



English Fell Running Championship 2016

Men's Open Team Championship

(5 runners to count)

Sponsored by Pete Bland Sports and inov-8



The following races will determine
the 2016 Championship :

Short: Up the Nab (7 May), Sedbergh Sports (9 July)

Medium: Black Combe (12 March), Pendle 3 Peaks (20 August)

Long: Borrowdale (6 August), Langdale (8 October)

Any queries to Carl Bedson (carl.bedson@btinternet.com)

Pos	Club	Short Pts	Short Race	Med. Pts	Med. Race	Long Pts	Long Race	Other Pts	Other Race	Short	Medium	Long	Total
1	Dark Peak Fell Runners	9	UP	12	BLA	12	LAN	9	PEN	9	12	12	42
2	Keswick AC	12	UP	12	PEN	8	LAN	9	SED	12	12	8	41
3	Pudsey & Bramley AC	12	SED	8	BLA	9	BOR	5	UP	12	8	9	34
4	Calder Valley Fell Runners	8	UP	6	PEN	9	LAN	6	SED	8	6	9	29
=5	Borrowdale Fell Runners	7	SED	4	BLA	12	BOR	5	LAN	7	4	12	28
=5	Helm Hill Runners	7	UP	8	PEN	6	LAN	7	BLA	7	8	6	28
7	Mercia Fell Runners	6	UP	7	PEN	6	BOR	5	SED	6	7	6	24
8	Ambleside AC	4	UP	6	BLA	7	LAN	5	BOR	4	6	7	22
9	Pennine Fell Runners	3	UP	4	PEN	4	LAN	3	BLA	3	4	4	14
10	Ellenborough Athletic Club					7	BOR	1	LAN	0	0	7	8
11	Todmorden	2	SED	2	PEN	2	LAN			2	2	2	6
=12	Wharfedale Harriers			5	BLA					0	5	0	5
=12	Clayton-le-Moors Harriers			3	PEN	2	BOR			0	3	2	5
=14	Horwich RMI Harriers	2	UP	1	PEN					2	1	0	3
=14	Bowland					3	LAN			0	0	3	3
=16	Bingley Harriers & AC			2	BLA					0	2	0	2
=16	Barlick Fell Runners	1	UP	1	BLA					1	1	0	2



English Fell Running Championship 2016



Men's O40 Team Championship

(4 runners to count)

Sponsored by Pete Bland Sports and inov-8

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the 2016 Championship :

Short: Up the Nab (7 May), Sedbergh Sports (9 July)

Medium: Black Combe (12 March), Pendle 3 Peaks (20 August)

Long: Borrowdale (6 August), Langdale (8 October)

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Pos	Club	Short Pts	Short Race	Med. Pts	Med. Race	Long Pts	Long Race	Other Pts	Other Race	Short	Medium	Long	Total
1	Calder Valley Fell Runners	12	UP	9	PEN	12	LAN	12	SED	12	9	12	45
2	Dark Peak Fell Runners	9	UP	12	BLA	9	LAN	8	BOR	9	12	9	38
3	Helm Hill Runners	9	SED	12	PEN	8	LAN	6	UP	9	12	8	35
4	Ambleside AC	8	SED	9	BLA	9	BOR	7	LAN	8	9	9	33
5	Pennine Fell Runners	8	UP	8	BLA	7	BOR	8	PEN	8	8	7	31
6	Borrowdale Fell Runners	6	SED	7	BLA	12	BOR	3	LAN	6	7	12	28
7	Todmorden Harriers	7	SED	4	PEN	6	LAN	3	UP	7	4	6	20
8	Clayton le Moors Harriers	2	SED	6	PEN	4	BOR	4	BLA	2	6	4	16
9	Bowland Fell Runners			3	BLA	5	BOR	5	LAN	0	3	5	13
10	Cheshire Hill Racers	4	UP	3	PEN	1	BOR	3	SED	4	3	1	11
11	Horwich RMI Harriers	5	UP	5	PEN					5	5	0	10
=12	Mercia Fell Runners	7	UP							7	0	0	7
=12	Barlick Fell Runners	1	UP	2	BLA	2	BOR	2	PEN	1	2	2	7
14	Keswick AC					6	BOR			0	0	6	6
15	Bingley Harriers & AC			5	BLA					0	5	0	5
16	Chorley Athletic & Triathlon Club					3	BOR			0	0	3	3
17	Buxton AC	2	UP							2	0	0	2
18	Howgill Harriers	1	SED							1	0	0	1



English Fell Running Championship 2016

Men's O50 Championship

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Long: Borrowdale (6 August), Langdale (8 October)

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Pos	Club	Short Pts	Short Race	Med. Pts	Med. Race	Long Pts	Long Race	Other Pts	Other Race	Short	Med-ium	Long	Total
1	Dark Peak Fell Runners	12	UP	12	BLA	12	LAN	12	SED	12	12	12	48
2	Bowland Fell Runners	9	SED	9	PEN	9	BOR	9	LAN	9	9	9	36
3	Cheshire Hill Racers	9	UP	7	PEN	6	LAN	8	SED	9	7	6	30
=4	Clayton le Moors Harriers	5	SED	9	BLA	6	BOR	8	PEN	5	9	6	28
=4	Pennine Fell Runners	8	UP	6	BLA	7	LAN	7	SED	8	6	7	28
6	Borrowdale	3	SED			12	BOR	8	LAN	3	0	12	23
7	Helm Hill Runners	6	SED	8	BLA	1	LAN	6	PEN	6	8	1	21
8	Horwich RMI Harriers	7	UP	5	PEN			4	SED	7	5	0	16
9	Harrogate Harriers & AC	3	UP	2	BLA	5	BOR	3	LAN	3	2	5	13
10	Barlick Fell Runners	2	UP	5	BLA	2	LAN	3	PEN	2	5	2	12
11	Penistone Footpath Runners & AC	4	UP			4	LAN			4	0	4	8
12	Keswick AC					7	BOR			0	0	7	7
13	Mercia Fell Runners	6	UP							6	0	0	6
14	Kendal Amateur Athletic Club			4	BLA					0	4	0	4
=15	Wharfedale	2	SED							2	0	0	2
=15	Cambridge Harriers					2	BOR			0	0	2	2
17	Ambleside AC			1	BLA					0	1	0	1



English Fell Running Championship 2016

Women's Open Team Championship

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Pos	Club	Short Pts	Short Race	Med. Pts	Med. Race	Long Pts	Long Race	Other Pts	Other Race	Short	Medium	Long	Total
1	Mercia Fell Runners	12	UP	9	BLA	12	LAN	12	SED	12	9	12	45
2	Calder Valley Fell Runners	9	UP	12	PEN	8	BOR	8	SED	9	12	8	37
3	Helm Hill Runners	7	SED	7	PEN	12	BOR	9	LAN	7	7	12	35
4	Dark Peak Fell Runners	8	UP	9	PEN	9	BOR	8	LAN	8	9	9	34
5	Ambleside AC	7	UP	12	BLA	7	BOR	7	LAN	7	12	7	33
6	Keswick AC	9	SED	8	PEN	6	BOR	6	BLA	9	8	6	29
7	Pennine Fell Runners	5	UP	6	PEN	4	BOR	4	BLA	5	6	4	19
8	Pudsey & Bramley AC	4	UP	4	PEN	4	LAN	4	SED	4	4	4	16
9	Bingley Harriers & AC	3	UP	3	BLA	6	LAN	3	BOR	3	3	6	15
10	Wharfedale Harriers	1	SED	5	BLA	1	LAN	3	PEN	1	5	1	10
=11	Borrowdale Fell Runners					5	BOR			0	0	5	5
=11	Rosendale Harriers			5	PEN					0	5	0	5
=13	Holmfirth Harriers	3	SED							3	0	0	3
=13	Todmorden					3	LAN			0	0	3	3
=15	Barlick Fell Runners			1	BLA					0	1	0	1
=15	Macclesfield Harriers & AC	1	UP							1	0	0	1
=15	Clayton Le Moors			1	PEN					0	1	0	1



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1	Dark Peak Fell Runners	12	UP	12	PEN	12	BOR	12	LAN	12	12	12	48
2	Helm Hill Runners	9	SED	9	PEN	8	LAN	8	UP	9	9	8	34
3	Keswick AC	8	SED	6	BLA	8	BOR	7	UP	8	6	8	29
4	Bingley Harriers & AC	6	UP	7	BLA	7	BOR	7	LAN	6	7	7	27
5	Ambleside AC	9	UP	12	BLA			5	SED	9	12	0	26
6	Mercia	12	SED			9	LAN			12	0	9	21
7	Wharfedale Harriers	7	SED	9	BLA					7	9	0	16
8	Clayton le Moors Harriers	4	UP	8	PEN			2	SED	4	8	0	14
9	Borrowdale Fell Runners					9	BOR			0	0	9	9
10	Todmorden Harriers	4	SED	4	BLA					4	4	0	8
11	Settle Harriers	6	SED							6	0	0	6
=12	Cumberland Fell Runners			5	BLA					0	5	0	5
=12	Burnden Road Runners	5	UP							5	0	0	5
=14	Black Combe Runners			3	BLA					0	3	0	3
=14	Glossopdale Harriers	3	UP							3	0	0	3
=14	Pennine Fell Runners	3	SED							3	0	0	3
17	Howgill Harriers	1	SED							1	0	0	1