am, then ran up the forestry track on a steamy jungle morning. The weather cleared as I ran out along the Long Side ridge, munching a banana and drinking in the views to Bassenthwaite below. Then came a slog over Skiddaw, a long drop to Branstree, contour to Little Man, over Lonscale Fell and down to Lattrigg. A doddle, I thought; 9 done in 4 hours. The next group proved a little tougher, over Mungrisdale Common to Blencathra, right down to Souther Fell then way back up again for Bannerdale Crags.

By Carrock Fell I was feeling pretty dehydrated, as it was a dry summer, with only a few slimy trickles for water. Still; I was heading in the right direction at last, towards the car, so I trudged on - High Pike, Knott, way over for Great Calva, down for three savage climbs - in my current state - over Great Cockup, Meal Fell and Great Sca Fell. I goaded myself

with curses to keep going, just a couple more hills to go... unfortunately, the final one was Binsey, detached from the main fells by several miles. After that, it was a simple but exhausting walk back to the car. I reached the pub at Bassenthwaite after last orders, but they took pity on me and sold me a much-needed pint of lemonade and a Mars Bar.

The Central Fells - 11400ft 40.5 miles 14 hours

My first attempt was a disaster. I started from the northern end, running south over the High Seat ridge, and had arranged to meet my wife at Greenup Edge, the hub of a number of side-trips to subsidiary summits. I lost my map at some point during the run south, then, after a rest-stop, discovered I'd left my copy of Wainwright's Central Fells, with its record of my youthful ascents, by a boulder in a field of identical boulders. I searched, but never found it, and that was the end of that.

The second attempt seemed doomed to failure also. I awoke to pouring rain, but decided to go for a run anyway. Heather drove me to St. John's-in-the-vale, windscreen wipers on double-speed. I went over High Rigg, Raven Crag and the boggy ridge south from Bleaberry Fell to Armboth Fell in the pouring rain, and I was drenched by Watendlath. I stopped for a cup of tea and a sandwich at the farm, the only visitor in a sodden, dripping landscape. But, gradually, the day improved, and by Greenup Edge, had turned glorious. I began to curse the heat as I toiled up Tarn Crag on the way from Helm Crag, having chosen the direct route between them.

A passing walker made some sniffy reference to my lack of gear on Sergeant Man, as the clouds were beginning to reappear, but I said nowt. A tough little run over the Langdales followed, then the gradually descending ridge east, over Silver How and a final pull up Loughrigg - the climb from High Close, normally runnable, was a crawl, but then it was a quick run down into Ambleside for a pint and a phone call to the missus to pick me up.

The North-Western Fells - 15,500ft 41 miles 15 hrs

My friend Jim Whitting was staying for the weekend. Knowing him to be a strong walker, and game for anything, I suggested having a crack at the North-Western Fells. "In a day?" he said. "Oh, why not?". We left a car in Grange, then drove to the northern end of the section, and rose above the morning mists and onto Sale Fell. The mist quickly burned off under the rising sun, as we

revelled in the conditions and ticked our way south towards the higher fells. This book is particularly tricky to derive a sensible route for, as the possibilities and permutations seem endless. We went over Grisedale Pike, Hopegill Head and Whiteside, then down to the shores of Crummock at Lanthwaite.

Disappointingly, there was no ice-cream van, so we went on, unrefreshed, to Rannerdale Knotts and back up into the hills, over Whiteless Pike and Wandope to Grasmoor. After a bite to eat, we ran down the ridge to Causey Pike, then north for Barrow and Outerside, before heading back over Ard Crags and Knott Rigg, and onto the final stretch round the final two-thirds of the Newlands Horseshoe. Jim was going well, despite his earlier misgivings, though when I suggested, on High Spy, that it was as good as over, he said "I'll let you know!". We arrived back at Grange with just Castle Crag to do. Jim had had the foresight to leave a head-torch in the car, and we did Castle Crag by its light, solemnly shook hands and returned to the car through the autumn chill.

The Western Fells - 19,000ft, 49 miles 17.5 hrs

I parked the car at Ennerdale Scout Camp, then cycled round to Loweswater in the dark, chased by farm-dogs and hooted at by owls. I hid the bike in a small wood, then snuck through farmland in the half-light and out onto Low Fell. After mopping up this and Fellbarrow, I crossed over to the main Loweswater fells, and had a good run in the morning sun over these hills.

The Western Fells form what is effectively a Greater Ennerdale Horseshoe, and, being largely ridge-walking, makes a less contrived trip than some of the other books. At High Stile, the first walkers from the valley began to appear. I had the smug satisfaction of 6 hours and 10 summits already completed. I went on over the Gables, with just a short detour to Base Brown, and on round the Mosedale Horseshoe. The problems start when one gets to Wasdale Red Pike and, with Haycock so near and yet so far, one has to descend, first to Yewbarrow and then to the valley bottom, before commencing the unremittingly steep and rough climb up Middle Fell, a mere 1908ft but seeming twice that in the afternoon sunshine. Then a long traverse to Buckbarrow, up interminable slopes to Seatallan, then another 2 miles and 1000ft before, finally, Haycock is reached.

There remained the small matter of following the ridge out to Lank Rigg, with

the sun setting behind the Isle of Man, then Grike and Crag Fell before returning to the car, retrieving the stashed bike and heading home. Long, tiring, and pointless to many, but it remains one of my best days in the hills.

The Eastern fells - 18,600 ft 55 miles 18.5 hours

A few running friends at work had become interested in the book-a-day idea, so my attempt on the Eastern Fells was done in company with Vince Devlin and Bryan Hardaker. We parked under Great Mell Fell at 3.30am, and ran over the northern outliers of the group. At that time of the morning, the wildlife was out in force, and we'd seen a badger, fox, deer and hedgehog by the time we made Gowbarrow Fell. We went well over the good running down the northern Helvellyn ridge, and were greeted on Helvellyn itself by a surprise - a group of scouts, brewing up refreshments to sell as a fundraiser. We were their first customers! We left our gear on top while we went down for Nethermost and Dollywaggon, then on over Catstycam, down to the foot of Sheffield Pike then over this and Glenridding Dodd to Glenridding.

The long detours to take in outliers had taken their toll, and, by the time we had our rest stop in Glenridding, Bryan was feeling the strain. He hung on gamely up the hot climb over Arnison Crag, but decided to give it best on Birks. Vince and I carried on, over Saint Sunday Crag, Fairfield and then on over the intricate route south to Low Pike. Every summit seems to have an outlier on this section, entailing much descent and reascent from the main spine. Vince was leaving me in descent, but I was passing him on the climbs, so we managed to stick more-or-less together as we took in the final dispiriting section, down into Rydal then over Nab Scar to Greatrigg Man, then the long sweeping descent from Stone Arthur to The Swan, where we were met by Bryan at 10:30pm.

The Far Eastern Fells - 17,000 ft 54 miles - 19 hours

This was the scene of my greatest number of failed attempts. On one occasion, I never got further than 5 feet from my bed - I smacked my foot on the open wardrobe door as I stumbled to get ready in the dark, and the resulting 5p-sized hole put paid to that attempt! On another occasion, Jim Whiting and I stumbled heroically for 30 miles in continuous rain and gales, to be met by a surprised Vince on High Street, where we called it a day.

Finally, though, Vince and I set out early one May for our successful assault. We left one car under Hallin Fell, then drove round to Mardale. Conditions weren't promising as we made our way round the

Kentmere Fells - a biting cold wind sapped the strength, but the summits came fairly easily underfoot, and by the time we got to Limefitt Park at 8:30am, we had a good tally of 14 tops under our belts. Only 21 to go! By the time we reached High Street, the pivot of the walk, we'd only just reached my previous furthest point, and still had 25 miles left. The northern section proved tough; once again, the detours to take in subsidiary summits were psychologically demanding, and the relatively short climb up Place Fell seemed about as much as I could manage. I couldn't give in so close to the end, though, so I somehow kept going over the valley-level descent of Beda Fell to Martindale then back up into the northern High Street fells, over Loadpot Hill and Bonscale Pike, and a final struggle up the normally benign slopes of Hallin Fell in the near-dark, to the boom-box accompaniment of partying kids parked at the Hause.

The Southern Fells - 21,000 ft 55 miles 21 hours

I saved the toughest book till last. I had one failed attempt, when I'd cycled in the wee small hours from Hardknott to Wasdale, then ran over The Screes, Scafell and Bowfell before aborting and returning to the car. I turned up at work at 9am, to the amusement of my colleagues, having had no sleep and six hours in the fells.

I took a slightly different approach for the next attempt, where I started off over Hard Knott Fell at 1am, before heading south over Harter and Green Fells. Crossing the Duddon Valley at about 4am, I fell into a waist-deep bog, which was a definite low point. My spirits were lifted on Dow Crag by the rising sun, and the sight of every fell group but mine in thick cloud. A stiff breeze helped me on my way as I ran over the Coniston group.

I'd hidden breakfast by the Coniston road on the drive out, and I ate it in the morning sun on top of Black Fell. It was a very pleasant walk over Lingmoor Fell, with Little Langdale a hive of haymaking activity. I returned to the higher fells via Pike O'Blisco, and then over the Bowfell group to retrieve a bag of food I'd placed on Rossett Pike the day before (OK, I cheated!). Then commenced the worst section, a long, long descent over Glaramara to Rothwaite Fell, before an equally long climb back up - a round trip of about 10 miles from Esk Hause, for a measly three tops. There remained a trip over the highest fells of all, and Broad Stand, before the final long, tiring anti-climactic run over The Screes to finish on Whin Rigg at about 10pm. From Whin Rigg, I had to get back to the car at Hardknott - another 3 fell miles then a 7-mile road walk. I wished I'd left a bike somewhere, but finally reached the car at 1am, 24 hours after setting off, then -



The team on Nethermost Pike

rather stupidly - drove home. That drive was an epic in itself, white lines turning into snakes as I fought that dream-state familiar to many who have trudged up Newlands at about 11pm after their long day in the hills! I then lay wide awake in bed, too stiff and tired to sleep!

Colleagues smirk; friends shake their heads; even Wainwright himself would not be impressed - the hills are strictly for leisurely enjoyment, in his view, and what possible pleasure could there be in charging round them like an idiot? But of course there's a point, if it brings pleasure: these days were some of the best - certainly the most memorable - of my life. Pottering about is enjoyable too, but there's a satisfaction in going too far which is only discernible to a peculiar few.

So, the whole lot in seven consecutive days, then? I don't think so!

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The Great Lakeland Trail Race

The inaugural GLTR was a three-day mountain race taking in all four of the Lake District's 3,000' peaks (Helvellyn, Scafell, Scafell Pike and Skiddaw) totalling about 85 miles with 20,000' of ascent (and descent, of course!). Overnight gear was transported between campsites by the organisers so only light day packs were necessary. It was to be three days of truly memorable running.

The first day's route was from Dockray, near Ullswater, to Dunnerdale via Helvellyn. After a typical Perratt start (ie. too fast!) due to a superb, runnable path nearly all the way up, I found myself half an hour up on schedule at Helvellyn summit before plunging down an awful steep, rocky path to Wythburn at the foot of Thirlmere. The manic descent gave my quads such a shock that they didn't recover for a week! The next leg was up a lovely valley eventually degenerating into bog and tussocky grass and my only low point of the event, missing my wife and even my regular mountain running partner. (I much prefer to run with someone with whom to share the highs and lows of long-distance mountain running.)

After eventually getting to Ore Gap (between Bowfell and Esk Pike) still ahead of schedule it was now more or less down hill all the way. The run to Cockley Beck wasn't bad but the last bit down Dunnerdale to the finish was something else. It looked a wonderful run down beside the river from the map but it was really uneven in places and I was so tired that I even walked some flat bits. I eventually finished spot on schedule! Then followed an afternoon and evening of carbo-loading (via the well-known technique of 'stuffing your face') and chatting ... mainly about fell running!

Day Two dawned bright and sunny. The first leg was a really nice wooded run over to Eskdale followed by the long haul up Scafell. It was pretty much a case of 'head down and get on with it'. I got the clearest views I've ever had from Scafell before experiencing the most exciting bit of the weekend. There are three routes to Scafell Pike from here: Foxes Tarn (the only walkers' route which is a l-o-n-g way down and back up again), Lord's Rake (a narrow, slippery gully) and Broad Stand (a "moderate" grade rock climb). Four of us who had reached Scafell together decided to try the latter. Full-blown climbing routes aren't easy in descent at the best of times but fell shoes and shot quads made it distinctly exciting!

The next leg involved hurtling down the twisty, rocky Corridor Route to Styhead Tarn and up Aaron Slack to Windy Gap (aren't some of those names

wonderful?) between Great and Green Gables. Then a nice runnable bit down beside a stream to Black Sail Youth Hostel, walking up to Scarth Pass (runnable except that it was hot and not a competitive race so I wimped!) then ...

... a manic descent down the other side to Buttermere. I think it only took about five minutes but the guy I was with at the time (a real, roughly-toughy Yorkshire fell runner) still got about a minute ahead of me! He wasn't particularly fast on the flat, though, so I soon caught up with him along the edge of Buttermere and we ran in together, attracting some strange looks from passers-by. A very pleasant afternoon of sunbathing, chatting and, of course, serious carbo-loading followed. This campsite even had a shower in which 20p gave enough time to wash both body and kit!

The final day dawned with low cloud but what a day's running it was to be. Over the Coledale fells to Braithwaite, all runnable apart from one steep haul up to a col, flat (really flat!) over the Derwent floodplain to the foot of Skiddaw and then the haul all the way up. On the open fellside it was pretty cold with wind, rain and very low visibility. I was wearing thermal top, windshirt, shorts and fell shoes and got some rather strange looks from walkers in full waterproofs, fleece jackets, walking boots and woolly hats! While I was hurtling down the other side a shrill, surprised Lancashire voice even loudly exclaimed: "He's wearing shorts!"

The descent down to Threlkeld was reasonably runnable but the quads were most definitely pleading to be put out of their misery! Then followed a really nice few miles along the old railway line (and a frustrating few minutes trying to cross the A66 because I missed the turning underneath). The final leg followed the Old Coach Road back to Dockray (including overtaking a bunch of mountain bikers: very satisfying!) and the end of one of the best day's running I have ever had.

It was a superb event and well worth getting stuck in Bank Holiday traffic on the way there. (It took me 6½ hours to drive up but only 5½ back.) I recorded the fastest overall time of 15 hours but no one ran it all and a few people walked most of it. I thoroughly recommend it to anyone who likes long-distance hill running and/or walking.

This year this event will be known as the Great Lakeland Challenge and will be held on May 1st. Details can be obtained from Joe Faulkner, Manor Barn West, Deepdale, Patterdale, CA11 0NS (SAE please).

Garry Perratt. Axe Valley Runners.



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Twenty Questions? - By Mark Hartell

Animal, vegetable or mineral? Actually it's a bit of all three as this is about fit men and women (animal) running themselves senseless (vegetable) in pursuing their dreams and, just possibly, a bit of silverware in recognition (mineral). Anyone who takes up long distance running for fame or reward is seriously badly advised but out little sport has, for a long time, singled out one particular achievement each year and recognised it with the presentation of the FRA Long Distance Award. Many may regard this as incidental to mainstream fell-running but to me, and I hope to others actively involved in the long distance scene, it is something cherished to strive for representing the approval and recognition of an achievement by ones peers.

1998 has thrown up some interesting dilemmas with regard to the long distance award and I want to use this as an opportunity to start a debate about some of those issues. How we award the trophy, what criteria are to be used, who is eligible and so on? I feel passionately about my sport and, because of that, I have strong views. What is needed, however, is that we balance the views of all those who have an interest. It may be that the consensus is for things to carry on as they do now. That's fine but it will still have been worthwhile to look at other options. This debate will only fail if no-one bothers to engage in it or cares any more about the award itself.

If you care about this, read what follows and write to me with your own thoughts before **15th April** so that I can collect the "evidence" and draw some conclusions to be summarised and published in the next issue:

Mark Hartell, Cobblestones, Old Barnhill, Broxton, Nr Chester, CH3 9JL Or, for the technologically minded, mhartell@figroup.co.uk

How should the award be made?

At the moment, a form of committee operates. People on the committee are determined by Martin Stone and represent current exponents of long distance exploits, those who have done big things in the past and those like Fred Rogerson and Paddy Buckley who have been closely involved with the sport over many years.

Committee members are sent details of the achievements shortlisted for consideration and have, in the past been given guidance on how they should score or compare different ones.

Is this the only fair way to determine the award?

the current system is time consuming and requires a lot of effort from Martin Stone - chasing articles, sending out details, chasing responses etc. Are there any alternatives?

What criteria should be involved?

This is really a debate about what qualities we are trying to encourage or reward. Things like innovation, self reliance, determination all come into this as do the "hard numbers" aspects of the achievement in terms of miles run and feet climbed. Unlike the championship where there is a clear winner, long distance achievements will always be different in nature and difficult to compare. Is it important that we have a "system" so that everyone considers the achievements in the same way. I think it is but what should the categories be and what are their relative priorities. Think about the next generation of achievements and what your instinct says about which is the "greater" achievement, then try to analyse why you think that way. If one person runs 31 Munros in 24 hours in the same year that someone else solos a Winter Ramsay round or if someone knocks 15 minutes off Billy's record of 13hrs 54mins for the Bob Graham in the same year that a new route of 90 miles and 33,000 feet is accomplished in the NW highlands linking Torridon, Fisherfield, An Teallach and the Fannichswho wins then?

Hard Numbers - miles covered and feet climbed. How do we take account of the terrain?

Record - are absolute records important. Is it more meaningful to set a record for the Bob Graham (where many may have tried) than for a run only accomplished once before?

Innovation - are we serious about rewarding new ideas or is there a feeling that the natural lines have all been done, that rounds in less famous mountain areas will lead to a Leicestershire 24 hour round. Does that matter?

Self reliance - do we want to reward the solo runner or those with minimal backup? Certainly any of the big 24 hour rounds (Lakes 78, 30 Munros) are unlikely to be done this way.

Determination - is it a good thing if someone succeeds after earlier failure. It is an admirable quality but does it "score points"?

Entertainment value - should the quality of the write-up be assessed. It's the only way those who weren't there get to find out and can act as the source for inspiration to others but should runners be assessed on their literary abilities?

What achievements should be eligible?

Or, more pertinently, what should not? The award is simply titled the "Long Distance Award" but it is the FRA Long Distance Award and so we might think that it should only go to fell-running achievements. This would rule out Martin Moran and Simon Jenkins for their traverse of all the 4000 metre Alpine peaks in 63 days. An achievement which captivated the imagination of many and undoubtedly utilised many of the principles so essential to success at long distance - speed, travelling light and being prepared to assess risks. Similarly it may rule out the fantastic achievement of Dave Sleath who knocked over 5 hours off the record for the non-motorised three peaks traverse (Snowdon, Scafell Pike and Ben Nevis, cycling in between). I think that any achievement including mountain/fell running should be eligible but must be assessed against the same criteria and must be largely or entirely non-motorised. This would rule out Adrian Belton and his 24 hour traverse of the summits of Britain and Ireland and it would rule out any form of racing over established routes such as running up and driving between the 3 peaks.

It seems sensible to stipulate that for an achievement to be considered, there needs to be enough written about the achievement for it to be properly assessed. Surely, encouraging people to spend just a couple of hours writing up the achievement they toiled for thousands of hours to attain can only be a good thing. It gives the rest of us something to read on the long winter evenings and ensures that what has gone before is properly recorded for those who come after.

Performances in events have not to date been considered but should they be? - Mark Seddon has just won the Karrimor for the 6th time in a row which is a fine

- continued overleaf

achievement but would anybody have considered giving the award to Jos 20 years ago when he won 9 Ennerdale races? I don't think so. What is long distance anyway, could a new Skye Ridge record (about 4 hours) be considered - I think not, should the fastest traverse of the Scottish 4000 ft mountains, cycling in between (about 12 hours) count - I think not. If not, then it's not a great leap to the fastest Bob Graham (13hrs 54) - would breaking that record be worthy? - I think so but recognise the inconsistency in my thinking!! Should the award consider relative achievements or absolute ones? Brian Leathley accomplished a Bob Graham round on his 4th attempt at the age of 66 last year. That is a fantastic achievement for a man of 66 but the standard BG round sees around 40 successful attempts every year.

Should ladies be considered just because they are ladies? Nicky Lavery completed a Bob Graham in winter but this was the second one (Alison Crabb being the slightly controversial first). Ladies have won or been in contention several times for outright achievement irrespective of gender - Anne Stentiford for her overall record on the Welsh Classical Round, Helene Diamantides for 3 rounds in one summer - so do they need special consideration? I don't think so. Should an achievement overseas be considered - Helene and Alison for their run from Everest Base Camp to Kathmandu, for example. If that is allowed, what about an achievement in Britain but by a foreigner (what if Reinhold Messner were to come over and solo the first winter Ram say Round?)

Finally, in a "quiet" year, should the award be made irrespective of the calibre of achievement and is this fair to those who come "second" in a year of superlatives? I hope this provokes enough thought to prompt a letter.

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Martin Stone's Long Distance News Summary

There is nothing to report so far this Winter although I believe plans are afoot to tackle a sub 24 hour Winter traverse of Ramsay's Round in the Lochaber region of Scotland. Of the three "National" 24 Hour mountain rounds - Bob Graham, Paddy Buckley's Welsh Classical Round and Ramsay's Round, a 24 hour Winter traverse of Ramsay's Round has as yet proved elusive despite about half a dozen attempts over the past 10 years. It is without doubt, potentially, the most serious of the three routes in view of the height, snow & ice conditions and precipitous nature of many parts of the route - not to be undertaken lightly!

Do please keep sending me details of long runs for the record books and so that you may be considered for the 1999 Long Distance Award.

LONG DISTANCE AWARD 1998

The panel of long distance 'enthusiasts' voted for **Yiannis Tridimas** who completed an inaugural round of 47 peaks, 72 miles and 24,000 feet in the Meirionnydd area of North Wales. The award was presented to Yiannis at the FRA Annual Dinner Dance last November by Jon Broxap, who still holds the 10 year old Scottish Munros record for his 80 mile traverse in the Cluanie/Affric area of 28 Scottish Munros in 1988.

I keep a register of Long Distance Individual Fell Records and rely on those who set new records to keep me informed by supplying a schedule of times and a short article about their run. In the autumn, a panel of long distance 'enthusiasts' examines details of outstanding performances and a suitable recipient of the award will be chosen. Please send a schedule and details of any record-breaking run to:

Martin Stone, Sleagill Head Farm, SLEAGILL, PENRITH CA10 3HD. Tel: 01931 714106/107 FAX, EMAIL: martin@staminade.demon.co.uk

BOB GRAHAM CLUB ACHIEVEMENT OF THE YEAR AWARD 1997/98

The Club presents an annual award to a member of the club who has completed the most outstanding long distance mountain running achievement/s. The award year runs from 1st May 1997 to 30th April 1998 and it was presented to **Mark Hartell**, whose achievement in June 1997 marked a milestone in the history of Lakeland and was very close to the heart of the Bob Graham Club. At his 3rd attempt and in far from ideal weather conditions he undoubtedly completed the run of the decade by increasing the **Lakeland 24 Hour Record** from 76 to 77 Peaks with the addition of Catstye Cam.

To be eligible for the award, the member **MUST BE NOMINATED** by a friend or someone who witnessed the event. The nomination should include a description of the challenge, a schedule and reasons why the achievement merits the award. Nominations for the 1998/99 award should be sent by June 1999 to:

Mr Fred Rogerson, Tethers End, Lindeth, Windermere, Cumbria - Tel 015394 44586

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