



English Fell Running Championship 2019

Men's Open Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Carl Bell	Keswick AC	52	52	52		46	38	202
2	Mark Lamb	Keswick AC	49	48	40	28	48	52	197
3	Rob Jebb	Helm Hill Runners	35	49	46	30	47	41	183
4	Daniel Haworth	Matlock Athletic Club	44	44		46	44	44	178
5	Jack Wood	Ilkely Harriers & AC			47	49	37	43	176
6	Matthew Elkington	Ambleside AC	48	24	36	48		42	174
7	Billy Cartwright	Matlock Athletic Club		45		43	45	36	169
8	Max Wainwright	Dark Peak Fell Runners	43	37	31	38		45	163
9	Harry Holmes	Matlock Athletic Club	41	42		42	24	35	160
10	Steven Hebblethwaite	Keswick AC	28	28	20		49	47	152
11	Tom Saville	Dark Peak Fell Runners	37	46	22	44	19	20	149
12	Andrew Worster	Todmorden Harriers		33	24	36	38	39	146
13	Karl Gray	Calder Valley Fell Runners	38	43	21	29	32	25	142
14	Nathan Lawson	Dark Peak Fell Runners				47	43	48	138
15	Simon Bailey	Mercia Fell Runners	47		42			46	135
16	John Battrick	Keswick AC	34	11			36	49	130
17	Josh Williams	Dark Peak Fell Runners	33	17	29	13	34	31	127
18	Ian Holmes	Bingley Harriers & AC	27	25		31	41		124
19	Robert Hope	Pudsey & Bramley AC	45	35	43				123
=20	Rhys Findlay-Robinson	Dark Peak Fell Runners	46	36	39				121
=20	Michael Ainsworth	Helm Hill Runners	22	34	27	21	31	29	121
22	Mario Yeomans	Cumberland Fell Runners	36	39		26		19	120
=23	Darren Kay	Calder Valley Fell Runners	14	23		41	26	28	118
=23	Nick Leigh	Horwich R M I Harriers	30		19	39		30	118
=23	Kim Collison	Borrowdale Fell Runners	39	47				32	118
26	Joshua Jardine	Helm Hill Runners	31		45		40		116
27	Calum Tinion	Keswick AC		31	44			40	115
=28	Brennan Townshend	Keswick AC			49		52		101
=28	Adam Perry	Helm Hill Runners	11	27		25	23	26	101
30	John Helme	Ambleside AC	18	16	41	20			95
=31	Will Boothman	Dark Peak Fell Runners	24			35	33	24	92
=31	Adam Osborne	Calder Valley Fell Runners	6	13	4	34	39		92
=31	Sam Stead	Keswick AC	21		7		30	34	92
=34	Alasdair Campbell	Matlock Athletic Club	29		37	24			90
=34	Dan Mills	Keswick AC	13	41		8	28		90
36	Alistair Thornton	Horwich R M I Harriers	17	19	14		15	33	84

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
37	Sam Watson	Wharfedale Harriers	12	29	23	18			82
38	Peter Bray	Ambleside AC	7	32				37	76
39	Jack Wright	Ambleside AC	16		38		21		75
40	Gary Greenhow	Ambleside AC				32	42		74
41	Joe Baxter	Pudsey & Bramley AC	26			45			71
42	Mark McGoldrick	Wharfedale Harriers	8	26	11	23			68
43	Phil Davies	Borrowdale Fell Runners	25	40					65
=44	Ted Mason	Wharfedale Harriers	23		34				57
=44	Mark Roberts	Borrowdale Fell Runners	2	12	18	12	25		57
=46	Peter Davies	Dark Peak Fell Runners	10	15	30				55
=46	Tom Simpson	Ambleside AC			35	20			55
=48	Oli Johnson	Dark Peak Fell Runners		22	32				54
=48	Simon Coldrick	Pennine Fell Runners			9	17	17	11	54
=48	Jack Agnew	Mercia Fell Runners	19	7		1	10	18	54
51	Pete Rigby	Helm Hill Runners			26		27		53
52	Tom Adams	Ilkely Harriers & AC				52			52
=53	Gareth Hughes	Mercia Fell Runners			48				48
=53	James Harris	Ambleside AC		30			18		48
=53	Steve Halsall	Keswick AC				19	29		48
56	Daniel Connolly	Mercia Fell Runners	42						42
=57	Matthew Roberts	Calder Valley Fell Runners	40						40
=57	Phil Marsden	Horwich R M I Harriers				40			40
=57	Shaun Livesey	Ribble Valley Harriers		8		15	7	10	40
=57	Lova Chechik	Dark Peak Fell Runners			25			15	40
=61	Jonathan Rylance	Ambleside AC	3		6	14	16		39
=61	Kieran Hodgson	Helm Hill Runners		14		3	22		39
63	James Appleton	Keswick AC		38					38
=64	Andy Laycock	Clayton-le-Moors Harriers		20	17				37
=64	Robin Howie	Wharfedale Harriers				37			37
66	Harry Bolton	Keswick AC					35		35
=67	Paul Tierney	Ambleside AC	15	18					33
=67	Huw Davies	Mercia Fell Runners			33				33
=67	Jack Cummings	Ilkely Harriers & AC				33			33
=70	Mark Addison	Helm Hill Runners	32						32
=70	Gavin Mulholland	Calder Valley Fell Runners			5			27	32
72	Jim Davies	Borrowdale Fell Runners			8	22			30
73	Joe Kenny	Helm Hill Runners			28				28
74	Tristan Windley	Keswick AC				27			27
75	Joseph Oldfield	Matlock Athletic Club	4					22	26
76	David Birch	Keswick AC					13	12	25
77	Stuart Bond	Matlock Athletic Club						23	23
78	Paul Aitken	Helm Hill Runners		6	12		4		22
=79	Andrew Schofield	Borrowdale Fell Runners		21					21
=79	Graeme Brown	Todmorden Harriers				7	14		21
=79	Neil Northrop	Dark Peak Fell Runners					8	13	21
=79	Alex Whittem	Calder Valley Fell Runners						21	21
83	Matthew Battley	Coventry Godiva Harriers	20						20
=84	Martin Howard	Calder Valley Fell Runners	1					16	17
=84	Jack Redvers Harris	Pennine Fell Runners						17	17
=86	Matt Reedy	Ambleside AC			16				16
=86	Tim Stratton	City of York AC				16			16
88	Pete Vale	Mercia Fell Runners			15				15
=89	Adam Cresswell	Cumberland Fell Runners	5	9					14

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
=89	Pete Hodges	Dark Peak Fell Runners						14	14
91	Sam Dixon	Dark Peak Fell Runners			13				13
92	Tobias Barthelmes	Keswick AC					12		12
=93	Nick Charlesworth	Wharfedale Harriers				11			11
=93	Richard McGrath	Ellenborough AC					11		11
=95	Zak Hodgkinson	Matlock Athletic Club		10					10
=95	Charlie Lowther	Eden Runners			10				10
=95	Harry Greenbank	Keswick AC				10			10
=95	Paul Reilly	Helm Hill Runners					3	7	10
=99	James Kevan	Horwich R M I Harriers	9						9
=99	Callum Hanson	Pudsey & Bramley AC				9			9
=99	Harvey Lord	Black Combe Runners					9		9
=99	Tom Tipping	Helm Hill Runners						9	9
103	Jason Brunnock	Buxton AC						8	8
104	Paul Cornforth	Ambleside AC			1		6		7
=105	Stephen Pyke	Dark Peak Fell Runners				6			6
=105	Dan Gilbert	Horwich R M I Harriers						6	6
=107	Jonathan Pownall	Valley Striders AC		5					5
=107	Lewis Byram	Holmfirth Harriers AC				5			5
=107	Noah Hurton	Eden Runners					5		5
=107	Mark Burton	Pennine Fell Runners				4		1	5
=107	Tim Cowin	Helm Hill Runners						5	5
=112	Edward Gleadowe	Black Combe Runners		4					4
=112	John Murfin	Settle Harriers				2		2	4
=112	Noel Curtis	Pennine Fell Runners						4	4
=115	Daniel Jones	Eden Runners		3					3
=115	Josh Hartley	Black Combe Runners			3				3
=115	Mark Anderson	Totley AC						3	3
=118	Lawrence Eccles	Penny Lane Striders		2					2
=118	Danny Hope	Horwich R M I Harriers			2				2
=118	Jack Eyre	Eden Runners					2		2
=121	Joel Jameson	Helm Hill Runners		1					1
=121	Jack Foxall	Dark Peak Fell Runners					1		1



English Fell Running Championship 2019

Men's U23 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship:

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Ranking is calculated on points scored in up to 3 of the 4 races

See FRA Handbook & Fixture Calendar for further details

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Pos	Name	Club	Strett Hills (S)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Nathan Lawson	Dark Peak Fell Runners		12	12	12	36
2	Max Wainwright	Dark Peak Fell Runners	12	9		9	30
3	Martin Howard	Calder Valley Fell Runners	9	4	5	8	22
4	Harry Scott	Black Combe Runners	5	3	4	7	16
5	Harry Bolton	Keswick AC			9		9
=6	Marcus Preedy	Rosendale Harriers & AC	8				8
=6	Robin Howie	Wharfedale Harriers		8			8
=6	Alistair Thornton	Horwich RMI			8		8
=9	Joe Law	Dark Peak Fell Runners	7				7
=9	Jack Cummings	Ilkley Harriers AC		7			7
=9	Tobias Barthelmes	Keswick AC			7		7
=12	Joe Starling	Mercia Fell Runners	6				6
=12	Martin Askew	Helm Hill Runners	4	2			6
=12	Harry Greenbank	Keswick AC		6			6
=12	Noah Hurton	Eden Runners			6		6
16	Lewis Byram	Holmfirth Harriers AC		5			5
=17	Billy Starling	Mercia Fell Runners	3				3
=17	Ryan Elliot	Dark Peak Fell Runners			3		3
19	Connor Smith	Dark Peak Fell Runners	2				2



English Fell Running Championship 2019

Men's V40 Championship

*Organised by The Fell Runner's Association Ltd
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The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

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Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Rob Jebb	Helm Hill Runners	38	42	42	34	42	42	168
=2	Karl Gray	Calder Valley Fell Runners	39	39	35	33	35	36	149
=2	Nick Leigh	Horwich R M I Harriers	37		34	39		39	149
4	Darren Kay	Calder Valley Fell Runners	31	34		42	34	38	148
5	Ian Holmes	Bingley Harriers & AC	36	35		35	38		144
6	Adam Osborne	Calder Valley Fell Runners	29	29	24	37	37		132
7	John Helme	Ambleside AC	32	31	38	30			131
8	Mark McGoldrick	Wharfedale Harriers	30	36	30	32			128
9	Will Boothman	Dark Peak Fell Runners	34		18	38	36	35	127
10	Mark Roberts	Borrowdale Fell Runners	27	28	33	26	33		121
11	Simon Coldrick	Pennine Fell Runners	26	18	28	29	31	32	120
12	Robert Hope	Pudsey & Bramley AC	42	37	39				118
13	Shaun Livesey	Ribble Valley Harriers		27		28	26	31	112
14	Jonathan Rylance	Ambleside AC	28		26	27	30		111
15	Kieran Hodgson	Helm Hill Runners	25	30		21	32		108
16	David Birch	Keswick AC	21	12	17	18	28	33	99
17	John Murfin	Settle Harriers	20	26		20		24	90
18	Stephen Pyke	Dark Peak Fell Runners			20	23	19	21	83
19	Mark Burton	Calder Valley Fell Runners	19	14		22		23	78
20	Tim Cowin	Helm Hill Runners	22	11		13	17	27	77
21	Paul Cornforth	Ambleside AC	6	23	22	12	25		76
22	Garry Greenhow	Ambleside AC				36	39		75
=23	Graeme Brown	Todmorden Harriers			21	24	29		74
=23	Jack Foxall	Dark Peak Fell Runners	17	13	2	19	23	19	74
25	Phil Davies	Borrowdale Fell Runners	35	38					73
26	Jon Wright	Todmorden Harriers	24	16	14	17			71
27	Ted Mason	Wharfedale Harriers	33		37				70
28	Oli Johnson	Dark Peak Fell Runners		33	36				69
29	Andrew Schofield	Borrowdale Fell Runners		32	19		18		69
30	Paul Reilly	Helm Hill Runners	8	2			24	29	63
31	Gavin Mulholland	Calder Valley Fell Runners			25			37	62
32	Jim Davies	Borrowdale Fell Runners			27	31			58
33	Dan Gilbert	Horwich R M I Harriers			5		21	28	54
34	John Hunt	Dark Peak Fell Runners	15	25		8	4		52
=35	Mark Taylor	Calder Valley Fell Runners	18	15			12		45

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=35	Paul Fauset	Dark Peak Fell Runners		21			2	22	45
37	James Haworth	Keswick AC		5	15		3	20	43
38	John Hooson	Ambleside AC	5	19		5	13		42
39	Jon Morgan	Dark Peak Fell Runners			16		14	8	38
40	Rob Hope	Pudsey & Bramley AC		37					37
41	Noel Curtis	Pennine Fell Runners				10		26	36
42	Joe Blackett	Dark Peak Fell Runners		17			16	2	35
43	Stuart Bond	Matlock Athletic Club						34	34
=44	Pete Vale	Mercia Fell Runners	1		31				32
=44	Matt Reedy	Ambleside AC			32				32
=44	Michael Fanning	Holmfirth Harriers AC	9		8		15		32
47	David Taylor	Dark Peak Fell Runners			9		22		31
=48	Ian Mills	Pennine Fell Runners	23	7					30
=48	Tom Tipping	Helm Hill Runners						30	30
50	Charlie Lowther	Eden Runners			29				29
=51	Barry Wilkinson	Borrowdale Fell Runners		24	3				27
=51	Richard McGrath	Ellenborough AC					27		27
=51	John Atyeo	Mercia Fell Runners	14					13	27
=51	Christopher Goddard	Todmorden Harriers			13			14	27
55	Ralph Skrimshire	Dark Peak Fell Runners	10		4			12	26
=56	John Deegan	Ambleside AC		22		3			25
=56	Nick Charlesworth	Wharfedale Harriers				25			25
=56	Mark Anderson	Totley AC						25	25
=59	Nigel Wood	Helm Hill Runners	13		11				24
=59	Rick Stuart	Helm Hill Runners		9				15	24
61	Danny Hope	Horwich R M I Harriers			23				23
62	William Procter	Helm Hill Runners			12		1	9	22
=63	Gary Thorpe	Ambleside AC		20					20
=63	Dan Duxbury	Ambleside AC		10	10				20
=63	Shaun Godsman	Calder Valley Fell Runners					20		20
66	Will Acland	Helm Hill Runners	12		7				19
67	Tim Rutter	Dark Peak Fell Runners						18	18
=68	Jon Tipping	Todmorden Harriers				17			17
=68	Steve Angus	Keswick AC		1				16	17
=68	Mike Nolan	Dark Peak Fell Runners						17	17
=71	Steven Knowles	Pennine Fell Runners	16						16
=71	Nick Barraclough	Keswick AC			6	4	6		16
73	David Kirkham	Wharfedale Harriers				15			15
74	Peter Coates	Clayton-le-Moors Harriers				14			14
=75	Richard Bradbury	Matlock Athletic Club	11						11
=75	David Milliken	Salford Harriers & AC				11			11
=75	Charlie Elliot	Dark Peak Fell Runners					11		11
=78	Adam Jackson	Northern Fells					10		10
=78	James Baron	Helm Hill Runners						10	10
=80	Andrew Jebb	Bingley Harriers & AC				9			9
=80	Matt Brindle	Helm Hill Runners					9		9
=82	Craig Stansfield	Rossendale Harriers & AC		8					8
=82	Mike Robinson	Dark Peak Fell Runners					8		8
=82	Dave Prosser	Keswick AC		3				5	8
=85	Charlie McIntosh	Pudsey & Bramley AC	7						7
=85	Rod Scott	Helm Hill Runners			7				7
=85	Darren Fishwick	Chorley AC					7		7

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=85	Robin Hope	Dark Peak Fell Runners						7	7
=89	Oliver Waters	Helm Hill Runners		6					6
=89	Steve Jones	Keswick AC				6			6
=89	Andy Davies	Mercia Fell Runners						6	6
92	Jamie Lawler	Keswick AC					5		5
=93	Tim Werrett	Mercia Fell Runners	4						4
=93	Craig Smith	Keswick AC		4					4
=93	Paul Jeggo	Springfield Striders						4	4
=96	Jim Masters	Cumberland Fell Runners	3						3
=96	Tim Oliver	Pennine Fell Runners						3	3
=98	Thomas Foster	Mercia Fell Runners	2						2
=98	Rob Downs	Cheshire Hill Racers				2			2
=100	Jonathan Whitaker	Harrogate Harriers & AC			1				1
=100	Jon Green	Preston Harriers				1			1
=100	David Griffin	Helm Hill Runners						1	1



English Fell Running Championship 2019

Men's V45 Championship

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The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

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Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Karl Gray	Calder Valley Fell Runners	42	42	39	38	39	38	162
2	Darren Kay	Calder Valley Fell Runners	37	37		42	38	42	159
3	Ian Holmes	Bingley Harriers & AC	39	38		39	42		158
4	Mark Roberts	Borrowdale Fell Runners	36	35	38	34	37		146
5	Shaun Livesey	Ribble Valley Harriers		34	8	36	34	36	140
6	David Birch	Keswick AC	33	21	30	29	35	37	135
7	John Murfin	Settle Harriers	32	33		30		32	127
8	Stephen Pyke	Dark Peak Fell Runners			32	32	30	29	123
9	Paul Cornforth	Ambleside AC	23	30	33	25	33		119
10	Tim Cowin	Helm Hill Runners	34	20		26	28	34	116
11	Mark Burton	Calder Valley Fell Runners	31	22		31	1	31	115
12	Jon Wright	Todmorden Harriers	35	24	27	28			114
13	Jonathan Rylance	Ambleside AC			35	35	36		106
14	John Hunt	Dark Peak Fell Runners	28	32		22	17		99
15	Andrew Schofield	Borrowdale Fell Runners		36	31		29		96
16	John Hooson	Ambleside AC	22	26		21	24		93
=17	Mark Taylor	Calder Valley Fell Runners	30	23	16		23		92
=17	Paul Fauset	Dark Peak Fell Runners		28	19		15	30	92
19	Jon Morgan	Dark Peak Fell Runners			29	16	25	20	90
20	James Haworth	Keswick AC		17	28		16	28	89
21	Phil Davies	Borrowdale Fell Runners	38	39					77
22	Joe Blackett	Dark Peak Fell Runners		25		10	27	14	76
23	Michael Fanning	Holmfirth Harriers AC	25		23		26		74
24	Jim Davies	Borrowdale Fell Runners			36	37			73
25	Gavin Mulholland	Calder Valley Fell Runners			33			39	72
=26	William Procter	Helm Hill Runners	9	8	26		14	21	70
=26	Rick Stuart	Helm Hill Runners	18	19	3	8	3	25	70
28	Steve Angus	Keswick AC		14	14		10	26	64
29	Noel Curtis	Pennine Fell Runners			7	23		33	63
=30	Barry Wilkinson	Borrowdale Fell Runners	10	31	21				62
=30	Tom Tipping	Helm Hill Runners				27		35	62
32	Jon Deegan	Ambleside AC		29		19	13		61
33	Nick Barraclough	Keswick AC			22	20	18		60
=34	Pete Vale	Mercia Fell Runners	19		37				56
=34	David Taylor	Dark Peak Fell Runners			24		32		56

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
36	John Atyeo	Mercia Fell Runners	27				4	23	54
37	Dave Prosser	Keswick AC	5	15		15		17	52
38	James Baron	Helm Hill Runners	15	2	6	5	5	22	48
39	Mike Nolan	Dark Peak Fell Runners	17					27	44
=40	Robert Hope	Pudsey & Bramley AC			42				42
=40	Paul Jeggo	Springfield Striders RC	7	5		14		16	42
42	Gary Thorpe	Ambleside AC	13	27					40
43	Craig Smith	Keswick AC		16	16		7		39
44	Craig Stansfield	Rossendale Harriers & AC	8	18	12				38
45	Richard Bradbury	Matlock Athletic Club	26		11				37
46	Thomas Foster	Mercia Fell Runners	20			7		8	35
47	Nick Charlesworth	Wharfedale Harriers				33			33
48	Shaun Godsman	Calder Valley Fell Runners					31		31
49	Steven Knowles	Pennine Fell Runners	29						29
50	Philip Pearson	Northern Fells Running Club			18		9		27
51	Rob Downs	Cheshire Hill Racers				18	8		26
=52	Andrew Slattery	Keswick AC	4	11	10				25
=52	Dan Duxbury	Ambleside AC			25				25
=54	Charlie McIntosh	Pudsey & Bramley AC	24						24
=54	David Milliken	Salford Harriers & AC				24			24
=54	Andy Davies	Mercia Fell Runners				6		18	24
=54	Gareth Briggs	Dark Peak Fell Runners						24	24
=58	Rob Harper	Ambleside AC		10			12		22
=58	Charlie Eliot	Dark Peak Fell Runners					22		22
=58	Mark Walsh	Horwich R M I Harriers	3			9		10	22
=61	Tim Werrett	Mercia Fell Runners	21						21
=61	Adam Jackson	Northern Fells Running Club					21		21
=63	Jonathan Whitaker	Harrogate Harriers & AC			20				20
=63	Mike Robinson	Dark Peak Fell Runners					20		20
=65	Colin Walker	Pudsey & Bramley AC	2			17			19
=65	Darren Fishwick	Chorley AC					19		19
=65	Tim Oliver	Pennine Fell Runners			4			15	19
=65	Robin Hope	Dark Peak Fell Runners						19	19
=69	Craig Burrow	Helm Hill Runners	12	6					18
=69	Andy Lloyd	Horwich R M I Harriers	6			12			18
=71	Leigh Warburton	Bowland Fell Runners		12	5				17
=71	Dave Sykes	Dark Peak Fell Runners			17				17
=73	Ian Grindley	Mercia Fell Runners	16						16
=73	Steve Bell	Dark Peak Fell Runners		3		1		12	16
=73	David Griffin	Helm Hill Runners	1			2		13	16
76	Steve Adams	Dark Peak Fell Runners			13			2	15
77	Virgil Barton	Barlick Fell Runners	14						14
=78	Andy Simpson	Barrow Runners		13					13
=78	Andrew Robertshaw	Otley AC				13			13
=80	Stephen Smithies	Calder Valley Fell Runners	11						11
=80	Matt Machouki	Scarborough Athletic Club				11			11
=80	John Millen	Black Combe Runners					11		11
=80	Michael Mallen	Keswick AC						11	11
=84	Calvin Routledge	Ambleside AC			9				9
=84	Mike Harrison	Cumberland Fell Runners		9					9
=84	Rod Scott	Helm Hill Runners						9	9
87	Ken Maynard	Sunderland Strollers			1			7	8

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
88	Matt Beresford	Ambleside AC		7					7
=89	David Wilson	Bowland Fell Runners					6		6
=89	Mark Agnew	Mercia Fell Runners						6	6
91	John Bagge	Helm Hill Runners						5	5
=92	Chris Davies	Saddleworth Runners		4					4
=92	Simon Garside	Rothwell Harriers & AC				4			4
=92	Matt Harrison	Mercia Fell Runners						4	4
=95	Simon Entwisle	Pennine Fell Runners				3			3
=95	Andrew Fox	Glossopdale Harriers						3	3
=97	Alan Armstrong	Blaydon Harriers & AC			2				2
=97	Sam Brummitt	Settle Harriers					2		2
=99	Michael Reynolds	Mercia Fell Runners		1					1
=99	Jack Holt	Clayton-le-Moors						1	1



English Fell Running Championship 2019

Men's V50 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Ian Holmes	Bingley Harriers & AC	32	29		32	32		125
2	Mark Roberts	Borrowdale Fell Runners	28	27	32	28	29		117
3	David Birch	Keswick AC	27	18	25	24	28	32	112
=4	Stephen Pyke	Dark Peak Fell Runners			27	26	25	27	105
=4	John Murfin	Settle Harriers	26	26		25		28	105
6	Paul Cornforth	Ambleside AC	21	23	28	22	27		99
7	John Hunt	Dark Peak Fell Runners	25	25		20	18		88
8	Jon Morgan	Dark Peak Fell Runners			24	15	21	20	80
9	John Hooson	Ambleside AC	20	20		19	20		79
10	Andrew Schofield	Borrowdale Fell Runners		28	26		24		78
11	William Procter	Helm Hill Runners	12	10	23		17	21	73
12	Rick Stuart	Helm Hill Runners	19	17	7	9	7	24	69
=13	Joe Blackett	Dark Peak Fell Runners	2	19		11	23	14	67
=13	Steve Angus	Keswick AC		13	15		14	25	67
15	Michael Fanning	Holmfirth Harriers AC	23		21		22		66
16	Phil Davies	Borrowdale Fell Runners	29	32					61
17	Jim Davies	Borrowdale Fell Runners			29	29			58
=18	Nick Barraclough	Keswick AC			20	18	19		57
=18	James Baron	Helm Hill Runners	16	5	10	7	9	22	57
20	Barry Wilkinson	Borrowdale Fell Runners	13	24	19				56
=21	Jon Deegan	Ambleside AC		22		17	16		55
=21	John Atyeo	Mercia Fell Runners	24				8	23	55
23	Dave Prosser	Keswick AC	9	14		14		17	54
24	Tom Tipping	Helm Hill Runners				23		29	52
25	David Taylor	Dark Peak Fell Runners			22		26		48
26	Paul Jeggo	Springfield Striders RC	10	8		13		16	47
27	Mike Nolan	Dark Peak Fell Runners	18					26	44
=42	Craig Stansfield	Clayton-le-Moors Harriers	11	16	13	2			42
=42	Craig Smith	Keswick AC		15	16		11		42
30	Gary Thorpe	Ambleside AC	15	21					36
=31	Andrew Slattery	Keswick AC	8	11	12				31
=31	Rob Downs	Cheshire Hill Racers			3	16	12		31
33	Philip Pearson	Northern Fells RC			17		13		30
=34	Nick Charlesworth	Wharfedale Harriers				27			27
=34	Leigh Warburton	Bowland Fell Runners		12	9		6		27

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=34	Mark Walsh	Horwich R M I Harriers	7			10		10	27
37	Andy Davies	Mercia Fell Runners				8		18	26
=38	David Griffin	Helm Hill Runners	6			4	3	13	23
=38	Tim Oliver	Pennine Fell Runners			8			15	23
40	Charlie McIntosh	Pudsey & Bramley AC	22						22
=41	David Milliken	Salford Harriers & AC				21			21
=41	Steve Bell	Dark Peak Fell Runners		6		3		12	21
=43	Jonathan Whitaker	Harrogate Harriers & AC			18	1			19
=43	Steve Adams	Dark Peak Fell Runners			14			5	19
=43	Robin Hope	Dark Peak Fell Runners						19	19
46	Ken Maynard	Sunderland Strollers		3	6			9	18
47	Ian Grindley	Mercia Fell Runners	17						17
=48	Matt Machouki	Scarborough Athletic Club	3			12			15
=48	Rob Harper	Ambleside AC					15		15
50	Stephen Smithies	Calder Valley Fell Runners	14						14
51	Mark Agnew	Mercia Fell Runners	4					8	12
=52	Calvin Routledge	Ambleside AC			11				11
=52	Michael Mallen	Keswick AC						11	11
54	David Wilson	Bowland Fell Runners					10		10
=55	Michael Reynolds	Mercia Fell Runners	1	4	4				9
=55	Matt Beresford	Ambleside AC		9					9
=57	Roger Laycock	Settle Harriers		2	5				7
=57	Chris Davies	Saddleworth Runners		7					7
=57	John Bagge	Helm Hill Runners						7	7
=60	Simon Garside	Rothwell Harriers & AC				6			6
=60	Andrew Fox	Glossopdale Harriers						6	6
=62	Calvin Wright	Shropshire Shufflers	5						5
=62	Simon Entwisle	Pennine Fell Runners				5			5
=62	Mike Johnson	Bowland Fell Runners					5		5
=65	John Duff	Northumberland Fell Runners					4		4
=65	Jack Holt	Clayton-le-Moors Harriers						4	4
67	Andy Barnett	Dark Peak Fell Runners						3	3
=68	Michael Procter	Mercia Fell Runners			2				2
=68	Chris Knowles	Ellenborough AC					2		2
=68	Nicholas Bassett	Staffordshire Moorlands						2	2
=71	Roy Ruddle	Ilkley Harriers & AC			1				1
=71	Carlos Bedson	Cheshire Hill Racers		1					1
=71	Mark Webster	Keswick AC					1		1
=71	Robert Taylor	Pennine Fell Runners						1	1



English Fell Running Championship 2019

Men's V55 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Mark Roberts	Borrowdale Fell Runners	32	32	32	32	32		128
2	Paul Cornforth	Ambleside AC	29	29	29	29	29		116
3	John Hooson	Ambleside AC	28	27		28	27		110
4	William Procter	Helm Hill Runners	25	22	28		26	29	108
5	Rick Stuart	Helm Hill Runners	27	25	24	23	23	32	107
6	Joe Blackett	Dark Peak Fell Runners	21	26		24	28	26	104
7	Dave Prosser	Keswick AC	23	24	19	26		28	101
8	Paul Jeggo	Springfield Striders RC	24	21		25		27	97
9	David Griffin	Helm Hill Runners	22	17	13	21	20	25	85
10	Ken Maynard	Sunderland Strollers		19	23	18	17	22	82
11	Michael Mallen	Keswick AC	20	15	17	17		23	77
12	Rob Downs	Cheshire Hill Racers			21	27	24		72
13	Leigh Warburton	Bowland Fell Runners		23	25		22		70
14	Andrew Fox	Glossopdale Harriers	18	16			15	20	69
=15	Jack Holt	Clayton-le-Moors Harriers	3	12	11	10	16	19	58
=15	Steve Bell	Dark Peak Fell Runners				20	14	24	58
17	David Allen	Dark Peak Fell Runners	14	11	14	16		12	56
18	Gary Thorpe	Ambleside AC	26	28					54
19	Philip Pearson	Northern Fells Running Club			26		25		51
20	Roger Laycock	Settle Harriers	10	18	22				50
21	John Bagge	Helm Hill Runners	8		7		13	21	49
22	Jonathan Whitaker	Harrogate Harriers & AC			27	19			46
23	Simon Entwisle	Pennine Fell Runners	19			22			41
24	Robert Taylor	Pennine Fell Runners				5	18	16	39
25	Peter Tayler	Black Combe Runners			8	9	5	14	36
26	Nick Brooke	Dorset Doodlers RC	6	5	6		8	15	35
27	Chris Davies	Saddleworth Runners Club	12	20					32
=28	David Parkington	Preston Harriers				15	12		27
=28	Brian Hickey	FRA		10			6	11	27
30	Andy Barnett	Dark Peak Fell Runners	5				3	18	26
31	Greg Rimmer	Dark Peak Fell Runners			12	13			25
32	Dave Sargent	Eden Runners		13			11		24
33	Colin Shuttleworth	Preston Harriers	9	6		8			23
34	Mike Johnson	Bowland Fell Runners					21		21
=35	Roy Ruddle	Ilkley Harriers & AC			20				20

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=35	Shaun Addison	Helm Hill Runners		8		12			20
=35	Andy Hauser	Holmfirth Harriers AC		14				6	20
38	Chris Knowles	Ellenborough AC					19		19
=39	Dave Soles	Pennine Fell Runners			18				18
=39	Ashley Kay	Dark Peak Fell Runners			15	3			18
=41	Dave Farrow	Mercia Fell Runners	17						17
=41	Nicholas Bassett	Staffordshire Moorlands						17	17
=43	Ian Warhurst	Pennine Fell Runners	16						16
=43	Phil Scarf	Calder Valley Fell Runners			16				16
=43	Bernard Grant	Harrogate Harriers & AC	1	9		6			16
=46	Mike Wallis	Clayton-le-Moors Harriers	15						15
=46	Steve Wathall	Black Combe Runners		1	4		1	9	15
48	Graham Schofield	Horwich RMI Harriers				14			14
=49	Andy Beaty	Cumberland Fell Runners	13						13
=49	Peter Stobbs	Trawden Athletic Club		4	9				13
=49	Bob Foreman	Matlock AC						13	13
=52	John Rainford	Preston Harriers	11						11
=52	Dave Keeling	Cheshire Hill Racers				11			11
=52	Andy Buck	Steel City Striders RC				7	4		11
=55	Andy Dickenson	Dark Peak Fell Runners			10				10
=55	Roy Gibson	Kendal AC					10		10
=55	Andy Robinson	Mercia Fell Runners						10	10
=58	Barry Atkinson	York Knavesmire Harriers					9		9
=58	Tim Murray	Helm Hill Runners			5			4	9
60	Mark Harvey	Dark Peak Fell Runners						8	8
=61	Neil Sidaway	Cumberland Fell Runners		7					7
=61	Tom Mcgaff	Cheshire Hill Racers	7						7
=61	Kieran Carr	Clayton-le-Moors Harriers					7		7
=61	Adrian Baker	Dark Peak Fell Runners				4		3	7
=61	Stewart Kemp	Dark Peak Fell Runners			2			5	7
=61	Jim Paxman	Dark Peak Fell Runners						7	7
67	Keith G Holmes	Dark Peak Fell Runners		3	3				6
68	Andrew Bradley	Cumberland Fell Runners	4						4
69	Robert Halstead	Todmorden Harriers		2	1				3
=70	Andrew Shaw	Holmfirth Harriers AC	2						2
=70	Ian Goulding	Holmfirth Harriers AC				2			2
=70	Wilfred Bell	Howgill Harriers					2		2
=70	Barry Elkington	Kenilworth Runners						2	2
=74	Dave Stephenson	Bingley Harriers & AC				1			1
=74	David Appleyard	Helm Hill Runners						1	1



English Fell Running Championship 2019

Men's V60 Championship



Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	William Procter	Helm Hill Runners	22	19	22		22	22	88
2	Michael Mallen	Keswick AC	19	15	16	18		18	71
3	Ken Maynard	Sunderland Strollers			18	19	15	17	69
4	Andrew Fox	Glossopdale Harriers	17	16			13	16	62
5	Leigh Warburton	Bowland Fell Runners		22	19		18		59
=6	David Allen	Dark Peak Fell Runners	14	12	15	17		11	58
=6	Jack Holt	Clayton-le-Moors Harriers	7	13	14	15	14	15	58
=8	Nick Brooke	Dorset Doddlers RC	8	9	13		11	13	46
=8	Robert Taylor	Pennine Fell Runners	4	5		11	16	14	46
10	Roger Laycock	Settle Harriers	11	17	17				45
11	Simon Entwisle	Pennine Fell Runners	18			22			40
=12	Steve Wathall	Black Combe Runners		7	12		7	10	36
=12	David Griffin	Helm Hill Runners					17	19	36
14	Colin Shuttleworth	Preston Harriers	10	10		14			34
15	Andy Buck	Steel City Striders RC	5	6		13	9		33
=16	Keith G Holmes	Dark Peak Fell Runners		8	11	7	6	4	30
=16	Chris Davies	Saddleworth Runners Club	12	18					30
18	Bernard Grant	Harrogate Harriers & AC	6	11		12			29
19	Tom McGaff	Cheshire Hill Racers	9	1	5	10			25
=20	Andy Hauser	Holmfirth Harriers AC	3	14				7	24
=20	Jim Paxman	Dark Peak Fell Runners			8	3	5	8	24
22	Kieran Carr	Clayton-le-Moors Harriers	2			9	10		21
=23	Andy Watts	Cheshire Hill Racers		4	7	8			19
=23	Philip Pearson	Northern Fells					19		19
=23	Stewart Kemp	Dark Peak Fell Runners			10		3	6	19
=26	Ian Warhurst	Pennine Fell Runners	16						16
=26	Graham Schofield	Horwich RMI Harriers				16			16
=26	Graham McAra	Cheshire Hill Racers			3	6	4	3	16
29	Mike Wallis	Clayton-le-Moors Harriers	15						15
30	Ronald Rees	Pennine Fell Runners		2	6	5		1	14
=31	Andy Beaty	Cumberland Fell Runners	13						13
=31	David Gould	Mercia Fell Runners		3	4	4		2	13
=33	Barry Atkinson	York Knavesmire Harriers					12		12
=33	Bob Foreman	Matlock AC						12	12
35	Mark Harvey	Dark Peak Fell Runners					2	9	11
36	Chris Wilcox	Buckley Runners			9				9
37	Wilfred Bell	Howgill Harriers					8		8
38	Barry Elkington	Kenilworth Runners						5	5
=39	Michael McLoughlin	Preston Harriers			2				2
=39	Adrian Dixon	FRA				2			2
=41	Graham Moffat	Howgill Harriers	1						1
=41	Mike Troup	Ambleside AC			1				1
=41	Andy Monk	FRA				1			1
=41	John Taylor	Bowland Fell Runners					1		1



English Fell Running Championship 2019

Men's V65 Championship

Organised by The Fell Runner's Association Ltd

& sponsored by Pete Bland Sports and inov-8



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Jack Holt	Clayton-le-Moors Harriers	19	22	22	22	19	22	88
2	Nick Brooke	Dorset Doodlers RC	22	18	19		18	18	77
3	Robert Taylor	Pennine Fell Runners	17	16	11	18	22	19	75
4	Keith G Holmes	Dark Peak Fell Runners	10	17	18	15	16	16	67
5	Stewart Kemp	Dark Peak Fell Runners	15		17		14	17	63
6	Andy Watts	Cheshire Hill Racers	14	15	16	16			61
7	Graham McAra	Cheshire Hill Racers		12	14	14	15	15	58
=8	Bernard Grant	Harrogate Harriers & AC	18	19		19			56
=8	David Gould	Mercia Fell Runners	11	14	15	13	12	14	56
10	Kieran Carr	Clayton-le-Moors Harriers	16			17	17		50
11	Michael McLoughlin	Preston Harriers	6		13	7	11		37
12	John Taylor	Bowland Fell Runners				9	13	13	35
13	David Tait	Dark Peak Fell Runners	7			10	10	12	32
14	Stephen Dixon	Valley Striders AC	9	13					22
=15	Brian Thompson	Helm Hill Runners	13						13
=15	Peter Ehrhardt	Todmorden Harriers				4		9	13
=17	Mick Chambers	Saltaire Striders	12						12
=17	Stephen Clough	Norham Running Club			12				12
=17	Adrian Dixon	FRA				12			12
=20	Anthony Spicer	Rosendale Harriers & AC		11					11
=20	Alan Brentnall	Pennine Fell Runners				11			11
=20	Jeremy Brayshaw	Totley AC						11	11
23	Tony Thompson	Mercia Fell Runners						10	10
=24	David Fell	Cumberland Fell Runners	8						8
=24	Ian Smith	Bolton United Harriers				8			8
=24	Roger Ashby	Pennine Fell Runners						8	8
27	Richard Blakeley	Todmorden				6			6
=28	Ken Jones	Dark Peak Fell Runners	5						5
=28	Dave Seaman	Nidd Valley Road Runners				5			5
30	John Williams	Pennine Fell Runners	4						4
31	Arthur Clare-Hay	Mercia Fell Runners	3						3



English Fell Running Championship 2019

Men's V70 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

**Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)**

Ranking is calculated on points scored in up to 3 of the 4 races

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Jack Holt	Clayton-le-Moors Harriers	12	12	9	12	36
2	Kieran Carr	Clayton-le-Moors Harriers	8	8	8		24
3	Robert Taylor	Pennine Fell Runners			12	9	21
=4	David Tait	Dark Peak Fell Runners	6	5	6	7	19
=4	John Taylor	Bowland Fell Runners		4	7	8	19
6	Bernard Grant	Harrogate Harriers & AC	9	9			18
=7	Adrian Dixon	FRA		7			7
=7	David Fell	Cumberland Fell Runners	7				7
=9	Alan Brentnall	Pennine Fell Runners		6			6
=9	Jeremy Brayshaw	Totley AC				6	6
=11	Ken Jones	Dark Peak Fell Runners	5				5
=11	Peter Ehrhardt	Todmorden Harriers		1		4	5
=11	Tony Thompson	Mercia Fell Runners				5	5
14	Arthur Clare-Hay	Mercia Fell Runners	4				4
=15	Richard Blakeley	Todmorden Harriers		3			3
=15	Roger Ashby	Pennine Fell Runners				3	3
17	Dave Seaman	Nidd Valley Road Runners		2			2



English Fell Running Championship 2019

Women's Open Championship



Organised by The Fell Runner's Association Ltd

& sponsored by Pete Bland Sports and inov-8

The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Kelli Roberts	Helm Hill Runners	25	27	32	32	32		121
2	Nichola Jackson	Ribble Valley Harriers	32	29	29	29			119
3	Sharon Taylor	Helm Hill Runners	26	28	28	28	28	32	116
4	Rachel Parker	Mercia Fell Runners	28	26	26	26	27		107
5	Helen Berry	Holmfirth Harriers AC	22	23	25	27	24	29	105
6	Mel Price	Mercia Fell Runners	24	22	23	21	23		92
7	Annie Roberts	Todmorden Harriers	19		24		19	27	89
8	Jenn Bell	Keswick AC	20	17	13		25	26	88
9	Hannah Russell	Helm Hill Runners	23	18	17	24	22		87
10	Sally Fawcett	Dark Peak Fell Runners		19	19	20		24	82
11	Judith Jepson	Dark Peak Fell Runners			22	17	21	21	81
12	Bianca Dyer	Helm Hill Runners	9	16	11	18	14	23	71
=13	Rachel Pilling	Pudsey & Bramley AC	15	6	16	22			59
=13	Alice Forster	Black Combe Runners	18	9		12	9	20	59
15	Sophie Noon	Cumberland Fell Runners	21		21		15		57
16	Eleanor Johnstone	Pennine Fell Runners	12	11			5	28	56
17	Hannah Horsburgh	Keswick AC	27	25					52
18	Kate Archer	Ilkley Harriers		15	10	19	16		50
19	Ellen Downs	Dark Peak Fell Runners	7			16	6	25	48
20	Jean Brown	Clayton-le-Moors Harriers		8	12		12	12	44
=21	Megan Wilson	Dark Peak Fell Runners	16	24					40
=21	Janie Oates	Helm Hill Runners		4	18		18		40
23	Anna Lupton	Black Combe Runners	17	20					37
24	Sue Richmond	Pennine Fell Runners			5		7	22	34
25	Helen Elmore	Dark Peak Fell Runners	8		15		10		33
26	Victoria Wilkinson	Bingley Harriers & AC		32					32
27	Deborah Gowans	Accrington Road Runners	2		1	11	4	17	31
28	Zoe Webber	Keswick AC	1		3		11	15	30
=29	Emma Gould	Mercia Fell Runners	29						29
=29	Scout Adkin	Ambleside AC					29		29
=29	Steph Curtis	Pennine Fell Runners	5			8		16	29
32	Leah Williams	LUOC			9			19	28
=33	Sara Willhoit	Mercia Fell Runners			27				27
=33	Alice Rigby	New Marske Harriers				9		18	27

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
35	Lou Osborn	Ambleside AC					26		26
=36	Ailish Graham	Wharfedale Harriers				25			25
=36	Catherine Slater	Helm Hill Runners		12			13		25
=38	Joanna Rycroft	Helm Hill Runners	10	14					24
=38	Rebecca Patrick	Todmorden Harriers				10		14	24
40	Katie Walshaw	Holmfirth Harriers AC				23			23
=41	Majka Kunicka	Dark Peak Fell Runners		21					21
=41	Nicola Parkin	Dark Peak Fell Runners		2	2	3	3	13	21
=43	Sarah Lilleman	Dark Peak Fell Runners			20				20
=43	Bryony Halcrow	Harrogate Harriers AC					20		20
=45	Nicky Spinks	Dark Peak Fell Runners	3		14				17
=45	Katherine Davies	Northumberland Fell R					17		17
=47	Kate Apps	Keswick AC			8	7			15
=47	Monica Padilla	Wharfedale Harriers				15			15
=49	Rosie Watson	Cumberland Fell Runners	14						14
=49	Zoe Clare Barber	Mercia Fell Runners				14			14
=51	Nicola Richards	Mercia Fell Runners	13						13
=51	Gemma Bradley	Saltwell Harriers		13					13
=51	Jo Buckley	Calder Valley Fell Runners				13			13
=54	Kirsty Hall	Ribble Valley Harriers	11						11
=54	Carol Evans	Settle Harriers		5		6			11
=54	Michelle Foxwell	Ambleside AC		3			8		11
=54	Kath Wallis	Clayton-le-Moors Harriers						11	11
=58	Gillian Lindsey	Macclesfield Harriers		10					10
=58	Claire Duffield	Todmorden Harriers						10	10
=60	Marie Robson	Helm Hill Runners				1		8	9
=60	Melanie Blackhurst	Todmorden Harriers						9	9
=62	Fiona Marley Paterson	Helm Hill Runners		7					7
=62	Lucy Burnett	Keswick AC			7				7
=62	Ann-Marie Jones	Macclesfield Harriers						7	7
=65	Lily Higgins	Halesowen ACC	6						6
=65	Jenny Caddick	Dark Peak Fell Runners			6				6
=65	Pat Goodall	Totley AC						6	6
=68	Lesley Watson	Bingley Harriers & AC				5			5
=68	Lyn Thompson	Keswick AC						5	5
=70	Hollie Orr	Black Combe Runners	4						4
=70	Kate Simpson	Helm Hill Runners			4				4
=70	Molly Ralphson	Barlick Fell Runners				4			4
=70	Lisa Parker	Accrington Road Runners						4	4
74	Eloise Lee	Mercia Fell Runners						3	3
=75	Jean Powell	Wharfedale Harriers						2	2
=75	Kate Whitfield	Mercia Fell Runners				2			2
=75	Helen Wood	Ilkley Harriers					2		2
=78	Alison Weston	Ilkley Harriers		1					1
=78	Antonia Fan	Skyrac Athletic Club					1		1
=78	Jo Wilcox	Helm Hill Runners						1	1



English Fell Running Championship 2019

Women's U23 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship:

**Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)**

Ranking is calculated on points scored in up to 3 of the 4 races

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Hannah Russell	Helm Hill Runners	12	12	12		36
2	Ellen Downs	Dark Peak Fell Runners	9	9	9	12	30
3	Leah Williams	LUOC	7		8	9	24
4	Alice Rigby	New Marske Harriers		8	7	8	23
5	Josie Lloyd	Mercia Fell Runners		7	5		12
6	Ellie Crownshaw	Dark Peak Fell Runners	6		4		10
7	Lily Higgins	Halesowen ACC	8				8
8	Emily Barnett	Dark Peak Fell Runners				7	7
=9	Victoria Merrick	Leeds City AC		6			6
=9	Jo Simpson	Ambleside AC			6		6



English Fell Running Championship 2019

Women's V40 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

**Ranking is calculated on points scored in up to four of the races listed above
 See FRA Handbook & Fixture Calendar for further details**

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Helen Berry	Holmfirth Harriers AC	19	19	22	22	18	19	82
2	Mel Price	Mercia Fell Runners	22	18	19	19	17		78
=3	Bianca Dyer	Helm Hill Runners	15	16	14	17	13	18	66
=3	Judith Jepson	Dark Peak Fell Runners			18	16	16	16	66
5	Jean Brown	Clayton-le-Moors Harriers	5	12	15	1	12	11	50
=6	Kate Archer	Ilkley Harriers AC		15	13	18	14		47
=6	Deborah Gowans	Accrington Road Runners	11	7	6	14	8	15	47
8	Sharon Taylor	Helm Hill Runners					22	22	44
9	Helen Elmore	Dark Peak Fell Runners	14		17		11		42
10	Rebecca Patrick	Todmorden Harriers	9	5		13		13	40
11	Steph Curtis	Pennine Fell Runners	13			12		14	39
12	Sue Richmond	Pennine Fell Runners	3	1	9		9	17	38
=13	Anna Lupton	Black Combe Runners	18	17					35
=13	Nicola Parkin	Dark Peak Fell Runners	4	9	7	7	7	12	35
15	Kate Apps	Keswick AC	10		12	11	1		34
16	Nicky Spinks	Dark Peak Fell Runners	12		16				28
17	Carol Evans	Settle Harriers	6	11		10			27
18	Michelle Foxwell	Ambleside AC		10		4	10		24
19	Victoria Wilkinson	Bingley Harriers & AC		22					22
20	Lou Osborn	Ambleside AC					19		19
21	Nicola Richards	Mercia Fell Runners	17						17
=22	Kirsty Hall	Ribble Valley Harriers	16						16
=22	Molly Ralphson	Barlick Fell Runners	1	2	5	8			16
=22	Jenny Caddick	Dark Peak Fell Runners			10		6		16
=22	Claire Duffield	Todmorden Harriers	7					9	16
=26	Jo Buckley	Calder Valley Fell Runners				15			15
=26	Katherine Davis	Northumberland Fell R					15		15
=26	Marie Robson	Helm Hill Runners				5	3	7	15
29	Gemma Bradley	Saltwell Harriers		14					14
=30	Gillian Lindsey	Macclesfield Harriers		13					13

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=30	Lucy Burnett	Keswick AC			11	2			13
=30	Melanie Blackhurst	Todmorden Harriers	2			3		8	13
=33	Rowena Browne	Bowland Fell Runners		6	4				10
=33	Kath Wallis	Clayton-le-Moors Harriers						10	10
=35	Alison Weston	Ilkley Harriers AC		8	1				9
=35	Lesley Watson	Bingley Harriers & AC				9			9
=37	Deborah Millington	Mercia Fell Runners	8						8
=37	Kate Simpson	Helm Hill Runners			8				8
=39	Kate Whitfield	Mercia Fell Runners				6			6
=39	Ann-Marie Jones	Macclesfield Harriers						6	6
=41	Jean Powell	Wharfedale Harriers			3			2	5
=41	Jane Reedy	Ambleside AC					5		5
=41	Pat Goodall	Totley AC						5	5
=44	Jackie Murdy	South Shields Harriers		4					4
=44	Nina Mason	Elvet Striders					4		4



English Fell Running Championship 2019

Women's V45 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Helen Berry	Holmfirth Harriers AC		22	22	22	19	22	88
2	Mel Price	Mercia Fell Runners	22	19	19	19	18		79
3	Bianca Dyer	Helm Hill Runners	18	18	14	18	15	19	73
4	Judith Jepson	Dark Peak Fell Runners			18	17	17	18	70
5	Deborah Gowans	Accrington Road Runners	14	12	11	16	12	17	59
6	Jean Brown	Clayton-le-Moors Harriers	9	16	15	6	14	13	58
7	Helen Elmore	Dark Peak Fell Runners	17	7	17		13		54
8	Rebecca Patrick	Todmorden Harriers	13	10		15	5	15	53
9	Nicola Parkin	Dark Peak Fell Runners	8	14	12	10	11	14	51
10	Steph Curtis	Pennine Fell Runners	16			14		16	46
11	Carol Evans	Settle Harriers	10	15		13			38
12	Nicky Spinks	Dark Peak Fell Runners	15	6	16				37
13	Molly Ralphson	Barlick Fell Runners	6	8	10	11			35
14	Marie Robson	Helm Hill Runners	5	5	2	8	8	9	30
15	Claire Duffield	Todmorden Harriers	11	1			6	11	29
16	Rowena Browne	Bowland Fell Runners	4	11	9		2		26
17	Melanie Blackhurst	Todmorden Harriers	7			7		10	24
18	Jenny Caddick	Dark Peak Fell Runners			13		10		23
19	Lou Osborn	Ambleside AC					22		22
=20	Jean Powell	Wharfedale Harriers		4	8	2		5	19
=20	Kirsty Hall	Ribble Valley Harriers	19						19
=20	Alison Weston	Ilkley Harriers AC		13	6				19
23	Gillian Lindsey	Macclesfield Harriers & AC		17					17
24	Katherine Davis	Northumberland Fell Runners					16		16
=25	Jane Crowson	Dark Peak Fell Runners	1			5	7		13
=25	Kath Wallis	Clayton-le-Moors Harriers					1	12	13
=27	Deborah Millington	Mercia Fell Runners	12						12
=27	Lesley Watson	Bingley Harriers & AC				12			12
29	Alison Wainwright	Dark Peak Fell Runners	3	3	5				11
30	Pat Goodall	Totley AC					3	7	10
=31	Jackie Murdy	South Shields Harriers		9					9
=31	Kate Whitfield	Mercia Fell Runners				9			9
=31	Kate Mansell	Todmorden Harriers		2		3	4		9
=31	Nina Mason	Elvet Striders					9		9
=31	Ann-Marie Jones	Macclesfield Harriers & AC				1		8	9
36	Becky Weight	Bingley Harriers & AC			7				7

37	Lyn Thompson	Keswick AC						6	6
=38	Rachel Slattery	Helm Hill Runners			4				4
=38	Caroline Holden	Helm Hill Runners				4			4
=38	Jo Wilcox	Helm Hill Runners						4	4
=41	Carrie Gibson	Helm Hill Runners			3				3
=41	Tania Wilson	Buxton AC						3	3
=43	Kathleen Aubrey	Helm Hill Runners	2						2
=43	Jo Taylor	Bowland Fell Runners						2	2
=45	Jo Appleby	Helm Hill Runners			1				1
=45	Jean Shotter	Holmfirth Harriers AC						1	1



English Fell Running Championship 2019

Women's V50 Championship



*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*

The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Judith Jepson	Dark Peak Fell Runners			12	12	12	12	48
2	Deborah Gowans	Accrington Road Runners	8	5	6	9	7	9	32
3	Jean Brown	Clayton-le-Moors Harriers	6	9	8	2	8	5	31
4	Steph Curtis	Pennine Fell Runners	12			7		8	27
5	Nicola Parkin	Dark Peak Fell Runners	5	7	7	5	6	6	26
6	Carol Evans	Settle Harriers	7	8		6			21
7	Nicky Spinks	Dark Peak Fell Runners	9	2	9				20
8	Rebecca Patrick	Todmorden Harriers				8	3	7	18
9	Marie Robson	Helm Hill Runners	3	1		4	5	2	13
=10	Gillian Lindsey	Macclesfield Harriers & AC		12					12
=10	Rowena Browne	Bowland Fell Runners	2	4	5		1		12
12	Melanie Blackhurst	Todmorden Harriers	4			3		3	10
13	Katherine Davis	Northumberland Fell R					9		9
14	Alison Weston	Ilkley Harriers AC		6	2				8
15	Jane Crowson	Dark Peak Fell Runners				1	4		5
=16	Jean Powell	Wharfedale Harriers			4				4
=16	Kath Wallis	Clayton-le-Moors Harriers						4	4
=18	Jackie Murdy	South Shields Harriers		3					3
=18	Becky Weight	Bingley Harriers & AC			3				3
=20	Alison Wainwright	Dark Peak Fell Runners	1		1				2
=20	Pat Goodall	Totley AC					2		2
22	Ann-Marie Jones	Macclesfield Harriers & AC						1	1



English Fell Running Championship 2019

Women's V55 Championship



*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*

The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Deborah Gowans	Accrington Road Runners			12	12	12	12	48
2	Rowena Browne	Bowland Fell Runners	9	9	9		7		34
3	Carol Evans	Settle Harriers	12	12		9			33
4	Jane Crowson	Dark Peak Fell Runners	7	7		8	9		31
5	Pat Goodall	Totley AC	1	8		4	8	7	27
6	Kathleen Aubrey	Helm Hill Runners	8	5	7	5			25
7	Ann-Marie Jones	Macclesfield Harriers & AC	6			7	5	8	21
8	Kath Wallis	Clayton-le-Moors Harriers					6	9	15
=9	Becky Weight	Bingley Harriers & AC			8	6			14
=9	Wendy Dodds	Clayton-le-Moors Harriers		6	6			2	14
=9	Tania Wilson	Buxton AC	3	3		3		5	14
=12	Katy Thompson	Clayton-le-Moors Harriers		2	3	2	3	1	9
=12	Jean Shotter	Holmfirth Harriers AC	2	4				3	9
14	Jo Taylor	Bowland Fell Runners					4	4	8
15	Lesley Malarkey	Keswick AC			5		2		7
16	Lyn Thompson	Keswick AC						6	6
17	Kate Beaty	Cumberland Fell Runners	5						5
=18	Sue Howarth	Mercia Fell Runners	4						4
=18	Jane Leonard	Todmorden Harriers			4				4
20	Jackie Scarf	Calder Valley Fell Runners			2				2
=21	Denise Tunstall	Durham Fell Runners		1					1
=21	Dorothy Pelly	Ambleside AC				1			1
=21	Caroline Glover	Wharfedale Harriers					1		1



English Fell Running Championship 2019

Women's V60 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

**Ranking is calculated on points scored in up to four of the races listed above
 See FRA Handbook & Fixture Calendar for further details**

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Pat Goodall	Totley AC	8	12		8	12	8	40
2	Ann-Marie Jones	Macclesfield Harriers & AC	12			12	8	9	33
3	Wendy Dodds	Clayton-le-Moors Harriers	7	9	9		4	6	29
4	Katy Thompson	Clayton-le-Moors Harriers		8	6	7	7	5	27
=5	Becky Weight	Bingley Harriers & AC			12	9			21
=5	Lesley Malarkey	Keswick AC	4		8		6	3	21
7	Kath Wallis	Clayton-le-Moors Harriers					9	12	21
8	Jane Leonard	Todmorden Harriers	5		7	4			16
9	Kate Beaty	Cumberland Fell Runners	9						9
10	Lyn Thompson	Keswick AC						7	7
=11	Kim Braznell	Mercia Fell Runners	6						6
=11	Dorothy Pelly	Ambleside AC				6			6
=11	Alison Brentnall	Pennine Fell Runners				2		4	6
=14	Caroline Clarke	Pudsey Pacers RC				5			5
=14	Caroline Glover	Wharfedale Harriers					5		5
=16	Jan Forrester	Matlock Athletic Club	3						3
=16	Linda Lord	Clayton-le-Moors Harriers				3			3
=18	Christine Bowen	Goyt Valley Striders	2						2
=18	Jane Matthews	Southwell						2	2



English Fell Running Championship 2019

Women's V65 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

**Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)**

**Ranking is calculated on points scored in up to 3 of the 4 races
See FRA Handbook & Fixture Calendar for further details**

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Ann-Marie Jones	Macclesfield Harriers & AC	12	12	12	12	36
2	Katy Thompson	Clayton-le-Moors Harriers		9	9	8	26
3	Wendy Dodds	Clayton-le-Moors Harriers	9		7	9	25
4	Lesley Malarkey	Keswick AC	8		8	6	22
5	Alison Brentnall	Pennine Fell Runners		7		7	14
6	Linda Lord	Clayton-le-Moors Harriers		8			8
7	Jan Forrester	Matlock Athletic Club	7				7