

Results for : The Roaches
Distance : 15 Miles
Date : Sunday, 11. November 2018



Mow Cop Runners

Position	Name	Bib No	Time	Vet Class	Club
1	Max Wainwright	168	02:01:56	M	Dark Peak FR
2	Billy Cartwright	200	02:02:07	M	Matlock AC
3	Simon Harding	273	02:05:50	M	Macclesfield Harriers
4	Alasdair Campbell	184	02:06:36	M	Buxton AC
5	Jack Ross	157	02:07:05	M	Staffordshire Moorlands AC
6	Zak Hodgkinson	216	02:08:23	M	Matlock AC
7	Greg Hopkinson	274	02:12:02	M	Beeston AC
8	Paul Fauset	211	02:12:42	M40	Dark Peak FR
9	Carlton Rowlands	243	02:13:48	M	Team Vibram
10	Pete Vale	296	02:14:19	M45	Mercia FR
11	Tim Budd	189	02:16:00	M	Glossopdale Harriers
12	Jason Brunnock	318	02:17:42	M	Buxton AC
13	Nick Corker	161	02:17:44	M40	Mercia FR
14	Arran McCloskey	162	02:18:09	M	Knutsford Tri Club
15	Stevie Knowles	205	02:19:18	M45	Pennine FR
16	Ian Symington	152	02:20:50	M	Calder Valley FR
17	Mark Burley	208	02:21:10	M	Macclesfield Harriers
18	Lee Ashwood	179	02:21:34	M45	Disley Runners
19	David Chetta	220	02:23:03	M	Mercia FR
20	Dermot Bryers	263	02:23:08	M	Victoria Park Harriers
21	David Oldfield	279	02:23:32	M	Harrogate Harriers
22	Ed Gamble	222	02:24:37	M50	Cheshire Hill Racers
23	Arthur Raffle	282	02:24:44	M	Altrincham RC
24	Tom Bush	221	02:25:30	M	Pennine FR
25	Kenny Malton	303	02:26:59	M	Shelton Striders
26	Neil Walker	310	02:27:26	M	Altrincham RC
27	Robert Templeman	218	02:27:46	M	Vegan Runners
28	Rob Minton	181	02:28:04	M40	Stratford AC
29	Colin Allott	311	02:28:07	M	Goyt Valley Striders
30	Daniel Latham	190	02:28:09	M	Buxton AC
31	Norman Hayhurst	158	02:29:09	M55	Unattached
32	Connor Smith	239	02:30:06	M	Dark Peak FR
33	Daniel Sleath	265	02:30:24	M	Unattached
34	Mathew Statham	230	02:30:57	M	Staffordshire Moorlands AC
35	Andy Quicke	195	02:31:05	M40	Unattached
36	Andy Davies	135	02:31:18	M50	Mercia FR
37	Dan Booth	105	02:31:26	M	Hermatidge Harriers
38	David Brockbank	141	02:31:29	M45	Macclesfield Harriers
39	Jimmy Sheldon	177	02:32:07	M	Macclesfield Harriers
40	Stuart Atkinson	148	02:32:18	M40	Dalamere Spartans
41	Jason Burgess	264	02:33:50	M40	Buxton AC
42	Chris Wilshaw	268	02:34:58	M	Shelton Striders
43	Paul Haigh	114	02:35:06	M40	Calder Valley FR
44	David Kidd	256	02:35:19	M	Pontefract AC
45	Andy Oliver	317	02:35:40	M40	Glossopdale Harriers
46	Bradley Stone	201	02:36:18	M40	Matlock AC
47	Sarah Lilleman	210	02:36:23	L	Dark Peak FR
48	Steve Lowe	262	02:37:10	M40	Pontefract AC
49	Ben Williams	126	02:38:02	M	Staffordshire Moorlands AC
50	Mathew Nichols	261	02:38:11	M	Matlock AC
51	Dan Croft	188	02:38:32	M50	Macclesfield Harriers
52	Jon Hallam	143	02:38:59	M40	Unattached
53	Bevan Adams	252	02:39:10	M45	Retford AC
54	Elliot Corner	122	02:39:18	M	Calder Valley FR
55	Simon Pickard	203	02:39:34	M45	Stockport Harriers

Position	Name	Bib No	Time	Vet Class	Club
56	Drew Sambridge	172	02:39:50	M	Stratford AC
57	Stephan Phillips	272	02:40:04	M40	Macclesfield Harriers
58	Matt Lewis	137	02:40:16	M50	Macclesfield Harriers
59	Dan Lynch	180	02:40:24	M	Stratford AC
60	Nick Jones	185	02:40:32	M40	Buxton AC
61	Dan Martell	226	02:40:46	M	Altrincham RC
62	Aiden Rafferty	209	02:40:57	M55	Sale Harriers
63	Rupert Holden	150	02:41:45	M50	Matlock AC
64	Peter Eccleston	237	02:42:30	M	Coventry Godiva Harriers
65	Alice Swift	291	02:43:11	L	Chorlton Runners
66	John Bristow	159	02:43:49	M40	Mercia FR
67	Callum Dillan	323	02:44:12	M	Unattached
68	Saul Lovatt	324	02:44:13	M	Unattached
69	Andrew Shipley	104	02:44:27	M	Highgate Harriers
70	Isaac Elkington	293	02:44:35	M	Staffordshire Moorlands AC
71	David Nevill	251	02:45:32	M	FRA
72	Nick Syrett	295	02:45:59	M40	Chorlton Runners
73	Tony Millard	145	02:46:02	M45	Bluelagooners Triathlon
74	David Whitfield	139	02:46:09	M45	Unattached
75	Marc Sinclair	234	02:46:14	M	Macclesfield Harriers
76	Chris Barnes	107	02:46:25	M45	Deeside Orienteers
77	Paul Freeman	215	02:46:32	M	Unattached
78	James McMurtry	245	02:46:48	M50	Ashbourne AC
79	Ted Welton	165	02:47:23	M45	Knaresborough Striders
80	Mark Davenport	199	02:47:56	M	Glossopdale Harriers
81	Adam Brooks	281	02:48:59	M	Harborough AC
82	Jamie Walker-Jones	236	02:49:41	M	Holme Pierrepont RC
83	Robin Bacon	118	02:50:14	M50	Mercia FR
84	Martin Ward	271	02:51:21	M45	Buxton AC
85	Mike Perry	124	02:52:14	M50	Mercia FR
86	Matthew Brennan	103	02:52:23	M45	Unattached
87	Anna Wildman	231	02:53:04	L	Pennine FR
88	Mark Pollak	174	02:53:12	M40	Matlock AC
89	Richard Wilkinson	128	02:53:32	M55	Long Eaton RC
90	Jarrold Humer	294	02:54:15	M50	Wilsmlow RC
91	Tim Rippon	131	02:54:28	M50	Dark Peak FR
92	Toby Sydes	130	02:55:21	M50	Calder Valley FR
93	Paul Lewis	155	02:55:25	M45	Long Eaton RC
94	Scott Thompson	186	02:55:36	M45	Matlock AC
95	Clare Cummings	298	02:55:55	L	Chorlton Runners
96	Iain Smith	244	02:56:19	M45	Buffalo Whippets AC
97	Andrew Miller	254	02:56:24	M	Unattached
98	Sarah Jones-Morris	133	02:56:27	L45	Dark Peak FR
99	Andrew Fletcher	111	02:57:24	M50	Mow Cop Runners
100	Simon Allen	163	02:57:30	M45	Dark Peak FR
101	James Aird	204	02:57:50	M	Unattached
102	Tomas Dare	235	02:57:54	M	Tonbridge Wells Harriers
103	Daniel Knowles	297	02:57:59	M45	Unattached
104	Alison Wainwright	169	02:58:10	L50	Dark Peak FR
105	Andy Baines-Davies	275	02:58:48	M45	Staffordshire Moorlands AC
106	Stephen Myers	142	02:59:25	M50	Holcombe Harriers
107	Jim Lonsborough	305	03:00:40	M55	Unattached
108	Richard Ross	198	03:00:59	M50	Unattached
109	Ian Hewitt	285	03:01:13	M40	Unattached
110	Neil Williamson	309	03:01:16	M	Unattached
111	Richard Applewhite	229	03:01:28	M40	Macclesfield Harriers
112	Barrie Thomason	286	03:01:49	M50	Macclesfield Harriers
113	Oscar Wainwright	206	03:02:26	M	Unattached
114	Richard Kennaugh	233	03:02:31	M50	Altrincham RC
115	Chris Cripps	109	03:02:34	M40	Macclesfield Harriers
116	Tracey Brown	120	03:02:42	L50	South Cheshire Harriers
117	David Betteley	119	03:02:43	M45	South Cheshire Harriers

Position	Name	Bib No	Time	Vet Class	Club
118	Martyn Jones	224	03:02:49	M45	Dark Peak FR
119	Andrew Hunter	106	03:03:24	M45	Beeston AC
120	Emily Sanders	241	03:04:46	L50	Ashbourne AC
121	Andrew Hallam	151	03:05:06	M	Unattached
122	Steve Wathall	108	03:05:28	M60	BlackCombe
123	Richard Mead	246	03:05:33	M45	Dark Peak FR
124	James Bielak	202	03:05:52	M	Long Eaton RC
125	Kathleen ODonnell	136	03:06:19	L40	Macclesfield Harriers
126	David Johnston	171	03:06:54	M60	Mercia FR
127	Gareth Webb	227	03:06:58	M40	Sale Harriers
128	Gary Rogerson	270	03:07:04	M45	26.2 RRC
129	Malcom Busfield	240	03:07:21	M45	Ashbourne AC
130	Katie Busfield	248	03:07:22	L45	Ashbourne AC
131	Andrea Frost	187	03:07:27	L50	Macclesfield Harriers
132	George Wade	284	03:07:35	M	Unattached
133	Pascale Holden	280	03:08:10	L45	Shelton Striders
134	Lizzie Rawson	306	03:08:11	L	Fat Boys RC
135	Suzanne Kapitanes	301	03:08:21	L40	Mercia FR
136	Ian Crompton	193	03:08:43	M55	Shelton Striders
137	Neil Swan	134	03:10:43	M40	Prestwich AC
138	Andrew Hind	192	03:10:58	M45	Northwich RC
139	Stuart Campbell	182	03:11:34	M	Unattached
140	Andrew Hubert	302	03:11:44	M45	Unattached
141	Penny Collier	223	03:11:53	L50	Dark Peak FR
142	Simon Reeves	140	03:12:00	M40	Macclesfield Harriers
143	Robert Bond	127	03:12:04	M45	Staffordshire Moorlands AC
144	Mark Whelan	125	03:12:16	M50	Goyt Valley Striders
145	William Chang	144	03:12:35	M40	Long Eaton RC
146	James Kermode	322	03:13:33	M	Davenport Runners
147	Paul Newham	319	03:13:34	M55	Unattached
148	Richard Lawson	290	03:14:21	M45	Wilmslow RC
149	Kieran Cummings	299	03:15:50	M40	Chorlton Runners
150	Mark Chimley	173	03:16:00	M45	Matlock AC
151	Amanda Navik	225	03:16:11	L	Altrincham RC
152	David Wakefield	276	03:16:15	M45	Serpentine
153	Francis Wooff	175	03:16:35	M55	Chorlton Runners
154	Barry Blyth	132	03:17:42	M70	Macclesfield Harriers
155	Rebecca Massey	266	03:17:47	L45	CRR
156	Paul Headland	213	03:18:05	M40	Unattached
157	David Walker	113	03:18:38	M55	Unattached
158	David Ahearn	214	03:19:29	M	FRA
159	Nick Kirkland	147	03:19:31	M45	Shelton Striders
160	Patrick Phelan	102	03:19:47	M50	Unattached
161	Mark Checkley	304	03:19:58	M55	Lostock AC
162	David Gould	269	03:20:25	M65	Mercia FR
163	David Pickering	253	03:20:36	M50	Retford AC
164	Dave Coleshill	247	03:22:00	M50	Dark Peak FR
165	Matt Biglin	197	03:22:57	M55	Goyt Valley Striders
166	Eddie Alder	242	03:23:49	M40	Southwell RC
167	Ian Ankers	278	03:24:07	M65	Staffordshire Moorlands AC
168	Helen Jeffery	238	03:24:50	L	Congleton Harriers
169	Micheal Stubbs	112	03:28:26	M45	Unattached
170	Ian Sharpe	194	03:28:37	M45	Chorlton Runners
171	Samantha Hartley	183	03:29:24	L	Chorlton Runners
172	Steven Jones	267	03:29:37	M55	Dark Peak FR
173	Olive Bigmore	196	03:30:13	L40	Northwich RC
174	Andrew Price	116	03:30:18	M45	Barrow Runners
175	Lucy Bird	117	03:30:19	L40	Barrow Runners
176	Debs Cripps	110	03:32:55	L45	Blengdale Runners
177	Rachel Farrow	277	03:33:18	L	Shelton Striders
178	Nick Ham	101	03:33:58	M55	Glossopdale Harriers
179	Mark Kinch	156	03:34:14	M45	Long Eaton RC

Position	Name	Bib No	Time	Vet Class	Club
180	Philip Guest	316	03:35:07	M55	Unattached
181	Ian Bemraham	315	03:35:08	M50	Redhill Runners
182	Tim Horrocks	292	03:35:14	M50	Pennine FR
183	Sam Leiper	207	03:36:22	M	Unattached
184	Vladah Avramovic	312	03:36:23	M40	Beeston AC
185	Rod Sutcliffe	146	03:40:00	M65	Calder Valley FR
186	Neil Taylor	321	03:40:01	M50	Skelmersdale Harriers
187	Bernard McCarron	283	03:41:24	M50	Macclesfield Harriers
188	Mark Rawlingson	288	03:43:22	M55	Unattached
189	Jennie Woods	191	03:43:38	L40	Run Knutsford
190	David Morris	255	03:44:45	M50	Cheshire Hash House Harriers
191	Brian Barnes	300	03:45:18	M55	Chorlton Runners
192	Marzena Suwinska	129	03:45:50	L	Unattached
193	Kate Harvest	176	03:47:33	L	Chorlton Runners
194	Lorraine Pang	178	03:47:34	L	Chorlton Runners
195	Jackie Welburn	308	03:48:25	L	Beeston AC
196	Paul Horsfall	138	03:48:44	M60	Handsworth Roadhogs
197	Paul Thorne	260	03:49:00	M45	Vegan Runners
198	Sarah Thorne	259	03:49:01	L45	Stoke Fit
199	Paul Hudson	257	03:50:27	M	South Derbyshire RR
200	Sam Skidmore	258	03:50:28	L45	South Derbyshire RR
201	Holly McCain	217	03:50:58	L	Beeston AC
202	Geoff OMeara	287	03:53:54	M50	Unattached
203	David Rennie	289	03:53:55	M50	Unattached
204	Jamie Glazebrook	314	04:01:25	M50	North Derbyshire RC
205	Clare Glazebrook	313	04:01:26	L45	North Derbyshire RC
206	Elizabeth Lakin	149	04:02:00	L	Long Eaton RC
207	Rebecca Race	320	04:02:05	L40	Cheshire Hash House Harriers
208	Christine Hick	164	04:02:24	L50	Goyt Valley Striders
209	Tracy Vernon	212	04:03:12	L55	Goyt Valley Striders
210	Chris Johnson	160	04:06:05	M70	East Cheshire Harriers
211	Christine Purslow	170	04:08:01	L55	Shelton Striders
212	Julie Corby	232	04:08:02	L45	Shelton Striders
213	Sarah Proudmore	249	04:12:34	L45	BOALLOY RC
214	David Whittaker	250	04:12:35	M45	Unattached
215	Steve Rowe	166	04:14:34	M50	Goyt Valley Striders
216	Tamsin Cooke	167	04:32:34	L	Calder Valley FR
217	James Cooke	115	04:32:35	M	Calder Valley FR
218	Catherine Holden	123	04:32:36	L40	Calder Valley FR
219	Jessica Messenger	154	04:37:55	L40	Northwich RC
220	Sarah Shead	153	04:38:48	L	Northwich RC