English Championships 2017 Individual Championship Medallists

Den Sam Tosh (Rossendale) 2"" = Carl Bell (Keswick) & Chris Arthur (Bowland Fell Runners) Arthur (Bowland Fell Runners) David Peak Fell Runners) (Dark Peak Fell Runners) (Calder Valley Fell Runners) (Dark Peak Fell Runners)	1st 2 nd 3rd				
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John Spill			•		
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Vets O55Anna Jane Meeks (Borrowdale Fell Runners)Rowena Browne (Bowland Fell Runners)Ann-Marie Jones (Altrincham & District AC)Vets O60Ann-Marie Jones (Altrincham & District AC)Pat Goodall (Totley AC)Wendy Dodds (Clayton-le-Moors Harriers)Vets O65Wendy Dodds (Clayton-le-Moors Harriers)2nd = Lesley Malarkey (Keswick AC) Lou Lyness	Vets O50	Judith Jepson	Deborah Gowans	Anna Jane Meeks	
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Vets 060 Ann-Marie Jones (Altrincham & District AC) Pat Goodall (Totley AC) Wendy Dodds (Clayton-le-Moors Harriers) Vets 065 Wendy Dodds (Clayton-le-Moors Harriers) 2 nd = Lesley Malarkey (Keswick AC) Lou Lyness	Vets O55	Anna Jane Meeks	Rowena Browne	Ann-Marie Jones	
(Altrincham & District AC) (Totley AC) (Clayton-le-Moors Harriers) Vets O65 Wendy Dodds (Clayton-le-Moors Harriers) Lesley Malarkey (Keswick AC) Lou Lyness		(Borrowdale Fell Runners)	(Bowland Fell Runners)	(Altrincham & District AC)	
Vets O65 Wendy Dodds (Clayton-le-Moors Harriers) Lesley Malarkey (Keswick AC) Lou Lyness	Vets O60	Ann-Marie Jones	Pat Goodall	Wendy Dodds	
(Clayton-le-Moors Harriers) Lesley Malarkey (Keswick AC) Lou Lyness		(Altrincham & District AC)		(Clayton-le-Moors Harriers)	
(Clayton-le-Moors Harriers) Lesley Malarkey (Keswick AC) Lou Lyness	Vets O65	Wendy Dodds	2 nd =		
(Keswick AC) Lou Lyness		· ·	Lesley Malarkey		
Lou Lyness		,			
			-		
(Didox Colline Rullicia)			(Black Combe Runners)		

English Championships 2017 Team Medallists

	1st	2nd	3rd
Men			
Open	Keswick AC Carl Bell, Mark Lamb, Steven Hebblethwaite, Sam Stead, James Appleton, John Battrick (6)	Helm Hill Runners Tom Addison, Joshua Jardine, Mark Addison, Adam Perry, Michael Ainsworth, Tim Cowin, Ben Procter, Kieran Hodgson, Shane Ohly, Nigel Wood, Jim Mann, Rick Stuart (12)	Calder Valley Fell Runners Ben Mounsey, Andy Swift, Gavin Mulholland, Darren Kay, Mark Taylor, Karl Gray, Ian Symington, Stephen Edwards, Phil Scarf, Alex Whittem (10)
Vets O40	Calder Valley Fell Runners Gavin Mulholland, Darren Kay, Mark Taylor, Stephen Edwards, Jason Williams, Karl Gray, Shaun Godsman (7)	Helm Hill Runners Kieran Hodgson, Tim Cowin, Nigel Wood, Billy Proctor, Rick Stuart, Jonny Marchant, Shane Ohly, Jim Mann (8)	Ambleside Tom Gibbs, Simon Stainer, Mark Alan Rigby, John Hooson, Jon Rylance, John Atkinson, Neil Ashcroft, Edmond Jackson, Jon Deegan (9)
Vets O50	Borrowdale Fell Runners Mark Roberts, Barry Wilkinson, Jim Davies, Paul Cornforth (4)	Dark Peak Fell Runners David Taylor, John Hunt, Stephen Pyke, Andy Barnett (4)	Cheshire Hill Racers Malcolm Fowler, Ed Gamble, Tom McGaff, Richard Byers, Vincent Booth, David Keeling (6)
Open Open	Helm Hill Runners Sharon Taylor, Hannah Russell, Bianca Dyer, Catherine Niblock, Lucy Spain, Imogen Burrow (6)	Black Combe Lizzie Browne, Anna Lupton, Rebecca Rooke, Alice Forster (4)	Ambleside AC Lou Roberts, Sarah McCormack, Kelli Roberts, Astrid Gibbs, Jane Reedy, Michelle Foxwell, Eleanor Knowles (7)
Vets O40	Dark Peak Fell Runners Judith Jepson, Nicky Spinks, Kirsty Hewitson, Helen Elmore, Jenny Caddick (5)	Todmorden Harriers Rebecca Patrick, Melanie Blackhurst, Lucy Burnett, Claire Duffield, Lucy Hobbs, Kate Mansell (6)	Helm Hill Runners Alison Richards, Jayne Rigby, Marie Robson, Bianca Dyer, Kathleen Aubrey, Carrie Gibson, Jo Wilcox (7)