

Individual Championship Medallists

	1 st	2 nd	3 rd
Men			
Open	Simon Bailey (Mercia Fell Runners)	Sam Tosh (Rossendale Harriers & AC)	Ben Mounsey (Calder Valley)
U23	Matthew Elkington (Dark Peak Fell Runners)	Tom Saville (Dark Peak Fell Runners)	Danny Collinge (Clayton Le Moors Harriers)
Vets O40	Rob Hope (Pudsey & Bramley AC)	Ian Holmes (Bingley Harriers & AC)	Karl Gray (Calder Valley Fell Runners)
Vets O45	Karl Gray (Calder Valley Fell Runners) Ian Holmes (Bingley Harriers & AC)		Stephen Pyke (Dark Peak Fell Runners)
Vets O50	Ian Holmes (Bingley Harriers & AC)	Stephen Pyke (Dark Peak Fell Runners)	Richard Houghton (Pennine Fell Runners)
Vets O55	Mike Johnson (Bowland Fell Runners)	Philip Pearson (Northern Fells Running Club)	Mike Egner (Settle Harriers)
Vets O60	Mike Egner (Settle Harriers)	Tom McGaff (Cheshire Hill Racers)	Ben Grant (Harrogate Harriers & AC)
Vets O65	Ben Grant (Harrogate Harriers & AC)	Andy Watts (Cheshire Hill Racers)	Dave Tait (Dark Peak Fell Runners)
Vets O70	Dick Spendlove (Calder Valley Fell Runners)	Kieran Carr (Clayton Le Moors Harriers)	Jeffrey Norman (Altrincham and District AC)

	1 st	2 nd	3 rd
Women			
Open	Victoria Wilkinson (Bingley Harriers & AC)	Nichola Jackson (Preston Harriers) Lou Roberts (Ambleside AC)	
U23	Hannah Russell (Helm Hill Runners)	Anna Hoogkamer (Ambleside AC / Dark Peak Fell Runners)	Ellie Crownshaw (Dark Peak Fell Runners)
Vets O40	Lou Roberts (Ambleside AC)	Helen Berry (Holmfirth Harriers AC)	Gayle Sugden (Calder Valley Fell Runners)
Vets O45	Judith Jepson (Dark Peak Fell Runners)	Anna Bartlett (Mercia Fell Runners)	Rowena Browne (Bowland Fell Runners)
Vets O50	Rowena Browne (Bowland Fell Runners)	Judith Jepson (Dark Peak Fell Runners)	Deborah Gowans (Accrington Road Runners)
Vets O55	Becky Weight (Bingley Harriers & AC)	Wendy Dodds (Clayton Le Moors Harriers)	Ann-Marie Jones (Altrincham & District AC)
Vets O60	Ann-Marie Jones (Altrincham & District AC)	Pat Goodall (Totley AC)	Wendy Dodds (Clayton Le Moors Harriers)
Vets O65	Wendy Dodds (Clayton Le Moors Harriers)	Linda Lord (Clayton Le Moors Harriers)	Alison Brentnall (Pennine Fell Runners)

Team Championship Medallists

	1 st	2 nd	3 rd
Men			
Open	Dark Peak Fell Runners (Rhys Findlay-Robinson, Matthew Elkington, Neil Northrop, Tom Saville, Kris Jones, Tom Brunt, Josh Williams, Will Boothman, Jonathan Crickmore, Stuart Bond, Robert Little) (11)	Keswick AC (Steven Hebblethwaite, Mark Lamb, Carl Bell, Phillip Winskill, Sam Stead,) (5)	Pudsey & Bramley AC (Jamie Parkinson, Rob Hope, Joe Baxter, John Heneghan, Matthew Lockyer, Graham Pearce, Neal Crampton, Matthew Seddon, Colin Walker) (9)
Vets O40	Calder Valley Fell Runners (Karl Gray, Shaun Godsman, Gavin Mulholland, James Logue, Darren Kay, Jason Williams) (6)	Dark Peak Fell Runners (Stephen Pyke, David Taylor, Tom Brunt, Mike Nolan, John Hunt, Gareth Briggs, Jon Morgan, Mike Robinson, Ashley Kay, Dave Sykes) (10)	Helm Hill Runners (Kieran Hodgson, Tim Cowin, Nigel Wood, Rick Stuart, Jonny Marchant, Tim Murray, Paul Reilly) (7)
Vets O50	Dark Peak Fell Runners (Stephen Pyke, David Taylor, Steve Bell, Joe Blackett, Mick Stenton, John Hunt) (6)	Bowland Fell Runners (Dave Nuttall, Mike Johnson, Chris Balderson, Leigh Warburton) (4)	Cheshire Hill Racers (Ed Gamble, Richard Byers, Tom McGaff, Vincent Booth, David Keeling) (5)

	1 st	2 nd	3 rd
Women			
Open	Mercia Fell Runners Emma Gould, Mel Price, Anna Bartlett, Sara Willhoit, Sarah Ridgway (5)	Calder Valley Fell Runners Gayle Sugden, Lucy Collins, Lindsey Oldfield, Jo Buckley (4)	Helm Hill Runners Hannah Russell, Alison Richards, Carrie Gibson, Catherine Niblock, Sharon Taylor, Jennifer Hutchison, Lucy Spain (7)
Vets O40	Dark Peak Fell Runners Judith Jepson, Nicky Spinks, Helen Elmore, Nicola Parkin, Jenny Caddick (5)	Helm Hill Runners Carrie Gibson, Marie Robson, Caroline Holden, Alison Richards, Jo Wilcox, Marcia Frith (6)	Keswick AC Jo Gillyon, Helen Winskill, Debbie Charlton, Annabel Holmes, Sue Wilkinson, Trudy Beetham, Lesley Malarkey, (7)